

1 **Serial reversal learning and cognitive flexibility in two species of Neotropical parrots**  
2 **(*Diopsittaca nobilis* and *Pionites melanocephala*)**

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31 **ABSTRACT** Serial reversal learning of colour discriminations was assessed as an index of  
32 behavioural flexibility in two captive species of Neotropical parrots. Both species showed  
33 similar performances across serial reversals and no between species differences were  
34 observed. In a second task subjects' performances were assessed after they experienced  
35 either a low or high pre-reversal learning criterion. If reversal performances improve through  
36 processes of associative learning, a high pre-reversal criterion is expected to strengthen  
37 previously learned associations and hence impede post-reversal performances. Conversely,  
38 highly reinforced associations may facilitate the use of conditional rules that can be  
39 generalised across reversals and improve post-reversal performances. We found that high  
40 criterion subjects made fewer post-reversal errors and required fewer trials to reach criterion,  
41 than low criterion subjects. Red-shouldered macaws and black-headed caiques may  
42 therefore demonstrate capacities for solving serial reversal problems by applying conditional  
43 rules, rather than learning solely by associative processes. Such performances coincide with  
44 findings in great apes, but contrast with findings in monkeys and prosimians, which generally  
45 show impaired reversal performances when trained to a highly rigorous pre-reversal criterion.  
46 Overall, these findings suggest an evolutionary convergence of behavioural flexibility between  
47 parrots and non-human great apes.

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49 **Keywords:** comparative cognition, parrots, serial reversal learning, behavioural flexibility

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## 60 INTRODUCTION

61 The behaviours of some animals appear to be restricted by inflexible stimulus-response  
62 action patterns, whereas other animals can respond flexibly to environmental stimuli by  
63 generalising learned information across novel situations. For example, some corvids, such as  
64 blue jays (*Cynaocitta cristata*), Eurasian jays (*Garrulus glandarius*), crows (*Corvus corone*),  
65 rooks (*C. frugilegus*) and jackdaws (*C. monedula*), can extract general rules to rapidly solve a  
66 series of novel, but functionally equivalent, discrimination problems; whereas comparable  
67 studies on pigeons (*Columba livia*) reveal that they slowly learn each novel discrimination  
68 problem anew, suggesting an inability to transfer previously learned information across similar  
69 problems (Hunter & Kamil, 1971; Mackintosh, 1988; Wilson, Mackintosh, & Boakes, 1985).  
70 Pigeons fail to understand that exemplars can vary with respect to some attributes and not  
71 others, such as *same vs different* discriminations, yet they are capable of generalising *identity*  
72 *vs non-identity* discriminations across novel images (Blaisdell & Cook, 2005) and sounds  
73 (Cook & Brooks, 2009), and hence may show some understanding of abstract concept  
74 learning (Zentall, Wasserman, Lazareva, Thompson, & Rattermann, 2008). However, unlike  
75 capuchin (*Cebus apella*) or rhesus (*Macaca mulatta*) monkeys, pigeons generally require  
76 much more experience to do so (Katz & Wright, 2006). Primates, parrots and corvids typically  
77 outperform other animals in their capacities for analogical reasoning or solving abstract  
78 cognitive concepts. For instance, African grey parrots (*Psittacus erithacus*) can understand  
79 concepts of category and of *same-different* that are comparable to those of non-human  
80 primates (Pepperberg, 1983; 1987; 1988). Amazon parrots (*Amazona amazonica*) and  
81 hooded crows (*Corvus corone*) also spontaneously understand particular relationships  
82 between novel object pairs, demonstrating capacities for relational matching-to-sample that  
83 are on par with apes and crows (Obozova, Smirnova, Zorina, & Wasserman, 2015; Smirnova,  
84 Zorina, Obozova, & Wasserman, 2015). Capacities to generalise information across  
85 discrimination problems may therefore differ between certain species, possibly because  
86 generalising information is cognitively demanding.

87         Among the methods used to compare behavioural flexibility across species is serial  
88 reversal learning. Success on such tasks requires an ability to flexibly respond to a fixed set  
89 of stimuli with an alternating reward regimen (Bond, Kamil, & Balda, 2007). Serial reversal

90 learning typically requires subjects to make a binary choice discrimination between one  
91 stimulus (i.e., a colour cue) which is repeatedly rewarded and another stimulus which is not.  
92 Subjects eventually learn to discriminate between the rewarded and non-rewarded stimuli,  
93 after which the reward contingencies are reversed (i.e. A+B- becomes A-B+). Reversed  
94 contingencies therefore require subjects to extinguish responses to previously learned  
95 associations and then re-learn each new association. Subjects initially require many trials to  
96 successfully respond to reversals, but may improve their performances with experience.  
97 However, as there are no cues to predict when the contingencies will be reversed, subjects  
98 will initially make at least one error after each reversal. Hence, an optimal performance may  
99 eventually be achieved on the second post-reversal trial. To do this, subjects must inhibit  
100 previously learned associations and adopt a *win stay-lose shift* rule: always try the response  
101 that was last rewarded, and if that is no longer rewarded, shift to the other response,  
102 otherwise stay (Levine, 1959; 1965). Animals may therefore use their previous experience to  
103 develop conditional rules that enable them to rapidly switch between contingencies;  
104 demonstrating an ability to generalise information across reversal problems (Bond et al.,  
105 2007; Day, Crews, & Wilczynski, 1999; Strang & Sherry, 2014).

106         Performances on reversal learning tasks have previously been used to quantify  
107 differences in learning across a wide variety of species (Bitterman, 1965). Yet distantly  
108 related species also possess dramatically different perceptual, motivational and  
109 morphological traits, which can make direct comparisons of cognitive traits difficult to interpret  
110 (Bitterman, 1960, 1965, 1975; Breland & Breland, 1961; Macphail, 1982; Pepperberg &  
111 Hartsfield, 2014; Salwiczek et al., 2012; Tomasello, Call, & Hare, 1998; Warren, 1965). One  
112 approach that attempts to alleviate such concerns is the comparative method (Harvey &  
113 Pagel, 1991). Closely related species may be expected to share similar physiological and  
114 cognitive traits as a result of common descent. Hence, by comparing closely related species  
115 that differ in certain socio-ecological aspects, any cognitive divergences can be attributed to  
116 contrasts in a species ecology or life history (Balda, Kamil, & Bednekoff, 1996; Bond, Kamil, &  
117 Balda, 2003; Bond et al., 2007; Day et al., 1999). Bond and colleagues (2003; 2007), for  
118 example, used the comparative method to reveal that increased sociality among corvids  
119 predicts aptitude on a number of cognitive tests; including serial reversal learning. An

120 approach that has been applied specifically to serial reversal learning paradigms to reduce  
121 the confounds of interspecific differences in perception, manual dexterity and motivation,  
122 among primates, is to standardise each species' pre-reversal acquisition performances  
123 (Rumbaugh & Pate, 1984a). That is, initially training subjects to a certain level of correct  
124 choices, irrespective of the number of trials that it takes to do so, and then comparing  
125 subjects' immediate performances after the contingencies have been reversed. Thus, the  
126 structural relationships of subjects' performances are assessed, rather than making direct  
127 comparisons based on the absolute number of trials that each species requires to solve a  
128 certain problem (Bitterman, 1960, 1975; Mackintosh, 1988). The extent of pre-reversal  
129 training, however, also appears to have contrasting influences on post-reversal performances  
130 across different species. Prosimians and monkeys, for example, tend to show impaired post-  
131 reversal performances when trained to a rigorous pre-reversal criterion of 84% correct  
132 choices, but enhanced post-reversal performances when trained to a low pre-reversal  
133 criterion of 67% correct choices (Rumbaugh & Pate, 1984b). Conversely, non-human apes  
134 show enhanced performances when trained to a high pre-reversal criterion of 84% correct  
135 choices and impaired post-reversal performances when trained to a low criterion of 67%  
136 correct choices (Rumbaugh & Pate, 1984b). Hence, as the strength of the learning criterion  
137 increases, prosimians and monkeys have difficulty inhibiting their responses to previously  
138 learned associations (De Lillo & Visalberghi, 1994; Rumbaugh & Pate, 1984a, 1984b).  
139 Consequently, prosimians and monkeys are considered to solve serial reversal problems  
140 through associative processes of repeated conditioning and extinction (De Lillo & Visalberghi,  
141 1994; Rumbaugh, 1970; Rumbaugh & Pate, 1984b). Mixed results have however been  
142 reported for rhesus macaques (*Macaca mulatta*) (Essock-Vitale, 1978; Washburn &  
143 Rumbaugh, 1991) and capuchin monkeys (*Cebus apella*) (Rumbaugh, 1970) subjected to  
144 different testing procedures; although recent studies place capuchin performances among  
145 those of other monkeys rather than apes (Beran et al., 2008; De Lillo & Visalberghi, 1994). By  
146 contrast, the improved post-reversal performances of apes at high training criteria (Essock-  
147 Vitale, 1978; Rumbaugh & Pate, 1984a, 1984b) suggest that they may understand the  
148 underlying principles of serial reversals (Shettleworth, 2010) and have been considered to  
149 reveal greater flexibility in their learning performances (Rumbaugh & Pate, 1984a, 1984b).

150 Such qualitative differences in learning processes among primates suggest that the ability to  
151 generalise conditional rules across reversal tasks may be cognitively demanding as it  
152 appears restricted to larger-brained species, such as apes (Rumbaugh, 1971).

153 Parrots and corvids possess a large cortical-like area relatively to their overall brain  
154 size (Iwaniuk, Dean, & Nelson, 2005) and high neuronal densities (Olkowicz et al., 2016),  
155 which may reflect their ability to flexibly transfer rules to novel situations (Güntürkün,  
156 Ströckens, Scarf, & Colombo, 2017). We are however unaware of any studies that have  
157 directly compared the serial reversal learning performances of species of these families at  
158 high and low pre-reversal criteria. Yet there is precedence to suggest that both families  
159 demonstrate flexibility on similar paradigms. Red-billed blue magpies (*Urocissa*  
160 *erythrorhyncha*) and Yellow-crowned Amazon parrots (*Amazona ochrocephala*), for instance,  
161 outperformed White Leghorn chickens (*Gallus gallus domesticus*) and Bobwhite quails  
162 (*Colinus virginianus*) on serial reversals of a spatial discrimination problem (Gossette,  
163 Gossette, & Riddell, 1966). Corvids, in particular, show rule learning across a number of  
164 different paradigms. For example, Eurasian jays (*G. glandarius*), jackdaws (*C. monedula*),  
165 rooks (*C. frugilegus*) and crows (*C. corone*), but not pigeons (*C. Zivza*), demonstrate abilities  
166 to solve problems that require the abstraction of a general rule across a change of stimuli,  
167 such as matching or oddity discriminations (Wilson et al., 1985) and learning-set problems (N.  
168 J. Mackintosh, 1988). Other corvids, such as pinion jays (*Gymnorhinus cyanocephalus*),  
169 Clark's nutcrackers (*Nucifraga columbiana*) and western scrub jays (*Aphelocoma californica*)  
170 also demonstrate capacities to positively transfer learned rules between colour and spatial  
171 serial reversal problems (Bond et al., 2007). Finally, blue jays (*Cyanocitta cristata*) transfer  
172 learned information from successive reversals to better solve learning set problems by  
173 applying a *win stay–lose shift* strategy (Kamil, Jones, Pietrewicz, & Mauldin, 1977). Although  
174 the above studies suggest that many species of corvids are capable of flexible learning, there  
175 are few studies that use comparable paradigms to investigate such flexibility in parrots. Yet  
176 there is convincing evidence to suggest flexible learning in parrots, such as an ability to  
177 understand abstract concepts of category and of *same-different* discriminations (Pepperberg,  
178 1983; 1987; 1988), transfer physical concepts of object relations across novel problems (van  
179 Horik & Emery, 2016), and their performances on an array of complex problems show

180 similarities to those of non-human primates and human children (Pepperberg, 2013).  
181 Together these findings suggest that parrots and corvids, along with apes, demonstrate  
182 capacities for generalised learning and flexible behaviour.

183 Parrots are a suitable family for investigating behavioural and cognitive flexibility as  
184 they are K-selected (Pepperberg, Gray, Lesser, & Hartsfield, 2017), and share with apes and  
185 corvids many of the socio-ecological traits that have been considered prerequisites for the  
186 evolution of cognition, such as a relatively large brain size, manual dexterity, extractive  
187 foraging, longevity and a large multi-layered social organisation (van Horik & Emery, 2011;  
188 van Horik, Clayton, & Emery, 2012). Two experiments are reported in the current study. In the  
189 first experiment, red-shouldered macaws (*Diopsittaca nobilis*) and black-headed caiques  
190 (*Pionites melanocephala*) were presented with a serial reversal learning task involving colour  
191 discriminations. The performances of each species were compared as a suggested index of  
192 their behavioural flexibility (Bond et al., 2007). To validate claims of behavioural flexibility, we  
193 first compared the reversal learning performances of two species of social parrots, black-  
194 headed caiques and red-shouldered macaws, on a serial reversal learning task. Previous  
195 findings suggest that socio-ecological differences can influence serial reversal learning  
196 performances in corvids (Bond et al., 2003, 2007). As both red-shouldered macaws and  
197 black-headed caiques possess a similar relative brain size (Iwaniuk et al., 2005) and live in  
198 complex social groups (Juniper & Parr, 2003), we may therefore expect both species to  
199 demonstrate similar responses to the alternating contingencies. However, given that red-  
200 shouldered macaws and black-headed caiques naturally inhabit contrasting environments  
201 (Juniper & Parr, 2003), any difference in their ability to respond flexibly to a serial reversal  
202 paradigm may also result from cognitive adaptations that are driven by the respective  
203 selection pressures of a given environment.

204 To further investigate behavioural flexibility in parrots, we also presented subjects  
205 with a second experiment. Here two alternative hypotheses are addressed: (1) that parrots'  
206 reversal learning performances improve solely through processes of associative learning,  
207 conditioning and extinction; or (2) that parrots are capable of alternative modes of learning, by  
208 generalising conditional rules across serial reversal discrimination problems. To do this, all  
209 subjects were pooled and randomly assigned to one of two conditions that required either a

210 high or low learning criterion of successful discriminations prior to each reversal. High  
211 Criterion subjects were therefore exposed to a stricter pairing of the colour associations and  
212 hence may be confronted with greater interference during their post-reversal trials, potentially  
213 requiring a greater number of trials to extinguish and then re-learn each new contingency. By  
214 contrast, subjects exposed to a Low Criterion of learning may experience less interference  
215 during post-reversal trials. Hence, if parrots use only associative learning to solve each  
216 reversal problem, then we predict subjects in the High Criterion group to make more errors  
217 than Low Criterion subjects. Conversely, if subjects in the High Criterion group solve post-  
218 reversals with fewer errors than Low Criterion subjects, then there must be some additional  
219 generalisation of information across reversals; suggesting that their performances may be  
220 facilitated by the use of conditional rules.

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222

## 223 **GENERAL METHODS**

224

### 225 *Subjects and Housing*

226 Four red-shouldered macaws: No.2, No.4, No.5, and No.8, and four black-headed caiques:  
227 Green, Gold, Purple, and Red, participated in this study (hereafter macaws and caiques). All  
228 subjects were male, with the exception of one female macaw (No.4). All subjects were hand-  
229 reared, approximately two years old when tested. Each species was housed in a separate  
230 indoor aviary (2m<sup>3</sup>). None of the subjects had experience with serial reversal learning tasks,  
231 but they were experienced with a number of tasks employing object manipulation, including  
232 removing food hidden under lids or cups. Both species were raised under identical conditions  
233 and provided with equal experiences. Food and water were provided *ad libitum* and subjects'  
234 participation was voluntary.

235

### 236 *Apparatus and Training*

237 Two 6 cm diameter plastic lids, of different colours (depending on the experiment; see details  
238 below), were attached to a symmetrical wooden base (28 cm x 7 cm), and separated by 12  
239 cm. Both lids were fixed to hinges and each concealed a food-well that could be baited with a



240 reward of crushed Lafeber Nutri-Berries. More specific details of the experimental procedures  
241 are provided below. During training trials, the apparatus was presented to subjects without  
242 lids and with one food-well containing a reward. After subjects fed from the apparatus without  
243 hesitation, an orange lid was fixed to each of the baited food wells, again with only one well  
244 baited. The location of the baited well was pseudorandomised across training trials so that it  
245 did not occur on the same side over more than two consecutive trials. This procedure  
246 attempted to control for the formation of side biases and facilitate subjects' searching  
247 behaviours. To proceed to test, subjects were required to retrieve the concealed food by  
248 opening the lids at least ten times in one 10min session. Training trials were conducted *ad*  
249 *hoc* and no data were recorded for these sessions, as performances between birds were not  
250 comparable as some individuals required greater encouragement to interact with the  
251 apparatus through social facilitation from the experimenter.

252

### 253 *Procedure*

254 Subjects were not food deprived, although testing was conducted in the morning prior to their  
255 regular feeding schedule. Each subject was provided with one session of 10 trials per day.  
256 The presentation of rewarded and un-rewarded coloured lids was counterbalanced across  
257 subjects. To prevent the development of side biases, the position of the lids (i.e. left or right  
258 hand side presentation) was pseudorandomised within sessions so that the lids did not occur  
259 on the same side for more than two consecutive trials. Each subject was tested individually in  
260 a familiar enclosure (2m<sup>3</sup>) where they were visually isolated from all other subjects. During  
261 testing days, all subjects participated in the experiment in a randomised order. Subjects were  
262 familiar with being handled by the experimenter and were transferred to the experimental  
263 cage by hand. Daily trials typically began at 08:30 and ceased around 13:00 although  
264 duration of each testing session, and the corresponding inter-trial intervals, varied depending  
265 on the subject's motivation to interact with the apparatus. The duration of a typical testing  
266 session was between 15-20 minutes per bird. During testing trials, the experimenter  
267 attempted to avoid providing subjects with any inadvertent cues to the location of the  
268 concealed reward by holding and presenting the apparatus in a symmetrical fashion and then  
269 placing his hands behind his back and looking only at the centre of the apparatus. Moreover,

270 we consider it unlikely that experimenter cues influenced performances as similar studies  
271 have shown that African grey parrots do not readily attend to an experimenters eye-gaze  
272 direction (Giret, Miklósi, Kreutzer, & Bovet, 2009). Subjects were only allowed to upturn one  
273 lid per trial and were considered to have made a correct choice if they chose the baited lid.  
274 Hence, if subjects upturned the correct lid, they were allowed to retrieve the food reward.  
275 However, if subjects upturned the un-baited lid, then the apparatus was immediately  
276 removed. If subjects failed to upturn the baited lid on one trial, the succeeding trials followed  
277 the predetermined pseudorandomised order. The apparatus was re-baited out of view of the  
278 subject. Subjects that chose the same side over six consecutive trials in one block were  
279 considered to have developed a side bias. To correct for side biases, we presented the baited  
280 lid on the non-preferred side until the subject chose the baited side for two consecutive trials.  
281 Trials then reverted to the original pseudorandomised configuration. All trials, including side-  
282 bias-corrected and non-corrected trials were included in the subsequent analyses. We  
283 recorded all trials with a digital camcorder (JVC Everio, Model No. GZ-MG645BEK, Malaysia)  
284 and scored the number of number of trials and the number of errors to reach criterion for the  
285 initial colour association and for each subsequent reversal.

286

### 287 *Data Analysis*

288 Details of the number of correct trials to reach the reversal criterion, for each experiment, are  
289 described in the corresponding sections below. As any effects of extinction were expected to  
290 be most prominent in the initial post-reversal trials (Bond et al., 2007), reversal learning  
291 performances were assessed by comparing differences in errors in the first 10 post-reversal  
292 trials across subsequent reversals. We ran separate Generalised Linear Mixed-Effect Models  
293 (GLMM) with a poisson error structure for our two dependent variables (trials to criterion, and  
294 number of errors made in the first 10 post reversal trials), in R version 1.1.383 (R  
295 Development Core Team, 2014) using the lme4 package (Bates, Maechler, Bolker, & Walker,  
296 2015). In each model (depending on the experiment) we included either species, or criterion  
297 (high or low) as fixed effects and bird identify as a random effect to control for  
298 pseudoreplication. Observational Level Random Effect (i.e. row number) were also included  
299 in each model to control for overdispersion (Harrison, 2014). In Experiment 1, we used GLMM

300 to compare performances between species, by assessing the number of trials each species  
301 took to reach criterion in the initial colour association and first reversal discriminations. We  
302 also used GLMM to compare the number of trials each species took before reaching criterion  
303 and the number of errors they made in the first 10 post reversal trials across reversals. In  
304 Experiment 2, we used GLMM to assess performances between the High and Low Criterion  
305 groups by comparing the number of trials to reach each criteria and number of errors made in  
306 the first 10 post reversal trials for each reversal. A random subset of 46 sessions (724 trials)  
307 were coded by three naïve observers (KW and LH) for inter-observer reliability. Observers  
308 coded whether the subject made a correct or incorrect choice on a given trial. Observer  
309 congruence was 98%.

310

## 311 **EXPERIMENT 1: Serial reversal learning performances**

312

### 313 **Methods**

314

#### 315 *Apparatus*

316 The same apparatus as in the training sessions was used but with novel coloured lids, one  
317 green and one blue.

318

#### 319 *Procedure*

320 Subjects were presented with at least one block of 10 trials per day. If subjects reached a  
321 predetermined criterion of seven consecutive correct trials in one block of 10 trials (significant  
322 according to a binomial test with a probability of choosing either side set at 0.5), they were  
323 immediately presented with one block of 10 trials with reversed contingencies (i.e. S+  
324 becomes S- and vice versa). To avoid satiation and encourage motivation to interact with the  
325 apparatus, subjects were presented with only one post-reversal block per day. Hence,  
326 subjects could receive a maximum of only two consecutive blocks of 10 trials per day. There  
327 were no occurrences where subjects reached criterion again during their first post-reversal

328 block. Each subject was presented with as many blocks as required to reach eight serial  
329 reversals.

330

### 331 **Results**

332 Both species required fewer trials to reach criterion on the colour association discrimination  
333 than in the first reversal (GLMM:  $Z = 4.89 \pm 0.14$  SEM;  $P < 0.001$ , Figure 1). However,  
334 macaws required fewer trials than caiques to reach criterion on the initial colour association  
335 discrimination and the first reversal (GLMM:  $Z = -2.10 \pm 0.14$  SEM;  $P = 0.04$ , Figure 1). Yet,  
336 there were no overall differences in performances between caiques and macaws across the  
337 serial reversals (Figure 2a). The two species did not differ in the number of trials to reach  
338 criterion (macaws summed trials mean =  $493.25 \pm 67.55$  SEM; caiques summed trials mean  
339 =  $539.50 \pm 44.23$  SEM; GLMM:  $Z = -0.72 \pm 0.10$  SEM;  $P = 0.47$ ) or errors made in their first  
340 10 post reversal trials (macaws summed errors mean =  $57.25 \pm 2.18$  SEM; caiques errors  
341 mean =  $61.75 \pm 1.37$  SEM; GLMM:  $Z = -0.73 \pm 0.12$  SEM;  $P = 0.46$ ) across the serial reversal  
342 discriminations (Figure 2). We found no difference in errors, or trials across serial reversals  
343 (Table 1).

344         The number of initial post-reversal blocks (i.e. the first ten trials after each reversal of  
345 the colour contingencies) where subjects developed a side bias were as follows (R1  
346 represents the first reversal; R8 represents the last reversal): Macaws; No.2 (R1), No.4 (R7,  
347 R8), No.5 (R5), No.8 (R2, R6, R7), Caiques; Green (R2, R4, R6), Gold (R5), Purple (R5, R6,  
348 R8), Red (R3, R6).

349

350 -----INSERT Figure 1-----

351 -----INSERT Figure 2-----

352 -----INSERT Table 1-----

353

354

### 355 **EXPERIMENT 2: High Criterion and Low Criterion Learning**

356

357 **Methods**

358

359 *Subjects, Apparatus and Training*

360 The same subjects and general procedures as in Experiment 1 were used, however, in this  
361 experiment novel coloured lids, either pink with a green circle sticker or yellow with an orange  
362 circle sticker, were introduced. The presentation order of the rewarded colour lids was  
363 counterbalanced across subjects.

364

365 *Procedure*

366 As no between species differences were observed in Experiment 1, subjects were pooled and  
367 individuals from each species were randomly assigned into either High or Low Criterion  
368 conditions. Subjects were presented with an initial discrimination problem requiring them to  
369 learn the Colour Associations, as in Experiment 1, and then subsequent serial reversal trials.  
370 However, in this experiment, each block consisted of up to 20 trials (rather than the 10 trial  
371 blocks presented in the previous experiment).

372

373 The High Criterion group (No.4, No.5, Green & Red) were presented with reversals once they  
374 scored at least 19/20 correct choices in one 20 trial session. Conversely, the Low Criterion  
375 group (No.2, No.8, Gold & Purple) were presented with reversals once they achieved either:  
376 15 correct choices in one 20 trial session, 7 consecutive correct choices in the first 10 trials of  
377 one session, 9/10 correct choices in either the first or last 10 trials of a 20 trial session, or 10  
378 consecutive correct choices within one 20 trial session. The Low Criterion group included  
379 multiple pre-reversal criteria to ensure that the number of trials subjects required to reach  
380 each learned association was minimised and hence subjects were not over-trained. All criteria  
381 were significant according to a binomial test, with a probability of choosing either side set at  
382 0.5, and alpha set at 0.05. Subjects were presented with as many trials as required to reach  
383 11 reversals.

384

385 If subjects reached criterion within one 20 trial session, they were immediately presented with  
386 one reversal session. On two occasions, subjects (No.8 and Gold) reached criterion within

387 their first post-reversal session (on the same day). On these occasions, we did not provide a  
388 further post-reversal session and resumed testing on the following day. Subjects therefore  
389 experienced a maximum of up to 40 trials per day. These procedures were used to maintain  
390 motivation by prohibiting subjects from becoming satiated on rewards. Side biases were  
391 corrected for, and all corrected and non-corrected trials were included in the analysis as in  
392 Experiment 1. We ceased testing individual subjects once they had participated in 11  
393 reversals. All trials were coded live but digitally recorded for subsequent analysis if required.

394

### 395 **Results**

396 Low Criterion (mean =  $72.75 \pm 23.86$  SEM) and High Criterion (mean =  $75 \pm 9.57$  SEM)  
397 groups did not differ in the number of trials to reach criterion during the initial Colour  
398 Association discriminations (GLMM:  $Z = 0.92 \pm 0.16$  SEM;  $P = 0.36$ ). There were also no  
399 differences in the number of trials to reach criterion between the Colour Association and first  
400 Reversal (GLMM:  $Z = 1.45 \pm 0.16$  SEM;  $P = 0.15$ ). There were no differences in the number  
401 of trials to complete 11 serial reversals between the High and Low Criterion groups (Low  
402 summed mean =  $744.75 \pm 24.87$  SEM; High summed mean =  $695 \pm 28.72$  SEM; GLMM:  $Z =$   
403  $0.85 \pm 0.11$  SEM;  $P = 0.39$ ). However, subjects in the High Criterion group made fewer errors  
404 during the first 10 post reversal trials across successive reversals (R1-R11) than subjects in  
405 the Low Criterion group (GLMM:  $Z = -3.58 \pm 0.09$  SEM;  $P < 0.001$ ; Figure 3). The number of  
406 errors, and trials to reach criterion differed across reversals (Table 3; Table 4). Subjects in the  
407 High Criterion condition showed a consistent reduction in post reversal errors from their  
408 seventh reversal onwards (Table 3), and a reduction in the number of trials to reach criterion  
409 from their third reversal (Table 4). Conversely, subjects in the Low Criterion condition showed  
410 no reduction in errors across serial reversals (Table 3), and an inconsistent reduction in trials  
411 to reach criterion on their fourth, seventh and ninth reversals (Table 4).

412 The number of initial blocks where subjects developed a side bias were as follows:  
413 High Criterion; No.4 (R4, R10), No.5 (R4, R5), Green (R6), Red (R1), Low Criterion; No.2  
414 (R3), No.8 (R1, R2, R7, R10, R11), Gold (R4, R5, R9, R10, R11), Purple (R2, R3, R7, R10,  
415 R11).

416

417 -----INSERT Figure 3-----

418 -----INSERT Table 2-----

419 -----INSERT Table 3-----

420

## 421 **DISCUSSION**

422 In Experiment 1, the serial reversal learning performances of two species of parrots were  
423 investigated, as a suggested index of their behavioural flexibility (Bond et al., 2007). Macaws  
424 took fewer trials to reach criterion during the initial Colour Acquisition and first reversal. It is  
425 unlikely that these findings were due to differences in experiences, as both species had been  
426 reared, from birth, in a standardised environment with identical enrichment. It is possible that  
427 the superior performance of macaws was due to subtle differences in their overall brain-size;  
428 macaws 4.29% vs caiques 3.80% of body mass (Iwaniuk et al., 2005), yet sample sizes are  
429 low for such comparisons (macaws  $n = 3$ ; caiques  $n = 8$ ) and hence such interpretations  
430 remain speculative. Both species, however, showed comparable performances across  
431 subsequent serial reversals. Both species required more trials to reach criterion during the  
432 first reversal than compared to the Colour Association problem, suggesting that the previously  
433 learned contingencies initially impaired subjects' reversal performance. Hence, both species  
434 required trial and error experience of the reversed contingencies to first extinguish previously  
435 learned associations and then re-learn each following association anew. However, when  
436 trained to a pre-reversal criterion of seven consecutive correct choices in one block of 10  
437 trials per day, we found no improvement in performances across serial reversals. Although a  
438 variety of taxa demonstrate improvements in performance across serial reversals (Bond et al.,  
439 2007; Day et al., 1999; Strang & Sherry, 2014), it remains possible that either the learning  
440 criteria in the current study was not stringent enough to facilitate improvement across  
441 reversals for caiques and macaws, or that these birds required a greater number of serial  
442 reversals before any improvement could be observed.

443 To determine whether the serial reversal learning performance of red-shouldered  
444 macaws and black-headed caiques were mediated solely by associatively learned processes  
445 or whether they were capable of using conditional rules to improve their performance, we  
446 randomly assigned two individuals from each species to either a High or a Low Criterion pre-

447 reversal learning condition (Experiment 2). Although there were no differences in the number  
448 of trials to learn the Colour Association between the Low and High Criterion groups, subjects  
449 in the High Criterion group made fewer post-reversal errors than subjects in the Low Criterion  
450 group across 11 serial reversals. These findings suggest that subjects in the High Criterion  
451 group may therefore use the enhanced strength of previously learned contingencies to  
452 improve their reversal performances; in contrast to subjects in the Low Criterion group, which  
453 showed no improvement across reversals.

454         When presented with reversed contingencies, each previously learned association  
455 requires a number of trials before it is lost through extinction. Each new association then  
456 requires further trials to re-learn through conditioning. In the current study, the relatively poor  
457 performances of Low Criterion subjects suggests that their response to the reversals was  
458 limited to associative learning processes. Conversely, when presented with a high pre-  
459 reversal criterion, subjects made fewer post-reversal errors across successive reversals.  
460 Rather than being impaired by the enhanced strength of the conditioned associations,  
461 subjects appear to use this information to better understand the conditional principles  
462 underlying serial reversals. Such findings are consistent with the reversal performances of  
463 other large-brained species, such as non-human great apes, but contrast with those of  
464 monkeys and prosimians (Essock-Vitale, 1978; Rumbaugh & Pate, 1984a, 1984b). Although  
465 the enhanced associative strength of the contingencies may have allowed subjects to better  
466 respond to the reversed contingencies by generating a conditional rule, these findings show  
467 no evidence of a *win stay-lose shift* rule within 11 serial reversals. Support for a *win stay-lose*  
468 *shift* rule would only be revealed if subjects made one error after they experienced an  
469 unpredicted reversal of the previously learned contingencies. High Criterion subjects,  
470 however, made approximately three errors in their first 10 post reversal trials; although their  
471 performances may have improved with further experience. Nonetheless, results from the  
472 current study support our second hypothesis that parrots' reversal performances are not  
473 solely restricted by associative learning mechanisms, but that parrots may be capable of  
474 other cognitive modes of learning that involve an ability to generalise conditional rules across  
475 discrimination problems.



476           It is possible, albeit unlikely, that the High Criterion group produced fewer post  
477 reversal errors due to an Overtraining Reversal Effect (ORE). First observed by Reid (1953),  
478 the ORE is a phenomenon where overtraining on discrimination problems enhances post-  
479 reversal performances. Reid (1953) presented rats with a black-white discrimination problem  
480 in a Y maze. All of the rats were initially trained to a specific criterion, and then separated into  
481 three conditions depending on the amount of their post-criterion training. Rats exposed to  
482 increasingly rigorous training regimes made fewer post-reversal errors. Such findings are  
483 considered paradoxical as overtraining, according to classical learning theory, is predicted to  
484 increase the excitatory strength of S+ and inhibitory strength of S- and thus impede extinction  
485 when contingencies are reversed (Hull, 1943; Spence, 1956). Although ORE is commonly  
486 observed in rat studies, it is rarely reported in monkeys (Essock-Vitale, 1978; Sutherland &  
487 Mackintosh, 1971), with the exception of one account from stump-tailed macaques (Schrier,  
488 1974). Typically, when presented with increasing numbers of acquisition trials, monkeys show  
489 impaired post reversal performances and do not improve with subsequent experience. Like  
490 monkeys, overtraining has also been reported to impair reversal performances in birds, such  
491 as myna (Gossette, 1969), chicks (Mackintosh, 1965; Warren, Brookshire, Ball, & Reynolds,  
492 1960), pigeons and Japanese quail (Gonzalez, Berger, & Bitterman, 1966), suggesting that in  
493 these species, the ability to learn each new contingency is governed by processes of  
494 association and extinction. However, it has been suggested that post-reversal performances  
495 typical of an ORE should not only improve following overtraining, but that performances on  
496 early post-reversal trials should also be initially impaired following overtraining (Sutherland &  
497 Mackintosh, 1971; pp. 258-261). In the current study, subjects in the High Criterion condition  
498 showed a significant reduction in errors across subsequent reversals, although subjects in the  
499 Low Criterion condition did not improve their performances. If these findings were due to an  
500 ORE, we might also expect subjects in the High Criterion condition to perform significantly  
501 worse than Low Criterion subjects during initial reversals. However, performances on the first  
502 10 post-reversal trials across the first three reversals were comparable for both Low and High  
503 Criterion subjects (see R1-R3; Figure 3), revealing that subjects were not initially impaired by  
504 differences in reversal criteria. These findings therefore suggest that subjects' performances  
505 in the High Criterion condition were unlikely to be a result of an ORE.

506 Parrots in the current study, like corvids (Bond et al., 2007; Hunter & Kamil, 1971;  
507 Mackintosh, 1988; Wilson et al., 1985) and non-human great apes (Essock-Vitale, 1978;  
508 Rumbaugh & Pate, 1984a, 1984b), show capacities for generalised rule learning of reversal  
509 learning discrimination problems. Rumbaugh (1995) argues that great apes, because of their  
510 ability to transfer abstract information across reversal tasks, are capable of mediating their  
511 behaviours through more cognitively demanding modes of learning than monkeys and  
512 prosimians. Such findings also correspond with species' encephalisation coefficients (Jerison,  
513 1973; Rumbaugh & Pate, 1984b), suggesting there may be a link between relative brain size  
514 and behavioural flexibility (Emery & Clayton, 2004). Further evidence of generalised learning  
515 strategies, demonstrated by the positive transfer of information across serial reversal or  
516 learning set tasks involving disparate stimulus dimensions (i.e. space and colour), also  
517 support our findings. For example, chimpanzees and a number of species of macaques  
518 (reviewed in Macphail, 1982) and corvids (Bond et al., 2007; Gossette et al., 1966; Kamil et  
519 al., 1977; Mackintosh, 1988; Wilson et al., 1985) rapidly develop generalised learning  
520 strategies, whereas rats, cats, and pigeons do not (Durlach & Mackintosh, 1986; Mackintosh  
521 & Holgate, 1969; Mackintosh, McGonigle, Holgate, & Vanderver, 1968; Warren, 1966). More  
522 recently however, pigeons have been shown to adopt a *win stay–lose shift* rule when  
523 presented with a mid-session reversal task involving short inter-trial intervals (Rayburn-  
524 Reeves, Laude, & Zentall, 2013).

525 There are growing accounts of flexible behaviours in parrots and corvids (Auersperg,  
526 Szabo, Von Bayern, & Kacelnik, 2012; Auersperg, von Bayern, Gajdon, Huber, & Kacelnik,  
527 2011; Pepperberg & Carey, 2012). The relationship between brain size and behavioural  
528 flexibility suggests that relatively large brains may afford a selective advantage when  
529 responding to unusual, novel or complex socio-ecological challenges. For instance, large  
530 brains may provide a foundation for novel or altered behaviours, which may be applied to  
531 solve an array of problems through domain general cognitive processes (Sol, 2009).  
532 Moreover, as relatively large brains are found across phylogenetically distinct species, certain  
533 cognitive traits may have also evolved independently among several vertebrate groups that  
534 share similar socio-ecological selection pressures (van Horik et al., 2012). Indeed, brain size  
535 appears to be a good proxy for the ability of species to flexibly respond to environmental

536 change and hence fluctuations in resource abundance. As such, relative brain size correlates  
537 positively with the ability of species to accommodate habitat change (Shultz, Bradbury,  
538 Evans, Gregory, & Blackburn, 2005), climatic change (Schuck-Paim, Alonso, & Ottoni, 2008),  
539 invade novel environments (Sol, Bacher, Reader, & Lefebvre, 2008; Sol, Duncan, Blackburn,  
540 Cassey, & Lefebvre, 2005; Sol, Székely, Liker, & Lefebvre, 2007; Sol, Timmermans, &  
541 Lefebvre, 2002; Sol & Lefebvre, 2000) and generate innovative foraging behaviours  
542 (Lefebvre, Reader, & Sol, 2004; Lefebvre, Whittle, Lascaris, & Finkelstein, 1997; Reader &  
543 Laland, 2002). Hence, large brains may be particularly advantageous in complex  
544 environments or habitats that are novel or likely to change.

545         Given that red-shouldered macaws and black-headed caiques naturally inhabit  
546 contrasting environments (Juniper & Parr, 2003), such differences do not appear to have  
547 resulted in any obvious divergences in their abilities to respond flexibly to a serial reversal  
548 paradigm. Both macaws and caiques, however, possess a similar relative brain size (Iwaniuk  
549 et al., 2005), and share a complex social organisation characterised by long-term pair bonded  
550 relationships and fission-fusion foraging groups (Juniper & Parr, 2003). Similarities in the  
551 complexity of their social relationships, rather than habitat or foraging niche, may therefore  
552 promote behavioural flexibility in these species. Social complexity has long been considered  
553 to play an important role in the evolution of a flexible and intelligent mind (Social Intelligence  
554 Hypothesis: Humphrey 1976; Jolly, 1966), with social group size and neocortex size  
555 corresponding positively in primates (Dunbar, 1998), ungulates (Shultz & Dunbar, 2006) and  
556 cetaceans (Marino, 1996). Brain size also correlates positively in birds and mammals that  
557 form stable or pair-bonded relationships (Dunbar & Shultz, 2007; Emery, Seed, von Bayern, &  
558 Clayton, 2007; Shultz & Dunbar, 2006). Species that live in social groups, in contrast to more  
559 solitary or asocial species, may therefore develop particular cognitive adaptations to  
560 accommodate for the additional complexities that arise from maintaining relationships and  
561 flexibly interpreting others' behaviours. Hence, primates that live in groups characterised by  
562 fission-fusion social dynamics also show enhanced inhibitory control (another proposed index  
563 of behavioural flexibility), in contrast to species that live in more cohesive groups. Fission-  
564 fusion societies may therefore promote cognitive adaptations that result in greater  
565 behavioural flexibility; independent of phylogenetic relatedness or feeding ecology (Amici,

566 Aureli, & Call, 2008). Capacities for inhibitory control have previously been demonstrated in  
567 parrots (Auersperg, Laumer, & Bugnyar, 2013; Koepke, Gray, & Pepperberg, 2015; Vick,  
568 Bovet, & Anderson, 2010) and corvids (Dufour, Wascher, Braun, Miller, & Bugnyar, 2012;  
569 Hillemann, Bugnyar, Kotrschal, & Wascher, 2014) on delayed gratification tasks. Serial  
570 reversal learning also involves inhibitory control, as it requires an ability to restrain responses  
571 to previously reinforced stimuli, and instead flexibly direct behaviours towards potentially  
572 unrewarded alternatives. Hence, it has been proposed that serial reversal learning bears  
573 resemblance to the demands of a complex social system (Bond et al., 2007). Comparative  
574 research on corvids provides support for such claims by revealing that variation in  
575 performances on serial reversal and transitive inference tasks are best explained by social  
576 complexity, rather than ecological or spatial complexity (Bond et al., 2003, 2007). The  
577 reversal learning performances in the two species of social parrots reported here may further  
578 support such claims. As such, social living may facilitate cognitive adaptations that favour an  
579 individual's ability to interpret, predict and respond flexibly to change. Behavioural flexibility  
580 may be shared among species that possess a relatively large brain size. As such, flexibility  
581 has been suggested as one of the fundamental cognitive tools that arose as a result of the  
582 evolution of complex cognition in corvids and apes (Emery & Clayton, 2004). Overall, findings  
583 from the current study provide further empirical support of an evolutionary convergence of  
584 behavioural flexibility between distantly related species that possess a relatively large brain  
585 size.

586

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589

#### 590 **ETHICAL STANDARDS**

591 All research undertaken was non-invasive and therefore fell outside of the Animal (Scientific  
592 Procedures) Act, and hence did not require Home Office UK approval. Subjects were  
593 however housed in accordance with these regulations and the local ethical committee were  
594 consulted and agreed to all aspects of this research. Home Office Inspectors and  
595 veterinarians regularly visited the lab to ensure these procedures were maintained.

596

597 **CONFLICT OF INTEREST**

598 The authors declare that they have no conflict of interest.

599

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861 **Figure Legends:**

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863 **Figure 1** Experiment 1. Mean number of trials ( $\pm$  SEM) to reach reversal criterion for the  
864 colour association (CA) and first reversal (R1) conditions, for macaws and caiques

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866 **Figure 2** Experiment 1. Mean number of errors ( $\pm$  SEM) for the first 10 post reversal trials  
867 across eight successive colour reversals (R1-R8) for macaws and caiques.

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869 **Figure 3** Experiment 2. Mean number of errors ( $\pm$  SEM) for the first 10 post reversal trials  
870 across eleven successive colour reversals (R1-R11), for Low and High Criterion conditions

871

872 **Table 1** Results of GLMM of number of trials to reach criterion and errors made in the first 10  
873 post reversal trials across serial reversals for caiques and macaws.

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875 **Table 2** Results of GLMM of number of trials to reach criterion and errors made in the first 10  
876 post reversal trials across serial reversals for subjects trained to either a High or Low pre-  
877 reversal criterion.

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879 **Table 3** Results of GLMM of number of errors made in the first 10 post reversal trials across  
880 serial reversals for subjects trained to either a High or Low pre-reversal criterion.

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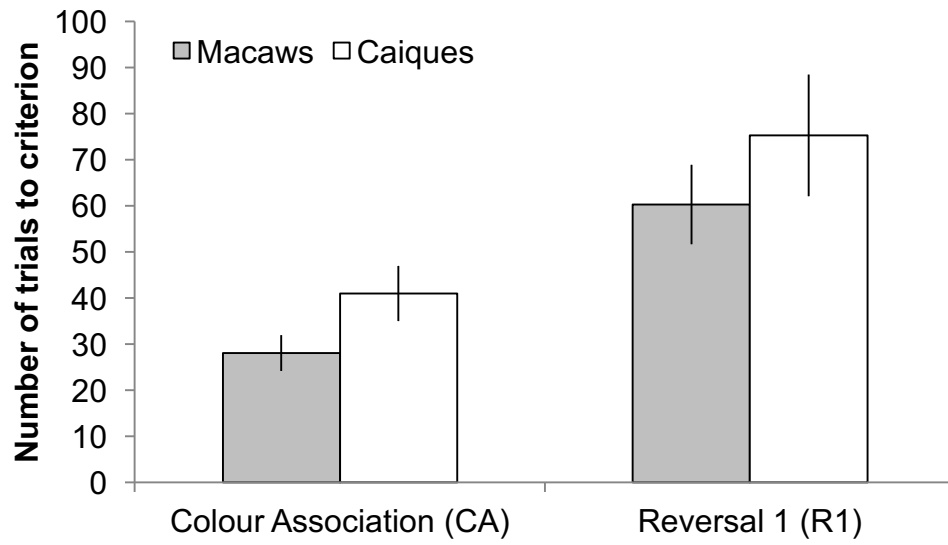
882 **Table 4** Results of GLMM of number of trials to reach criterion across serial reversals for  
883 subjects trained to either a High or Low pre-reversal criterion.

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887 **Figure 1**



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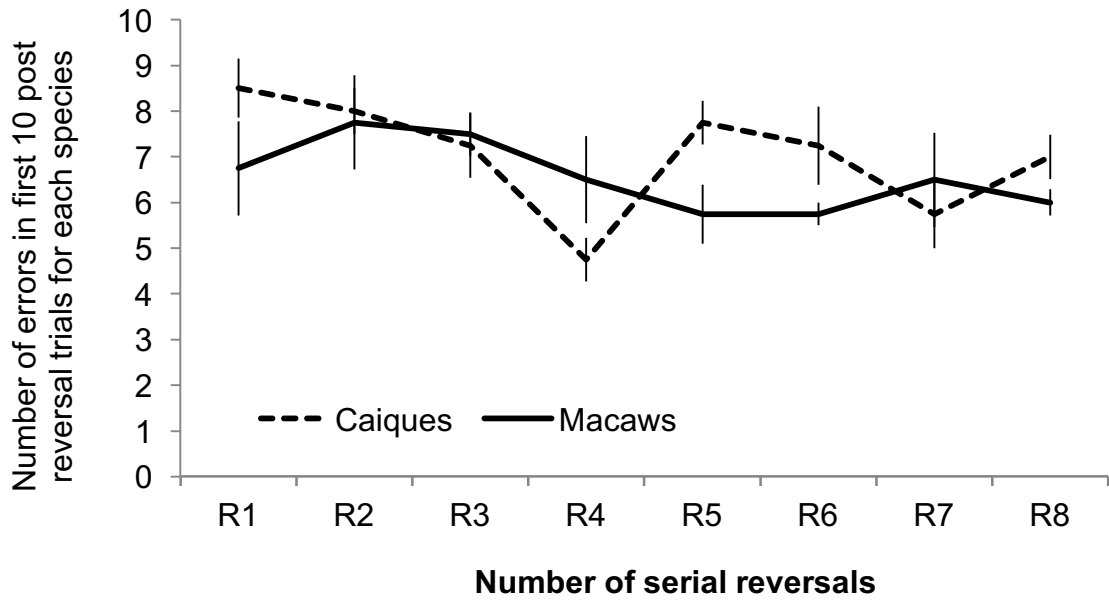
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908 **Figure 2**



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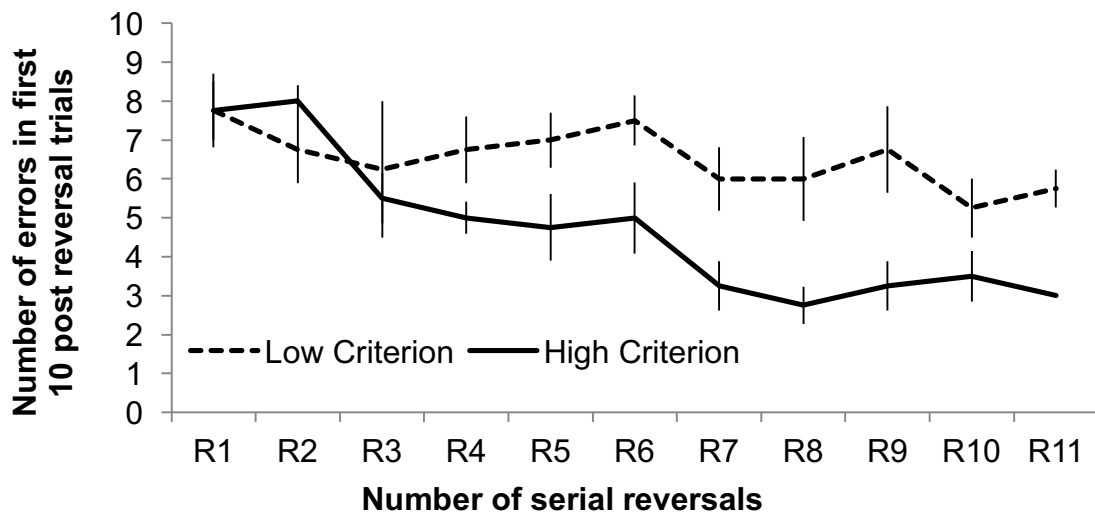
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930 **Figure 3**

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950 **Table 1**

	<b>Errors</b>	<b>Trials</b>
<b>Reversal 2</b>	Z = 0.18; 0.18 ± SEM; P = 0.86	Z = 0.59; 0.21 ± SEM; P = 0.55
<b>Reversal 3</b>	Z = -0.18; 0.18 ± SEM; P = 0.86	Z = -1.13; 0.21 ± SEM; P = 0.26
<b>Reversal 4</b>	Z = -1.55; 0.20 ± SEM; P = 0.12	Z = 0.37; 0.21 ± SEM; P = 0.71
<b>Reversal 5</b>	Z = -0.65; 0.19 ± SEM; P = 0.51	Z = -0.16; 0.21 ± SEM; P = 0.88
<b>Reversal 6</b>	Z = -0.85; 0.19 ± SEM; P = 0.40	Z = 0.60; 0.21 ± SEM; P = 0.55
<b>Reversal 7</b>	Z = -1.14; 0.19 ± SEM; P = 0.25	Z = -1.21; 0.21 ± SEM; P = 0.23
<b>Reversal 8</b>	Z = -0.85; 0.19 ± SEM; P = 0.40	n/a

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976 **Table 2**

	<b>Errors</b>	<b>Trials</b>
<b>Reversal 2</b>	Z = -0.27; 0.18 ± SEM; P = 0.79	Z = -0.26; 0.15 ± SEM; P = 0.79
<b>Reversal 3</b>	Z = -1.43; 0.19 ± SEM; P = 0.15	Z = -2.73; 0.15 ± SEM; P < 0.01
<b>Reversal 4</b>	Z = -1.43; 0.19 ± SEM; P = 0.15	Z = -2.72; 0.15 ± SEM; P < 0.01
<b>Reversal 5</b>	Z = -1.43; 0.19 ± SEM; P = 0.15	Z = -2.91; 0.15 ± SEM; P < 0.01
<b>Reversal 6</b>	Z = -1.13; 0.19 ± SEM; P = 0.26	Z = -3.05; 0.15 ± SEM; P < 0.01
<b>Reversal 7</b>	Z = -2.49; 0.21 ± SEM; P = 0.01	Z = -3.56; 0.15 ± SEM; P < 0.01
<b>Reversal 8</b>	Z = -2.70; 0.21 ± SEM; P < 0.01	Z = -3.18; 0.15 ± SEM; P < 0.01
<b>Reversal 9</b>	Z = -2.16; 0.20 ± SEM; P = 0.03	Z = -3.96; 0.15 ± SEM; P < 0.01
<b>Reversal 10</b>	Z = -2.70; 0.21 ± SEM; P < 0.01	Z = -2.74; 0.15 ± SEM; P < 0.01
<b>Reversal 11</b>	Z = -2.70; 0.21 ± SEM; P < 0.01	n/a

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1000 **Table 3**

	<b>High Criterion Errors</b>	<b>Low Criterion Errors</b>
<b>Reversal 2</b>	Z = 0.13; 0.25 ± SEM; P = 0.90	Z = -0.53; 0.26 ± SEM; P = 0.60
<b>Reversal 3</b>	Z = -1.23; 0.28 ± SEM; P = 0.22	Z = -0.80; 0.27 ± SEM; P = 0.42
<b>Reversal 4</b>	Z = -1.53; 0.29 ± SEM; P = 0.13	Z = -0.53; 0.26 ± SEM; P = 0.60
<b>Reversal 5</b>	Z = -1.68; 0.29 ± SEM; P = 0.09	Z = -0.39; 0.26 ± SEM; P = 0.70
<b>Reversal 6</b>	Z = -1.53; 0.29 ± SEM; P = 0.13	Z = -0.13; 0.26 ± SEM; P = 0.90
<b>Reversal 7</b>	Z = -2.63; 0.33 ± SEM; P < 0.01	Z = -0.94; 0.27 ± SEM; P = 0.35
<b>Reversal 8</b>	Z = -2.95; 0.35 ± SEM; P < 0.01	Z = -0.94; 0.27 ± SEM; P = 0.35
<b>Reversal 9</b>	Z = -2.63; 0.33 ± SEM; P < 0.01	Z = -0.53; 0.26 ± SEM; P = 0.60
<b>Reversal 10</b>	Z = -2.47; 0.32 ± SEM; P = 0.01	Z = -1.38; 0.28 ± SEM; P = 0.17
<b>Reversal 11</b>	Z = -2.79; 0.34 ± SEM; P < 0.01	Z = -1.09; 0.15 ± SEM; P = 0.27

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1024 **Table 4**

	<b>High Criterion Trials</b>	<b>Low Criterion Trials</b>
<b>Reversal 2</b>	Z = -0.49; 0.11 ± SEM; P = 0.62	Z = -0.09; 0.22 ± SEM; P = 0.93
<b>Reversal 3</b>	Z = -5.47; 0.12 ± SEM; P < 0.01	Z = -0.78; 0.22 ± SEM; P = 0.44
<b>Reversal 4</b>	Z = -2.73; 0.11 ± SEM; P < 0.01	Z = -2.38; 0.23 ± SEM; P = 0.02
<b>Reversal 5</b>	Z = -6.24; 0.12 ± SEM; P < 0.01	Z = -0.60; 0.22 ± SEM; P = 0.55
<b>Reversal 6</b>	Z = -7.05; 0.12 ± SEM; P < 0.01	Z = -0.36; 0.22 ± SEM; P = 0.72
<b>Reversal 7</b>	Z = -4.05; 0.11 ± SEM; P < 0.01	Z = -2.74; 0.23 ± SEM; P < 0.01
<b>Reversal 8</b>	Z = -6.25; 0.12 ± SEM; P < 0.01	Z = -0.96; 0.22 ± SEM; P = 0.34
<b>Reversal 9</b>	Z = -5.47; 0.12 ± SEM; P < 0.01	Z = -2.49; 0.23 ± SEM; P = 0.01
<b>Reversal 10</b>	Z = -4.72; 0.11 ± SEM; P = 0.01	Z = -1.23; 0.22 ± SEM; P = 0.22

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