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Article

Coarse-graining Approaches in Univariate Multiscale Sample and Dispersion Entropy

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Abstract: The evaluation of complexity in univariate signals has attracted considerable attention in recent years. This is often done using the framework of Multiscale Entropy, which entails two basic steps: coarse-graining to consider multiple temporal scales, and evaluation of irregularity for each of those scales with entropy estimators. Recent developments in the field have proposed modifications to this approach to facilitate the analysis of short-time series. However, the role of the downsampling in the classical coarse-graining process and its relationships with alternative filtering techniques has not been systematically explored yet. Here, we assess the impact of coarse-graining in multiscale entropy estimations based on both Sample Entropy and Dispersion Entropy. We compare the classical moving average approach with low-pass Butterworth filtering, both with and without downsampling, and empirical mode decomposition in Intrinsic Multiscale Entropy, in selected synthetic data and two real physiological datasets. The results show that when the sampling frequency is low or high, downsampling respectively decreases or increases the entropy values. Our results suggest that when dealing with long signals and relatively low levels of noise, the refined composite method makes little difference in the quality of the entropy estimation at the expense of considerable additional computational cost. It is also found that downsampling within the coarse-graining procedure may not be required to quantify the complexity of signals, especially for short ones. Overall, we expect these results to contribute to the ongoing discussion about the development of stable, fast and robust-to-noise multiscale entropy techniques suited for either short or long recordings.

Keywords: Complexity; multiscale dispersion and sample entropy; refined composite technique; intrinsic mode dispersion and sample entropy; moving average; Butterworth filter; empirical mode decomposition; downsampling.

1. Introduction

A system is complex when it entails a number of components intricately entwined altogether (e.g. the subway network of the New York City) [1]. Following Costa's framework [2,3], the complexity in univariate signals denotes "meaningful structural richness", which may be in contrast with regularity measures defined from entropy metrics such as sample entropy (SampEn), permutation entropy, (PerEn), and dispersion entropy (DispEn) [3–6]. In fact, these entropy techniques assess repetitive patterns and return maximum values for completely random processes [3,5,7]. However, a completely ordered signal with a small entropy value or a completely disordered signal with maximum entropy value is the least complex [3,5,8]. For instance, white noise is more irregular than $1/f$ noise (pink noise) although the latter is more complex because $1/f$ noise contains long-range correlations and its $1/f$ decay produces a fractal structure in time [3,5,8].

33 From the perspective of physiology, some diseased individuals' recordings, when compared with
34 those for healthy subjects, are associated with the emergence of more regular behavior, thus leading to
35 lower entropy values [3,9]. In contrast, certain pathologies, such as cardiac arrhythmias, are associated
36 with highly erratic fluctuations with statistical characteristics resembling uncorrelated noise. The
37 entropy values of these noisy signals are higher than those of healthy individuals, even though the
38 healthy individuals' time series show more physiologically complex adaptive behavior [3,10].

39 In brief, the concept of complexity for univariate physiological signals builds on the following
40 three hypotheses [3,5]:

- 41 • The complexity of a biological or physiological time series indicates its ability to adapt and
42 function in an ever-changing environment.
- 43 • A biological time series requires to operate across multiple temporal and spatial scales and so, its
44 complexity is similarly multiscaled and hierarchical.
- 45 • A wide class of disease states, in addition to ageing, which decrease the adaptive capacity of the
46 individual, appear to degrade the information carried by output variables.

47 Therefore, the multiscale-based methods focus on quantifying the information expressed by the
48 physiological dynamics over multiple temporal scales.

49 To provide a unified framework for the evaluation of impact of diseases in physiological signals,
50 multiscale SampEn (MSE) [3] was proposed to quantify the complexity of signals over multiple
51 temporal scales. The MSE algorithm includes two main steps: 1) coarse-graining technique – i.e.,
52 combination of moving average (MA) filter and downsampling (DS) process –; and 2) calculation of
53 SampEn of the coarse-grained signals at each scale factor τ [3]. A low-pass Butterworth (BW) filter
54 was used as an alternative to MA to limit aliasing and avoid ripples [11]. To differentiate it from the
55 original MSE, we call this method as MSE_{BW} herein.

56 Since their introduction, MSE and MSE_{BW} have been widely used to characterize physiological
57 and non-physiological signals [12]. However, they have several main shortcomings [12–14]. First,
58 the coarse-graining process causes the length of a signal to be shortened by the scale factor τ as a
59 consequence of the downsampling in the process. Therefore, when the scale factor increases, the
60 number of samples in the coarse-grained sequence decreases considerably [14]. This may yield
61 an unstable estimation of entropy. Second, SampEn is either undefined or unreliable for short
62 coarse-grained time series [13,14].

63 To alleviate the first problem of MSE, intrinsic mode SampEn (InMSE) [15] and refined composite
64 MSE (RCMSE) [14] were developed [15]. The coarse-graining technique is substituted by an approach
65 based on empirical mode decomposition (EMD) in InMSE. The length of coarse-grained series obtained
66 by InMSE is equal to that of the original signal, leading to more stable entropy values. Nevertheless,
67 EMD-based approaches have certain limitations such as sensitivity to noise and sampling [16]. At
68 the scale factor τ , RCMSE considers τ different coarse-grained signals, corresponding to different
69 starting points of the coarse-graining process [14]. Therefore, RCMSE yields more stable results in
70 comparison with MSE. Nevertheless, both InMSE and RCMSE may lead to undefined values for short
71 signals as a consequence of using SampEn in the second step of their algorithms [13]. Additionally, the
72 SampEn-based approaches may not be fast enough for some real-time applications.

73 To deal with these deficiencies, multiscale DispEn (MDE) based on our introduced DispEn was
74 developed [13]. Refined composite MDE (RCMDE) was then proposed to improve the stability of the
75 MDE-based values [13]. It was found that MDE and RCMDE have the following advantages over
76 MSE and RCMSE: 1) they are noticeably faster as a consequence of using DispEn with computational
77 cost of $O(N)$ – where N is the signal length –, compared with the $O(N^2)$ for SampEn; 2) they result in
78 more stable profiles for synthetic and real signals; 3) MDE and RCMDE discriminate different kinds of
79 physiological time series better than MSE and RCMSE; and 4) they do not yield undefined values [13].

80 The aim of this research is to contribute to the understanding of different alternatives to
81 coarse-graining in complexity approaches. To this end, we first revise the frequency responses
82 for the three main filtering processes (i.e., MA, BW, and EMD) used in such methods. The role

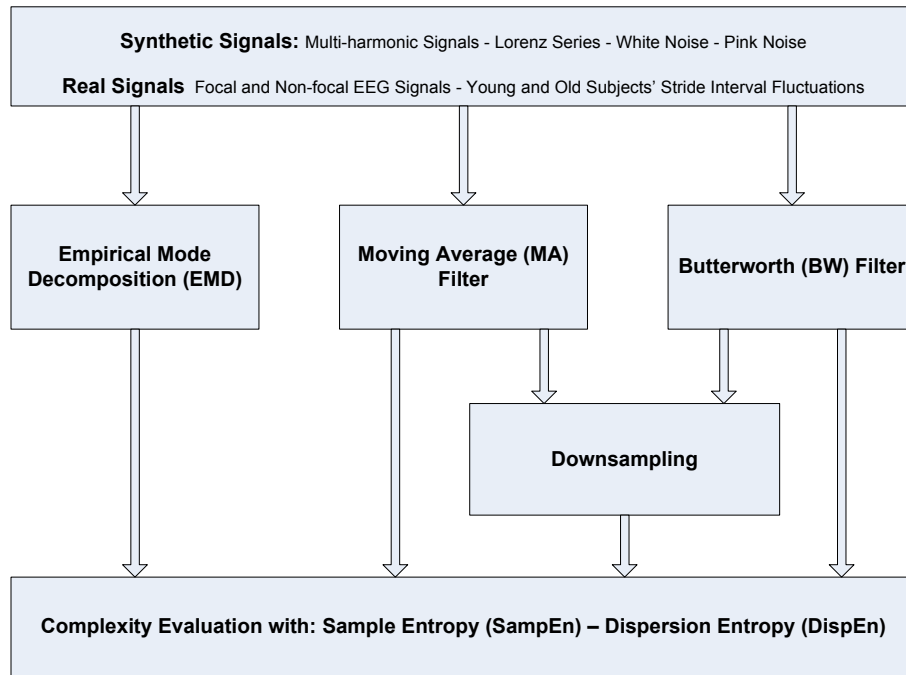


Figure 1. Flowchart of the alternatives to the coarse-graining method and the datasets used in this study.

of downsampling in the classical coarse-graining process, which has not been systematically explored yet, is then investigated in the article. We assess the impact of coarse-graining in multiscale entropy estimations based on both SampEn and DispEn. To compare these methods, several synthetic data and two real physiological datasets are employed. For the sake of clarity, a flowchart of the alternatives to the coarse-graining method in addition to the datasets used in this article is shown in Figure 1.

2. Multiscale Entropy-based Approaches

The MSE- and MDE-based methods include two main steps: 1) coarse-graining process; and 2) calculation of SampEn and DispEn at each scale τ . For simplicity, we detail only the DispEn-based complexity algorithms. Likewise, the SampEn-based algorithms are defined.

2.1. MDE based on Moving Average (MA) and Butterworth (BW) Filters with and without Downsampling (DS)

2.1.1. Coarse-graining Approaches

A coarse-graining technique with DS denotes a decimation by scale factor τ . Decimation is defined as two steps [17,18]: 1) reducing high-frequency time series components with a digital low-pass filter; and 2) DS the filtered time series by τ ; that is, keep only one every τ sample points.

Assume we have a univariate signal of length L : $\mathbf{u} = \{u_1, u_2, \dots, u_i, \dots, u_L\}$. In the coarse-graining process, the original signal \mathbf{u} is first filtered by an MA - a low-pass finite-impulse response (FIR) filter - as follows:

$$v_\ell^{(\tau)} = \frac{1}{\tau} \sum_{k=0}^{\tau-1} u_{\ell+k}, \quad 1 \leq \ell \leq L - \tau + 1. \quad (1)$$

The frequency response of the MA filter is as follows [19]:

$$\left| H \left(e^{j2\pi f} \right) \right| = \frac{1 \sin(\pi f \tau)}{\tau \sin(\pi f)}, \quad (2)$$

102 where f denotes the normalized frequency ranging from 0 to 0.5 cycles per sample (normalized Nyquist
 103 frequency). The frequency response of the MA filter has several shortcomings: 1) a slow roll-off of the
 104 main lobe; 2) large transition band; 3) and important side lobes in the stop-band. To alleviate these
 105 problems, a low-pass BW filter was proposed [11]. This filter provides a maximally flat (no ripples)
 106 response [19]. The squared magnitude of the frequency of BW filter is defined as follows:

$$\left| H \left(e^{j2\pi f} \right) \right|^2 = \frac{1}{1 + (f/f_c)^{2n}}, \quad (3)$$

107 where f_c and n denote the normalized cut-off frequency and filter order, respectively [11,19]. Herein,
 108 $n = 6$ and $f_c = \frac{0.5}{\tau}$ [11]. The original signal \mathbf{u} is filtered by BW filter. In fact, the low-pass filters
 109 eliminate the fast temporal scales (higher frequency components) to take into account progressively
 110 slower time scales (lower frequency components).

111 Next, the time series filtered by either MA or BW is downsampled by the scale factor τ . Assume
 112 the downsampled signal is $\mathbf{x}^{(\tau)} = \{x_j^{(\tau)}\} (1 \leq j \leq \lfloor \frac{L}{\tau} \rfloor = N)$.

113 In this study, we consider the coarse-graining process with and without DS. MSE and MDE with
 114 MA filter and without DS are respectively named MSE_{MA} and MDE_{MA} . MSE_{MA} and MDE_{MA} with DS
 115 are termed MSE and MDE herein.

116 2.1.2. Calculation of DispEn or SampEn at Every Scale Factor

117 The DispEn or SampEn value is calculated for each coarse-grained signal $\mathbf{x}^{(\tau)} = \{x_j^{(\tau)}\}$. It is worth
 118 noting that MDE is more than the combination of the coarse-graining [3] with DispEn: The mapping
 119 based on the normal cumulative distribution function (NCDF) used in the calculation of DispEn [6]
 120 for the first temporal scale is maintained across all scales. That is, in MDE and RCMDE, μ and σ
 121 NCDF are respectively set at the average and standard deviation (SD) of the original signal and they
 122 remain constant for all scale factors. This approach is similar to keeping the threshold r constant fixed
 123 (usually 0.15 of the SD of the original signal) in the MSE-based algorithms [3]. In a number of studies
 124 (e.g., [3,20]), it was found that keeping r constant is preferable to recalculating the threshold r at each
 125 scale factor separately.

126 2.2. Refined Composite Multiscale Dispersion Entropy (RCMDE)

127 At scale factor τ , RCMDE considers τ different coarse-grained signals, corresponding to different
 128 starting points of the coarse-graining process. Then, for each of these shifted series, the relative
 129 frequency of each dispersion pattern is calculated. Finally, the RCMDE value is defined as the Shannon
 130 entropy value of the averages of the rates of appearance of dispersion patterns of those shifted
 131 sequences [13]. The MA filter used in RCMDE and RCMSE may be substituted by the BW filter,
 132 respectively called RCMDE_{BW} and RCMSE_{BW} here.

133 2.3. Intrinsic Mode Dispersion Entropy (InMDE)

134 Due to the advantages of DispEn over SampEn for short signals, intrinsic mode DispEn (InMDE)
 135 based on the algorithm of InMSE is proposed herein. The algorithm of InMDE includes the following
 136 two key steps:

- 137 1. Calculation of the sum of the intrinsic mode functions (IMFs) obtained by EMD: In this step, the
 138 original signal \mathbf{u} is decomposed to $\text{IMF}_\alpha (1 \leq \alpha \leq \tau_{\text{max}} - 1)$ and a residual signal $\text{IMF}_{\tau_{\text{max}}} =$
 139 $\mathbf{u} - \sum_{\alpha=1}^{\tau_{\text{max}}-1} \text{IMF}_\alpha$. It is worth noting that the first IMF, IMF_1 , shows the highest frequency
 140 component in a signal, while the last IMF, $\text{IMF}_{\tau_{\text{max}}}$, reflects the trend of the time series. Next, the
 141 cumulative sums of IMFs (CSI) for each scale factor τ are defined as follows [15]:

Table 1. Characteristics of the complexity metrics for univariate signals.

Methods	Filtering	Downsampling	Applicability of refined composite
MSE [2] and MDE [13]	Moving average	yes	yes
MSE _{MA} and MDE _{MA}	Moving average	no	no
MSE _{BW} [11] and MDE _{BW}	Butterworth	yes	yes
MSE _{BW} [11] and MDE _{BW} without downsampling	Butterworth	no	no
InMSE [15] and InMDE	Cumulative sums of IMFs	no	no

$$\mathbf{CSI}^{(\tau)}(\mathbf{x}) = \sum_{\lambda=\tau}^{\tau_{\max}} IMF_{\lambda}, \quad (4)$$

142 where IMF_{λ} denotes the λ^{th} IMF obtained by EMD. Thus, $\mathbf{CSI}^{(1)}$ is equal to the original signal \mathbf{u} .
 143 2. Calculation of DispEn of $\mathbf{CSI}^{(\tau)}(\mathbf{x})$ at each scale factor: The DispEn value is calculated at each
 144 scale factor. Like MDE and RCMDE, μ and σ of NCDF are respectively set at the average and SD
 145 of the original signal and they remain constant for all scale factors in InMDE.

146 It is worth noting that InMSE and InMDE do not downsample the filtered signals. That is, the
 147 number of samples for each $\mathbf{CSI}^{(\tau)}(\mathbf{x})$ is equal to that for the original signal, leading to more reliable
 148 results for higher scale factors. The complexity metrics for univariate signals and their characteristics
 149 are summarized in Table 1.

150 2.4. Parameters of the Multiscale Entropy Approaches

151 For all the SampEn-based methods, we set $d = 1$, $m = 2$, and $r = 0.15$ of the SD of the original
 152 signal [3]. For all the DispEn-based approaches, we set $d = 1$ and $c = 6$. For more information about c
 153 and d , please refer to [6,13].

154 For the DispEn-based complexity measures without DS, as the length of coarse-grained signals is
 155 equal to that of the original signal, it is advisable to follow $c^m < L$. For the SampEn-based complexity
 156 approaches without DS, it is recommended to have at least 10^m (or preferably 20^m) sample points for
 157 the embedding dimension m [21,22].

158 For the DispEn-based multiscale approaches with DS, since the decimation process causes the
 159 length of a signal decreases to $\lfloor \frac{L}{\tau_{\max}} \rfloor$, it is recommended $c^m < \lfloor \frac{L}{\tau_{\max}} \rfloor$. Similarly, for the SampEn-based
 160 complexity techniques with DS, it is recommended $10^m < \lfloor \frac{L}{\tau_{\max}} \rfloor$ [3].

161 On the other hand, in RCDME, we consider τ coarse-grained time series with length $\lfloor \frac{L}{\tau_{\max}} \rfloor$.
 162 Therefore, the total sample points calculated in RCMDE is $\tau \times \lfloor \frac{L}{\tau_{\max}} \rfloor \approx L$. Thus, RCMDE follows
 163 $c^m < L$, leading to more reliable results, especially for short signals. Likewise, it is advisable to have at
 164 least 10^m (or preferably 20^m) sample points for RCMSE with embedding dimension m .

165 3. Evaluation Signals

166 In this section, the synthetic and real signals used in this study to evaluate the behaviour of the
 167 multiscale entropy approaches are described.

168 3.1. Synthetic Signals

169 White noise is more irregular than pink noise ($1/f$ noise), although the latter is more complex
 170 because pink noise contains long-range correlations and its $1/f$ decay produces a fractal structure

171 in time [3,5,8]. Therefore, white and pink noise are two important signals to evaluate the multiscale
172 entropy techniques [3,5,8,23–25].

173 In order to investigate the change in the behavior of a nonlinear system, the Lorenz attractor is
174 used. Further details can be found in [26,27]. To evaluate the effect of filtering and downsampling
175 processes on different frequency components of time series, multi-harmonic signals are employed [16].
176 Finally, to inspect the effect of noise on multiscale approaches, white noise was added to the Lorenz
177 and multi-harmonic time series.

178 3.2. Real Biomedical Datasets

179 Multiscale entropy techniques are broadly used to characterize physiological recordings [2,3,12,25].
180 To this end, electroencephalograms (EEGs) [28] and stride internal fluctuations [29] are used to
181 distinguish different kinds of dynamics of time series.

182 3.2.1. Dataset of Focal and Non-focal Brain Activity

183 The ability of complexity measures to discriminate focal from non-focal signals is evaluated by
184 the use of an EEG dataset (publicly-available at <http://ntsa.upf.edu/>) [28]. The dataset includes 5
185 patients and, for each patient, there are 750 focal and 750 non-focal bivariate time series. The length of
186 each signal was 20s with sampling frequency of 512Hz (10240 samples). For more information, please,
187 refer to [28]. All subjects gave written informed consent that their signals from long-term EEG might
188 be used for research purposes [28]. Before computing the entropies, the EEG signals were digitally
189 band-pass filtered between 0.5Hz and 150Hz using a fourth-order Butterworth filter.

190 3.2.2. Dataset of Stride Internal Fluctuations

191 To compare multiscale entropy methods, stride interval recordings are used [29,30]. The time
192 series were recorded from five young, healthy men (23 - 29 years old) and five healthy old adults (71 -
193 77 years old). All the individuals walked continuously on level ground around an obstacle-free path
194 for 15 minutes. The stride interval was measured by the use of ultra-thin, force sensitive resistors
195 placed inside the shoe. For more information, please refer to [29].

196 4. Results and Discussion

197 4.1. Synthetic Signals

198 4.1.1. Frequency Responses of Cumulative Sums of IMFs (CSI), and Moving Average (MA) and 199 Butterworth (BW) Filters

200 To investigate the frequency responses of MA, BW, and CSI, we used 200 realizations of white
201 noise with length 512 sample points following [31,32]. The average Fourier spectra obtained by MA,
202 BW, and CSI at different scale factors (i.e., 2, 4, 6, 8, and 10) are depicted in Figure 2. The results show
203 that BW, MA, and CSI can be considered as low-pass filters with different cut-off frequencies. The
204 results for MA and BW filters are in agreement with their theoretical frequency responses shown in
205 Equations 2 and 3, respectively. The results for CSI are also in agreement with the fact that IMF_1
206 corresponds to a half-band high-pass filter and IMF_λ ($\lambda \geq 2$) can be considered as a filter bank of
207 overlapping bandpass filters [32].

208 The magnitude of the frequency response for BW, compared with MA, is flatter in the passband,
209 side lobes in its stopband are not present, and the roll-off is faster. Therefore, the filter's frequency
210 response leads to a more accurate elimination of the components with frequency above cut-off
211 frequencies. This fact reduces aliasing while the filtered signals are downsampled. The behavior of the
212 frequency response for CSI is similar to that for BW. However, the cut-off frequencies obtained by CSI

213 is considerably smaller than those for BW. This fact results in very low entropy values at high scale
 214 factors.

215 4.1.2. Effect of Different Low-pass Filters on Multi-harmonic and Lorenz Series

216 To understand the effect of MA, BW, and CSI on multi-harmonic signals, we use $b_i = \cos(2\pi 10i) +$
 217 $\cos(2\pi 20i) + \cos(2\pi 50i)$ with sampling frequency 200Hz and length 20s. The first one second of the
 218 signal \mathbf{b} is depicted in 3. To show the frequency components of \mathbf{b} and their amplitude values, we
 219 used the combination of Hilbert transform and recently introduced variational mode decomposition
 220 (VMD). VMD is a generalization of the classic Wiener filter into adaptive, multiple bands [16]. After
 221 decomposing the original signals into its IMFs using VMD, we employ the Hilbert transform to find
 222 the instantaneous frequency of each IMF [16,33].

223 The frequency components of \mathbf{b} and their corresponding amplitudes are depicted in Figure
 224 3(a). The Hilbert transform of \mathbf{b} filtered by 4-sample MA (Figure 3(b)) illustrates that the harmonic
 225 $\cos(2\pi 50i)$ is completely eliminated, in agreement with the fact that MA is a low-pass filter with cut-off
 226 frequency $\frac{f_s}{2T}$ and completely eliminates the frequency component f_z at $\frac{f_s}{T}$ (here at $50 = \frac{200}{4}$) based on
 227 Equation 2 [11].

228 The MDE values for \mathbf{b} , depicted in Figure 4(a), show that the largest changes in entropy values
 229 occur at temporal scale 4 and 10 (based on $50 = \frac{200}{4}$ and $20 = \frac{200}{10}$ - please see the red double
 230 arrows in Figure 4). In fact, the largest changes in entropy values are related to the main frequency
 231 components of a multi-harmonic time series. To investigate the effect of noise on MDE values, we
 232 created $g_i = b_i + \eta$, where η denotes a uniform random variable between 0 to 1. The MDE values for
 233 \mathbf{g} , plotted in Figure 4(b), illustrate a decrease at temporal scales from 1 to 19 and then, the entropy
 234 values become approximately constant. This is in agreement with the fact that the smaller scale factors
 235 correspond to higher frequency components whereas smaller scales correspond to lower frequencies
 236 [34]. Comparing Figures 4(a) and 4(b) shows that after filtering the effect of white noise by MA, the
 237 profiles for \mathbf{b} and \mathbf{g} are very close (temporal scales 19 to 25). This suggests that white noise affects
 238 lower temporal scales. It is worth noting that the behavior of MDE_{BW} and that of MDE_{MA} are similar.

239 However, the effect of CSI at scale 2 on \mathbf{b} is shown in Figure 5. The results, compared with those
 240 for MA (see Figure 4(b)), illustrate similar behavior of CSI at scale 2 and MA at scale 4 in terms of
 241 the elimination of the highest frequency component of \mathbf{b} . This is in agreement with the fact that at a
 242 specific scale factor, the cut-off frequency for CSI is considerably lower than that for MA or BW (see
 243 Figure 2).

244 We also generated the Lorenz signal \mathbf{o} with length 10,000 sample points and sampling frequency
 245 (f_s) 300Hz. To have a nonlinear behavior, $\lambda = 10$, $\beta = \frac{8}{3}$, and $\rho = 99.96$ were set [26,27]. The signal \mathbf{o}
 246 and \mathbf{o} filtered by MA at scale 10 are shown in Figure 6. The MDE-based values for \mathbf{o} are depicted in
 247 Figure 7(a). The Nyquist frequency of the signal is ($\frac{300}{2} = 150$)Hz and is close to its highest frequency
 248 component (around 150Hz). Note that choosing a lower sampling frequency may result in aliasing.
 249 As the main frequency components of this time series are around 20-30Hz, the MA filter is not able
 250 to completely eliminate the main frequency components of this signal at scale 10. It leads to that the
 251 amplitude values of the filtered signal at scale 10 (without downsampling) are very close to those of
 252 the original time series \mathbf{o} .

253 To inspect the effect of additive noise on MDE values, we created $q_i = o_i + \eta$, where η is a random
 254 variable between 0 to 1. The MDE values for \mathbf{q} , plotted in Figure 7(b), illustrate a decrease at low
 255 temporal scale and then an increase at high time scale factors. It is also found that the MDE values of
 256 \mathbf{o} and \mathbf{q} are approximately equal at scales between 18 to 25. This is also consistent with the fact that
 257 lower scale factors correspond to higher frequency components whereas larger scales correspond to
 258 lower frequencies [34].

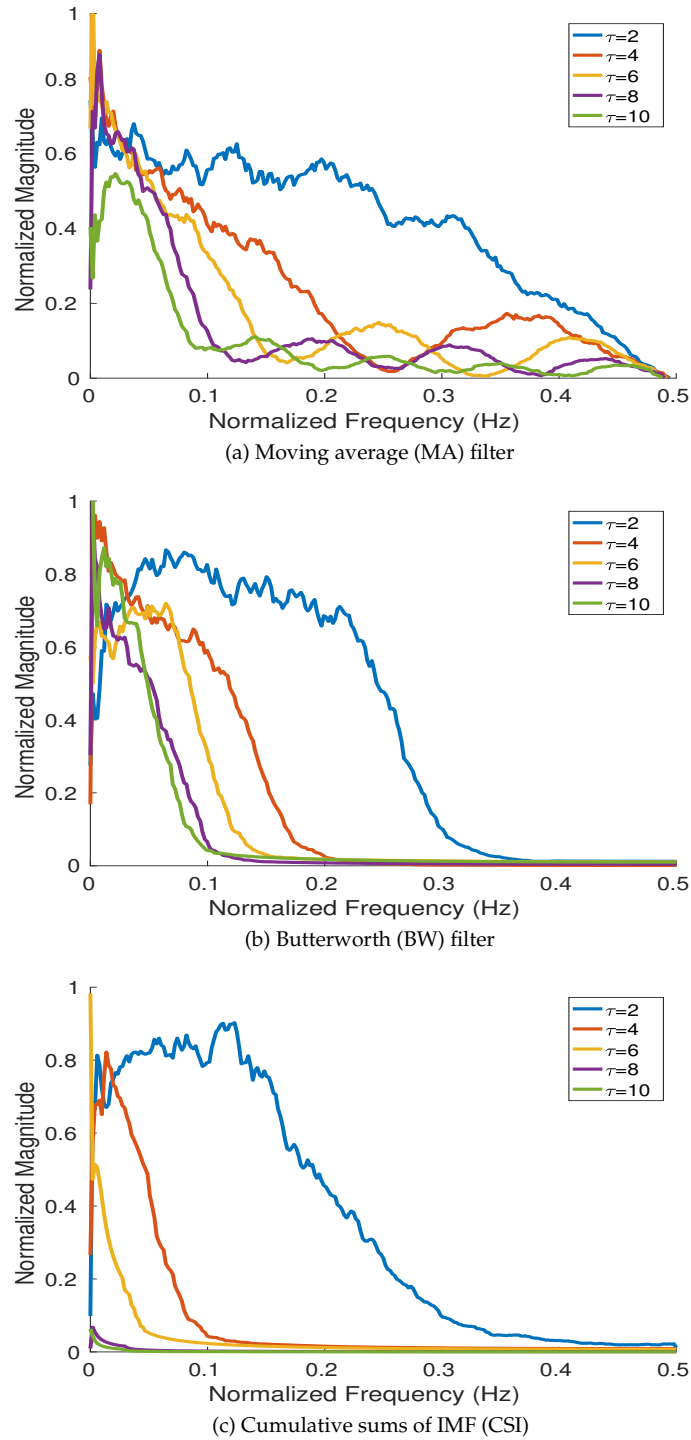


Figure 2. Magnitude of the frequency response for (a) MA, (b) BW, and (c) CSI at different scale factors ($\tau = 2, 4, 6, 8,$ and 10) computed from 200 realizations of white noise with length 512 sample points.

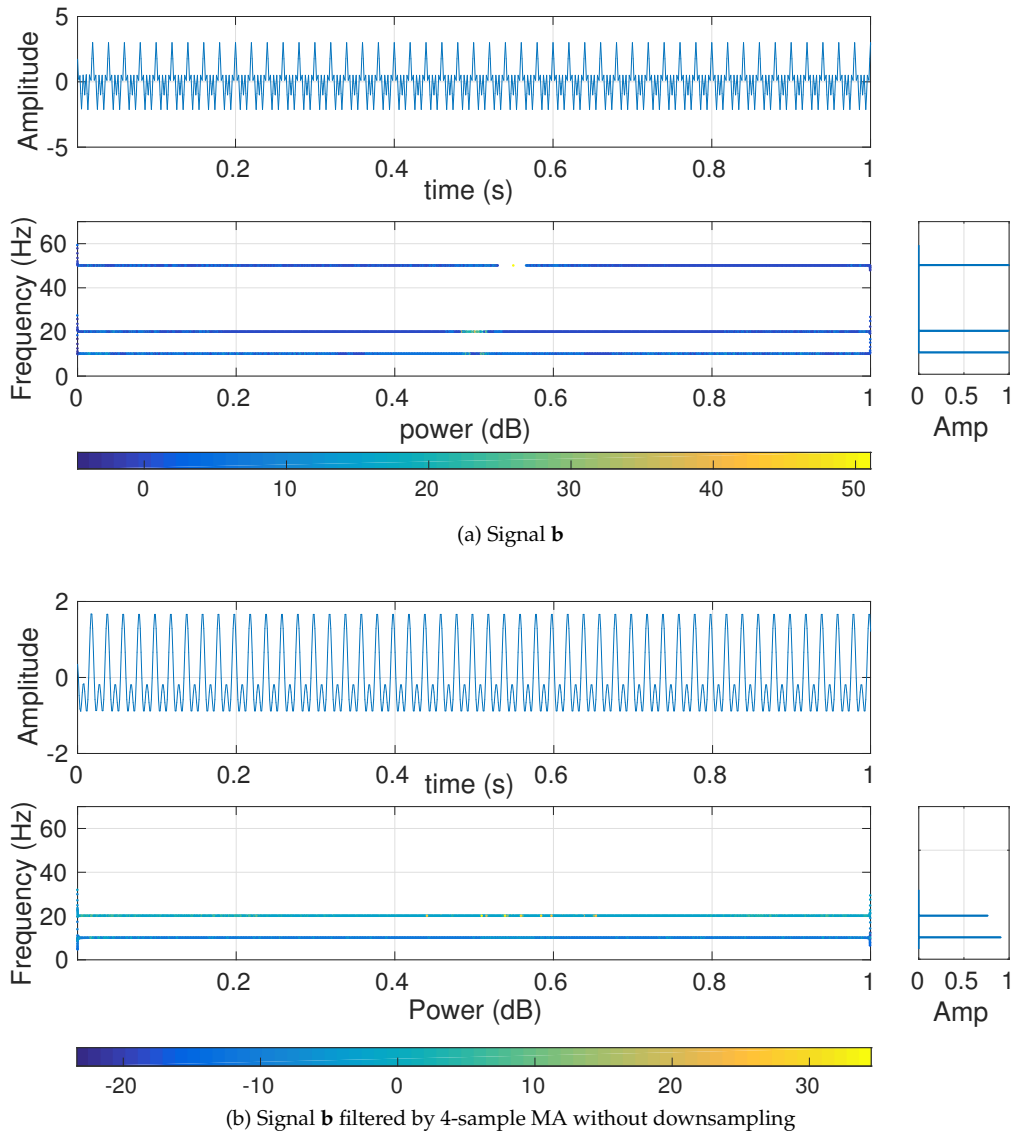


Figure 3. Hilbert transform of the decomposed VMD-based IMFs obtained from (a) $b_i = \cos(2\pi 10i) + \cos(2\pi 20i) + \cos(2\pi 50i)$ and (b) **b** filtered by 20-sample MA (scale 20).

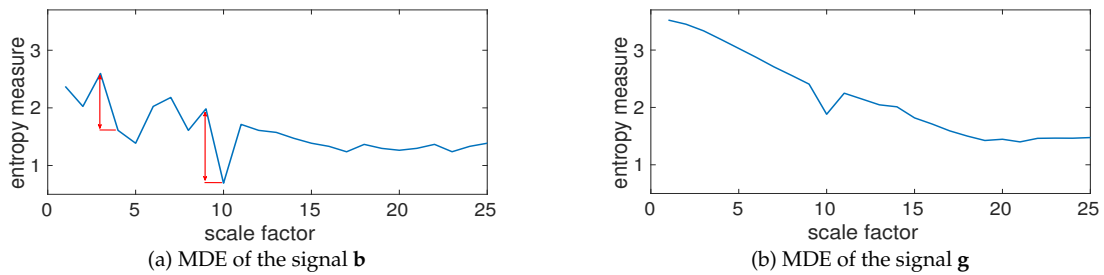


Figure 4. MDE values for (a) $b_i = \cos(2\pi 10i) + \cos(2\pi 20i) + \cos(2\pi 50i)$ and (b) $g_i = b_i + \eta$. The largest changes in entropy values (the red double arrows) occur at temporal scale 4 and 10 (respectively correspond to $50 = \frac{200}{4}$ and $20 = \frac{200}{10}$)

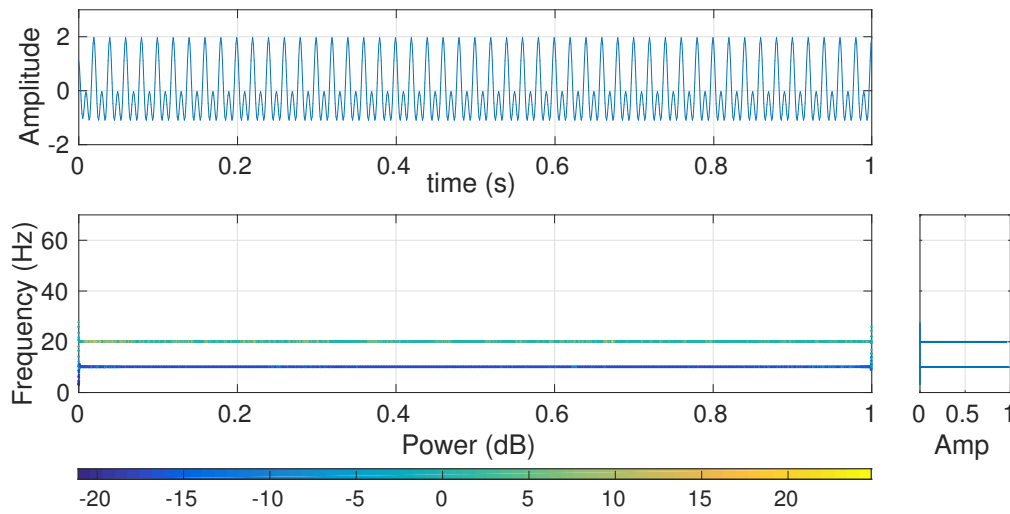


Figure 5. Hilbert transform of the decomposed VMD-based IMFs obtained from the signal **b** for CSI at scale 2.

259 4.1.3. Effect of Downsampling and Sampling Frequency on Multiscale Entropy Methods

260 To investigate the effect of downsampling (without low-pass filtering) on multiscale entropy
 261 approaches, we created the signal $s_i = \cos(2\pi i)$ with length 300 sample points and sampling frequency
 262 10 Hz, and (b) $w_i = \cos(2\pi i)$ with length 300 sample points and sampling frequency 100Hz. The
 263 signals and their downsampled series by a factor of 12 are depicted in Figure 8.

264 When the sampling frequency of a time series is close to its main frequency components (see s -
 265 Figure 8(a)), the downsampled signal may have a lower frequency component in comparison with the
 266 original signal. It shows the effect of aliasing in the time series. Accordingly, the downsampled signals
 267 are more regular (have smaller entropy values). It is confirmed by the fact that the DispEn of **s** and its
 268 corresponding downsampled series are 2.0267 and 1.6058, respectively.

269 On the other hand, when the sampling frequency is high (see **w** - Figure 8(b)), the amplitude values
 270 of downsampled signal are approximately equal to those of the original signal. However, as the number
 271 of sample points decreases by 12, the rate of change along sample points is 12 times larger than that
 272 for the original signal. Thus, the original signal is more regular than its corresponding downsampled
 273 series. It is confirmed by the fact that the DispEn of **w** and its corresponding downsampled series are
 274 respectively 1.9618 and 2.5539.

275 4.1.4. Multiscale Entropy Methods vs. Noise

276 All the complexity methods are used to distinguish the dynamics of white from pink noise. The
 277 mean and SD of results for the signals with length 8,000 (long series) and 400 (short series) sample
 278 points are respectively depicted in Figures 9 and 10. The results obtained by the complexity techniques
 279 with DS show that the entropy values decrease monotonically with scale factor τ for white noise.
 280 However, for pink noise, the entropy values become approximately constant over larger-scale factors.
 281 These are in agreement with the fact that, unlike white noise, $1/f$ noise has structure across temporal
 282 scale factors [3,5]. The profiles for MDE_{MA} and MSE_{MA} without DS, MDE_{BW} and MSE_{BW} without DS,
 283 InMSE, and InMDE decrease along the temporal scales as there is not a DS process to increase the rate
 284 of changes to increase entropy values. It should be mentioned that as the crossing point of profiles for
 285 white and pink noise is at scale 23, τ_{max} for the MA-based coarse graining is equal to 50. Furthermore,
 286 τ_{max} for InMSE and InMDE is 10, as the entropy values at high scales are close to 0.

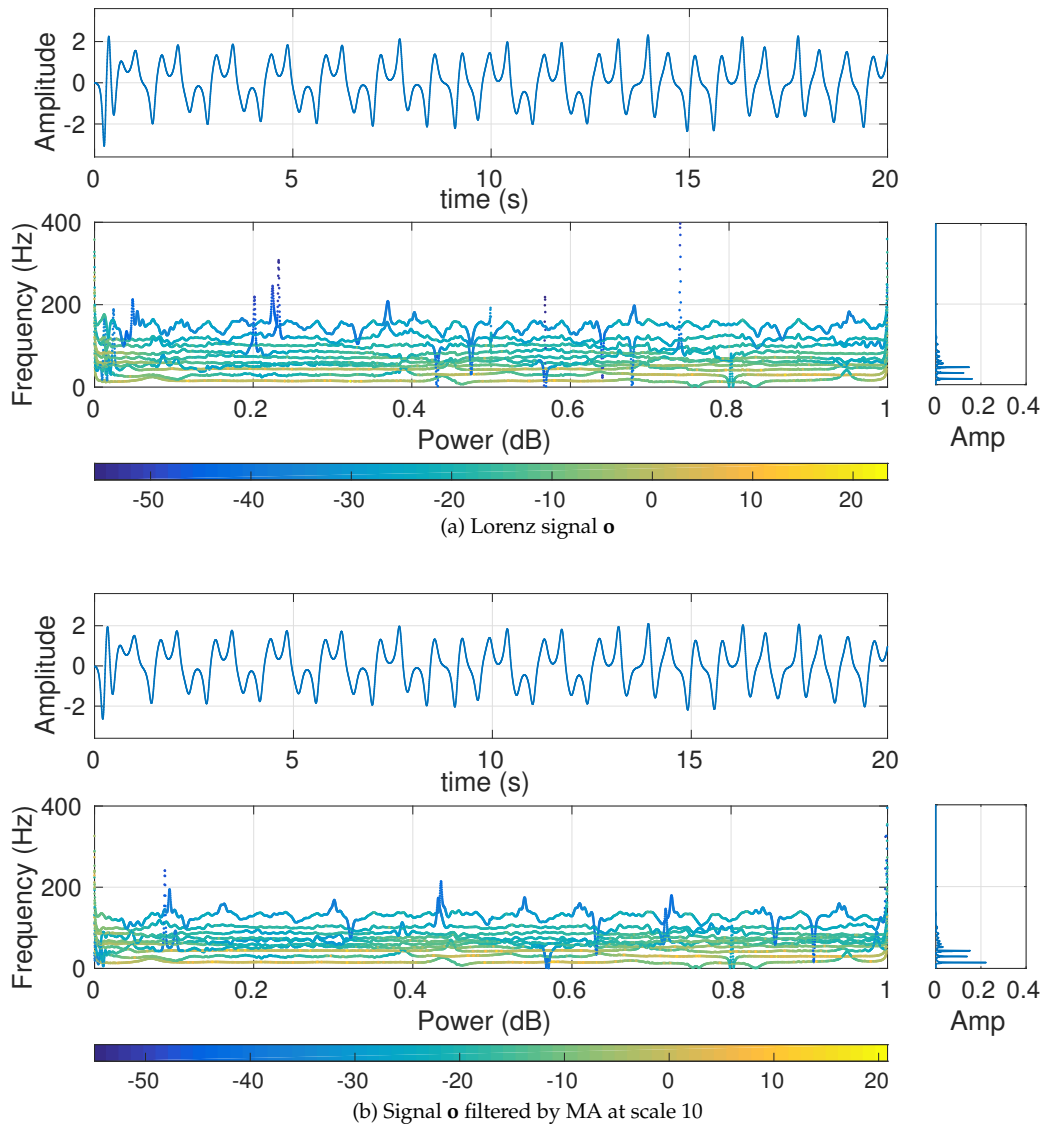


Figure 6. Hilbert transform of the decomposed VMD-based IMFs obtained from (a) the Lorenz signal \mathbf{o} and (b) \mathbf{o} filtered by MA at scale 10.

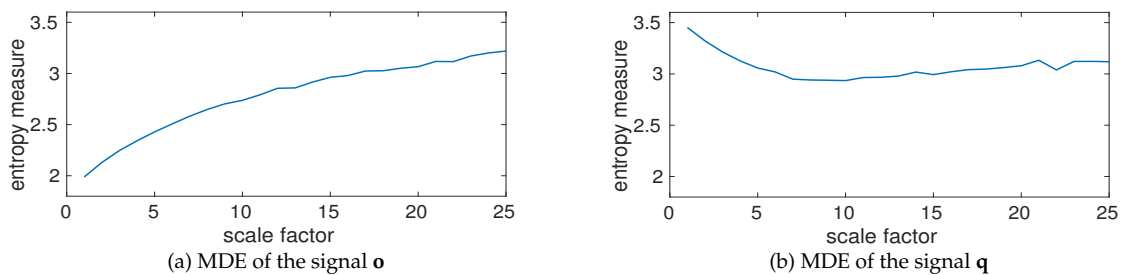


Figure 7. MDE results for (a) the Lorenz signal \mathbf{o} and $q_i = o_i + \eta$.

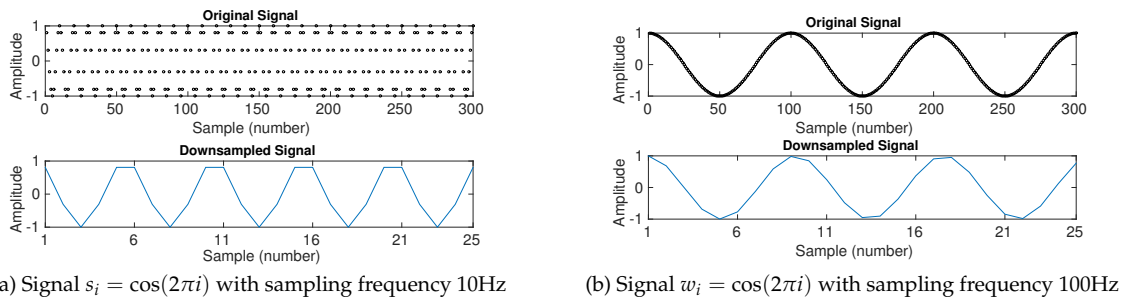


Figure 8. Downsampling the signal $s_i = \cos(2\pi i)$ with length 300 sample points and sampling frequency 10Hz, and (b) $w_i = \cos(2\pi i)$ with length 300 sample points and sampling frequency 100Hz. The factor of downsampling is 12.

Table 2. CV values obtained by the complexity measures at scale factor 10 for forty realizations of pink and white noise with length 8,000 sample points. Note that the scales 25 and 5 are considered for MSE_{MA} and MDE_{MA} , and InMSE and InMDE, respectively.

Noise	MDE	RCMDE	MDE_{MA} (scale 25)	MDE_{BW}	RCMDE _{BW}	MDE_{BW} without DS	InMDE (scale 5)
Pink	0.0058	0.0038	0.0069	0.0044	0.0038	0.0031	0.0091
White	0.0174	0.0124	0.0246	0.0166	0.0115	0.0182	0.0394

Noise	MSE	RCMSE	MSE_{MA} (scale 25)	MSE_{BW}	RCMSE _{BW}	MSE_{BW} without DS	InMSE (scale 5)
Pink	0.0186	0.0105	0.0131	0.0176	0.0124	0.0130	0.0982
White	0.0201	0.0133	0.0135	0.0219	0.0203	0.0308	0.1330

287 Entropy values obtained by MSE, RCMSE, MSE_{BW} , and RCMSE_{BW} are undefined at high scale
 288 factors. Comparing Figures 9 and 10 demonstrates that the longer the signals, the more robust the
 289 multiscale entropy estimations. The results also show that InMDE, compared with InMSE, better
 290 discriminates white from pink noise.

291 To compare the results obtained by the complexity algorithms, we used the coefficient of variation
 292 (CV) defined as the SD divided by the mean. We use such a metric as the SDs of signals may increase
 293 or decrease proportionally to the mean. The CV values at scale 10, as a trade-off between low and high
 294 scale factors, for noise signals with length 8,000 and 400 sample points are respectively illustrated in
 295 Tables 2 and 3. Of note is that we consider scale 25 and 5 for the MSE_{MA} and MDE_{MA} , and InMSE and
 296 InMDE profiles, respectively. The refined composite technique decreases the CVs for all the MSE- and
 297 MDE-based algorithms, showing its advantage to improve the stability of results for short and long
 298 noise. The smallest CVs for long pink and white noise are our developed MDE_{BW} without DS and
 299 RCMDE_{BW} methods, respectively. The smallest CVs for short pink and white noise are achieved by
 300 RCMDE_{BW} and RCMDE, respectively. Overall, the smallest CVs are obtained by the DispEn-based
 301 complexity measures.

Table 3. CV values obtained by the complexity measures at scale factor 10 for forty realizations of pink and white noise with length 400 sample points. Note that the scales 25 and 5 are considered for MSE_{MA} and MDE_{MA} , and InMSE and InMDE, respectively.

Noise	MDE	RCMDE	MDE_{MA} (scale 25)	MDE_{BW}	RCMDE _{BW}	MDE_{BW} without DS	InMDE (scale 5)
Pink	0.0317	0.0194	0.0473	0.0320	0.0141	0.0204	0.0522
White	0.0726	0.0415	0.1116	0.0929	0.0876	0.0726	0.1435

Noise	MSE	RCMSE	MSE_{MA} (scale 25)	MSE_{BW}	RCMSE _{BW}	MSE_{BW} without DS	InMSE (scale 5)
Pink	undefined	0.1327	0.0434	undefined	0.2008	0.0822	0.2351
White	0.2385	0.0738	0.0605	0.2024	0.1736	0.1060	0.3779

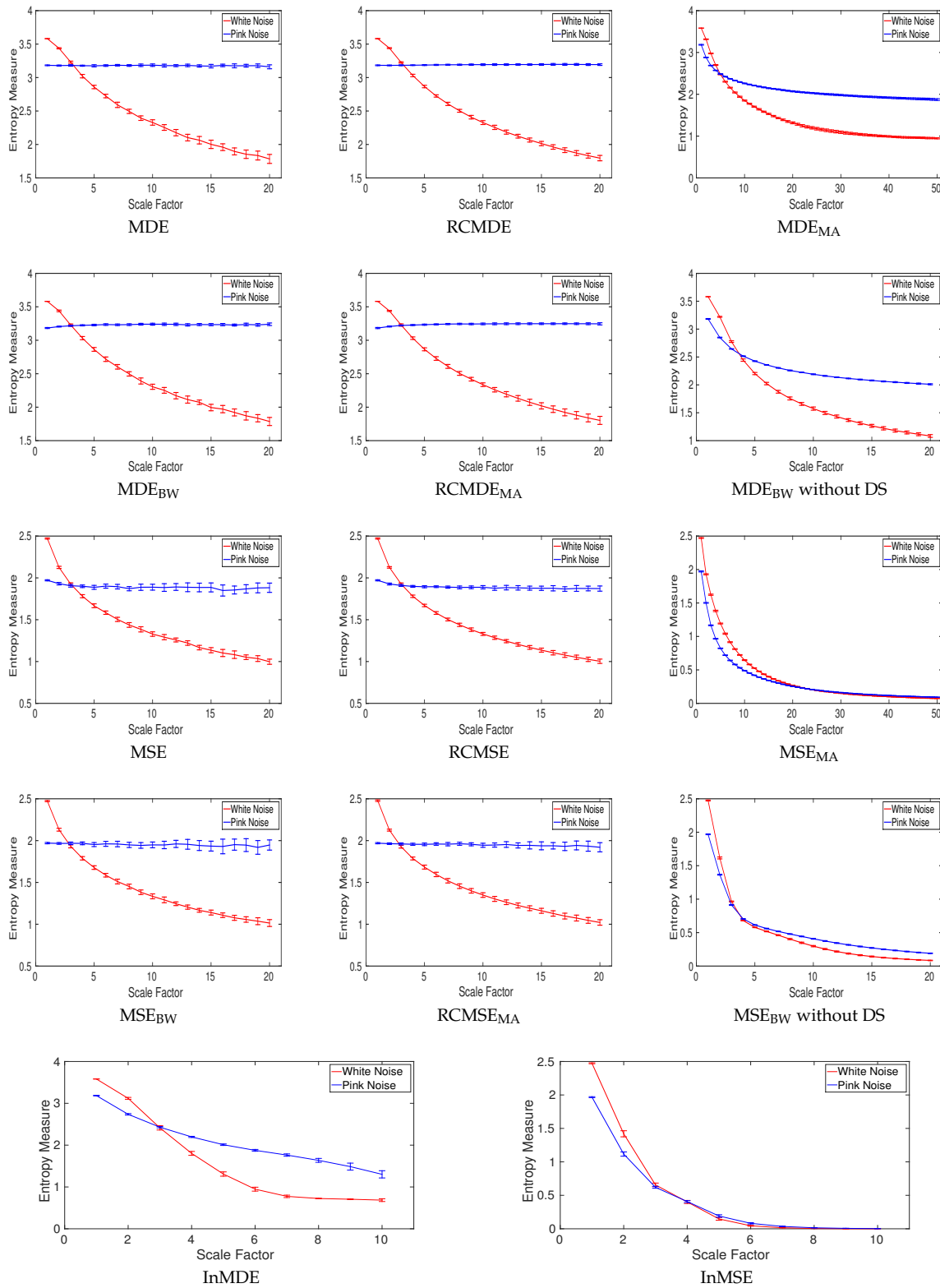


Figure 9. Mean value and SD of results obtained by the complexity measures computed from 40 different realizations of pink and white noise with length 8,000 samples. Red and blue demonstrate white and pink noise, respectively.

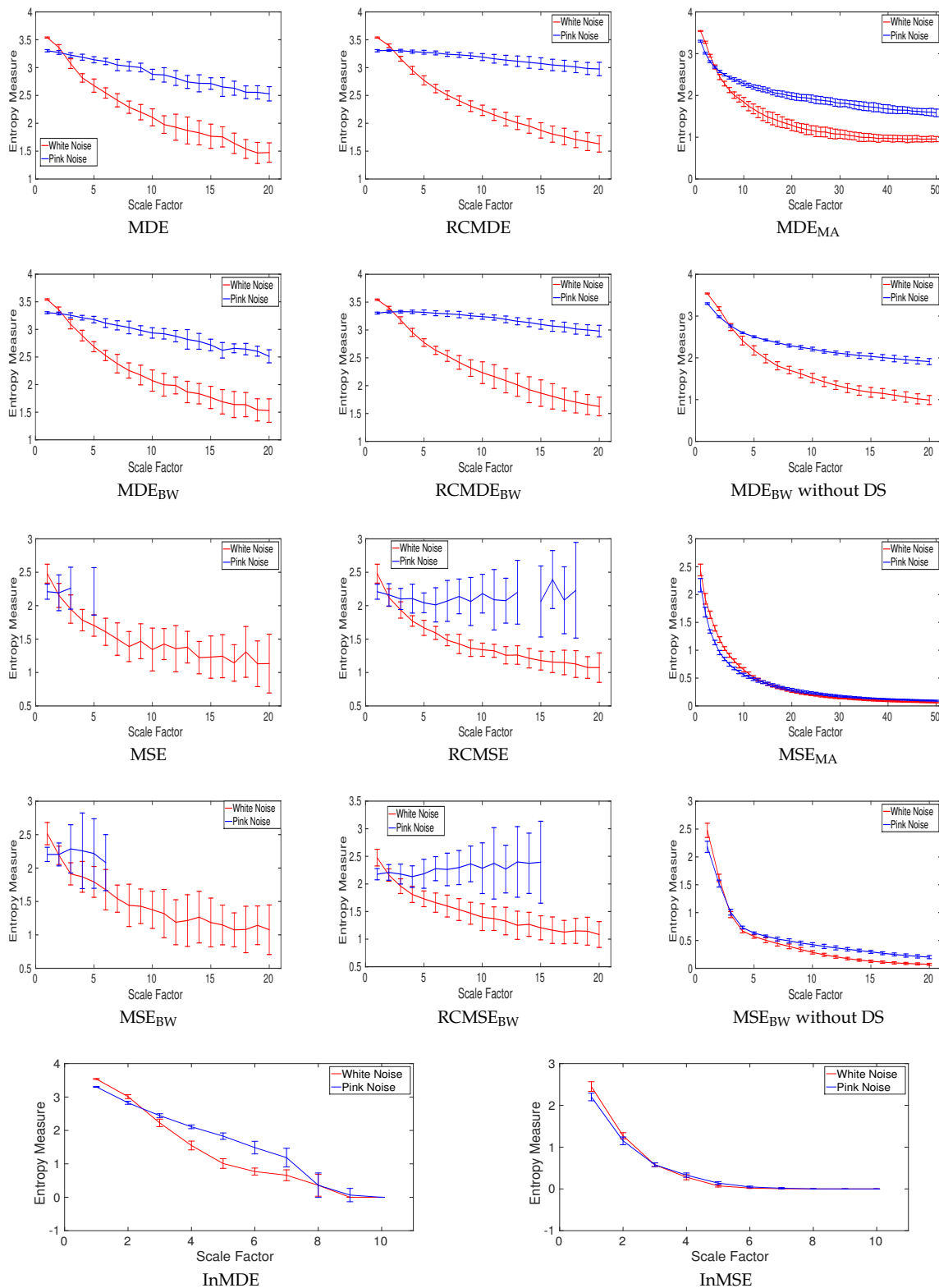


Figure 10. Mean value and SD of results obtained by the complexity measures computed from 40 different realizations of pink and white noise with length 400 samples. Entropy values obtained by MSE, RCMSE, MSE_{BW}, and RCMSE_{BW} are undefined at several high scale factors. Red and blue demonstrate white and pink noise, respectively.

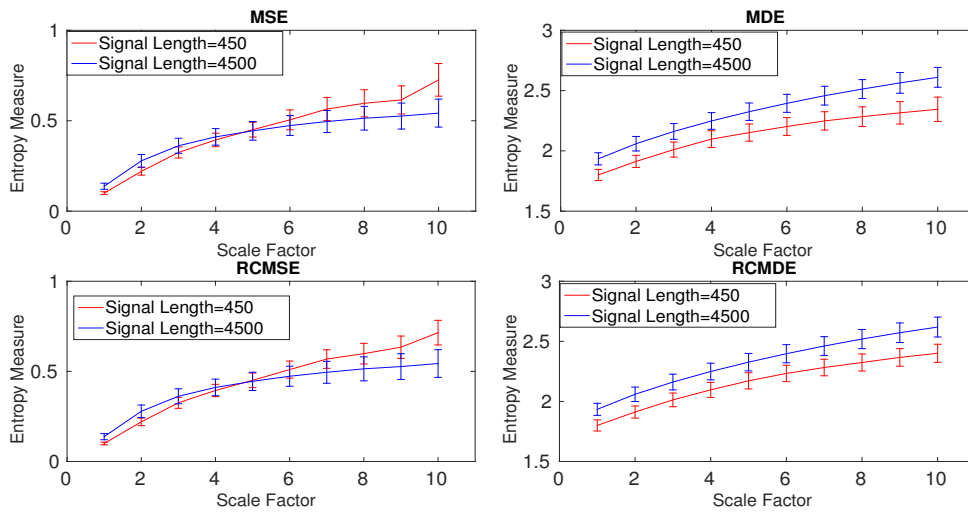


Figure 11. Mean and SD of the results obtained by the MSE, MDE, RCMSE, and RCMDE for the Lorenz series with lengths 450 and 4,500 sample points.

Table 4. CVs of MSE, RCMSE, MDE, and RCMDE values for the 40 different realizations of the Lorenz signals with length 450 and 4,500 samples at scale five.

Signal length	MSE	MDE	RCMSE	RCMDE
450 sample points	0.1000	0.0898	0.0700	0.0309
4,500 sample points	0.1156	0.0310	0.1134	0.0312

302 4.1.5. Effect of Refined Composite on Nonlinear Systems Without Noise

303 To understand the effect of the refined composite technique on nonlinear signals without noise, we
 304 created 40 realizations of two Lorenz signals with lengths of 450 and 4,500 sample points and sampling
 305 frequency (f_s) 150Hz. To have a nonlinear behavior, the values of $\lambda = 10$, $\beta = \frac{8}{3}$, and $\rho = 28$ were used
 306 in the Lorenz system [26,27]. The results obtained by MSE, MDE, RCMSE, and RCMDE are depicted
 307 in Figure 11 and are in agreement with [25,27]. Of note is that the entropy values for RCMSE_{BW} and
 308 RCMDE_{BW} are similar to those for RCMSE and RCMDE, respectively. Thus, these results are not
 309 shown herein.

310 To investigate the effect of the refined composite technique on the stability of results, the CVs
 311 for the multiscale approaches at scale 5 are calculated. The smallest CVs are obtained by MDE and
 312 RCMDE approaches. The results also suggest that the refined composite does not improve the stability
 313 of profiles for the signal with length 4500 samples (long signals). For the Lorenz series with length 450
 314 sample points, RCMSE and RCMDE lead to smaller CV values in comparison with MSE and MDE, in
 315 that order, showing the importance of the refined composite method to characterize small time series.

316 4.2. Real Signals

317 4.2.1. Dataset of Focal and Non-focal Brain Activity

318 For the focal and non-focal EEG dataset, the results obtained by MSE, MDE, RCMSE, RCMDE,
 319 MSE_{BW}, MDE_{BW}, InMSE, and InMDE, depicted in Figure 12, show that the non-focal signals are more
 320 complex than the focal ones. This fact is in agreement with previous studies [28,35].

321 The results for RCMSE_{BW} and RCMDE_{BW} were respectively similar to those for MSE_{BW} and
 322 MDE_{BW}. Thus, they are not shown herein. Note that, for MDE and RCMDE, τ_{max} and m respectively
 323 were 30 and 3. It also should be mentioned that the average entropy values over 2 channels for these
 324 bivariate EEG signals are reported for the univariate complexity techniques.

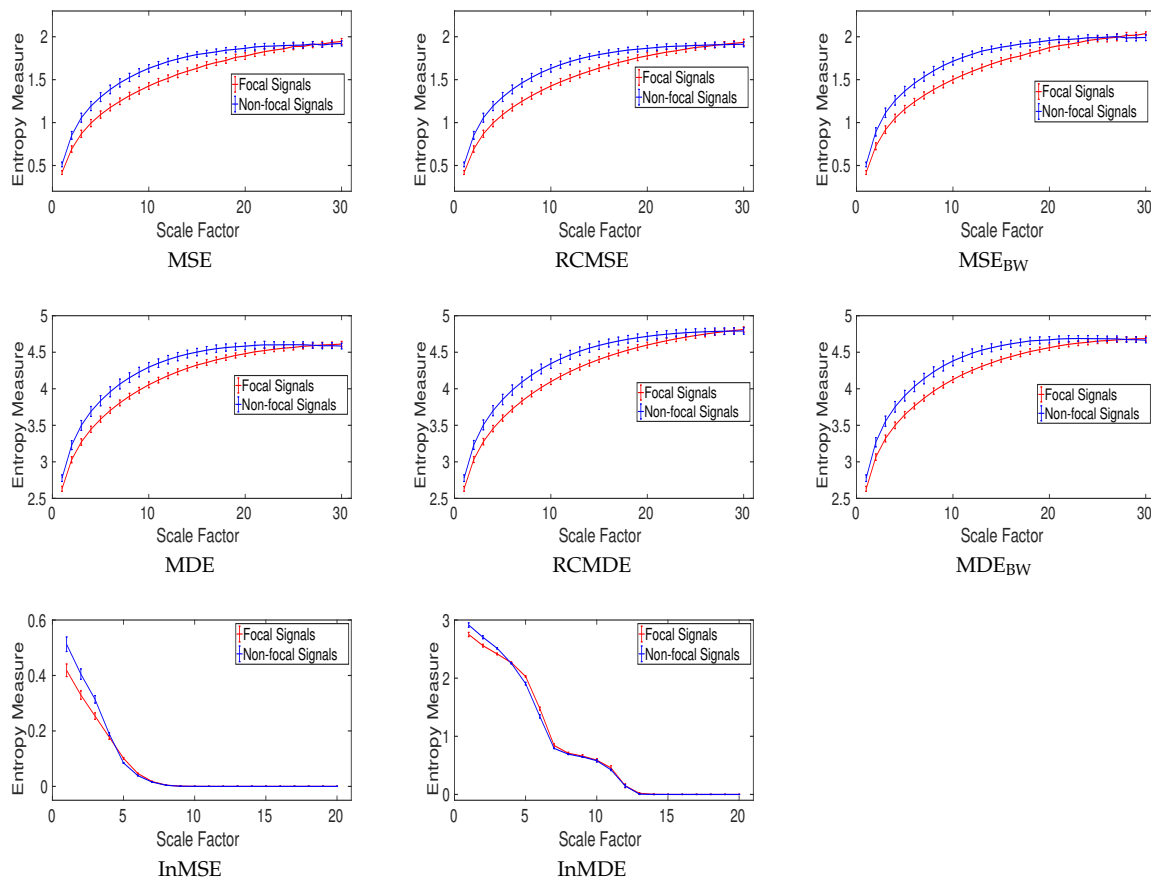


Figure 12. Mean value and SD of results obtained by the MSE, MDE, RCMSE, RCMDE, MSE_{BW}, MDE_{BW}, InMSE, and InMDE computed from the focal and non-focal EEGs.

Table 5. CVs of MSE, RCMSE, MSE_{BW} , MDE, RCMDE, and MDE_{BW} values for the focal and non-focal EEGs at scale 15.

Signals	MSE	RCMSE	MSE_{BW}	MDE	RCMDE	MDE_{BW}
Focal EEGs	0.0229	0.0229	0.0224	0.0083	0.0089	0.0083
Non-focal EEGs	0.0178	0.0191	0.0172	0.0111	0.0121	0.0109

Table 6. CV values obtained by the complexity measures for the stride interval recordings for young and old subjects.

Signals	$RCMDE_{BW}$	RCMDE	MDE_{BW} without DS	$RCMSE_{BW}$
Young subjects	0.0355	0.0410	0.0334	0.0644
Old subjects	0.0517	0.0540	0.0449	0.0723

325 To compare the results, the CV values obtained by the univariate multiscale approaches, except
 326 InMSE and InMDE, are calculated at scale factor 15. These are shown in Table 5. The CV values for
 327 MDE, RCMDE, MSE, and RCMSE illustrate that the refined composite approach does not enhance the
 328 stability of the MDE and MSE profiles. Overall, the smallest CV values are achieved by DispEn-based
 329 complexity methods.

330 4.2.2. Dataset of Stride Internal Fluctuations

331 In Figure 13, the mean and SD of the $RCMDE_{BW}$, RCMDE, MDE_{MA} , MDE_{BW} without DS, InMDE,
 332 $RCMSE_{BW}$, RCMSE, MSE_{MA} , MSE_{BW} without DS, and InMSE values computed from young and old
 333 subjects' stride internal fluctuations are illustrated. As the number of samples for these time series are
 334 between 400 to 800 sample points, we do not use MSE, MDE, MSE_{BW} , and MDE_{BW} .

335 For each scale factor, the average of entropy values for elderly subjects is smaller than that for
 336 young ones, in agreement with those obtained by the other entropy-based methods [36] and the
 337 fact that recordings from healthy young subjects correspond to more complex states because of their
 338 ability to adapt to adverse conditions whereas aged individuals' signals present complexity loss
 339 [3,5,37]. The results also suggest that when dealing with short signals, the complexity measures
 340 without downsampling (i.e., MSE_{MA} , MDE_{MA} , and MSE_{BW} and MDE_{BW} without DS) are appropriate
 341 to distinguish different kinds of dynamics of real signals.

342 The CV values at those scales whose profiles do not have an overlap are illustrated in Table 6. It is
 343 found that MDE_{BW} without DS leads to the smallest CV values.

344 5. Time Delay, Downsampling, and Nyquist Frequency

345 According the previous complexity-based approaches [2,3,13,15], the time delay was equal to 1 in
 346 this study. Nevertheless, if the sampling frequency is considerably larger than the highest frequency
 347 component of a signal, the first minimum or zero crossing of the autocorrelation function or mutual
 348 information can be used for the selection of an appropriate time delay [38].

349 Alternatively, a signal may be downsampled before calculating the complexity-based entropy
 350 approaches to adjust its highest frequency component to its Nyquist frequency ($f_s/2$) [39]. Accordingly,
 351 when the coarse-graining process starts, the low-pass filtering will affect the highest frequency
 352 component of the signal at low temporal scale factors. It is worth noting that if the main frequency
 353 components of the signal are considerably lower than its highest frequency component (e.g., the signal
 354 \mathbf{o} - please see Figure 6), the filtering process may make only little change in the amplitude values of
 355 the signal at even large scales.

356 6. Future Work

357 Wavelet transform, which is a powerful filter bank broadly used for analysis of non-stationary
 358 recordings, can be employed to decompose a signal to several series with specific frequency bands

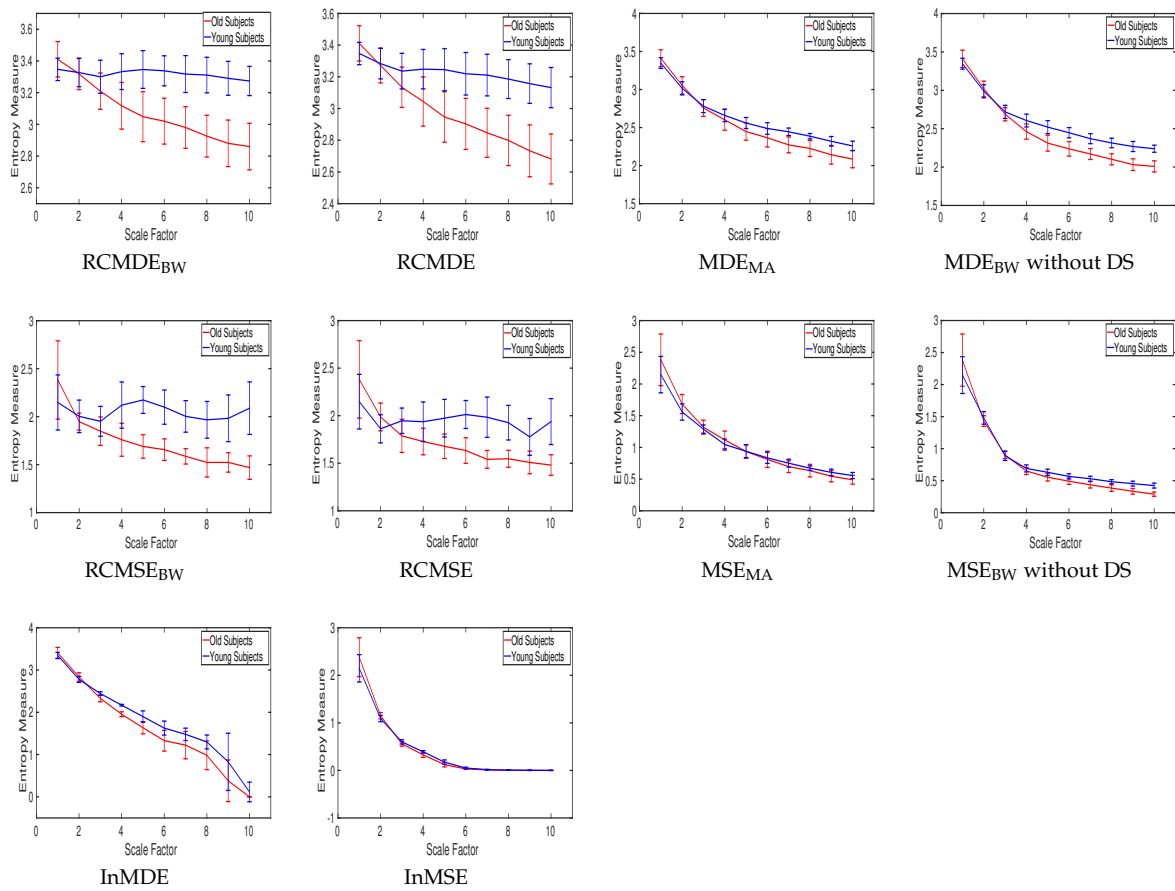


Figure 13. Mean value and SD of results obtained by the complexity measures computed from the young and old subjects' stride interval recordings.

[40]. Accordingly, the wavelet-based filter bank could be used as a complexity approach. VMD can also be used as an alternative to EMD in InMSE and InMDE. VMD, unlike EMD, provides a solution to the decomposition problem that is theoretically well founded and more robust to noise than EMD [16]. A recent development in the field has tried to generalize multivariate and univariate multiscale algorithms to a family of statistics by using different moments (e.g., variance, skewness, and kurtosis) in the univariate and multivariate coarse-graining process [25,41–43]. It is recommended to compare these techniques in the context of signal processing and to investigate their interpretations. As the existing univariate and even multivariate coarse-graining processes filter only series in each channel separately [37,42,44], there is a need to propose new multivariate filters dealing with the spatial and time domains at the same time.

7. Conclusions

In summary, we have compared existing and newly proposed coarse-graining approaches for univariate multiscale entropy estimation. Our results indicate that, as expected due to the filter bank properties of the EMD [32] in comparison with moving average and Butterworth filtering, the cut-off frequencies at each temporal scale τ of the former are considerably smaller than those for the latter. Therefore, InMSE and our developed InMDE have entropy values very close to 0 for relatively low values of temporal scales due to the exponential, rather than linear, dependency of the bandwidth at each scale. We also inspected the effect of the downsampling in the coarse-graining process in the entropy values showing that it may lead to increased or decreased values of entropy depending on the sampling frequency of the time series.

Our results confirmed previous reports indicating that, when dealing with short or noisy signals, the refined composite approach [14,25] may improve the stability of entropy results. On the other hand, for long signals with relatively low levels of noise, the refine composite method makes little difference in the quality of the entropy estimation at the expense of a considerable additional computational cost. In any case, the use of dispersion entropy over sample entropy in the estimations led to more stable results based on CV values and ensured that the entropy values were defined at all temporal scales.

Finally, the profiles obtained by the multiscale techniques with and without downsampling led to similar findings (e.g., pink noise is more complex than white noise based on all the complexity methods) although the specific values of entropy may differ depending on the coarse-graining used. This suggests that downsampling within the coarse-graining procedure may not be needed to quantify the complexity of signals, especially for short ones. In fact, this kind of techniques still eliminates the fast temporal scales to deal with progressively slower time scales as τ increases and takes into account multiple time scales inherent in time series.

On the whole, it is expected that these findings contribute to the ongoing discussion regarding the development of stable, fast, and less sensitive-to-noise complexity approaches appropriate for either short or long time series. We recommend that future studies explicitly justify their choices for coarse-graining procedure in the light of the characteristics of the signals under analysis and the hypothesis of the study, and that they discuss their findings on the light of the behaviour of the selected entropy metric and coarse-graining procedure.

Author Contributions: Hamed Azami and Javier Escudero conceived and designed the methodology. Hamed Azami was responsible for analysing and writing the paper. Both the authors contributed critically to revise the results and discussed them and have read and approved the final manuscript.

Conflicts of Interest: The authors declare no conflict of interest.

Appendix. Matlab Codes used in this Article

The Matlab codes of DispEn and MDE are available at <https://datashare.is.ed.ac.uk/handle/10283/2637>. The codes of SampEn and MSE can be found at <https://physionet.org/physiotools/matlab/wfdb-app-matlab/>. The code of EMD is also available at <http://perso.ens-lyon.fr/patrick>.

406 [flandrin/emd.html](#). For the Butterworth filter, we used the functions “butter” and “filter” in Matlab
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