Copyright is owned by the Author if the thesis. Permission is given for a copy to be downloaded by an individual for the purpose of research and private study only. The thesis may not be reproduced elsewhere without the permission of the Author.

# THE EFFECTS OF PARTIAL STABLE CONFINEMENT ON THE VOLUNTARY ACTIVITY OF WEANLING THOROUGHBRED FOALS

A thesis presented in partial fulfilment of the requirements for the

degree of

Master of Science in Animal Science

Massey University

Palmerston North, New Zealand

Vanessa Maree Lilly

2017

Submitted August 2017

#### Abstract

This thesis discusses an observational study, which evaluates the effects of partial stable confinement on the voluntary activity of weanling Thoroughbreds kept at pasture. Despite the current knowledge identifying the need for early exercise and pasture access in young Thoroughbreds, there is little information on pasture activity, and none on the effects of partial stable confinement on the amount of, and type of, activity when at pasture. It has previously been stated that young horses confined to a stable at night, spend more time cantering and trotting in the paddock during the day, when compared to their unconfined counterparts- the authors suggested this may be compensation for the lack of activity carried out whilst in confinement. Unfortunately, no further research has been carried out to support this theory, and it is therefore unknown how much confinement is required before horses will carry out compensatory activity, and how length of confinement and the subsequent volume of compensatory activity may affect total average daily activity.

A study was carried out on a small commercial Thoroughbred stud farm in the Manawatu, to determine the effects of partial stable confinement on the amount, and type of activity six weanling Thoroughbreds carried out on a daily basis. The horse's remained under normal management conditions, and were kept at pasture, and confined in loose boxes for an average of three hours a day, on mornings decided by the Stud Master, for handling and yearling sales preparation. Activity was monitored for 141 days using a Heyrex biosensor. The sensor containing a tri-axial accelerometer was attached to each horse's halter, and the data were recorded as Delta-G; the change in acceleration between respective samples. The data were recorded in 15 minute increments, resulting in approximately 576 records per day and possible 13,536 data points per horse (there was a range of 3,456 - 10,272 usable data points per horse). A total of 39,372 15-minute data points were used in the data analysis.

Each horse's activity profile, including total daily activity, average daily activity and proportion of highand low-energy activity, when at pasture and during confinement was analysed. Total average daily activity varied between horses (70,385 – 95,331, P<0.001), however each horse's total daily activity was highly repeatable across days with no significant difference between horses between days. Partial confinement resulted in a reduction in average daily activity in all horses (67,682 – 84,737, P<0.0088), except Colt 3 who was more active during days of confinement, than on days of no confinement (89903±5073 and 84813±2163, respectively).

Partial stable confinement had no significant effect on the proportion of total activity which was highenergy activity (8.69% on days of confinement, vs 12.23% on days of no confinement) except for Colt 3, who carried out a high proportion of high-energy activity during a day of confinement, then on a day of no confinement (18.23% vs 9.14% respectively). This may be a form of compensation, however it was only noted in one horse, and therefore is more likely to be a behavioural response to being isolated to a stable. The proportion of high-energy activity between the hours of 9am-12pm, when confinement would occur, was also not effected by confinement when compared to days of no confinement (8.64% vs 9.80%, respectively), except in Colt 2, who carried out no high-energy activity whilst in confinement between 9am-12pm.

The partial confinement of these weanlings appeared to reduce their overall average daily activity, however it did not affect the amount of high-energy activity. Thus partial confinement may not restrict the all-important osteo-inductive high speed activity required to promote optimal musculoskeletal development in weanlings. However, we lacked the experimental design to examine if there was any association of length of confinement and any compensatory activity. Further studies should examine if the length of partial confinement alters the subsequent activity at pasture.

#### **Acknowledgements**

I would firstly like to thank my supervisors, Chris Rogers and Erica Gee. Erica, your door was always open for advice and a second point of view on any of my work, thesis related or not. And Chris, you were always happy to help with even the most insignificant of things, and always found the time for a chat- study related or not. Thank you both for your support, and encouragement throughout the duration of my post-graduate study, you both reminded me this was my own work, but were more than happy to steer me in the right direction, throughout. I would similarly like to thank Dr Patrick Morel, for the help with the statistics- you certainly saved me a few hours of frustration!

I would also like to thank the people who contributed and helped with my research. Firstly, the team at Heyrex; without your contribution of the biosensor technology, this research would not have happened. In particular, I would like to thank Veronica Cross, your continuous support via visits, phone calls and emails, made the whole data collection process that much less stressful. Secondly, I would like to thank Brooke Adams, and Saskia van Zon, for both of your efforts in helping set up the project at the stud in the beginning, and helping look for lost sensors!

I also owe a special thank you to William Fell, and Chris (Teddy) Houseman, at Goodwood Stud. Without your cooperation, this project would not have been possible. Thank you for being so helpful, and flexible in the whole matter, and also thank you for the weekly catch ups about the latest racing gossip, and some of your trade secrets!

Finally, I must thank both my family, and my friends. They have all provided the consistent encouragement, and support I have needed to get through my final years of study. Thank you for being the ones who decide when I need a distraction, and when I need to stop being distracting! Without your encouragement, I may have never finished this thesis.

ABSTRACT	I
ACKNOWLEDGEMENTS	III
LIST OF FIGURES	VI
LIST OF TABLES	VIII
INTRODUCTION	1
CHAPTER 1: LITERATURE REVIEW	2
1.2. NEW ZEALAND RACING INDUSTRY	3
1.2.1. New Zealand Thoroughbred Racing Industry	3
1.2.2. New Zealand Thoroughbred Breeding Industry	4
1.3. THOROUGHBRED MANAGEMENT	6
1.3.1. WEANING AND WEANLING MANAGEMENT	6
Weaning methods Physical health at weaning	
1.3.2. YEARLING SALES AND PREPARATION	10
Yearling sales	10
Yearling Preparation	11
1.3.3. Pre training and 2YO+ racing	12
2-year-old+ racing	13
1.3.4. WASTAGE	14
1.4. NORMAL GROWTH OF THE JUVENILE THOROUGHBRED	15
1.4.1. GROWTH IN RELATION TO MUSCULOSKELETAL DEVELOPMENT	16
1.4.2. Normal growth in Thoroughbred Foals	16
Body weight and ADG	17
1.4.3. FACTORS AFFECTING FOAL GROWTH	19
Geographical effects	19
Time of Foaling	21

# Table of Contents

1.4.4. MUSCULOSKELETAL HEALTH IN THE GROWING HORSE	21
1.4.5. FACTORS AFFECTING SKELETAL HEALTH EARLY IN LIFE	22
Rate of growth	
Diet	
1.5. PHYSICAL ACTIVITY OF THE HORSE	24
1.5.1. THE IMPORTANCE OF PHYSICAL ACTIVITY	24
1.5.2. Horse activity patterns	25
Feral Horses	25
Domestic Horses	27
1.5.3. QUANTIFYING ACTIVITY	29
Time Budgets	
Electronic Monitoring	
2.0. OBJECTIVES	
Hypothesis	32
2.1. METHODS AND MATERIALS	22
2.1. WETHODS AND WATERIALS	
Animals	
Management	
Monitors	
Data Collection	
Data	
Statistical Analysis	
2.2. RESULTS	
2.3. DISCUSSION	
2.3.1. Heyrex BIOSENSOR TECHNOLOGY	46
Data Collection	
Attachment	
2.3.2. TOTAL DAILY ACTIVITY	47
2.3.3. LEVEL OF ACTIVITY	47
CONCLUSION	49
REFERENCES	

# List of Figures

Brown-Douglas (2003)17
Figure 2: Average daily gain (kg/d) of Thoroughbreds reared in Australia, England, India, America and
New Zealand. Adapted from: (Brown-Douglas and Pagan, 2016)
Figure 3: Scatter graph of average distances moved by groups of domestic horses against
yard/paddock area and logarithmic line of best fit for average distance moved by group as a
function of yard/paddock area. Retrieved from Hampson et al., (2010b)
Figure 4: Acrophases of total activity rhythms during each seasonal equinox throughout the year.
The black and white blocks indicate light/dark phases. Dotted line represents time of
supplement feeding. Adapted from: Bertolucci et al. (2008)
<b>Figure 5:</b> Examples of electronic monitoring. A). A domestic adult horse wearing a VHF/GPS collar B).
A foal wearing a harness used to carry GPS equipment. Imagines adpated from Collins et al.
(2014) and Kurvers et al. (2006), respectively <b>30</b>
Figure 6: Heyrex monitors used on weanlings head collars
Figure 7: Data collection overview, showing the successfulness of data recording and stabling routine
of each horse each day of the trial. The top green, red and yellow section shows days of
successful (green), successful but unusable (yellow), and unsuccessful (red) data collection. The
successful (green), successful but unusable (yellow), and unsuccessful (red) data collection. The lower pink and green section shows which days each horse was unconfined (pink) or partially
lower pink and green section shows which days each horse was unconfined (pink) or partially
lower pink and green section shows which days each horse was unconfined (pink) or partially confined (green)
<ul> <li>lower pink and green section shows which days each horse was unconfined (pink) or partially confined (green)</li></ul>
lower pink and green section shows which days each horse was unconfined (pink) or partially confined (green)
lower pink and green section shows which days each horse was unconfined (pink) or partially confined (green)
lower pink and green section shows which days each horse was unconfined (pink) or partially confined (green)
<ul> <li>lower pink and green section shows which days each horse was unconfined (pink) or partially confined (green)</li></ul>

Figure 12: The proportions of count of 'high' and 'low' energy activity during stable confined and	
unconfined days. Red sections are high activity, blue is low.	3

Figure 13: The number of counts of 'high' and 'low' energy activity for each horse on confined, and
unconfined days, between 9am-12pm. Red sections are unconfined, high activity, blue is low.
Purple sections are stable-confined high activity, orange is low

Figure 14: The proportions of 'high' and 'low' activity counts for each horse during the period of tim	e
which boxing occurred each day, between 9am-12pm	15

## List of Tables

Table 1: Comparison of body weight (Kg) data from three Northern-hemisphere growth
studies, and one southern hemisphere growth study. Note: Hintz data collected on days
32, 62, 187 and 352, Pagan Data collected on days 183 and 35018
Table 2: Overview of all used data from the data collection, showing the number of useable
days, unusable days, and the number of stable confined days
Table 3: Summary of usable data, sectioned into 'High' and 'Low' energy activity counts for
each data point
Table 4: Mean ± SEM of the average total daily Delta-G for each horse overall, on boxed days,
and unboxed days 41
Table 5: Mean ± SEM of the number of counts of 'high' and 'low' energy activity in stable
confinement, and the paddock, for each horse

### List of Abbreviation

- ADG Average daily gain
- DMD Dorsal Metacarpal Disease
- DOD Developmental Orthopaedic Disease
- GAG Glycosaminoglycan
- GDP Gross Domestic Product
- MSI Musculoskeletal injuries
- NZRB New Zealand Racing Board
- OC Osteochondritis
- OCD Osteochondritis Dissecans
- VHF Very High Frequency Radio