

### **Original citation:**

Costa, Matthew L., Achten, Juul, Bruce, Julie, Tutton, Elizabeth, Petrou, Stavros, Lamb, Sarah E. and Parsons, Nicholas R. (2018) Effect of negative pressure wound therapy vs standard wound management on 12-month disability among adults with severe open fracture of the lower limb : the WOLLF randomised clinical trial. JAMA: The Journal of the American Medical Association, 319 (22). pp. 2280-2288. doi:10.1001/jama.2018.6452

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### Publisher's statement:

Published version: https://doi.org/10.1001/jama.2018.6452

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Effect of Negative Pressure Wound Therapy vs Standard Wound Management on
12-month Disability Among Adults with Severe Open Fracture of the Lower Limb:
The WOLLF Randomized Clinical Trial
ISRCTN33756652
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26	Key points
27	Question: Does either negative pressure wound therapy or standard wound dressing result in less
28	disability 12 months after sustaining an open fracture of the lower limb.
29	
30	Findings: In this randomized clinical trial that included 460 adults, there was no statistically
31	significant difference in self-rated disability between negative pressure wound therapy or
32	standard wound dressing at 12 months (45.5 vs 42.4 points out of a possible 100).
33	
34	Meaning: Negative pressure wound therapy did not improve 12-month disability for
35	patients with severe open fracture of the lower limb compared with standard wound
36	dressing
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## 51 ABSTRACT

### 52 Importance

- 53 Open fractures of the lower limb occur when a broken bone penetrates the skin. These are life-
- 54 changing injuries where wound healing complications are common.

# 55 **Objectives**

- 56 To assess the disability, rate of deep infection and quality of life in patients with severe open
- 57 fracture of the lower limb treated with negative pressure wound therapy (NPWT) versus standard
- 58 wound management after the first surgical debridement of the wound.

# 59 **Design, Setting and Participants**

- 60 Multi-center, randomized trial, embedded in the UK Major Trauma Network, recruiting 460 patients
- $61 \ge 16$  years with a severe open fracture of the lower limb from July 2012 through December 2015.
- 62 Final outcome collected November 2016. Exclusions: presentation > 72 hours after injury; inability to
- 63 complete questionnaires.

### 64 Interventions

- 65 NPWT (n=226) where an open cell solid foam or gauze was placed over the surface of the wound
- 66 and connected to a suction pump which created a partial vacuum over the dressing vs standard
- 67 dressings not involving negative pressure (n=234).

# 68 Main outcomes and Measures

- 69 Disability Rating Index (DRI); score 0 [no disability] to 100 [completely disabled] at 12 months was
- 70 the primary outcome measure, with a minimal clinically important difference (MCID) of 8 points.
- 71 Secondary outcomes were complications including deep infection, and quality of life (QOL; score
- ranged from 1 (best possible) to -0.59 (worst possible), MCID 0.08) collected at 3, 6, 9 and 12
- months.

# 74 Results

75 Among 460 patients who were randomized (mean age, 45.3 years; 74% men), 88% (374/427) of 76 available study participants completed the trial. There was no statistically significant difference in 77 the patients' DRI at 12 months (mean score 45.5 (sd=28.0) in the NPWT group vs 42.4 (24.2) in the 78 standard dressing group; mean difference of -3.9 (95%Cl; -8.9 to 1.2; p=0.13). There was no 79 statistically significant difference in the number of deep surgical site infections (16 (7.1%) in the 80 NPWT group vs 19 (8.1%) in the standard dressing group; difference 1.0% (95% Cl; -4.2% to 6.3%; 81 p=0.64). There was no statistically significant difference in QOL between groups; difference in EQ-5D 82 0.02 (95% CI; -0.05 to 0.08), SF-12 PCS 0.5 (95% CI; -3.1 to 4.1) and SF-12 MCS -0.4 (95% CI; -2.2 to 83 1.4). 84 **Conclusions and relevance** 85 Among patients with severe open fracture of the lower limb, use of negative pressure wound 86 therapy compared with standard wound dressing did not improve self-rated disability at 12 months. 87 The findings do not support this treatment for severe open fractures. 88 89 Word count: 399 words

90 Trial registration: Current Clinical Trials ISRCTN33756652

#### 92 Background

93 Fractures of the lower limb are common injuries in civilian and military populations.<sup>1,2</sup> Most fractures 94 are 'closed'; the skin overlying the fracture is intact. However, if the fracture is 'open', the broken 95 bone is exposed to contamination and the risk of healing complications is greatly increased.<sup>3</sup> In 96 severe, open fractures of the lower limb, infection rates up to 27% are reported, even in specialist 97 trauma centres.<sup>4</sup> The costs of treating wound complications is extremely high for both patients and 98 healthcare systems.<sup>5</sup>

99 The initial management of open fractures involves surgical debridement with excision of damaged

100 tissue and contamination, and the administration of antibiotics. <sup>6,7</sup> The fracture is usually

101 immobilized with fixation of the bone and a dressing is applied to the surface of the wound.

102 Traditionally, a sealed, non-adhesive layer is applied to protect the open fracture from further

103 contamination. Reassessment and further debridement of the wound typically performed 48-72104 hours later.

105 Negative-pressure wound therapy (NPWT) is an alternative form of dressing. This device creates a

106 vacuum using suction which removes blood and fluid that may collect in the wound. The vacuum

107 may also encourage the formation of granulation (healing) tissue.<sup>4,8</sup> However, NPWT dressings and

108 the vacuum machines are considerably more expensive than traditional wound dressings.

109 Before this study, there was only one randomized clinical trial comparing standard wound dressing

110 with NPWT for patients with open fractures of the lower limb.<sup>11</sup> That trial suggested improved

111 outcomes in patients treated with NPWT but included only 59 patients at a single trauma center.

112 Despite the lack of strong evidence, clinical guidelines around the world incorporated the use of

113 NPWT for open fracture wounds. <sup>6,7,12</sup>

114 The aim of this pragmatic, multicenter RCT was to compare standard wound dressings with negative

115 pressure wound therapy for adults with an open fracture of the lower limb.

#### 116 Methods

#### 117 Study design and eligibility criteria

The National Research Ethics Service approved the study, the approved protocol and statistical analysis plan are available as an online supplement. The trial was overseen by independent steering and data and safety monitoring committees.

121 The trial took place in 24 major trauma hospitals representing the UK Major Trauma Network; in the 122 UK, patients with serious injuries such as open fractures are transported directly to a specialist 123 trauma center with joint orthopedic and plastic surgery facilities. Eligible patients were aged 16 124 years or older and had a severe open fracture of the lower limb graded as Gustilo and Anderson II or 125 III; type II is an open fracture with a laceration more than one centimeter long without extensive 126 soft-tissue damage, flaps, or avulsions and type III either an open segmental fracture or an 127 open fracture with extensive soft-tissue damage.<sup>14</sup> Since surface NPWT can only be applied to 128 wounds which are left open, the surgeons could only include the most severe injuries i.e. where is 129 was not possible to safely suture the wound edges the end of the first surgical debridement. 130 Patients had to present to the trial hospital within 72 hours of their injury, including those who were 131 transferred from other hospitals. Patients were excluded if they had known contra-indications to 132 anesthesia or were deemed unable to adhere to trial procedures or complete questionnaires, for 133 example those with a pre-existing diagnosis of dementia. For patients with acute confusional states 134 or temporary impairment of consciousness, we approached a Consultee to provide agreement on 135 behalf of the patient, as per the UK Mental Capacity Act 2005. All participants randomized under this 136 provision, were subsequently approached for consent once capacity was restored, with the option 137 to continue or discontinue involvement in the trial. For this reason, we anticipated higher levels of 138 post-randomization withdrawal than might be expected in most clinical trials.

139 RANDOMISATION AND MASKING

A computer-generated randomization algorithm was created by the trial statistician and delivered by
an accredited Clinical Trials Unit to ensure that the allocation sequence was concealed. The
individual patient was allocated treatment on a 1:1 basis, stratified by trial center and Gustilo and
Anderson grade; the Gustilo and Anderson grade. When a patient entered the trial, non-identifiable
details were logged on the secure, encrypted, web-based system.

Participants were assigned to their treatment allocation intraoperatively at the end of initial surgery,but before any wound dressing was applied.

147 It was not possible to blind trial participants to treatment allocation as wound dressings were clearly 148 visible. In addition, the treating surgeons could not be blind to the intervention, but the surgical and 149 healthcare team were not involved in any trial assessments. Wound photographs taken at six weeks 150 and standard radiographs were used to look for signs of delayed wound healing and non-union of 151 the bone respectively. These were reviewed by independent clinicians who were blind to the 152 treatment allocation.

153 INTERVENTIONS

154 At presentation, all patients were listed for the next available trauma operating list. In the operating 155 theatre, all patients received a general or regional anesthetic. The wound associated with the 156 fracture was surgically debrided and the fracture immobilized with either internal (under the skin) or external fixation. At the end of the initial operation, if the wound could not be closed primarily i.e. 157 158 direct suture of the wound edges was not possible, the patient was randomized to either standard 159 dressings or NPWT. All other elements of postoperative care remained the same for all patients. 160 Standard Dressing Group. All hospitals used a sterile dressing sealed from external contamination. 161 However, the details of the materials used were left to the discretion of the treating healthcare 162 team as per routine care at their center. Details of each dressing applied in the trial were recorded 163 and classified according to British National Formulary (BNF) classification.

164 *NPWT group.* The NPWT dressing used an 'open-cell' solid foam or gauze laid onto the wound

165 followed by an adherent, sealed dressing. A sealed tube was connected from the dressing to a

166 suction pump which created a partial vacuum over the wound. The basic features of the NPWT are

167 universal, but the exact details of the dressing and pressure (mmHg) were left to the discretion of

168 the treating healthcare team. Details of the NPWT were recorded in trial documentation.

169 Patients with an open fracture of the lower limb that could not be closed primarily, had a second

170 operation at 48-72 hours, where a further wound assessment and debridement was performed and

171 the wound closed either primarily with sutures or by soft-tissue reconstruction as necessary.

### 172 DATA COLLECTION AND OUTCOME MEASURES

173 The primary outcome was the patient-reported Disability Rating Index (DRI) at 12 months after

174 randomisation.<sup>15</sup> The DRI provides a 100-point score, where zero represents normal function and

175 100 complete disability, with a minimum clinically important difference of 8 points.

176 Secondary outcomes were health-related quality of life using EuroQol (EQ-5D-3L)<sup>16,17</sup> and Short form

177 12 (SF-12) <sup>18,19</sup> deep surgical site infection (SSI) at 30 days as per CDC definition<sup>20</sup> and other

178 complications. EQ-5D-3L responses were converted into an overall utility score <sup>17</sup>, that ranged from 1

179 (best possible) to -0.59 (worst possible), where zero represents the quality of life associated with

180 death; the minimum clinically important difference is 0.08 points. Physical and mental health

181 Composite Scores (PCS and MCS) were computed from SF-12 responses <sup>21</sup>; these scores range from 0

182 to 100, where a 0 score indicates the lowest level of health. Infection outcomes and complications

183 were extracted from the patients' medical records by independent research staff in each trial center.

184 Wound photographs and radiographs were reviewed independently and blind to treatment

allocation.

186 Deep infection following an open fracture is a key driver of subsequent disability. However, a deep

187 infection which is treated early and definitively may resolve completely with no disability. Similarly,

188 wounds which are not infected may still heal with excess scar-tissue or require extensive tissue

189 grafts which can lead to reduced mobility and chronic pain. Therefore, the DRI was considered to be 190 more important as a primary outcome measure than the rate of deep infection or size of the wound 191 per se. Patient-reported outcomes (DRI, EQ-5D-3L, SF-12) and self-reported complications were 192 collected by questionnaire. Pre-injury baseline scores were collected retrospectively at the time of 193 consent and again by postal questionnaire at three, six, nine, and twelve months.

194

### 195 STATISTICAL ANALYSIS

196 A minimum clinically important difference for the Disability Rating Index of 8 points was selected to 197 power the study;<sup>13</sup> for an individual patient, at the lower level this represents the ability to climb 198 stairs or run, with 'some difficulty' versus, at the higher level with 'great difficulty' and at a 199 population level, eight points represents the difference between a 'healthy patient' (score=1 200 points)and a 'patient with a minor disability' (score=9 points). The standard deviation (SD) of the DRI 201 used in the sample size calculation was 25 points. Allowing a margin of 10% loss during follow-up, 202 including the small number of patients who die in the first year following their injury, gave a total 203 sample size of 460 patients. Therefore, 230 patients consented to each intervention group would 204 provide 90% power to detect a difference of eight points in DRI at 12 months at the 5% significance 205 level.

206 When calculating summary statistics for assessing treatment efficacy, NPWT data were subtracted 207 from control group data; such that a positive difference indicated that a score or outcome measure 208 was larger in the control group. We investigated differences in the primary outcome measure, the 209 DRI score at one year after injury, between the two treatment groups on an intention-to-treat basis. 210 Early and mid-term disability was assessed and reported at three, six and nine months. A secondary 211 per-treatment analysis was also performed. Mixed-effects regression analysis, with recruiting center 212 as a random effect, and fixed terms to adjust for age group, sex, baseline pre-injury score and 213 Gustilo and Anderson grade was used to test for treatment group differences using complete case

214	data. Secondary endpoints were not adjusted for multiple comparisons, and should be interpreted
215	as exploratory. In a post hoc sensitivity analysis for the primary outcome, missing data were imputed
216	using the chained equation methodology <sup>22</sup> and models fitted to give a pooled estimate of the
217	treatment effect.
218	All tests were two-sided and significance was assessed at the 5% level. Analyses of primary and
219	secondary outcomes used complete-case data and all analyses were implemented in R version 3.3.0

220 <sup>23</sup>, using packages base, graphics, mice, Ime4 and nlme (see https://cran.r-project.org/).

#### 222 Results

A total of 625 patients were randomized between July 2012 and December 2015. Some patients who did not have mental capacity before surgery, were unable or not willing to provide informed consent after randomization. The majority of the 165 patients who did not provide consent were found to be ineligible after randomization; for example, due to primary closure of the wound or permanent cognitive impairment which could not be predicted before surgery/randomization. Only 29 potentially eligible patients declined to participate in the trial; 14 in the NPWT group and 15 in the standard dressing group (Figure 1).

A total of 460 patients consented to take part in the WOLLF trial: 85% were grade III injuries and 82%
involved the tibia. The characteristics of the two groups were well balanced after randomization
(Table 1).

233 \*\*Figure 1\*\*

234 \*\*Table 1\*\*

235 On an intention-to-treat basis, there was no significant difference in the DRI at 12 months between 236 those patients treated with NPWT versus those treated with standard wound dressings (Figure 2). 237 The mean DRI in the NPWT group was 45.5 versus 42.4 in the standard dressing group, giving a 238 difference of -3.9 (95%CI; -8.9 to 1.2) in favor of standard dressings, p-value=0.13; from adjusted 239 mixed-effect regression analysis (Table 2). Therefore, the results of this trial are consistent with a -240 8.9 worse disability rating attributable to the use of NPWT which, based on the minimal clinically 241 important difference, would be clinically important but also ranging to a non-clinically important 242 benefit of these dressings of 1.2 points on the DRI scale. Similarly, there was no significant difference 243 in disability rating at three months, six months or nine months (Figure 2).

The secondary per-protocol (per treatment) analysis of the DRI did not significantly differ from the primary intention-to-treat analysis; the difference between groups being -4.0 (95% CI; -9.1 to 1.0) in favour of the standard dressings (p-value 0.12).

247 \*\*Table 2\*\*

Secondary exploratory analysis showed that there was no significant difference in the health-related quality of life scores between the treatment groups at any point in the 12 months following the injury. The mean SF-12 Physical Component Score at 12 months in the NPWT group was 32.2 (17.4) versus 32.7 (15.5) in the standard dressing group, giving an adjusted difference of 0.4 (-3.0 to 3.8) in favor of standard dressings (p-value=0.82; from adjusted mixed-effect regression analysis). The mean EQ-5D score in the NPWT group was 0.55 (0.33) versus 0.56 (0.32) in the standard dressing

group, giving a difference of 0.01 (-0.06 to 0.07) in favor of standard dressing (p-value=0.82).

255 There was no significant difference in the number of deep surgical site infections between the

treatment groups (Table 3). In total 35 of the 460 participants (7.6%) had a deep SSI at 30 days; 16

257 (7.1%) in the NPWT treatment group and 19 (8.1%) in the standard dressing group, giving an

estimated odds ratio 0.85 (95% CI; 0.42 to 1.70) and percentage difference in rates 1.0% (95% CI; -

4.2% to 6.3%) in favor of NPWT (p-value=0.64 from adjusted mixed-effect logistic regression

analysis). There was no significant difference in the proportion of wounds found to be fully healed

on the six-week photographs; 52.0% (91/175) in the NPWT group and 51.7% (93/180) in the

standard dressing group, giving an odds ratio of 1.0 (95%Cl; 0.6 to 1.6, p-value=0.99) and difference

in rates -0.3% (95% CI; -11.1% to 10.4%). There was no significant difference in the proportion of

264 patients with complete bone union on the radiographs at 12-months; 69.6% (112/161) in the NPWT

group and 71.9% (110/153) in the standard dressing group, giving an odds ratio of 1.1 (95%Cl;0.7 to

266 1.9, p-value=0.68) and difference in rates 2.3% (95% CI; -8.4% to 13.0%).

The primary outcome data were 88% complete (374 of 427 available study participants provided
 final outcome data) and there was no evidence for non-random patterns of missingness. Imputing

missing data gave pooled estimates of the treatment effect for DRI at 12 months as - 4.5 (95% CI; 9.3 to 0.4), with the percentage of the variability attributable to the uncertainty caused by the
missing data estimated at 12.8%.

272 \*\*Table 3\*\*

273 Discussion

This multi-center trial of patients with severe open fractures of the lower limb, found no significant difference in the Disability Rating Index between those patients treated with NPWT versus those treated with standard wound dressings at 12 months post-injury. There was no significant difference in the rate of deep surgical site infection, or other healing complications. Nor was there a significant difference in health-related quality of life at any point in the first 12 months after the injury.

279 Before this trial, a review of the literature <sup>24</sup> showed only one RCT comparing standard wound 280 dressing with NPWT for the initial management of patients with severe open fractures of the lower 281 limb. Stannard et al <sup>11</sup> demonstrated a difference in health-related quality of life and a reduction in 282 the rate of deep wound infection in patients treated with NPWT compared with control (5.4% versus 283 20%; RR 0.199, 95% CI 0.05, 0.87). However, this was a small trial (59 patients, 63 fractures), and 284 there were only 7 deep infections in the control group and 2 in the NPWT group. It is possible that 285 this difference in the rate of deep infection was due to systematic differences in the patients and/or 286 treatment pathway in a single center in the US, compared with the WOLLF trial which took place in 287 the much broader setting of 24 major trauma centers. However, given the relatively small number of 288 cases in the Stannard et al trial, it is possible that the result represents a lack of precision in the 289 estimate of the incidence of deep infection. A trial published in 2016 also comparing NPWT with 290 standard dressings in the context of open fractures. This study took place in Pakistan and used 291 negative pressure dressings over a prolonged period of time (weeks) to reduce the size of the wound.<sup>25</sup> This is a very different use of NPWT than advocated by current guidance for the 292 293 management of open fractures, where early definitive wound closure - within 72 hours - is

recommended.<sup>6,7</sup> Therefore, it is not clear whether the results of that trial are pertinent to other
 healthcare systems.

296 Limitations

297 This study has several limitations. Firstly, patients with an open fracture of the lower limb have 298 usually experienced severe trauma and present to hospital with variable states of consciousness and 299 cognition. For emergency interventions, it was anticipated that some patients who were randomized 300 would subsequently found not to be eligible or not able to provide informed consent; for example 301 patients who had significant head injury or who died of their injuries in the early post-operative period. Some patients were also found to be ineligible after randomization due to the surgeon 302 303 deciding that the wound could be closed by direct suturing, which may reflect the difficulties of 304 classifying these injuries at the time of the initial debridement of the wound; only patients where 305 the surgeon felt that the wound had to be left open were included in the trial <sup>26</sup>. However, 460 of 306 the 485 (95%) patients who were randomized and eligible for the trial agreed to participate, 307 suggesting that participants were representative of the overall population with severe open 308 fractures of the lower limb. Second, after randomization some patients crossed over from one 309 treatment group to another. However, 95% percent of patients received the treatment to which 310 they were allocated. Third, there was loss to follow-up, with study completion by only 88% of the 311 original participants. However, multiple imputation analysis resulted in consistent findings. Finally, 312 although patients were only eligible to enter the study if they presented to the treating hospital 313 within 72 hours of their injury, we were not able to adjust for the exact time of the open fracture 314 which is a possible confounder in the analysis.

315 Conclusion

Among patients with severe open fracture of the lower limb, use of negative pressure wound
 therapy compared with standard wound dressing did not improve self-rated disability at 12 months.

318

#### 321 Author contributions

- 322 MC, NP, JB, SL, LT, SP and JA were responsible for the trial design. MC and JA were responsible for
- 323 acquisition of data. NP was responsible for the statistical analysis.
- 324 All authors were responsible for the interpretation of the data and for drafting and approving the
- 325 final submitted manuscript.

### 326 UK WOLLF Collaborators

- 327 Keith Willett, Damian Griffin, Steven Jeffery, Jill Arrowsmith, Gorav Datta, Mick Dennison, Mark
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- 331 Rogers, Hemant Sharma, Adel Tavakkolizadeh, Jonathan Young.

### **332** Conflicts of interest

M Costa is a member of the UK NIHR HTA General Board; S Lamb is a member of the UK NIHR HTA
 Additional Capacity Funding Board, HTA end of life care and add-on studies, HTA Prioritisation Group
 and HTA Trauma Board.

#### 336 Funding

- 337 This project was funded by the UK National Institute for Health Research Health Technology
- Assessment (HTA) Programme (project number 10/57/20) and was supported by the National
- 339 Institute for Health Research (NIHR) Oxford Biomedical Research Centre and the NIHR Collaboration
- 340 for Leadership in Applied Health Research and Care in Oxford. The funder has not been involved in
- 341 the design and conduct of the study; collection, management, analysis, and interpretation of the
- 342 data; preparation, review, or approval of the manuscript nor in the decision to submit the
- 343 manuscript for publication. The views expressed are those of the authors and not necessarily those
- of the NHS, the NIHR or the Department of Health. The two main commercial entities in this sector

345 funded the excess treatment costs of the NPWT dressings but had no part in the design, conduct or

346 reporting of the trial.

347 Prof Matthew Costa and Dr Nick Parsons have full access to all of the data in the study and take

- 348 responsibility for the integrity of the data and the accuracy of the data analysis
- 349

# 350 Acknowledgements

- 351 We would like to thank all those involved in the WOLLF study, including the patients and the
- 352 research associates at all the research sites and in particular Mrs Sonia Davis (BSc, University of
- 353 Warwick) and Mrs Susie Hennings (MSc, University of Warwick) for their input in trial coordination
- and management, Mr James Masters (MRCS Trauma & Orthopaedics, University of Oxford) for help
- 355 with the analysis of clinical and radiographic data and Miss Amy Verdon (MSc, UHCW NHS trust) for
- 356 photographic assessment. All named individuals provided their contribution as part of their
- 357 employment with the University of Warwick and/or UHCW NHS trust.
- 358

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# 430 **Figure 2**

431 Temporal trends in main study outcomes. Disability Rating Index (DRI), the primary outcome

432 (Panel A), EQ-5D quality of life (Panel B) and SF-12 physical component score (PCS) and

433 mental component score (MCS) (Panel C). Shown are means, with 95% confidence

intervals, at each study follow-up time point (3, 6, 9 and 12 months) and at baseline (Base).

435 Pre-injury assessments were made retrospectively by all study participants and immediately

436 post-injury for EQ-5D. Minimum clinically important differences (MCID) are shown for DRI

437 and EQ-5D.

Δ	3	9
4	J	7

(n = 226)         (n = 234)           Age (years):         mean (sd)         44.5 (19.0)           median (IQR)         42 (29 - 61)         444 (26 - 57)           Height (meters); mean (sd)         1.74 (0.12)         1.72 (0.16)           Weight (kg); mean (sd)         80.9 (16.8)         80.9 (19.4)           Male sex; n (%)         178 (78.8)         164 (70.1)           Diabetes; n (%)         70 (31.0)         79 (33.8)           no. per day; mean (sd)         15.4 (10.9)         15.3 (10.4)           years; mean (sd)         17.6 (12.4)         17.4 (12.0)           Employment; n (%)         141 (65.0)         1606 (68.4)           Retired or Inactive         44 (19.5)         44 (18.8)           Unemployed         28 (12.4)         25 (10.7)           Unknown         7 (3.1)         5 (2.1)           Mechanism of injury; n (%)         31 (5.6)         3139 (59.4)           Low energy fall         34 (15.0)         39 (16.7)           High energy fall         34 (15.0)         25 (10.7)           Crush injury         17 (7.5)         19 (81.1)           Other         13 (5.8)         9 (3.8)           Contact sports injury         3 (1.3)         1 (0.4)           Unkno	Table 1. Characteristics of the Study Participants		
median (IQR)         42 (29 - 61)         44 (26 - 57)           Height (meters); mean (sd)         1.74 (0.12)         1.72 (0.16)           Weight (kg); mean (sd)         80.9 (16.8)         80.9 (19.4)           Male sex; n (%)         178 (78.8)         164 (70.1)           Diabetes; n (%)         14 (6.2)         13 (56)           Smoker; n (%)         70 (31.0)         79 (33.8)           n o. per day; mean (sd)         15.4 (10.9)         15.3 (10.4)           years; mean (sd)         17.6 (12.4)         17.4 (12.0)           Employment; n (%)         147 (65.0)         160 (68.4)           Retired or Inactive         44 (19.5)         44 (18.8)           Unemployed         28 (12.4)         25 (10.7)           Unknown         7 (3.1)         5 (2.1)           Ketired or Inactive         44 (19.5)         139 (59.4)           Unknown         7 (3.1)         5 (2.1)           Unknown         125 (55.3)         139 (59.4)           Grup engry fall         34 (15.0)         25 (10.7)           Fight energy fall         34 (15.0)         25 (10.7)           Crush injury         10 (3.1)         10 (4.1)           Other         13 (5.8)         9 (3.8)           Char	Characteristic		Standard (n = 234)
Height (meters); mean (sd)       1.74 (0.12)       1.72 (0.16)         Weight (kg); mean (sd)       80.9 (16.8)       80.9 (19.4)         Male sex; n (%)       178 (78.8)       164 (70.1)         Diabetes; n (%)       14 (6.2)       13 (5.6)         Smoker; n (%)       70 (31.0)       79 (33.8)         no. per day; mean (sd)       15.4 (10.9)       15.3 (10.4)         years; mean (sd)       17.6 (12.4)       17.4 (12.0)         Employment; n (%)       147 (65.0)       160 (68.4)         Retired or inactive       44 (19.5)       44 (18.8)         Unemployed       28 (12.4)       25 (10.7)         Unknown       7 (3.1)       5 (2.1)         Mechanism of injury; n (%)       71 (7.5)       19 (8.1)         Road traffic accident       125 (55.3)       139 (59.4)         Low energy fall       34 (15.0)       25 (10.7)         Crush injury       17 (7.5)       19 (8.1)         Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injurise associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)<	Age (years); mean (sd)	46.1 (19.9)	44.5 (19.0)
Weight (kg); mean (sd)         80.9 (16.8)         80.9 (19.4)           Male sex; n (%)         178 (78.8)         164 (70.1)           Diabetes; n (%)         14 (6.2)         13 (5.6)           Smoker; n (%)         70 (31.0)         79 (33.8)           no. per day; mean (sd)         15.4 (10.9)         15.3 (10.4)           years; mean (sd)         15.4 (10.9)         15.3 (10.4)           years; mean (sd)         17.6 (12.4)         17.4 (12.0)           Employment; n (%)         Employed         147 (65.0)         160 (68.4)           Retired or Inactive         44 (19.5)         44 (18.8)           Unemployed         28 (12.4)         25 (10.7)           Unknown         7 (3.1)         5 (2.1)           Mechanism of Injury; n (%)         34 (15.0)         39 (16.7)           Low energy fall         34 (15.0)         25 (10.7)           Crush injury         17 (7.5)         19 (8.1)           Other         13 (5.8)         9 (3.8)           Contact sports injury         31 (3.5)         9 (3.8)           Other         31 (5.2)         76 (32.5)           Injuries associated with the open fracture†; n (%)         58 (25.7)         76 (32.5)           Upper limb         17 (7.5)	median (IQR)	42 (29 – 61)	44 (26 – 57)
Male sex; n (%)         178 (78.8)         164 (70.1)           Diabetes; n (%)         14 (6.2)         13 (5.6)           Smoker; n (%)         70 (31.0)         79 (33.8)           no. per day; mean (sd)         15.4 (10.9)         15.3 (10.4)           years; mean (sd)         17.6 (12.4)         17.4 (12.0)           Employment; n (%)          160 (68.4)           Retired or Inactive         44 (19.5)         44 (18.8)           Unemployed         28 (12.4)         25 (10.7)           Unknown         7 (3.1)         5 (2.1)           Mechanism of injury; n (%)         34 (15.0)         39 (16.7)           High energy fall         34 (15.0)         25 (10.7)           Crush injury         17 (7.5)         19 (8.1)           Other         13 (5.8)         9 (3.8)           Contact sports injury         3 (1.3)         1 (0.4)           Unknown         0 (0.0)         2 (0.9)           Injuries associated with the open fracture†; n (%)         58 (25.7)         76 (32.5)           Upper limb         17 (7.5)         32 (13.7)           Chest         24 (10.6)         22 (9.4)	Height (meters); mean (sd)	1.74 (0.12)	1.72 (0.16)
Diabetes; n (%)         14 (6.2)         13 (5.6)           Smoker; n (%)         70 (31.0)         79 (33.8)           no. per day; mean (sd)         15.4 (10.9)         15.3 (10.4)           years; mean (sd)         17.6 (12.4)         17.4 (12.0)           Employment; n (%)          147 (65.0)         160 (68.4)           Retired or Inactive         44 (19.5)         44 (18.8)         044 (18.8)           Unemployed         28 (12.4)         25 (10.7)         05 (2.1)           Mechanism of injury; n (%)         7 (3.1)         5 (2.1)           Mechanism of injury; n (%)         31 (15.0)         39 (16.7)           High energy fall         34 (15.0)         39 (16.7)           Crush injury         13 (5.8)         9 (3.8)           Other         13 (5.8)         9 (3.8)           Contact sports injury         31 (3.3)         1 (0.4)           Unknown         0 (0.0)         2 (0.9)           Injurise associated with the open fracture†; n (%)         58 (25.7)         76 (32.5)           Upper limb         17 (7.5)         32 (13.7)           Chest         24 (10.6)         22 (9.4)	Weight (kg); mean (sd)	80.9 (16.8)	80.9 (19.4)
Smoker; n (%)         70 (31.0)         79 (33.8)           no. per day; mean (sd)         15.4 (10.9)         15.3 (10.4)           years; mean (sd)         17.6 (12.4)         17.4 (12.0)           Employment; n (%)             Employed         147 (65.0)         160 (68.4)           Retired or Inactive         44 (19.5)         44 (18.8)           Unemployed         28 (12.4)         25 (10.7)           Unknown         7 (3.1)         5 (2.1)           Mechanism of injury; n (%)          34 (15.0)         39 (16.7)           High energy fall         34 (15.0)         39 (16.7)         19 (8.1)           Other         13 (5.8)         9 (3.8)         (3.8)           Contact sports injury         17 (7.5)         19 (8.1)         (0.4)           Unknown         0 (0.0)         2 (0.9)         (0.0)         2 (0.9)           Injuries associated with the open fracture*; n (%)         58 (25.7)         76 (32.5)         (0.6)         2 (0.7)           Upper limb         17 (7.5)         32 (13.7)         (2.6)         (2.6)         (2.6)	Male sex; n (%)	178 (78.8)	164 (70.1)
no. per day; mean (sd)         15.4 (10.9)         15.3 (10.4)           years; mean (sd)         17.6 (12.4)         17.4 (12.0)           Employment; n (%)         147 (65.0)         160 (68.4)           Retired or Inactive         44 (19.5)         44 (18.8)           Unemployed         28 (12.4)         25 (10.7)           Unknown         7 (3.1)         5 (2.1)           Mechanism of injury; n (%)         7 (3.1)         5 (2.1)           Mechanism of injury; n (%)         125 (55.3)         139 (59.4)           Low energy fall         34 (15.0)         39 (16.7)           High energy fall         34 (15.0)         25 (10.7)           Crush injury         17 (7.5)         19 (8.1)           Other         13 (5.8)         9 (3.8)           Contact sports injury         3 (1.3)         1 (0.4)           Unknown         0 (0.0)         2 (0.9)           Injuries associated with the open fracture†; n (%)         58 (25.7)         76 (32.5)           Upper limb         17 (7.5)         32 (13.7)           Chest         24 (10.6)         22 (9.4)	Diabetes; n (%)	14 (6.2)	13 (5.6)
years; mean (sd)       17.6 (12.4)       17.4 (12.0)         Employment; n (%)       147 (65.0)       160 (68.4)         Retired or Inactive       44 (19.5)       44 (18.8)         Unemployed       28 (12.4)       25 (10.7)         Unknown       7 (3.1)       5 (2.1)         Mechanism of injury; n (%)       7 (3.1)       5 (2.1)         Road traffic accident       125 (55.3)       139 (59.4)         Low energy fall       34 (15.0)       39 (16.7)         High energy fall       34 (15.0)       25 (10.7)         Crush injury       17 (7.5)       19 (8.1)         Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	Smoker; n (%)	70 (31.0)	79 (33.8)
Employment; n (%)         Employed       147 (65.0)       160 (68.4)         Retired or Inactive       44 (19.5)       44 (18.8)         Unemployed       28 (12.4)       25 (10.7)         Unknown       7 (3.1)       5 (2.1)         Mechanism of injury; n (%)       7 (3.1)       5 (2.1)         Mechanism of injury; n (%)       7 (3.1)       5 (2.1)         Mechanism of injury; n (%)       34 (15.0)       39 (16.7)         High energy fall       34 (15.0)       39 (16.7)         Crush injury       17 (7.5)       19 (8.1)         Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	no. per day; mean (sd)	15.4 (10.9)	15.3 (10.4)
Employed       147 (65.0)       160 (68.4)         Retired or Inactive       44 (19.5)       44 (18.8)         Unemployed       28 (12.4)       25 (10.7)         Unknown       7 (3.1)       5 (2.1)         Mechanism of injury; n (%)       7 (3.1)       5 (2.1)         Road traffic accident       125 (55.3)       139 (59.4)         Low energy fall       34 (15.0)       39 (16.7)         High energy fall       34 (15.0)       25 (10.7)         Crush injury       17 (7.5)       19 (8.1)         Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	years; mean (sd)	17.6 (12.4)	17.4 (12.0)
Retired or Inactive       44 (19.5)       44 (18.8)         Unemployed       28 (12.4)       25 (10.7)         Unknown       7 (3.1)       5 (2.1)         Mechanism of injury; n (%)       7 (3.1)       5 (2.1)         Mechanism of injury; n (%)       125 (55.3)       139 (59.4)         Low energy fall       125 (55.3)       139 (59.4)         Low energy fall       34 (15.0)       39 (16.7)         High energy fall       34 (15.0)       25 (10.7)         Crush injury       17 (7.5)       19 (8.1)         Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	Employment; n (%)		
Unemployed       28 (12.4)       25 (10.7)         Unknown       7 (3.1)       5 (2.1)         Mechanism of injury; n (%)       125 (55.3)       139 (59.4)         Road traffic accident       125 (55.3)       139 (59.4)         Low energy fall       34 (15.0)       39 (16.7)         High energy fall       34 (15.0)       25 (10.7)         Crush injury       17 (7.5)       19 (8.1)         Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	Employed	147 (65.0)	160 (68.4)
Unknown       7 (3.1)       5 (2.1)         Mechanism of injury; n (%)       125 (55.3)       139 (59.4)         Road traffic accident       125 (55.3)       139 (59.4)         Low energy fall       34 (15.0)       39 (16.7)         High energy fall       34 (15.0)       25 (10.7)         Crush injury       17 (7.5)       19 (8.1)         Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	Retired or Inactive	44 (19.5)	44 (18.8)
Mechanism of injury; n (%)         Road traffic accident       125 (55.3)       139 (59.4)         Low energy fall       34 (15.0)       39 (16.7)         High energy fall       34 (15.0)       25 (10.7)         Crush injury       17 (7.5)       19 (8.1)         Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	Unemployed	28 (12.4)	25 (10.7)
Road traffic accident       125 (55.3)       139 (59.4)         Low energy fall       34 (15.0)       39 (16.7)         High energy fall       34 (15.0)       25 (10.7)         Crush injury       17 (7.5)       19 (8.1)         Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	Unknown	7 (3.1)	5 (2.1)
Low energy fall       34 (15.0)       39 (16.7)         High energy fall       34 (15.0)       25 (10.7)         Crush injury       17 (7.5)       19 (8.1)         Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	Mechanism of injury; n (%)		
High energy fall       34 (15.0)       25 (10.7)         Crush injury       17 (7.5)       19 (8.1)         Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	Road traffic accident	125 (55.3)	139 (59.4)
Crush injury       17 (7.5)       19 (8.1)         Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	Low energy fall	34 (15.0)	39 (16.7)
Other       13 (5.8)       9 (3.8)         Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	High energy fall	34 (15.0)	25 (10.7)
Contact sports injury       3 (1.3)       1 (0.4)         Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	Crush injury	17 (7.5)	19 (8.1)
Unknown       0 (0.0)       2 (0.9)         Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	Other	13 (5.8)	9 (3.8)
Injuries associated with the open fracture†; n (%)       58 (25.7)       76 (32.5)         Upper limb       17 (7.5)       32 (13.7)         Chest       24 (10.6)       22 (9.4)	Contact sports injury	3 (1.3)	1 (0.4)
Upper limb         17 (7.5)         32 (13.7)           Chest         24 (10.6)         22 (9.4)	Unknown	0 (0.0)	2 (0.9)
Chest 24 (10.6) 22 (9.4)	Injuries associated with the open fracture <sup>+</sup> ; n (%)	58 (25.7)	76 (32.5)
	Upper limb	17 (7.5)	32 (13.7)
Spine 21 (9.3) 22 (9.4)	Chest	24 (10.6)	22 (9.4)
	Spine	21 (9.3)	22 (9.4)

Head	14 (6.2)	11 (4.7)			
Pelvis	8 (3.5)	15 (6.4)			
Ipsilateral lower limb	6 (2.7)	16 (6.8)			
Contralateral lower limb	4 (1.8)	14 (6.0)			
Abdomen	3 (1.3)	12 (5.1)			
Gustilo & Anderson grade; n (%)					
Grade 2	34 (15.0)	30 (12.8)			
Grade 3	171 (75.7)	180 (76.9)			
Grade 3 + VI	21 (9.3)	24 (10.3)			
Fracture fixation; n (%)					
External fixator-half-pin	107 (47.3)	111 (47.4)			
Nail	49 (21.7)	56 (23.9)			
Plate and screws	38 (16.8)	32 (13.7)			
Other	21 (9.3)	21 (9.0)			
External fixator-fine-wire	3 (1.3)	11 (4.7)			
Wires/tension band wires	7 (3.1)	3 (1.3)			
Unknown	1 (0.4)	0 (0.0)			
IQR = interquartile range; sd = standard deviation; † Some study participants had multiple injuries associated with the open fracture					

Table 2. Primary and secondary outcomes									
	NPWT	Standard			Differenc	e (95% CI)	P value for adjusted analysis		
-	Mean (sd)	n	Mean (sd)	n	Raw <sup>†</sup>	Adjusted <sup>‡</sup>			
Primary outcome		· ·							
DRI (12 m)	45.5 (28.0)	179	42.4 (24.2)	195	-3.1 (-8.5 - 2.2)	-3.9 (-8.9 - 1.2)	0.13		
Secondary outcomes									
Disability scores over	r time								
DRI (3 m)	64.3 (22.3)	166	65.6 (20.1)	188	1.3 (-3.1 - 5.8)	0.7 (-3.7 - 5.0)	0.76		
DRI (6 m)	53.2 (23.8)	154	50.3 (24.1)	175	-2.8 (-8.0 - 2.4)	-3.5 (-8.4 - 1.5)	0.17		
DRI (9 m)	49.2 (25.9)	153	45.4 (25.2)	161	-3.8 (-9.5 - 1.9)	-4.4 (-10.0 - 1.3)	0.13		
Quality of life									
EQ-5D (12 m)	0.55 (0.33)	172	0.56 (0.32)	192	0.02 (-0.05 - 0.08)	0.01 (-0.06 - 0.07)	0.82		
SF-12 PCS (12 m)	32.2 (17.4)	154	32.7 (15.5)	175	0.5 (-3.1 - 4.1)	0.4 (-3.0 - 3.8)	0.82		
SF-12 MCS (12 m)	44.7 (8.4)	154	44.3 (8.2)	175	-0.4 (-2.2 - 1.4)	-0.2 (-2.1 - 1.6)	0.80		

<sup>+</sup> Mean of Standard group minus mean of NPWT (Negative Pressure Wound Therapy) group; for DRI a negative value is in favor of the Standard treatment, as a lower score indicates less disability

<sup>‡</sup> Mixed effects regression based on a complete case analysis with, treatment group, age group, gender, baseline pre-injury score and wound grade as covariates (fixed effects) and recruiting center as a random effect; p-values are from analysis of variance (ANOVA) F-test

sd = standard deviation

Disability Rating Index (DRI) is assessed on a 100-point score scale, where zero represents normal function and 100 complete disability, with a minimum clinically important difference of 8 points

EuroQol EQ-5D-3L (EQ-5D) is a measure of health-related quality of life, in the range -0.59 (worst possible state) to 1 (perfect health), anchored at 0 (death), with a minimum clinically important difference 0.08 points

SF-12 Physical and Mental health Composite Scores (PCS and MCS) are computed from the short form health survey and range from 0 to 100, where a 0 score indicates the lowest level of health

Complication	NPWT (n = 226)	Standard (n = 234)	Difference (%)	Odds ratio <sup>‡</sup>	P value <sup>‡</sup>			
Wound complications at 30 da	ys							
Red and inflamed; n (%)	13 (5.8)	19 (8.1)	2.4 (-2.7 - 7.4)	0.64 (0.28 - 1.42)	0.27			
Swollen; n (%)	38 (16.8)	49 (20.9)	4.1 (-3.4 - 11.7)	0.70 (0.42 - 1.16)	0.15			
Painful/tender; n (%)	35 (15.5)	33 (14.1)	-1.4 (-8.3 - 5.5)	1.01 (0.58 - 1.77)	0.99			
Fluid leaking; n (%)	28 (12.4)	27 (11.5)	-0.9 (-7.2 - 5.5)	1.01 (0.55 - 1.86)	0.99			
Fluid (pus) cloudy; n (%)	11 (4.9)	10 (4.3)	-0.6 (-4.8 - 3.7)	1.21 (0.43 - 3.46)	0.81			
Gaping open; n (%)	6 (2.7)	4 (1.7)	-0.9 (-4.1 - 2.2)	1.48 (0.34 - 7.22)	0.75			
Surgeon opened; n (%)	2 (0.9)	0 (0.0)	-	-	-			
Fever > 38°C; n (%)	0 (0.0)	0 (0.0)	-	-	-			
Abscess/infection; n (%)	3 (1.3)	5 (2.1)	0.8 (-2.0 - 3.6)	0.57 (0.09 - 2.95)	0.49			
Deep surgical site infection at 3	30 days							
Deep SSI <sup>†;</sup> n (%)	16 (7.1)	19 (8.1)	1.0 (-4.2 – 6.3)	0.85 (0.42 -1.70)	0.64			
Other postoperative complicat	ions related to	the index wo	ound / injury report	ed during follow-up				
Soft Tissue^; n (%)	20 (8.8)	17 (7.3)	-1.6 (-7.0 - 3.8)	1.24 (0.60 - 2.59)	0.61			
Neurovascular; n (%)	5 (2.2)	8 (3.4)	1.2 (-2.2 - 4.7)	0.64 (0.16 - 2.26)	0.58			
Persistent pain; n (%)	8 (3.5)	11 (4.7)	1.2 (-2.9 - 5.2)	0.74 (0.25 - 2.08)	0.64			
DVT/PE^^; n (%)	6 (2.7)	4 (1.7)	-0.9 (-4.1 - 2.2)	1.57 (0.37 - 7.65)	0.54			
Further surgery related to the open fracture reported during follow-up								
Revision fixation; n (%)	18 (8.0)	15 (6.4)	-1.6 (-6.7 - 3.6)	1.26 (0.58 - 2.77)	0.59			
Wound management; n (%)	19 (8.4)	21 (9.0)	0.6 (-5.0 - 6.1)	0.93 (0.46 - 1.88)	0.87			
Bone graft; n (%)	10 (4.4)	18 (7.7)	3.3 (-1.5 - 8.0)	0.56 (0.22 - 1.31)	0.17			
Amputation; n (%)	4 (1.8)	6 (2.6)	0.8 (-2.3 - 3.9)	0.69 (0.14 - 2.93)	0.75			

Table 3: Post-operative complications reported as secondary outcomes during 12 months follow-up

<sup>‡</sup> Unless stated otherwise, odds ratio, 95% confidence interval and p-value from Fisher's exact test; a value > 1 indicates a greater risk in the NPWT group; where testing was not possible or sensible, then these are marked as '-'

<sup>+</sup> Deep SSI was recorded according to CDC criteria: involvement of deep tissues with purulent drainage from the incision, or spontaneous dehiscence or incision deliberately opened by a surgeon and there was fever or localized pain or tenderness, or confirmation of abscess, or deep SSI diagnosed by a surgeon/attending physician.

^ Complications that are not related to the bone and not included under wound infection, for example problems causes by scar tissue or tendon irritation.

^^ Deep vein thrombosis/Pulmonary Embolism