# Accepted Manuscript

Mortality and Implant Survival with Simultaneous and Staged Bilateral Total Knee Arthroplasty Experience from the Australian Orthopaedic Association National Joint Replacement Registry

Hwa Sen Chua, MBBS, MS Orth (Malaya), Clinical Hip Fellow, Sarah L. Whitehouse, PhD, Senior Research Fellow, Michelle Lorimer, BSc(Hons), Senior Statistician, Richard De Steiger, MBBS, Dip Biom, FRACS, Professor in Surgery, Linda Guo, MBBS, Principle House Officer, Ross W. Crawford, MBBS, D Phil Oxon, Professor in Orthopaedic Research

PII: S0883-5403(18)30502-3

DOI: 10.1016/j.arth.2018.05.019

Reference: YARTH 56630

To appear in: The Journal of Arthroplasty

Received Date: 14 February 2018

Revised Date: 26 April 2018

Accepted Date: 11 May 2018

Please cite this article as: Chua HS, Whitehouse SL, Lorimer M, Steiger RD, Guo L, Crawford RW, Mortality and Implant Survival with Simultaneous and Staged Bilateral Total Knee Arthroplasty Experience from the Australian Orthopaedic Association National Joint Replacement Registry, *The Journal of Arthroplasty* (2018), doi: 10.1016/j.arth.2018.05.019.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



## Mortality and Implant Survival with Simultaneous and Staged Bilateral Total Knee Arthroplasty

# Experience from the Australian Orthopaedic Association National Joint Replacement Registry

Hwa Sen Chua MBBS, MS Orth (Malaya)	Clinical Hip Fellow <sup>1</sup>
Sarah L Whitehouse PhD	Senior Research Fellow <sup>1</sup>
Michelle Lorimer, BSc(Hons)	Senior Statistician <sup>2</sup>
Richard De Steiger MBBS, Dip Biom, FRACS	Professor in Surgery <sup>3, 4</sup>
Linda Guo MBBS	Principle House Officer <sup>5</sup>
Ross W Crawford MBBS, D Phil Oxon	Professor in Orthopaedic Research <sup>1</sup>

- 1. Queensland University of Technology (QUT), Brisbane, Australia
- 2. South Australian Health and Medical Research Institute (SAHMRI), Adelaide, Australia
- 3. Department of Surgery, Epworth HealthCare, University of Melbourne, Melbourne, Australia
- 4. Australian Orthopaedic Association National Joint Replacement Registry (AOANJRR), Adelaide, Australia
- 5. School of Medicine, University of Queensland, Brisbane, Australia

Corresponding author:

Professor Ross W Crawford Queensland University of Technology Orthopaedic Research Unit Level 5, Clinical Sciences Building The Prince Charles Hospital Rode Road, Chermside, Queensland 4032 Australia Ph: +61 7 3139 4481 Fax: +61 7 3139 4043 E-mail: r.crawford@qut.edu.au Mortality and Implant Survival with Simultaneous and Staged
 Bilateral Total Knee Arthroplasty
 Experience from the Australian Orthopaedic Association
 National Joint Replacement Registry

#### 6 Abstract

7 Background: Total knee arthroplasty (TKA) is an effective procedure for relieving 8 pain and restoring function in osteoarthritis, with a significant proportion of 9 patients having severe disease bilaterally. However, although there are differences 10 in patient selection criteria for bilateral procedures, there is no consensus 11 regarding the optimal timing for bilateral TKA. The aim of this study is to compare 12 rates, causes of revision and 30-day mortality between simultaneous and staged 13 bilateral TKA using data from the Australian Orthopaedic Association National Joint 14 Replacement Registry (AOANJRR). 15 Methods: Data for over 36,000 bilateral TKAs was collected from September, 1999 16 to December, 2015. Rates and causes of revision and 30-day mortality rate were 17 obtained for simultaneous bilateral and staged procedures with intervals of 1 day-18 6weeks, 6weeks–3months and 3months–6months. Yearly cumulative percent 19 revision (CPR) or survival (CPS) with 95% confidence intervals calculated by the 20 Kaplan-Meier method and adjusted hazard ratios were used for comparisons. 21 Results: There was no significant difference between revision rates or reasons for 22 revision between staged bilateral and simultaneous TKA (HR 1.09 (95% CI 0.85-23 1.40; p=0.511) for 1day-6weeks, 0.93 (95% CI 0.77-1.14; p=0.494) for 6weeks-24 3months, and 1.10 (95% CI 0.98-1.23; p=0.115) for 3months–6months). The most 25 common reasons for revision were loosening/lysis and infection. The 30-day 26 mortality rates were lower in the 6weeks-3months group than simultaneous 27 bilaterals (p=0.007). 28 Conclusion: This study demonstrates that simultaneous and staged bilateral TKA 29 have similar rates of revision over the medium term but that 30-day mortality is 30 reduced in the 6weeks-3months group. 31 Word count: 249/250 32 Keywords: Registry; primary: bilateral knees; mortality; survivorship; revision 33 34 Funding: This research did not receive any specific grant from funding agencies in 35 the public, commercial, or not-for-profit sectors.

#### 37 Introduction

38 Total knee arthroplasty (TKA) is a highly successful procedure for relieving pain and 39 restoring function in severe osteoarthritis of the knee joints. The prevalence of 40 bilateral knee osteoarthritis has been shown to be as high as 5% [1]. A number of 41 studies have evaluated the need for a contralateral TKA after the first TKA. Ritter et 42 al. [2] reported that when the contralateral knee was diagnosed with osteoarthritis 43 at the time of the first TKA, the second TKA was required within 10 years in 37% of 44 patients. Mont et al. [3] reported that 23% of patients scheduled for unilateral TKA 45 had severe symptoms in the contralateral knee, and 93% underwent contralateral 46 TKA within the follow-up time of the study (minimum of 5 years). 47 Controversies in timing of bilateral TKA for patients with arthritis in both knees are 48 far from resolved. The safety of simultaneous bilateral TKA remains a concern [4-49 6]. There are reports of increased perioperative complications, including 50 pulmonary embolism, deep vein thrombosis, cardiac, neurologic and wound 51 complications, as well as intensive care unit admissions [7, 8]. There is no 52 consensus in the literature as to whether this confers an increased risk of mortality 53 [9-13]. There have been large institutional series reports that have shown that 54 simultaneous bilateral TKA can be performed safely without increased peri-55 operative morbidity and mortality compared to staged bilateral TKA if a selective 56 pre-operative screening process is used [14-16]. Same-day bilateral TKA has been 57 reported to have benefits of decreased cost [17-19], improved recovery time [20], 58 the use of a single anaesthetic [21], and equal functional outcomes [22]. 59 In patients undergoing staged bilateral TKA, there is a wide range of reported 60 recommended intervals between the first and second operation, ranging from 1 to 61 120 months [23-25]. The indications for staged TKA and the methods of choosing 62 the first side for operation varied between studies [26, 27]. Many comparisons 63 were aimed at the safety, perioperative complications and cost effectiveness of 64 simultaneous versus staged bilateral TKA, while few studies had considered 65 subsequent revision rates.

66 The aim of this study was to utilise data from the Australian Orthopaedic

- 67 Association National Joint Replacement Registry (AOANJRR) to investigate the
- 68 implant survivorship and 30-day mortality of simultaneous bilateral TKA compared
- 69 to staged bilateral TKA of various intervals.

#### 70 Materials and Methods

71 The analysis for this study was undertaken by the AOANJRR. The AOANJRR is an

72 Australian Federal Government-funded AOA initiative with the purpose of

73 improving the care of patients undergoing joint arthroplasty, providing accurate

- 74 demographic information, and establishing a reliable method of audit for both
- 75 hospitals and individual surgeons [28, 29]. Data collection commenced in

76 September 1999, with staged state-based implementation leading to full national

- 77 data collection in mid-2002.
- 78 Registry data is obtained at the time of surgery and includes patient details,
- 79 hospital, type of procedure, joint replaced, side, diagnosis, and component details.
- 80 All public and private hospitals in Australia performing joint replacement surgery
- 81 provide information to the Registry. Data is validated against State Health

82 Department separation data and this enables the AOANJRR to have a complete

83 dataset of all joint replacement surgery. The AOANJRR dataset is matched

84 biannually to the Australian National Death Index (Australian Institute of Health

85 and Welfare). This enables the AOANJRR to have a complete list of patients who

- 86 have died and the date of their death.
- 87 The study period for this analysis was September 1, 1999 to December 31, 2015.
- 88 The AOANJRR identified all bilateral primary TKA procedures undertaken for
- 89 osteoarthritis (OA) within 6 months of the initial procedure. Bilateral TKA
- 90 procedures were grouped into four categories: simultaneous (same-day), or staged
- 91 bilateral TKA procedures with intervals of 1 day 6 weeks, 6 weeks 3 months and
- 92 3 months 6 months, with numbers reported at patient level.
- 93 Analysis provided information on revision rates (as determined by the time to first
- 94 revision of either knee from the time of second TKA), reasons for revision,
- 95 cumulative incidence revision for the five most common reasons for revision, types
- 96 of revision, and 30-day mortality after the second procedure . Further analysis by

- 97 age (over or under 65 years) and type of fixation (cement, cementless or hybrid)
- 98 was undertaken. These analyses did not identify any differences to the overall data
- 99 and have therefore not been included (data available upon request). ASA grade
- 100 and BMI were available from the time they were added to the core dataset in 2012
- 101 and 2015 respectively.

#### 102 Statistics

- 103 The Kaplan Meier method was used to determine cumulative percent revision
- 104 (CPR) and cumulative percent survival (CPS). Unadjusted CPR values are reported
- 105 with 95% confidence interval (CI). Revision (and mortality) rates were compared
- 106 using Cox proportional hazards models, adjusting for age and sex. Tests were 2-
- 107 tailed at the 5% level of significance. Descriptive analysis of reasons for revision
- 108 and type of revision are also reported.

#### 109 **Results**

- 110 There were 36,087 bilateral primary TKAs (72,174 knees) undertaken for OA with a
- 111 maximum interval of six months between procedures during the study period.
- 112 Specifically, there were 23,136 (64.1%) simultaneous bilateral TKA procedures and
- 113 12,951 staged bilateral TKA procedures (1,262 (3.5%) 1 day 6 weeks, 2,638 (7.3%)
- 114 6 weeks–3 months, and 9,051 (25.1%) 3–6 months) (Table 1). Age, gender, ASA
- 115 grade and BMI details for each group are shown in Table 1.
- 116 There was no significant difference in the rate of revision when the three different
- 117 interval groups of staged bilateral TKA were compared to simultaneous bilateral
- 118 TKA (1 day–6 weeks) HR= 1.09 (95% CI 0.85-1.40; p=0.511), (6 weeks–3 months)
- 119 HR=0.93 (95% CI 0.77-1.14; p=0.494) and (3 month–6 months) HR=1.10 (95% CI
- 120 0.98-1.23; p=0.115). (Table 2, Figure 1).
- 121 In the simultaneous bilateral TKA group the most common reasons for revision
- were loosening/lysis (29.0%), infection (23.4%) and patellofemoral pain (11.3%).
- 123 The reasons for revision were similar in the staged bilateral TKA groups (Table 3,
- 124 Figure 2). There was no significant difference in the revision rates for
- 125 loosening/lysis or infection when the three different interval groups of staged
- 126 bilateral TKA were compared to simultaneous bilateral TKA (Table 4).

The most common type of revision for simultaneous bilateral TKA was a total
revision (tibial and femoral components - 25.0%), insert only - 22.6% and patella
only - 17.7%). The types of revision in the staged bilateral TKA groups were similar
(Table 5).

131 The 30-day mortality (from second procedure) for the four groups of bilateral TKA 132 procedures was 0.17% (simultaneous), 0.08% (1 day - 6 weeks), 0.04% (6 weeks -133 3 months) and 0.07% (3 months – 6 months) (Table 6). For comparison, the 30-day 134 mortality rate for all primary TKAs for OA is 0.13%. Overall, when combining all 135 staged bilaterals (1 day – 6 months), the 30-day mortality was 0.06% which was 136 significantly lower than the simultaneous bilateral group (p=0.0004). There was a significantly lower 30-day mortality rate in the staged 6 weeks to 3 months group 137 138 than for the simultaneous bilaterals (OR 0.30 (95% CI 0.13 to 0.72), p=0.007). 139 Although the 30-day mortality rates were also lower in the other staged groups 140 than the simultaneous bilaterals, statistically there was no significant difference (1 141 day - 6 weeks; OR 0.46 (95% CI 0.06 to 3.33), p=0.441 and 3 months - 6 months, 142 OR 0.19 (95% CI 0.03 to 1.39), p=0.103). Both age and ASA grade were significantly 143 lower in the simultaneous bilateral group compared with all other groups (both

144 p<0.001, chi-squared test).

#### 145 **Discussion**

This study compared the revision rates, reasons for revision, types of revision and
30-day mortality of simultaneous bilateral TKA to the three groups of staged
bilateral TKA of various intervals. There was no difference in revision rate, reasons
for revision or types of revision. There was a significantly lower 30-day mortality
rate in the 6 weeks – 3 months staged compared with the simultaneous bilateral
groups.

The rate of revision between the groups in our study were similar, with nosignificant differences found between the simultaneous and different timed staged

154 procedures.

However, our analysis shows a significantly lower 30-day mortality rate for staged
6 week – 3 months bilateral TKA despite the fact that the simultaneous bilateral

157 group was younger and fitter (according to ASA grade) than the other groups. It 158 has been suggested that 30-day mortality rate provides the best measure of 159 mortality related to TKA, as reporting of mortality beyond 30 days of the 160 procedure may represent deaths not related to the operation [30]. Some studies 161 have shown increased 30-day mortality rate for simultaneous bilateral TKA 162 compared to staged bilateral TKA [31, 32] and unilateral TKA [30]. A number of 163 more recent studies have shown no difference in 30-day mortality between 164 simultaneous bilateral TKA and unilateral TKA [11, 13, 33, 34], which may correlate 165 with improvement in surgical technique over time or better patient selection, 166 although some had relatively small numbers.

In 2003, Ritter et al [25] found no significant difference among the three groups ofsimultaneous bilateral, staged bilateral, and unilateral TKA with respect to revision

169 or mortality rates. The 10 year CPR for simultaneous bilateral, unilateral, and

170 staged bilateral TKA groups was 98.3% (95% CI, 97.5% - 99.1%), 97.5% (95% CI,

171 95.4% - 99.6%), and 99.5% (95% Cl, 98.6% - 100%), respectively. Our data of

172 comparing simultaneous bilateral TKA and staged bilateral TKA of different

173 durations echoes these findings of no significant difference in revision rates.

174 In a 1997 study on a larger group of Medicare patients, Ritter et al [31] compared a 175 simultaneous bilateral TKA group (12,922 patients) with groups that had staged 176 procedures within six weeks (4354 patients), six weeks - three months (4524 177 patients), three - six months (9829 patients), and six months - one year (31,401 178 patients). The simultaneous bilateral TKA group had the highest cumulative 179 mortality rate at three months postoperatively (1.47%). At one year, the group 180 that had the staged procedure within six weeks had the highest cumulative 181 mortality rate (2.83%). By two years postoperatively, the cumulative mortality 182 rates for all of the groups were similar. Neither the simultaneous nor the staged 183 bilateral TKA had a mortality advantage over the others, and it was determined 184 that the decision about whether to attempt simultaneous or staged bilateral TKA 185 should be made on an individual basis by the patient and the physician. In 2001, 186 Parvizi et al [30] investigated the mortality rate within thirty days after TKA in their 187 entire patient cohort of 22,540 patients over a 28-year period (with 2,679 – 11.9%

188 bilateral cases). The mortality rate within 30 postoperative days after simultaneous 189 bilateral TKA was significantly higher (p < 0.002) than that after unilateral TKA. 190 Previous studies have reported increased wound healing problems, and 191 cardiopulmonary problems [35] following simultaneous bilateral TKA. There have 192 also been reports of greater risk of complications and mortality associated with 193 early staged bilateral TKA (within the same hospitalisation or within 3 months) [36, 194 37]. Experts participating in the Consensus Conference on Bilateral Total Knee 195 Arthroplasty Group in 2013 [38], made a number of consensus statements. Most 196 (81%) agreed that if a patient was not a suitable candidate for same-day bilateral 197 TKA, then a second TKA should be scheduled for at least 3 months or later. The 198 vast majority (96%) opposed the idea of staging within the same hospital 199 admission. Our findings suggest that a delay of 6 weeks may be adequate to 200 mitigate mortality risk. 201 Much has been discussed about perioperative complications that are associated 202 with simultaneous bilateral TKA. Cardiac complications such as myocardial 203 infarction, arrhythmias, and congestive cardiac failure are some of the common 204 reported cardiac complications following simultaneous bilateral TKAs [23, 33, 39, 205 40]. The cause of this remains unclear; however, the rates of cardiac complication 206 are reported to be higher in patients with pre-existing comorbid medical 207 conditions and in elderly patients (>80 years). It can be postulated that the 208 physiological stress imposed by the simultaneous procedure on this group of high-209 risk patients with presumed suboptimal cardiorespiratory reserve could be the 210 cause of increased complications [41]. This may be attributed to longer length of 211 hypotension secondary to spinal anaesthesia, larger fluid shifts, and potentially 212 greater intraoperative hypoxia or anaemia during hospitalization.

The rates of intensive care unit admission are also reported to be higher with simultaneous bilateral procedures. This might be a reflection of the greater need for monitoring of cardiopulmonary parameters with this procedure, especially in elderly patients. In a study by Bullock et al [33], the rate of intensive care unit admission was observed to be 0.59% in the unilateral group and 3.9% in the bilateral group, with a relative risk of 6.61. Similarly, Ritter et al [31] reported that

the number of intensive care unit care days of simultaneous bilateral TKA weretwice that in unilateral or staged groups.

The rates of blood transfusion in simultaneous bilateral TKA have also been found
to be greater than those in unilateral arthroplasty groups, in varying degrees [34,
42-45].

224 A major strength of the study is the completeness and volume of bilateral 225 procedures analysed. The revision rate of TKA is low; therefore, large numbers are 226 required to have sufficient statistical power to enable a meaningful comparison. 227 This is most easily achieved using data from a large registry. Although the numbers 228 in the subgroups of staged bilateral TKAs are comparatively low, there is a good 229 representation across all states/territories within Australia, with relatively high 230 numbers of surgeons (more than 200 in each group) and hospitals (more than 100 231 in each group) represented in these groups [data not shown but available]. Most 232 studies to date have compared safety, perioperative complications and cost of the 233 surgeries of simultaneous bilateral TKA to staged bilateral TKA. To our knowledge, 234 this represents the first study that has sufficient power to statistically compare 235 revision rates.

The major limitations of this study are the potential for confounding and patient 236 237 selection for bilateral surgery. The risk of revision may be impacted by multiple 238 factors including age, gender, comorbidity, type of prosthesis, surgical expertise 239 and the perceived risk versus benefit of undertaking a revision. While it is likely 240 that some of these factors are equally distributed across groups, it is almost certain 241 that patients chosen to have simultaneous bilateral TKA differ from the population 242 having staged bilateral TKA, as indicated by the lower age and ASA grade. Although 243 the analysis is adjusted for age and gender, more detailed patient demographic 244 data were not analysed beyond age comparison of over and under 65s, fixation 245 and comparison of age and ASA between groups. There is selection bias of patients 246 undergoing simultaneous bilateral TKAs who are younger, healthier, and less 247 medically comorbid. The simultaneous bilateral group would therefore be 248 expected to have a lower 30-day mortality rate than any other group, rather than 249 the contrary finding in our study with a higher mortality rate than all of the other

250 groups. The reasons for this contrary finding are not obvious from the data 251 available on the Registry, particularly in relation to the lower 30-day mortality in 252 the 6 week – 3 month group, and so a plausible explanation for this would be 253 speculation on the authors' part. Further investigation to confirm this finding and 254 explain it are therefore recommended. Other medical complications that do not 255 lead to revision are also not recorded in the registry which limits the outcome used 256 in the analysis to revision or death. There is also the likelihood that some intended 257 bilateral patients died before the second side was performed, which would mean 258 that the differential in 30-day mortality between the same day and staged 259 bilaterals would be less pronounced. This may also partially account for the 260 increased 30-day mortality rate in the unilateral TKA's. However, this is unlikely to 261 account for the entire difference in mortality rate.

#### 262 Conclusion

263 Although there is no difference in revision rates based on the interval of the

second procedure for bilateral primary TKA undertaken within 6 months, the

265 mortality is significantly lower when bilateral procedures are staged and lowest

when the interval is 6 weeks to 3 months. In spite of being younger and fitter, the

267 simultaneous bilateral TKAs have a measurably higher 30-day mortality risk than

268 staged surgery, and surgeons and patients need to decide on a case-by-case basis

269 whether the elevated risk of bilateral surgery is outweighed by patient-specific

benefits. .

#### 272 Ethics, funding and conflicts of interest

- 273 No ethical approval was required for this registry study. There were no external
- 274 sources of funding and none of the authors had any conflicts of interests
- 275 specifically for this project.
- 276 This research did not receive any specific grant from funding agencies in the public,
- 277 commercial, or not-for-profit sectors.

279 280	References
281 282 283	1. Davis MA, Ettinger WH, Neuhaus JM, Cho SA, Hauck WW. The association of knee injury and obesity with unilateral and bilateral osteoarthritis of the knee. Am J Epidemiol 1989; 130 (2): 278-88
284 285 286	2. Ritter MA, Carr KD, Keating EM, Faris PM. Long-term outcomes of contralateral knees after unilateral total knee arthroplasty for osteoarthritis. J Arthroplasty 1994; 9 (4): 347-9
287 288 289	3. Mont MA, Mitzner DL, Jones LC, Hungerford DS. History of the contralateral knee after primary knee arthroplasty for osteoarthritis. Clin Orthop Relat Res 1995; (321): 145-50
290 291 292 293	4. Memtsoudis SG, Gonzalez Della Valle A, Besculides MC, Gaber L, Sculco TP. In- hospital complications and mortality of unilateral, bilateral, and revision TKA: based on an estimate of 4,159,661 discharges. Clin Orthop Relat Res 2008; 466 (11): 2617-27
294 295	5. Parvizi J, Rasouli MR. Simultaneous-bilateral TKA: double trouble - affirms. J Bone Joint Surg [Br] 2012; 94 (11 Suppl A): 90-2
296 297 298	6. Restrepo C, Parvizi J, Dietrich T, Einhorn TA. Safety of simultaneous bilateral total knee arthroplasty. A meta-analysis. J Bone Joint Surg [Am] 2007; 89 (6): 1220- 6
299 300 301	7. Barrett J, Baron JA, Losina E, Wright J, Mahomed NN, Katz JN. Bilateral total knee replacement: staging and pulmonary embolism. J Bone Joint Surg [Am] 2006; 88 (10): 2146-51
302 303 304 305	8. Meehan JP, Danielsen B, Tancredi DJ, Kim S, Jamali AA, White RH. A population- based comparison of the incidence of adverse outcomes after simultaneous- bilateral and staged-bilateral total knee arthroplasty. J Bone Joint Surg [Am] 2011; 93 (23): 2203-13
306 307 308	9. Walmsley P, Murray A, Brenkel IJ. The practice of bilateral, simultaneous total knee replacement in Scotland over the last decade. Data from the Scottish Arthroplasty Project. Knee 2006; 13 (2): 102-5
309 310 311	10. Stefansdottir A, Lidgren L, Robertsson O. Higher early mortality with simultaneous rather than staged bilateral TKAs: results from the Swedish Knee Arthroplasty Register. Clin Orthop Relat Res 2008; 466 (12): 3066-70
312 313 314	11. Sheth DS, Cafri G, Paxton EW, Namba RS. Bilateral Simultaneous vs Staged Total Knee Arthroplasty: A Comparison of Complications and Mortality. J Arthroplasty 2016; 31 (9 Suppl): 212-6

315 316 317	12. Fu D, Li G, Chen K, Zeng H, Zhang X, Cai Z. Comparison of clinical outcome between simultaneous-bilateral and staged-bilateral total knee arthroplasty: a systematic review of retrospective studies. J Arthroplasty 2013; 28 (7): 1141-7
318 319 320	13. Seol JH, Seon JK, Song EK. Comparison of postoperative complications and clinical outcomes between simultaneous and staged bilateral total knee arthroplasty. J Orthop Sci 2016; 21 (6): 766-9
321 322 323	14. Hu J, Liu Y, Lv Z, Li X, Qin X, Fan W. Mortality and morbidity associated with simultaneous bilateral or staged bilateral total knee arthroplasty: a meta-analysis. Arch Orthop Trauma Surg 2011; 131 (9): 1291-8
324 325 326	15. Poultsides LA, Triantafyllopoulos GK, Memtsoudis SG, Do HT, Alexiades MM, Sculco TP. Perioperative Morbidity of Same-Day and Staged Bilateral Total Hip Arthroplasty. J Arthroplasty 2017:
327 328 329	16. Poultsides L, Memtsoudis S, Gonzalez Della Valle A, De Martino I, Do HT, Alexiades M, Sculco T. Perioperative morbidity and mortality of same-day bilateral TKAs: incidence and risk factors. Clin Orthop Relat Res 2014; 472 (1): 111-20
330 331 332	17. Lin AC-C, Chao E, Yang C-M, Wen H-C, Ma H-L, Lu T-C. Costs of staged versus simultaneous bilateral total knee arthroplasty: a population-based study of the Taiwanese National Health Insurance Database. J Orthop Surg Res 2014; 9 (1): 59
333 334 335	18. Stubbs G, Pryke SE, Tewari S, Rogers J, Crowe B, Bridgfoot L, Smith N. Safety and cost benefits of bilateral total knee replacement in an acute hospital. ANZ J Surg 2005; 75 (9): 739-46
336 337 338	19. Houdek MT, Wyles CC, Watts CD, Wagner ER, Sierra RJ, Trousdale RT, Taunton MJ. Single-Anesthetic Versus Staged Bilateral Total Hip Arthroplasty. A Matched Cohort Study. J Bone Joint Surg [Am] 2017; 99 (1): 48-54
339 340	20. Jankiewicz JJ, Sculco TP, Ranawat CS, Behr C, Tarrentino S. One-stage versus 2- stage bilateral total knee arthroplasty. Clin Orthop Relat Res 1994; (309): 94-101
341 342 343	21. Stanley D, Stockley I, Getty CJ. Simultaneous or staged bilateral total knee replacements in rheumatoid arthritis. A prospective study. J Bone Joint Surg [Br] 1990; 72 (5): 772-4
344 345 346 347 348	22. March LM, Cross M, Tribe KL, Lapsley HM, Courtenay BG, Cross MJ, Brooks PM, Cass C, Coolican M, Neil M, Pinczewski L, Quain S, Robertson F, Ruff S, Walter W, Zicat B. Two knees or not two knees? Patient costs and outcomes following bilateral and unilateral total knee joint replacement surgery for OA. Osteoarthritis Cartilage 2004; 12 (5): 400-8
349 350	23. Hutchinson JR, Parish EN, Cross MJ. A comparison of bilateral uncemented total knee arthroplasty: simultaneous or staged? J Bone Joint Surg [Br] 2006; 88 (1): 40-3

- 351 24. McLaughlin TP, Fisher RL. Bilateral total knee arthroplasties. Comparison of
- simultaneous (two-team), sequential, and staged knee replacements. Clin OrthopRelat Res 1985; (199): 220-5
- 25. Ritter MA, Harty LD, Davis KE, Meding JB, Berend M. Simultaneous bilateral,
- staged bilateral, and unilateral total knee arthroplasty. A survival analysis. J Bone
  Joint Surg [Am] 2003; 85-a (8): 1532-7
- 357 26. Tanavalee A, Thiengwittayaporn S, Ngarmukos S, Siddhiphongse B.
- 358 Contralateral total knee arthroplasty after unilateral surgery in bilateral varus
- 359 gonathrosis. J Med Assoc Thai 2004; 87 (8): 902-9
- 360 27. Yoon H-S, Han C-D, Yang I-H. Comparison of simultaneous bilateral and staged
  361 bilateral total knee arthroplasty in terms of perioperative complications. J
  362 Arthroplasty 2010; 25 (2): 179-85
- 363 28. Australian Orthopaedic Association National Joint Replacement Registry.364 Annual Report. Adelaide. 2013
- 365 29. Graves SE, Davidson D, Ingerson L, Ryan P, Griffith EC, McDermott BF, McElroy
- 366 HJ, Pratt NL. The Australian Orthopaedic Association National Joint Replacement
  367 Registry. Med J Aust 2004; 180 (5 Suppl): S31-S4
- 368 30. Parvizi J, Sullivan TA, Trousdale RT, Lewallen DG. Thirty-day mortality after total
  369 knee arthroplasty. J Bone Joint Surg [Am] 2001; 83-a (8): 1157-61
- 31. Ritter M, Mamlin LA, Melfi CA, Katz BP, Freund DA, Arthur DS. Outcome
  implications for the timing of bilateral total knee arthroplasties. Clin Orthop Relat
  Res 1997; (345): 99-105
- 373 32. Mangaleshkar SR, Prasad PS, Chugh S, Thomas AP. Staged bilateral total knee
  374 replacement--a safer approach in older patients. Knee 2001; 8 (3): 207-11
- 375 33. Bullock DP, Sporer SM, Shirreffs TG, Jr. Comparison of simultaneous bilateral
  376 with unilateral total knee arthroplasty in terms of perioperative complications. J
  377 Bone Joint Surg [Am] 2003; 85-a (10): 1981-6
- 378 34. Hart A, Antoniou J, Brin YS, Huk OL, Zukor DJ, Bergeron SG. Simultaneous
- 379 Bilateral Versus Unilateral Total Knee Arthroplasty: A Comparison of 30-Day
- 380 Readmission Rates and Major Complications. J Arthroplasty 2016; 31 (1): 31-5
- 381 35. Gradillas EL, Volz RG. Bilateral total knee replacement under one anesthetic.
  382 Clin Orthop Relat Res 1979; (140): 153-8
- 383 36. Forster MC, Bauze AJ, Bailie AG, Falworth MS, Oakeshott RD. A retrospective
  384 comparative study of bilateral total knee replacement staged at a one-week
  385 interval. J Bone Joint Surg [Br] 2006; 88 (8): 1006-10
- 386 37. Hashmi FR, Barlas K, Mann CF, Howell FR. Staged bilateral hip or knee
- 387arthroplasties. J Orthop Surg (Hong Kong) 2007; 15 (2): 159-62

- 388 38. Memtsoudis SG, Hargett M, Russell LA, Parvizi J, Cats-Baril WL, Stundner O,
- 389 Sculco TP. Consensus Statement from the Consensus Conference on Bilateral Total
- 390 Knee Arthroplasty Group. Clin Orthop Relat Res 2013; 471 (8): 2649-57
- 391 39. Adili A, Bhandari M, Petruccelli D, De Beer J. Sequential bilateral total knee
- arthroplasty under 1 anesthetic in patients > or = 75 years old: complications and
   functional outcomes. J Arthroplasty 2001; 16 (3): 271-8
- 40. Lombardi AV, Mallory TH, Fada RA, Hartman JF, Capps SG, Kefauver CA, Dodds
  K, Adams JB. Simultaneous bilateral total knee arthroplasties: who decides? Clin
- 396 Orthop Relat Res 2001; (392): 319-29
- 41. Pavone V, Johnson T, Saulog PS, Sculco TP, Bottner F. Perioperative morbidity
  in bilateral one-stage total knee replacements. Clin Orthop Relat Res 2004; (421):
  155-61
- 400 42. Slover J, Lavery JA, Schwarzkopf R, Iorio R, Bosco J, Gold HT. Incidence and Risk
- 401 Factors for Blood Transfusion in Total Joint Arthroplasty: Analysis of a Statewide
- 402 Database. J Arthroplasty 2017:
- 403 43. Nichols Cl, Vose JG. Comparative Risk of Transfusion and Incremental Total
- 404 Hospitalization Cost for Primary Unilateral, Bilateral, and Revision Total Knee
- 405 Arthroplasty Procedures. J Arthroplasty 2016; 31 (3): 583-9.e1
- 406 44. Zhao YT, Chu HJ, Heng DF, Lei J. Comparison of the effectiveness and safety of
  407 one-stage versus two-stage bilateral total knee arthroplasty. Acta Orthop Belg
  408 2015; 81 (4): 784-9
- 409 45. Lane GJ, Hozack WJ, Shah S, Rothman RH, Booth RE, Jr., Eng K, Smith P.
- 410 Simultaneous bilateral versus unilateral total knee arthroplasty. Outcomes
- 411 analysis. Clin Orthop Relat Res 1997; (345): 106-12

0

#### **Table and Figure Legends**

**Table 1:** Demographics for each group. Patient numbers are reported.

**Table 2:** Yearly Cumulative Percent Revision of Primary Total Knee Replacement (Primary Diagnosis OA) with all primary TKA for OA for comparison [46].

Table 3: Most Common Revision Diagnoses of Primary Total Knee Replacement (Primary Diagnosis OA).

**Table 4:** Hazard ratios (95% CIs) of revision rates for various staged interval bilaterals compared with simultaneousbilaterals (with p-values) with reasons for revision of loosening/lysis or infection.

Table 5: Type of Revision of Primary Total Knee Replacement (Primary Diagnosis OA).

 Table 6: 30-day Mortality (Cumulative Percent Survival (CPS)) following Bilateral Primary Total Knee Replacements

 by Group (Primary Diagnosis OA).

Figure 1: Cumulative Percent Revision of Primary Total Knee Replacement (Primary Diagnosis OA).

Figure 2: Cumulative Incidence Revision Diagnosis of Primary Total Knee Replacement (Primary Diagnosis OA)

**Table 1:** Demographics for each group. Patient numbers are reported.

	Bilateral	Bilateral	Bilateral	Bilateral
N	23136	1 day-6wкs 1262	<b>6WKS-3MTNS</b>	<b>3mths-6mths</b> 9051
	23130	1202	2030	5031
Gender				
Male	12449 (53.8%)	691 (54.8%)	1478 (56.0%)	4388 (48.5%)
Female	10687 (46.2%)	571 (45.2%)	1160 (44.0%)	4663 (51.5%)
Age				Q
<55	2284 (9.9%)	152 (12.0%)	241 (9.1%)	544 (6.0%)
55-64	8526 (36.9%)	481 (38.1%)	886 (33.6%)	2554 (28.2%)
65-74	8979 (38.8%)	420 (33.3%)	996 (37.8%)	3628 (40.1%)
≥75	3347 (14.5%)	209 (16.6%)	515 (19.5%)	2325 (25.7%)
ASA*				
Ν	7000	309	726	2069
1	777 (11.1%)	28 (9.1%)	41 (5.6%)	99 (4.8%)
2	4531 (64.7%)	185 (59.9%)	415 (57.2%)	1104 (53.4%)
3	1651 (23.6%)	93 (30.1%)	259 (35.7%)	842 (40.7%)
4	41 (0.6%)	3 (1.0%)	11 (1.5%)	24 (1.2%)
		$\boldsymbol{\mathcal{L}}$		
BMI*				
Ν	2626	127	245	535
Underweight	285 (10.9%)	12 (9.4%)	33 (13.5%)	69 (12.9%)
Normal	263 (10.0%)	6 (4.7%)	15 (6.1%)	45 (8.4%)
Pre-Obese	775 (29.5%)	44 (34.6%)	52 (21.2%)	140 (26.2%)
Obese Class 1	772 (29.4%)	28 (22.0%)	74 (30.2%)	106 (19.8%)
Obese Class 2	361 (13.7%)	20 (15.7%)	37 (15.1%)	98 (19.0%)
Obese Class 3	170 (6.5%)	17 (13.4%)	34 (13.9%)	77 (25.8%)

\*ASA has only been recorded for procedures since 2012; BMI has only been recorded since 2015. ASA and BMI are based on the first procedure.

**Table 2:** Yearly Cumulative Percent Revision of Primary Total Knee Replacement (Primary Diagnosis OA) with allprimary TKA for OA for comparison [46].

Group	N	N Total	1 Yr	3 Yrs	5 Yrs	7 Yrs	10 Yrs	13 Yrs
	Revised							
Bilateral same day	1028	23136	1.2 (1.1, 1.4)	3.1 (2.9, 3.3)	4.4 (4.1, 4.7)	5.6 (5.2, 6.0)	7.4 (6.9, 8.0)	9.9 (9.0, 10.8)
Bilateral 1 day–6 wk	65	1262	1.4 (0.9, 2.3)	4.0 (3.0, 5.3)	4.9 (3.7, 6.4)	6.0 (4.6, 7.8)	7.6 (5.7, 9.9)	10.5 (7.2, 15.3)
Bilateral 6wk–3mths	108	2638	1.3 (0.9, 1.8)	2.9 (2.3, 3.7)	4.2 (3.4, 5.2)	5.1 (4.1, 6.3)	6.6 (5.3, 8.2)	7.9 (6.2, 10.0)
Bilateral 3mths-6mths	411	9051	1.3 (1.1, 1.5)	3.3 (2.9, 3.7)	4.5 (4.0, 5.0)	5.6 (5.1, 6.3)	7.0 (6.3, 7.8)	9.0 (7.8, 10.3)
Total	1612	36087						
All primary OA TKA*	17213	482373 (knees)	1.0 (1.0, 1.1)	2.7 (2.7, 2.8)	3.6 (3.6, 3.7)	4.4 (4.3, 4.4)	5.3 (5.2, 5.4)	7.3 (7.1, 7.6)

Note: \*all bilateral procedures are reported at the patient level (i.e. one patient is two knees) and so risk of revision to either knee is higher than for a single knee (majority of primary OA TKA)

#### Table 3: Most Common Revision Diagnoses of Primary Total Knee Replacement (Primary Diagnosis OA).

	Bilateral Same Day		Bi	Bilateral 1day-6wks		Bilateral 6wks-3mths			Bilateral 3mths-6mths			
Revision Diagnosis	N	% Revision	% Primary	N	% Revision	% Primary	N	% Revision	% Primary	N	% Revision	% Primary
Loosening/Lysis	298	29.0	1.3	20	30.8	1.6	35	32.4	1.3	115	28.0	1.3
Infection	241	23.4	1.0	15	23.1	1.2	33	30.6	1.3	132	32.1	1.5
Patellofemoral Pain	171	16.6	0.7	11	16.9	0.9	14	13.0	0.4	57	13.8	0.7
Instability	69	6.7	0.3	1	1.5	0.1	5	4.6	0.2	26	6.3	0.3
Other	249	24.2	0.1	18	27.7	1.4	21	19.4	0.8	81	19.7	0.9
N Revision	1028	100.0	4.4	65	100.0	5.2	108	100.0	4.1	411	100.0	4.5
N Primary	23136			1262			2638			9051		

AL AND

**Table 4:** Hazard ratios (95% CIs) of revision rates for various staged interval bilaterals compared with simultaneousbilaterals (with p-values) with reasons for revision of loosening/lysis or infection.

	Bilateral same day							
Staged interval	Loosening/lysis	Infection						
1 day – 6 weeks	1.13 (0.72 to 1.78), p=0.586	1.13 (0.72 to 1.78), p=0.586						
6 weeks – 3 months	1.04 (0.73 to 1.48), p=0.812	1.04 (0.73 to 1.48), p=0.812						
3 months – 6 months	1.11 (0.90 to 1.38), p=0.327	1.11 (0.90 to 1.38), p=0.327						

#### Table 5: Type of Revision of Primary Total Knee Replacement (Primary Diagnosis OA).

	Bilateral Same Day		Bila	Bilateral 1day-6wks		Bila	Bilateral 6wks-3mths			Bilateral 3mths-6mths		
Type of Revision	N	% Revision	% Primary	N	% Revision	% Primary	N	% Revision	% Primary	N	% Revision	% Primary
TKR (Tibial/Femoral)	257	25.0	1.1	23	35.4	1.8	31	28.7	1.2	91	22.1	1.0
Insert Only	232	22.6	1.0	12	18.5	1.0	24	22.2	0.9	109	26.5	1.2
Patella Only	182	17.7	0.8	13	20.0	1.0	22	20.4	0.8	63	15.3	0.7
Insert/Patella Patella Only	118	11.5	0.5	6	9.2	0.5	3	2.8	0.1	32	7.8	0.4
Tibial Component	100	9.7	0.4	4	6.2	0.3	12	11.1	0.5	51	12.4	0.6
Femoral Component	71	6.9	0.3	3	4.6	0.2	4	3.7	0.2	18	4.4	0.2
Cement Spacer	59	5.7	0.3	4	6.2	0.3	11	10.2	0.4	42	10.2	0.5
Removal of Prostheses	4	0.4	0.0				1	0.9	0.0	3	0.7	0.0
Insert Only Minor Components*	1	0.1	0.0									
Insert/Patella Insert Only*	1	0.1	0.0									
Minor Components	1	0.1	0.0							1	0.2	0.0
N Revision	1028	100.0	4.4	65	100.0	5.2	108	100.0	4.1	411	100.0	4.5
N Primary	23136			1262			2638			9051		

Note: \*Same day primary bilateral patients revised on the same day. Both types of revision are listed.

**Table 6:** 30-day Mortality (Cumulative Percent Survival (CPS)) following Bilateral Primary Total Knee Replacements

 by Group (Primary Diagnosis OA).

Group	N Death (30 day)	N Patients	% 30-day Deaths	30-day CPS	Logistic regression (age/gender adjusted) p-value
Bilateral Same Day	40	23,136	0.17	99.9 (99.4, 100.0)	Reference
Bilateral 1day-6wks	1	1262	0.08	99.9 (99.9, 100.0)	p=0.441
Bilateral 6wks-3mths	1	2638	0.04	99.9 (99.7, 100.0)	p=0.007
Bilateral 3mths-6mths	6	9051	0.07	99.8 (99.8, 99.9)	p=0.103
All staged 1 day- 6mths	8	12,951	0.06	99.9 (99.8, 100.0)	p=0.0004
TOTAL	48	36,087	0.13		
All primary OA TKA	629	482,373 (knees)	0.13	99.9 (99.8, 99.9)	p=0.095

R

Figure 1: Cumulative Percent Revision of Primary Total Knee Replacement (Primary Diagnosis OA).



Number at Risk	0 Yr	1 Yr	5 Yrs	8 Yrs	10 Yrs	13 Yrs	15 Yrs
Bilateral Same Day	23136	20028	10302	5358	3044	791	91
Bilateral 1day-6wks	1262	1109	626	349	196	50	9
Bilateral 6wks-3mths	2638	2285	1203	650	377	101	3
Bilateral 3mths-6mths	9051	7983	4339	2328	1331	301	17



#### Figure 2: Cumulative Incidence Revision Diagnosis of Primary Total Knee Replacement (Primary Diagnosis OA)