



PROGRAM : B. OPTOM & B. CUR

<u>SUBJECT</u> : HUMAN PHYSIOLOGY II

CODE : Optometry: HPH 02A2

Nursing: HPH 2A10 & HPH 2A20

DATE : JUNE EXAMINATION

3 JUNE 2017

TIME : 8h30

DURATION : 180 minutes

WEIGHT : 50: 50

TOTAL MARKS : 50 x 2 = 100

EXAMINER : P.C. DE LANGE- JACOBS

MODERATOR : S. EAGLETON

NUMBER OF PAGES : 7 PAGES

REQUIREMENTS : 2 X EXAMINATION SCRIPT

INSTRUCTIONS TO CANDIDATES:

1. THIS QUESTION PAPER MUST BE RETURNED WITH YOUR EXAMINATION ANSWER SCRIPTS.

2. PLEASE ANSWER SECTION A & B in SEPARATE BOOKS.

SECTION A

Optometry: HPH 02A2 MARKS : 50

Nursing: HPH 2A10 DURATION: 90 minutes

QUESTION 1

Lipids form essential structural components of all cells and are important as energy reserves.

- 1.1 Name and define the special property of water that is involved in the formation of triglycerides and describe the formation of triglycerides.

 6 $x \frac{1}{2} = (3)$
- 1.2 Distinguish between saturated and unsaturated fatty acids. (1)
- 1.3 How are phospholipids different from triglycerides mentioned in 1.1? (1)
- 1.4 Explain what the result and significance are when phospholipid molecules come in contact with water.

 4 $\times \frac{1}{2} = (2)$
- 1.5 Explain, with reference to relevant examples, the significance of **only the phospholipids as part of the plasma membrane** in the transport of substances through the plasma membrane. $4 \times \frac{1}{2} = (2)$
- 1.6 Name **two** other types of lipids that are also part of the plasma membrane and provide a function for each relevant to the plasma membrane. $4 \times \frac{1}{2} = (2)$

[11]

QUESTION 2

The skin and other tissue membranes:

- 2.1 Name the two main tissue types of these membranes. $2 \times \frac{1}{2} = (1)$
- 2.2 Name **two** tissue membranes of the human body **other than the skin** and indicate their location in the body. $4 \times \frac{1}{2} = (2)$
- 2.3 What is in pleurisy (pleuritis)? (1)

3/...

2.4 Three of the important characteristics of epithelial tissue are *avascularity*, *polarity and regeneration*.

Define and explain each of these concepts by referring to applicable aspects of the skin.

 $3 \times 2 = (6)$

[10]

QUESTION 3

- 3.1 Explain to a patient the importance of exercise and nutrients for healthy bone growth and development $3 \times 1 = (3)$
- 3.2 Describe in detail ossification at the primary ossification site of a typical long bone during fetal development. $8 \times 1 = (8)$

[11]

QUESTION 4

- 4.1 Describe excitation-contraction coupling in detail. (4) Also refer to the structure of the myofilaments involved (3) $14 \times \frac{1}{2} = (7)$
- 4.2 ATP manufactured during aerobic and anaerobic respiration provides the energy needed for muscle contraction
- 4.2.1 **Name** the main processes in anaerobic respiration, then indicate the site of the process, the substrate and net gain in energy (ATP production).

 $4 \times \frac{1}{2} = (2)$

4.2.2 Explain the pattern of energy production and use during **peak levels** of muscular activity. $4 \times \frac{1}{2} = (2)$

[11]

Question 5

- 5.1 Explain the underlying **physiological cause(s)** for the following disorders/diseases:
 - 5.1.1 Botulism (1)

5.1.2 Vitiligo (1)

- 5.1.3 Osteopenia/osteoporosis (1)
- 5.2 Distinguish between treppe and wave summation during tension production by muscle fibres $2 \times \frac{1}{2} = (1)$
- 5.3 Describe the possible fate (pathways) of products after packaging and modifications in the Golgi apparatus. $3 \times 1 = (3)$

[7]

SECTION B

Optometry: HPH 02A2 MARKS : 50

Nursing: HPH 2A20 DURATION: 90 minutes

Answer this section in a separate book

QUESTION 1

Acetylcholine (Ach) is released at neuromuscular junctions in the heart. Use only diagrams to explain what the effect will be on the postsynaptic membrane. $12 \times \frac{1}{2} = [6]$

QUESTION 2

Myelinated axons are important to relay electrical impulses through the body.

2.1 Describe the myelination of axons in the CNS and explain the effect. $2 \times 1 = (2)$

2.2 Discuss saltatory propagation. $4 \times \frac{1}{2} = (2)$

2.3 What is demyelination and what are the basic symptoms? $2 \times 1 = (2)$

2.4 Name **two** disorders where the symptoms are due to demyelination. $2 \times \frac{1}{2} = (1)$

[7]

QUESTION 3

The sensory processing and perception of pain are of the utmost importance for homeostasis and survival.

3.1 Distinguish between fast pain and slow pain. $6 \times \frac{1}{2} = (3)$

3.2 Discuss adaptation to pain $4 \times \frac{1}{2} = (2)$

3.3 Explain the reduction of the perception of pain by certain neuromodulators.

 $4 \times \frac{1}{2} = (2)$

3.4 Describe the somatic sensory pathway that carries sensation of pain by means of a flow diagram. 10 x $\frac{1}{2}$ = (5)

[12]

QUESTION 4

4.1. **MULTIPLE CHOICE.** Choose the one alternative that best completes the statement or answers the question. Write only the letter and your answer on your answer sheet.

$$6 \times \frac{1}{2} = (3)$$

- 4.1.1 Preganglionic fibers leave the CNS and then synapse on
- A) postganglionic fibers.
- B) visceral reflex responses.
- C) motor neurons.
- D) ganglionic neurons.
- E) afferent neurons.
- 4.1.2 Ganglionic neurons innervate such things as
- A) smooth muscle.
- B) cardiac muscle.
- C) adipose tissue.
- D) glands.
- E) All of the answers are correct.
- 4.1.3 The parasympathetic nervous system is especially active during which physiological state(s)?
- A) exertion
- B) trauma
- C) digestion
- D) stress
- E) exercise
- 4.1.4 Each of the following effects is associated with the action of postganglionic sympathetic fibers, except
- A) increased sweat secretion.
- B) reduced circulation to the skin.
- C) decreased heart rate.
- D) dilation of the pupils.
- E) increased blood flow to skeletal muscles.
- 4.1.5 The statement "its postganglionic axons always use acetylcholine as the neurotransmitter" is
 - A) true only for the parasympathetic nervous system.
 - B) true only for the sympathetic nervous system.
 - C) true for both the parasympathetic and sympathetic nervous systems.
 - D) not true for either the parasympathetic or sympathetic nervous systems.
 - E) true only for the somatic nervous system.

- 4.1.6 Dual innervation refers to an organ receiving
- A) two nerves from the spinal cord.
- B) both autonomic and somatomotor nerves.
- C) both sympathetic and parasympathetic innervation.
- D) nerves from both the brain and the spinal cord.
- E) both sensory and motor nerves.
- 4.2 Describe the cellular mechanisms of long-term memory formation. $6 \times \frac{1}{2} = (3)$
- 4.3 Explain the physiological basis of biofeedback. $2 \times 1 = (2)$

[8]

QUESTION 5

Describe olfactory reception, transduction and pathway.

 $14 \times \frac{1}{2} = [7]$

QUESTION 6

6.1 Explain the underlying **physiological cause(s)** for the following disorders/diseases:

6.1.1 Parkinson's disease. (1)

6.1.2 Alzheimer's disease (1)

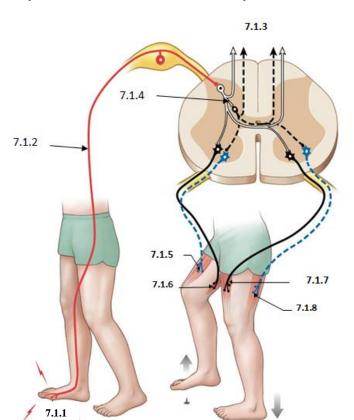
6.2 Explain the importance of the blood-brain barrier. $2 \times \frac{1}{2} = (1)$ $2 \times \frac{1}{2} = (1)$ and the role of astrocytes in maintaining the blood-brain barrier [4]

QUESTION 7

Next page (page 7)

QUESTION 7

7.1 Provide annotations for the numbered blanks on the diagram below. Write only the number and the answer on your answer sheet. $8 \times 1/2 = (4)$



7.2 Name and explain the involvement of a specific type of neural circuit that ensures that the reflex in 7.1 lasts long enough. $2 \times 1 = (2)$

[6]

SECTION B: TOTAL MARKS: 50