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Differences in autonomic innervation to the vertebro-basilar arteries in spontaneously hypertensive and Wistar rats.

Running title: Autonomic innervation changes in vertebrobasilar arteries of SHRs

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Cerebral artery innervation in hypertension

Key Points

Essential hypertension is associated with hyperactivity of the sympathetic nervous system and hypoperfusion of the brainstem area controlling arterial pressure. Sympathetic and parasympathetic innervation of vertebrobasilar arteries may regulate blood perfusion to the brainstem. Thus, we examined the autonomic innervation of these arteries in pre-hypertensive and hypertensive spontaneously hypertensive rats relative to age-matched Wistar rats. Our main findings were:

- An unexpected decrease in noradrenergic sympathetic innervation in PHSH and SH compared to Wistar rats despite elevated sympathetic drive in PHSH rats
- A dramatic deficit in cholinergic and peptidergic parasympathetic innervation in PHSH and SH compared to Wistar rats
- Denervation of sympathetic fibres did not alter vertebrobasilar artery morphology or arterial pressure

Our results support a compromised vasodilatory capacity in PHSH and SH rat compared to Wistars, which may explain their hypo-perfused brainstem.

Abstract

Neurogenic hypertension may result from brainstem hypoperfusion. We previously found remodelling (decreased lumen, increased wall thickness) in vertebrobasilar arteries of juvenile, pre-hypertensive spontaneously hypertensive (PHSH) and adult spontaneously hypertensive (SH) rats compared to age-matched normotensive rats. We tested the hypothesis that there would be a greater density of sympathetic to parasympathetic innervation of vertebrobasilar arteries in SH versus Wistar rats irrespective of the stage of development and that sympathetic denervation (ablation of the superior cervical ganglia bilaterally) would reverse the remodelling and lower blood pressure.

Contrary to our hypothesis, immunohistochemistry revealed a decrease in the innervation density of noradrenergic sympathetic fibres in adult SH rats ($P < 0.01$) compared to Wistar rats. Unexpectedly, there was a 65% deficit in parasympathetic fibres, as assessed by both vesicular acetyl choline transporter (α -VACHT) and vasoactive intestinal peptide (α -VIP) immunofluorescence ($P < 0.002$) in PHSH rats compared to age-matched Wistars. Although the neural activity of the internal cervical sympathetic branch, which innervates the vertebro-basilar arteries, was higher in PHSH relative to Wistar rats, its denervation had no effect on the vertebrobasilar artery morphology or persistent effect on arterial pressure in SH rats.

Our neuroanatomic and functional data does not support a role for sympathetic nerves in remodelling of the vertebrobasilar artery wall in PHSH or SH rats. The remodelling of vertebrobasilar arteries, the elevated activity in the internal cervical sympathetic nerve coupled with their reduced parasympathetic innervation suggests a compromised vasodilatory capacity in PHSH and SH rats that could explain their brainstem hypoperfusion.

Introduction

We proposed previously that blood flow into the posterior cerebral circulation (vertebrobasilar arteries), which feeds the medulla oblongata and pons, is a contributing determinant of the set point of sympathetic activity and arterial pressure in both animals (Paton *et al.*, 2009; Cates *et al.*, 2011; Cates *et al.*, 2012a; McBryde *et al.*, 2017) and humans (Cates *et al.*, 2012b; Warnert *et al.*, 2016). A reduction in vertebrobasilar artery blood flow resulting from stenosis or remodelling/hypertrophy, can trigger a Cushing response (Cushing, 1901; Rodbard & Stone, 1955; Schmidt *et al.*, 2005; Schmidt *et al.*, 2018) resulting in neurogenically mediated hypertension. Moreover, in the spontaneously hypertensive (SH) rat the brainstem is hypoxic and when blood pressure is reduced to normal levels becomes severely hypoxic (Marina *et al.*, 2015). A MRI study reports that human hypertension is associated with hypoperfusion of the brain (Muller *et al.*, 2012) and neuroendoscopy data from humans has shown a clear temporal and quantitative relationship between a rise in intracranial pressure and a subsequent rise in arterial blood pressure to maintain cerebral perfusion within normal limits (Kalmar *et al.*, 2005). These studies led us to the 'selfish brain hypothesis' of neurogenic hypertension in which a Cushing mechanism operates to preserve cerebral blood flow at the expense of systemic (essential) hypertension (Paton *et al.*, 2009; Cates *et al.*, 2012a).

In support of the selfish brain hypothesis, we have shown that the vertebrobasilar arteries are both re-modelled, with thicker media and narrowed lumen, and have higher vascular resistance in pre-hypertensive spontaneously hypertensive (PHSH) rats compared to age-matched normotensive control rats (Cates *et al.*, 2011). In humans, we recently reported hypoplastic vertebrobasilar arteries in hypertensive patients including those with white coat and borderline hypertension suggesting that the remodelling of vertebrobasilar arteries occurs before hypertension develops and most probably is congenital (Warnert *et al.*, 2016); thus, the remodelling cannot be secondary to the high blood pressure *per se*. This is supported by the finding that hydralazine treatment of pre-natal and post-natal SH rats does not prevent renal artery wall thickening despite a normalization of blood pressure during treatment (Smeda *et al.*, 1988). If these early developmental morphological changes are not caused by a high blood pressure stimulus, then what does cause the remodelling?

Sympathetic activity, at least to thoracic viscera, is raised in the early post-natal period in the PHSH rat (Simms *et al.*, 2009). However, it remains unknown whether the sympathetic innervation to the posterior cerebral vasculature is altered in the PHSH rat. Sympathectomy of small mesenteric arteries and resistance vessels has been shown to prevent hyperplastic changes in neonatal SHR (Lee *et al.*, 1987) and sympathetic innervation was found necessary to increase proliferation of arterial smooth muscle in the ear artery of rabbits (Bevan, 1975) but halted irreversibly when sympathetic nerves were denervated (Bevan & Tsuru, 1981). Treatment of PHSH rats with an angiotensin converting enzyme inhibitor reduced the hypertrophy of renal, splanchnic and cerebral arterial vascular beds (Ibayashi *et*

al., 1986; Harrap *et al.*, 1990; Harrap, 1991) and produced a life-long ameliorating effect on the development of hypertension (Ibayashi *et al.*, 1986). Thus, the sympathetic nervous system, which can elevate angiotensin II activity, appears to contribute to arterial remodelling seen in SHR from early post-natal life. However, the role of the sympathetic nervous system in driving vascular changes within the vertebrobasilar arteries in the PSH rat remains unknown.

The aim of this study tested the hypotheses that: (i) there is an age-dependent increase in the density of the noradrenergic sympathetic innervation of the vertebrobasilar arteries in the developing SH rats relative to age-matched normotensive controls and (ii) reducing sympathetic innervation of vertebrobasilar arteries in the SH rat regresses their vascular remodelling. Our findings are inconsistent with this hypothesis but support the notion that in PSH and SH rats the vertebrobasilar circulation is compromised in a way that may limit vasodilatory capacity.

Methods

Ethical Approval

Animal experiments were conducted in accordance with the UK Animals (Scientific Procedures) Act 1986 and associated guidelines under project licence PPL 30/3121 and were approved by the Local Ethical Committees on Animal Experimentation at the University of Bristol. The authors confirm that the animal care and experiments conform to the guidelines of *The Journal of Physiology* (Grundy, 2015).

Subjects

Spontaneously hypertensive and Wistar rats were obtained from Harlan, UK, or was bred from Harlan stock in the animal care facility at the University of Bristol. The animals were maintained in standard environmental conditions (23 ± 2 °C; 12/12 h dark/light cycle) with water and chow *ad libitum*.

Neural innervation of the vertebrobasilar arteries

Experiments were performed on juvenile PHS (4-5 weeks) and adult (12 weeks to 1+ year, to allow ageing data) male SH rats, and normotensive aged-matched Wistar rats. 22 PHS and 34 SH rats were compared to 60 Wistar rats (28 juveniles and 32 adults).

Fixation, isolation and staining of nerves: Rats were euthanized with Euthatal (pentobarbital sodium 60 mg/kg i.p.) and upon loss of tail reflex perfused transcardially with 100 ml of phosphate buffered saline (PBS, Dulbecco A (Oxoid, ThermoScientific)) followed by 200-300 ml of 4% paraformaldehyde (PFA, Sigma, UK) in 0.1M PB (from 0.5M stock: 13.68g NaH_2PO_4 (MW: 137.99g/mol) and 56.86g Na_2HPO_4 (MW: 141.96g/mol) per litre ddH_2O) pH adjusted to pH 7.3 using 0.8ml NaOH (10N) at a flowrate of 35ml/min. Post perfusion, 5-20ml of blue ink (QUINK, Parker) was injected through the heart to help visualise the posterior cerebral circulation prior to dissection of the meninges. All traces of the ink washed away in the subsequent staining procedures. The ventral meninges containing the vertebrobasilar arteries and vasculature of the Circle of Willis was peeled carefully off the brain and post-fixed further in 4% PFA at 4°C overnight. Standard immunohistochemical (IHC) double labelling ensued on free floating meninges. Dopamine- β -hydroxylase (DBH) and Vesicular-Acetyl-Choline-Transporter (VACHT) plus Vasoactive Intestinal Peptide (VIP) were used to differentiate between sympathetic and parasympathetic fibres, respectively. We acknowledge that these markers are not unique nor exclusive for these fibre types but they are presently the best immunological markers commonly used to identify autonomic nerves in the cerebrovascular system (Dauphin & Mackenzie, 1995; Edvinsson *et al.*, 2001; Edvinsson & Krause, 2002). We also emphasise immunofluorescence will not necessarily label all fibres present. α -DBH (Millipore) is specifically labelling noradrenergic fibres of the sympathetic system, whereas α -VACHT (Millipore) and α -VIP (Novus Biologicals) stain respectively the cholinergic and the non-cholinergic, peptidergic component of parasympathetic fibres. α -Neuronal-Nitric-Oxide-Synthase (nNOS, Santa Cruz) was also

visualised having putative parasympathetic and/or sensory roles. Sensory effector nerves were identified using α -Calcitonin Gene Related Peptide (α -CGRP, Millipore). Double staining was performed in 4 combinations: 1) DBH & VAcHT, 2) VIP & VAcHT, 3) nNOS & VAcHT and 4) nNOS & CGRP. The first marker in each of the combinations above was visualised using secondary antibodies conjugated to Alexa Fluor-594 (red fluorophore) whereas the second marker was conjugated to Alexa Fluor-488 (green fluorophore), see table 1 for details of all antibodies employed. All AF-antibodies were sourced from Invitrogen/Molecular Probes. The only exception was the Goat-anti guinea pig Ab used for secondary labelling of VAcHT (Jackson IR or AbCam). Prior to imaging the sections were mounted, dried and cover slipped with Vectashield (Vector Labs).

Fluorescence microscopy, fibre density measurements and % overlap analysis:

For quantitative assessment of fibre densities, images were sampled with a 20x objective using a Leica DM5000 light microscope fitted with a Leica DFC300FX digital camera and Leica Acquisition Software (LAS). Imaging was performed to capture as large an area in focus/most fibres visible as possible. We positioned three regions of interest (ROI) windows on the in-focused areas. Focus was set on the channel (red or green) with the brightest fluorescent labelling. Images of both fluorophores were captured at the same focus. It was our experience that the majority of fibres in the adventitia got captured with the light microscope if the area was flat without folds or on the edge of the artery as this curved away and, hence, these areas were avoided. Three regions along the vertebrobasilar arteries were imaged for analysis (Fig 1): 1) Vertebral arteries (VA) caudal to the vertebrobasilar artery junction; 2) The posterior aspect of the basilar artery (BAp) just rostral to the vertebrobasilar junction; 3) The anterior aspect of the basilar artery (BAa) caudal to the junction with superior cerebellar arteries. Fibre densities were counted manually for each region by placing the aforementioned three ROIs covering 0.15 x 0.15mm semi-randomly on representative areas of the arteries that were in focus. Manual counting was chosen over automatic image analysis, as ridge detection used by Fiji for fibre detection cannot account for multiple fibres in bundles and does not allow detection of VAcHT fibres due to their punctate appearance. All analyses were performed using these criteria and by the same skilled operator. Fibre densities were calculated as the mean number of fibres/mm² \pm SEMs in each region at a single focal depth. As the main focus of this paper has been to reveal changes in the autonomic innervation of vertebrobasilar arteries in the SHR compared to the Wistar, the figures focus on the inter-strain difference, and are displayed according to age. However, age-related differences with-in each strain were also examined and are described. The densities for the individual areas for each strain and age are displayed in Figures 2, 5, 7, 9 and 11. For clarity, the average across the 3 areas is reported in Results and only pronounced variations from the mean will be further described in the text. The experimenter was 'blind' to the animal strain and age at the time of counting. The image quality of the figures has been enhanced for publication using standard Fiji manipulations (background subtraction, brightness and contrast).

Three different patterns of DBH innervation could broadly be distinguished from the images used for the analysis in Figure 2: 'Net-like', 'intermediate' and 'brick-like' (see Fig 3 for examples). These qualitative differences in innervation patterns were noted according to their location on the vessel and their distribution between rat strains of the two age groups assessed. Note, though 'net-like' fibres tended to have the lowest fibre densities and 'brick-like' the highest, images with equal densities could be categorised to two different patterns, (overlap was especially common between the 'intermediate' and the 'brick-like'). For qualitative descriptions, judgement of co-localisation and for illustration purposes some images were acquired on a spectral confocal microscope (SP5-II confocal laser scanning microscope attached to a Leica DMI 6000 inverted epifluorescence microscope). Images were sampled as z stacks equivalent to the total depth of one arterial wall.

To support the argument that reduced vasodilatory capacity is present in SHR compared to Wistar (Chang *et al.*, 2012) rats we compared the % of juxtapositioned DBH and VACHT fibres along the total length of DBH fibres; this is, referred to as "% overlap analysis". It was beyond study limitations to repeat such analysis for other fibre type combinations. The % overlap analysis was performed with the aid of the "Modular Image Analysis (MIA)" Fiji plugin (Schindelin *et al.*, 2012; Rueden *et al.*, 2017; Cross, 2018) developed by Stephen Cross (Wolfson Imaging Facility, University of Bristol). The plugin, semi-automates detection, length calculation and overlap of DBH and VACHT fibres within a user-defined 'proximity zone' of the DBH fibres (for summary of workflow see Fig. 1C). DBH fibre detection was automated using the "Ridge Detection" Fiji plugin (Steger, 1998; Wagner, 2017), while the punctate labelling of VACHT fibres necessitated manual selection. Analysis was confined to a hand-drawn region of interest, with fibres outside this region being discarded. Ridge detection can be tuned for optimal signal to noise detection using 3 parameters: upper threshold, Sigma and minimum length of fibre. The settings employed by these analyses were, respectively, 0.3-0.5 μm (adjusted according to image quality); 4.0 and 20 μm . Another variable parameter controlling the width of the DBH fibre radius (i.e. 'the proximity zone') was iterations in pixels; we employed 1 μm either side of the ridge detected. Hence the 'proximity zone' around the DBH fibres was approximately 2 μm across. Results are output to a spreadsheet and an image; example shown in Fig. 1D. The % overlap was calculated as the length of overlay divided by the total length of DBH fibres and expressed as a percentage.

Quantifying sympathetic activity in the multiple sympathetic outflows *in situ*

Experiments were performed in male PHS and age matched Wistar rats (n=8 each) using the working heart-brainstem preparation as described previously (Paton, 1996). Briefly, animals were deeply anaesthetized with isoflurane, transected caudal to the diaphragm, exsanguinated and submerged in a cooled Ringer solution (composition in mM): NaCl, 125; NaHCO₃, 24; KCl, 3; CaCl₂, 2.5; MgSO₄, 1.25; KH₂PO₄, 1.25; dextrose, 10. They were decerebrated at the precollicular level rendering them insentient. Preparations were

transferred to a recording chamber and the descending aorta cannulated and perfused retrogradely with Ringer's solution containing an oncotic agent (1.25% Polyethylene glycol, Sigma, St Louis, MO, USA), neuromuscular blocker (vecuronium bromide, 3–4 µg/ml) and continuously gassed with 5% CO₂ and 95% O₂ using a peristaltic pump (Watson-Marlow 502s, Falmouth, Cornwall, UK). The perfusate was warmed to 31°C, filtered using a nylon mesh (pore size: 25 µm, Millipore, Billirica, MA, USA) and recycled.

Respiratory and sympathetic motor nerves were isolated and recorded using bipolar glass suction electrodes. Phrenic nerve activity (PN) was recorded from its central end intra-thoracically and the internal (iCSN) and external (eCSN) branches of the cervical and lumbar (LSN) post-ganglionic sympathetic nerves isolated and recorded. Signals were amplified, band-pass filtered (AM-Systems, WA; USA; 0.1–5 kHz) and acquired with an A/D converter (CED 1401, Cambridge Electronic Design, CED, Cambridge, UK) to a computer using Spike 2 software (Cambridge Electronic Design, CED, Cambridge, UK). All nerve recording analysis was performed off-line on rectified and smoothed (50 ms) signals using Spike 2 software with custom-written scripts. The patterns of respiratory and sympathetic activities were analysed using phrenic-triggered averages of iCSN and eCSN (generated from 1–2 min epochs of recording), which were divided into three parts: inspiration (coincident with inspiratory PN discharge), post-inspiration (post-I; first half of expiratory phase and second half of expiration (E2)). The peak activity of each nerve was set to 100% and the activities observed during the different phases of respiratory cycle were the average values obtained, normalized by the peak of activity. The noise level, which was considered as 0%, was determined 10–20 min after ceasing arterial perfusion at the end of each experiment and subtracted.

***In vivo* superior cervical ganglionectomy and measuring basilar artery innervation and morphology**

A total of 41 male SH rats (12–13 weeks old, Harlan, UK) were employed. Anaesthesia was induced using isoflurane and maintained using a mix of 0.5ml Ketamine (Vetalar[®], 100mg/ml), 0.3 ml Medetomidine (Dormitor[®], 1mg/ml) and 0.2ml Saline injected in a volume of 0.05ml/100g (i.m.). Animal temperature was monitored via a rectal probe and maintained on a thermostatically controlled heat pad. Animals were assigned to either septic bilateral superior cervical ganglia resection (SCGx) or sham surgery (SCGsham, as SCGx but leaving SCGs intact) as described by Savastano *et al.* (2010). The surgical wound was closed with wound clips. Animals were reversed from anaesthesia by subcutaneous injection of atipamezole (Antisedan[®] 5mg/ml, administered as 0.05mg/300g rat). Postoperative analgesia included administration of Meloxicam (Metacam 5mg/ml, given as 0.3 mg/kg for the first 48 hours, s.c.). Procedural success of SCGx was indicated by bilateral eyelid ptosis which persisted until the end of the study.

Animals were kept for fourteen days prior tissue collection. The animals were deeply anaesthetised (pentobarbital 200 mg/kg) and decapitated at C2. The brain was then gently

removed and post fixed for 48 hrs in 10% paraformaldehyde as described previously (Cates *et al.*, 2011).

Subsequently, and in some animals, the medulla oblongata was isolated and embedded into wax for sectioning (10 μm thick coronal sections). Sections were collected from the point of vertebral artery convergence (posterior basilar artery) and at 100 μm intervals to its rostral end. After de-waxing, sections were stained with haematoxylin and eosin.

In other animals, the entire vertebrobasilar arteries were peeled away from the brain and underwent immunocytochemical staining for α -DBH and α -VACHT as previously described. Arteries stained with fluorescent probes were imaged on a Leica SP5 confocal microscope with a 20x/0.7 oil/glycerol immersion lens. Images were collected as z-stacks in a depth containing a complete layer of the adventitia. Fibre densities for the basilar and each vertebral artery were determined using the method previously described and the data expressed as percentage reduction from sham operated animals.

Coronal sections were imaged under a microscope (Zeiss Axioskop2) to make lumen- and vessel diameter and wall thickness assessments. We controlled for distortion of the artery profile by measuring the circumferences (external and lumen) in the image analysis program Fiji using the poly-selection tool, which measures the circumference of the vessel (regardless of shape) based on the perimeter (P) using the equation: $P = 2\pi r$. From this the wall thickness was computed according to Furuyama (1962) and Nordborg *et al.* (1985).

***In vivo* blood pressure measurement**

A blood pressure sensing device (DSI PA-C40) was implanted 10 days prior to SCGx/sham surgery. Using similar anaesthetic procedures to those described above, a midline abdominal incision allowed access to the descending aorta at a level rostral to the aortic bifurcation into iliac arteries. During temporary occlusion of blood flow, the aorta was punctured with an 18G needle and the transmitter catheter inserted and advanced towards the heart with its tip caudal to the renal arteries. The catheter was secured with surgical glue (3M Vetbond®) and a cellulose patch and the transmitter was sutured to the abdominal muscle. The wound was closed and repaired with sutures. Analgesia was provided as above.

Statistical analysis

All statistical analyses were performed using Graph Pad Prism versions 6 or 7. For the fibre density study and % overlap assessment, 2way-RM-ANOVAs were used to assess the effect of strain or age across the 3 regions in strain x region or age x region comparisons (reported in text as F- and P-values) followed by post-hoc Sidak's multiple comparison tests (P-values only). The outcomes of the Post-Hoc strain and age comparisons are indicated with star- (*) or cross marks (+, adult panel) for each region on the figures for the strain and age comparisons, respectively. Regional differences were sometimes explored with 1way-RM-ANOVAs followed by Tukey's multiple comparison tests. Noradrenergic sympathetic innervation change by age was examined with linear regression, testing slope difference

from zero and difference in slopes between strains. For changes in the sympathetic activity, data were expressed as mean \pm SEM and compared using Student's unpaired *t*-test. Blood pressure differences between SCGx and Sham were examined using 2way-ANOVA with post-hoc Sidak's multiple comparison tests. Statistics for %-change (from Sham) in innervation density following xSCG was performed as *t*-tests for each region. All differences were considered significant when $P < 0.05$.

Results

DBH immunofluorescent innervation of vertebrobasilar arteries in Wistar and SH rats

Fibre densities reported herein reflect the mean across the three regions measured (VA, BAp, BAa). There was no evidence of increased noradrenergic sympathetic fibre density in either rat strain at both age points in all regions studied (VA, BAp and BAa, Fig. 2). Intra-strain comparisons (*post hoc* outcomes indicated by dagger symbols in Fig. 2) revealed that Wistar rats displayed no significant difference in noradrenergic sympathetic fibre density with respect to age (647 ± 47 vs 591 ± 39 fibres/mm² in juveniles and adults, respectively), but did with respect to region ($F_{2,28}=10.4$; $P=0.0004$) with the highest fibre densities observed in BAp and the lowest in BAa at both ages. The average DBH fibre density in juvenile PHS rats was 563 ± 32 fibres/mm²; this was reduced by 33% in the adult SH rat to 380 ± 26 fibres/mm² ($F_{1,14}=9.46$; $P=0.008$) and was significant at the BAa ($P<0.01$); DBH innervation density to VA and BAp were comparable across ages.

Comparing the two juvenile rat strains (Fig. 2, top left), DBH fibre density in the PHS rat was reduced between 19-26% at posteriorly (VA and BAp) and increased 15% in BAa compared to aged matched normotensive rats resulting in a significant interaction ($F_{2,28}=4.82$; $P=0.016$) and effect of position ($F_{2,28}=9.322$; $P=0.0008$) but no significant effect of strain. In the adult rats the differences in DBH fibre densities are even greater. Reductions in SH rats range from 33-41% across regions; Fig. 2, top middle) compared to Wistars, resulting in significant effects of both strain ($F_{1,14}=14.22$, $P=0.008$) and position ($F_{2,28}=6.33$, $P=0.005$); post hoc analysis found the strain differences were confined to the posterior regions: VA ($P<0.01$) and BAp ($P<0.05$), but not in BAa.

Sympathetic fibre densities plotted as a function of age for Wistars and PHSR/SHRs indicated a progressive deterioration in DBH immuno-positive fibres with age in SHRs only ($p<0.05$ in VA and BAp & $p<0.001$ in BAa). Over the ~450 days examined, we saw a trend towards a significant difference in slope between Wistars and SHRs for VA ($p=0.08$) and BAa ($p=0.06$) but not BAp ($p=0.4$), data not illustrated.

Innervation patterns by DBH immunofluorescent fibres

Three distinguishable patterns of DBH innervation were found (Fig. 3). Their occurrence with respect to location is illustrated in Fig. 4 and described qualitatively here. Please note that these patterns were consistent across all animals.

- 1). "Net-like" pattern of fibres running mostly longitudinally or diagonally with the artery was predominantly found on BAa and is generally more prevalent in adults than juveniles.
- 2). 'Intermediate' pattern of innervation – mixture of radially and longitudinally running fibres. This pattern of innervation was predominant in BAp, high in VA and typically occurred more in juveniles than adults of both strains.
- 3). "Brick-like" pattern of fibres, with the majority running radially around arteries, perpendicular to direction of blood flow. This form of innervation was only found in VA and BAp, and was more common in juveniles of both strains. Similar in description to Cohen *et al.* (1992).

'Parasympathetic' innervation of vertebrobasilar arteries in Wistar and SH rats

Putative parasympathetic fibres were of smaller fibre diameter compared to DBH immunofluorescent fibres making their visualisation more technically challenging. Because of their multiple neurochemical phenotypes, three approaches were used to assess parasympathetic fibre densities: VAcHT (Fig. 5), VIP (Fig. 7) and nNOS (Fig. 9). Note that nNOS is also found in sensory afferent fibres, so co-staining with VAcHT or CGRP was performed to identify either cholinergic parasympathetic or sensory components of nNOS axons (Fig. 7) with the caveat that there may be sensory fibres that do not contain CGRP.

(i) VAcHT positive innervation: The majority of VAcHT-fibres run in close apposition with DBH fibres as illustrated by confocal microscopy (Fig. 6). In Wistar rats, VAcHT fibre density (Fig. 5) was approximately half of that measured for DBH axons. VAcHT fibre density increased dramatically (73%) from juveniles (227 ± 18 fibres/mm²) to adult Wistar rats (392 ± 22 fibres/mm²; $F_{1,40}=15.02$; $P=0.0004$). Innervation density increased in all arterial regions with the biggest increase in VA and BAp (both significant at $p < 0.01$, see Fig 5). As with the DBH staining, the highest VAcHT fibre densities were in BAp and the lowest in BAa (overall effect of region: $F_{2,80}=8.78$; $P=0.0004$).

PHSH rats had a VAcHT fibre density of 105 ± 11 fibres/mm² reflecting a 54% reduction compared to aged-matched Wistars ($F_{1,40}=16.83$; $P=0.0002$, Fig 5), which was exacerbated in adulthood (-67%; $F_{1,43}=52.94$; $P < 0.0001$, Fig 5). Unlike Wistar rats, there was no change in VAcHT fibre density with age in hypertensive rats (PHSH, 105 ± 11 vs SHR 129 ± 13 fibres/mm²) and no differences in innervation density according to region.

(ii) VIP positive innervation: VIP-labelling (Fig. 7) closely mirrored VAcHT innervation (Fig. 5). Overlap between VAcHT and VIP markers was sparse suggesting separate fibre populations (Fig 8).

In Wistar rats, VIP fibre density increased by 66% during development (juvenile: 246 ± 18 vs adult: 409 ± 26 fibres/mm², $F_{1,18}=17.39$; $p=0.0006$) reaching significance in VA and BAa

regions ($P < 0.01$). In contrast, there was a prominent deficit of VIP labelling in hypertensive rats and this did not change with age (PHSH 119 ± 24 vs SH: 114 ± 17 fibres/mm²).

VIP labelling was 51% lower in PHSH rats than in age matched Wistars ($F_{1,16} = 14.6$; $P = 0.0015$) and was specific to VA and BAp regions only ($P < 0.01$). In adult SH rats, all vertebrobasilar artery regions had lower VIP fibre density compared to age matched Wistars (72%, $F_{1,13} = 36.14$; $P < 0.0001$). The regional differences in innervation observed with DBH and VAcHT were not evident with VIP staining.

(iii) nNOS positive innervation: To determine whether nNOS immunopositive fibres were also cholinergic, double staining with VAcHT was performed. Although hampered by the fact that the two markers could occupy different segments of the fibres, co-staining and confocal imaging revealed that the majority of VAcHT positive fibres were co-immunopositive for nNOS (Fig. 10). However, many more nNOS positive fibres without VAcHT fibres were also found.

The nNOS fibre density (Fig. 9) for juvenile Wistars average 418 ± 39 fibres/mm² with lower densities more posteriorly (VA: 271 ± 42 fibres/mm²) and higher densities anteriorly (BAa: 520 ± 75 fibres/mm²). A 1w-RM-ANOVA ($F = 6.7$, $p < 0.05$) found VA to be significantly lower than BAp ($p < 0.05$) and trending to be different for BAa ($p = 0.06$). In PSHRs a similar distribution pattern with a lower (18%) mean density was found (average 343 ± 69 fibres/mm²) relative to age-matched Wistar rats. 1w-RM-ANOVA ($f = 9.5$; $p < 0.01$) with VA smaller than both BAp and BAa ($p < 0.05$ and 0.01 respectively).

There was no difference between the juvenile rat strains, but the difference in fibre densities at the different locations leads to a significant effect of region ($F_{2,28} = 15.8$, $P < 0.0001$). In the adult rats, fibre densities are higher and even across all regions relative to their respective juvenile counterparts and it is also similar between rat strains (mean densities: Wistar rats: 597 ± 31 and SHRs 615 ± 30 fibres/mm², NS). The increased fibre density with age is significant for both Wistar ($F_{1,22} = 6.7$; $P = 0.02$) and SH rats ($F_{1,22} = 9.3$; $P = 0.006$) and is significant for VA ($P < 0.01$) in Wistars and both VA ($p < 0.0001$) and BAp ($p < 0.05$) in SH rats.

(iv) CGRP: Labelling with the sensory marker CGRP revealed a small and equivalent distribution of sensory fibres in the vertebrobasilar arteries of adult Wistars and SH rats. Hence there was no evidence for a compensational sprouting of nNOS fibres from sensory fibres in SH rats.

% overlap – VAcHT to DBH juxtaposition

In juvenile Wistars approximately 40% of DBH fibres are juxtapositioned with VAcHT (Fig 6B). In PHSH rats this proportion is halved (20%). This was consistent across all three regions studied. There was a significant effect of strain ($F_{1,14} = 12.3$; $P = 0.004$), but no effect of region. The greatest difference in overlap was on VA ($p < 0.01$), but also BAp and BAa were significant ($p < 0.05$). An almost identical picture is present for adult rats showing an effect of

strain ($F_{1,13}=10.4$; $P=0.007$), but no effect of region. In the post hoc tests only BAp and BAa reached significance ($P_s<0.05$). Comparisons between different ages for each strain revealed no significant differences for both age and region.

Activity level and pattern recorded from cervical sympathetic branches *in situ*

We next compared the activity of the internal cervical sympathetic branch (iCSN) known to innervate the basilar artery (Sato *et al.*, 1980; Arbab *et al.*, 1986; Arbab *et al.*, 1988; Hesp *et al.*, 2012) between rat strains. In addition, we compared this activity to both the external cervical sympathetic branch (eCSN; which does not innervate cerebral vessels) and the lumbar chain (ISN). As before (Simms *et al.*, 2009), we analysed differences in their respiratory modulation by averaging the percentage of integrated sympathetic activity during the respiratory phases of inspiration, post-I and E2. Similar to our findings with thoracic sympathetic activity (Simms *et al.*, 2009), the ISN activity peaked during post-I. In both rat strains, iCSN and eCSN had a higher inspiratory (Wistar: $p<0.05$; PHS: $p<0.05$) and lower post-I modulated sympathetic discharge (Wistar: $p<0.05$; $n=8$; PHS: $p<0.05$; $n=8$) than ISN (Fig. 12). Comparisons between rat strains indicated that PHS rats showed a higher peak of sympathetic activity during inspiration in both iCSN (PHS vs Wistar rats: 22 ± 3.1 vs $11 \pm 1 \mu\text{V}$; $n=8$, $p=0.0015$) and eCSN outflows (PHS vs. Wistar rats: 17 ± 2.1 vs $9.7 \pm 2.5 \mu\text{V}$; $n=8$, $p=0.03$), and during post-I in ISN (PHS vs. Wistar: 24 ± 2 vs $8.6 \pm 0.9 \mu\text{V}$; $n=8$, $p<0.0001$; Fig. 12). Moreover, in PHS rats, an additional burst of activity during pre-inspiration was also seen in the iCSN but never in eCSN or ISN outflows (Fig. 12). Thus, in hypertensive rats, the iCSN has both higher activity and a unique pattern compared to other sympathetic outflows and to the same outflow in normotensive rats.

Superior cervical ganglionectomy (SCGx) and vertebrobasilar artery remodelling

The SCG was verified using TH immunofluorescence staining (Fig. 13A). Although there was no increase in the sympathetic innervation density of the vertebrobasilar arteries in hypertensive versus normotensive rats, the elevated activity levels in the internal cervical sympathetic branch in PHS rats, which contain much of the innervation to these cerebral arteries, could contribute to their remodelling. Thus, we performed bilateral SCGx to reduce the bulk of the innervation of the vertebrobasilar arteries in adult rats. Allowing for three days recovery from surgery, there was no difference in food or water intake, and no persistent reduction in systolic or diastolic blood pressure (Fig. 13B), heart rate or ventilatory frequency between SCGx and SCGsham rats up to the 14 post-operative day, when animals were culled (not all data shown). There was a significant reduction in DBH immunostaining in SCGx SH rats compared to the SCGsham group (Fig. 14A). The highest reduction happened posteriorly: 62% for the VA ($P<0.01$) and 57% ($P<0.001$) on the BAp, whereas a reduction of 38% was seen on the BAa ($P<0.01$), Fig. 14B. There was no significant difference in VACHT immunopositive fibres on any parts of the vertebrobasilar arteries between SCGx and SCG sham groups, Fig. 14B. The diameters of the BAa, BAp and VA left and right were 247 ± 5 , $230 \pm 4 \mu\text{m}$, 224 ± 8 and $238 \pm 7 \mu\text{m}$, respectively. However, there was no difference in the lumen diameter, wall

thickness and lumen diameter:wall thickness ratio between SCGsham and SCGx SH rats (Fig. 14C).

Discussion

The present study examined the differences in the autonomic innervation of the posterior cerebral arteries of juvenile and adult normotensive and hypertensive rats and whether the noradrenergic sympathetic innervation was responsible for the remodelling that led to our previously observed increases in cerebrovascular resistance in the SH rats. Contrary to our hypothesis, we did not find any evidence for an increase in noradrenergic sympathetic innervation density in the vertebrobasilar arteries in SH rats compared to age matched Wistars. However, our data demonstrate for the first time that there are substantial reductions in fibres with presumed parasympathetic function in hypertensive rats that may reduce their capacity for vasodilatation. Our data also purport that the sympathetic innervation from the superior cervical ganglion plays no part in the remodelling of the vertebrobasilar arteries or their parasympathetic innervation in the SH rats.

Limitations and assumptions:

Fibre counts were performed manually, and absolute numbers may be questionable as it was not always possible to clearly distinguish exact fibre numbers when bundles were encountered. However, we remain confident that the relative changes we report (rat strain, age, artery region) remain robust. Our fibre counts were based on images analysed using light microscopy over three areas within each segment of the vertebrobasilar artery measured, which provides a snap shot at a single focal depth. Given the size of the axons we believe this is reasonable but acknowledge that confocal imaging may improve fibre resolution and hence accuracy of the absolute densities of fibre types especially those with small diameters and weaker labelling (e.g. VAcHt and CGRP containing fibres may have been missed as their labelling lay on the limit of what was detectable with light microscopic resolution). None of these limitations, however, affect the qualitative traits of our data, as all errors were similar across groups.

Identifying autonomic fibres is confounded by their various guises. It is possible that the sympathetic fibre population could have been expanded using other established markers such as NPY (however, with the caveat that this marker may also be found in the parasympathetic system). Equally, there is not a single antibody that will, unequivocally, stain all parasympathetic fibres. Because of the overlap in phenotypes within parasympathetic fibres, using a combination of distinct markers does not allow one to sum the total number of fibres. Further, nNOS is present in sensory as well as autonomic fibres. Thus, the present study does not claim to provide an unequivocal fibre density for each population of autonomic nerves innervating the vertebrobasilar arteries, but rather the subgroups of fibres identifiable using conventional immunocytochemical markers. However, using multiple probes targeting the different types of parasympathetic nerves provides

more information than a single marker and highlights the different 'subpopulations' of this innervation, which may participate differentially in regulating blood flow. Equally, the semi-automated workflow employing Fiji (minimising any bias involved in manual counting) comes with certain caveats. DBH fibres are automatically selected by ridge detection. VACHT fibres had to be operator traced. However, the tracing of green fibres was done 'blind' as the operator was unaware of the position of the DBH fibres. We argue that any imprecision in tracing by the operator should be equal across all groups. If multiple strands ran in parallel they were all traced. Hence there is a tendency in this analysis to underestimate DBH fibres as : 1) only one length was counted in bundles containing multiple fibres; 2) the full width of very wide bundles were not accounted for by the 2 μ m width setting and 3) Some fibres were not picked out as a result of sensitivity settings, i.e. an inability of the programme to distinguish noise from signal. Equally there is a tendency to proportionally overestimate VACHT fibers: 1) Multiple fibers in bundles were traced to ensure full cover of the foot print and 2) any sign of fibres, even very weak ones not containing strong punctate fluorescence, were traced (these are particularly present in SHR). Hence these caveats would work against the observed differences between SHRs and Wistar rats. Thus, we are confident that any improvement to the analysis would only serve to make the differences found between the two rat strains even bigger.

Sympathetic innervation of vertebrobasilar arteries in hypertension

We found no difference in the noradrenergic sympathetic innervation of vertebrobasilar arteries between rat strains in the juvenile age group, but an age-dependent reduction in adult SHRs, particularly in the posterior regions (VA & BA_p). For the juvenile age group our results contrast to Dhital *et al.* (1988), who using the glyoxylic acid staining method found significant *increases* in sympathetic innervation of basilar arteries in PHS relative to Wistar rats at ages of 4, 6 and 8 weeks, but not at 12 weeks old. Unfortunately, animals >12 weeks old were not examined by this research group, so any age-related decline in sympathetic innervation, as we found, could not be known. Age-dependent decreases in sympathetic innervation have been described previously for normotensive Wistar rats: peak innervation on the BA was obtained at 1-4 months with a 10% decrease at 8 months and 50% at 27 months (Mione *et al.*, 1988).

Previous studies did not utilise α -DBH- fibre counts but made comparisons between adult SH and WKY rats using glyoxylic catecholamine fluorescence or noradrenaline content of arteries that included the basilar and reported increased sympathetic innervation of cerebral arteries of SHR (Lee & Saito, 1984; Mangiarua & Lee, 1990); this was thought to act functionally to restrict these arteries thereby controlling blood flow and preventing stroke. This increased innervation is in stark contrast to our data, where we found a reduction in DBH-stained fibres in adult (i.e. >12 week old) SHR versus Wistar rats. This warrants further discussion. We note that Lee and Saito (1984) reported sparse catecholaminergic

innervation of the BA-VA junction in adult WKY rats. Our data from Wistar rats (both ages) exhibited dense immuno-positive DBH staining of vertebrobasilar arteries. This raises the question of an inter-strain difference (WKY vs Wistar; see (Rapp, 1987; Kurtz *et al.*, 1989; St Lezin *et al.*, 1992) which could explain the discrepancy with our data, as clearly they would be comparing from a very low level of innervation in WKY relative to SHR. We cannot rule out genetic variation between the SHR rats used herein with these previous studies (see Okuda *et al.* (2002)). Differences in the methods used to visualise sympathetic fibres may also play a role. Indirect immunofluorescence appears to stain a larger proportion of nerve fibres compared to DBH-immunofluorescence (Schröder & Vollrath, 1985) which would affect comparisons with the data from Lee and Saito (1984) and Mangiarua and Lee (1990). Given our data of differences in innervation (fibre density and pattern) rostro-caudally along the basilar-vertebral arteries and lack of regional specificity in previous studies, not to mention different techniques used, makes direct comparison of these data with other studies challenging.

Our results also revealed regional differences in the noradrenergic sympathetic innervation from VA, BAp to BAa. These differences were both quantitatively (as fibre densities) and qualitatively different (as in the way the fibres were arranged). Changes in pattern appeared to be more prominent across age than strain and biggest in the VA. Similar patterns of innervation across both anterior (Circle of Willis) and posterior cerebral arteries has previously been described by Cohen *et al.* (1992), but only in adult rats and no regional differences were reported in the posterior cerebral arteries. At present we have no explanation for the functional significance of the observed differences in regional patterns but speculate they may be related to the need for precise regulation of blood flow to the brainstem.

Sympathetic nerve activity to vertebrobasilar arteries

The functional significance of any nervous innervation is difficult to interpret without knowing the activity levels within the fibres. Thus, we recorded the internal branch of the cervical sympathetic nerve from PSHH and age-matched Wistar rats (we were unable to record this in adult rats free of anaesthesia) which is known to innervate the anterior basilar artery (Arbab *et al.*, 1986; Arbab *et al.*, 1988) and, based on our superior cervical ganglion denervation data, provides some of the innervation to the posterior basilar artery and the vertebral arteries (Fig 13). Sympathetic activity was respiratory-modulated, and all respiratory phases of this modulation were higher in the PSHH rat relative to age-matched Wistar rats. In PSHH rats, we found a novel activity signature from iCSN - a discharge coincident with the pre-inspiratory phase; the significance of this remains to be determined but it further boosts the overall hyperexcitability of this innervation. This hyperactivity was present in the PSHH rat before both the onset of hypertension and the deficit in sympathetic innervation; whether it persists in adulthood is unknown but based on other sympathetic outflows recorded previously from SHR (Menuet *et al.*, 2017), we would predict it would. One possibility is that this excessive sympathetic activity leads to the demise of the

DBH immuno-positive innervation as has been found to occur to noradrenergic nerves innervating cardiac tissue in heart failure (Igawa *et al.*, 2000), a condition where sympathetic activity is also raised; this may be a compensatory mechanism preventing noradrenaline induced hyperplasia of the vertebrobasilar arteries as can occur in the aorta (Dao *et al.*, 2001).

Vasodilatory role of the sympathetic innervation to vertebrobasilar arteries

It has been argued that in the rat the sympathetic nerves in the basilar artery are not involved in vasoconstriction but vasodilatation (Chang *et al.*, 2012); the latter artery is known to be less sensitive to noradrenaline than non-cerebral arteries (Lee, 2002). Curiously, sympathetic activation in normotensive rats dilated the basilar artery by stimulation of β_2 adrenergic receptors; the latter were proposed to be located on nitregic nerves thereby triggering NO release (Chang *et al.*, 2012). Based on our observation of decreased sympathetic innervation of the basilar artery in the adult SHR, this may compromise the vasodilatory capacity of the sympathetic nerves, which was indeed found by (Chang *et al.*, 2012). Certainly, the confocal imaging shows that sympathetic nerves run in close proximity to parasympathetic fibres providing the anatomical substrate for crosstalk between sympathetic and parasympathetic fibres and the vasodilatory mechanism as reported by Chang *et al.* (2012). A reduced vasodilatory capacity of the sympathetic control of the basilar artery in the adult SHR is further supported by our finding of a reduced cholinergic and peptidergic parasympathetic innervation versus aged matched Wistar rats. Parasympathetic markers for both cholinergic (VAcHT) and peptidergic (VIP) fibres revealed a striking deficit in fibre densities in the PSHH rat. This was suggested in an earlier electron microscopy study but conventional confirmation of parasympathetic nerves using established immuno markers was not made (Lee & Saito, 1984). Further, analysis of the percentage of DBH fibres that were juxtapositioned with VAcHT (%overlap analysis) demonstrated a 50% reduction in overlap between SHR versus Wistar rats in both age groups, which was independent of the position along the artery. We accept that an analysis of the co-positioning between DBH to peptidergic and nitregic parasympathetic fibres would have allowed a more substantiated statement on the limitation of vasodilatory capacity in the SHR but this awaits a future study.

Parasympathetic innervation and vasodilatory role

Although the fibre densities obtained for VIP and VAcHT are almost identical, our confocal imaging revealed that in the majority of cases they are not co-expressed in the same fibres and is consistent with previous observations (Yu *et al.*, 1998) and differences in their origins (Suzuki *et al.*, 1988). If they are indeed separate fibres, then based on our data (see Fig 5&7), the total parasympathetic innervation density of VIP+VAcHT in normotensive animals is comparable with the sympathetic innervation density (Fig 2). However, although acetylcholine is a major vasodilator in many peripheral arteries, it does not appear to have major vasodilatory function in the rat basilar artery, but has a modulatory role on NO

release from nitrergic nerves, as Chang *et al.* (2012) discussed above. However, VIP induces vasodilation via NO mechanisms involving: (i) endothelial cells (Gaw *et al.*, 1991; Gonzalez *et al.*, 1997), (ii) nitrergic nerves (Seebeck *et al.*, 2002) and (iii) a direct action on SMCs (Grant *et al.*, 2005). Hence, we propose that the deficit in VIP innervation we found in SHR would reduce vertebrobasilar artery vasodilatory capacity. In this context, a limited vasodilatory capacity has been demonstrated in basilar arteries in SHR (Chang *et al.*, 2012) and pial arteries from stroke prone SHRs (Coyle & Heistad, 1986) compared to normotensive rats (WKY). Thus, we propose that in hypertension parasympathetic dysfunction is a major problem regarding cerebral blood flow regulation and, as we proposed recently, strategies to circumnavigate this dilatory deficit would be clinically important especially in conditions of hypertension and stroke (Roloff *et al.*, 2016).

Any attempt to target the autonomic nerves to increase vasodilatory capacity would hinge on an understanding of their origins and pathway trajectories. The sources of sympathetic and parasympathetic input to the vertebrobasilar arteries are somewhat distinct from innervation to the anterior cerebral arteries/Circle of Willis (Roloff *et al.* (2016), for review). Whereas the anterior cerebral circulation receives sympathetic input from the superior cervical ganglion and parasympathetic input from pterygopalatine ganglion, cavernous sinus ganglia, carotid mini-ganglion and otic ganglia, the vertebrobasilar arteries receive sympathetic input from stellate and superior cervical ganglia whereas the parasympathetic input is derived mainly from the otic ganglia. This division of innervation would potentially enable functional targeting of the separate components of the autonomic system and distinct portions of the cerebral arterial system.

Role of sympathetic nerves in remodelling of vertebrobasilar arteries

We found no change in the relative size of the vertebrobasilar arteries after removing the superior cervical ganglia bilaterally in PSHR despite the substantial reduction of DBH immuno-positive fibres in these vessels. Note that there was no evidence of any change in VAcHt immuno-positive fibres suggesting that their vitality is independent of this sympathetic input. We conclude that the remodelling of these cerebral arteries in the PSHR is therefore not due to this innervation but acknowledge that we cannot rule out a role for the innervation that remained, which is likely from the stellate ganglia (Arbab *et al.* 1988). How these arteries remodel in the SHR remains an open question but mechanisms including that of renin-angiotensin II (Harrap *et al.*, 1990) and immune systems (Waki *et al.*, 2007), which are functionally coupled (Zubcevic *et al.*, 2011; Fisher & Paton, 2012) are possible.

A brief comment on our nNOS immunostaining. Designating nNOS to a functional class of nerve fibres is problematic as it is present in cholinergic and peptidergic parasympathetic and sensory nerve fibres. Unlike VAcHt and VIP immuno-positive fibres, we found no age-related deficit in nNOS containing fibres on vertebrobasilar arteries of adult SHR or normotensive rats. We also examined the number of CGRP fibres in adult rats (where the

biggest deficit in the parasympathetic markers were seen) to ensure the high nNOS fibre density in the SHRs were not due to compensatory sprouting in the sensory system. We found no evidence of an increase in sensory fibre innervation in the adult SHR. Also we found no evidence of decreased CGRP functionality in the posterior cerebral arteries of adult SHR, as reported for dorsal root ganglia or mesenteric arteries (Supowit *et al.*, 2001; Hashikawa-Hobara *et al.*, 2012).

Conclusions and clinical relevance

We believe hypertension in the SHR is associated with a reduced ability to vasodilate hindbrain arteries. This is due to: (i) a dramatic, age-independent attenuation of the parasympathetic modulators VACHR and VIP in SHR compared to Wistar rats. There is no change in nNOS, hence no compensation, pointing to a net reduction in vasodilatory capacity (ii) This is compounded by a reduction of noradrenergic sympathetic innervation of vertebrobasilar arteries in adult versus pre-hypertensive SHR where these fibres are most likely to be vasodilatory in function as found in a previous study (Chang *et al.*, 2012). These results may explain both the reduced cerebral blood flow and vasodilatory response to increases in metabolic demand in humans with hypertension (Warnert *et al.*, 2016). Such deficits may increase resistance through this vascular bed and would certainly compromise brainstem blood flow and tissue oxygenation as we found in the SHR brainstem (Marina *et al.*, 2015). They may also cause brainstem hypoperfusion during night time blood pressure dipping or in patients taking blood pressure lowering medication; the latter may increase susceptibility to non-haemorrhagic stroke. Thus, future research should examine if harnessing parasympathetic system functionality might restore brain perfusion and alleviate hypoperfusion related pathologies such as hypertension, stroke and vascular dementia (Roloff *et al.*, 2016).

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Conflict of interests:

The authors have no conflict of interest to disclose.

Other: Parts of the data in this paper have previously been presented at Phys Soc 2012 (Edinburgh), ISH 2012 (Sydney), EB 2014 (San Diego) and ISH 2016 (Seoul).

Type	Abbreviated name	Ab recognising	host	clone	Concentration	Supplier	Catalogue no.
1° Ab	α-DBH	Dopamine beta-hydroxylase	Mouse	Monoclonal	1:1000	Millipore	MAB308
1° Ab	α-VACHT	Vesicular acetyl choline transporter	Guinea pig	Polyclonal	1:500	Millipore	AB1588
1° Ab	α-VIP	Vasoactive Intestinal peptide	Rabbit	Polyclonal	1:200-1:400	Novus Biologicals (discontinued)	NBP1-78338
1° Ab	α-nNOS	Neuronal Nitric Oxide Synthase	Mouse	Monoclonal	1:50	Santa Cruz	SC-5302
1° Ab	α-CGRP	Calcitonin gene related peptide	Rabbit	Polyclonal	1:100	Millipore	PC205

type	Ab recognising	Host	conjugate	IF-colour	Concentration	Supplier	Catalogue no.
2° Ab	α-Mouse	Goat	AF-594	red	1:500	Invitrogen or Molecular Probes	A11005 R37121
2° Ab	α-Mouse	Goat	AF-488	green	1:500	Invitrogen or Molecular Probes	A11029 R37120
2° Ab	α-Guinea Pig	Goat	DyLight-488	green	1:500	AbCam	ab96959
2° Ab	α-Guinea Pig	Donkey	biotinylated	-	1:500	Jackson IR (discontinued)	706-175-148
2° Ab	α-Rabbit	Goat	AF-594	red	1:500	Invitrogen or Molecular Probes	A11037 R37117
2° Ab	α-Rabbit	Goat	AF-488	green	1:500	Invitrogen or Molecular Probes	A11008 R37116

	streptavidin		AF-488	green	1:500	Invitrogen	S32354
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Table 1. Primary and secondary antibodies employed.

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Figure legends

Figure 1.

Vertebrobasilar artery peel and analysis of its autonomic innervation.

A) Vertebro-basilar arteries in natural light (phase contrast) image. Areas analysed following IHC are indicated in yellow: Vertebral arteries (VAs), Basilar artery anteriorly (BAa) and posteriorly (BAp). Scale bar 1mm. B) Representative red and green channel images (in example: α -DBH-594 and α -VAcHT-488 stained vertebral artery (VA) from adult Wistar rat), showing placement of the 3 'masks' (measuring 150x150 μ m) used to demark areas for fibre counting. Areas were positioned semi-randomly on the vessel that was in focus. The number of fibres in each region was counted, summated, and the average fibre densities per mm² was calculated. Subsequently the same areas were used for the green channel to assess AF-488 fibre densities. C) Workflow diagram of MIA plugin for Fiji used to analyse % overlap between DBH and VAcHT fibres and D) output image showing operator defined ROI (orange), outline of automatically detected DBH fibres with proximity zones applied (white) and operator drawn VAcHT fibres (green). Overlays (blue) are defined as where VAcHT fibres occur within DBH proximity zones.

Figure 2.

DBH immunofluorescence staining of vertebrobasilar arteries is decreased in adult hypertensive rats.

No change (juveniles, *top*) or decreased (adult, *bottom*) sympathetic fibre densities in vertebrobasilar arteries of SHRs (■) compared to age-matched Wistars (□). In juvenile rats 2w-RM-ANOVA found a significant ($p < 0.05$) interaction of strain x region and a highly significant difference in innervation by region ($p < 0.001$), but no effect of strain. In adult rats, the effects of both strain and region are highly significant ($p < 0.01$). The post-hoc test reveals the effect is only significant for areas VA and BAp. * $p < 0.05$, ** $p < 0.01$. With-in strain comparisons found no significant difference in fibre densities in Wistar rats across age, but a significant decrease in the SHRs ($p < 0.01$). The post-hoc test reveals the effect is significant for area BAa (indicated as a white † on the adult panel). † $p < 0.05$. Both strains had a significant effect of region ($p < 0.001$ in Wistars and $P < 0.01$ in SHRs). Representative images of area BAp labelled with α -DBH-594 for each group.

Figure 3.

Distinct DBH patterns of innervation based on the location of the vertebrobasilar artery.

Examples of sparse, intermediate and dense innervation patterns of DBH-labelled fibres in Wistars (A-C) and SHRs (D-F). The location along the vessel and the age of the animal is indicated. Scale bar 100 μ m.

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Innervation densities across the vertebrobasilar arteries for juvenile and adult Wistar and SH rats.

Distribution of innervation densities of DBH-labelled fibres in the 3 regions examined according to age and strain. Note the denser innervation is observed more posteriorly (BAp & VA) and it is more prominent in juveniles than adults. Note, the y-axis in VA is double that for BAa and BAp as observations have been collected from 2 VAs in each rat. However, the scale is set to allow direct comparisons of proportions. The biggest change in sympathetic innervation density between juveniles and adult is seen in the VA from SHRs.

Figure 5.

Parasympathetic cholinergic innervation of vertebrobasilar arteries is reduced in the hypertensive rat.

A dramatic deficit in cholinergic parasympathetic labelling (α -VChT) is evident in both PSHH (top) and SH rats (■) compared to age-matched Wistar rats (□) across the 3 regions. Notably the decrease is prior to the onset of hypertension. The 2w-RM-ANOVA reveals a highly significant effect of strain ($P < 0.001$) and a significant effect of region ($p < 0.05$) for both age groups. Post hoc analyses found the effects significant ($p < 0.001$) in all regions.

** $p < 0.01$, *** $p < 0.001$. With-in strain comparisons found significant difference in fibre densities in the Wistar rats across age ($p < 0.001$) and with respect to region ($p < 0.001$), post-hoc differences across regions are indicated with †s on the adult panel). † $p < 0.05$ †† $p < 0.01$ ††† $p < 0.001$. No differences could be found between the two groups of SH rats.

Representative fluorescent microscopy images of area BAp for each group labelled with the cholinergic parasympathetic marker α -VChT-488, including excerpts of adult innervation at higher magnification (*far right*).

Figure 6.

Juxta-positioning of sympathetic and parasympathetic fibres targeting the vertebrobasilar arteries and calculation of % overlap.

A) Innervation on vertebral artery illustrating how sympathetic (α -DBH-594 and cholinergic parasympathetic (α -VChT-488) fibres tend to run in parallel. The higher ratio of sympathetic to cholinergic parasympathetic innervation is also obvious. Adult male SHR, confocal z-stack (depth: 25 μ m). B) The proportion of DBH fibre with VChT overlap in SH rats is approximately 20% - half that of Wistars (40%). 2w-RM-ANOVA revealed a significant effect of strain ($P < 0.01$) for both juveniles and adults, but no effect of region. In juvenile rats post hoc analyses found the effects strongest in VA ($p < 0.01$). BAp and BAa were significant ($p < 0.05$) both in juveniles and adults. * $p < 0.05$ ** $p < 0.01$. The with-in strain comparisons found no differences across ages or regions. Representative images of the Fiji-MIA analysis output from area BAp for each strain and age are shown with examples of the original images of adult fibre juxtapositions (*far left*).

Figure 7.

Parasympathetic vasoactive intestinal peptidergic innervation of vertebrobasilar arteries is reduced in the hypertensive rat.

The peptidergic VIP parasympathetic labelling is similar to that seen for VChT. A deficit is evident in both juvenile (top) and adult SHRs (■) compared to age-matched Wistar rats (□).

Notably the decrease is prior to the onset of hypertension. The effect of strain, but not region, is significant in juveniles and adults. Regional differences are indicated on the figure. ** $p < 0.01$, *** $p < 0.001$. With-in strain comparisons found significant difference in fibre densities in the Wistar rats across age ($p < 0.001$) but not with respect to region. Post-hoc differences in age for each region are indicated with †s on the adult panel. †† $p < 0.01$. In SHR there was no effect of age or region, but at significant interaction ($p < 0.05$) between the two groups. VIP fibre densities are significantly higher in Wistar adult rats than juveniles, but no such change is observed in SHRs. Representative fluorescent microscopy images of area BAp for each group labelled with the peptidergic parasympathetic marker α -VIP-594, excerpts of adult innervation at higher magnification (*far right*).

Figure 8.

Juxta-positioning of cholinergic and peptidergic autonomic fibres innervating the vertebrobasilar arteries.

Peptidergic and cholinergic markers sometimes, but far from always, co-localise in the same fibres. Though the two fibre types tend to run in parallel, in the majority of fibres there is a clear separation of the two markers. Confocal image of α -VIP-594 and α -VAcHT-488 immunofluorescence in the posterior basilar artery in an adult Wistar rat. Flattened confocal 100 μ m z-stack and an excerpt shown at higher power.

Figure 9.

Neuronal nitric oxide synthase immunopositive fibre labelling is similar between normo- and hypertensive rats.

Representative fluorescent microscopy images of BAp for each group labelled with the parasympathetic and sensory effector nerve marker α -nNOS-594. There are no strain related deficits in nNOS labelling at any age. In the juvenile rats there is a position ($p < 0.01$) related dip in innervation with the effect being strongest at positions distal to the circle of Willis, possibly reflecting that the innervation is still developing. There are significant age-related differences in the amount of nNOS fibres in both strains. In Wistar rats they are significant for VA and in SHRs for VA and BAp (see text for details). † $p < 0.05$ †† $p < 0.01$ ††† $p < 0.001$. Representative fluorescent microscopy images of area BAp for each group labelled with the parasympathetic and sensory effector nerve marker α -nNOS-594.

Figure 10.

Parasympathetic cholinergic and neuronal nitric oxide synthase fibres: same or distinct axons?

Though the majority of VAcHT appear to colocalise with nNOS positive fibres the two markers seem to occupy different compartments of the fibres, so it difficult to assess if co-localisation in the fibres is true or if the markers intertwine. Fibres that are only nNOS (*red arrows*) or only VAcHT positive (*green arrows*) can also be found. The images confirm/reflect the deficit in the cholinergic marker but equal and more labelling of nNOS across the two strains. Confocal images from juvenile Wistar and SHR double labelled with α -nNOS-594 and α -VAcHT-488 immunofluorescence in the posterior basilar artery. Confocal image of

flattened z-stacks through one side of flattened vessel containing the full depth of the adventitia.

Figure 11.

Calcitonin gene related peptide immunofluorescence is similar between Wistar and SHR rats.

Representative fluorescent microscopy images of area BAp for adult Wistar rats and SHRs labelled with α -CGRP-488 (green arrows). There are no differences in CGRP labelling in Wistar and SHR adult rats. The highest density of CGRP in the regions examined occurs in BAp. The effect of region is significant ($p < 0.05$).

Figure 12.

Elevated activity of the sympathetic fibres innervating the vertebrobasilar arteries of hypertensive compared to normotensive rats.

Traces of integrated (J) and absolute activity of the external cervical sympathetic nerve (eCSN), internal cervical sympathetic nerve (iCSN), lumbar sympathetic nerve (LSN) and phrenic nerve (PN) in juvenile Wistar and PHS rats. The arrow is indicating the extra component of activity in the iCSN firing (pre-I burst) occurring prior to the inspiratory activity in PN.

Figure 13.

Identification of excised tissues as superior cervical ganglion and development in blood pressure following excision

A) The excised tissue was positive for tyrosine hydroxylase protein as shown on by western blotting. Co-localization study of α -D β H and α -TH showed that cell bodies within the tissue are positive for both tyrosine hydroxylase as well as dopamine β hydroxylase. All D β H fluorescence is localized to TH fluorescence suggesting that they mark the same structures. Scale bar: 50 μ m. B) The blood pressure measurements (in mmHg) were obtained using DSI telemetry. After recording 3 days of baseline animals underwent either sham or SCGx treatment and blood pressure was recorded continually for 14 days. The traces are presented as difference from the baseline. The systolic and diastolic blood pressure traces of ganglionectomized and sham operated animals are presented as changes from baseline.

Figure 14.

Bilateral superior cervical ganglionectomy in SHR attenuates sympathetic fibre innervation of vertebrobasilar arteries but is without effect on their remodelling.

A) Representative images of vertebrobasilar arteries showing immunofluorescence staining α -DBH-AF594 and α -VACHT-AF488 after SCGx or sham operation in SHR and corresponding bright field (BF) images. The arrowheads indicate exemplar sympathetic fibres stained with DBH antibody. B) The reduction in DBH staining is clearly evident after ganglionectomy. % Change in Sympathetic (DBH positive) and parasympathetic (VACHT positive) fibre densities

in xSCG compared to Sham animals according to area. Significant differences to normalised Sham values are indicated on the graph: * $p < 0.05$, *** $p < 0.001$. C) Coronal images of the basilar and vertebral arteries in SCGx and sham operated SHR. There is no evidence remodelling in the 14 days since ganglionectomy in SCGx in comparison to sham operated rats.

Figure 1.

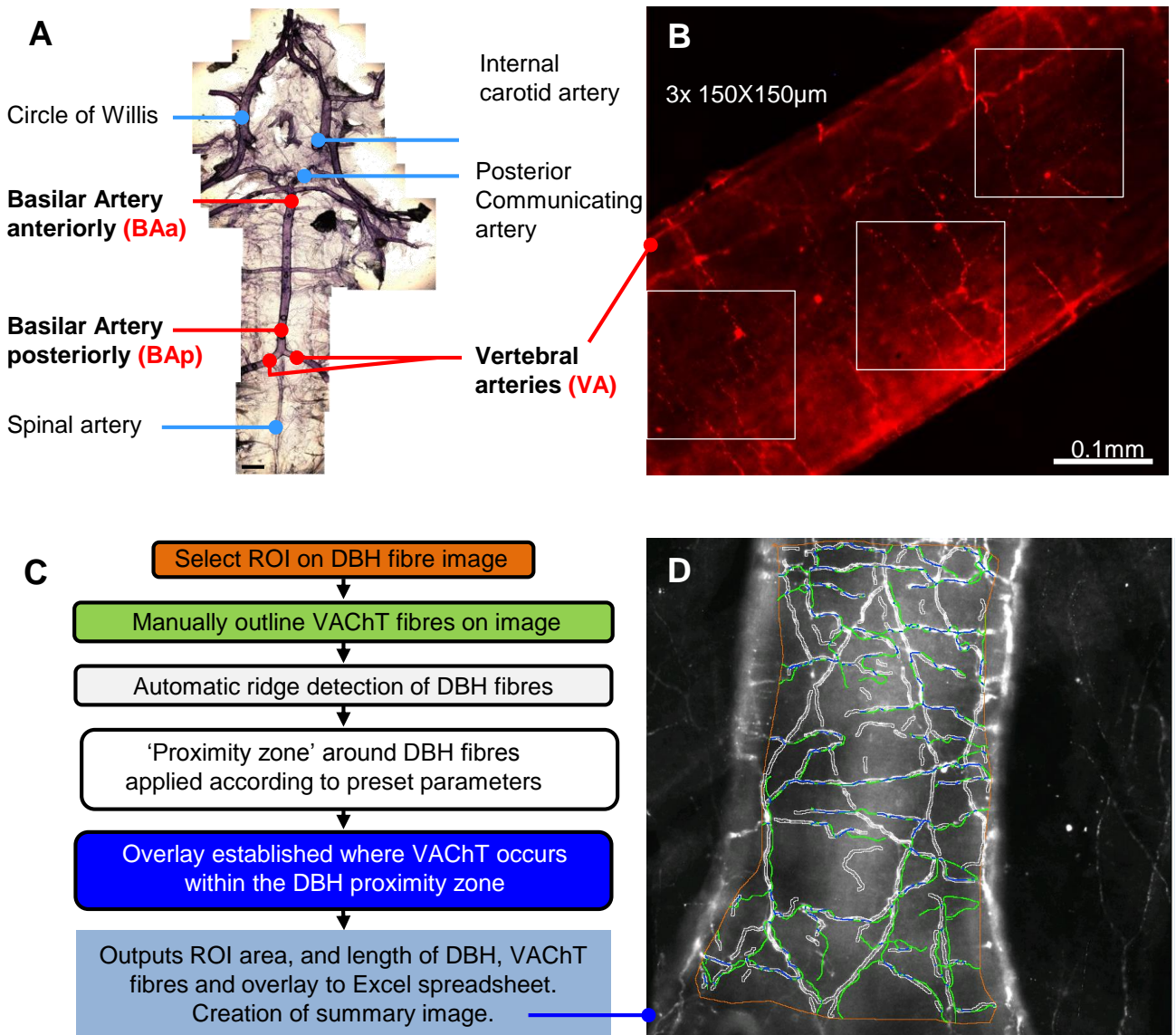


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Vertebrobasilar artery peel and analysis of its autonomic innervation.

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Figure 2.

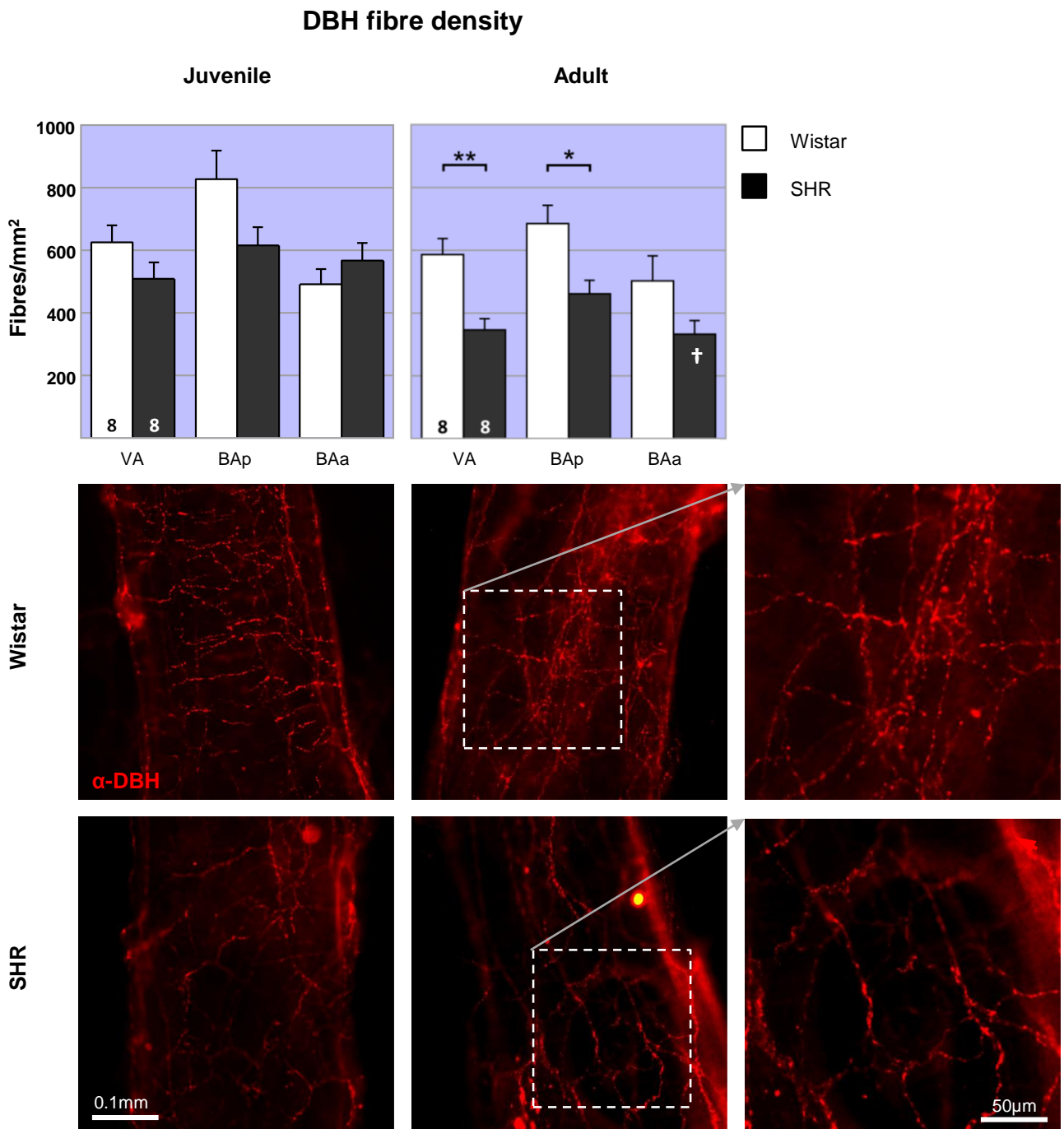


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Figure 3.

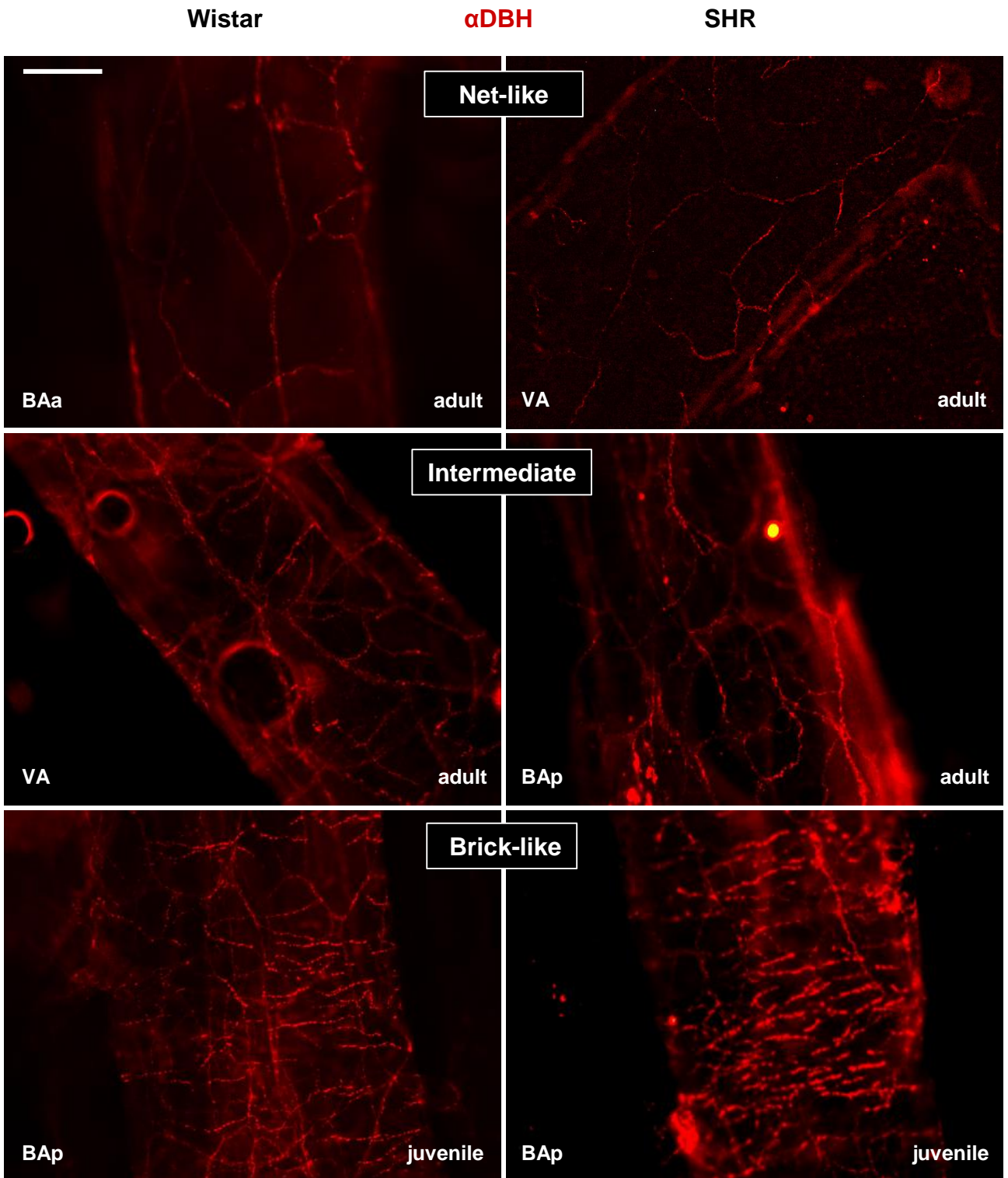


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Distinct DBH patterns of innervation based on the location of the vertebrobasilar artery.

Examples of sparse, intermediate and dense innervation patterns of DBH-labelled fibres in Wistars (A-C) and SHRs (D-F). The location along the vessel and the age of the animal is indicated. Scale bar 100 μ m.

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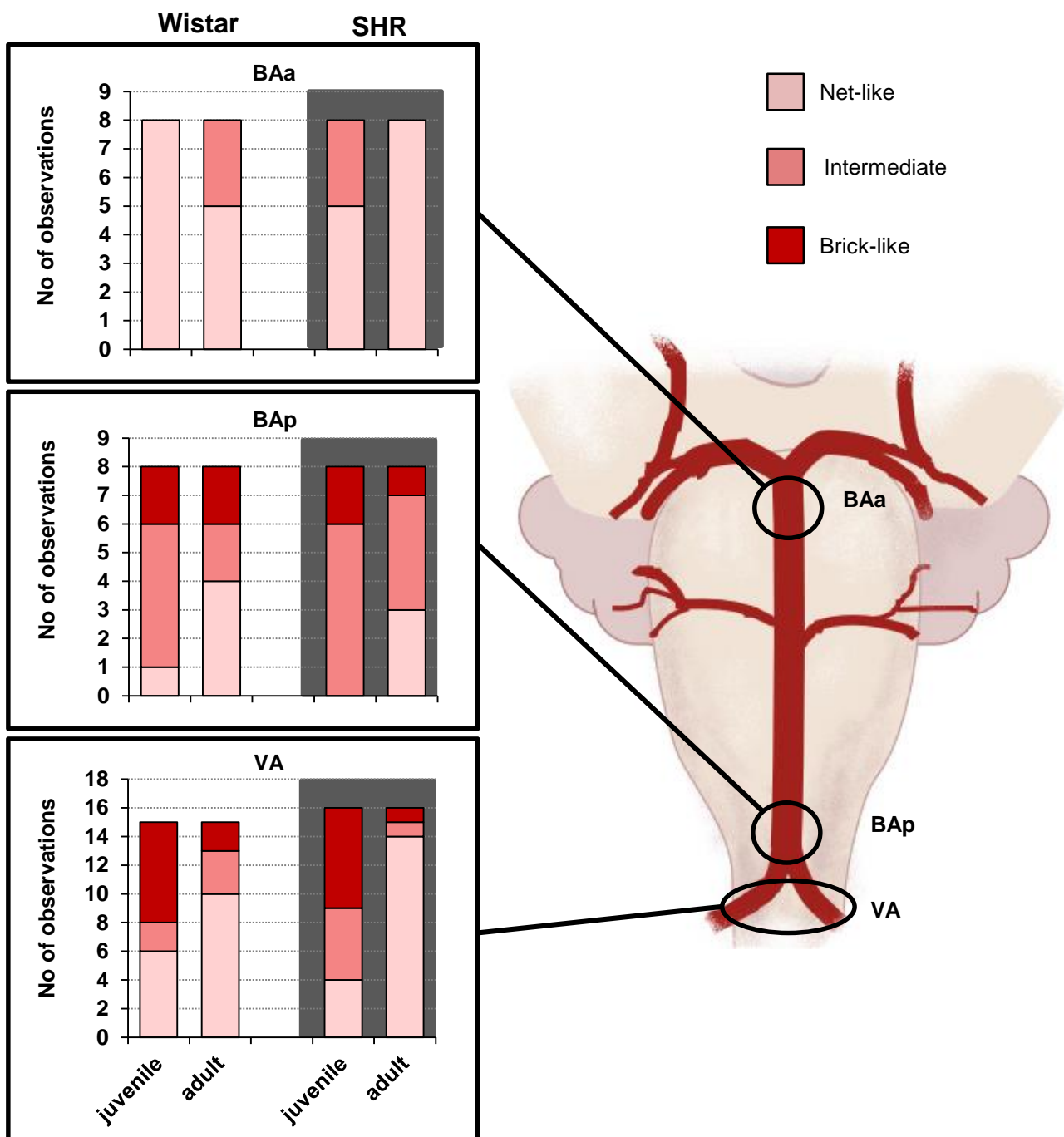


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Innervation densities across the vertebrobasilar arteries for juvenile and adult Wistar and SH rats.

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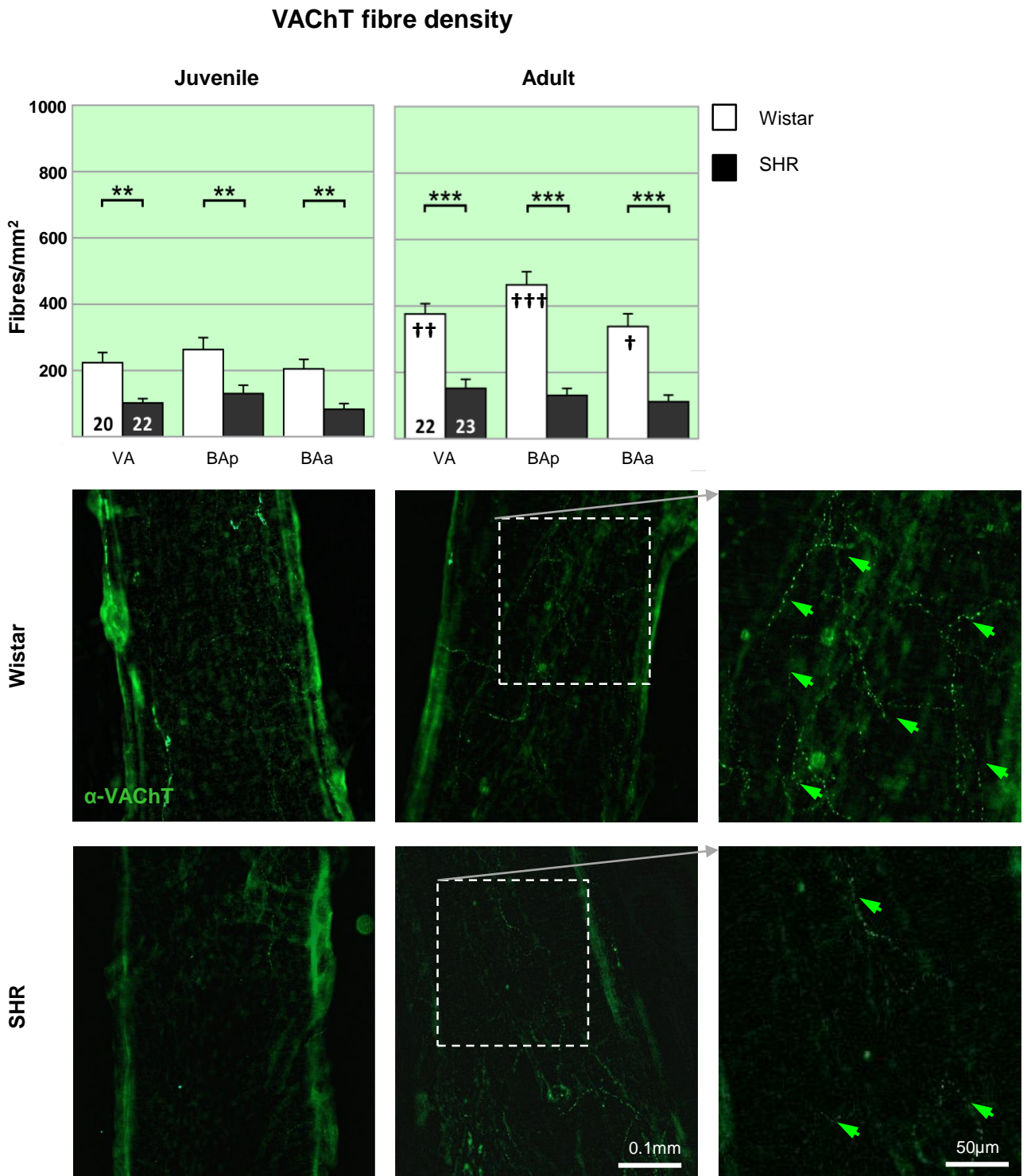


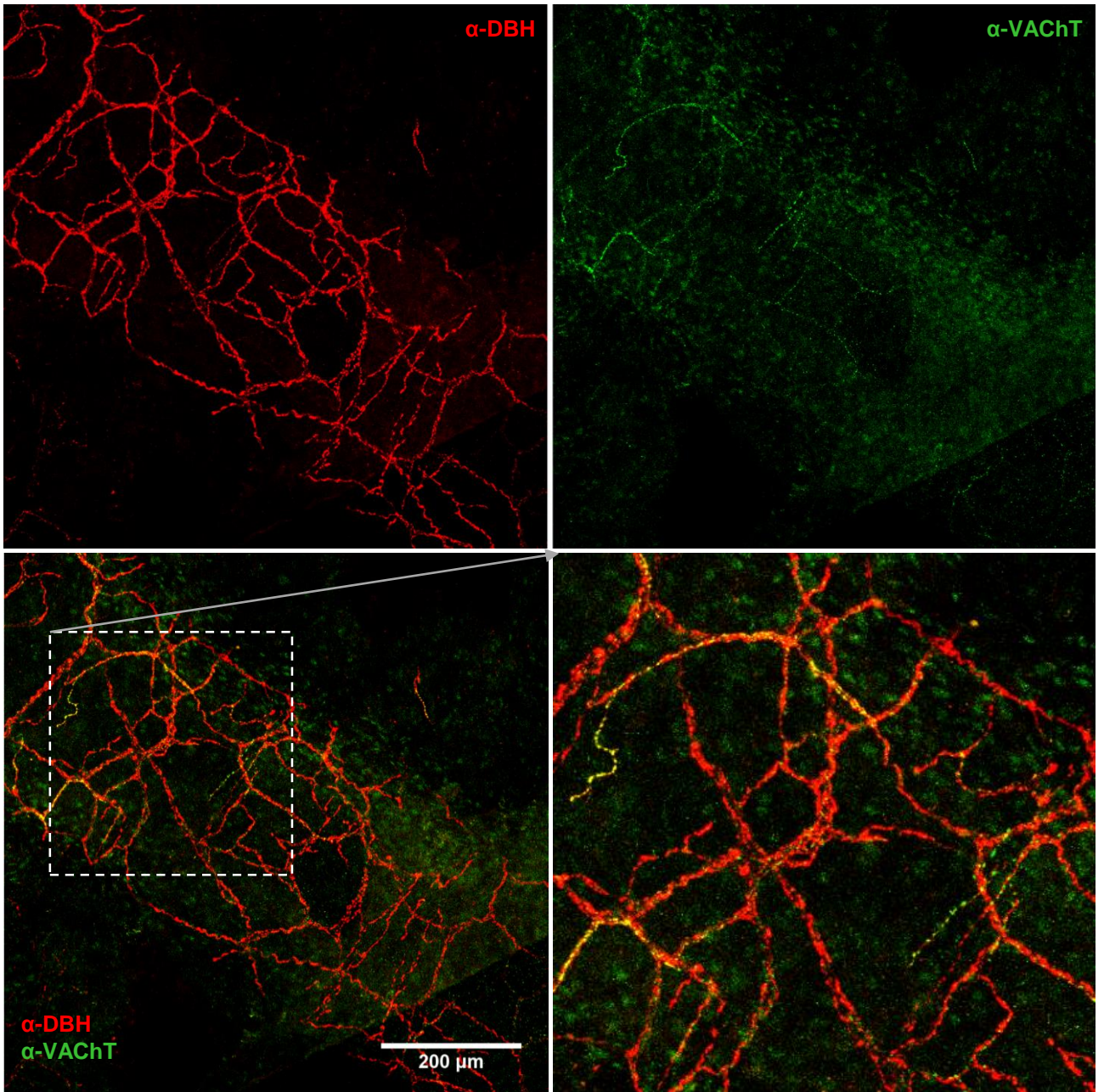
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Figure 6.

A



(figure legend under 6B)

Figure 6B

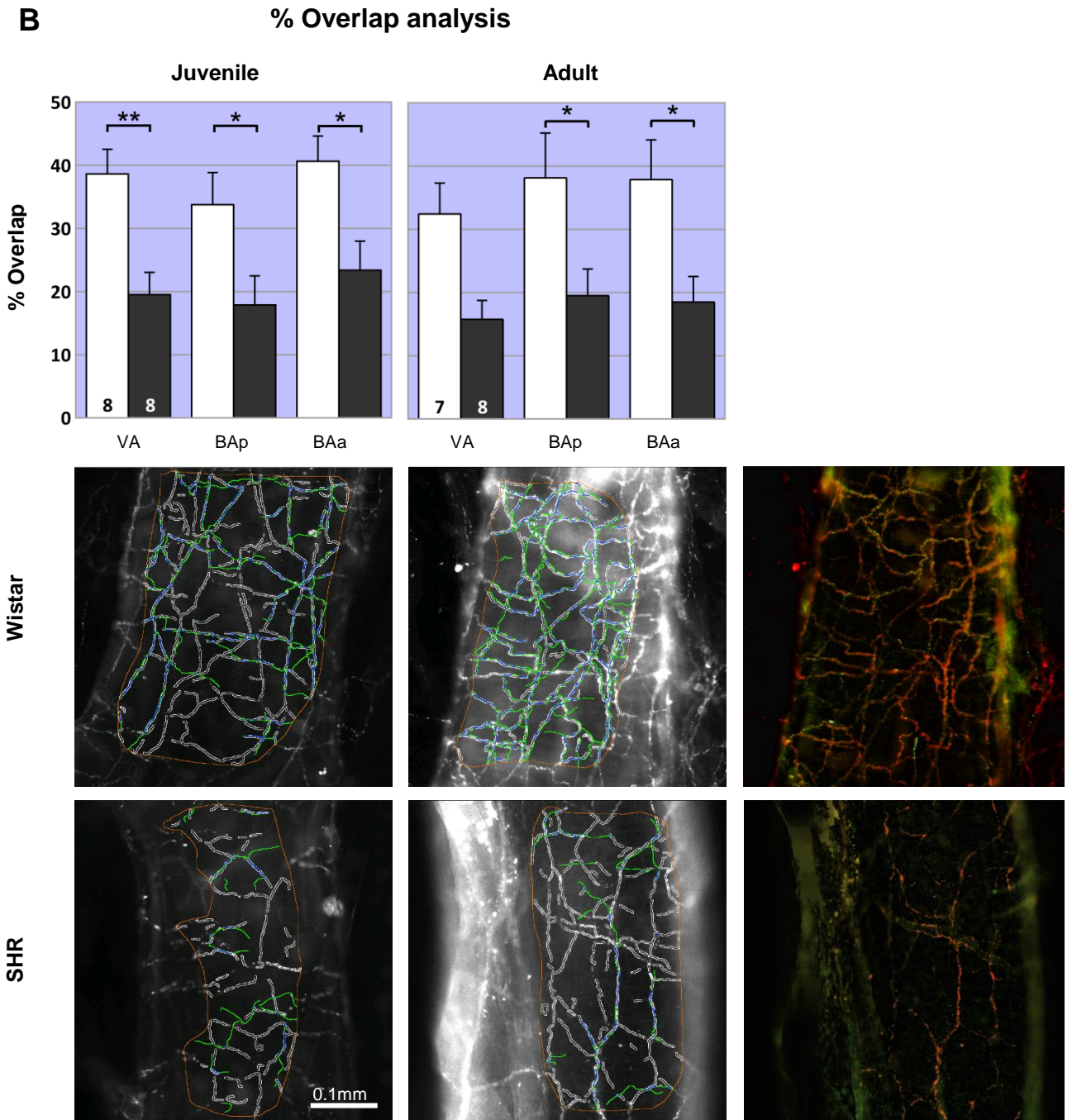


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Juxta-positioning of sympathetic and parasympathetic fibres targeting the vertebrobasilar arteries and calculation of % overlap.

A) Innervation on vertebral artery illustrating how sympathetic (α -DBH-594 and cholinergic parasympathetic (α -VAcHT-488) fibres tend to run in parallel. The higher ratio of sympathetic to cholinergic parasympathetic innervation is also obvious. Adult male SHR, confocal z-stack (depth: 25 μ m). B) The proportion of DBH fibre with VAcHT overlap in SH rats is approximately 20% - half that of Wistars (40%). 2w-RM-ANOVA revealed a significant effect of strain ($P < 0.01$) for both juveniles and adults, but no effect of region. In juvenile rats Post hoc analyses found the effects strongest in VA ($p < 0.01$) but it is significant ($p < 0.05$) in BAp and BAa too, whereas they only reach significance in BAp and BAa in the adults ($p < 0.05$) * $p < 0.01$ ** $p < 0.01$, The with-in strain comparisons found no differences across ages or regions. Representative images of the Fiji-MIA analysis output from area BAp for each strain and age are shown with examples of the original images of adult fibre juxtapositions (far left). Scale bar 100 μ m.

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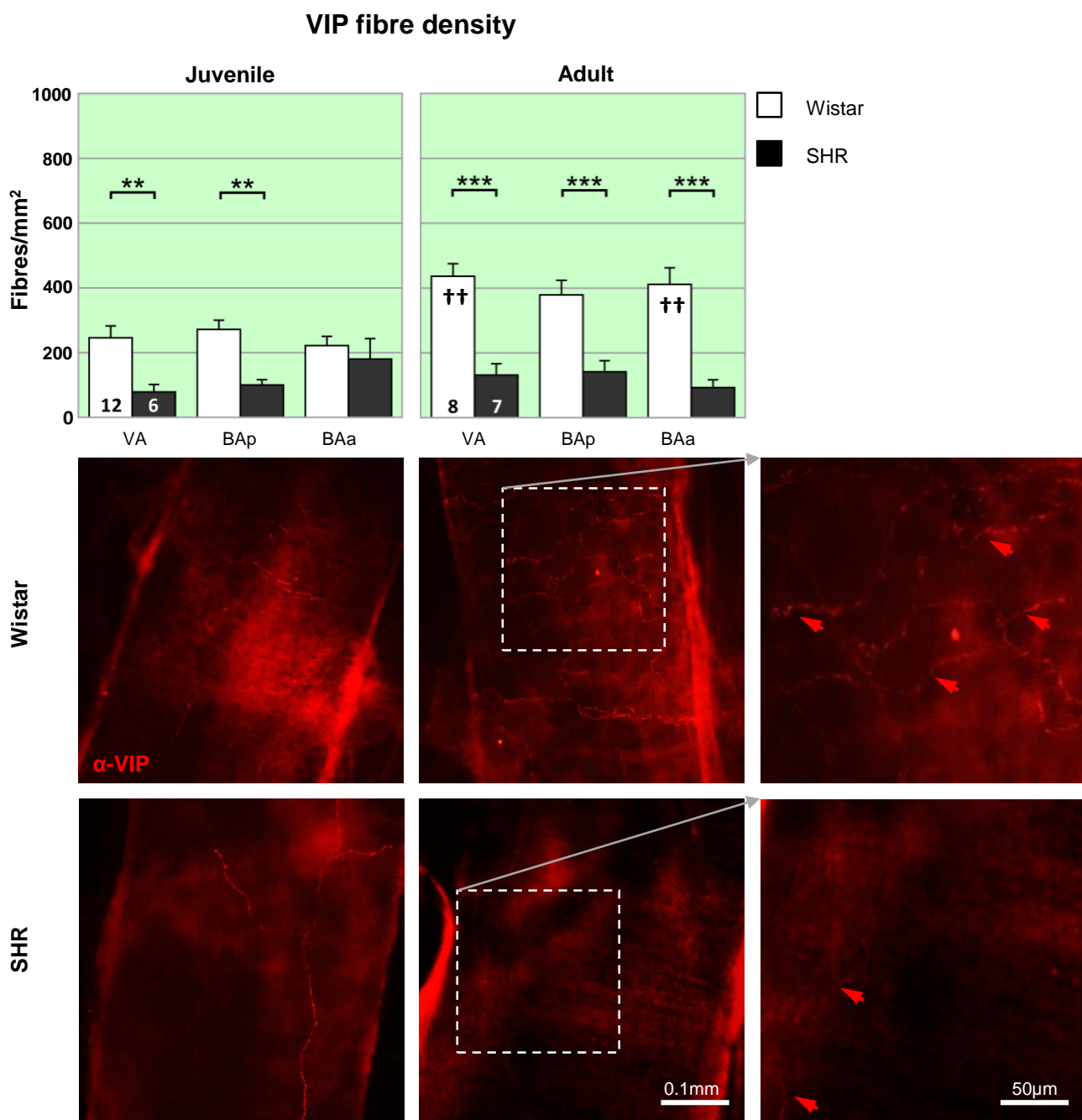


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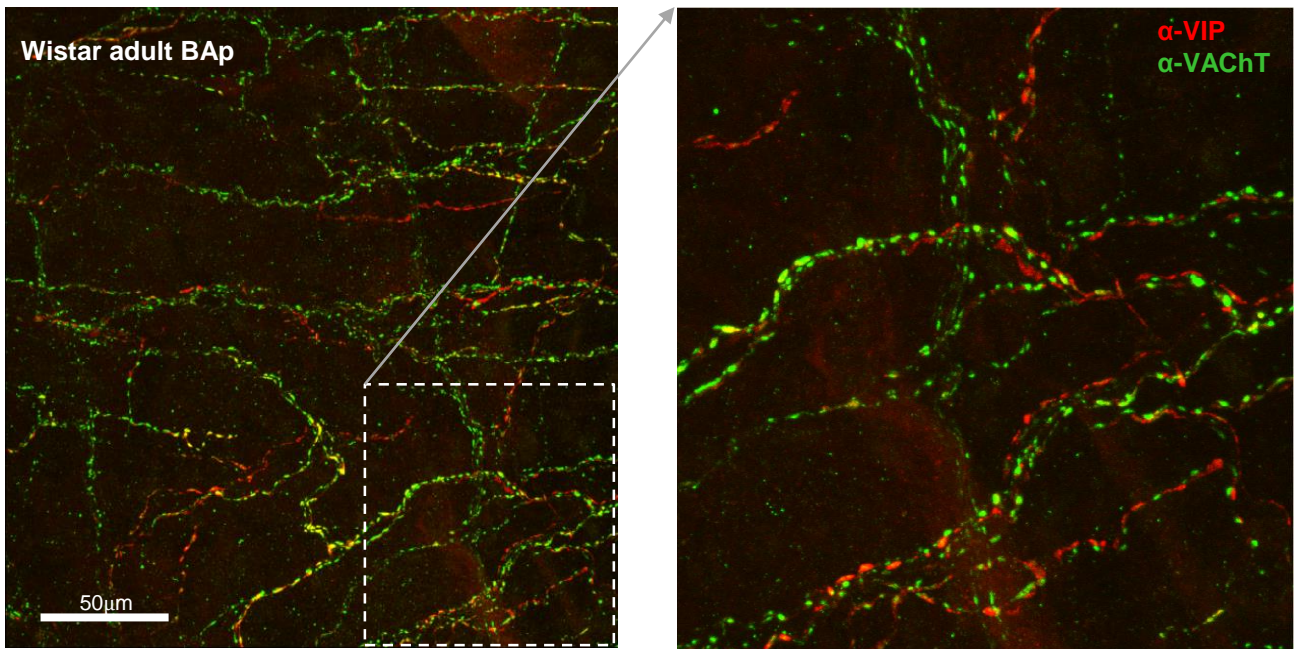


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Juxta-positioning of cholinergic and peptidergic autonomic fibres innervating the vertebrobasilar arteries.

Peptidergic and cholinergic markers sometimes, but far from always, co-localise in the same fibres. Though the two fibre types tend to run in parallel, in the majority of fibres there is a clear separation of the two markers. Confocal image of α -VIP-594 and α -VAcHT-488 immunofluorescence in the posterior basilar artery in an adult Wistar rat. Flattened confocal 100µm z-stack and an excerpt shown at higher power.

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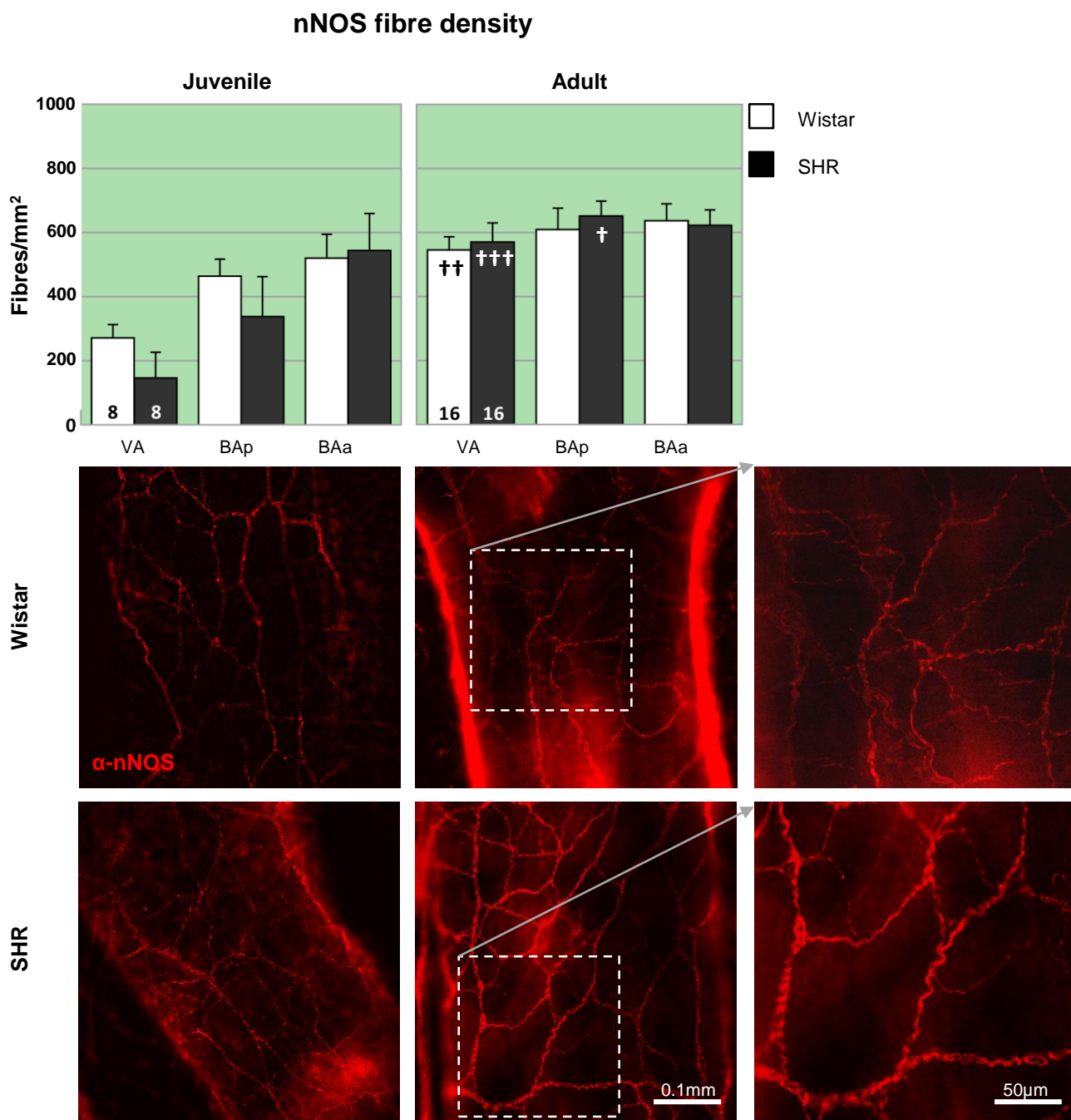


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Neuronal nitric oxide synthase immunopositive fibre labelling is similar between normo- and hypertensive rats.

Representative fluorescent microscopy images of BAp for each group labelled with the parasympathetic and sensory effector nerve marker α -nNOS-594. There are no strain related deficits in nNOS labelling at any age. In the juvenile rats there is a region ($p < 0.01$) related dip in innervation with the effect being strongest at positions distal to the circle of Willis, possibly reflecting that the innervation is still developing. There are significant age-related differences in the amount of nNOS fibres in both strains. In Wistar rats they are significant for VA and in SHRs for VA and BAp (see text for details). $\dagger p < 0.05$ $\dagger\dagger p < 0.01$ $\dagger\dagger\dagger p < 0.001$. Representative fluorescent microscopy images of area BAp for each group labelled with the parasympathetic and sensory effector nerve marker α -nNOS-594.

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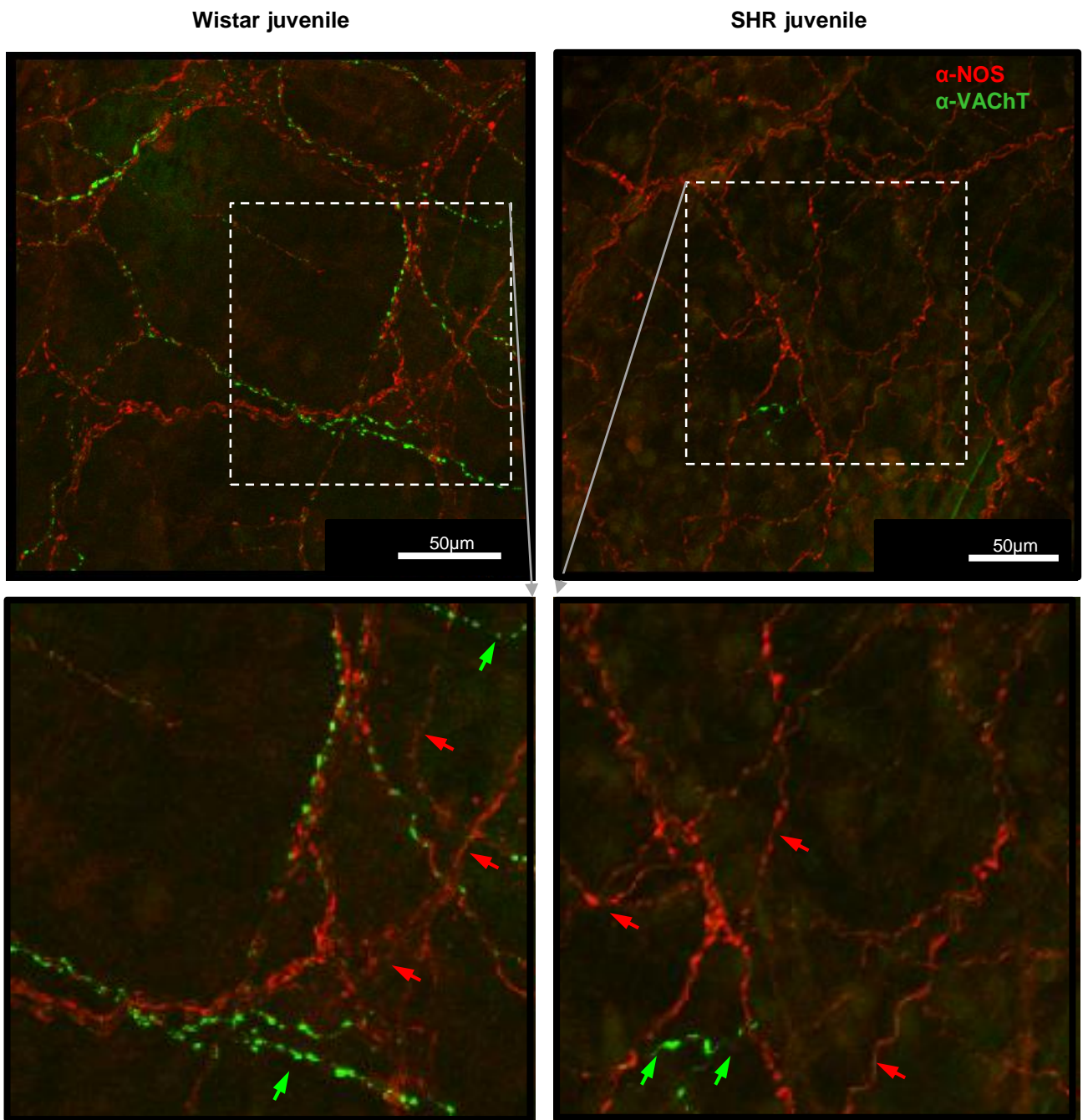


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Figure 11.

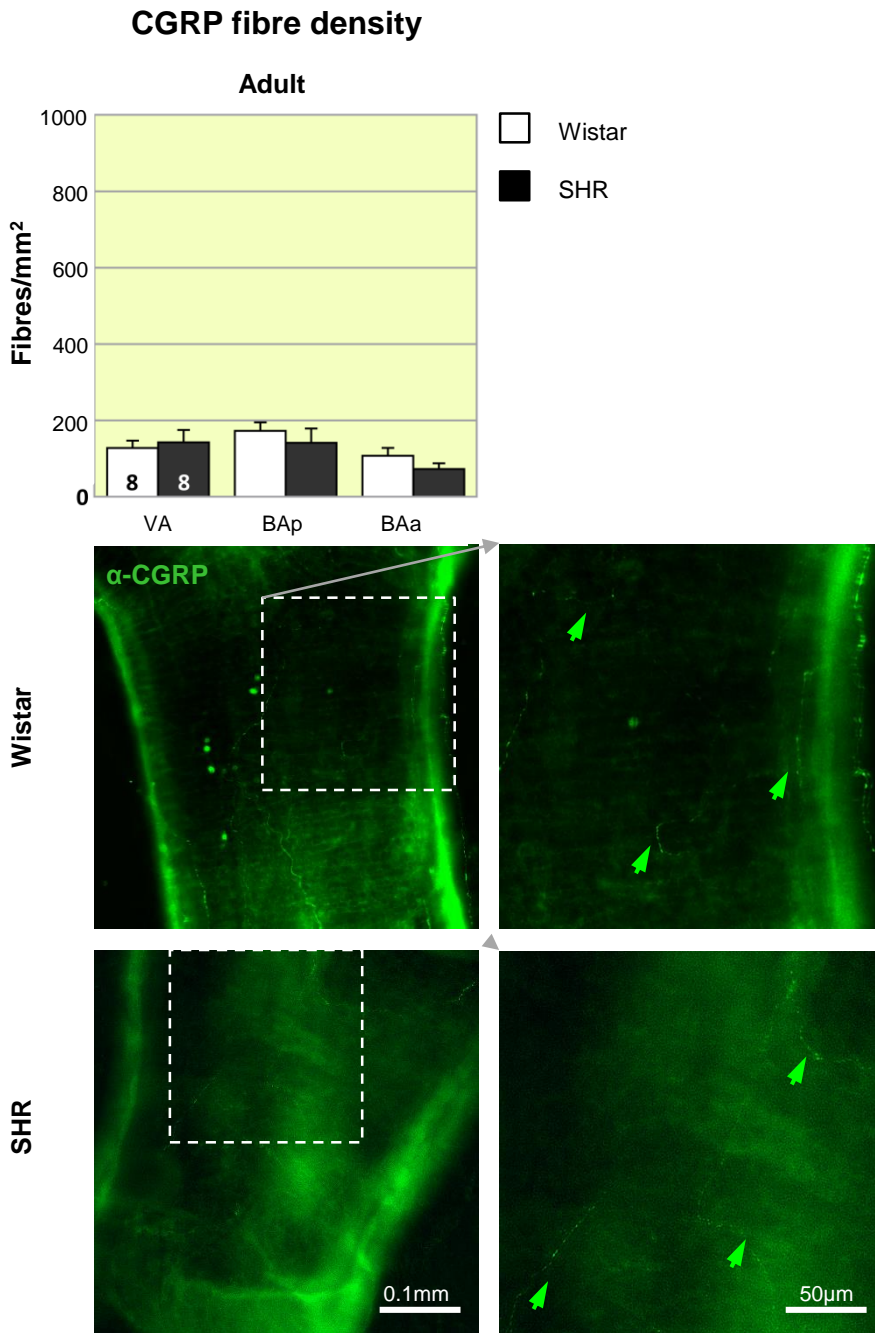


Figure 11.

Calcitonin gene related peptide immunofluorescence is similar between Wistar and SH rats.

Representative fluorescent microscopy images of area BAap for adult Wistar rats and SHRs labelled with α -CGRP-488 (green arrows). There are no differences in CGRP labelling in Wistar and SHR adult rats. The highest density of CGRP in the regions examined occurs in BAap. The effect of region is significant ($p < 0.05$).

Figure 12.

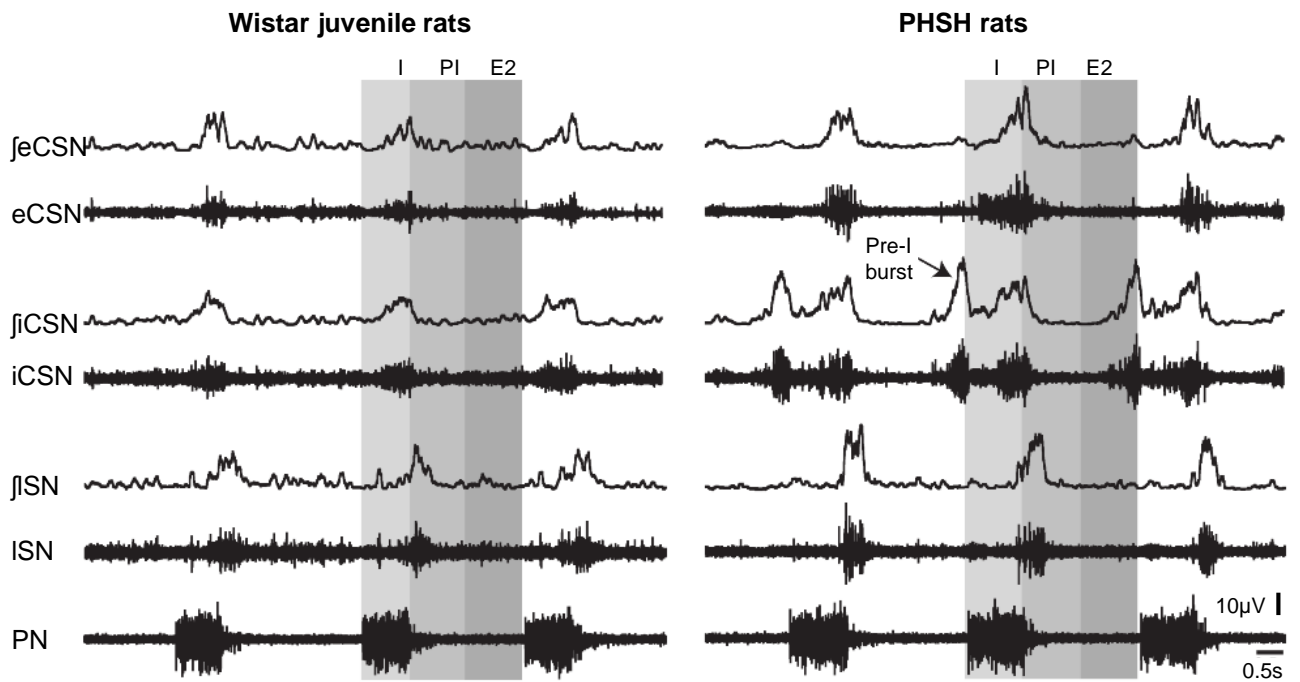


Figure 12.

Elevated activity of the sympathetic fibres innervating the vertebrobasilar arteries of hypertensive compared to normotensive rats. Traces of integrated (j) and absolute activity of the external cervical sympathetic nerve (eCSN), internal cervical sympathetic nerve (iCSN), lumbar sympathetic nerve (ISN) and phrenic nerve (PN) in juvenile Wistar and PHS rats. The arrow is indicating the extra component of activity in the iCSN firing (pre-I burst) occurring prior to the inspiratory activity in PN.

Figure 13.

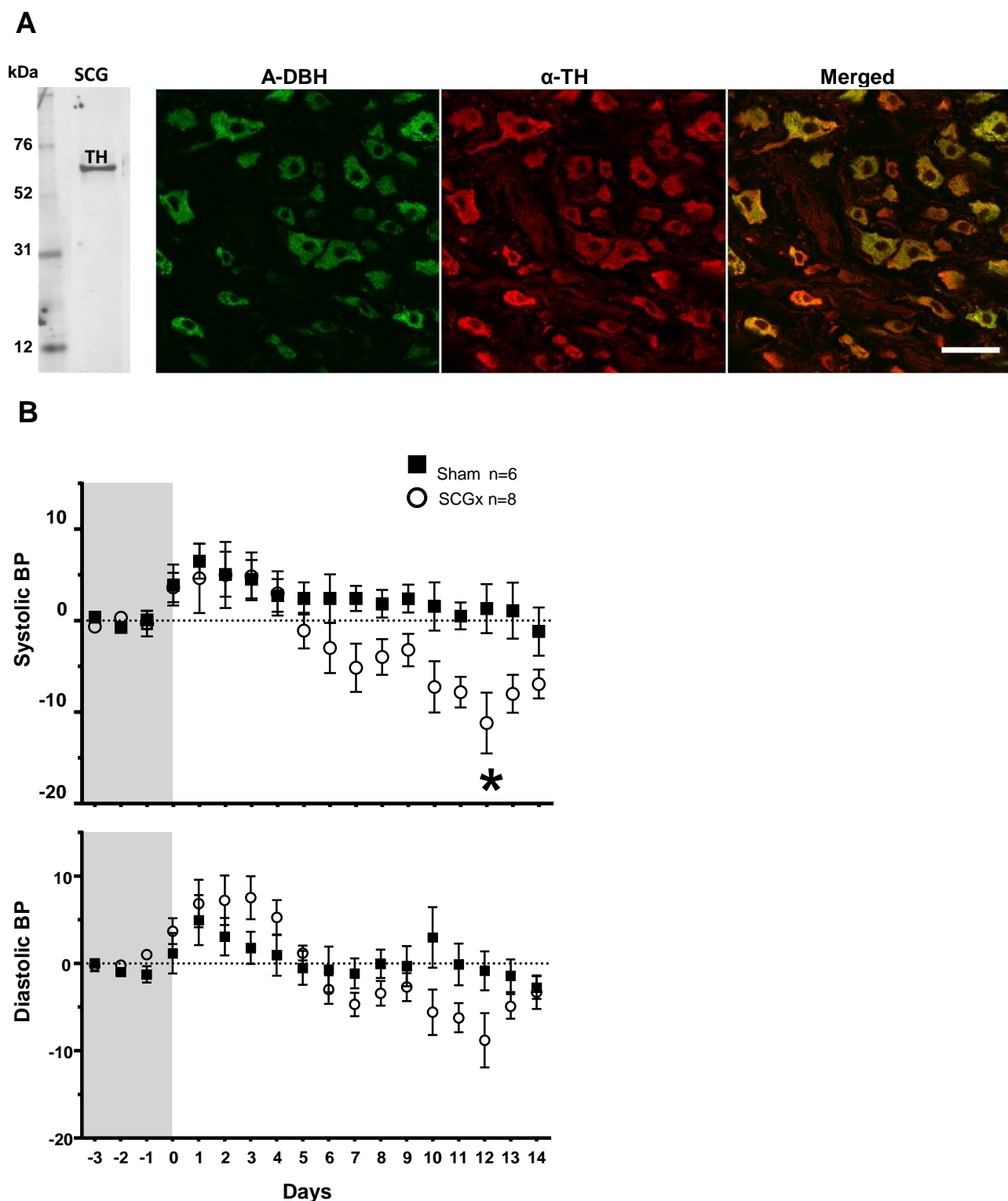


Figure 13.

Identification of excised tissues as superior cervical ganglion and development in blood pressure following excision

A) The excised tissue was positive for tyrosine hydroxylase protein as shown on by western blotting. Co-localization study of α -D β H and α -TH showed that cell bodies within the tissue are positive for both tyrosine hydroxylase as well as dopamine β hydroxylase. All D β H fluorescence is localized to TH fluorescence suggesting that they mark the same structures. Scale bar: 50 μ m. B) The blood pressure measurements (in mmHg) were obtained using DSI telemetry. After recording 3 days of baseline animals underwent either sham or SCGx treatment and blood pressure was recorded continually for 14 days. The traces are presented as difference from the baseline. The systolic and diastolic blood pressure traces of ganglionectomized and sham operated animals are presented as changes from baseline.

Figure 14.

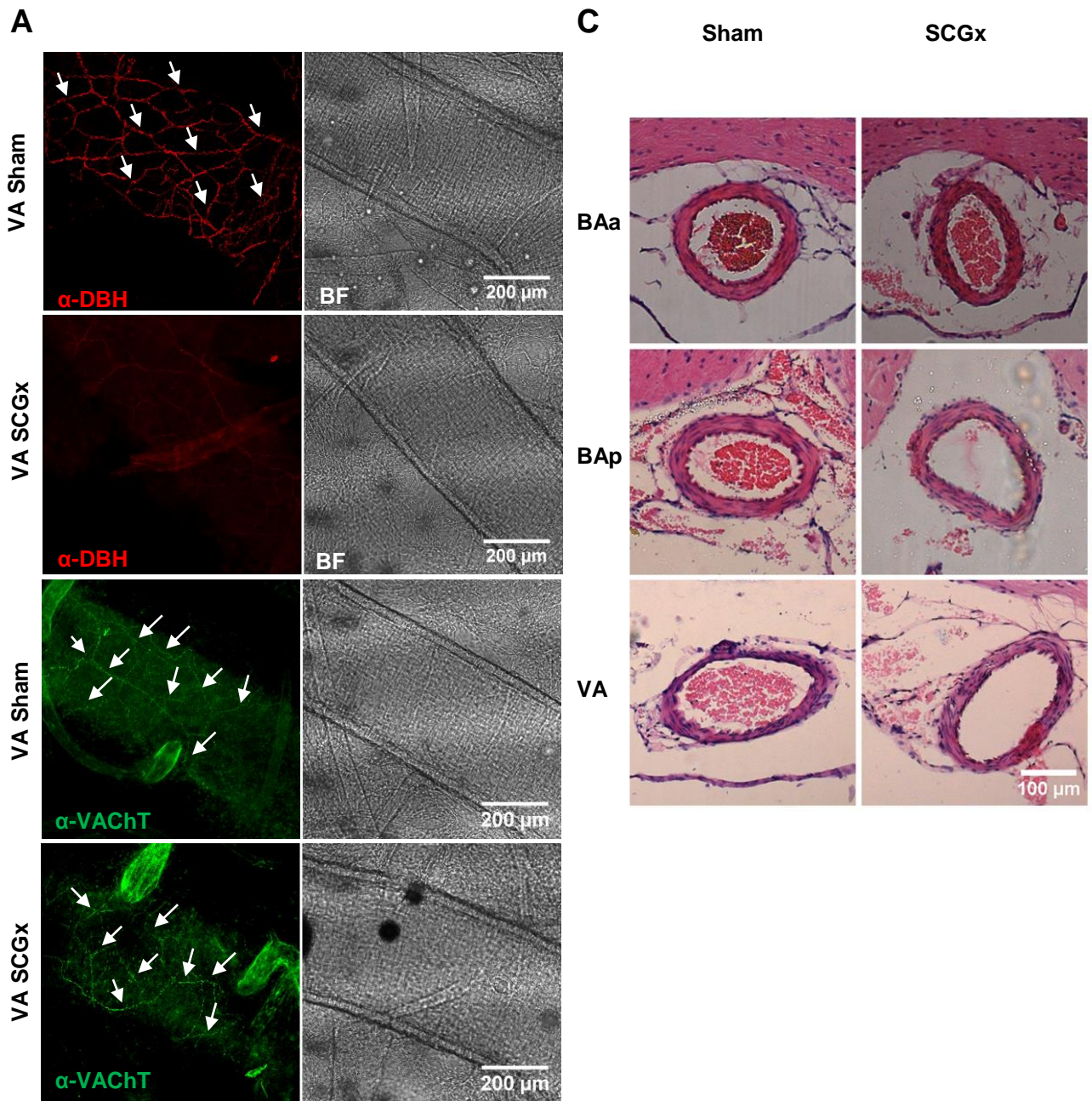


Figure 14.

Bilateral superior cervical ganglionectomy in SHR attenuates sympathetic fibre innervation of vertebrobasilar arteries but is without effect on their remodelling Representative images of vertebrobasilar arteries showing immunofluorescence staining α -DBH-AF594 and α -VACHT-AF488 after SCGx or sham operation in SHR and corresponding bright field (BF) images. The arrowheads indicate exemplar sympathetic fibres stained with DBH antibody. The reduction in DBH staining is clearly evident after ganglionectomy. % Change in Sympathetic (DBH positive) and parasympathetic (VACHT positive) fibre densities in xSCG compared to Sham animals according to area. Significant differences to normalised Sham values are indicated on the graph: * $p < 0.05$, *** $p < 0.001$. Coronal images of the basilar and vertebral arteries in SCGx and sham operated SHR. There is no evidence remodelling in the 14 days since ganglionectomy in SCGx in comparison to sham operated rats.