Allergy EUROPEAN JOURNAL OF ALLERGY AND CLINICAL IMMUNOLOGY EAACI

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Journal:	*Allergy*
Manuscript ID	ALL-2015-00675.R2
Wiley - Manuscript type:	Original Article: Airway Diseases
Date Submitted by the Author:	n/a
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Keywords :	allergic rhinitis, birth cohorts, greenness, NDVI, sensitization

Residential greenness is differentially associated with childhood allergic rhinitis and aeroallergen sensitization in seven birth cohorts

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Short title: Residential greenness and allergic rhinitis

Key Words: allergic rhinitis; birth cohorts; greenness; NDVI; sensitization

Abstract word count: 248

Text word count (introduction to discussion): 3634

FUNDING

The BAMSE study was supported by the Swedish Research Council, the Swedish Heart–Lung Foundation, Stiftelsen Frimurare Barnhuset i Stockholm, Matsumura's donation, the Stockholm County Council, the Swedish Environmental Protection Agency, the Swedish Society for Medical Research, the Swedish Foundation for Strategic Research and the Swedish Research Council for Health Working Life and Welfare. The PIAMA study is supported by The Netherlands Organization for Health Research and Development, The Netherlands Organization for Scientific Research, The Netherlands Asthma Fund, The Netherlands Ministry of Spatial Planning, Housing, and the Environment, and The Netherlands Ministry of Health, Welfare and Sport. The GINIplus study was mainly supported for the first 3 years by the Federal Ministry for Education, Science, Research and Technology (interventional arm) and Helmholtz Zentrum Munich (former GSF) (observational arm). The 4 year, 6 year and 10 year follow-up examinations of the GINIplus study were covered from the respective budgets of the 5 study centres (Helmholtz Zentrum Munich (former GSF), Marien-Hospital Wesel, LMU Munich, TU Munich and from 6 years onward also from IUF - Leibniz Research-Institute for Environmental Medicine) and a grant from the Federal Ministry for Environment (IUF, FKZ 20462296). The LISAplus study was mainly supported by grants from the Federal Ministry for Education, Science, Research and Technology and in addition from Helmholtz Zentrum Munich (former GSF), Helmholtz Centre for Environmental Research - UFZ, Leipzig, Marien-Hospital Wesel, Pediatric Practice, Bad Honnef for the first 2 years. The 4 year, 6 year and 10 year follow-up examinations of the LISAplus study were covered from the respective budgets of the involved partners (Helmholtz Zentrum Munich (former GSF), Helmholtz Centre for Environmental Research - UFZ, Leipzig, Marien-Hospital Wesel, Pediatric Practice, Bad Honnef, IUF – Leibniz-Research Institute for Environmental Medicine) and in addition by a grant from the Federal Ministry for Environment (IUF, FKZ 20462296). The CAPPS study was supported by the Canadian Institutes of Health Research, the British Columbia Lung Association and

the Manitoba Medical Service Foundation. The SAGE study was supported by the Canadian Institutes of Health Research. The first 6 years of the MACS study were funded by Nestec Ltd, a subsidiary of Nestlé Australia. The 12 year follow-up was funded by a project grant from the Asthma Foundation of Victoria. The NHMRC funded Centre for Air Quality and Health Research and evaluation (CAR) funded geocoding of participants' addresses. The "Traffic Asthma and Genetics" collaboration was supported by the AllerGen Networks of Centres of Excellence. The ESCAPE (grant agreement number: 211250) research received funding from the European Community's Seventh Framework Program (FP7/2007-2011). The aforementioned funding sources had no involvement in the study design, in the collection, analysis and interpretation of data, in the writing of the report and in the decision to submit the article for publication.

ABSTRACT

Background: The prevalence of allergic rhinitis is high but the role of environmental factors remains unclear. We examined cohort-specific and combined associations of residential greenness with allergic rhinitis and aeroallergen sensitization based on individual data from Swedish (BAMSE), Australian (MACS), Dutch (PIAMA), Canadian (CAPPS and SAGE) and German (GINIplus and LISAplus) birth cohorts (N=13,016).

Methods: Allergic rhinitis (doctor diagnosis/symptoms) and aeroallergen sensitization were assessed in children aged 6-8 years in six cohorts and 10-12 years in five cohorts. Residential greenness was defined as the mean Normalized Difference Vegetation Index (NDVI) in a 500m buffer around the home address at the time of health assessment. Cohort-specific associations per 0.2 unit increase in NDVI were assessed using logistic regression models and combined in a random-effects meta-analysis.

Results: Greenness in a 500m buffer was positively associated with allergic rhinitis at 6-8 years in BAMSE (odds ratio=1.42, 95% confidence interval [1.13, 1.79]) and GINI/LISA South (1.69 [1.19, 2.41]) but inversely associated in GINI/LISA North (0.61 [0.36, 1.01]) and PIAMA (0.67 [0.47, 0.95]). Effect estimates in CAPPS and SAGE were also conflicting but not significant (0.63 [0.32, 1.24] and 1.31 [0.81, 2.12], respectively). All meta-analyses were non-significant. Results were similar for aeroallergen sensitization at 6-8 years and both outcomes at 10-12 years. Stratification by NO_2 concentrations, population density, an urban versus rural marker and moving did not reveal consistent trends within subgroups.

Conclusion: Although residential greenness appears to be associated with childhood allergic rhinitis and aeroallergen sensitization, the effect direction varies by location.

INTRODUCTION

Green environments are thought to impart beneficial effects on health by increasing physical activity and stress relief, and by facilitating social interactions. They are also associated with reduced noise, air pollution and heat exposures (1). However, surrounding greenness may play a more complex role on allergic health outcomes. Although a causal relationship remains to be established, studies suggest that children who spend more time in outdoor green environments during early-life may benefit from exposure to a greater number and diversity of beneficial microbes (2,3). A similar protective effect has also been documented between sensitization and a diverse early-life exposure to indoor allergens and microbes (4). However, among those sensitized, exposure to pollen-releasing plants and outdoor fungi may exacerbate allergic symptoms in later childhood (5).

The few epidemiological studies that have examined associations between residing in/near green places and allergic health outcomes have yielded inconsistent results. Studies report increased (6), no (7), protective (2,8), or conflicting (9) effects, and a recent study concluded that associations appear to depend on the type of greenness evaluated (for example, parks versus forests (10)). These studies differ with respect to their designs, outcomes, populations and green exposure assessment strategies, which may in part explain some of these discrepant findings. For example, the aforementioned studies defined vegetation level using data on tree canopy cover (6), vegetation or land-use types (2,8), the Normalized Difference Vegetation Index (NDVI) (7,9) or several of these measures (10). It is currently unclear which of these exposure metrics may be best. While some more specific measures are able to classify large green areas into land use types (such as the CORINE land use European data), they are not commonly available on a global scale and do not include small green areas. Further, it is possible that different metrics may be more or less relevant to specific pathways. For example, land use data may be very useful for studying physical activity levels, but this is unlikely to represent the main pathway by

which greenness might affect allergic diseases.

As a general measure of vegetation presence, the NDVI index captures vegetation of all sizes using a globally harmonized method, and we chose to use this index to examine cross-sectional associations between residential greenness and allergic rhinitis and aeroallergen sensitization during childhood and early adolescence in seven birth cohorts from Australia, Canada, Germany, the Netherlands and Sweden. As suggestive evidence exists that air pollutants and urbanization may act as confounders or effect modifiers in greenness-health relationships (11,12), we tested interactions between nitrogen dioxide (NO_2) concentrations, population density and a rural/urban indicator with residential greenness, and also adjusted for these factors.

METHODS

Data sources

Seven birth cohorts participated: BAMSE (13), CAPPS (14), GINIplus (15), LISAplus (16,17), MACS (18), PIAMA (19) and SAGE (20). Data on several health outcomes, environmental exposures and covariates from all cohorts except MACS had already been harmonized as part of the Traffic, Asthma and Genetics (21) and European Study of Cohorts for Air Pollution Effects (22) collaborations. MACS is here included as this Australian birth cohort adds additional vegetation and geography heterogeneity. Each cohort received ethical approval from their local authorized Institutional Review Boards.

Outcome assessment

We focused on health outcomes during childhood (6-8 years) and early adolescence (10-12 years). Information on the cohort-specific study designs and outcome definitions, which varied slightly by cohort, are provided in the Supplemental Information, Table S1. Allergic rhinitis was defined based on a diagnosis during a physician assessment at a follow-up visit in CAPPS and SAGE, parental report of a doctor's diagnosis in GINIplus and LISAplus, parental symptom report in PIAMA and BAMSE and parental symptom or treatment report in MACS.

Sensitization was assessed by skin prick testing for CAPPS, MACS and SAGE, with a positive reaction defined as having a wheal diameter of $\geq$3 mm. For all other cohorts, sensitization was assessed by measuring allergen specific IgE levels, with a positive reaction defined as any value $\geq$ 0.35 kU/L, the lower detection limit of the assay. Birch, *Dactylis*, mugwort, ragweed, rye, timothy grass, trees and weeds were considered as outdoor aeroallergens. *Alternaria alternata*, cats, *Cladosporium herbarum*, cockroaches, dogs, feathers, house dust mites and molds were considered as indoor aeroallergens. All available aeroallergens were included in the sensitization analyses. Not all cohorts had information on

all aeroallergens or health data at both time points (Supplemental Information, Table S1).

Greenness assessment

The NDVI, a green biomass density indicator, was used as a surrogate for surrounding greenness. Its calculation is based on the difference of surface reflectance in visible (0.4–0.7µm) and near-infrared (0.7–1.1µm) wavelengths. Values range from negative one (water) through zero (rock, sand, snow) to positive one (dense green vegetation) (23). The assignment of NDVI to the home addresses of all cohort participants was done using a harmonized method previously described (24). First, to achieve maximum exposure contrasts, cloud-free satellite images corresponding as close as possible to the spring and summer months during the year of birth of the participants were centrally selected for all cohorts and used to calculate NDVI maps. Negative NDVI pixels were set to zero (replication of analyses with negative NDVI values left as is or set to missing yielded the same results). Second, these images were used to calculate mean greenness in 500m and 1000m circular buffers around the home addresses of participants at 6-8 and 10-12 years of age in order to assess current greenness exposure effects. The 500m buffer was *a priori* selected as the main buffer as it is a proximal measure of a child's neighborhood, may be less prone to exposure misclassification and has been used in previous studies on children (e.g. (25,26)). The 1000m buffer captures a larger area around an individual's neighborhood and was used as a sensitivity analysis.

The NDVI values used in all main analyses were derived from satellite maps taken at the time of birth of the participants and assigned to their 6-8 and 10-12 year addresses under the assumption that the spatial distribution of greenness would remain stable between these time points. To test this assumption, a second set of NDVI values was created based on satellite maps selected approximately a decade after the birth of the participants and assigned to these same 6-8 and 10-12 year addresses. All

main analyses were replicated with this second set of NDVI values. Details of the months and years used for the NDVI assignments for each cohort are provided in the Supplemental Information, Table S1.

Statistical analysis

Cohort-specific associations were analyzed using logistic regression. Odds ratios are reported per 0.2 unit increase in NDVI (approximately two times the standard deviation in the total population) with corresponding 95% confidence intervals. The GINIplus and LISAplus cohorts were pooled as the study designs are nearly identical and associations are presented per geographical area instead (the rural GINI/LISA North area and GINI/LISA South, which covers the urban city of Munich and its surroundings). Random-effects meta-analysis was used to calculate combined estimates to allow for potential within-and between-cohort heterogeneity (27). The I^2 statistic was used to examine statistical heterogeneity among cohort-specific effect estimates and can be interpreted as the percentage of the variability in effect sizes attributable to the between-study variability rather than sampling error (28). I^2 values between 50-90% and 75%-100% represent substantial and considerable heterogeneity, respectively (29). Cochran's Q test was used to test for significant heterogeneity. Analyses for CAPPS, GINI/LISA North, GINI/LISA South, PIAMA, SAGE and the combined meta-analyses (using package "meta" (30)) were conducted centrally using the statistical program R, version 3.1.1 (31). Analyses for BAMSE and MACS were done locally using STATA, version 13 and 13.1 (32), respectively, following the same analysis plan.

Minimally adjusted models were adjusted for sex and age. Main models were additionally adjusted for parental atopy (not included for MACS as 97% of participants had a history of parental atopy), older siblings, maternal smoking during pregnancy, secondhand smoke exposure concomitant with the time

of health outcome assessment (not available for MACS), socioeconomic status (defined as the highest education attained by either parent for BASME, GINI/LISA North, GINI/LISA South, MACS and PIAMA, and maternal age at birth for CAPPS and SAGE), group (intervention for CAPPS, GINI/LISA North, GINI/LISA South, PIAMA and MACS), region (CAPPS and PIAMA only) and cohort (GINI/LISA North and GINI/LISA South only). The influence of additional adjustments for birth weight and exposure to furry pets and mold/dampness in the home at the time of health outcome assessment was examined in sensitivity analyses (MACS not included as these data were generally not available). Covariates were defined as similarly as possible across cohorts using questionnaire-derived information and their selection is based on previous combined analyses of these cohorts with regard to allergic rhinitis and sensitization (9,22,33).

Effect modification

To assess effect modification by sex, regression analyses were run including an interaction term between NDVI and sex. In a separate analysis, regression analyses were also run separately for males and females. Effect modification by cohort-specific tertiles of NO_2 concentrations and population density in a 1000m buffer around the home address was also assessed, and models were run stratified by whether participants lived in urban or rural surroundings (data sources and methodology described in the Supplemental Information, page 3). Models were also stratified by whether a child had moved between 1) birth and 6-8 years when considering the childhood health outcomes and between 2) birth and 10-12 years when considering the adolescent health outcomes (CAPPS and SAGE not included as data on moving behavior were unavailable).

RESULTS

Study population

In total, 13016 children had available information on NDVI exposure and at least one outcome of interest at one time point. The included cohorts varied in size from 3339 children in PIAMA to 327 children in MACS (Table 1). Of those with available data, 9.8% (1182/12007) had allergic rhinitis and 30.3% (2246/7408) were sensitized to at least one aeroallergen at the age of 6-8 years (13.6% (1346/9885) and 42.1% (1650/3922) are the respective values for 10-12 years). Allergic rhinitis prevalence was lowest in GINI/LISA North and highest among cohorts recruited on the basis of family history (MACS and CAPPS) and SAGE.

Distribution of NDVI values

The mean and range of NDVI values in a 500m buffer were similar across cohorts (Figure 1). NDVI estimates in a 500m buffer were highly correlated with those in a 1000m buffer (Pearson's $r > 0.88$). NDVI estimates in the 500m buffer assessed to the childhood and early adolescence addresses were weak to moderately correlated across cohorts for those who moved between these two time points (range of $r = 0.26$ in PIAMA to $r = 0.55$ in BAMSE). NDVI estimates derived using satellite maps obtained for the year of birth and approximately 10 years later ($r > 0.73$) were highly correlated. As it was not possible to obtain cloud-free images for the same months for all cohorts and given that months have different meanings in the different cohorts (for example, when contrasting European and Australian seasons), comparing NDVI distributions across cohorts is not appropriate. Cohort locations and the distribution of NDVI values per cohort are depicted in the Supplemental Information, Figure S1.

Associations between health outcomes and NDVI

The adjusted cohort-specific associations per 0.2 increase in NDVI for the main models are presented in Figures 2 and 3 for outcomes assessed during childhood (6-8 years) and early adolescence (10-12 years), respectively (results per cohort-specific interquartile range increase in NDVI presented in the Supplemental Information, Figure S2). The minimally adjusted models (for age and sex only) were similar (not shown). Greenness in a 500m buffer was positively associated with allergic rhinitis at 6-8 years in BAMSE (1.42 [1.13, 1.79]) and GINI/LISA South (1.69, [1.19, 2.41]) but inversely associated in GINI/LISA North (0.61 [0.36, 1.01]) and PIAMA (0.67 [0.47, 0.95]). The effect estimates in the Canadian cohorts were also conflicting but not significant (0.63 [0.32, 1.24] and 1.31 [0.81, 2.12] for CAPPS and SAGE, respectively). The pattern of associations within each cohort for aeroallergen sensitization was similar to those with allergic rhinitis. The pattern also did not differ when associations were stratified into categories of indoor and outdoor allergens, with the exception of SAGE for which the direction of effect estimates varied across outcomes. This suggests that the observed associations with aeroallergen sensitization are not attributable to a single allergen.

Similar results were obtained for both health outcomes at 10-12 years for the four cohorts with available data at both time points. Associations in the seventh cohort MACS, for which health data were only available at this latter age, were non-significant for allergic rhinitis (0.96 [0.59, 1.57]) and inverse for aeroallergen sensitization (0.57 [0.34, 0.96]).

Effect estimates were consistent when NDVI was assessed in a 1000m buffer and when models were further adjusted for birth weight and exposure to furry pets and mold/dampness at the time of health outcome assessment (not shown). There was no good indication of non-linearity between NDVI exposures and the health outcomes when associations were examined using generalized additive

models, suggesting that at least for these outcomes, a threshold value for NDVI was not apparent.

Given the substantial/considerable heterogeneity between the cohort-specific associations ($I^2 > 0.7$ for seven of the eight adjusted associations), all meta-analytic results were non-significant (Supplemental Information, Table S2).

Effect modification

Although at least one interaction term between NDVI in a 500m buffer and each potential effect modifier considered was significant for at least one cohort, results were not consistent across cohorts and all interaction terms in the combined analyses were non-significant (Supplemental Information, Table S3). In line with this, associations stratified by sex (Supplemental Information, Figure S3) as well as NO_2 (Supplemental Information, Figure S4) and population density (Supplemental Information, Figure S5) tertiles did not reveal consistent patterns within or between cohorts. Stratification by whether participants' lived in urban or rural surroundings yielded weak evidence for stronger positive effects in urban settings in the cohorts for which greenness was positively associated with the health outcomes (BAMSE and GINI/LISA South; Supplemental Information, Figure S6), but confidence intervals overlapped. Independently adjusting the main models for NO_2, population density and urban versus rural categorical variables did not change the results, although the effect estimates for BAMSE were attenuated after adjustment for population density and urban versus rural surroundings (for example, 1.18 [0.81, 1.72] and 1.10 [0.78, 1.54], respectively, compared to 1.42 [1.13, 1.79], for the association between childhood allergic rhinitis and NDVI in a 500m buffer)**.** Finally, models stratified by moving behaviour did not yield consistent differences between groups (Supplemental Information, Figure S7).

DISCUSSION

Mean NDVI in a 500m buffer was differentially associated with allergic rhinitis and aeroallergen sensitization in this analysis of seven birth cohorts, resulting in an overall non-significant combined finding. Evaluating sex, NO_2 exposure, population density and an urban/rural marker as effect modifiers did not clarify these trends. Confounding by an unknown factor that varies between-study areas or by several region-specific confounders may be a possible explanation. Alternatively, our results may be simply driven by chance.

It may be worth asking whether a combined meta-analysis is appropriate in this study, given the considerable/substantial heterogeneity observed in the cohort-specific results. We chose to present the meta-analytic results as they answer our original research question. However, the most important lesson from this study may not lie in the direction of the effect estimates but rather upon the use of the NDVI in allergic health research. Although the NDVI is able to capture small-scale greenness in a standardized and objective manner, it does not allow particular types of vegetation to be distinguished, nor are we able to derive individual-level measures of exposure to pollen or other allergenic tree species. The duration and character of potential exposures can also not be assessed. For example, the extent to which NDVI serves as a proxy for exposure to pollen or microbial diversity, or an indicator of areas conductive to physical activity or social interactions, or a proxy for visual impacts related to stress reduction is unclear. We are thus not able to identify which, if any, particular vegetation types, exposure pathway(s) or duration of exposures may drive the observed associations. Consequently, although the use of the NDVI to assess vegetation may be well justified for the evaluation of potential pathways related to stress and for certain health outcomes (for example, birth weight, physical activity and mental health), it appears to be too general of a measure to completely capture the full structure and potential role of the green environment with respect to allergic diseases. We thus caution against its

further use in the allergic field and rather recommend that future studies use more detailed data on local tree and herbaceous species and on interactions between people and various measures of vegetation when exploring the role of the residential green environment and the overall living environment on allergic health outcomes. Such measures naturally are more focused on pathways related to pollen dispersion and microbial diversity.

The current study nevertheless has several strengths. It is the largest analysis of residential greenness on childhood allergic health outcomes to date and the first to include individual-level data from more than one continent. The majority of the health and covariate data had been previously harmonized for these cohorts (21,22), although the allergic rhinitis definitions differed slightly as did the number of objectively measured aeroallergens tested. Also, two cohorts were high allergy-risk by design (MACS and SAGE). These factors could have affected the cohort-specific outcome prevalences, but not necessarily the associations. The high outcome prevalences for some of the cohorts may also have resulted in odd ratios that overestimate the true relative risks, although the overall conclusions of this study would not be affected (34). Several covariates were adjusted for in this analysis, but residual confounding is always possible in observational studies. For example, although models were adjusted for a marker of individual-level socioeconomic status and consistent evidence of effect modification by this factor was not detected (not shown), our measures of individual-level socioeconomic status may not be optimal. It is also possible that area-level factors may play a role.

Data were prospectively collected for all cohorts except SAGE. Thus, we anticipate that recall bias should be minimal, but remains possible, as does selection bias due to loss of follow-up. Given the cross-sectional design of the analyses, bias related to moving or the effect of timing of exposures (current versus early) was not directly assessed. Findings from a previous study indicate that the green

environment around the home at birth may be more strongly associated with allergies later in life than the current home green environment for children that have moved (8). In our study, models stratified by whether a child had moved between birth and the time of outcome assessment did not yield consistent trends. Further, it is unlikely that any bias related to the length of residence at the current address would differentially affect the results across cohorts.

The harmonized greenness assignment across studies is also an important strength of this study, but is not without limitations. First, it was not possible to obtain cloud-free images for the same months and years for all cohorts. NDVI estimates were derived from images as close in time as possible during spring and summer months to achieve maximum exposure contrasts between areas of low and high greenness. Second, we related NDVI values derived from maps taken at the time of birth to health outcomes 6-12 years later assuming that the spatial variability in greenness exposures would not have changed during this time, an approach often used in air pollution research (22). This assumption is supported by the fact that a second set of NDVI values derived from satellite images taken ten years after the birth of the participants were highly correlated with the main NDVI estimates and yielded no differences in the results. This finding suggests that the spatial distribution of residential greenness was temporally stable during the time frame covered in this study (early/mid 1990s to middle/late 2000s) in the areas investigated. Further studies are needed to confirm whether this finding is also valid in other parts of the world, particularly in developing countries where land use patterns might change more rapidly. Third, our decision to assess associations with greenness in 500m and 1000m buffers around the home address did not allow the study of the effect of greenness on a very small (in a 100m buffer) or large scale (for example, 3000m buffer or even at the city-level). The 500m buffer around the home address was *a priori* selected as the main buffer of interest as it is a proximal measure of a child's neighbourhood and is likely to incorporate less exposure misclassification than larger buffers, although

it is well-known that pollen can travel much larger distances (35). The optimal buffer size to use when studying similar associations remains to be determined. Fourth, we chose to limit our analysis to vegetation levels around the home address and did not assess associations with types of green space or land use classifications (e.g. presence or percentage of parks, forest and agriculture) as standard data of this type (e.g. the CORINE data) were only available for the European cohorts and, like the NDVI, do not provide information on vegetation types.

Although the evidence supporting a beneficial effect of greenness on several health measures is increasing, studies on allergic health outcomes remain inconsistent. In this harmonized analysis of seven birth cohorts from three continents, the direction of the association between mean NDVI in a 500m buffer and allergic rhinitis and aeroallergen sensitization varied by region, resulting in a non-significant combined finding. Our results thus suggest that using the NDVI as a marker for residential greenness may only have local interpretations. Alternatively, it is possible that there is no real association between residential greenness and allergic health, and that the observed effects are driven by chance or unknown confounding (region-specific) factors.

ACKNOWLEDGEMENTS

We thank all children and parents for their cooperation, and all technical and administrative support staff and medical and field work teams. We also thank all BAMSE, CAPPS, GINIplus, LISAplus, MACS, PIAMA and SAGE investigators.

CONFLICT OF INTEREST STATEMENT

All co-authors have no conflicts of interest.

AUTHOR CONTRIBUTIONS

EF, IM and JH designed the study. EF wrote the initial draft and had final responsibility for the decision to submit for publication. EF, GB and OG conducted the statistical analyses. IM, GB, MK, UG, DS, MB and CC contributed to the greenness exposure assignment. ABecker, DB, AvB, ABergström, BB, IB, MC-Y, SCD, UG, BH, CK, GHK, AK, IK, CL, AL, EM, GP, MS and AW contributed to the collection and/or provided the health and covariate data. All authors provided substantial contributions to the conception or design of the work, or the acquisition, analysis, or interpretation of data for the work, revised the manuscript for important intellectual content, approved the final version and agreed to be accountable for all aspects of the work.

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Table 1: Summary statistics of the study population

		BAMSE N_{total}=3304		CAPPS N_{total}=357		GINI/LISA North N_{total}=2152		GINI/LISA South N_{total}=2855		MACS N_{total}=327		PIAMA N_{total}=3339		SAGE N_{total}=682	
		n	%	n	%	n	%	n	%	n	%	n	%	n	%
Outcomes															
Childhood (6-8 yrs)															
Allergic rhinitis		422	13.4	105	29.4	96	4.8	174	6.3	-	-	211	6.6	174	33.2
Aeroallergen sensitization		623	28.5	154	44.8	256	26.1	481	31.1	-	-	543	32.5	189	27.9
Indoor aeroallergen sensitization		413	20.9	126	36.6	174	17.8	276	17.9	-	-	432	25.8	127	18.7
Outdoor aeroallergen sensitization		503	24.3	73	21.3	183	18.7	338	21.9	-	-	305	18.3	125	18.4
Early adolescence (10-12 yrs)															
Allergic rhinitis		587	19.2	-	-	132	8.0	249	10.9	118	37.0	260	10.1	-	-
Aeroallergen sensitization		-	-	-	-	300	34.8	626	43.0	180	55.1	544	42.6	-	-
Indoor aeroallergen sensitization		-	-	-	-	211	24.5	407	28.0	166	50.8	437	34.2	-	-
Outdoor aeroallergen sensitization		-	-	-	-	223	25.9	478	32.8	116	35.5	356	27.9	-	-
Covariates															
Age at childhood[1]		8.2	(0.5)	7.2	(0.2)	6.1	(0.3)	6.0	(0.1)	-	-	8.1	(0.2)	9.1	(0.5)
Age at early adolescence[1]		13.0	(0.8)	-	-	10.1	(0.2)	10.1	(0.2)	11.2	(2.1)	11.4	(0.3)	-	-
Male sex		1668	50.5	194	54.3	1094	50.8	1469	51.5	172	52.6	1720	51.5	379	55.6
Birth weight (grams)[1]		3528.7	(557.3)	3482.1	(650.6)	3536.8	(478.4)	3415.1	(433.7)	-	-	3521.3	(540)	3378.9	(636.7)
Parental atopy		1007	30.8	331	92.7	1005	47.0	1875	66.1	309	94.8	1666	49.9	395	58.7
Older siblings		1602	48.5	198	55.5	1174	54.8	1231	43.2	204	62.4	1680	50.3	433	73.3
Maternal smoking during pregnancy		415	12.6	29	8.2	321	15.1	375	13.4	13	4.00	537	16.2	131	20.0
Parental education [2]	Low	64	2.0	-	-	272	12.7	144	5.1	83	25.4	400	12.0	-	-
	Med	1410	43.9	-	-	875	40.8	513	18.0	-	-	1210	36.4	-	-
	High	1740	54.1	-	-	999	46.6	2188	76.9	244	74.6	1716	51.6	-	-
Maternal age (years)[1]		30.8	(4.5)	31.9	(5.0)	30.8	(3.8)	32.4	(4.1)	32.2	(4.1)	30.5	(3.8)	28.9	(5.3)
Intervention	Active	-	-	167	46.8	727	33.8	852	29.8	109	33.3	309	9.3	-	-
	Placebo	-	-	-	-	-	-	-	-	-	-	272	8.1	-	-
Childhood (6-8 yrs)															
Tobacco smoke at home		579	18.6	67	18.8	795	38.4	545	19.8	-	-	494	15.6	182	27.5

Furry pets at home	828	26.2	34	9.5	583	28.1	673	24.0	-	-	1697	54.5	424	62.9
Mold/dampness at home	250	7.9	175	49.0	306	15.0	590	21.9	-	-	913	29.0	475	69.9
NO_2 concentration[1] ($\mu g/m^3$)	11.9	(5.0)	19.5	(11.3)	23.5	(3.1)	20.1	(5.3)	-	-	22.0	(6.1)	8.1	(2.1)
Population density[3] (1000m buffer)	9341	(15602)	-	-	1218	(1678)	2829	(3389)	-	-	7359	(8395)	-	-
Living in an urban surrounding[4]	1117	33.8	-	-	24	1.1	1452	51.1	-	-	661	20.9	-	-
Moved since birth	2161	66.7	-	-	713	34.1	1378	48.5	-	-	1611	50.8	-	-
Early adolescence (10-12 yrs)														
Tobacco smoke at home	435	16.1	-	-	464	27.8	309	13.2	-	-	299	11.6	-	-
Furry pets at home	709	22.9	-	-	596	36.0	822	35.5	-	-	1541	59.8	-	-
Mold/dampness at home	261	9.9	-	-	317	19.6	504	22.3	-	-	841	32.6	-	-
NO_2 concentration[1] ($\mu g/m^3$)	11.5	(5.6)	-	-	23.7	(3.4)	19.8	(5.2)	242[5]	(293)[5]	21.8	(6.1)	-	-
Population density[3] (1000m buffer)	8315	(12778)	-	-	1309	(1852)	2673	(3258)	5131	(5488)	7076	(8677)	-	-
Living in an urban surrounding[4]	893	27.0	-	-	26	1.2	1333	48.8	-	-	515	19.9	-	-
Moved since birth	2680	82.3	-	-	811	47.2	1546	64.1	173	53.0	1559	60.2	-	-

[1] Mean (standard deviation)
[2] Defined as the highest education attained by either parent
[3] Medium (interquartile range) reported
[4] Defined as > =25% of sealed soil in a 5000m buffer around the home address for BAMSE, GINI/LISA North, GINI/LISA South and PIAMA. Data only available for the European cohorts.
[5] Minimum distance to a major road in meters (medium (interquartile range)) reported instead as NO2 concentration data were not available for MACS
- : not available/not applicable

FIGURE LEGENDS:

Figure 1: Cohort-specific distribution of mean NDVI in a 500m buffer around the home addresses in childhood (6-8 years) and early adolescence (10-12 years). Comparisons across cohorts are not appropriate as it was not possible to obtain cloud-free images at the same time for all cohorts. na = not available

Figure 2: Adjusted associations between allergic rhinitis and overall, indoor and outdoor aeroallergen sensitization assessed during childhood (6-8 years) with mean NDVI in a 500m buffer.

Figure 3: Adjusted associations between allergic rhinitis and overall, indoor and outdoor aeroallergen aeroallergen sensitization assessed during early adolescence (10-12 years) with mean NDVI in a 500m buffer.

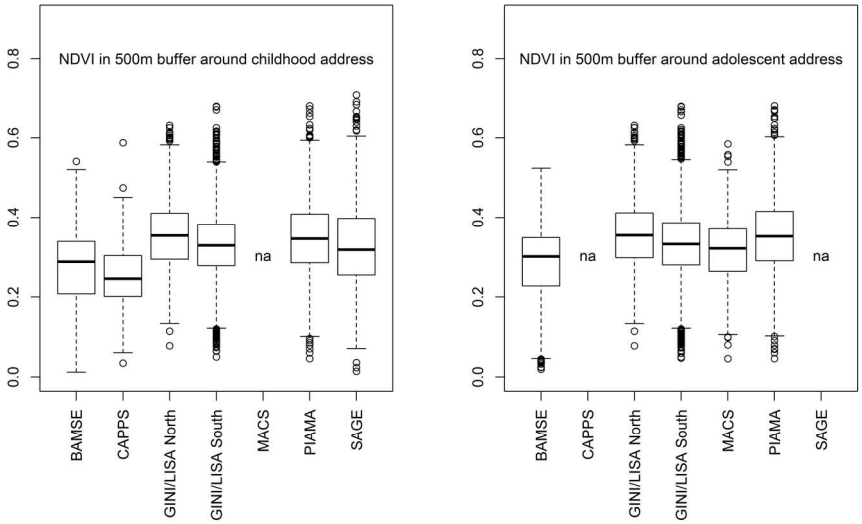

Figure 1: Cohort-specific distribution of mean NDVI in a 500m buffer around the home addresses in childhood (6-8 years) and early adolescence (10-12 years). Comparisons across cohorts are not appropriate as it was not possible to obtain cloud-free images at the same time for all cohorts. na = not available
176x110mm (300 x 300 DPI)

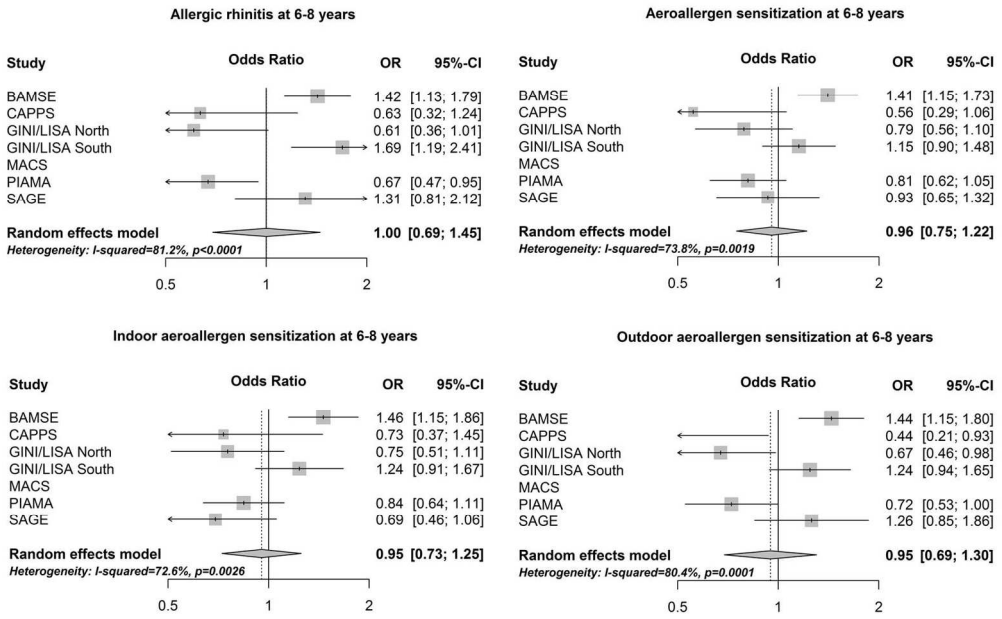

Figure 2: Adjusted associations between allergic rhinitis and overall, indoor and outdoor aeroallergen sensitization assessed during childhood (6-8 years) with mean NDVI in a 500m buffer.
298x187mm (150 x 150 DPI)

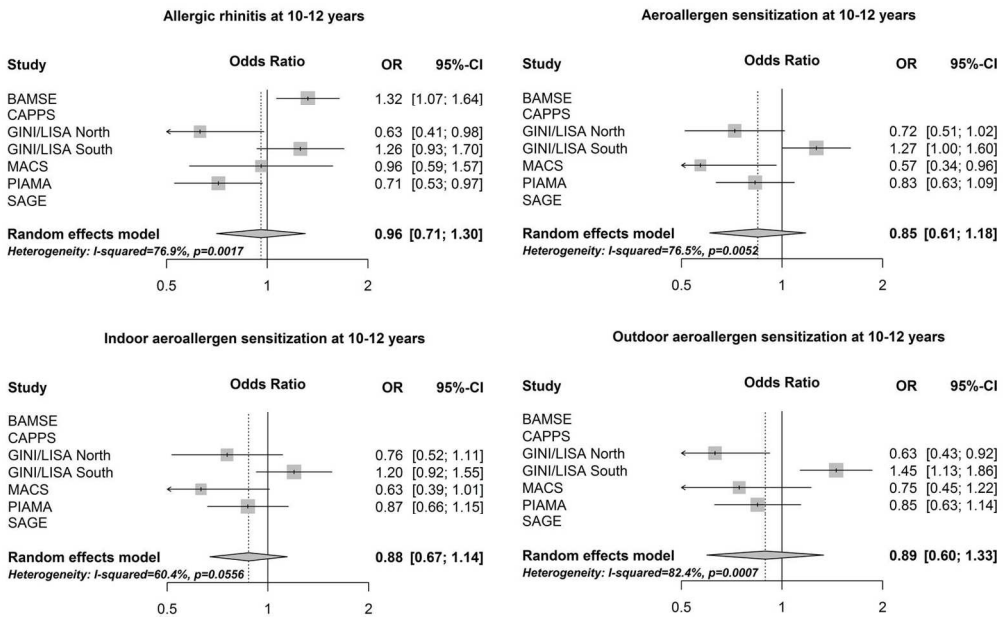

Figure 3: Adjusted associations between allergic rhinitis and overall, indoor and outdoor aeroallergen aeroallergen sensitization assessed during early adolescence (10-12 years) with mean NDVI in a 500m buffer.
298x182mm (150 x 150 DPI)

SUPPLEMENTAL INFORMATION

Residential greenness is differentially associated with childhood allergic rhinitis and aeroallergen sensitization in seven birth cohorts

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Table S1: Cohort characteristics and outcome definitions

Cohort	Areas included	Study design	Recruitment	NDVI at birth[1]	NDVI at ~10 yrs[2]	Allergic rhinitis definition	Aeroallergens tested	Ages when outcomes defined
BAMSE (Children, Allergy, Milieu, Stockholm, Epidemiological Survey)	Sweden: Jarfalla, Solna, Sundbyberg, Stockholm county	Population based birth cohort with wheeze nested case-control	1994-6	07/1994	09/2004	Symptoms after exposure to furred pets or pollen or a medical diagnosis of allergic rhinitis since previous questionnaire	Birch, cat, dog, house dust mite *[Dermatophagoides pteronyssinus]*, mold *[Cladosporium herbarum]*, mugwort, timothy grass	Childhood: 8 years Early adolescence (rhinitis only): 12 years
CAPPS (Canadian Asthma Primary Prevention Study)	Canada: Vancouver, Winnipeg	Randomized controlled study with asthma intervention	1995	05/1995 (Vancouver) 06/1995 (Winnipeg)	07/2004	Medical diagnosis of allergic rhinitis assessed at 7-year follow-up	*Alternaria*, cat, cockroaches, dog, feathers, grass, house dust mites, mold *[Cladosporium herbarum]*, ragweed, trees, weeds	Childhood: 7 years Early adolescence: not available
GINIplus (Study on the influence of Nutrition Intervention PLUS Air pollution and Genetics on Allergy development)	Germany: Munich, Wesel	Population based birth cohort. Subset for nutritional intervention	1995-8	08/1998 (Munich) 04/1998 (Wesel)	07/2003	Medical diagnosis of allergic rhinitis or hayfever during last 12 months	Birch, cat, dog, house dust mite *[Dermatophagoides pteronyssinus]*, mold *[Cladosporium herbarum]*, mugwort, rye, timothy grass	Childhood: 6 years Early adolescence: 10 years
LISAplus (Influence of Life style related factors on the development of the Immune System and Allergies in East and West	Germany: Munich, Wesel	Population based birth cohort	1997-9	08/1998 (Munich) 04/1998 (Wesel)	07/2003	Medical diagnosis of allergic rhinitis or hayfever during last 12 months	Birch, cat, dog, house dust mite *[Dermatophagoides pteronyssinus]*, mold *[Cladosporium herbarum]*, mugwort, rye, timothy grass	Childhood: 6 years Early adolescence: 10 years

Germany plus the influence of traffic emissions and genetics study)								
MACS (Melbourne Atopy Cohort Study)	Australia: Victoria	High-risk birth cohort	1990-4	10/1991	10/2010	One or more episodes of hay fever in last 12 months and/or use of any treatment to hay fever.	Cat, house dust mite*[Dermatophagoides pteronyssinus],* rye	Childhood: not available Early adolescence: 12 years
PIAMA (Prevention and Incidence of Asthma and Mite Allergy)	The Netherlands: Communities in northern, central, and western areas	Population based birth cohort. Subset in mattress cover intervention	1996-7	04-05/1998	08-09/2010 - 2011	Sneezing, runny/blocked nose during last 12 months without cold or flu	*Alternaria alternata* (8 years only), birch, cat, *Dactylis glomerata*, dog (8 years only), house dust mite [*Dermatophagoides pteronyssinus]*	Childhood: 8 years Early adolescence: 12 years
SAGE (Study of Asthma, Genes, and Environment)	Canada: Manitoba province	Pop based cohort with asthma nested case-control	1995	06/1994-1996	07-08/2004-2006	Medical diagnosis of allergic rhinitis assessed at 8-years follow-up	Cat, dog, feathers, grass, ragweed, trees, weeds	Childhood: 8 years Early adolescence: not available

[1] Month/year at which cloud-free satellite images were obtained, which corresponded as close as possible to the year of birth of participants. These images were used to calculate the primary NDVI values.
[2] To test the stability of the spatial distribution of the NDVI values, a second set of cloud-free satellite images from approximately a decade later were derived.

Data sources and methodology for NO2, population density and urban/rural classification

NO_2 concentrations were derived from area-specific land-use regression models as part of the European Study of Cohorts for Air Pollution Effects project for the European cohorts (1) and using a similar methodology for the Canadian cohorts (2, 3). For MACS, distance to a major road was used as a proxy for NO_2. Population density data were obtained from the WiGeoGIS population raster dataset (spatial resolution of 125m) for 2008 for GINI/LISA, Statistics Sweden grid night population dataset (spatial resolution of 100m) for 2005 for BAMSE and PBL Netherlands Environmental Assessment Agency home address and population grid dataset for 2009 for PIAMA. Population density data were unavailable for CAPPS and SAGE. For CAPPS, the NO_2 tertiles were defined per study site (Vancouver and Winnipeg) as these two regions differ substantially. European participants, for whom the required harmonized data were available, were also categorized into whether they lived in rural or urban surroundings. Urban participants were defined as those living in a 5000m buffer in which 25% or more of the soil (approximately the 75 percentile) was sealed (i.e. covered with materials like concrete and stone). Data for this calculation were derived from a raster dataset with a spatial resolution of 100 m for 2006, freely available from the European Environment Agency (4).

Figure S1: Cohort and participant locations at the 6-8 year addresses (10-12 years for MACS) among children with available health data. Mean NDVI in a 500m buffer is categorized into cohort-specific tertiles. Brown = lowest tertile; olive = middle tertile; green = highest tertile

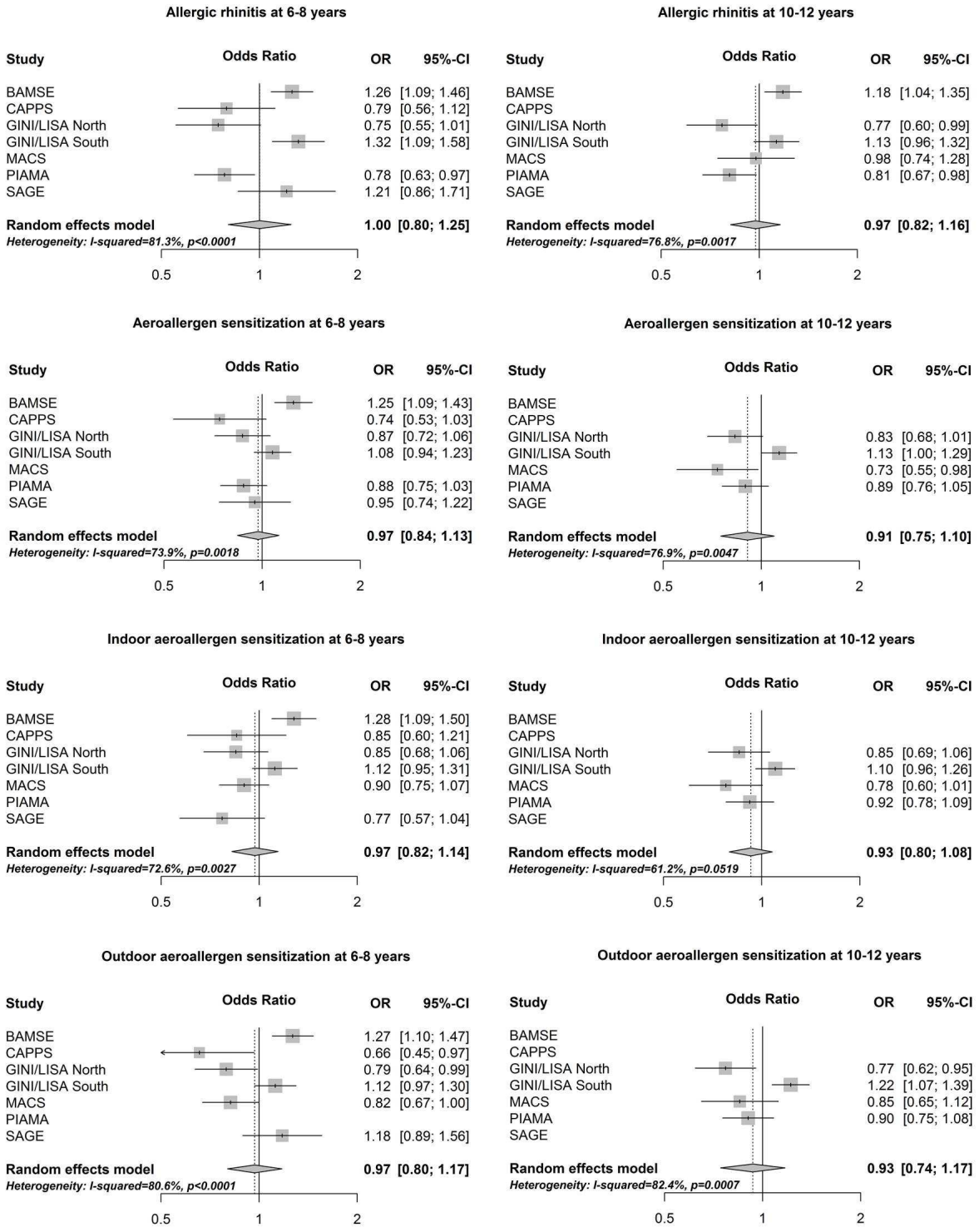

Figure S2: Associations between allergic rhinitis and overall, indoor and outdoor aeroallergen sensitization assessed during childhood (6-8 years; left graphs) and early adolescence (10-12 years; right graphs) with mean NDVI in a 500m buffer, **presented per interquartile range increase in NDVI**.

Table S2: Combined meta-analytic (random effects) adjusted odd ratios and corresponding 95% confidence intervals for the associations between allergic rhinitis and aeroallergen sensitization with mean NDVI in a 500m buffer.

Outcome	# of cohorts	Main models[1]		
		OR (95% CI)	I^2	P_{het}
Childhood (6-8 years)				
Allergic rhinitis	6	1.00 [0.69, 1.45]	0.81	<0.01
Any aeroallergen sensitization	6	0.96 [0.75, 1.22]	0.74	<0.01
Indoor aeroallergen sensitization	6	0.95 [0.73, 1.25]	0.73	<0.01
Outdoor aeroallergen sensitization	6	0.95 [0.69, 1.30]	0.80	<0.01
Early adolescence (10-12 years)				
Allergic rhinitis	5	0.96 [0.71, 1.30]	0.77	<0.01
Any aeroallergen sensitization	4	0.85 [0.61, 1.18]	0.77	<0.01
Indoor aeroallergen sensitization	4	0.88 [0.67, 1.14]	0.60	0.06
Outdoor aeroallergen sensitization	4	0.89 [0.60, 1.33]	0.82	<0.01

[1] adjusted for sex, age, parental atopy (not included for MACS), older siblings, maternal smoking during pregnancy, secondhand smoke exposure in the home (not available for MACS), socioeconomic status, group (CAPPS, GINI/LISA North and GINI/LISA South, MACS and PIAMA), region (CAPPS and PIAMA) and cohort (GINI/LISA North and GINI/LISA South).

I^2: percentage of the variability in effect sizes attributable to the between-study variability rather than sampling error
P_{het} = p-value of heterogeneity of effect estimates across cohorts obtained from Cochran's Q test.

Table S3: Statistical significance (p-values) of the tested interaction terms between mean NDVI in a 500m buffer and child sex, NO_2 and population density tertiles, and an urban/rural indicator, in the combined meta-analytic and cohort-specific models[1].

Interacting term	Outcome	Combined meta-analysis	Cohort-specific						
			BAMSE	CAPPS	GINI/LISA North	GINI/LISA South	MACS	PIAMA	SAGE
Sex	Allergic rhinitis (6-8 years)	0.37	**0.01**	**<0.01**	0.41	0.42	-	0.45	0.46
	Sensitization (6-8 years)	0.45	0.32	0.35	0.27	0.85	-	0.34	0.93
	Allergic rhinitis (10-12 years)	0.88	0.36	-	0.76	0.40	**0.03**	0.87	-
	Sensitization (10-12 years)	0.99	-	-	0.70	0.72	0.24	0.19	-
NO_2	Allergic rhinitis (6-8 years)	0.33	0.70	0.43	0.26	0.68	-	0.16	0.52
	Sensitization (6-8 years)	0.40	0.10	0.89	**0.05**	0.71	-	0.88	0.85
	Allergic rhinitis (10-12 years)	0.34	**0.02**	-	0.22	1.00	0.92	0.99	-
	Sensitization (10-12 years)	0.45	-	-	0.05	0.24	0.57	0.96	-
Population density	Allergic rhinitis (6-8 years)	0.23	0.56	-	0.18	0.36	-	**0.03**	-
	Sensitization (6-8 years)	0.92	0.98	-	**0.05**	0.78	-	0.93	-
	Allergic rhinitis (10-12 years)	0.85	0.82	-	0.23	0.43	0.36	0.34	-
	Sensitization (10-12 years)	0.29	-	-	0.12	0.60	0.25	0.74	-
Urban versus rural surroundings	Allergic rhinitis (6-8 years)	0.47	0.69	-	0.98	0.5	-	0.87	-
	Sensitization (6-8 years)	0.11	**0.03**	-	0.80	0.57	-	0.95	-
	Allergic rhinitis (10-12 years)	0.06	**0.03**	-	0.81	0.92	-	0.26	-
	Sensitization (10-12 years)	0.50	-	-	0.87	0.92	-	0.29	-

Bold: p-value <0.05

[1] Models are adjusted for sex, age, parental atopy (not included for MACS), older siblings, maternal smoking during pregnancy, secondhand smoke exposure in the home (not available for MACS), socioeconomic status, group (CAPPS, GINI/LISA North and GINI/LISA South, MACS and PIAMA), region (CAPPS and PIAMA) and cohort (GINI/LISA North and GINI/LISA South).

- : not available/not applicable

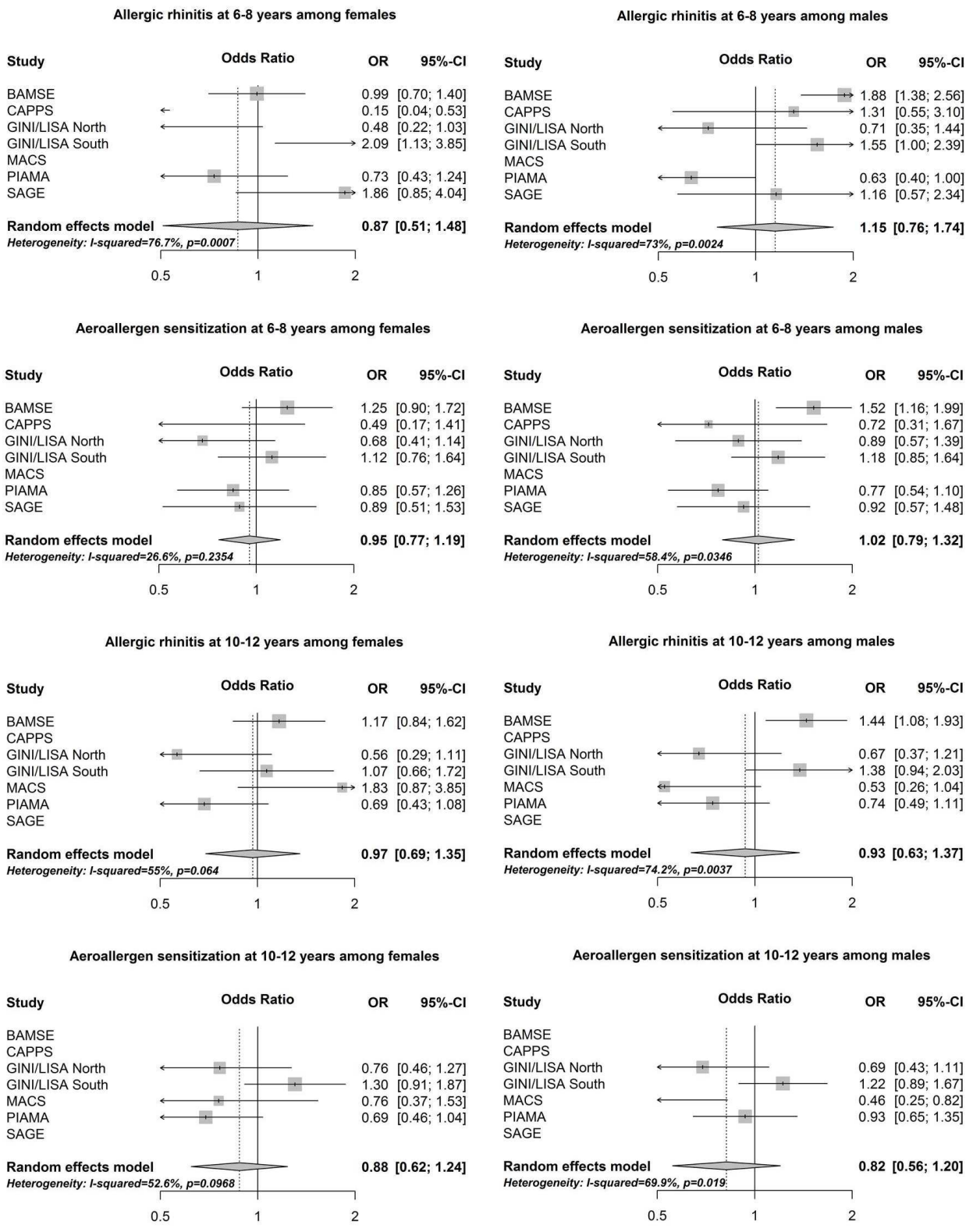

Figure S3: Adjusted associations between allergic rhinitis and aeroallergen sensitization assessed during childhood (6-8 years) and early adolescence (10-12 years) with mean NDVI in a 500m buffer **stratified by sex** (left graphs: females, right graphs: males).

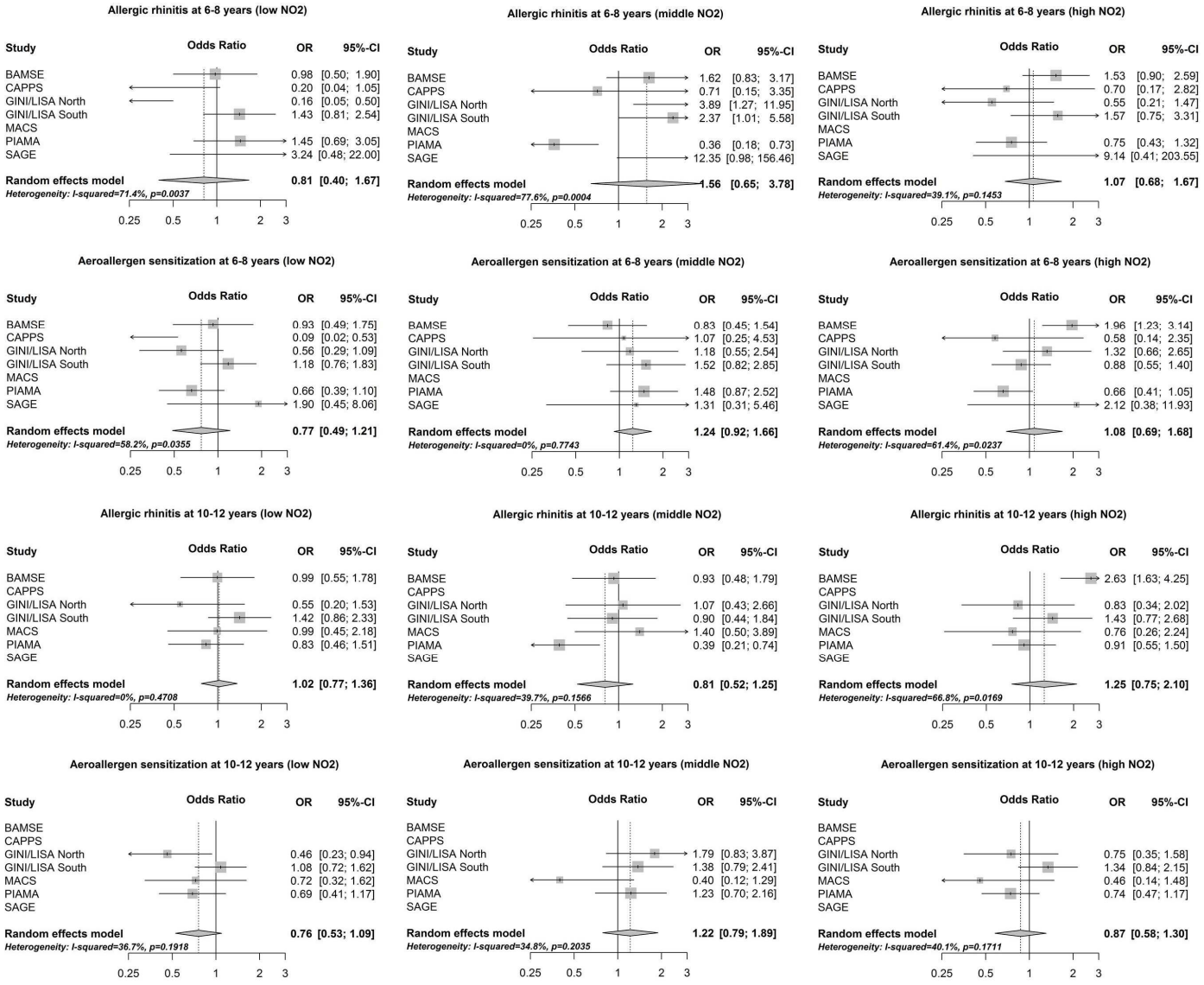

Figure S4: Adjusted associations between allergic rhinitis and aeroallergen sensitization assessed during childhood (6-8 years) and early adolescence (10-12 years) with mean NDVI in a 500m buffer **stratified by NO_2 concentration tertiles** (left graphs: low NO_2, middle graphs: middle NO_2, right graphs: high NO_2). For MACS, distance to a major road was used as a proxy for traffic-related air pollution exposure instead as NO_2 concentrations were unavailable.

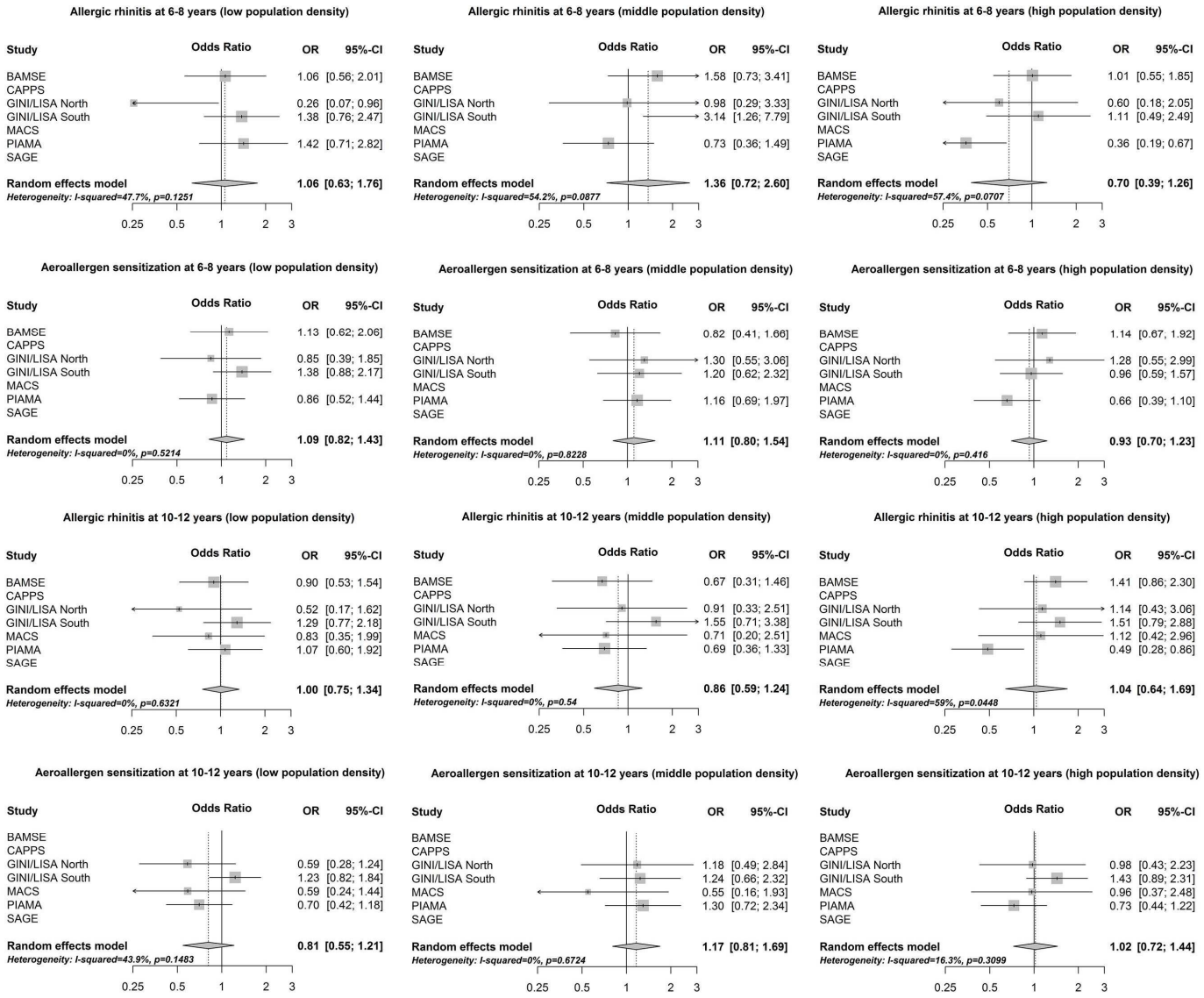

Figure S5: Adjusted associations between allergic rhinitis and aeroallergen sensitization assessed during childhood (6-8 years) and early adolescence (10-12 years) with mean NDVI in a 500m buffer **stratified by population density tertiles** (left graphs: low population density, middle graphs: middle population density, right graphs: high population density).

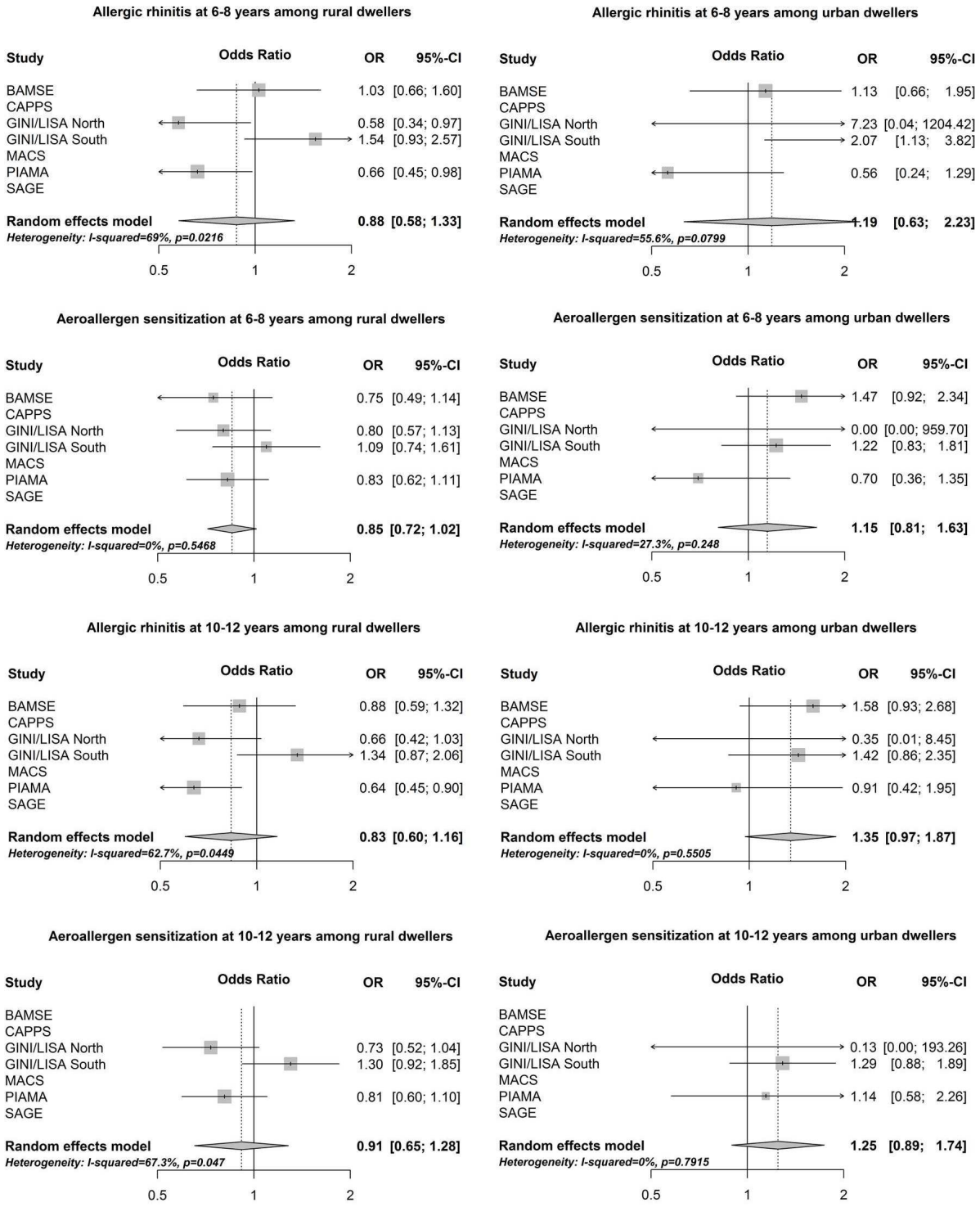

Figure S6: Adjusted associations between allergic rhinitis and aeroallergen sensitization assessed during childhood (6-8 years) and early adolescence (10-12 years) with mean NDVI in a 500m buffer **stratified into participants living in urban and rural surroundings** (left graphs: rural, right graphs: urban). Models for urban GINI/LISA North participants were not adjusted for maternal smoking during pregnancy, secondhand smoke exposure in the home, region and cohort due to problems with model singularities.

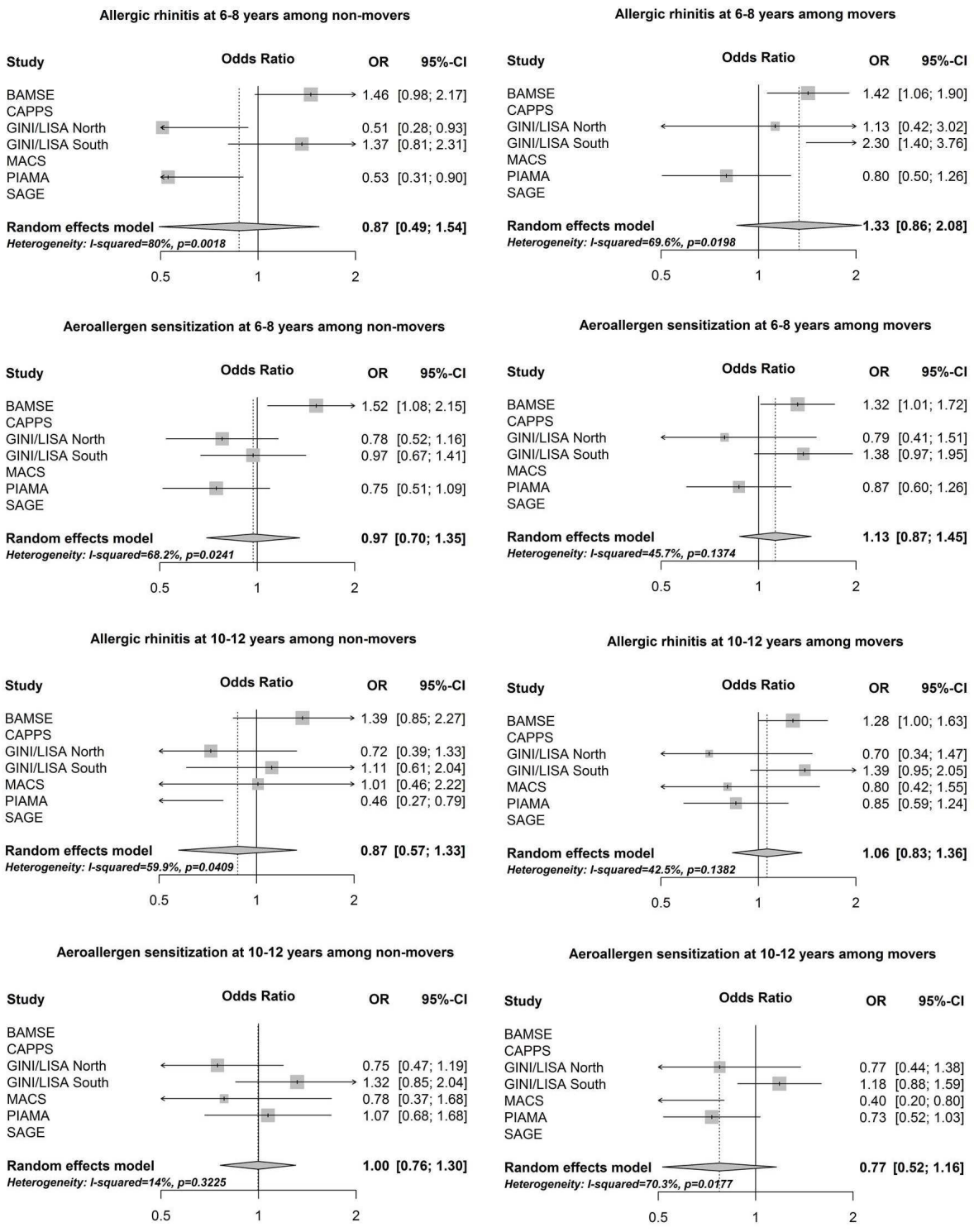

Figure S7: Adjusted associations between allergic rhinitis and aeroallergen sensitization assessed during childhood (6-8 years) and early adolescence (10-12 years) with mean NDVI in a 500m buffer **stratified by moving** (left graphs: participants did not move between birth and the time of health outcome assessment, right graphs: participants moved between birth and time of health outcome assessment).

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