Moving from intra-partum to prenatal diagnosis of placenta accreta: A quarter of a century in the making but still a long road to go.

4

In 1961, K Greig, MRCOG, then a senior registrar at the Royal Maternity reported 5 6 a case of placenta accreta (PA) treated by post-partum hysterectomy (Figure). 7 The patient was a grand multipara with prior history including a uterine curettage, 8 manual delivery of the placenta and caesarean delivery (CD) (J Obstet Gynaecol 9 Br Commonw. 1961;68:968-73). This was not the first case-report of accreta, but before imaging techniques i.e. ultrasound and magnetic resonance imaging 10 (MRI) became available, PA was almost exclusively an intra-partum finding with 11 12 often dramatic consequences.

13 Irving and Hertig in 1937 published the first detailed series of PA (Surg 14 Gynec Obstet, 1937;64:178-200). Of their 20 cases, only one occurred after a 15 previous CD. Similarly in their review of 86 cases reported literature up to 1935, 16 only one was found after a CD. Predisposing factors at the time were a previous 17 manual delivery and "vigorous" uterine curettage. Their cases were all described 18 as PA vera or adherenta where the villi are attached to the myometrium without 19 invading it. More invasive forms of PA, i.e. placenta increta where villi invade the 20 myometrium and placenta percreta where villi invade through the entire uterine 21 wall and sometime the surrounding pelvic organ where rarely reported until the 22 1970s.

23 The exponential increase in the numbers of PA in the last 30 years is 24 directly linked to the rapid the increase in the numbers of CD during the same 25 period and the majority of PAs are associated with prior CD (Jauniaux and 26 Jurkovic. Placenta. 2012;33:244-51). Placenta increta and percreta are 27 associated with considerable maternal morbidity and even mortality, especially 28 when not diagnosed before delivery. The first antenatal ultrasound descriptions 29 of PA were reported around 25 years ago, less than a decade after the 30 description of major fetal anomalies such as spina bifida. Despite major 31 improvements in ultrasound technology and routine screening sonograms in 32 middle and high income countries, PA remains undiagnosed before delivery in 33 between half (Fitzpatrick et al. BJOG.2014;121:62-71) and a third (Bowman et 34 al.AJOG:212:177.e1-7) of the cases.

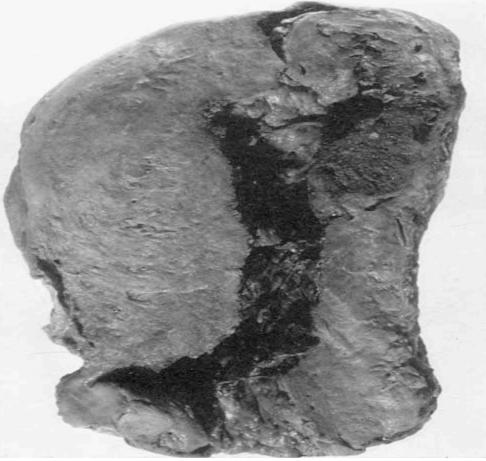
35 MRI is increasingly used for the diagnosis of PA and has been reported to 36 be useful in assessing the depth of myometrial invasion, especially with posterior 37 placentation. However, it is uncertain that MRI changes management or 38 improves outcomes (). Millischer et al (BJOG. 2016) reviewed the accuracy of 39 MRI with and without gadolinium contrast in a cohort of women with suspected 40 PA on ultrasound and found that gadolinium improves the MRI-based diagnostic 41 performance. Although there is concern about the risks of gadolinium during 42 pregnancy, safety data are accumulating. However, cost and limited access to 43 MRI makes it impractical as a screening tool for PA.

With the continuous increase in the number of CD worldwide, with the
 marked improvement in maternal outcome when PA is diagnosed antenatally
 there is an urgent need to improve the prenatal diagnosis of PA. Further studies

- should assess the value and safety of gadolinium MRI as well as other modalities
 for the detection of PA from the second trimester of pregnancy.
- 49
- 50 Word count: 495
- 51
- 52

54

- 53 MC on MS2015-CM-16803 by Millischer et al
- 55 Figure from Greig K. J Obstet Gynaecol Br Commonw. 1961;68:968-73.
- 56 Hysterectomy specimen showing a placenta increta in the upper portion of the
- 57 posterior wall and fundus.
- 58



- 59
- 60 **Disclosure of interests**
- 61 We declare no conflicts of interest.
- 62
- 63 E Jauniaux
- 64 Academic Department of Obstetrics and Gynaecology
- 65 Institute for Women's Health
- 66 University College London

- 67 London, UK.
- 68
- 69 Robert M Silver
- 70 Department of Obstetrics and Gynaecology
- 71 University of Utah School of Medicine
- 72 Salt Lake City, USA