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1 **Title:** **Microvascular complications in diabetes patients with heart**
2 **failure and reduced ejection fraction – insights from the Beta-**
3 **blocker Evaluation of Survival Trial**

4 **Running title** Diabetes with complications in HFrEF

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ABSTRACT

Aims: The role of microvascular complications in the risk conferred by diabetes in heart failure with reduced ejection fraction (HFrEF) is unknown.

Methods and results: We studied 2707 HFrEF patients in the Beta-blocker Evaluation of Survival Trial (BEST), stratified into 3 groups: no diabetes and diabetes without or with microvascular complications (neuropathy, nephropathy or retinopathy). The risks of the composite of cardiovascular death or heart failure hospitalization, and all-cause death, were studied using Cox regression analyses adjusted for other prognostic variables. 964 patients had diabetes, of which 313 (32%) had microvascular complications. Patients with microvascular complications had more severe symptoms (New York Heart Association class IV 12% vs. 9% diabetes with no complications and 7% no diabetes), and worse quality of life (Minnesota living with HF median score 60 vs. 54 and 51 points). In patients with diabetes and complications, the rate of the composite outcome was 45 per 100 person-years of follow-up (compared with 34 and 29 in those with diabetes and no microvascular complications and participants without diabetes, respectively). Compared to patients without diabetes, the adjusted hazard ratio (HR) for the composite outcome was 1.44 (95% CI 1.22-1.70) and 1.18 (1.03-1.35) for patients with diabetes with and without complications, respectively. The risk of all-cause mortality was similarly elevated: adjusted HR 1.42 (95% CI 1.16-1.74) and 1.20 (1.01-1.42), respectively.

Conclusion: In HFrEF, diabetes with microvascular complications is associated with worse symptoms and outcomes, than diabetes without microvascular complications. Prevention of microvascular complications has the potential to improve HFrEF outcomes.

Keywords: heart failure, diabetes, microvascular complications

Clinical Trial Registration: URL <http://www.clinicaltrials.gov>. Unique identifier NCT00000560

INTRODUCTION

1

2 It is well known that many patients with heart failure have a concomitant diagnosis of type 2
3 diabetes and many additional patients have pre-diabetic dysglycemia.¹⁻³ Heart failure patients with
4 diabetes or pre-diabetic dysglycemia have worse clinical outcomes than those observed in patients
5 with normal glycated hemoglobin.¹⁻³ How diabetes and dysglycemia confer an excess risk in heart
6 failure is uncertain. In individuals with diabetes, but without heart failure, microvascular disease,
7 manifest as retinopathy, neuropathy and nephropathy, is strongly associated with adverse clinical
8 outcomes. Furthermore, in these individuals, more microvascular complications are associated with
9 greater risk.⁴⁻⁶ By contrast, the role of microvascular complications in the detrimental consequences
10 of diabetes in heart failure with reduced ejection fraction (HFrEF) is unknown. We have
11 investigated this question further in the Beta-blocker Evaluation of Survival Trial (BEST).

12

13

14

METHODS

15 BEST was a double-blind, placebo-controlled, randomized trial funded by the National Heart, Lung,
16 and Blood Institute and the Department of Veterans Affairs. The design and results are published.⁷⁻⁹
17 The trial was approved by the ethics committee at each study center, and all patients provided written
18 informed consent. We used the de-identified public-use copy of BEST which included all but one
19 participant, in the present analysis available at <https://biolincc.nhlbi.nih.gov/studies/best/> upon
20 application.

21 .

22 **Study Patients:** Briefly, 2708 patients assessed to be in New York Heart Association (NYHA)
23 functional class III, or IV and with a left ventricular ejection fraction (LVEF) $\leq 35\%$, were enrolled
24 in the United States and Canada between 1995 and 1998, and randomly assigned to receive

1 bucindolol or placebo. They were required to be on optimal medical therapy including the use of
2 angiotensin-converting enzyme inhibitor therapy and before the publication of the Digitalis
3 Investigation Group trial, digoxin was also required but afterwards it became discretionary.¹⁰ Key
4 exclusion criteria included reversible causes of HFrEF, uncorrected primary valve disease,
5 obstructive or hypertrophic cardiomyopathy, amyloidosis, myocarditis or a history of myocardial
6 infarction within the previous six months.

7 ***Diabetes and complications of diabetes:*** In BEST, information about diabetes and the complications of
8 diabetes was collected by means of questions on the trial case report form. Regarding diagnosis, the
9 question was “Does the patient have a documented history of diabetes at baseline (prior to
10 randomization)?” Investigators were asked about microvascular complications as follows: “Does the
11 patient have documented diabetic end organ disease at baseline (prior to randomization)?” If answered
12 yes, there were additional questions (yes/no answers) about retinopathy, nephropathy and neuropathy.
13 In the present analyses, we further defined “macrovascular” complications of diabetes as either
14 evidence of coronary artery disease (prior myocardial infarction; prior coronary artery bypass grafting,
15 prior coronary angioplasty; greater than 70% stenosis with corresponding wall motion abnormality, by
16 coronary angiography; symptoms of angina; a positive stress perfusion study or a positive exercise test
17 with interpretable baseline ECG) or peripheral artery disease. History of stroke/cerebrovascular disease
18 was not collected in BEST.

19 We divided patients with diabetes according to the presence of microvascular complications and for
20 sensitivity analyses further into 4 groups according to the presence or absence of macrovascular
21 complications. Additionally, we compared the impact of each microvascular complication separately as
22 well as the risk associated with having more than one microvascular complication, and we repeated
23 analyses without African-American patients.

1 **Outcomes:** The primary outcome in BEST was all-cause death but in the present manuscript we also
2 examined the composite of cardiovascular death or heart failure hospitalization and each of its
3 components, which were pre-specified secondary endpoints in the trial.

4 **Statistics:** Baseline characteristics are presented as means with standard deviations for continuous
5 variables and frequencies and percentages for categorical variables. Unadjusted event rates are reported
6 per 100 patient years of follow-up according to diabetes status and the presence of microvascular
7 complications. Cox proportional hazard models were applied to calculate hazard ratios (HR) and
8 cumulative event curves according to diabetes status. The adjusted Cox regression models included
9 information on age, sex, treatment, race (Caucasian vs. all other), systolic blood pressure, NYHA class,
10 LVEF, heart rate, body mass index, estimated glomerular filtration rate (eGFR), heart failure duration,
11 ischemic etiology, history of hypertension, atrial fibrillation and presence of a pacemaker or implanted
12 cardioverter defibrillator. Log (-log(survival)) curves were used to evaluate the proportional hazard
13 assumption. The assumption of linearity of continuous variables (age) were tested by including a
14 variable of age squared. All p values are two-sided, and a p value of <0.05 was considered significant.
15 Analyses were performed using Stata version 14 (StataCorp. College Station, Texas, USA), and SAS
16 version 9.4 (SAS Institute, North Carolina, USA).

19 **RESULTS**

20 The present analysis included 2707 patients, of which 963 (36%) had diabetes. Of those with
21 diabetes, 651 (24% of all participants; 68% of those with diabetes) did not have microvascular
22 complications reported whereas 312 (12%; 32%) did. Median follow-up was 2.1 years among
23 patients without diabetes, 2.0 years among patients with diabetes but no microvascular

1 complications and 1.6 years among patients with diabetes and microvascular complications. Among
2 the 312 patients with microvascular complications, 107 (34%) were reported to have nephropathy,
3 135 (43%) retinopathy, and 216 (69%) neuropathy. In terms of number of microvascular
4 complications 197 (63%) had one, 85 (27%) had two and 29 (9%) had all three microvascular
5 complications.

6 **Baseline characteristics:** As shown in Table 1, individuals without diabetes were, on average,
7 younger (mean age 59.6 years) than both those with diabetes and no complications (61.2 years) and
8 diabetes with microvascular complications (61.8 years). Patients without diabetes had shortest
9 median duration of heart failure (36, 36 and 53 months, respectively) or to be in NYHA class IV
10 (7%, 9% and 12%, respectively); patients without diabetes had the best, and those with diabetes and
11 microvascular complications the worst, disease-related quality of life, evaluated using the
12 Minnesota Living with Heart Failure score (51, 54 and 60 points, respectively). Compared to those
13 without diabetes, kidney function was most markedly reduced (eGFR 70, 70 and 54 ml/min/1.73m²,
14 respectively) and plasma norepinephrine was lowest (537, 481 and 467 pg/ml, respectively) in
15 patients with microvascular complications. Patients without diabetes were least likely, and those
16 with microvascular complications most likely, to have an ischemic etiology (54%, 65% and 72%,
17 respectively) and history of hypertension (53%, 68% and 73%, respectively). Among patients with
18 diabetes, those with microvascular complications were more likely to be treated with insulin (68%
19 versus 28% in patients with diabetes but without microvascular complications).

20 **Clinical outcomes according to microvascular complication status:** The rates of the composite
21 outcome of cardiovascular death or heart failure hospitalization, each of its components and death
22 from any cause were lowest in patients without diabetes, intermediate in individuals with diabetes
23 but without microvascular complications and highest in those with diabetes and microvascular
24 complications (Table 2 and Figure 1).

1 In adjusted analyses, compared to participants without diabetes, the risk of the composite outcome
2 was significantly higher in those with diabetes and without microvascular complications (HR 1.18
3 [1.03-1.35]), as well as in individuals with diabetes and complications (HR 1.44 [1.22-1.70]).
4 Quantitatively similar trends were apparent for the components of this composite outcome and for
5 death from any cause, although the higher risks were only statistically significant in patients with
6 diabetes and microvascular complications and not in diabetes patients without microvascular
7 complications (Table 2 and Figure 1). Compared to those without diabetes, the adjusted risk of
8 these adverse clinical outcomes was around 15-20% higher in patients with diabetes and no
9 microvascular complications and approximately 35-50% higher in patients with diabetes and
10 microvascular complications. A direct comparison of outcomes in diabetes patients with and
11 without microvascular complications is listed in the Appendix (Supplementary Table 1). Analyses
12 excluding African-American patients (n=627), yielded results similar to those of the primary
13 analyses (Supplementary Table 2, Appendix).

14

15 ***Clinical outcomes according to individual type of microvascular complication and multiple***
16 ***microvascular complications:*** The rates of the composite outcome, its components and all-cause
17 mortality for patients with one or more than one microvascular complication, as well as individual
18 types of microvascular complication, are shown in Supplementary Table 3. The rates of all
19 outcomes were higher in patients with more than one microvascular complication compared to
20 those with a single microvascular complication. Compared to patients with no diabetes, the adjusted
21 risk of each outcome was approximately 30% higher in those with one complication and
22 approximately 60-70% higher in individuals with more than one microvascular complication. The
23 elevation in risk for fatal outcomes was similar for each individual type of microvascular

1 complication, whereas the risk of heart failure hospitalization was numerically higher for
2 nephropathy than for retinopathy or neuropathy (Supplementary Table 3).

3 ***Clinical outcomes according to microvascular and macrovascular complication status:*** When
4 diabetes patients were further stratified according to the absence or presence of both microvascular
5 and macrovascular complications, those with neither type of complication were at lowest risk and
6 those with both types of complications at highest risk, although the number of patients with
7 microvascular complications but without macrovascular disease was small (Supplementary Table 4
8 and 5; Supplementary Figure 1a and 1b). In adjusted analyses, the greater risk was conferred by
9 microvascular complications, compared with macrovascular disease. Compared to patients without
10 diabetes, diabetes patients without micro- or macrovascular complications had similar risk of the
11 primary endpoint ($p=0.212$) whereas diabetes patients with micro and/or macrovascular
12 complications had a higher risk (all p -values <0.05)

13

14

DISCUSSION

15 The frequency and significance of microvascular complications in patients with HFrEF and diabetes
16 is unknown. We found that of the 964 participants in BEST with diabetes, 313 patients (32%) had
17 microvascular complications. The commonest microvascular complication among these individuals
18 was neuropathy (69% of those with complications), followed by retinopathy (43%) and
19 nephropathy (34%) and 37% had more than one microvascular complication. In analyses adjusted
20 for other predictors of adverse outcomes, patients with diabetes but *without* microvascular
21 complications were approximately 20% more likely than patients without diabetes to experience a
22 major fatal or non-fatal cardiovascular event. Those *with* microvascular complications were around
23 40% more likely than patients without diabetes to experience one of these events. Each type of

1 microvascular complication was associated with a higher risk of adverse outcomes and the risk was
2 greatest in patients with multiple microvascular complications.

3 The prevalence of microvascular complications in patients with type 2 diabetes is related to
4 adequacy of glycemic control and duration of diabetes.^{5,11} The reported prevalence also depends on
5 the patient evaluation employed, with a higher frequency of these microvascular complications
6 identified in studies using high-fidelity investigations such as retinal angiography and sophisticated
7 testing of peripheral and autonomic nervous function.⁵

8 ***Prevalence of diabetes with microvascular complications in HFrEF vs. other CV disease:*** We
9 have been unable to find any other report of the rate of microvascular complications in patients with
10 HFrEF and diabetes. Although there was no major difference in age between the three subgroups of
11 patients examined, patients with diabetes and complications were much more likely to be treated
12 with insulin than those without complications, implying a longer duration of diabetes in the former
13 group. This group (patients with diabetes and complications) also had longer duration heart failure
14 than either patients with diabetes and no complications or those without diabetes. This in turn
15 suggests that diabetes leads to onset of heart failure at an earlier age in patients with diabetes who
16 develop microvascular complications. However, the frequency of these complications in the present
17 study is consistent with other studies using similar reporting methods in patients with
18 cardiovascular disease in approximately the same age range. For example, in the Canagliflozin
19 Cardiovascular Assessment Study (CANVAS), 31% participants had neuropathy, 21% retinopathy
20 and 18% nephropathy (22%, 14% and 11%, respectively, in the present study).¹² In the
21 PROspective pioglitAzone Clinical Trial In macroVascular Events trial (PROACTIVE), 42% of
22 patients with type 2 diabetes and macrovascular disease were reported to have microvascular
23 complications (no breakdown of type of microvascular complication was described).¹³

1 ***Microvascular complications in diabetes and HFpEF:*** Of more interest is a recent study in
2 patients with heart failure and preserved ejection fraction (HFpEF). In the Treatment of Preserved
3 Cardiac Function Heart Failure With an Aldosterone Antagonist Trial (TOPCAT), 32% of patients
4 were reported to have a microvascular complication (neuropathy in 21%, retinopathy in 15% and
5 nephropathy in 11% of participants with diabetes).¹⁴ Patients in TOPCAT were on average
6 approximately 7 years older than participants in the present study and a similar proportion in the
7 two trials were treated with insulin (38% in TOPCAT versus 41% in BEST). The similar rate of
8 these complications in TOPCAT is perhaps surprising given the older age of the TOPCAT patients
9 and the emerging view that microvascular disease may be a feature of HFpEF itself and play an
10 important role in the pathophysiology of this syndrome.¹⁵

11 ***Risk according to type of microvascular complication:*** In patients with type 2 diabetes in general,
12 higher HbA1c values is associated with greater risk of microvascular complications which in turn
13 are associated with future cardiovascular risk.^{4,16,17} We found the same to be true in HFpEF although
14 the absolute rate of cardiovascular death or heart failure hospitalization in patients with at least one
15 microvascular complication was extraordinarily high at 45 per 100 person-years of follow-up
16 (compared with 34 and 29 in those with diabetes and no microvascular complications and
17 participants without diabetes, respectively). The rate increased to 60 per 100-person years of
18 follow-up in those with more than one complication i.e. more than one in two of these patients
19 suffered a major adverse heart failure-related event annually. While each individual type of
20 complication was associated with a higher risk (compared with no complication), there was a
21 suggestion that neuropathy and retinopathy conferred a greater risk of death whereas nephropathy
22 was more closely associated with risk of heart failure hospitalization. If true, the relationship
23 between nephropathy and heart failure hospitalization is plausible in that renal dysfunction is likely
24 to lead to or accentuate the sodium and water retention that characterises worsening of heart failure.

1 Similarly, neuropathy, including autonomic neuropathy, can be plausibly linked to cardiovascular
2 death.⁵ Indeed, reduced iodine-123 meta-iodobenzylguanidine uptake, indicative of cardiac
3 sympathetic dysregulation, has been demonstrated in patients with diabetes and in patients with
4 HFrEF and diabetes is independently predictive of progression of heart failure.¹⁸ Interestingly, in
5 the present study, we found that diabetes patients with microvascular complications had lower
6 plasma norepinephrine levels than diabetes patients without microvascular complications and
7 patients without diabetes. Why diabetic retinopathy seems to be more closely associated with the
8 risk of death compared with hospital admission is less obvious. This complication is thought to
9 indicate the presence of widespread end-organ microcirculatory damage and investigator-reported
10 retinopathy likely reflects the most advanced stage of this problem.¹¹ Consequently, retinopathy
11 may simply be a marker of more severe microvascular disease. Alternatively, the development of
12 retinopathy may reflect additional pathophysiologic processes which are also generally more
13 harmful in heart failure. Mechanisms of this type that have been implicated in the development of
14 retinopathy include inflammation, oxidative stress and persistent activation of the renin-angiotensin
15 system.¹¹ In addition, microvascular disease may particularly affect the myocardium in patients with
16 diabetes which is clearly of greatest danger in patients with already dysfunctional myocardium.¹⁹
17 Due to the suggestion of less benefit of drug therapy and higher rates of diabetic complications in
18 African-Americans, we repeated analyses without these patients with similar results.^{20,21} Another
19 potential risk factor for developing HF in diabetes patients microvascular complications is their
20 presumed more severe diabetes and for this reason intensified glucose-lowering therapy, where
21 some drug classes including pioglitazones have been linked to an increased risk of HF.²²

22 ***Clinical Implications:*** What are the clinical implications of these findings? Firstly, the diagnosis of
23 microvascular complications identifies patients at extremely high risk of adverse outcomes and
24 physicians should check that disease modifying therapy for heart failure has been maximized and

1 diabetes treatment likewise optimized. Second, and perhaps more importantly, prevention of
2 microvascular complications seems to be highly desirable, given the prognostic implications of their
3 development, although this association between microvascular complications and worse outcomes
4 could be an epiphenomenon rather than a modifiable risk factor. Clearly, prevention of
5 microvascular complications is a recognized goal of diabetes therapy, although perhaps not always
6 considered a priority by cardiologists.^{23,24} Our findings suggest that cardiologists should also have
7 prevention of these complications as a treatment goal, although it has to be acknowledged that the
8 cardiovascular safety of all diabetes drugs in patients with HFrEF has never been established.

9

10 **Limitations:** As with any report of this type, our study has a number of limitations. Glycated
11 hemoglobin levels were not measured. Similarly, duration of diabetes was not documented.
12 Microvascular complications were reported by investigators and not specifically sought using
13 disease-specific questionnaires or specialist testing; both of the latter may have yielded a higher
14 frequency of these complications. For patients without diabetes no information on microvascular
15 complications were available. Finally, it is possible that more contemporary HF treatment with a
16 more effective beta-blocker, MRA and angiotensin-receptor neprilysin inhibitor, as well as use of
17 cardiac devices could improve prognosis in patients with HF and diabetes with microvascular
18 complications.

19

20 In summary, we found that about a third of HFrEF patients with diabetes in the BEST trial had
21 microvascular complications and 37% of these had multiple complications. The commonest
22 complication was neuropathy. Patients with diabetes and microvascular complications were around
23 40% more likely than a patient without diabetes to experience a major adverse cardiovascular event

1 (which was about twice the incremental risk associated with diabetes and no complications). Each
2 type of microvascular complication was associated with a higher risk of adverse outcomes and the
3 risk was greatest in patients with multiple complications. The resultant absolute rate of adverse
4 cardiovascular outcomes in HFrEF patients with diabetes and multiple microvascular complications
5 was extraordinarily high (rate of cardiovascular death or heart failure hospitalization 60 per 100
6 person-years of follow-up). Cardiologists need to work in tandem with endocrinologists and
7 primary care practitioners to prevent microvascular complications in their HFrEF patients with
8 diabetes. The presence of microvascular complications should be checked for regularly in order to
9 identify patients at particularly high risk and maximize surveillance and therapy as appropriate.

10 **Conflicts of interest:** Drs Kristensen, Lee, Shen and Rørth report no conflict of interests. . Dr
11 Jhund reports consulting and speakers fees from Novartis and research funding from Boehringer
12 Ingelheim. Dr. Køber has received fees for his consulting or trial committee work with Novartis and
13 AstraZeneca. Dr. McMurray's employer, University of Glasgow has received fees for his consulting
14 or trial committee work with Abbvie, Amgen, AstraZeneca/Medimmune, Bayer, Bristol Myers
15 Squibb, DalCor, GlaxoSmithKline, Merck, Novartis, Resverlogix, Sanofi-Aventis and Stealth
16 Therapeutics.

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Table 1: Baseline characteristics according to diabetes status with or without microvascular complications

Patients, no (%)	Diabetes			p-value
	No diabetes 1743 (64%)	No 651 (24%)	Yes 313 (12%)	
Characteristics				
Age, mean	59.6±13.3	61.2±10.7	61.8±9.9	0.0012
Male, n (%)	1364 (78%)	508 (78%)	242 (77%)	0.933
Caucasian, n (%)	1253 (72%)	508 (78%)	242 (77%)	0.0611
HF duration, months	36 (11, 70)	36 (13, 69)	53 (20, 84)	<0.001
NYHA class, n (%)				0.0094
III	1616 (93%)	590 (91%)	275 (88%)	
IV	127 (7%)	61 (9%)	38 (12%)	
LVEF	22.7±7.4	23.3±7.0	23.7±7.2	<0.0001
RVEF	35.1±31.5	34.2±13.9	34.8±12.8	0.4621
Left bundle branch block	448 (26%)	150 (23%)	81 (26%)	0.3857
Right bundle branch block	119 (7%)	39 (6%)	20 (6%)	0.7559
QRS-duration, ms	130±36	124±34	127±31	0.0055
LV hypertrophy	405 (23%)	145 (22%)	66 (21%)	0.6666
Heart rate, bpm	81±13	84±13	83±12	<0.0001
SBP, mmHg	116±17	120±19	120±18	<0.0001
MLHF score	51 (32, 69)	54 (32, 74)	60 (41, 78)	<0.0001
BMI, Kg/m ²	27.3±5.7	29.4±6.2	29.1±5.6	<0.0001
eGFR, ml/min/1.73m ²	70 (55, 85)	70 (54, 87)	54 (41, 71)	<0.0001
Plasma norepinephrine, pg/mL	537±351	481±344	467±293	0.0004
Plasma glucose, mmol/L	5.70±1.78	10.22±4.99	11.57±5.57	<0.0001
Medical history, n (%)				
Ischemic etiology	942 (54%)	421 (65%)	224 (72%)	<0.0001
Hypertension	923 (53%)	444 (68%)	228 (73%)	<0.0001
Peripheral artery disease	204 (12%)	112 (17%)	125 (40%)	<0.001
Atrial fibrillation	436 (25%)	143 (22%)	74 (24%)	0.2937
Thromboembolic disease	311 (18%)	118 (18%)	59 (19%)	0.9104
ICD, n (%)	72 (4%)	13 (2%)	5 (2%)	0.0067
Pacemaker, n (%)	154 (9%)	51 (8%)	26 (8%)	0.729
Medication, n (%)				
Loop diuretic	1606 (92%)	622 (96%)	305 (97%)	<0.0001
Digoxin	1613 (93%)	595 (91%)	291 (93%)	0.5804
ACE-I/ARB	1690 (97%)	627 (96%)	300 (96%)	0.5038
MRA	45 (3%)	31 (5%)	16 (5%)	0.0067
Oral antidiabetic agent	0 (0%)	386 (59%)	126 (40%)	<0.0001
Insulin	0 (0%)	185 (28%)	213 (68%)	<0.0001
Diet only	0 (0%)	110 (17%)	7 (2%)	<0.0001
Diabetic retinopathy	0 (0%)	0 (0%)	135 (43%)	<0.0001

Diabetic neuropathy	0 (0%)	0 (0%)	216 (69%)	<0.0001
Diabetic nephropathy	0 (0%)	0 (0%)	107 (34%)	<0.0001

ACE-I = angiotensin-converting enzyme inhibitor; AF = atrial fibrillation; HF = heart failure, ARB = angiotensin receptor blocker; BMI = body mass index; eGFR = estimated glomerular filtration rate; HF = Heart Failure; ICD = implantable cardioverter-defibrillator; LV = left ventricular; LVEF = left ventricular ejection fraction; MLHF = Minnesota Living with Heart Failure questionnaire; MRA = mineralocorticoid-receptor antagonist; NYHA = New York Heart Association; RVEF = right ventricular ejection fraction SBP = systolic blood pressure

Table 2: Risk of various endpoints according to diabetes status with or without microvascular complications at baseline

	No. events	Crude rate per 100py	Unadjusted HR (95% CI)	P	Adjusted* HR (95% CI)	P
Primary comp. (CV death or HFH)						
No diabetes	817	28.7	1.00 (ref.)		1.00 (ref.)	
Diabetes + no complications	340	33.5	1.15 (1.02-1.31)	0.028	1.18 (1.03-1.35)	0.016
Diabetes + complications	197	50.0	1.64 (1.40-1.92)	<0.001	1.44 (1.22-1.70)	<0.001
CV death						
No diabetes	429	12.0	1.00 (ref.)		1.00 (ref.)	
Diabetes + no complications	182	14.0	1.17 (0.98-1.39)	0.080	1.20 (1.00-1.44)	0.054
Diabetes + complications	119	21.2	1.78 (1.45-2.18)	<0.001	1.49 (1.20-1.85)	<0.001
HF hospitalization						
No diabetes	639	22.4	1.00 (ref.)		1.00 (ref.)	
Diabetes + no complications	260	25.6	1.12 (0.97-1.30)	0.112	1.15 (0.99-1.34)	0.077
Diabetes + complications	145	36.8	1.52 (1.27-1.83)	<0.001	1.35 (1.11-1.63)	0.002
All-cause mortality						
No diabetes	512	14.3	1.00 (ref.)		1.00 (ref.)	
Diabetes + no complications	214	16.4	1.15 (0.98-1.35)	0.080	1.20 (1.01-1.42)	0.035
Diabetes + complications	133	23.7	1.68 (1.38-2.03)	<0.001	1.42 (1.16-1.74)	<0.001

*adjusted for age, sex, race, systolic blood pressure, heart rate, BMI, NYHA, LVEF, eGFR, study treatment, ischemic etiology, hx hypertension, hx AF, ICD, pacemaker.

CI = confidence interval; CV = cardiovascular; HFH = heart failure hospitalization; HR = hazard ratio; PY = person years; other abbreviations as footnote to Table 1.

Figure 1a: Cumulative incidence of cardiovascular death or heart failure hospitalization

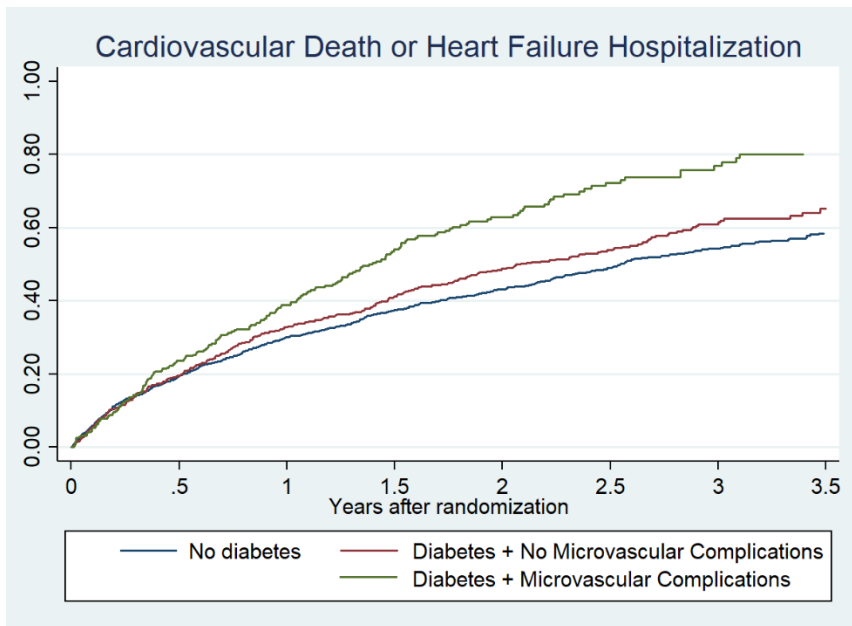


Figure 1b: Cumulative incidence of all cause death

