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## 2 **Trophic ecology of three echinoderms in deep waters of the Weddell** 3 **Sea (Antarctica)**

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11 ABSTRACT In the Southern Ocean, the trophic ecology of deep-sea communities is probably  
12 one of the most neglected fields in the discipline. In the present study, the trophic position and  
13 energy storage-mobilization of 3 different deep-sea echinoderms living in the Weddell Sea  
14 (around 1500 m depth) were investigated with indirect tools (i.e. stable isotopes, carbohydrate-  
15 lipid-protein balance, and free fatty acid [FFA] contents). The stalked crinoid *Dumetocrinus*  
16 *antarcticus*, the holothurian *Rhipidothuria racovitzai*, and the ophiuroid *Ophiura carinifera* were  
17 sampled in spring 2003 during a Polarstern cruise. We found that stable isotopes were in line  
18 with previous results of other species ( $\delta^{13}\text{C}$  ranging from  $-24.3\text{‰}$  to  $-26.5\text{‰}$ ;  $\delta^{15}\text{N}$  ranging from  
19  $6.8\text{‰}$  to  $7.9\text{‰}$ ), showing similarities in the trophic position of the 3 echinoderms. The capability  
20 to store energy by these 3 organisms is conspicuous and different, e.g. from 18 to 45% of the  
21 organic matter (OM) consists of lipids. The capability to mobilize energy in the form of  
22 carbohydrates and FFAs among species was also very different (e.g. biomolecules ranging from  
23 9 to 22  $\mu\text{g}$  carbohydrates  $\text{mgOM}^{-1}$  and from 4 to 39  $\mu\text{g}$  FFA  $\text{mgOM}^{-1}$ ). It is suggested that even  
24 if the trophic level is similar in the 3 echinoderms, the strategies to invest the energy inputs in  
25 these deep-sea organisms in polar environments may be quite different.

26 KEY WORDS: Suspension feeders · Deposit feeders · Fatty acids · Stable isotopes · Energy  
27 storage · Antarctica · Biomarkers · Deep sea

## 28 INTRODUCTION

29 An important part of the seasonal primary productivity in Antarctic waters (up to 90% at  
30 the beginning of the blooms in polar waters; Wassmann et al. 1991) arrives almost intact to the  
31 benthic communities, forming food banks (Gutt & Starman 1998, Mincks et al. 2005, Isla et al.  
32 2006a,b). This organic matter fuels the overall system for weeks or months (Holm-Hansen 1985,  
33 Clarke 1988, Piepenburg et al. 1997). In the euphotic zone, twenty to forty intense blooms a year  
34 (produced between late spring and early autumn; Isla et al. 2009) produce a huge amount of  
35 particulate organic matter (POM) that is rapidly transferred to the benthic communities (Lampitt  
36 et al. 1993, Cattaneo-Vietti et al. 1999, Rossi et al. 2013, Gutt et al. 2017). This phenomenon

37 produces a tight benthic–pelagic coupling in Antarctic waters (Ambrose & Renaud 1997, Clough  
38 et al. 2005).

39 The highly diverse Antarctic bottoms (Arntz et al. 1994, Gili et al. 2001, Gili et al. 2006a,  
40 Gutt et al. 2017) hold a huge biomass in which suspension and deposit feeders have a prominent  
41 role. Among these organisms, echinoderms are very abundant and taxonomically diverse,  
42 capturing particles by actively intercepting the main currents, or by detecting and consuming the  
43 primary productivity and its associated microbial and metazoan community from the ocean floor  
44 (Gutt 1991, McClintock 1994, O’Loughlin et al. 2011, Ambroso et al. 2016). In general,  
45 information on the trophic ecology of benthic organisms in Antarctic waters is scarce (Orejas et  
46 al. 2001, Jacob et al. 2003; Gili et al. 2006b, Elias-Piera et al. 2013). Most trophic studies to date  
47 have been carried out in the Antarctic Peninsula and on the Weddell Sea continental shelf (150–  
48 2000 m depth) (McClintock 1994, Dahm 1999, Jacob et al. 2003, Purinton et al. 2008, Corsolini  
49 & Borghesi 2017), thus trophic ecology information for the deep-sea areas of the Weddell Sea is  
50 still very scarce (Jacob et al. 2003).

51 These deep areas may also have an important presence of benthic suspension or deposit  
52 feeders (Brandt et al. 2007a,b; Gutt et al. 2017), but the trophic ecology of these organisms can  
53 only be guessed at, because very few studies have been made to date (see Frutos et al. 2017, Gutt  
54 et al. 2017). During the ANT XXI-2 'Polarstern' cruise (2003–2004), 3 different echinoderms  
55 were observed forming quite dense patches at 1500 m depth: the stalked crinoid *Dumetocrinus*  
56 *antarcticus* (Bather, 1908), the holothurian *Rhipidothuria racovitzai* (Hérouard, 1901), and the  
57 ophiuroid *Ophiura (Ophiuroglypha) carinifera* (Koehler, 1901). This suggests that primary  
58 productivity may also reach these deep zones in sufficient quantity to fuel these communities.

59 The stalked crinoid is a suspension feeder, fixed on the substrate (Macurda & Meyer  
60 1974). Its body shape and morphology indicates that this animal is adapted to intercept particles  
61 from the water column, as in other suspension-feeding species (Orejas et al. 2001). Like other  
62 suspension feeders, it therefore depends on the quantity and quality of the water column seston  
63 particles to feed (Gili & Coma 1998). Other echinoderms may actively search for food in the  
64 food banks ('green carpets'; Mincks et al. 2005), which may be sparse in different areas. We do  
65 not have precise information about the trophic ecology of the holothurian, but it may be a deposit  
66 feeder, detecting and feeding on these degrading phytoplankton carpets present in the sediment  
67 (Gutt 1991, McClintock et al. 1994). Ophiuroids can be considered intermediate strategists  
68 between suspension feeding and deposit feeding (Gutt et al. 2017): they may be highly  
69 concentrated in soft bottoms where detritus is available, filtering the resuspended material  
70 (Piepenburg et al. 1997), and actively moving from patch to patch of detritus, taking advantage  
71 of the asymmetric distribution of organic matter (OM) in the soft bottom substrates (Piepenburg  
72 & Juterzenka 1994).

73 In areas like the deep Antarctic benthos which are logistically difficult to access, direct  
74 tools (e.g. stomach contents, feeding experiments) are not a practical method to obtain a  
75 complete picture of the energy fluxes (Gili et al. 2006b). However, indirect methods, such as the  
76 integration of results for multiple biomarkers (e.g. stable isotopes, biochemical balance, and fatty  
77 acids) assessed in combination, have proven very useful in elucidating the trophic ecology of  
78 benthic organisms (e.g. Gori et al. 2012, Elias-Piera et al. 2013, Viladrich et al. 2017). The use of  
79 identifiable molecular biomarkers, which pass from food sources to the consumer, is also useful  
80 to detect soft-bodied microscopic prey, such as bacteria, phytoplankton, ciliates and flagellates  
81 (Rossi et al. 2006c). Using such indirect tools allows identification of food sources, trophic

82 position of the organisms, the ecosystem's capability to store energy, or even the effects of  
83 environmental changes integrated over time (Viladrich et al. 2016a,b). For example, the  
84 proportions of carbon ( $\delta^{13}\text{C}$ ) and nitrogen ( $\delta^{15}\text{N}$ ) stable isotopes may vary with nutrient source  
85 and trophic level of consumers. Stable isotope analysis has been successfully used to elucidate  
86 food source partitioning, and food web dynamics (Jacob et al. 2005, Mincks et al. 2008, Søreide  
87 et al. 2008, Elias-Piera et al. 2013). Also, overall fatty acid (FA) composition and specific FAs  
88 used as trophic markers can help to elucidate trophic relationships in food webs and quantify  
89 available mobilisable lipids (free fatty acids [FFAs]; Viladrich et al. 2016a,b). Finally, many  
90 organisms commonly use energy storage to cope with seasonal food shortages: protein,  
91 carbohydrate, and lipid levels may reflect food shortages in benthic aquatic organisms (Rossi et  
92 al. 2006a,b). Benthic–pelagic coupling processes may be thus studied using these indirect tools  
93 (Rossi et al. 2017).

94 Improving knowledge of the trophic ecology of deep-sea organisms, especially in  
95 Antarctic waters, will help in the understanding of biodiversity and ecosystem functioning in this  
96 remote area. In the present study, the 3 abovementioned echinoderm species were collected and  
97 analysed for stable isotopes, FFAs and biochemical balance (protein, lipid and carbohydrate  
98 content) to explore their trophic ecology in late spring Antarctic conditions. In this time of the  
99 year, food banks are almost depleted (Isla et al. 2011) and the cycle of primary productivity starts  
100 again. The study will be a key point to understand future changes in the trophic ecology of these  
101 considered important contributors of the biomass in Antarctica (Brey & Gerdes 1998) in a fast-  
102 changing area.

## 103 MATERIALS AND METHODS

### 104 Sampling area and sampled species

105 The sampling area was located in the southwestern Weddell Sea, around 1500 m depth  
106 (Fig. 1;  $70^{\circ}7.88'\text{S}$ ;  $11^{\circ}21.56'\text{W}$ ).

107 The 3 echinoderm species sampled belong to 3 different classes: *Rhipidothuria racovitzai*  
108 is a holothurian, *Dumetocrinus antarcticus* is a crinoid, and *Ophiura carinifera* is an ophiuroid.  
109 In a bottom trawl made using an Agassiz Trawl, these were among the more abundant species  
110 found in the deep platform, and the only 3 echinoderm species found at that time in this sampling  
111 (Arntz & Brey 2005). Also, the camera used in the Multi-Box Core (Arntz & Brey 2005)  
112 recorded the presence of these 3 echinoderms as the more abundant species (D. Gerdes & W. E.  
113 Arntz pers. comm.). Once collected, the animals (10–20 per species) were immediately frozen (–  
114  $80^{\circ}\text{C}$ ) and freeze-dried (at  $-110^{\circ}\text{C}$  and a pressure of 5 mbar), and then stored at  $-20^{\circ}\text{C}$  pending  
115 biochemical analysis.

### 116 Stable isotope analysis

117 Four replicates of freeze-dried holothurian tissue, ophiuroid and crinoid arms were  
118 weighed with a microbalance (Mettler Toledo, model XS3DU). Around 0.50 to 0.60 mg of  
119 freeze dried samples were used for this analysis.

120 The samples were slightly acidified with 10% HCl to remove carbonates, which can bias  
121  $\delta^{13}\text{C}$  signatures (Jacob et al. 2005), following protocols from McConnaughey & McRoy (1979),  
122 Hobson & Welch (1992) and Jacob et al. (2005).

123 The  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  stable isotope analyses were performed with a mass spectrometer  
124 (Flash EA 1112 HT O/H-N/C), following the same procedure as previously described in Elias-  
125 Piera et al. (2013). Isotopic ratios are expressed as parts per thousand (‰) (difference from a  
126 standard reference material) according to the following equation:

$$127 \quad \delta X = [(R_{\text{sample}}/R_{\text{standard}}) - 1] \times 10^3$$

128 where  $X$  is  $^{13}\text{C}$  or  $^{15}\text{N}$  and  $R$  is the corresponding ratio  $^{13}\text{C}/^{12}\text{C}$  or  $^{15}\text{N}/^{14}\text{N}$ .  $R_{\text{standard}}$  values  
129 for  $^{13}\text{C}$  and  $^{15}\text{N}$  are from PeeDee Belemnite (PDB) and atmospheric  $\text{N}_2$ , respectively.

### 130 **Organic matter content and biochemical balance**

131 The OM content and the lipid analysis were calculated by sub-sampling 35 to 50 mg of  
132 holothurian tissue, ophiuroid and crinoid arms (10 per species). Samples were combusted at  
133  $500^\circ\text{C}$  for 4 h in a muffle furnace (Relp 2H-M9). The remaining inorganic ash was weighed. The  
134 difference between dry weight (DW) and ash weight gave the OM content (ash-free dry weight)  
135 (Slattery & McClintock 1995, Rossi et al. 2006a,b).

136 The lipid analyses were performed spectrophotometrically and were quantified according  
137 to Barnes & Blackstock (1973) in 10 samples per species. Around 11 mg DW of holothurian  
138 tissue, around 35 mg DW of crinoid arms, and around 66 mg DW of ophiuroid arms were  
139 homogenised in 3 ml of chloroform–methanol (2:1 v/v), using cholesterol as a standard  
140 (absorbance vs. concentration). Results are presented in  $\mu\text{g}$  lipid (Lip)  $\text{mgOM}^{-1}$  (Rossi et al.  
141 2006a, Elias-Piera et al. 2013).

142 Protein and carbohydrate analyses were performed applying spectrophotometric  
143 methodologies (10 samples per species and analytical procedure): 8 to 11.5 mg tissue DW was  
144 weighed in a microbalance (precision:  $\pm 0.01$  mg) for each analysis (Rossi et al. 2006a, Elias-  
145 Piera et al. 2013). The Lowry et al. (1951) method was followed for protein analysis. The tissue  
146 was homogenised in 1 ml, 1 N NaOH, using albumin as a standard (absorbance vs.  
147 concentration). Carbohydrate content of tissues was analysed and quantified following Dubois et  
148 al. (1956). Each tissue was weighed and homogenised in 3 ml of double distilled water, using  
149 glucose as a standard (absorbance vs concentration). Results are presented in  $\mu\text{g}$  protein (Prot)  
150  $\text{mgOM}^{-1}$  and  $\mu\text{g}$  carbohydrate (CHO)  $\text{mgOM}^{-1}$ .

### 151 **Fatty acid analysis**

152 Holothurian tissue, ophiuroid and crinoid arms were analysed with gas chromatography  
153 to identify and quantify FFAs. Around 11 and 15 mg DW of 4 replicates of holothurian arms, 4  
154 of ophiuroid arms and 6 of crinoid arms were extracted with dichloromethane–methanol (3:1).  
155 An internal standard (250  $\mu\text{l}$  of 2-octyldodecanoic acid,  $5\beta$ -cholanic acid, 2-nonadecanone and  
156 hexatriacontane) was added. The extract was re-dissolved in 0.5 ml of chloroform and passed  
157 through a 500 mg aminopropyl mini-column (Waters Sep-Pak® Cartridges). The FFA fraction  
158 was dried with nitrogen flux and then methylated using a solution of methanol/ $\text{BF}_3$  (20% of  $\text{BF}_3$   
159 diluted in methanol) heated at  $90^\circ\text{C}$  for 1 h. Subsequently, 4 ml of Milli-Q water saturated with  
160 NaCl was added and FAs were recovered as fatty acid methyl esters (FAMES). FAMES were  
161 analysed by gas chromatography (GC; Agilent 5890 Series II instrument equipped with a flame  
162 ionization detector and a splitless injector) and were identified by retention time in comparison  
163 with standard FAs (37 FAME compounds, Supleco® Mix  $\text{C}_4$ – $\text{C}_{24}$ ). FA quantification was

164 performed through peak area integration in the GC traces (Chromquest 4.1 software). Results are  
165 presented in  $\mu\text{g FFA mgOM}^{-1}$ .

166 The present protocol, with slight changes, has been previously used with different  
167 biological material (Rossi & Fiorillo 2010, Gori et al. 2012, Rossi et al. 2013, Elias-Piera 2014,  
168 Viladrich et al. 2016a,b, 2017).

## 169 **Statistical analyses**

170 Analyses of potential differences in stable isotopic signature ( $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$ ) and lipid-  
171 protein-carbohydrate composition between species were performed with a 1-way ANOVA test  
172 (R-language function 'aov') and a post-hoc Tukey test (R-language function 'TukeyHSD') with  
173 a significance level of  $p < 0.05$ . Data were previously analysed by the Shapiro-Wilk ( $p = 0.1$ )  
174 and Levene's Test ( $p = 0.05$ ) (R language function 'Shapiro.test' and 'LeveneTest') to test  
175 normality and homogeneity of variances, respectively. Data met the criteria for parametric  
176 analysis after logarithmic transformation.

177 Analysis of similarity (ANOSIM; analogous to 1-way ANOVA) was conducted, and a  
178 principal components analysis (PCA) was performed to investigate which FAs were more  
179 representative in terms of abundance in the different echinoderms using the R-language function  
180 'rda' (vegan library). The PCA was constructed using logarithmically transformed FA  
181 compositional data.

182 A multi-dimensional scaling (MDS) analysis using the PRIMER software was applied to  
183 investigate similarities (Bray-Curtis similarity) between the 3 species according the FAs. A  
184 SIMPER analysis using the FFAs was also conducted to evaluate the relative contribution of FAs  
185 to the dissimilarity of each species.

## 186 **RESULTS**

### 187 **Stable isotopes**

188 Fig. 2 shows the stable isotope proportion of the 3 species. The  $\delta^{13}\text{C}$  values of the 3  
189 echinoderms ranged from  $-24.3$  to  $-26.5\%$ , but only the crinoid's value was significantly  
190 different from that of the other 2 species ( $F_{9,2} = 79.63$ ,  $p < 0.001$ ). The  $\delta^{15}\text{N}$  values were similar  
191 among species, ranging from  $6.8$  to  $7.9\%$ . The only difference was between the holothurian and  
192 the crinoid ( $F_{9,2} = 6.84$ ,  $p = 0.0156$ ).

### 193 **Carbohydrates, proteins and lipids**

194 Fig. 3 shows the biochemical balance (carbohydrate, protein and lipid content of the  
195 organic matter tissue). In Fig. 3A, carbohydrate concentration values of the 3 species are shown  
196 and ranged between  $9$  and  $22 \mu\text{gCHO mgOM}^{-1}$ . The carbohydrate, protein and lipid  
197 concentrations in the holothurian tissues were more than twice those of the other 2 studied  
198 species, being significantly different from them ( $F_{27,2} = 44.35$ ,  $p < 0.001$ ).

199 Fig. 3B shows the total protein content of the 3 species: this ranged from  $159$  to  $211$   
200  $\mu\text{gProt mgOM}^{-1}$ , but none of the differences were significant ( $F_{27,2} = 2.98$ ,  $p = 0.0668$ ).

201 Values of total lipids are shown in Fig. 3C and range between  $179$  and  $448 \mu\text{gLip}$   
202  $\text{mgOM}^{-1}$ . All the echinoderm species had high lipid concentrations, the highest value being

203 found in the holothurian. Both the holothurian and the crinoid had significantly higher  
204 concentrations of total lipids than the ophiuroid ( $F_{22,2} = 21.14$ ,  $p < 0.001$ ).

## 205 **Fatty acid analyses**

206 The total concentration of FFAs was significantly higher in the holothurian than the other  
207 2 studied species (Fig. 4). In fact, the difference is around one order of magnitude higher in this  
208 organism than the sessile crinoid and the ophiuroid.

209 The proportions of the different groups of FFA in the 3 species are shown in Fig. 5.  
210 Except for the crinoid, polyunsaturated (PU)FAs were the most prominent FFAs found in this  
211 study, while saturated (S)FAs generally showed the lowest proportions of the totals. In the  
212 holothurian there was an increasing gradient from SAFA to mono-unsaturated (MU)FA to  
213 PUFA. The different FFAs were quite balanced in the sessile crinoid. In the ophiuroid, PUFAs  
214 were especially abundant.

215 In the 3 species, the 20:4(n-6) was the most prominent FFA (Fig. 6). Almost 30% of the  
216 FFA in the ophiuroid is 20:4(n-6), being more than 15% in the other 2 echinoderm species. The  
217 16:1(n-9) was abundant in holothurian and crinoid, but almost not present in the ophiuroid. The  
218 proportions (in%) of 22:6(n-3) had very asymmetric values among the 3 studied species, being  
219 very abundant in holothurian but only slightly above 0% and 5% in the other 2 species. The  
220 22:1(n-9) —derived from the 18:1(n-9)—represents around 10% in the sessile crinoid, but was  
221 almost non-existent in the other 2 species. The 24:1(n-9), derived from the 22:1(n-9), was only  
222 present in moderate amounts in the holothurian and the crinoid. Long-chain FFAs, e.g. 24:4(n-6)  
223 and 24:5(n-3), were especially notable in the ophiuroid.

224 The 3 species exhibited significant species-specific differences in FA composition  
225 (ANOSIM,  $p < 0.01$ ). The PCA applied to the different FFAs clearly distinguishes the 3 different  
226 species (Fig. 7); the same result appears on the MDS analysis taking into account 40% similarity  
227 (data not shown). The first 2 principal components (PC1 and PC2) accounted for 34.6% and  
228 40.7% of the FA variation, respectively. For the crinoid and the ophiuroid, the FAs that mainly  
229 separate these species were the 20:2 (abundant in the ophiuroid at 11.5%) and the 22:1 (abundant  
230 in the crinoid at 9.9%). The holothurians were significantly different from the other 2 species,  
231 even though the most abundant FAs were the same in all 3 species: – 20:4(n-6) and 20:5(n-3).

232 From the SIMPER analysis, there was 80.18% dissimilarity between the holothurian and  
233 the crinoid and 89.95% dissimilarity between the holothurian and ophiuroid. The FA 22:6  
234 contributed 10.61 and 10.14% to the dissimilarity, respectively. Other FAs making major  
235 contributions to the 2 dissimilarities were 20:4(n-6) (contributing 9.48 and 8.91%, respectively),  
236 16:0 (6.08 and 6.54%), and 16:1 (6.05 and 6.32%). The dissimilarity between crinoid and  
237 ophiuroid was 50.95%, mainly due to the FAs 16:0 (9.29% contribution), 20:4(n-6) (8.65%),  
238 16:1 (6.22%) and 22:1 (6.0%).

## 239 **DISCUSSION**

240 The present study shows that, although the trophic position of the 3 echinoderm species  
241 seems to be similar, there are significant differences among the holothurian (*Rhipidothuria*  
242 *racovitzai*), the crinoid (*Dumetocrinus antarcticus*), and the ophiuroid (*Ophiura carinifera*)  
243 storage and mobilization of lipids and carbohydrates in spring.

244 Carbon stable isotopes corroborate the fact that the source of food are the recurrent  
245 phytoplankton blooms (Jacob et al. 2006, Mintenbeck et al. 2007, Mincks et al. 2008, Elias-Piera  
246 et al. 2013). Such primary productivity may arrive almost intact to the bottom (to the continental  
247 platform, 300–400 m depth; Rossi et al. 2013) and possibly in large quantities to the deep sea  
248 (Shimanaga & Shiriyama 2000). The trophic position of the 3 organisms is quite similar to other  
249 suspension-feeding organisms (e.g. Antarctic gorgonians), having similar diets (Elias-Piera et al.  
250 2013). The mixture of phytoplankton and reworked material (in which rotifers, copepods, ciliates  
251 and other fauna may be living) could be responsible for the elevated  $\delta^{15}\text{N}$  values. These high  
252 values are also present in holothurians of shallow warm temperate seas (Grall et al. 2006, Carlier  
253 et al. 2007), and other deep-sea holothurians (Fanelli et al. 2011).

254 Of the FFAs found in the 3 species, the most dominant is the 20:4(n-6), with the 18:1(n-  
255 9) and longer-chained ( $\text{C}_{24}$ ) FAs also non-negligible. These fatty acids have been identified with  
256 an omnivorous diet (Graeve et al. 2001, Suhr et al. 2003, Würzberg et al. 2011), which is in line  
257 with the  $\delta^{15}\text{N}$  values. The omnivore/carnivore diet is also evidenced by the 20:1 and 22:1  
258 (Drazen et al. 2008). This seems to confirm that these organisms feed not only on the microalgae  
259 found in the food banks, but also on the associated biota – i.e. micro-organisms (Howell et al.  
260 2003). The 20:4 and 20:5 FAs are abundant in various species of echinoderms (Ginger et al.  
261 2000, Graeve et al. 2001, Howell et al. 2003, Drazen et al. 2008, Galloway et al. 2013, Corsolini  
262 & Borghesi 2017), being typical compounds of membrane lipids in marine organisms (Corsolini  
263 & Borghesi 2017).

264 The amount of energy stored (in the form of lipids) is high or very high in the 3 species  
265 compared to other echinoderms in deep sea areas (Drazen et al. 2008). These values demonstrate  
266 a high capability to accumulate high quality energetic molecules that will be used to face  
267 starvation or/and reproductive periods in a highly seasonal environment. The capability to store  
268 energy will depend on the different life cycles and the different trophic guilds, which, in this  
269 case, can be considerably different between the 3 groups.

270 Reproduction features are, in fact, one of the key points in understanding energy storage  
271 in marine invertebrates (Rossi et al. 2017). The lower values of lipids found in *O. carinifera* (in  
272 the present study) compared with the holothurian may be partly explained by investment in the  
273 gonadal output of large eggs during this period. Interestingly, gamete production in this  
274 ophiuroid species takes a considerable amount of time, and is different depending on the year  
275 cycle considered (Grange et al. 2004). We suggest that brittle stars mainly invest energy stored  
276 after the window of primary production as reproductive output. The large amount of PUFA may  
277 also be an indicative marker, as these fatty acids are related to the development of membranes,  
278 nervous tissues and early stage development, transferred from mother to the offspring (Bell &  
279 Sargent 1996, Viladrich et al. 2017). Sessile and low mobility animals living in deep waters may  
280 adjust their growth and reproduction according to temporally and spatially variable food  
281 availability (Yasuda et al. 2016). Organisms in the deep sea can thus exhibit temporal and spatial  
282 changes in the diet and in reproductive patterns depending on the presence of food banks (Galley  
283 2003, Galley et al. 2008).

284 Mobility to search for food to achieve the energy storage needed for movement and  
285 reproduction is an important quality for at least the ophiuroid and the holothurian. The  
286 eurybathymetry of *O. carinifera* allows this species to inhabit both shallow areas and deep zones  
287 (Brey & Gerdes 1998, Sands et al. 2013, Ambroso et al. 2016). The same species in different  
288 Weddell Sea areas may display very different lipid concentrations, depending on the

289 environmental conditions (Elias-Piera et al. 2013). For example, the FA markers in King George  
290 Island and Larsen area A (Antarctic Peninsula) were very similar, and these 2 sites have a strong  
291 seasonal pattern of primary productivity blooms (Elias-Piera 2014, Sañé et al. 2011). However,  
292 in the Larsen areas B and C, the amounts of energy stored (and markers of diatom origin) were  
293 represented in higher amounts, demonstrating a link between food source and potential  
294 accumulation at higher trophic levels, as well as a differential capability to store energy within a  
295 single species (Elias-Piera 2014).

296 *R. racovitzai* has not only the highest amount of total lipids, but that its carbohydrate and  
297 FFAs stores are also significantly higher than in the other 2 echinoderms. Carbohydrates are  
298 labile molecules that can be readily incorporated into the Krebs cycle to satisfy metabolic energy  
299 demand. A high concentration of carbohydrates in suspension feeders is related to periods in  
300 which there is a high metabolic demand (Rossi et al. 2006b). This is interesting, since we find  
301 that the FFAs also have a higher concentration in this species than the other 2 echinoderms. Most  
302 lipid components that can be considered energy reserves may be oxidised to obtain FFAs (Gurr  
303 et al. 2002); those FFAs can be beta-oxidised providing highly efficient energy sources (i.e. a  
304 high ATP/FA relationship; Sargent et al. 1988). This means that, among the 3 studied  
305 echinoderms, the holothurian seems to be the more metabolically active during the spring period  
306 studied (both carbohydrates and FFAs are significantly higher). In this time of the year (and in  
307 this area), sediments are quite poor in labile organic material (Isla et al. 2011). We suggest that  
308 holothurians are capable of moving, locating, and grazing directly on fresh (and patchily  
309 distributed) new green carpets, produced during the first spring blooms, and on the chlorophyll *a*  
310 (primary productivity) below the sediment surface. However, this movement has a metabolic  
311 cost in terms of respiration and energy mobilization. Thus, the difference in energy storage, but  
312 especially in mobilizable molecules, may be thus partly explained because of this behaviour. In  
313 deep waters, holothurians may digest up to 63% of the biopolymeric carbon found in the  
314 surrounding sediments (especially proteins, but also lipids and carbohydrates) (Amaro et al.  
315 2010), so the transfer of organic matter is quite efficient. The deposit feeder can select, ingest  
316 and assimilate the available organic matter (Hudson et al. 2004) using foraging and digestion  
317 strategies, which can involve 2 cases: a particle selection where the animal chooses food-rich  
318 matter during the capture of particles and ingestion (Levin et al. 1997, Billett et al. 2001,  
319 Purinton et al. 2008) or a selective assimilation where the animal digests and/or assimilates a  
320 subset of organic matter in its gut (Penry & Jumars 1990, Purinton et al. 2008). In *Protelpidia*  
321 *murrayi*, *Bathyploetes bongraini* and *Molpadia musculus*, the second case occurs, increasing the  
322 selective digestion and/or assimilation due to the selectivity of phytodetritus clumps during  
323 ingestion (Purinton et al. 2008).

324 *D. antarcticus* cannot choose the ingested material, being a sessile suspension feeder.  
325 This echinoderm is present in large numbers in the Antarctic Peninsula continental platform  
326 (Larsen) and deep areas (Gutt et al. 2011, Eléaume et al. 2012). This crinoid intercepts the  
327 particles by expanding its complex branches to the main flux (Macurda & Meyer 1974). The  
328 reproduction of these organisms in deep waters is completely unknown: no cycle of gonadal  
329 development or gonadal output observation has been made so far. Based on other Antarctic  
330 suspension feeding organisms such as gorgonians (Orejas et al. 2007), this strategy may also  
331 accumulate large quantities of lipids (Elias-Piera et al. 2013) to produce gametes that will be  
332 released in summer–autumn. However, this hypothesis needs to be tested in further research,  
333 since we did not observe any sexual product in the *D. antarcticus* collected. The amount of labile  
334 macromolecules ready to be mobilised (carbohydrates and FFAs found in the tissues) was low,



335 and it is possible that the stalked crinoids may simply use the reserves accumulated in summer–  
336 autumn and maintained through the resuspension processes in winter, to survive until a new set  
337 of phytoplankton blooms bring food to their filter organs.

338 Interestingly, related to the fact that the samples were collected at the beginning of  
339 spring, the 3 echinoderms contained long-chain FFAs. These molecules are considered of high  
340 energetic content (Dalsgaard et al. 2003), and may be a key factor to face seasonal (winter) food  
341 constraints in benthic suspension feeders in Antarctica (Servetto et al. 2017). The observed lipids  
342 and proteins may indicate a clear tendency toward a mechanism of energy accumulation instead  
343 of growth (Elias-Piera et al. 2013), which has been demonstrated to be very slow in the few  
344 suspension-feeding organisms analysed in Antarctic waters (Martínez-Dios et al. 2016). Deep  
345 sea waters in Antarctica are one of the less studied environments worldwide. The strong  
346 seasonality also affects these remote areas, in which the abundance of different organisms is not  
347 negligible (Brandt et al. 2007a,b). This may be due to an accumulation of labile material that  
348 possibly remains intact for months, as mentioned in the ‘Introduction’. In the Orleans Submarine  
349 Canyon (Brandsfield Strait, Antarctic Peninsula), a high amount of lipids was detected in the  
350 sediments, being almost 2 orders of magnitude higher relative to the shallower water sediments  
351 (S. Rossi unpubl. data). In fact, downslope flows occur in this area continuously (Baines &  
352 Condie 1998), fueling the deeper areas with a high quality of organic matter in productive  
353 periods. Deep zones in these areas of the Southern Ocean may thus be richer than other areas of  
354 the world in which the primary productivity is high, but the low temperature in deep sea  
355 decreases the metabolism of the associated biota and helps to preserve the organic matter  
356 (Mincks et al. 2005, Isla et al. 2006b). The quantity of lipids accumulated in Antarctic organisms  
357 seems to be, in general, elevated compared to other areas of the world (Gili et al. 2006b, Elias-  
358 Piera et al. 2013, Elias-Piera 2014, Servetto et al. 2017). In other cold seas, the response of the  
359 organisms to such phytoplankton blooms is similar, the accumulation of lipids being an  
360 important factor for their survivorship (Parrish et al. 2009). It is thus not surprising that the 3  
361 studied echinoderms store a high amount of lipids, even at this time of the year, when the sources  
362 of food become scarcer (Isla et al. 2011). The high diversification of sea cucumbers in these  
363 deep-sea polar waters (O’Loughlin et al. 2011) may be partially explained by this high energetic  
364 content and a very stable environment that stimulates diversification and complex interactions  
365 between organisms (Gili et al. 2006b). A variable response to a phytoplankton bloom with  
366 respect to phenology, even within taxonomic orders, will depend on feeding behavior and  
367 gonadogenesis of the species (Parrish et al. 2009).

368 Climate change is expected to alter the relative contribution of food sources for benthic  
369 organisms (Rossi et al. 2017, Gaillard et al. 2017), so it will be essential to understand how  
370 expected alterations in available organic matter affect deep-sea communities and their  
371 adaptations. The use of indirect tools (biomarkers) may help obtain a clearer picture of what will  
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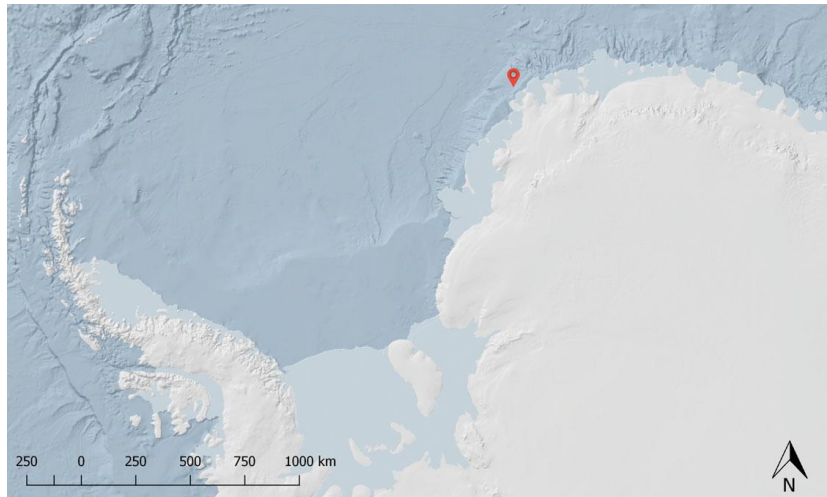
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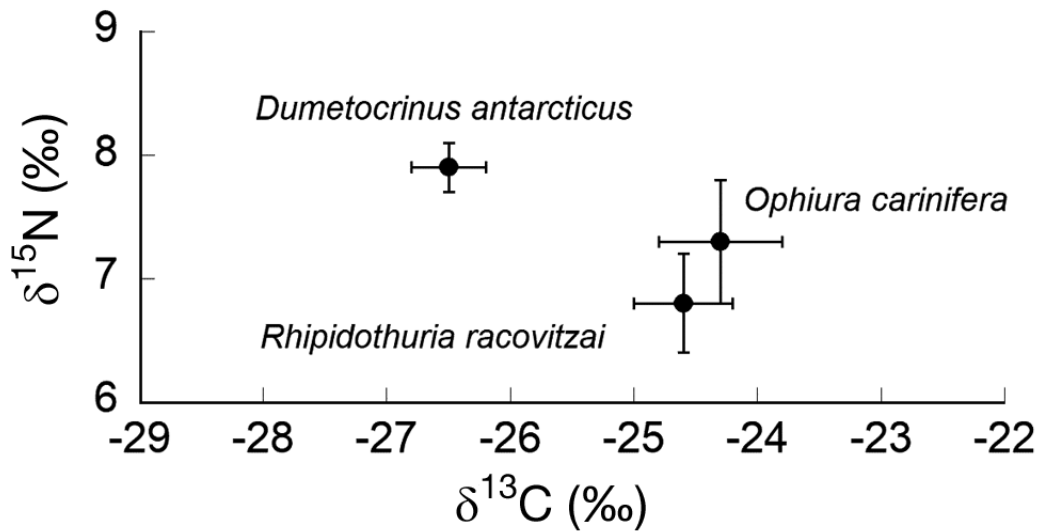
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665 Fig. 1. Sampling area (red pin at 70°7.88'S, 11°21.56'W) around 1500 m depth in the Weddell  
 666 Sea (ANT XXI-2 Polarstern cruise)

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671 Fig. 2. Stable isotope values ( $\delta^{13}\text{C}$  versus  $\delta^{15}\text{N}$ , in ‰) of the 3 species of echinoderms  
 672 *Rhipidothuria racovitzai*, *Dumetocrinus antarcticus* and *Ophiura carinifera* from the Weddell  
 673 Sea at 1500 m depth. Data are means  $\pm$  SD

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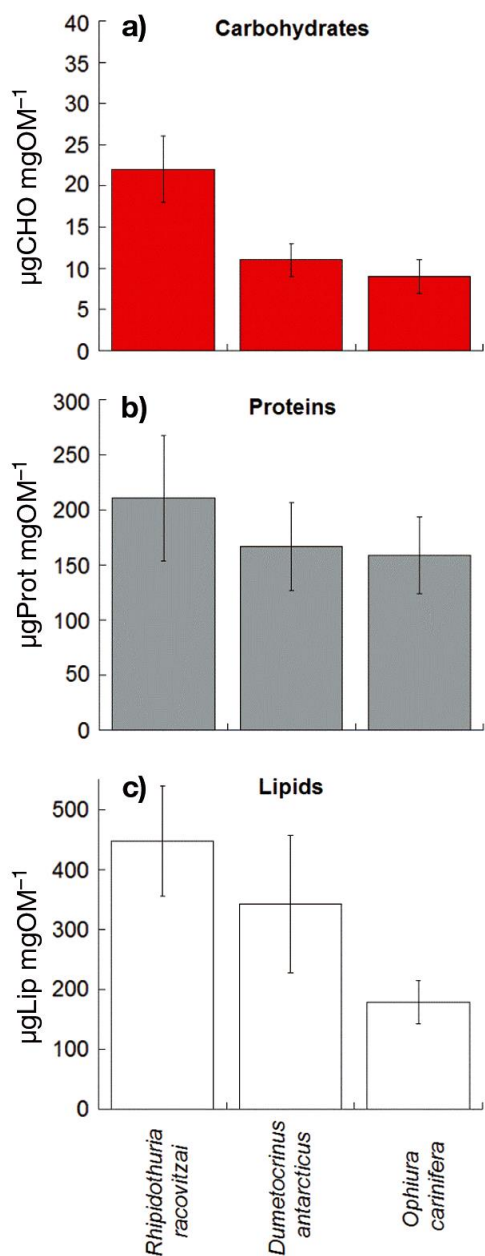


Fig. 3. Biochemical analyses. (a) Carbohydrate (CHO), (b) protein (Prot), and (c) lipid (Lip) content compared to organic matter ( $\mu\text{g mgOM}^{-1}$ ) in the 3 species of echinoderms *Rhipidothuria racovitzai*, *Dumetocrinus antarcticus* and *Ophiura carinifera* from the Weddell Sea at 1500 m depth. Data are means  $\pm$  SD

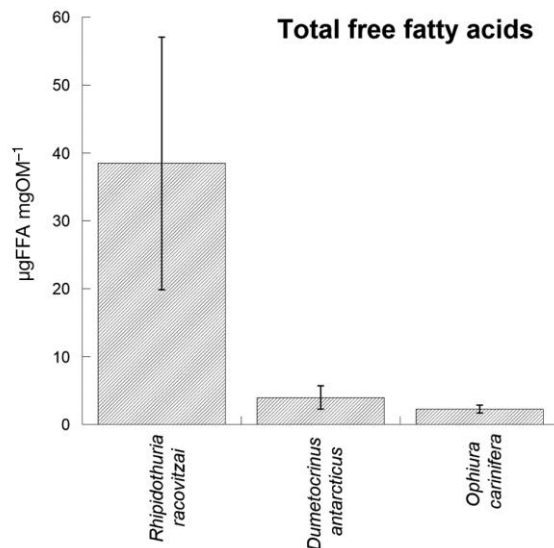


Fig. 4. Total concentration of free fatty acid content compared to organic matter ( $\mu\text{gFFA mgOM}^{-1}$ ) of 3 species of echinoderms *Rhipidothuria racovitzai*, *Dumetocrinus antarcticus* and *Ophiura carinifera* from the Weddell Sea at 1500 m depth. Data are means  $\pm$  SD

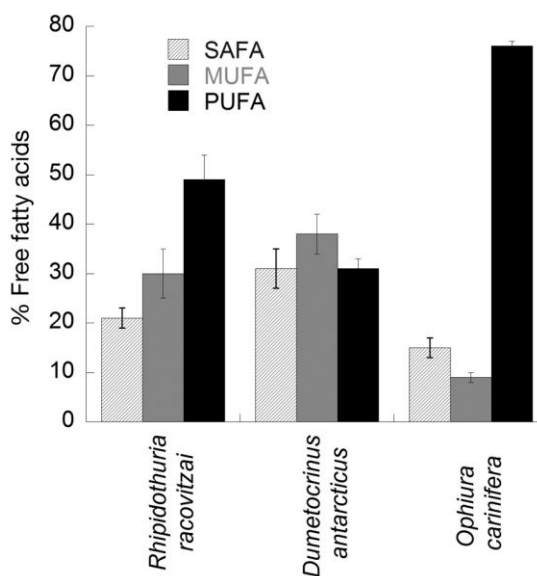
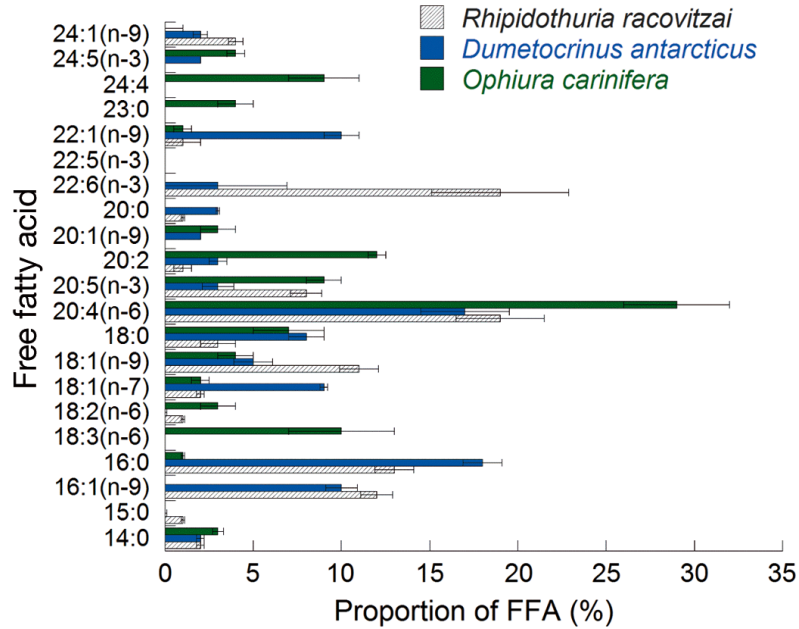


Fig. 5. Proportions (%) of the different groups of free fatty acids (SAFA: saturated; MUFA: mono-unsaturated; PUFA: polyunsaturated) of 3 species of echinoderms *Rhipidothuria racovitzai*, *Dumetocrinus antarcticus* and *Ophiura carinifera* from the Weddell Sea at 1500 m depth. Data are means  $\pm$  SD

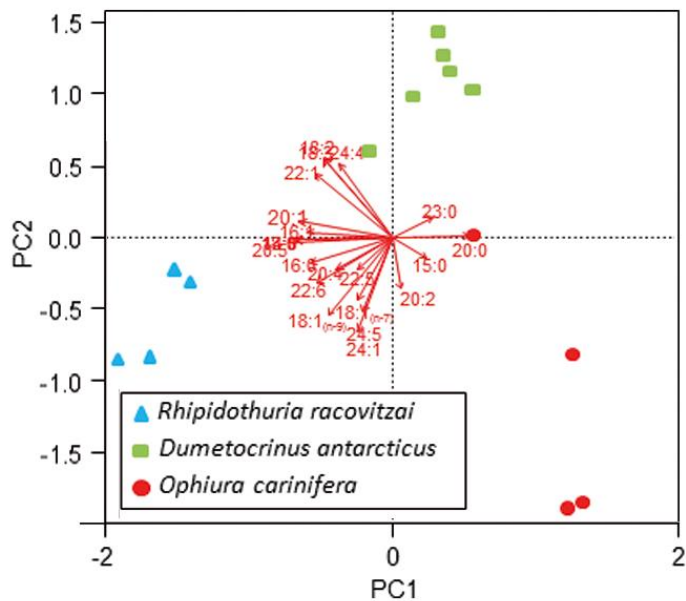


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678 Fig. 6. Free fatty acid (FAA) composition (as a% of the total FFAs) of 3 species of echinoderms  
 679 *Rhipidothuria racovitzai*, *Dumetocrinus antarcticus* and *Ophiura carinifera* from the Weddell  
 680 Sea at 1500 m depth. Data are means  $\pm$  SD

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684 Fig. 7. Principal component analysis (PCA) of the representative fatty acids in the 3 species of  
 685 echinoderms *Rhipidothuria racovitzai*, *Dumetocrinus antarcticus* and *Ophiura carinifera* from  
 686 the Weddell Sea at 1500 m depth