

HMSE 0A2: PHYSICAL EDUCATION

**EXAMINATION**

**PROGRAMME** : B Ed  
**MODULE NAME** : PHYSICAL EDUCATION 2  
**MODULE CODE** : HMSEA02  
**DATE** : 7 JUNE 2017  
**DURATION** : ONE (1) HOUR  
**TOTAL MARKS** : 60 MARKS

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**EXAMINER** : PROF C.J. ROUX  
**MODERATOR** : DR H. MORRIS-EYTON  
**NUMBER OF PAGES** : TWO (2) PAGES

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**INSTRUCTIONS TO CANDIDATES:**

**MAKE SURE THAT YOU HAVE THE COMPLETE PAPER.**  
**ANSWER ALL THE QUESTIONS.**

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**QUESTION 1**

(10)

Match the descriptions in column B that suit the perso/individual in column A.

<b>Individual</b>	<b>Description</b>
1. Niels Bukh	a. Trained SA women in Physical Education
2. Per Hendrik Ling	b. Regarded the Father of Physical Education in South Africa
3. Margeret C. Black	c. Regarded the Father of the Swedish System
4. Frans Nachtegall	d. Established Swedish gymnastics between 1880-1950.
5. Dr Ernst Jokl	e. Paved the way for gymnastics

**QUESTION 2**

(20)

De Coubertin, the father of the Modern Olympic Games aim of the Modern Olympic Games was also to nurture character. Name and briefly discuss the meaning of the various Olympic and Paralympic Values.

**QUESTION 3**

(10)

You have to teach in physical education to your Grade 10 class (20 boys and 20 girls) how to play various relay games. Explain briefly how you will ensure that all teams are as 'equal' as possible.

**QUESTION 4**

(12)

For the same Grade 10 class you want to teach **ROUNDERS**. Discuss this game under the following headings:

- 4.1 Discription of the game
- 4.2 Rules and scoring
- 4.3 The play field
- 4.4 Equipment

**QUESTION 5**

(8)

Explain briefly the fundamentals of **BATTING** in mini-cricket, regarding

- 5.1 The grip
- 5.2 The stance

**TOTAL: 100 MARKS**