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Retrospective analysis of patients for development of nephrogenic systemic fibrosis following conventional angiography using gadolinium-based contrast agents

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Abstract Purpose: The purpose was to retrospectively review the data of 27 patients with renal insufficiency who underwent conventional angiography with gadolinium-based contrast agents (GDBCA) as alternative contrast agents and assess the occurrence of nephrogenic systemic fibrosis (NSF) together with associated potential risk factors. **Methods:** This HIPAA-compliant study had institutional review board approval, and informed consent was waived. Statistical analysis was performed for all available laboratory and clinical data, including dermatology reports. Type and amount of the GDBCA used were recorded for angiography and additional MRI studies, if applicable. Serum creatinine levels (SCr) pre- and post-angiography were recorded, and estimated glomerular filtration rates (eGFR) were calculated. **Results:** Ten female and 17 male patients who underwent angiography with GDBCA were included. The mean amount of GDBCA administered was $44 \pm$

15.5 ml (range 15–60 ml) or 0.24 ± 0.12 mmol/kg (range 0.1–0.53 mmol/kg). At the time of angiography all patients had renal insufficiency (eGFR <60 ml/min/1.73 m²). Mean eGFR pre-angiography was 26 ml/min/1.73 m² and 33 ml/min/1.73 m² post-angiography. The mean follow-up period covers 28 months, range 1–84 months. Additional MRI studies with GDBCA administration were performed in 15 patients. One patient with typical skin lesions had developed biopsy-confirmed NSF.

Conclusion: Conventional arterial angiography with GDBCA may play a role in the development of NSF in patients with renal insufficiency. Alternative contrast agents, such as CO₂ angiography or rather the use of low doses of iodinated contrast agents, should be considered in these patients.

Keywords Contrast media · Angiography · NSF · Gadolinium · Renal insufficiency

Introduction

It is well known that the use of iodinated contrast material may induce nephropathy, especially in patients with underlying renal insufficiency [1]. In the past, gadolinium-based contrast agents (GDBCA) were used as alternative contrast agents for conventional angiography in patients with renal insufficiency on an off-label basis, although the

Contrast Media Safety Committee (CMSC) of the European Society of Urogenital Radiology (ESUR) did not approve GDBCA for radiographic examinations [2, 3]. In a previous study, it was concluded that angiography and percutaneous treatment of renal artery stenosis in patients with chronic renal insufficiency and suspected ischaemic nephropathy can be performed safely using intra-arterial injections of GDBCA as contrast

media without an increased risk of complications. Contrast-induced nephropathy potentially occurred in no more than 3.2% of patients [4]. It was further noted that neither the degree of underlying renal insufficiency nor diabetes was a risk factor for predicting a greater likelihood of renal function impairment at 48-h follow-up [4].

Recently, an illness called nephrogenic systemic fibrosis (NSF) or nephrogenic fibrosing dermopathy was described in patients with renal impairment presenting with typical skin lesions and joint disease [5]. Fulminate progression with systemic complications and autopsy reports even suggested that NSF is a systemic disorder that may involve other organs resulting in severe damage or even death [6, 7]. Of interest, a strong relationship between administration of GDBCA and an outbreak of NSF was suggested by various reports in the literature [8–10]. Even though it has not been proven that gadolinium is the triggering agent, gadolinium administration could be established in most NSF cases.

The purpose of this study was to retrospectively review clinical and laboratory data of 27 patients with renal insufficiency who underwent conventional angiography with GDBCA as alternate contrast media and assess for the occurrence of NSF.

Materials and methods

Patients

This HIPAA-compliant study was approved by our institutional review board, and informed consent was waived. As of February 2007, we retrospectively analysed data of 27 consecutive patients (10 women and 17 men, median age 77 years, age range 20–97 years) who had received GDBCA as an alternative contrast agent for conventional angiography between June 2000 and January 2002 on an off-label basis. Of those, 17 patients also received CO₂ and 13 patients also received iodinated contrast material, including 8 patients who received both CO₂ and iodinated contrast material. All patients were pre- and post-hydrated intravenously with 1 l of saline solution (0.9%) each time.

Data collection

In the 27 patients, all available clinical and laboratory data were collected. Patient's primary care physicians were called to collect the most recent patient information. Data collected included age, gender, type and date of angiography and intervention, type and amount of contrast material administered, additional MRI studies with contrast administration, signs of NSF noted on the chart including dermatology reports and biopsy results, relevant comorbidities, cause and stage of kidney disease, and

dialysis/kidney transplant status. Skin biopsies were stained with haematoxylin and eosin and immunohistochemistry with CD 34 and CD 68 antibodies, both characteristic of NSF. The laboratory values examined included serum creatinine (sCr) levels pre- and post-angiography, and estimated glomerular filtration rates (eGFR). Based on the National Kidney Foundation Kidney Disease Outcomes Quality Initiative, kidney disease was staged as follows: stage 1: eGFR >90 ml/min/1.73 m², stage 2: eGFR 60–90 ml/min/1.73 m², stage 3: 30–59 ml/min/1.73 m², stage 4: 15–29 ml/min/1.73 m² and stage 5: <15 ml/min/1.73 m².

Statistical analysis

The age and gender distribution of patients was calculated using descriptive statistics. Mean, standard deviation and range were calculated for the amount of gadolinium administered during angiography, serum creatinine values and eGFR. Analysis was performed with GraphPad statistical software (Prism v. 4.01 and InStat v 3.0; GraphPad Software, San Diego, CA).

Results

Results are summarised in Tables 1 and 2. Twenty-five patients received low-osmolar linear chelate gadodiamide (Omniscan, GE Healthcare, New York, NY). The mean amount of gadodiamide administered intra-arterially was 44±15.5 ml (range 15–60 ml) or 0.24±0.12 mmol/kg (range 0.1–0.53 mmol/kg). One patient received 35 ml (0.23 mmol/kg) of gadopentetate (gadolinium-DTPA; Magnevist, Bayer Schering AG, Leverkusen, Germany) and another patient received 20 ml (0.3 mmol/kg) of gadobutrol (Gadovist 1.0 mmol/ml, Bayer Schering AG, Leverkusen, Germany). Seventeen patients also received CO₂ besides GDBCA, and 13 patients were co-administered with relatively small amounts of iodinated contrast material (mean 14.3±16.7 ml, range 5–60 ml), including 8 patients who received both CO₂ and iodinated contrast material. Additional MRI studies with GDBCA administration were performed in 15 patients (Table 1).

At the time of angiography all patients had at least stage 3 renal insufficiency (eGFR <60 ml/min/1.73 m²). The mean eGFR pre-angiography was 26.2±13.1 ml/min/1.73 m² (Table 2). According to the National Kidney Foundation Kidney Disease Outcome Quality Initiative, 8 patients were stage 3, 13 stage 4, and 6 stage 5. The median stage of disease was 4 (range 3–5). The mean ultimate eGFR post-angiography (mean 28 months) was 33±18.6 ml/min/1.73 m². Mean sCr levels were 263.1±128.7 µmol/l (range 134–728 µmol/l) pre-angiography, 288.2±154.7 µmol/l (range 125–764 µmol/l) 2 h post angiography, 261.7±156.6 µmol/l (range 127–712 µmol/l)

Table 1 Demographic and clinical data in 27 patients post-digital subtraction angiography with gadolinium-based contrast agents (GDBCA)

No./sex	Angiography with GDBCA	Dose (ml)/type of GDBCA	Additional MRI with GDBCA	Dose (ml)/type of GDBCA	Concurrent medical conditions at time of angiography with GDBCA
1/F	DSA and PTA lower extremity	35 Magnevist	N/A	N/A	DM, AOD
2/M	DSA lower extremity	50 Omniscan	Abdomen Head	50 Omniscan 20 Magnevist	AOD, CP, SCLC, DM, cvi
3/M	DSA lower extremity	20 Omniscan	N/A	N/A	AOD, PPN, CU, CCP, COPD, GERD, BR
4/F	DSA and PTA lower extremity	36 Omniscan	N/A	N/A	AOD, sA, DM, CCP, COPD
5/F	DSA and PTA lower extremity	36 Omniscan	N/A	N/A	AOD, aHT, AS, HP, OP, SCS, NNA
6/F	DSA and PTA lower extremity	20 Omniscan	Renal	20 ProHance	AOD, DM2, CCP, cP, A
7/M	DSA and PTA lower extremity	20 Omniscan	Renal Abdomen	15 ProHance 30 Omniscan	AOD, NI, CCP, IDP
8/F	DSA abdomen	30 Omniscan	Renal	25 Omniscan	CS, cNI, CCP, DM, CVI, A
9/M	DSA and PTA pelvis and lower extremity	20 Omniscan	Pelvis Pelvis Renal Renal Hip joint Abdomen	20 ProHance 20 Dotarem 30 Omniscan 30 Omniscan 20 Dotarem 50 Omniscan	ASCL, AOD, DM, COPD, NSCLC
10/M	DSA and PTRA renal transplant	15 Omniscan	Head Abdomen Renal Abdomen Abdomen Abdomen Neck Renal Renal	15 Magnevist 20 ProHance 10 MultiHance 7 MultiHance 20 ProHance 30 Omniscan 15 Gadovist 30 Omniscan 30 Omniscan	aHT, DM2, hCP, hc, Ac
11/M*	DSA renal transplant	15 Omniscan	Renal Renal Femur Renal Renal Renal Renal Knee joint	30 ProHance 30 Omniscan 30 ProHance 30 Omniscan 30 Omniscan 30 Omniscan 20 ProHance 10 Magnevist	hsm, ta, crf, aHT, HP, rA
12/M	DSA pelvis and lower extremity	20 Omniscan	Neck	15 Gadovist	AOD, CCP, cNI, Hy
13/F	DSA and PTA pelvis and lower extremity	30 Omniscan	N/A	N/A	AOD, MM, CCP, NNA, UC
14/M	DSA and PTRA abdomen and kidney	40 Omniscan	Renal	30 Omniscan	CoxA, HU, dCP, GITB, LR
15/M	DSA lower extremity	20 Omniscan	Renal	30 Omniscan	CoSy, aHT, MI, PCA, TA, GIB, AAA, Tbc
16/F	DSA and PTRA abdomen and kidney	30 Omniscan	Renal Abdomen Abdomen	30 ProHance 30 ProHance 15 ProHance	aHT, rA, HP

No./sex	Angiography with GDBCA	Dose (ml)/type of GDBCA	Additional MRI with GDBCA	Dose (ml)/type of GDBCA	Concurrent medical conditions at time of angiography with GDBCA
17/M	DSA and PTR A abdomen and kidney	20 Omniscan	Head	20 Magnevist	RAS, CCP, ATH, HP, aHT, REA
			Renal	30 ProHance	
18/M	DSA and PTA pelvis	20 Gadovist	Renal	30 Omniscan	rA, aHT, HC, ATN, NNA, LC
			Head	15 Magnevist	
19/F	DSA and PTA lower extremity	40 Omniscan	N/A	N/A	N/A
20/M	DSA and PTA abdomen and lower extremity	90 Omniscan	N/A	N/A	AOD, aHT, NI, LHI, CP, COPD
21/F	DSA and PTA lower extremity	40 Omniscan	Foot	8 Omniscan	AOD, MNHL, HMA, Cni, D, Hy, cO, GA
			Ankle joint	9 ProHance	
			Pelvis	30 Omniscan	
22/M	DSA abdomen	60 Omniscan	N/A	N/A	crf, CCP, MI, pHT, AAA
23/F	DSA and PTA lower extremity	20 Omniscan	N/A	N/A	UC, DM2, dCP, PE, DVT, CVI
24/M	DSA lower extremity	35 Omniscan	N/A	N/A	CCP, MI, DM, Trf, EP
25/M	DSA lower extremity	30 Omniscan	N/A	N/A	DM, aHT, RCA
26/M	DSA and PTR A abdomen and kidney	50 Omniscan	Abdomen	30 Magnevist	CCP, AP, COPD, aHT, AOD, TIA, TURP
27/M	DSA abdomen and pelvis	60 Omniscan	N/A	N/A	ASKL, AOD

*This patient demonstrated NSF-typical skin changes that were biopsy-proven

Abbreviations:

A, adiposity; AAA, abdominal aortic aneurysm; Ac, acne; aHT, arterial hypertension; AOD, arterial occlusive disease; AP, angina pectoris; AS, aortic stenosis; ASCL, arteriosclerosis; ATN, acute tubular necrosis; BR, Billroth's stomach; CCP, coronary cardiopathy; COPD, chronic obstructive pulmonary disease; CoSy, compartment syndrome M. triceps surae; CoxA, coxarthrosis; CP, cardiopathy; cP, chronic pancreatitis; crf, chronic renal failure; CS, carotid stenosis; CU, Cushing's disease; cvi, cerebrovascular insult; CVI, chronic venous insufficiency; dCP, dilatative cardiomyopathy; DM, diabetes mellitus; DVT, deep vein thrombosis; EP, encephalopathy; F, female; GDBCA, gadolinium-based contrast agent; GERD, gastro-oesophageal reflux disease; GIB, gastrointestinal bleeding; HC, haemochromatosis; hc, hypercholesterinaemia; HMA, hyperchromic macrocytic anaemia; HP, hyperparathyroidism; hsm, hepatosplenomegaly; HU, hyperuricaemia; Hy, hypothyreosis; IDP, intervertebral disk prolapse; LC, lymphocele; LHF, left heart failure; LR, livedo racemosa; M, male; MI, myocardial infarction; MM, multiple myeloma; MNHL, malignant non-Hodgkin's lymphoma; N/A, not applicable; NNA, normochromic normocytic anaemia; NSCLC, non-small cell lung cancer; OP, osteoporosis; PCA, prostatic cancer; PE, pulmonary embolus; pHT, pulmonary hypertension; PPN, peripheral polyneuropathy; rA, renal anaemia; RAS, renal artery stenosis; RCA, rectal cancer; REA, reanimation, sA, septic arthritis; SCLC, small cell lung cancer; SCS, spinal canal stenosis; ta, tachyarrhythmia; TA, temporal arteritis; Tbc, tuberculosis; TIA, transient ischaemic attack; Trf, terminal renal failure; TURP, transurethral resection of the prostate; UC, ulcera cruris

2 weeks post angiography, 310.3 ± 179.5 $\mu\text{mol/l}$ (range 122–592 $\mu\text{mol/l}$) 3 months post-angiography and final sCr level after angiography was 247.1 ± 181.8 $\mu\text{mol/l}$ (range 78–880 $\mu\text{mol/l}$). The mean follow-up period was 28 (± 29.5) months, range 1–84 months.

Dermatology reports were available for 11 patients. Only one patient chart contained evidence of NSF. This 20-year old patient (no. 11 in Tables 1 and 2, patient data summary in Table 3) was on dialysis from October 1998 to August 2000. He received a renal transplant in August 2000, and dialysis was stopped. This patient had multiple studies with GDBCA post-renal transplantation receiving both linear and macrocyclic gadolinium-based contrast agents (Table 3). The patient had to go back on dialysis in May 2001. He observed skin changes and developed joint pain in his knees, elbows and hands in September 2001, which was approximately 5 months post-renal transplant angiography with GDBCA. At the time, this patient had received a total of 215 ml of GDBCA, including 135 ml

of linear and 80 ml of macrocyclic contrast agents. A skin biopsy taken in late December 2001 was positive for NSF in retrospect. Workup of this patient's joint pain included additional MRI studies of his thigh and knees with GDBCA demonstrating synovial proliferation and periosteal inflammation. Macroscopic skin examination demonstrated generally dry skin, nodules on the palms, calves and feet, hyperpigmentation of both calves, and contracting finger joints. A skin biopsy was obtained from the patient's right knee demonstrating thickening of the dermis and proliferating fibroblasts compatible with NSF (Fig. 1). Immunohistochemistry was positive for CD 34 and CD 68. This patient had also suffered from cardiac disease (atrioventricular block) and eventually died of sudden cardiac death in 2005.

In total, seven patients died, three of cardiac death, two of natural causes, one died because the patient refused to have dialysis and one died in an accident (a fall from a cherry tree).

Table 2 Relevant laboratory values in 27 patients post-digital subtraction angiography with gadolinium-based contrast agents

No./sex	sCr Level ($\mu\text{mol/l}$) pre	sCr Level ($\mu\text{mol/l}$) 2 h	sCr Level ($\mu\text{mol/l}$) 1–2 weeks	sCr Level ($\mu\text{mol/l}$) 3 months	sCr Level ($\mu\text{mol/l}$) ultimate#	eGFR ($\text{ml/min}/$ 1.73m^2) pre	eGFR, ($\text{ml/min}/1.73\text{m}^2$) post ultimate#	Chronic kidney disease Stage*
1/F	413	428	NA	316	350	10	13	5
2/M	292	285	269	NA	269	19	23	4
3/M	403	395	333	404	246	13	24	5
4/F	271	162	201	NA	201	16	23	4
5/F	162	170	NA	NA	170	28	27	4
6/F	287	262	262	188	188	15	22	4
7/M	212	186	204	202	126	30	53	3
8/F	301	446	NA	NA	446	17	9	4
9/M	162	224	136	144	112	43	63	3
10/M	175	194	211	154	245	42	33	3
11/M*	728	764	712	539	470	7	14	5
12/M	143	159	143	NA	149	45	42	3
13/F	188	125	NA	NA	125	24	38	4
14/M	242	389	447	592	880	27	7	4
15/M	201	233	224	215	189	30	32	3
16/F	350	NA	NA	470	78	14	74	5
17/M	408	NA	NA	562	631	14	7	5
18/M	136	NA	NA	NA	132	53	53	3
19/F	266	NA	NA	126	126	16	37	4
20/M	323	338	NA	NA	329	17	17	4
21/F	NA	NA	127	NA	113	NA	42	NA
22/M	229	230	NA	NA	251	27	25	4
23/F	177	NA	NA	NA	177	27	27	4
24/M	177	NA	NA	NA	308	36	18	3
25/M	144	197	129	122	109	44	59	3
26/M	317	NA	266	NA	140	18	45	4
27/M	134	NA	NA	NA	111	49	62	3
MEAN	263.1	288.2	261.7	310.3	247.1	26.2	32.9	3.8
MEDIAN	235.5	231.5	217.5	215	188	25.5	27	4
SD	128.7	154.7	156.6	179.5	181.8	13.1	18.5	0.7
MIN	134	125	127	122	78	7	7	3
MAX	728	764	712	592	880	53	63	5

*This patient demonstrated NSF-typical skin changes that were biopsy-proven

Based on National Kidney Foundation Kidney Disease Outcomes Quality Initiative: eGFR values for stage 1, $>90 \text{ ml/min}/1.73 \text{ m}^2$; stage 2, $60\text{--}90 \text{ ml/min}/1.73 \text{ m}^2$; stage 3, $30\text{--}59 \text{ ml/min}/1.73 \text{ m}^2$; stage 4, $15\text{--}29 \text{ ml/min}/1.73 \text{ m}^2$; stage 5, $<15 \text{ ml/min}/1.73 \text{ m}^2$

NA, Not available; M, male; F, female; SD, standard deviation; eGFR, estimated glomerular filtration rate

#Mean follow-up period was 28 months, range 1–84 months

Discussion

In the present study we reviewed clinical and laboratory data of 27 patients with renal insufficiency who underwent conventional angiography using intra-arterial gadolinium-based contrast agents (GDBCA) as alternate x-ray contrast media and assessed the occurrence of nephrogenic systemic fibrosis. Additional MRI studies with GDBCA were

performed in 15 patients. Despite this rather high total exposure to gadolinium-based contrast agents, only one patient demonstrated NSF-typical skin changes that were biopsy-proven. We cannot exclude further cases, but these at least were not spontaneously reported or registered within the clinical records.

It is well established that the use of iodinated contrast material may cause contrast-induced nephropathy (CIN),

Table 3 Data compilation of a 20-year old patient with glomerulonephritis and tubulointerstitial nephritis. The patient was on dialysis from October 1998 to August 2000. He received a renal transplant in August 2000, and dialysis was stopped. The patient underwent multiple MRA studies with GDBCA post-renal transplantation receiving both linear and macrocyclic gadolinium-based contrast agents. The patient was examined on 17 April 2001 for

conventional angiography with 15 ml of intra-arterial gadodiamide. He had to go back on dialysis in May 2001. He observed skin changes and developed joint pain in September 2001. At the time, the patient had received a total of 215 ml of GDBCA, 135 ml of linear and 80 ml of macrocyclic contrast agents. A skin biopsy taken in late December 2001 was positive for NSF in retrospect

Date	Study	Type of GDBCA	Structure of GDBCA	Amount of GDBCA	Creatinine ($\mu\text{mol/l}$)	eGFR (ml/min/1.73m^2)
11.08.00	MRI renal	ProHance	macrocyclic	30 ml	598	10
22.08.00	MRI renal	Omniscan	linear	30 ml	607	10
04.09.00	MRI thigh	ProHance	macrocyclic	30 ml	NA	NA
21.09.00	MRI renal	Omniscan	linear	30 ml	NA	NA
23.11.00	MRI renal	Omniscan	linear	30 ml	617	10
10.04.01	MRI renal	Omniscan	linear	30 ml	NA	NA
17.04.01	Angio renal transplant	Omniscan	linear	15 ml	728	7
24.12.01	MRI renal	ProHance	macrocyclic	20 ml	725	8
26.03.03	MRI knee	Magnevist	linear	10 ml	660	9

GDBCA, gadolinium-based contrast agent; NA, not available; eGFR, estimated glomerular filtration rate

especially in patients with underlying renal insufficiency [1]. Because GDBCA seemed to have a reduced nephrotoxicity compared with iodinated agents, physicians were encouraged to switch over to GDBCA [11]. However, it was a previous misconception that the use of GDBCA was safe in patients with underlying renal insufficiency [2]. The Contrast Media Safety Committee (CMSC) of the European Society of Urogenital Radiology (ESUR) did not approve GDBCA for radiographic examinations [3]. It was stated that GDBCA should not be used for radiographic examinations in patients with renal impairment and that these contrast agents are more nephrotoxic than iodinated contrast in equivalent radiographic attenuating doses.

In a previous study, GDBCAs were used to perform digital subtraction angiography and percutaneous treatment of renal artery stenosis in such patients [4]. Although contrast-induced nephropathy potentially occurred in no more than 3.2% of patients in this study, recent findings indicate that these patients may be at increased risk of NSF.

In our study, all patients had an alteration of renal function. As reported by Sadowski et al., a combination of factors, including altered renal function, chronic inflammation and exposure to gadolinium-based contrast agents, may all play a role in the development of NSF [12]. In their study, data of 13 patients with biopsy-confirmed NSF were reviewed, and associated risk factors were assessed. All patients had been exposed to GDBCA within a time frame of 6 months. All patients had renal insufficiency and had been hospitalised for a proinflammatory event such as surgery, infection or a vascular event. Compared with a control group, these patients had significantly decreased eGFR, more proinflammatory events and more MRI studies with GDBCA. In our study, conventional arterial angiography was performed, which represents a proinflammatory element that basically increases the risk of NSF. Furthermore,

GDBCA was administered intra-arterially for conventional angiography. This implies higher renal first-pass toxicity compared with IV administration, especially if selective renal artery angiography was performed.

Nephrogenic systemic fibrosis occurring in patients with kidney impairment was lately reported to present with characteristic skin manifestation and joint disease [5, 13, 14]. Previous literature reports describe coherence between the use of gadolinium-based contrast agents and NSF [8–10, 15–17]. In our study, one patient demonstrated skin lesions characteristic of NSF, which was biopsy-proven. There was a hiatus of approximately 5 months between his renal transplant angiography with GDBCA and the onset of symptoms, which seems rather long according to the European Society of Urogenital Radiology (ESUR) guidelines, defining 8 weeks as the standard critical period [18]. As mentioned earlier, this patient had received as much as 135 ml of linear GDBCA before the onset of symptoms. It remains uncertain if NSF was caused by the single-dose of GDBCA administered during catheter angiography, while the renal impairment was almost complete or the ones given earlier for several MRI studies of the patient's kidney and thigh or the total amount of gadolinium during the patient's life-time. However, the cumulative dose of GDBCA seems to be more likely responsible for the onset of NSF than a single dose of 15 ml administered during angiography [19].

We propose that there may be a possibility that repeated GDBCA administration, as in our case, increased the risk of NSF occurring in terms of an additive effect in GDBCA deposition [10, 19, 20]. Furthermore, Abraham et al. investigated retained gadolinium-containing deposits in skin biopsies from 20 patients with gadolinium-related NSF [21]. Of interest, gadolinium concentration increased over time with multiple sequential biopsies in more than

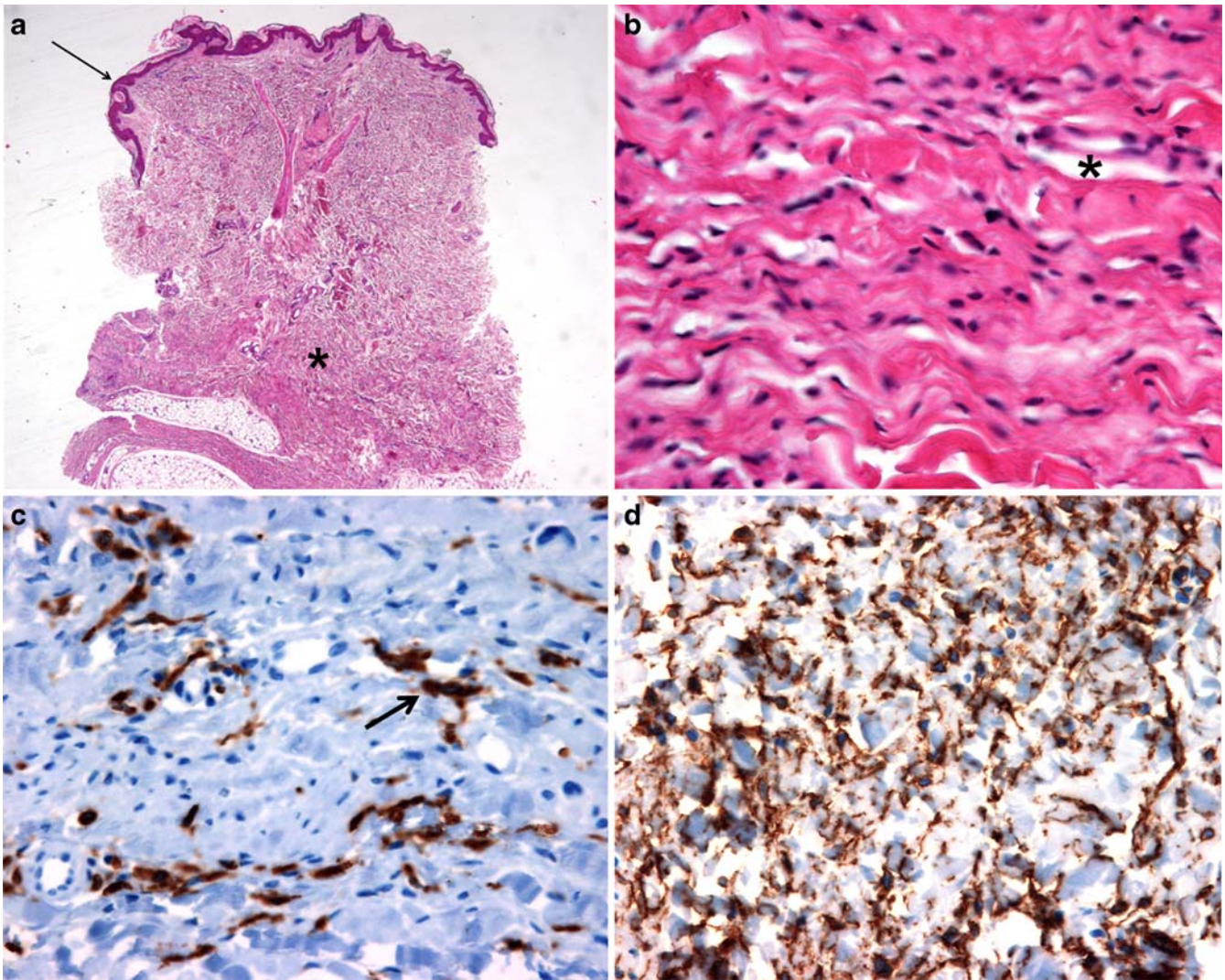


Fig. 1 Skin biopsy specimen obtained from patient's right knee. **a**, Biopsy (haematoxylin and eosin) with low magnification demonstrates thickening of the dermis (arrow) with haphazardly arranged collagen bundles separated by large clefts in the papillary and deep dermis. Spindled fibroblasts extend into subcutaneous septae (asterisk). **b** High magnification with an increased number of

spindled fibroblasts. Collagen bundles are separated by large clefts (asterisk). **c** High magnification (immunohistochemical stain with CD 68) demonstrates positive stellate fibroblast cells (arrow). **d** High magnification (immunohistochemical stain with CD 34) demonstrates fibroblast reactivity

50% of patients for 23 months; after that a rather slow decrease was observed reflecting the difficulty in eliminating the gadolinium once it is deposited in the tissues. The authors suggested that gadolinium may be mobilised over time from bone stores, explaining the variably delayed onset of NSF.

The liberation of toxic and insoluble gadolinium after dechelation following transmetallation of the gadolinium chelate is the proposed trigger for NSF [8]. Free gadolinium ions are released from the chelate in exchange for endogenous metals, protons and subsequently form insoluble phosphates or hydroxides in the peripheral human tissues. The precipitating gadolinium salts are engulfed by circulating macrophages that attract fibrocytes. Because of

the relatively high capacity of solubilisation within the lysosomes of the macrophages, these cells are probably intoxicated, leading to a vicious circle. Because of a markedly prolonged clearance and circulation time of GDBCA in patients with end-stage renal disease, these patients are at increased risk of NSF development. Mainly two types of GDBCA chelates, linear open-chain and macrocyclic ones, are commercialised. They differ in their thermodynamic stability ratios expressed at different pH values and velocity of decomplexation when under competition from other protons or electrolytes. Linear chelates, such as gadodiamide (Omniscan), which was mainly used for angiography in our study because of its rather low osmolality of 780 mOsm/kg H₂O at 37°C, seem to be at

higher risk of decomplexation than macrocyclic chelates such as gadoteridol (ProHance). A summary of the medical literature reports more than 90% of NSF cases associated with GDBCA administration related to gadodiamide (Omniscan) [22]. Thomsen et al. report the prevalence of NSF to be significantly higher post-gadodiamide than any other gadolinium-based agent (3–7% versus 0–1% per injection) in patients with reduced renal function [17]. After exposure to two gadodiamide injections, they found prevalence as high as 36% in patients with chronic kidney disease stage 5. In the current literature, no reports of NSF after the administration of most stable agents have been published, implying that there may be a difference in triggering NSF between various agents.

As the relationship of NSF with the administration of GDBCA was unknown at the time, absurdly, additional MRI studies with gadolinium-based contrast agents were performed working up our patient's symptoms and following up the renal transplant. Despite the nebulosity of NSF at the time, in our positive case a skin biopsy was obtained, and histopathology was reported to demonstrate dermal fibrosis, thickening of the dermis and proliferating fibroblasts. With today's knowledge, these findings are compatible with NSF. Immunohistochemistry was not performed at the time, but we

were able to obtain the original tissue specimen and produced additional stains using immunohistochemistry for CD 34 and CD 68, which were characteristically positive for NSF.

There are several limitations of this study. First, the study is retrospective and therefore not controlled for selection bias, detection of events and data collection. Second, although 27 patients were studied, adverse events that occur at a low rate or that were of rather weak intensity could have been missed or were underreported. Moreover, different types of GDBCA were used in our study, further decreasing the potential sensitivity of the study for adverse events and correlation of GDBCA with outbreaks of NSF. Third, because of the retrospective design of this study, signs for NSF could have been missed in individual patients because data were missing and because NSF had not been recognised during the entire study period included.

In conclusion, exposition with gadolinium-based contrast agents during conventional angiography may play a role in the development of NSF in patients with renal insufficiency. Alternative contrast agents such as CO₂ angiography or rather the use of low doses of iodinated contrast agents should be considered in these patients.

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