# Optimised robot-based system for the exploration of elastic joint properties

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Abstract—Numerous publications provide measured biomechanical data relating to synovial joints. However, in general, they do not reflect the non-linear elastic joint properties in detail or do not consider all degrees of freedom (DOF), or the quantity of data is sparse. To perform more comprehensive, extended measurements of elastic joint properties, an optimised robot-based approach was developed. The basis was an industrial, high-precision robot that was capable of applying loads to the joint and measuring the joint displacement in 6 DOF. The system was equipped with novel, custom-made control hardware. In contrast to the commonly used sampling rates that are below 100 Hz, a rate of 4 kHz was realised for each DOF. This made it possible to implement advanced, highly dynamic, quasi-continuous closed-loop controllers. Thus oscillations of the robot were avoided, and measurements were speeded up. The stiffness of the entire system was greater than 44 kN m<sup>-1</sup> and 22 Nm deg<sup>-1</sup>, and the maximum difference between two successive measurements was less than 0.5 deg. A sophisticated CT-based referencing routine facilitated the matching of kinematic data with the individual anatomy of the tested joint. The detailed detection of the elastic varus-valgus properties of a human knee joint is described, and the need for high spatial resolution is demonstrated.

**Keywords**—Biomechanics, Knee kinematics, Robotics, Joint stiffness, Elastic joint properties

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# 1 Introduction

ONE METHOD to determine the elastic properties of human joints as a function of displacement is to apply load while the resulting displacement is recorded. Several authors have measured such data *in vivo* (MOORE *et al.*, 1976; RIENER and EDRICH, 1999; TORZILLI *et al.*, 1981). The main problem has been the moving soft tissue between the fixing of the measurement apparatus and the bones, which made precise measurements difficult to obtain. Furthermore, measurements of both an intact and an injured knee joint is only possible by accident for a single subject, as it is not justifiable to cause injury to a healthy person for research reasons. Hence, many groups have used human cadaver knee joints for biomechanical data acquisition.

Early measurement systems used different devices to apply load in different degrees of freedom (DOF) in a hand-operated manner (MARKOLF *et al.*, 1976) or with weights (BLANKEVOORT *et al.*, 1988). The load was measured with strain gauges, and the position was measured with externally fixed potentiometers (MARKOLF *et al.*, 1976) or with a camera system (BLACHARSKI *et al.*, 1975). In

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the meantime, more advanced, partly automated set-ups have been developed. Single DOF were driven by hydraulic (PIZIALI and RASTEGAR, 1977) or electric (BERNS *et al.*, 1990; DURSELEN *et al.*, 1995; FUKUBAYASHI *et al.*, 1982) actuators. However, these systems were limited in flexibility or in the number of DOF that could be actuated or measured. Furthermore, it was hard to guarantee that there were no constrained loads applied to the joint.

FUJIE *et al.* (1993) and WOO *et al.* (2000) used an industrial robot\* in combination with a universal force torque sensor (FTS) (FUJIE *et al.*, 1995) to measure elastic joint properties. In the meantime, other working groups picked up this idea. NEMEC *et al.* (2000) used a Riko 106 robot to test the kinematics of synovial joints. HURSCHLER *et al.* (2001) used a KUKA KR 15 robot to simulate arm forces while testing the shoulder joint. These set-ups were fully automated and able to move a joint and measure the load in 6 DOF simultaneously. Unfortunately, even modern industrial robots do not have a powerful control unit. Thus the sampling rate is very low (e.g. Stäubli RX 90-B, year of manufacture 2001, maximum sampling rate 62.5 Hz). As a result, oscillations occur during measurement of quite stiff joints, or if the measurements take a long time.

The aim of this work was to develop an optimised robot based system that would enable fast, accurate and comprehensive measurements of elastic joint properties. For this purpose, new control hardware and software was developed. No oscillations

<sup>\*</sup>Unimate Puma Model 762

should occur during the measurements, and various measurement protocols have been be realised.

# 2 Material and methods

## 2.1 *Set-up*

The key element of the experimental set-up was an industrial, high-precision robot<sup>†</sup>, which is known as orto Marquet's surgical robot 'Caspar'. It is able to apply static forces of up to 120 N and torques of up to 10Nm. It is equipped with a pneumatic safety device<sup>‡</sup> and a 6 DOF force torque sensor\*\*.

The adjacent bones of a human cadaver joint were osteotomised 20 cm above and below the knee joint line. They were embedded into aluminium tubes with methylmethacrylat, and each bone was additionally fixed with three screws. Plastic cladding enclosed the cadaver to avoid dehydration. The tube with the thigh was mounted on the robot base (RB) (Fig. 1). The shank was attached to a plate that could be fixed to or dismantled from the FTS within seconds by quick-release skewers. The position of the cadaver leg relative to the robot was chosen such that the measurements were not constrained by singular constellations, which occur if at least two robot joints are aligned. This would have resulted in a reduction in the number of DOF, thus restricting the robot's mobility. The ethics committee of the university approved the study using human cadavers.

# 2.2 Control hardware

The robot was equipped with a novel, real-time, Linux-based controller developed in our group (HOOGEN *et al.*, 2002). It runs on a Pentium IV with 1.9 GHz. The interface to the robot was realised with adequate PCI cards for the FTS signal, for the signals of the robot joint encoders and for the output signals that were used to control the motor currents of the robot joints. Thus the sampling rate could be increased by a factor of 64 up to 4 kHz for each channel. This enabled us to implement highly dynamic, quasi-continuous control strategies.

#### 2.3 Co-ordinate systems

The world co-ordinate system (CS)  $\Sigma_0$  (index 0) was located in the RB, and the end effector (EE) CS  $\Sigma_{EE}$  (index *EE*) was locked at the end of the robot arm (Fig. 2). The shank CS  $\Sigma_S$  and the thigh CS  $\Sigma_T$  were fixed to the cadaver. They were matched in full extension ( $\Sigma_S = \Sigma_T$ ). The choice of the co-ordinate system was based on the definition of GROOD and SUNTAY (1983), recommended by the ISB (WU and CAVANAGH, 1995). Modifications were made to obtain an orthogonal CS, and the descriptions of the axes were changed.

#### 2.4 Referencing routine, displacement and load calculation

For referencing, the thigh and the shank were fixed, at full extension, by an external clamp. The pose of the shank CS  ${}^{B}T_{S}$  and of the thigh CS  ${}^{B}T_{T}$  with respect to the CT base (index *B*) were estimated by an experienced orthopaedic surgeon in a segmented and 3D reconstructed CT scan of the cadaver joint. Three artificial landmarks at the tubes clearly defined the reference CS  ${}^{B}T_{R}$  with respect to the CT base. They were also located by a measuring device that was mounted on the robot. This resulted in the pose of the reference CS with respect to the robot base  ${}^{0}T_{R}$ . Thus the poses of the thigh CS  ${}^{0}T_{T} = {}^{0}T_{R} {}^{R}T_{B} \cdot {}^{B}T_{T} = {}^{0}T_{R} ({}^{B}T_{R})^{-1} \cdot {}^{B}T_{T}$  and of the initial shank CS  ${}^{0}T_{S}(t_{0}) = {}^{0}T_{R} \cdot ({}^{B}T_{R})^{-1} \cdot {}^{B}T_{S}$  with respect to the RB were clearly determined.

<sup>†</sup>Stäubli RX90-B, Stäubli AG, Switzerland <sup>‡</sup>IPR GmbH, Germany

\*\*JR3 Inc., USA

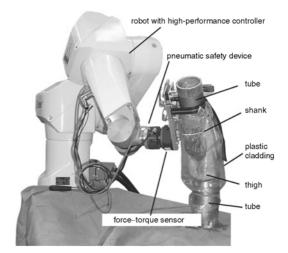


Fig. 1 Robot-based system

Now the robot was attached to the shank, and the initial EE position  ${}^{0}T_{EE}(t_{0})$  with respect to the RB was calculated from the robot kinematics. Then, the clamp fixing the aluminium tubes was dismantled. The pose of the shank  ${}^{0}T_{S}$  with respect to the RB was given by  ${}^{0}T_{S} = {}^{0}T_{EE} \cdot {}^{EE}T_{0}(t_{0}) \cdot {}^{0}T_{S}(t_{0}) = {}^{0}T_{EE} \cdot {}^{(0}T_{EE}(t_{0}))^{-1} \cdot {}^{0}T_{S}(t_{0})$  when the robot was moved. The actual displacement of the knee joint  ${}^{T}T_{S} = {}^{T}T_{0} \, {}^{0}T_{S} = {}^{(0}T_{T})^{-1} \cdot {}^{0}T_{S}$  was characterised by the pose of the shank relative to the thigh.

characterised by the pose of the shank relative to the thigh. The displacement representation  ${}^{T}T_{S}$  was transformed into a medical, non-orthogonal representation. The medical coordinates (MCs) were described by the FE rotation about, and the ML translation along, the *x*-axis of  $\Sigma_{T}$ . Then the VV rotation was performed about, and the AP translation was performed along, the actual flexed y'-axis. Finally, the IE rotation and the PD translation were executed about and along the actual flexed and VV rotated z''-axis.

The FTS was located at the robot EE. According to the pose of the EE with respect to the thigh  ${}^{T}T_{EE} = {}^{T}T_{0} \cdot {}^{0}T_{EE} = ({}^{0}T_{T})^{-1} \cdot {}^{0}T_{EE}$  the force  $f_{EE}$  is transformed to  $\Sigma_{T}$  by  $f_{T} = {}^{T}R_{EE} \cdot f_{EE}$  and the torque  $t_{EE}$  is transformed by  $t_{T} = {}^{T}R_{EE} \cdot t_{EE} \cdot (t_{EE} + \Sigma_{T}\Sigma_{EE} \times f_{EE})$ . The matrix  ${}^{T}R_{EE}$  was the rotation matrix of  ${}^{T}T_{EE}$ , and  $\Sigma_{T}\Sigma_{EE}$  was the vector from the centre of  $\Sigma_{T}$  to the centre of  $\Sigma_{EE}$ . Then, the forces and torques were transformed to MCs. Now, load and displacement were represented in MCs that were used for control.

#### 2.5 Control strategy

It is possible to measure elastic joint properties in two principal ways: first, by moving the leg to a certain position and measuring the produced load, and, secondly, by applying a predefined load and measuring the caused displacement.

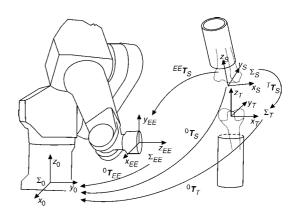


Fig. 2 Co-ordinate systems

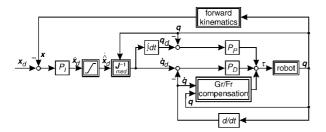


Fig. 3 Closed-loop position controller

The first method is optimum to measure with predefined position step width or regions with very low elasticity, e.g. the internal-external rotation DOF near zero load condition. The leg would rise to a large internal or external angle if a small, perhaps parasitic load were applied. Thus, it may be necessary to fix the joint to a certain position. Therefore a closed-loop position control was required. It was realised by a speed limited, closed-loop integral controller in MCs with a quite high gain  $P_I$  and a subsidiary robot joint-based state-space position-velocity control (Fig. 3). The transformation between robot joint space q and the MC x was made with the state-dependent, non-linear Jacobean matrix  $J_{med}$  that was calculated from the robot kinematics and the transformations mentioned in Section 2.4.

The second method is used to avoid constrained loads in single DOF or to measure with a predefined load step width. This method requires a closed-loop force control. The actual load f and the desired load  $f_d$ , both given in MCs, were compared. The difference was the input for an adaptive integral controller and the subsidiary robot joint-based position-velocity control mentioned above (Fig. 4). The gain of the outer control loop was on-line adapted as a function of the actual force. Additionally, there was a force feed-forward that was smoothed by a second-order filter (PT-2).

As there are large variations in the elastic properties among the single DOF of the knee joint, some DOF have to be positioncontrolled others and have to be load-controlled. This was realised by a hybrid closed-loop, load-position control (Fig. 5). It was a combination of the position controller in Fig. 3 and the force controller in Fig. 4. The choice of position or load control was made by the diagonal selection matrix  $S(S_{ij}=0, \text{ if } i \neq j)$ . The signal of the position control loop was processed to the inner loop if  $S_{ii} = 1$ . Otherwise, if  $S_{ii} = 0$ , the output of the outer load control loop was passed to the inner loop. Thus each DOF could be either load or position controlled.

#### 2.6 Accuracy

The relative position error in Cartesian space was specified to be lower than 0.02 mm. The stiffness of the set-up, including mounting device and force sensor, was measured. Therefore an aluminium tube was fixed to the RB, and the robot was attached to the tube. Load was applied to the tube, and the displacement was recorded. The resulting transverse stiffness

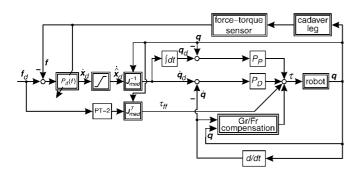


Fig. 4 Closed-loop load controller

Fig. 5 Hybrid closed-loop load-position controller

was between  $44 \text{ kN m}^{-1}$  and  $188 \text{ kN m}^{-1}$ , depending on the robot constellation. The rotary stiffness was higher than  $22 \text{ Nm deg}^{-1}$ .

## 2.7 Protocol

As an example, the protocol of measuring the elastic varusvalgus properties as a function of the flexion angle is presented.

The flexion DOF was position controlled, and the varus DOF was load controlled. While one or the other was varied, the other DOF was fixed to a certain value. The fixed DOF could be the flexion angle (top of Fig. 6) or the varus moment (bottom of Fig. 6). Varus load varied between -10 Nm and 10 Nm, and the flexion angle varied between hyperextension ( $-5^{\circ}$ ) and full flexion ( $120^{\circ}$ ). All translatory DOF were zero force controlled to avoid reactive forces. The internal–external rotation DOF was fixed to the zero rotation angle that was recorded during initialisation of the cadaver.

The movements with fixed flexion DOF were comparable with the execution of a varus-valgus stress test (RITCHIE *et al.*, 1994). The measurements resulted in a hysteresis curve for each flexion angle (Fig. 6c). The measurements with fixed valgus loads resulted in level curves of the elastic valgus properties (Fig. 6f). Fig. 6f displays the flexion-dependent valgus displacement at a constant valgus load.

# **3 Results**

After testing and optimising of the experimental set-up with five animal knee joints, the elastic characteristics of three fresh frozen human knee joints were analysed. Therefore individual properties of the intact, as well as the pathological, knee joint were determined in 6 DOF and with high spatial resolution, to be applicable for the Munich knee joint simulator (RIENER *et al.*, 2004; FREY *et al.*, 2003*a*).

As an example, the detection of the passive elastic varusvalgus properties as a function of the knee flexion angle is described. Approximately 30 min were required to run the basic protocol. Both the displacement and load data were recorded in 6 DOF at flexion angles of  $-5^{\circ}$ ,  $0^{\circ}$ ,  $10^{\circ}$ ,  $20^{\circ}$ ,  $30^{\circ}$ ,  $40^{\circ}$ ,  $60^{\circ}$ ,  $80^{\circ}$ ,  $100^{\circ}$  and  $120^{\circ}$ . At each flexion angle, the varus load was increased up to 10 Nm, then decreased to -10 Nm and again increased up to 0 Nm in steps of 1 Nm. The setting of the protocol and two cycles of preconditioning at each flexion angle were also included within this time frame.

Regardless of the relative accuracy of the used robot, the point of interest is the repeatability of the measurements performed. To analyse this aspect, the protocol mentioned above was completed twice with varus load increments of 0.25 Nm and 0.5 Nm (Fig. 7). In the first measurement, the robot EE was mounted medially of the tibia, and, in the second measurement, it was mounted frontally. The maximum deflection between the two measurements was  $0.25^{\circ}$  at the maximum load of 10 Nm.

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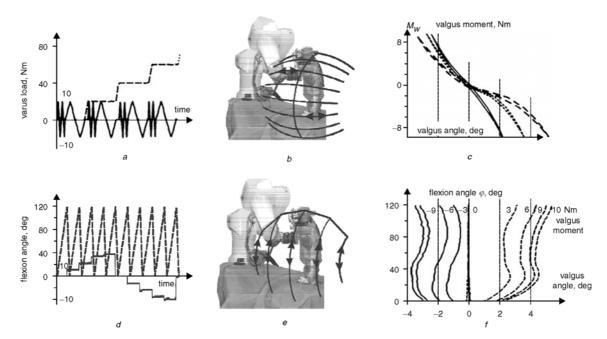


Fig. 6 (a), (d) Measurement protocols and (c), (f) resulting curves. Protocol with fixed flexion angle is displayed on top; protocol with fixed varus load is displayed at bottom. (a) (---) Flexion angle, deg; (--) valgus moment, Nm. (c) Flexion angle: (--) 0 deg; (---) 4 deg; (--) 100 deg;

This was in the same range as the error caused by the posedependent stiffness of the set-up.

For all cadaver legs, highly non-linear and non-symmetric characteristics of the elastic varus-valgus properties were measured. At flexion angles larger than  $60^\circ$ , there was a sharp bend close to zero load (Fig. 7*a*). A possible explanation is that the lateral femur condyle lifts off the lateral tibia plateau when varus load is applied, as the lateral collateral ligament is relaxed at  $80^\circ$  of knee flexion (BRANTIGNAN and VOSHELL, 1941). During valgus load, the lateral femoral condyle is then in contact with the tibia plateau, with simultaneous tensioning of the medial collateral ligament. Thus the elastic stiffness increases with a high slope.

The protocol was processed again, but with a spatial resolution of 2 Nm. The measured points were interpolated with cubic splines. The resulting curve is almost symmetrical (Fig. 7*b*), as is reported by MARKOLF *et al.* (1976). Details such as the sharp bend in the varus-valgus characteristics are lost as a result of the low resolution.

## 4 Discussion

The following outstanding aspects of the presented robotbased set-up for the detection of passive elastic synovial joint properties should be emphasised.

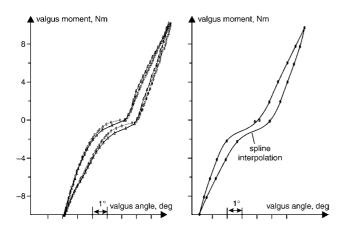


Fig. 7 Measurement of varus-valgus stiffness. Flexion angle 80°. (△→△) Frontally attached; (○-----) medially attached

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First, the novel control hardware of the robot should bring benefits from all the advantages associated with the use of high-precision industrial robots. High position accuracy, a high degree of stiffness and the ability to move the EE in 6 DOF are applicable at a sampling rate increased by a factor of 50-100 up to 4 kHz.

Secondly, previous robot based set-ups have used sequential control strategies (FUIJE *et al.*, 1993; RUDY *et al.*, 1996). Within these strategies, the desired position is calculated by an outer loop and processed to a closed-loop position controller. If the desired position is reached, the next desired position is calculated. Between two steps of the outer loop, it is not possible to interfere with the movement of the robot. Furthermore, the sampling rate of the outer loop is well below 100 Hz. This causes stability problems during force control (LAURENCE, 1988; COLGATE and BROWN, 1994).

In contrast, the set-up presented uses a quasi-continuous closed-loop controller that has a time delay that is only 0.25 ms. Thus it behaves like a continuous controller that reacts to the applied force without appreciable delay. Because of the high speed of the new controller, it is possible to perform numerous measurements with a single cadaver and with high spatial resolution, in spite of the limited time due to the disaggregation of the cadaver. Furthermore, high spatial resolution facilitates the recognition of details, as shown in the results. Thus more accurate and even new insights into joint kinematics can be obtained when joints are analysed with high spatial resolution.

Thirdly, the sophisticated initialisation routine enables the cadaver leg to be matched with the joint CSs, which are defined in the 3D reconstructed CT data. This enables kinematics and anatomy to be aligned on-line during the measurements or afterwards, when the recorded data are analysed. Thus it is now possible to correlate changes in the anatomy, e.g. after an operation, with changes in the kinematics. This expands the capabilities to refining operative techniques and enables exact analyses of the physiological biomechanics and pathological changes.

Fourthly, the measurement protocol can be easily adapted to any application. No modification of the mechanical set-up is necessary, as the protocol is specified in the software, and both the control hardware and software are able to move the EE and to record the position and the load in 6 DOF. The collected data form the basis on which to generate a comprehensive dynamic biomechanical model of the intact and the ACL ruptured knee joint. The model describes the joint movement as a function of the applied load during a physical examination with clinical knee joint tests.

Thus the set-up is designed to measure elastic joint properties under load conditions that usually occur during an examination of the knee joint by an orthopaedic surgeon (FREY *et al.*, 2003*a*; *b*). As the maximum payload of the robot is limited, it is not possible to simulate the loads that typically appear during standing and walking. However, the methods are transferable to any industrial robot with higher payload. Then, we must be aware of the fact that the accuracy decreases with increasing payload. In this case, the presented control strategy becomes even more important, as stability problems increase with lower sensor accuracy and increasing measurement noise.

The use of a 6 DOF industrial robot and of a 6 DOF FTS in combination with novel control strategies, with a routine to match anatomy and biomechanics and with modern tools for computer-based data analysis, will enhance the examination of elastic joint properties.

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