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# Indocyanine Green Plasma Disappearance Rate During the Anhepatic Phase of Orthotopic Liver Transplantation

Lukas Bruegger • Peter Studer • Stefan W. Schmid • Gunther Pestel • Juerg Reichen • Christian Seiler • Daniel Candinas • Daniel Inderbitzin

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Abstract Non-invasive pulse spectrophotometry to measure indocyanine green (ICG) elimination correlates well with the conventional invasive ICG clearance test. Nevertheless, the precision of this method remains unclear for any application, including small-for-size liver remnants. We therefore measured ICG plasma disappearance rate (PDR) during the anhepatic phase of orthotopic liver transplantation using pulse spectrophotometry. Measurements were done in 24 patients. The median PDR after exclusion of two outliers and two patients with inconstant signal was 1.55%/min (95% confidence interval [CI]=0.8–2.2). No correlation with patient age, gender, body mass, blood loss, administration of fresh frozen plasma, norepinephrine dose, postoperative albumin (serum), or difference in pre and post transplant body weight was detected. In conclusion, we found an ICG-PDR different from zero in the anhepatic phase, an overestimation that may arise in particular from a redistribution into the interstitial space. If ICG pulse spectrophotometry is used to measure functional hepatic reserve, the verified average difference from zero (1.55%/min) determined in our study needs to be taken into account.

**Keywords** Indocyanine green · Pulse spectrophotometry · Orthotopic liver transplantation · Small-for-size liver remnant

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L. Bruegger · P. Studer · S. W. Schmid · C. Seiler · D. Candinas · D. Inderbitzin (⊠) Department of Visceral and Transplant Surgery, University Hospital Bern, CH-3010 Bern, Switzerland e-mail: daniel.inderbitzin@insel.ch

G. Pestel Institute of Anaesthesiology, University Hospital Bern, Bern, Switzerland

#### J. Reichen

Institute of Clinical Pharmacology, University Hospital Bern, Bern, Switzerland

#### Introduction

In addition to the expected volume of the liver remnant,<sup>1</sup> quantitative (or "dynamic") liver function tests have been used to predict the risk of hepatic failure after liver resection.<sup>2,3</sup> Indocyanine green (ICG) is a nontoxic dve extracted exclusively by hepatic parenchymal cells without enterohepatic circulation and excreted entirely into the bile.<sup>2,4</sup> The ICG elimination test was originally invented to determine hepatic blood flow, but it is in fact an integrative measure of both hepatic perfusion and excretory function.<sup>5-7</sup> Therefore, ICG elimination testing has been used for the past 20 years in the context of hepatic resection<sup>8</sup> and to assess liver functional reserve in hepatic injury and septic states; in addition, it was found to be as accurate as more complex scores (e.g., APACHE II and SAPS II) with respect to outcome prediction.<sup>9-11</sup> Moreover, ICG elimination tests are intended to determine the suitability of a potential donor liver and to recognize early graft dysfunction resulting from, for example, primary delayed or nonfunction of the graft, technical complications, and acute or chronic graft rejection in the transplant setting.<sup>12-14</sup>

Table 1 The Demographic Data of all Patients

Ν	Diagnosis	Age (years)	Gender	BMI (kg/m <sup>2</sup> )
1	CHC	64	F	25.8
2	CHC/HCC	49	М	28.0
3	CHC	47	М	27.0
4	CHC/ETC	39	F	25.1
5	CHB/HCC	48	М	27.9
6	NASH	53	М	46.0
7	CHC/HCC	66	М	20.8
8	CHC/CHB	50	F	29.3
9	IP	40	F	20.9
10	CHC	62	М	29.4
11	PBC	63	F	22.1
12	CC	56	F	24.0
13	ETC	55	М	24.1
14	MCLC	62	F	25.5
15	CHC	57	М	34.8
16	ETC	53	F	24.7
17	IP	57	F	25.0
18	CHB/HCC	49	F	30.4
19	CHC/HCC	68	М	27.0
20	PBC	59	F	19.0
21	AIH	69	F	22.0
22	UC	61	М	24.0
23	CHB	41	М	28.0
24	NASH	59	F	29.0
Median <sup>a</sup>	-	56 (49-62)	-	26.4 (24.7–28.0)

*CHC*: chronic hepatitis C, *CHB*: chronic hepatitis B, *ETC*: ethyltoxic cirrhosis, PBC: primary biliary cirrhosis, *NASH*: nonalcoholic steato-hepatitis cirrhosis, *CC*: cryptogenic cirrhosis, *MCLC*: multiple congenital liver cysts, *IP*: intoxication with paracetamol, *AIH*: autoimmune hepatitis, *UC*: diagnosis unclear, *F*: female, *M*: male, *BMI*: body mass index

<sup>a</sup> Median is without patients 11 and 15 (the outliers), and 9 and 12 (unstable signal). Values in parentheses are the 95%CI.

Noninvasive pulse spectrophotometry<sup>15</sup> allows the monitoring of appearance and disappearance of ICG by a photometric device performing transcutaneous measurements in real time. It is supposed to correlate well with the conventional invasive ICG clearance test.<sup>16–18</sup> In the postoperative course, a plasma disappearance rate (PDR) >5.0%/min seems to indicate hepatic recovery after extended liver resections.<sup>19</sup> In particular, in small-for-size liver remnants (<0.8% of body weight)<sup>1,20</sup> and in fulminant hepatic failure, real-time prognostic tests are urgently needed as a decision aid for indication of artificial liver support systems like the molecular adsorbent recirculating system (MARS).<sup>21,22</sup> To date, clear indications for the postoperative initiation of MARS treatment and criteria for the discontinuation of therapy have not been established.<sup>19</sup>

Unfortunately, data are thus far lacking about the precision of ICG elimination tests in situations with limited residual hepatic functional reserves.<sup>5,7</sup> We sought to test the accuracy of ICG-PDR measurements by pulse spectropho-

tometry in a situation without hepatic perfusion and/or excretion and thus tested the hypothesis that ICG-PDR is zero or close to zero in patients during the anhepatic phase of orthotopic liver transplantation (OLT).

#### **Materials and Methods**

A total of 24 consecutive patients who underwent OLT between March 2005 and April 2007 in our institution were included in the current study after giving informed consent (institutional approval: 1.05.01.30.-17).

During the anhepatic phase of OLT, noninvasive measurement of ICG-PDR was performed in all patients. We rapidly injected 25 mg of ICG (Monopeak Indocyanine Green, SERB SA, Paris) in a constant volume of 10 ml saline via the jugular catheter. Urine concentrations of ICG were measured in four patients after ICG injection.

# ICG Pulse Spectrophotometry

Pulse-dye densitometry (LiMON, Pulsion Medical Systems, Munich, Germany) was used for transcutaneous noninvasive measurement of the blood ICG concentration. During the first 5–10 min after intravenous injection, ICG concentrations were monitored at every pulse interval via pulse spectrophotometry. ICG-PDR as a relative measure describes fading of the initial ICG concentration (normalized to 100%) and is expressed as percentage change over time. Because ICG-PDR= $100 \times k=100 \times 102 / t^{1/2}$ , *k* (elimination rate constant) and  $t^{1/2}$  (half-life), which have been



**Figure 1** The indocyanine green plasma disappearance rate (ICG-PDR) values during the anhepatic phase of orthotopic liver transplantation in 22 patients are shown. The *extent of the box* indicates the 25th and 75th percentiles (inner-quartile range). The *line inside the box* shows the value of the 50th percentile (median). *Capped bars* indicate the last observations that are within the inner fence (25th or 75th, respectively,  $\pm 1.5$  times the inner-quartile range), and *symbols* mark outliers (beyond inner fence).

Table 2 Results of Spectrophotometry and Possible Influencing Parameters

N	ICG PDR (%/min)	PCS <sup>a</sup>	NE <sup>b</sup> (µg/h)	Blood loss <sup>c</sup> (ml)	FFP <sup>d</sup> (unit)	Albumin <sup>e</sup> (g/l)	$\Delta$ weight <sup>f</sup> (kg)
1	2.2	Yes	1,200	1,000	0	26	4.3
2	2.6	No	0	300	0	25	3.8
3	0.2	Yes	1,000	1,000	4	30	0.2
4	2.5	Yes	800	2,000	6	24	0.2
5	0.8	No	400	300	0	25	4.1
6	1.0	No	1,500	2,500	22	24	-1.0
7	0.9	No	0	500	0	43	4.2
8	1.9	Yes	1,200	1,500	2	19	8.0
9	i.s.	No	1,000	200	0	n.a.	n.a.
10	2.5	Yes	800	1,700	4	18	-0.9
11	5.4	Yes	600	150	0	10	3.7
12	i.s.	Yes	400	1,200	3	n.a.	n.a.
13	0.8	Yes	240	1,700	0	25	0.5
14	2.9	Yes	140	1,200	0	20	5.6
15	7.8	Yes	80	5,000	9	28	-0.2
16	0.2	Yes	0	2,250	0	25	9.1
17	2.0	No	100	1,300	0	21	0.7
18	2.5	Yes	0	1,000	0	21	0.8
19	1.5	No	600	2,300	0	22	-3.0
20	0.6	Yes	100	800	5	21	n.a.
21	1.0	Yes	200	1,000	0	19	5.6
22	1.7	Yes	360	500	8	27	0.7
23	1.6	Yes	50 PE	2,300	5	24	3.1
24	0.7	Yes	180	3,000	5	21	1.1
Median <sup>g</sup>	1.55 (0.8–2.2)	n.a.	240 (100–800)	1,250 (1,000–2,000)	0 (0–5)	24 (21–25)	1.1 (0.2–4.2)
Correlation with ICG-PDR $(R^2)^h$	n.a.	<i>p</i> >0.05 <sup>i</sup>	$(p>0.003)^{j}$	0.023 (p>0.05) <sup>j</sup>	0.021 (p>0.05) <sup>j</sup>	0.112 (p>0.05) <sup>j</sup>	0.008 (p>0.05) <sup>j</sup>

ICG-PDR: indocyanine green plasma disappearance rate, i.s.: instable signal, PCS: portacaval shunt, NE: norepinephrine, PE: phenylephrine, FFP: fresh frozen plasma, n.a.: not available

<sup>a</sup> Application of PCS during anhepatic phase.

<sup>b</sup> Application of NE dose during anhepatic phase.

<sup>c</sup> Blood loss from the beginning of the operation until the anhepatic phase.

<sup>d</sup>Administered units of FFP from the beginning of the operation until the anhepatic phase.

<sup>e</sup> Albumin (serum) on third postoperative day.

 ${}^{\rm f}\Delta$  weight = difference of body weight before and 3 days after the operation.

<sup>g</sup> Median is without patients 11 and 15 (the outliers), and 9 and 12 (unstable signal). Values in parentheses are the 95%CI.

<sup>h</sup>Coefficient of determination.

<sup>i</sup> Wilcoxon rank-sum test.

<sup>j</sup> *t*-test.

used in earlier publications, can easily be derived. Normal values for ICG blood clearance are considered to be >18%/min.<sup>6</sup>

#### Spectrophotometric Measurement of ICG in Urine

Urine was collected for 115 to 210 min after injection of the dye. Samples were afterwards centrifuged. The ICG concentration in the supernatant was read against the blank at 800 nm on a Perkin Elmer Lambda 15 (Waltham, MA, USA) photometer.

Renal ICG-PDR (ICG-PDR<sub>r</sub>) was calculated from the absolute ICG amount in urine (u) collected over a time period (t) after the injection of a dose (d) according to the equation:

ICG-PDR<sub>r</sub> = 
$$100 \times (1 - ((d - u)/d)^{1/t})$$

#### Statistical Analysis

Data are presented as the median with the 95%CI in parentheses. Values beyond the inner fence (25th or 75th



Figure 2 Histogram of ICG-PDR values with density trace (*black line*) and dot plot along the horizontal axis (raw data).

percentiles, respectively,  $\pm 1.5$  times the inner-quartile range) were defined as outliers. Normality of data was proved with the Kolmogorov–Smirnov and D'Agostino Kurtosis tests. Descriptive statistics, group comparisons (Wilcoxon rank-sum test), and linear regressions were made using statistical software (NCSS 2004, Kaysville, Utah, USA). To test the linear regression, the coefficient of determination ( $R^2$ =square of the correlation coefficient) was determined and its significance tested with a *t*-test.

# Results

The indications for OLT and the demographic data of all 24 patients are shown in Table 1. Two patients had to be excluded from further analysis because of an unstable percutaneous ICG signal.

After exclusion of two outliers as shown in Fig. 1 (ICG-PDR=5.4%/min and 7.8%/min), the median ICG-PDR was 1.55%/min (95%CI=0.8-2.2).

We performed univariate linear regression analysis with the following independent variables: norepinephrine during the anhepatic phase of OLT, blood loss, units of fresh frozen plasma given until the anhepatic phase, serum albumin on the third postoperative day, body weight before and 3 days after the operation, the time course of liquid balance (not depicted), and the tidal volume during the anhepatic phase (not depicted). As Table 2 shows, we identified no correlation of any of these variables with ICG-PDR (%/min); all coefficient of determination ( $R^2$ ) values were close to zero and p>0.05. Furthermore, we found no difference in ICG-PDR between the groups with or without application of a temporary portacaval shunt (p>0.05). The renal ICG-PDR<sub>r</sub> was found to be minute in comparison to the ICG-PDR values derived from the pulse spectrometer (Fig. 2, Table 3).

### Discussion

Using a commercially available bedside monitor system, we unexpectedly found that ICG-PDR values showed considerable variability and differed from zero in the anhepatic phase of OLT in 22 patients. Of all the examined clinical cofactors, we found no correlation with ICG-PDR. Because neither blood loss nor administration of fresh frozen plasma before the anhepatic phase seemed to influence ICG-PDR, dilution during the measurement as a consequence of volume challenge after hemorrhage does not explain the ICG-PDR values different from zero. Alterations of the otherwise high protein binding of ICG as a consequence of volume or fresh frozen plasma administration are thus also very unlikely as an explanation for our findings.<sup>23</sup>

In addition, the tidal volume and therefore hypocapnia or hypercapnia do not affect ICG elimination by mechanisms other than changes in hepatic flow and hepatic function, as has already been established in an animal model.<sup>24</sup> Catecholamines and a temporary portacaval shunt seem to influence ICG-PDR only via changes in hepatic perfusion.<sup>25,26</sup> The extremely low amounts of ICG found in urine in our experiments also exclude renal excretion as a reason for the observed plasma disappearance of ICG. Technical failure because of detecting probe malpositioning and patient movement are excludable because the pulse spectrophotometer system used in this study does not allow measurements with weak or inconsistent signals. Spontaneous decay of ICG is also a rather implausible explanation

Table 3 ICG Measurement in Urine in Four Patients

ICG-PDR <sup>a</sup> (%/min)	Time <sup>b</sup> (min)	ICG in urine <sup>c</sup> (mg)	ICG-PDR <sub>r</sub> <sup>d</sup> (%/min)
1	115	0.050	0.0017
1.7	120	0.011	0.0004
1.6	120	0.003	0.0001
0.7	210	0.047	0.0009

<sup>a</sup> ICG-PDR was measured by pulse spectrophotometry (LiMON).

<sup>b</sup>Urine was collected during roughly (time) 2 h after ICG injection.

<sup>c</sup> The total amount of ICG in urine was determined by photospectrometry.

<sup>d</sup> Based on this amount of ICG, the renal ICG-PDR<sub>r</sub> was then calculated according to the equation described in the "Materials and Methods" section and was found to be minute in comparison to the ICG-PDR values computed by LiMON.

for the disappearance of ICG because it remains stable for at least 4  $\mathrm{h.}^{27}$ 

However, our results are consistent with the findings of Stehr et al.<sup>23</sup> who described in a hyperdynamic porcine endotoxemia model an ICG-PDR increase although hepatic function assessed by measurement of biliary ICG excretion clearly decreased. Diffusion of the free or even the albumin-bound fraction of ICG to the interstitial space through an endothelial leak in the context of a perioperative systemic inflammatory response syndrome may explain the overestimation of ICG-PDR.<sup>28</sup> Furthermore. as reported by other authors, considerable temporary redistribution of ICG in animal models into extrahepaticextravascular tissue may also assume importance in this context.<sup>29,30</sup> To explain the outcome in this study, therefore, we postulated a capillary leak with extravasation of protein-bound ICG into the interstitial space.<sup>31,32</sup> Thus, we examined the correlation of ICG-PDR to (1) sequential postoperative serum albumin values. (2) differences in body weight before and after OLT, and (3) the post-OLT course of liquid balances. Neither albumin nor the clinical parameters correlated statistically with the ICG-PDR values. However, the difficulty of quantitatively assessing the capillary leak is well recognized.33

According to our findings, the precision of the correlation of ICG-PDR and functional hepatic reserve must be questioned. Our results are even more remarkable because hepatic perfusion was eliminated as a parameter influencing PDR. Overestimation of residual liver function may occur in situations with a possible capillary leak (e.g., sepsis, anaphylaxis, or perioperative systemic inflammatory response syndrome). Because misinterpretation of hepatic function is a crucial issue, especially in the small-for-size liver remnant scenarios with marginal residual hepatic reserves, a possible inaccuracy of up to 1.55%/min on average has to be taken into account if ICG pulse spectrophotometry is used to determine functional hepatic reserve. It is important to recognize that this value corresponds to 31% of an ICG-PDR of 5.0%/min, which is considered the crucial cutoff point for a favorable outcome after major liver resection.<sup>19</sup>

## Conclusion

During the anhepatic phase of OLT, ICG-PDR values were unexpectedly found to be considerably different from zero. Apart from hepatic perfusion and functional hepatic reserve, other factors seem to influence real-time ICG-PDR determined by pulse spectrophotometry. These cofactors increase in importance with low ICG-PDR values and must be taken into account when determining the functional hepatic reserve in liver insufficiency or when assessing the minimally required hepatic mass during extended liver resection.

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