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### **Poems**

Riemke Ensing

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Poems
Abstract INNER GARDENS (to Zhang Weiping in prison), TAI CHI QUAN

From a northerly ledge
the little Africa faces
hungry for light
track east to west across the day
like one slow transit of a cage
They have swallowed the sun
to work this alchemy at the heart
whose flash of gold outstrips
distance and dark
(a panther's eye?
the edge of the eclipse?)
easy as that

# Riemke Ensing

INNER GARDENS (to Zhang Weiping in prison)

Nine years is a long time to keep darkness company but remember the story of Lan Xiang Cheng. A wise man. He fell in love with landscapes and seasons. Spring was his favourite. All that blossom and promise. It lasts only a short while. The wind comes and the rain and it's gone. He wanted to hold on to Spring. Keep it about himself a little longer. So he built a study in his garden in the mountain and called it 'study containing spring'. That way he kept life with him for a very long time.

#### TAI CHI QUAN

If the space where they keep you the next years is just a little larger than the length of your outstretched arms, you will be able to visualize clouds and move them away with a slow graceful turn of your hand should they frown or darken to form rain. A few movements will shape you trees to shade your head and the hard board of your bed will be earth soft in late spring sprung bright with flowers and new grass. You might be tempted to tense a melon out of the early vapours of air and imagine oh, imagine that cool caress for breakfast. These small acts will make you stronger than Lapsang Souchong tea, subtle as ink bamboo handscrolled on paper (Li K'an) all those centuries ago. Remember the story told of the woman in prison She knew Beethoven well. From inside each day she conducted a quartet. Each part separately in her head then putting all four instruments together silently as she sat there in solitary confinement. It took years but the music lifted the sky into that darkness and the sun, gave back her life.