



Zimmermann, P., Finn, A., & Curtis, N. (2018). Does BCG Vaccination Protect Against Nontuberculous Mycobacterial Infection? A Systematic Review and Meta-Analysis. *Journal of Infectious Diseases*. https://doi.org/10.1093/infdis/jiy207

Peer reviewed version

Link to published version (if available): 10.1093/infdis/jiy207

Link to publication record in Explore Bristol Research PDF-document

This is the author accepted manuscript (AAM). The final published version (version of record) is available online via Oxford University Press at https://academic.oup.com/jid/advance-article/doi/10.1093/infdis/jiy207/4964710. Please refer to any applicable terms of use of the publisher.

# University of Bristol - Explore Bristol Research General rights

This document is made available in accordance with publisher policies. Please cite only the published version using the reference above. Full terms of use are available: http://www.bristol.ac.uk/pure/about/ebr-terms

## Does BCG vaccination protect against non-tuberculous mycobacterial infection?

#### A systematic review and meta-analysis

Petra Zimmermann<sup>1,2,3,4</sup>, MD, Adam Finn<sup>5,6,7</sup>, FRCPCH, PhD, Nigel Curtis<sup>1,2,3</sup>, FRCPCH, PhD

# Affiliations:

<sup>1</sup> Department of Paediatrics, The University of Melbourne, Parkville, Australia

<sup>2</sup> Infectious Diseases Unit, The Royal Children's Hospital Melbourne, Parkville, Australia

<sup>3</sup> Infectious Diseases & Microbiology Research Group, Murdoch Children's Research

Institute, Parkville, Australia

<sup>4</sup> Infectious Diseases Unit, University of Basel Children's Hospital, Basel, Switzerland

<sup>5</sup> School of Population Health Sciences and School of Cellular & Molecular Medicine, University of Bristol, Bristol, UK

<sup>6</sup> Bristol Children's Vaccine Centre, Bristol, UK

<sup>7</sup> University Hospitals Bristol NHS Foundation Trust, Bristol, UK

Address correspondence to: Dr Petra Zimmermann, Department of Paediatrics, The University of Melbourne, Royal Children's Hospital Melbourne, 50 Flemington Road, Parkville, 3052, Australia, petra.zimmermann@rch.org.au, +61 3 9345 5522

Alternate corresponding author: Prof Nigel Curtis, Department of Paediatrics, The University of Melbourne, Royal Children's Hospital Melbourne, 50 Flemington Road, Parkville, 3052, Australia, nigel.curtis@rch.org.au, +61 3 9345 6366

© The Author(s) 2018. Published by Oxford University Press for the Infectious Diseases Society of America. All rights reserved. For permissions, e-mail: journals.permissions@oup.com.

**Summary:** The incidence of non-tuberculous mycobacterial (NTM) infections is increasing worldwide. Our systematic review and meta-analysis suggest that BCG vaccination has a protective effect against NTM lymphadenitis and Buruli ulcer. This has important implications, in particular when deciding on recommendations for discontinuation of universal BCG vaccination programmes.

#### Abstract

The incidence of non-tuberculous mycobacterial (NTM) infections is increasing worldwide, particularly NTM lymphadenitis and skin infections (Buruli ulcer). This review summarises the evidence for the protective effectiveness of Bacillus Calmette–Guérin (BCG) vaccination against NTM disease. A systematic search using PRISMA guidelines was done for controlled studies investigating the protective effectiveness of BCG vaccination against NTM disease in immunocompetent individuals. This revealed ten studies, including almost 12 million participants. Three cohort studies in industrialised countries suggest that the incidence of NTM lymphadenitis is greatly reduced among BCG-vaccinated children compared to BCG-unvaccinated children, with a risk ratio (RR) of 0.04 (95% confidence interval (CI) 0.01 to 0.21). In two randomised trials in low-income countries, BCG protected against Buruli ulcer for the first 12 months following vaccination, RR 0.50 (95% CI 0.37 to 0.69). Four case control studies had conflicting results. One cohort study found that individuals with Buruli ulcer are less likely to develop osteomyelitis if they have a BCG scar, RR 0.36 (95% CI 0.22 to 0.58). No studies have compared different BCG vaccine strains or the effect of revaccination in this setting.

The protective effect of BCG vaccination against NTM should be taken into consideration when deciding on recommendations for discontinuation of universal BCG vaccination programs and in assessing new vaccines designed to replace BCG.

**Keywords:** NTM, nontuberculous, atypical, mycobacteria, lymphadenitis, epidemiology, prevention, Buruli ulcer, *M. ulcerans, M. avium*, MAC

### Introduction

Non-tuberculous mycobacteria (NTM) are ubiquitous, being found in water, soil and animals. Although more than 170 species have been identified, the majority of human NTM disease is caused by fewer than 20 species [1]. In immunocompetent children, NTM most frequently cause cervicofacial lymphadenitis or skin and soft tissue infections. The commonest NTM skin infection worldwide is Buruli ulcer, a chronic, progressive skin lesion, caused by *Mycobacterium ulcerans*. Untreated, the ulcer can progress to osteomyelitis and lead to permanent bone destruction.

Although not a notifiable disease, the incidence of NTM lymphadenitis in industrialised countries is reported to be between 0.6 and 2.2 cases per 100,000 children per year [2-4], with the highest incidence in children below 4 years of age. Epidemiological studies in developing countries are lacking. Buruli ulcer has been reported in 33 countries and 15 countries regularly provide data to the World Health Organization (WHO) [5]. The incidence in Africa is estimated to be between 21 and 320 cases per 100,000 per year [6, 7] in Australia, at 1 case per 100,000 per year [5, 8], and in Japan at 0.005 cases per 100,000 per year. In Africa, about half of the cases occur in children under 15 years, whereas in Australia and Japan approximately 15% of cases occur in this age group [5].

Over the past few decades, the reported incidence of NTM lymphadenitis, as well as Buruli ulcer, has been increasing [6, 7, 9-12]. This might be attributable partly to improved awareness, enhanced reporting and better diagnostic methods, but it is also possible that the apparent increase is related to the discontinuation of Bacillus Calmette-Guérin (BCG) vaccination programmes in industrialised countries. As BCG vaccine is a live attenuated strain of *M. bovis* that shares epitopes with NTM, it is plausible that it provides specific cross-protection against NTM disease. This review and metaanalysis summarises all studies that have investigated the protective effectiveness of BCG vaccination against NTM disease in immunocompetent children and adults.

#### Search strategy

A systematic search was done according to the preferred reporting items for systematic reviews and meta-analyses (PRISMA) [13] for studies investigating the protective effectiveness of Bacillus Calmette–Guérin (BCG) vaccination against NTM disease. In April 2017, MEDLINE (1946 to present) and Embase (1947 to present) were searched using the Ovid interface with the following search terms: (nontuberculous OR non-tuberculous OR NTM OR atypical mycobacteria OR environmental mycobacteria OR Buruli ulcer OR *Mycobacterium avium* OR *Mycobacterium ulcerans* OR *Mycobacterium avium-intracellulare*) AND (BCG vaccin\* OR *Mycobacterium bovis*) without language limitations. The references of identified articles were hand-searched for further studies. The following variables were extracted from the included studies: year of study, country, study design, number of participants, age of participants, BCG vaccination status, BCG vaccine strain, NTM disease, diagnostic methods and key findings. Review Manager (version 5.3) was used for calculation of relative risks, odds ratios and the meta-analyses. Diversity in study design and reporting, which might result in selection and reporting bias, precluded quality evaluation according to the PRISMA guidelines. The ROBINS-1 tool [14] was used to assess risk of bias (table 4).

# Results

The literature searches yielded 812 articles relating to NTM and 1543 articles relating to Buruli ulcer. Of these, 10 fulfilled the inclusion criteria of controlled studies investigating the protective effectiveness of BCG vaccination against NTM disease in immunocompetent individuals. One study was excluded because it included the same patients as one of the other identified studies [15].

#### NTM lymphadenitis in industrialised countries

Three studies from industrialised countries, all population-based cohort studies, compared the incidence of NTM lymphadenitis in a total of 9,888,719 BCG-vaccinated children with 1,960,572 non-BCG vaccinated children. Of these children, 445 were diagnosed with NTM disease. All three studies reported a greatly reduced incidence of NTM lymphadenitis in BCG-vaccinated compared to BCG-unvaccinated children: the overall risk ratio (RR) was 0.04 (95% confidence interval (CI) 0.01 to 0.21) (table 1 and figure 1). The number needed to treat (NNT) calculated from the three cohort studies was 4835 (95% CI 4403 to 5362).

A nationwide surveillance study in Sweden, done after discontinuation of routine neonatal BCG vaccination, reported 387 children with confirmed extrapulmonary NTM disease (83% with *Mycobacterium-avium-intracellulare* complex (MAC), 97% presenting with lymphadenitis) over a period of 22 years. Only 9 of the 390 children had received BCG vaccine (0.02%). The cumulative incidence rate of NTM infection was 5.9 per 100,000 in BCG-vaccinated children below the age of 5 years and 26.8 per 100,000 in BCG-unvaccinated children [16]. Similarly, a study from the Czech Republic after discontinuation of routine BCG vaccination, in which children were screened for NTM disease by skin test, reported 27 cases of MAC lymphadenitis over a period of 6 years. All the cases occurred in BCG-unvaccinated children with an incidence of NTM lymphadenitis of 3.6 per year per 100,000 [17]. In Finland, during the period when BCG vaccine was routinely administered to newborns, the incidence of NTM lymphadenitis between 1 and 4 years of age was 0.3 per 100,000 per year in BCG-vaccinated children and 1.5 to 2.5 per year in BCG-unvaccinated children [18].

## Buruli ulcer

Six studies investigated the protective effectiveness of BCG vaccination against Buruli ulcer, comparing the incidence in 6,475 BCG-vaccinated adults and children with 13,612 BCG-unvaccinated adults and children. The strongest evidence comes from two randomised controlled trials (RCT) done in Uganda (table 2a and figure 2a). These reported a considerably lower incidence of Buruli ulcer in BCG-vaccinated participants compared to BCG-unvaccinated with a RR of 0.50 (95% CI 0.37 to 0.69). The number needed to treat (NNT) calculated from the three cohort studies was 4835 (95% CI 4403 to 5362). The number needed to treat (NNT) calculated from the three cohort studies was 4835 (95% CI 4403 to 5362). Protection following BCG vaccination was higher in low-incidence than in high-incidence settings (74% vs 18%, p=0.03) [19] and was only short-term (within the first year after vaccination), with an overall reduction of Buruli ulcer of 47% (p=0.007, p<0.01).[19, 20] In one of these studies, BCG-vaccinated individuals had smaller skin lesions compared with unvaccinated individuals [20].

Four case control studies (two from Benin, one from Ghana, and one from the Congo, Ghana and Togo) investigated the protective effectiveness of BCG against Buruli ulcer (table 2b). Two studies suggest a reduced risk of Buruli ulcer in BCG-vaccinated individuals [21, 22], and two suggest no benefit [26, 27]; when the results of all four case control studies are combined there is no evidence of a protective effect of BCG, odds ratio OR 1.34 (95% CI 0.19 to 1.51) (figure 2b) [21-25].

# Osteomyelitis

One cohort study from Benin compared the incidence of osteomyelitis in patients with Buruli ulcer in 304 BCG-vaccinated adults and children with the incidence in 68 BCG-unvaccinated adults and children (table 3 and figure 3). This showed that BCG vaccination protected against the development of osteomyelitis in patients with Buruli ulcer (RR 0.36 (95% CI %

0.22 to 0.58)) [26]. However, the study did not specify how many cases were laboratory confirmed and therefore inclusion of osteomyelitis caused by pathogens other than NTM might have led to an overestimate of the rate of protection.

### Discussion

The protective effectiveness of BCG vaccination against *Mycobacterium tuberculosis* and *Mycobacterium leprae* is well recognised [27, 28]. There is also evidence that infection with NTM might confer protection against *M. tuberculosis* infection or interact with the effectiveness of BCG vaccination [29-31]. In contrast, whether BCG vaccination protects against NTM infections has been controversial.

Our review found strong evidence from large European surveillance studies that BCG vaccination protects against NTM lymphadenitis in children. The rate of NTM infections in Finland, when there was universal neonatal BCG vaccination, was 30 times lower than the rate in Sweden, which did not have universal neonatal BCG vaccination, despite both countries having similar environmental and epidemiological characteristics [18]. In addition, in the Czech Republic and in Sweden, a sharp increase in NTM infection in children was observed after stopping universal neonatal BCG vaccination [16, 17].

For Buruli ulcer, there is strong evidence from two RCTs for a protective effect of BCG vaccination in the first year after the vaccination [19, 20]. The results of the case control studies are difficult to interpret given their disparate findings. Furthermore, it is important to consider that the RCTs estimated the effectiveness of BCG vaccine under the optimal storage, handling and administration conditions of a clinical trial [19, 20], whilst this was not necessarily the case in the case control studies [21-23, 25]. In addition to the study included in our review which reports smaller skin lesions in patients with Buruli ulcer who have previously received a BCG vaccine [20], another study (not included in this review because the BCG vaccination status was not reported in the control group) reported a shorter duration to healing [24]. A further study (not included due to incomplete data) suggested that BCG vaccination protects against severe forms of Buruli ulcer with multiple skin lesions.[32] As well as the evidence from the study included in our review [26], another study (not included as there was no control group), also indicates that BCG vaccination might protect patients with Buruli ulcer from progression to NTM osteomyelitis.

Notably, all but one of the studies reporting on the protective effect of BCG vaccination against Buruli ulcer assessed BCG vaccinations status only by the presence of scar. Determining BCG vaccination status by the presence of a scar has a sensitivity of between 55% and 97% [33-35] and therefore its use may underestimate BCG vaccine effectiveness in comparative studies. However, the presence of a scar does not predict protection against tuberculosis [36, 37], and failure to develop a BCG scar might be an indication of poor vaccination technique [38]. As this might also be the case for NTM disease, using the presence of a scar rather than administration of BCG could, on the contrary, also over-estimate protection.

There is some evidence to suggest that vaccine strain and genotype influences the protective effectiveness of BCG against *M. tuberculosis* [39-41]. It is therefore plausible that there is variation between different BCG strains in their protective effectiveness against NTM disease. The vaccine strains used in the studies included in this review varied considerably, precluding meaningful analysis.

A trial that included 121,020 people in Malawi showed that revaccination with BCG approximately halved the risk of leprosy compared with a single BCG vaccination, even though it did not protect against pulmonary tuberculosis [42]. It would be of interest to determine whether revaccination with BCG increases the strength or duration of protection against non-tuberculous mycobacteria.

A number of animal studies support the notion that BCG vaccination protects against NTM infection. Mice, rabbits and guinea pigs vaccinated intracutaneously with BCG Dubos II are protected against *M. avium* administered intravenously [43]. Mice vaccinated with BCG Pasteur or Glaxo subcutaneously, intravenously or through the aerogenic route are protected against aerogenic infection with *M. avium* and *M. kansaii*, but not against *M. simiae* or *M. intracellulare* [44, 45]. One study in mice found that the effectiveness of BCG vaccination against NTM infection varies according to differences in host conditions and different strains of *M. ulcerans* [46].

Recent trials have investigated the possibility of developing vaccines with greater effectiveness against NTM. The mycobacterial antigen 85A has 85% amino acid sequence similarity in *M. ulcerans* and *M. bovis*. A DNA vaccine encoding this antigen protects mice against Buruli ulcer [47]. This vaccine has been further developed, combining antigen 85A from *M. smegmatis* with BCG in a live-recombinant vaccine, and protects mice against Buruli ulcer [48]. A single immunisation with a plasmid expressing the BCG antigen DNA-35 protects mice against infection with *M. avium* [49].

The strengths of this review are the comprehensive literature search, the clearly defined inclusion criteria and the use of meta-analysis to assess results from multiple studies. The main limitations are the heterogeneity between studies in design, including the use of different BCG strains. Further

limitations are potential differences between the groups who received and did not receive BCG vaccine, such as epidemiological factors, access to healthcare and intensity of surveillance. Additionally, the use of BCG scar to assess vaccination status in retrospective studies and the inclusion of non-laboratory confirmed cases of NTM infection probably introduces bias. The risk of bias in the studies is summarised in table 4.

Overall, our review and meta-analysis indicates that BCG vaccination protects against NTM. It is likely that effectiveness of BCG vaccination varies between different NTM diseases, populations, age groups and the BCG strain used to vaccinate. The increase in incidence of NTM lymphadenitis in industrialised countries that have discontinued universal BCG vaccination might therefore be related to the loss of protection afforded by this vaccine.

Our review suggests that the protective effect of BCG vaccination against NTM should be taken into consideration when deciding on recommendations for discontinuation of universal BCG vaccination programmes and in assessing new vaccines designed to replace BCG. In deciding vaccine policy, the incidence and the severity of the disease, as well as the NNT are important considerations. The NNT with BCG vaccine to prevent one case of NTM lymphadenitis is probably unjustifiably high when considered in isolation, as NTM lymphadenitis is relatively rare and usually has a favourable outcome, despite a frequently long and troublesome course. In contrast, Buruli ulcer is a serious condition with crippling sequelae, and has been identified by the WHO as an emerging public health problem. The potential importance of BCG vaccination for preventing Buruli ulcer has been recognised in a recent WHO position paper [50].

# **Competing interests**

The authors declare that they have no competing interests.

# **Conflict of interest**

The authors declare no conflict of interest.

### Authors' contributions

PZ drafted the initial manuscript, did the systematic review and meta-analysis. NC and AF critically reviewed and revised the manuscript. All authors approved the final manuscript as submitted.

# Funding

PZ is supported by a Fellowship from the European Society of Paediatric Infectious Diseases and an International Research Scholarship from the University of Melbourne.

# References

1. Bacterio.Net. LPSN - list of prokaryotic names with standing in nomenclature.

http://wwwbacterionet/mycobacteriumhtml.

2. Tebruegge M, Pantazidou A, MacGregor D, et al. Nontuberculous Mycobacterial Disease in Children - Epidemiology, Diagnosis & Management at a Tertiary Center. PLoS One **2016**; 11:e0147513.

3. Thegerstrom J, Romanus V, Friman V, Brudin L, Haemig PD, Olsen B. Mycobacterium avium lymphadenopathy among children, Sweden. Emerg Infect Dis **2008**; 14:661-3.

4. Haverkamp MH, Arend SM, Lindeboom JA, Hartwig NG, van Dissel JT. Nontuberculous mycobacterial infection in children: a 2-year prospective surveillance study in the Netherlands. Clin Infect Dis **2004**; 39:450-6.

5. Organization WH. <u>http://apps.who.int/gho/data/node.main.A1631</u>. Last accessed 13 March 2018.

6. Amofah G, Bonsu F, Tetteh C, et al. Buruli ulcer in Ghana: results of a national case search. Emerg Infect Dis **2002**; 8:167-70.

7. Kanga JM, Kacou ED. [Epidemiologicl aspects of Buruli ulcer in Cote d'Ivoire: results of a national survey]. Bull Soc Pathol Exot **2001**; 94:46-51.

8. Services VHaH. Accessed Last accessed 13 March 2018.

9. Prevots DR, Marras TK. Epidemiology of human pulmonary infection with nontuberculous mycobacteria: a review. Clin Chest Med **2015**; 36:13-34.

10. Henry MT, Inamdar L, O'Riordain D, Schweiger M, Watson JP. Nontuberculous mycobacteria in non-HIV patients: epidemiology, treatment and response. Eur Respir J **2004**; 23:741-6.

11. Pilkington EF, MacArthur CJ, Beekmann SE, Polgreen PM, Winthrop KL. Treatment patterns of pediatric nontuberculous mycobacterial (NTM) cervical lymphadenitis as reported by nationwide surveys of pediatric otolaryngology and infectious disease societies. Int J Pediatr Otorhinolaryngol **2010**; 74:343-6.

12. Thomson RM. Changing epidemiology of pulmonary nontuberculous mycobacteria infections. Emerg Infect Dis **2010**; 16:1576-83.

13. Liberati A, Altman DG, Tetzlaff J, et al. The PRISMA statement for reporting systematic reviews and meta-analyses of studies that evaluate healthcare interventions: explanation and elaboration. Bmj **2009**; 339:b2700.

14. Sterne JA, Hernan MA, Reeves BC, et al. ROBINS-I: a tool for assessing risk of bias in non-randomised studies of interventions. Bmj **2016**; 355:i4919.

15. Portaels F, Aguiar J, Debacker M, et al. Prophylactic effect of mycobacterium bovis BCG vaccination against osteomyelitis in children with Mycobacterium ulcerans disease (Buruli Ulcer). Clin Diagn Lab Immunol **2002**; 9:1389-91.

16. Romanus V, Hallander HO, Wahlen P, Olinder-Nielsen AM, Magnusson PH, Juhlin I. Atypical mycobacteria in extrapulmonary disease among children. Incidence in Sweden from 1969 to 1990, related to changing BCG-vaccination coverage. Tuber Lung Dis **1995**; 76:300-10.

17. Trnka L, Dankova D, Svandova E. Six years' experience with the discontinuation of BCG vaccination. 4. Protective effect of BCG vaccination against the Mycobacterium avium intracellulare complex. Tuber Lung Dis **1994**; 75:348-52.

18. Katila ML, Brander E, Backman A. Neonatal BCG vaccination and mycobacterial cervical adenitis in childhood. Tubercle **1987**; 68:291-6.

19. Bradley DJ, Hutt MSR, Kiryabwire JWM, et al. BCG vaccination against mycobacterium ulcerans infection (Buruli ulcer). First results of a trial in Uganda. Lancet **1969**; 1:111-5.

20. Smith PG, Revill WD, Lukwago E, Rykushin YP. The protective effect of BCG against Mycobacterium ulcerans disease: a controlled trial in an endemic area of Uganda. Trans R Soc Trop Med Hyg **1976**; 70:449-57.

21. Phillips RO, Phanzu DM, Beissner M, et al. Effectiveness of routine BCG vaccination on buruli ulcer disease: a case-control study in the Democratic Republic of Congo, Ghana and Togo. PLoS Negl Trop Dis **2015**; 9:e3457.

22. Nackers F, Dramaix M, Johnson RC, et al. BCG vaccine effectiveness against Buruli ulcer: a casecontrol study in Benin. Am J Trop Med Hyg **2006**; 75:768-74.

23. Raghunathan PL, Whitney EA, Asamoa K, et al. Risk factors for Buruli ulcer disease

(Mycobacterium ulcerans Infection): results from a case-control study in Ghana. Clin Infect Dis **2005**; 40:1445-53.

24. Amofah GK, Sagoe-Moses C, Adjei-Acquah C, Frimpong EH. Epidemiology of Buruli ulcer in Amansie West district, Ghana. Trans R Soc Trop Med Hyg **1993**; 87:644-5.

25. Debacker M, Portaels F, Aguiar J, et al. Risk factors for Buruli ulcer, Benin. Emerg Infect Dis **2006**; 12:1325-31.

26. Portaels F, Aguiar J, Debacker M, et al. Mycobacterium bovis BCG vaccination as prophylaxis against Mycobacterium ulcerans osteomyelitis in Buruli ulcer disease. Infect Immun **2004**; 72:62-5. 27. Setia MS, Steinmaus C, Ho CS, Rutherford GW. The role of BCG in prevention of leprosy: a meta-analysis. Lancet Infect Dis **2006**; 6:162-70.

28. Poobalan Aea. Systematic review on the effectiveness and efficacy of BCG against leprosy. Published summary in the SAGE BCG working Group report Available at

<u>http://www.hoint/immunization/sage/meetings/2017/october/1\_BCG\_report\_revised\_version</u> <u>on</u> linepdf, accessed November 2017 **2017**.

29. Lozes E, Denis O, Drowart A, et al. Cross-reactive immune responses against Mycobacterium bovis BCG in mice infected with non-tuberculous mycobacteria belonging to the MAIS-Group. Scand J Immunol **1997**; 46:16-26.

30. Orme IM, Collins FM. Efficacy of Mycobacterium bovis BCG vaccination in mice undergoing prior pulmonary infection with atypical mycobacteria. Infect Immun **1984**; 44:28-32.

31. Smith D, Reeser P, Musa S. Does infection with environmental mycobacteria suppress the protective response to subsequent vaccination with BCG? Tubercle **1985**; 66:17-23.

32. Noeske J, Kuaban C, Rondini S, et al. Buruli ulcer disease in Cameroon rediscovered. Am J Trop Med Hyg **2004**; 70:520-6.

33. Fine PE, Ponnighaus JM, Maine N. The distribution and implications of BCG scars in northern Malawi. Bull World Health Organ **1989**; 67:35-42.

34. Floyd S, Ponnighaus JM, Bliss L, et al. BCG scars in northern Malawi: sensitivity and repeatability of scar reading, and factors affecting scar size. Int J Tuberc Lung Dis **2000**; 4:1133-42.

35. Pereira SM, Bierrenbach AL, Dourado I, et al. [Sensitivity and specificity of the BCG scar reading]. Rev Saude Publica **2003**; 37:254-9.

36. Fine PE, Sterne JA, Ponnighaus JM, Rees RJ. Delayed-type hypersensitivity, mycobacterial vaccines and protective immunity. Lancet **1994**; 344:1245-9.

37. Timmermann CA, Biering-Sorensen S, Aaby P, et al. Tuberculin reaction and BCG scar: association with infant mortality. Trop Med Int Health **2015**; 20:1733-44.

38. Roth A, Sodemann M, Jensen H, et al. Vaccination technique, PPD reaction and BCG scarring in a cohort of children born in Guinea-Bissau 2000-2002. Vaccine **2005**; 23:3991-8.

39. Ritz N, Dutta B, Donath S, et al. The influence of bacille Calmette-Guerin vaccine strain on the immune response against tuberculosis: a randomized trial. Am J Respir Crit Care Med **2012**; 185:213-22.

40. Favorov M, Ali M, Tursunbayeva A, et al. Comparative tuberculosis (TB) prevention effectiveness in children of Bacillus Calmette-Guerin (BCG) vaccines from different sources, Kazakhstan. PLoS One **2012**; 7:e32567.

41. Shann F. Editorial Commentary: Different Strains of Bacillus Calmette-Guerin Vaccine Have Very Different Effects on Tuberculosis and on Unrelated Infections. Clin Infect Dis **2015**; 61:960-2.

42. Fine PEatKPTG. Randomised controlled trial of single BCG, repeated BCG, or combined BCG and killed Mycobacterium leprae vaccine for prevention of leprosy and tuberculosis in Malawi. Karonga Prevention Trial Group. Lancet **1996**; 348:17-24.

43. Engbaek HC, Jespersen A. Effect of BCG vaccination on experimental infection with M. avium. Acta Pathol Microbiol Scand **1966**; 67:503-13.

44. Orme IM, Collins FM. Prophylactic effect in mice of BCG vaccination against nontuberculous mycobacterial infections. Tubercle **1985**; 66:117-20.

45. Collins FM. Protection to mice afforded by BCG vaccines against an aerogenic challenge by three mycobacteria of decreasing virulence. Tubercle **1985**; 66:267-76.

46. Converse PJ, Almeida DV, Nuermberger EL, Grosset JH. BCG-mediated protection against Mycobacterium ulcerans infection in the mouse. PLoS Negl Trop Dis **2011**; 5:e985.

47. Tanghe A, Content J, Van Vooren JP, Portaels F, Huygen K. Protective efficacy of a DNA vaccine encoding antigen 85A from Mycobacterium bovis BCG against Buruli ulcer. Infect Immun **2001**; 69:5403-11.

48. Hart BE, Hale LP, Lee S. Recombinant BCG Expressing Mycobacterium ulcerans Ag85A Imparts Enhanced Protection against Experimental Buruli ulcer. PLoS Negl Trop Dis 2015; 9:e0004046.
49. Martin E, Triccas JA, Kamath AT, Winter N, Britton WJ. Comparative protective effects of recombinant DNA and Mycobacterium bovis bacille Calmette-Guerin vaccines against M. avium infection. Clin Exp Immunol 2001; 126:482-7.

50. BCG vaccines: WHO position paper - February 2018. Wkly Epidemiol Rec 2018; 93:73-96.

Author Study period Study location	Age of participants	Study type (level of evidence)	Outcome Diagnostic methods	Vaccine strain	No. of cases BCG-vaccinated	BCG-	Relative risk (95% Cl)	Key findings, comments including NTM species cultured
						unvaccinated	N	
Katila <i>et al</i> [18] 1977-1986 Finland	Children	Retrospective population- based cohort study (2C)	Lymphadenitis clinical 31 histology 31 skin test 10 culture 11	1977 BCG Sweden 1978-1986 BCG Glaxo	25 <sup>1</sup> /8,333,333	6 <sup>1</sup> /300,000	0.15 (0.06 to 0.37)	<ul> <li>BCG reduces the risk of NTM infection</li> <li>highest protection at 1-4 years of age</li> <li>35% of cases were laboratory confirmed<sup>2</sup></li> <li>MAC 9, <i>M. malmoense</i> 2</li> <li>vaccine status determined by vaccination record</li> </ul>
Trnka <i>et al</i> [17] 1986-1993 Czech Republic	Children	Prospective population- based cohort study (2C)	Lymphadenitis clinical 27 histology 27 skin test 15 culture 4	BCG Russia	0/746,087	27/190,874	0.00 (0.00 to 0.08)	<ul> <li>BCG vaccination reduces the risk of MAC lymphadenitis</li> <li>15% of cases were laboratory confirmed<sup>2</sup></li> <li>cervical 24, mediastinal 2, cervical plus mediastinal 1</li> <li>vaccine status determined by vaccination record</li> </ul>
Romanus <i>et al</i> [16] 1969-1990 Sweden	Children <15y	Retrospective and prospective population- based cohort study (2C)	Extrapulmonary NTM infection clinical 387 culture confirmed 387	1969-1978 BCG Sweden 1978-1990 BCG Denmark	8/809,299	379/1,469,698	0.04 (0.02 to 0.08)	<ul> <li>BCG vaccination reduces the risk of NTM infection</li> <li>lymphadenitis/soft tissue infection 379, skin infection 5, osteo-articular infection 2, otitis media 1</li> <li>100% of cases were laboratory confirmed<sup>2</sup></li> <li>MAC 321, <i>M. malmoense</i> 43, <i>M. marinum</i> 4, <i>M. scrofulaceum</i> 4, Runyon III<sup>3</sup> 4, non typable 4, <i>M. chelonae</i> 3, <i>M. fortuitum</i> 2, <i>M. xenopi</i> 2, <i>M. avium</i> 1, <i>M. kansasii</i> 1, <i>M. terrae</i> 1</li> <li>vaccine status determined by vaccination record</li> </ul>

Table 1 Studies reporting on the protective effect of BCG vaccination against non-tuberculous mycobacterial lymphadenitis in industrialised countries<sup>1</sup>

<sup>3</sup> non-typed, slow growing, non-chromogenic mycobacteria

MAC - Mycobacterium-avium-intracellulare complex

y – year

Author Study period Study location	udy period participants (level		Outcome Diagnostic methods	Vaccine strain	No. of cases		Relative risk (95% Cl)	Key findings and comments		
					BCG-vaccinated	BCG- unvaccinated				
Bradley et al [19]	Children and	Randomised	Buruli ulcer	BCG Glaxo	21/606	44/624	0.49	BCG vaccination reduced the risk of Buruli ulcer		
967-1968	adults	controlled trial	clinical 65		(3%)	(7%)	(0.30 to 0.82)	<ul> <li>overall protection rate reported as 47% (p=0.007)</li> </ul>		
Uganda	(31% <15y)	(1B)	histology 63 culture 31					<ul> <li>protection was only in the first year after vaccination (72% protective in first 6m)</li> <li>protection 18% in high-incidence settings, 74% in low- incidence areas (p=0.03)</li> <li>onset of symptoms was delayed by 2-3m in those BCG- vaccinated</li> <li>48% of cases were laboratory confirmed<sup>1</sup></li> </ul>		
Smith <i>et al</i> [20] 1970-1974 Uganda	Children and adults (48% <15y)	Randomised controlled trial (1B)	Buruli ulcer clinical 100 histology 48	BCG Glaxo	34/2775 (1%)	66/2764 (2%)	0.51 (0.34 to 0.77)	<ul> <li>BCG vaccination reduced the risk of Buruli ulcer</li> <li>overall protection rate reported as 47% (p&lt;0.01)</li> <li>protection was only in the first year after vaccination (63% protective in first 12m)</li> <li>protective only in participants with tuberculin reactions of &lt;4mm before vaccination (p&lt;0.05)</li> <li>BCG vaccinated individuals had smaller skin lesions (p&lt;0.01)</li> <li>no cases were laboratory confirmed<sup>1</sup></li> <li>retrospective case-control part of study: RR 0.78 (0.50 to 1.21)</li> </ul>		
<sup>1</sup> by cu m - m	ulture or PCR onth									

# Table 2a Randomised controlled trials reporting on the protective effect of BCG vaccination against Buruli ulcer

Downloaded from https://academic.oup.com/jid/advance-article-abstract/doi/10.1093/infdis/jiy207/4964710 by petrasabine.zimmermann@gmail.com on 15 April 2018

Author Study period Study location	Age of participants	No. of partic	No. of participants Study type Outcome Vaccine strain No. of case (level of Diagnostic evidence) methods		IS	Odds ratio (95% Cl)	Key findings and comments			
		BCG- vaccinated	Non-BCG- vaccinated	_	monieue		BCG+/ cases	BCG+/ controls		
Raghunathan <i>et</i> <i>al</i> [23] 2000 Ghana	Children and adults (62% < 15y)	119	113	Retrospective case control study (3B)	Buruli ulcer clinical 116 histology 79 stain 13 culture 54 PCR 106	Various strains	63/116 (54%)	56/116 (48%)	1.27 (0.76 to 2.13)	<ul> <li>BCG vaccination does not reduce the risk of Buruli ulcer</li> <li>approximately 95% of cases were laboratory confirmed<sup>1</sup></li> <li>vaccine status determined by presence of scar</li> </ul>
Debacker <i>et al</i> [25] 1997-2003 Benin	Children and adults (38% < 15y)	1907	817	Retrospective case control study (3B)	Buruli ulcer clinical 1453	Various strains	1127/1453 (78%)	780/1271 (61%)	2.18 (1.84 to 2.57)	<ul> <li>BCG vaccination does not reduce the risk of Buruli ulcer</li> <li>no cases were laboratory confirmed<sup>1</sup></li> <li>vaccine status determined by presence of scar</li> </ul>
Nackers <i>et al</i> [22] 2002-2003 Benin	Children and adults (48% < 13y)	279	988	Retrospective case control study (3B)	Buruli ulcer clinical 844 stain or histology or	Various strains	180/844 (21%)	99/423 (23%)	0.89 (0.67 to 1.17)	<ul> <li>BCG vaccination reduces the risk of Buruli ulcer</li> <li>protection (adjusted for socioeconomic status) 12% (95% Cl 24% - 37%)</li> <li>most received BCG vaccination as neonates and</li> </ul>

Table 2b Case control studies reporting on the protective effect of BCG vaccination against Buruli ulcer

134

culture or PCR

• <16% cases were laboratory confirmed<sup>1</sup> • vaccine status determined by presence of scar or

were included >1y after vaccination

vaccination record

PG

ng by country and age) fluence duration or s were laboratory / presence of scar
١

Downloaded from https://academic.oup.com/jid/advance-article-abstract/doi/10.1093/infdis/jiy207/4964710 by petrasabine.zimmermann@gmail.com on 15 April 2018

Table 3 Studies reporting on the protective effect of BCG vaccination against *M. ulcerans* osteomyelitis in patients with Buruli ulcer

Author Publication Year	Age of participants	Study type (level of evidence)	Outcome Diagnostic methods	Vaccine strain	No. cases	6	Relative risk (95% Cl)	Key findings and comments
Study location					BCG-vaccinated	BCG- unvaccinated		
Portaels et al	Children and	Cohort study	Osteomyelitis in	Not specified	34/304	21/68	0.36	BCG vaccination protects against M. ulcerans
[26]	adults	(2B)	patients with Buruli		(11%)	(31%)	(0.22 to 0.58)	osteomyelitis in children and adults with Buruli ulcer
2004	(60% < 15y)		ulcer					<ul> <li>vaccine status determined by presence of scar</li> </ul>
Benin			clinical 55					<ul> <li>not specified how many cases were laboratory</li> </ul>
			stain or culture or PCR 55					confirmed <sup>1</sup>
	ulture or PCR	ain reaction		X				
у - ує	sar		Rcce					

Reference	Publication year	Study type	Confounding	Selection Bias	Misclassifica tion Bias	Performance Bias	Attrition Bias	Detection Bias	Reporting Bias
Lymphadenitis	-				·				-
Katila[18]	1987	CS	5	3	3	3	4	2	2
Trnka[17]	1994	CS	4	1	2	4	3	5	2
Romanus[16]	1995	CS	4	1	2	3	3	5	2
Buruli ulcer									
Bradley[19]	1969	RCT		-		+	-	-	-
Smith[20]	1976	RCT		-		-	-	-	-
Raghunathan[23]	2005	CCS	4	3	5	3	4	3	4
Debacker[25]	2006	CCS	5	4	5	3	5	3	4
Nackers[22]	2006	CCS	4	4	5	3	4	3	5
Phillips[21]	2015	CCS	5	4	4	3	4	3	4
M. ulcerans osteo	myelitis								
Portales[26]	2004	CS	3	4	5	3	4	3	4
			<u> </u>	, ce	5				

Table 4 Risk of bias summary of studies included in the review (1 = very low, 2 = low, 3 = moderate, 4 = high, 5 = very high)

CS – cohort study CCS – case control study RCT – randomised controlled trial **Figure 1** Comparison of incidence of non-tuberculous lymphadenitis infection in BCG-vaccinated and BCGunvaccinated children in industrialised countries

**Figure 2a** Comparison of incidence of Buruli ulcer in BCG-vaccinated and BCG-unvaccinated participants in randomised controlled

Figure 2b Comparison of incidence of Buruli ulcer in BCG-vaccinated and BCG-unvaccinated participants in casecontrol studies

**Figure 3** Comparison of incidence of osteomyelitis in BCG-vaccinated and BCG-unvaccinated participants with Buruli ulcer

Cepte

	B	CG	No	BCG		Risk Ratio			Risk	Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	Year		M-H, Rand	om, 95% Cl	
Katila et al, Finland	25	8333333	6	300000	39.7%	0.15 [0.06, 0.37]	1987				
Trnka et al, Czech Rpublic	0	746087	27	190874	18.5%	0.00 [0.00, 0.08]	1994	←			
Romanus et al, Sweden	8	809299	379	1469698	41.8%	0.04 [0.02, 0.08]	1995				
Total (95% CI)		9888719		1960572	100.0%	0.04 [0.01, 0.21]					
Total events	33		412								
Heterogeneity: $Tau^2 = 1.40$	; Chi <sup>2</sup> = 1	1.36, df =	2 (P = 0.	003); $I^2 = 8$	32%			0.002	01	1 10	500
Test for overall effect: $Z = 3$	3.90 (P <	0.0001)						0.002	Favours BCG	Favours contro	

	BCC	3	No B	CG		Risk Ratio				Risk Ratio		
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	Year		М-Н,	Random, 9	5% CI	
Bradley et al, Uganda	21	606	44	624	39.5%	0.49 [0.30, 0.82]	1969		-			
Smith et al, Uganda	34	2775	66	2764	60.5%	0.51 [0.34, 0.77]	1976					
Total (95% CI)		3381		3388	100.0%	0.50 [0.37, 0.69]				•		
Total events	55		110									
Heterogeneity: Tau <sup>2</sup> = Test for overall effect:				L (P = 0	.90); I <sup>2</sup> =	0%		0.01	0.1 Favours	1 BCG Favo	10 urs control	100

	BCC	5	No B	CG		Odds Ratio				Odds R	atio		
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl	Year		M-I	H, Fixed	, 95%	CI	
Ragunathan et al, Ghana	63	119	53	113	5.4%	1.27 [0.76, 2.13]	2005			-+-	_		
Nackers et al, Benin	180	279	664	988	22.0%	0.89 [0.67, 1.17]	2006						
Debacker et al, Benin	1127	1907	326	817	39.5%	2.18 [1.84, 2.57]	2006						
Phillips et al, Congo, Ghana, Togo	226	775	175	452	33.1%	0.65 [0.51, 0.83]	2015			-			
Total (95% CI)		3080		2370	100.0%	1.34 [1.19, 1.51]					•		
Total events	1596		1218										
Heterogeneity: $Chi^2 = 74.15$ , df = 3	B (P < 0.0)	0001);	$I^2 = 96\%$					⊢ 0.01	0.1			10	100
Test for overall effect: $Z = 4.81$ (P -	< 0.00002	1)						0.01	••-	s BCG F	avour	s control	100

	BCC	5	No BO	CG		Risk Ratio			Risk	Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl	Year		M–H, Fixe	ed, 95% CI	
Portaels et al, Benin	34	304	21	68	100.0%	0.36 [0.22, 0.58]	2004				
Total (95% CI)		304		68	100.0%	0.36 [0.22, 0.58]			•		
Total events	34		21								
Heterogeneity: Not ap Test for overall effect	•	8 (P < 0	).0001)					0.02	0.1 Favours BCG	1 10 Favours contr	50 50