

# A Markov Chain Theory Approach to Characterizing the Minimax Optimality of Stochastic Gradient Descent (for Least Squares)

Prateek Jain<sup>1</sup>, Sham M. Kakade<sup>\*2</sup>, Rahul Kidambi<sup>3</sup>,  
Praneeth Netrapalli<sup>4</sup>, Venkata Krishna Pillutla<sup>5</sup>, and  
Aaron Sidford<sup>6</sup>

- 1 Microsoft Research, Bangalore, India  
[praneeth@microsoft.com](mailto:praneeth@microsoft.com)
- 2 University of Washington, Seattle, WA, USA  
[sham@cs.washington.edu](mailto:sham@cs.washington.edu)
- 3 University of Washington, Seattle, WA, USA  
[rkidambi@uw.edu](mailto:rkidambi@uw.edu)
- 4 Microsoft Research, Bangalore, India  
[praneeth@microsoft.com](mailto:praneeth@microsoft.com)
- 5 University of Washington, Seattle, WA, USA  
[pillutla@cs.washington.edu](mailto:pillutla@cs.washington.edu)
- 6 Stanford University, Palo Alto, CA, USA  
[sidford@stanford.edu](mailto:sidford@stanford.edu)

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## Abstract

This work provides a simplified proof of the statistical minimax optimality of (iterate averaged) stochastic gradient descent (SGD), for the special case of least squares. This result is obtained by analyzing SGD as a stochastic process and by sharply characterizing the stationary covariance matrix of this process. The finite rate optimality characterization captures the constant factors and addresses model mis-specification.

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## 1 Introduction

Stochastic gradient descent is among the most commonly used practical algorithms for large scale stochastic optimization. The seminal result of [9, 8] formalized this effectiveness, showing that for certain (locally quadric) problems, asymptotically, stochastic gradient descent is statistically minimax optimal (provided the iterates are averaged). There are a number of more modern proofs [1, 3, 2, 5] of this fact, which provide finite rates of

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convergence. Other recent algorithms also achieve the statistically optimal minimax rate, with finite convergence rates [4].

This work provides a short proof of this minimax optimality for SGD for the special case of least squares through a characterization of SGD as a stochastic process. The proof builds on ideas developed in [2, 5].

**SGD for least squares.** The expected square loss for  $w \in \mathbb{R}^d$  over input-output pairs  $(x, y)$ , where  $x \in \mathbb{R}^d$  and  $y \in \mathbb{R}$  are sampled from a distribution  $\mathcal{D}$ , is:

$$L(w) = \frac{1}{2} \mathbb{E}_{(x,y) \sim \mathcal{D}} [(y - w \cdot x)^2]$$

The optimal weight is denoted by:

$$w^* := \operatorname{argmin}_w L(w).$$

Assume the argmin is unique.

Stochastic gradient descent proceeds as follows: at each iteration  $t$ , using an i.i.d. sample  $(x_t, y_t) \sim \mathcal{D}$ , the update of  $w_t$  is:

$$w_t = w_{t-1} + \gamma(y_t - w_{t-1} \cdot x_t)x_t$$

where  $\gamma$  is a fixed stepsize.

**Notation.** For a symmetric positive definite matrix  $A$  and a vector  $x$ , define:

$$\|x\|_A^2 := x^\top A x.$$

For a symmetric matrix  $M$ , define the induced matrix norm under  $A$  as:

$$\|M\|_A := \max_{\|v\|=1} \frac{v^\top M v}{v^\top A v} = \|A^{-1/2} M A^{-1/2}\|.$$

**The statistically optimal rate.** Using  $n$  samples (and for large enough  $n$ ), the minimax optimal rate is achieved by the maximum likelihood estimator (the MLE), or, equivalently, the empirical risk minimizer. Given  $n$  i.i.d. samples  $\{(x_i, y_i)\}_{i=1}^n$ , define

$$\hat{w}_n^{\text{MLE}} := \operatorname{argmin}_w \frac{1}{n} \sum_{i=1}^n \frac{1}{2} (y_i - w \cdot x_i)^2$$

where  $\hat{w}_n^{\text{MLE}}$  denotes the MLE estimator over the  $n$  samples.

This rate can be characterized as follows: define

$$\sigma_{\text{MLE}}^2 := \frac{1}{2} \mathbb{E} [(y - w^* \cdot x)^2 \|x\|_{H^{-1}}^2],$$

and the (asymptotic) rate of the MLE is  $\sigma_{\text{MLE}}^2/n$  [7, 10]. Precisely,

$$\lim_{n \rightarrow \infty} \frac{\mathbb{E}[L(\hat{w}_n^{\text{MLE}})] - L(w^*)}{\sigma_{\text{MLE}}^2/n} = 1,$$

The works of [9, 8] proved that a certain averaged stochastic gradient method achieves this minimax rate, in the limit.

For the case of additive noise models (i.e. the “well-specified” case), the assumption is that  $y = w^* \cdot x + \eta$ , with  $\eta$  being independent of  $x$ . Here, it is straightforward to see that:

$$\frac{\sigma_{\text{MLE}}^2}{n} = \frac{1}{2} \frac{d\sigma^2}{n}.$$

The rate of  $\sigma_{\text{MLE}}^2/n$  is still minimax optimal even among mis-specified models, where the additive noise assumption may not hold [6, 7, 10].

**Assumptions.** Assume the fourth moment of  $x$  is finite. Denote the second moment matrix of  $x$  as

$$H := \mathbb{E}[xx^\top],$$

and suppose  $H$  is strictly positive definite with minimal eigenvalue:

$$\mu := \sigma_{\min}(H).$$

Define  $R^2$  as the smallest value which satisfies:

$$\mathbb{E}[\|x\|^2 xx^\top] \preceq R^2 \mathbb{E}[xx^\top].$$

This implies  $\text{Tr}(H) = \mathbb{E}\|x\|^2 \leq R^2$ .

## 2 Statistical Risk Bounds

Define:

$$\Sigma := \mathbb{E}[(y - w^*x)^2 xx^\top],$$

and so the optimal constant in the rate can be written as:

$$\sigma_{\text{MLE}}^2 = \frac{1}{2} \text{Tr}(H^{-1}\Sigma) = \frac{1}{2} \mathbb{E}[(y - w^*x)^2 \|x\|_{H^{-1}}^2],$$

For the mis-specified case, it is helpful to define:

$$\rho_{\text{misspec}} := \frac{d\|\Sigma\|_H}{\text{Tr}(H^{-1}\Sigma)},$$

which can be viewed as a measure of how mis-specified the model is. Note if the model is well-specified, then  $\rho_{\text{misspec}} = 1$ .

Denote the average iterate, averaged from iteration  $t$  to  $T$ , by:

$$\bar{w}_{t:T} := \frac{1}{T-t} \sum_{t'=t}^{T-1} w_{t'}.$$

► **Theorem 1.** Suppose  $\gamma < \frac{1}{R^2}$ . The risk is bounded as:

$$\begin{aligned} & \mathbb{E}[L(\bar{w}_{t:T})] - L(w^*) \\ & \leq \left( \sqrt{\frac{1}{2} \exp(-\gamma\mu t) R^2 \|w_0 - w^*\|^2} + \sqrt{\left(1 + \frac{\gamma R^2}{1 - \gamma R^2} \rho_{\text{misspec}}\right) \frac{\sigma_{\text{MLE}}^2}{T-t}} \right)^2. \end{aligned}$$

The bias term (the first term) decays at a geometric rate (one can set  $t = T/2$  or maintain multiple running averages if  $T$  is not known in advance). If  $\gamma = 1/(2R^2)$  and the model is well-specified ( $\rho_{\text{misspec}} = 1$ ), then the variance term is  $2\sigma_{\text{MLE}}/\sqrt{T-t}$ , and the rate of the bias contraction is  $\mu/R^2$ . If the model is not well specified, then using a smaller stepsize of  $\gamma = 1/(2\rho_{\text{misspec}}R^2)$ , leads to the same minimax optimal rate (up to a constant factor of 2), albeit at a slower bias contraction rate. In the mis-specified case, an example in [5] shows that such a smaller stepsize is required in order to be within a constant factor of the minimax rate. An even smaller stepsize leads to a constant even closer to that of the optimal rate.

### 3 Analysis

The analysis first characterizes a bias/variance decomposition, where the variance is bounded in terms of properties of the stationary covariance of  $w_t$ . Then this asymptotic covariance matrix is analyzed.

Throughout assume:

$$\gamma < \frac{1}{R^2}.$$

#### 3.1 The Bias-Variance Decomposition

The gradient at  $w^*$  in iteration  $t$  is:

$$\xi_t := -(y_t - w^* \cdot x_t)x_t,$$

which is a mean 0 quantity. Also define:

$$B_t := I - x_t x_t^\top.$$

The update rule can be written as:

$$\begin{aligned} w_t - w^* &= w_{t-1} - w^* + \gamma(y_t - w_{t-1} \cdot x_t)x_t \\ &= (I - \gamma x_t x_t^\top)(w_{t-1} - w^*) - \gamma \xi_t \\ &= B_t(w_{t-1} - w^*) - \gamma \xi_t. \end{aligned}$$

Roughly speaking, the above shows how the process on  $w_t - w^*$  consists of a contraction along with an addition of a zero mean quantity.

From recursion,

$$w_t - w^* = B_t \cdots B_1(w_0 - w^*) - \gamma(\xi_t + B_t \xi_{t-1} + \cdots + B_t \cdots B_2 \xi_1).$$

This immediately leads to the following lemma.

► **Lemma 2.** *The error is bounded as:*

$$\mathbb{E}[L(\bar{w}_{t:T})] - L(w^*) \leq \frac{1}{2} \left( \sqrt{\mathbb{E}[\|\bar{w}_{t:T} - w^*\|_H^2 | \xi_0 = \cdots = \xi_T = 0]} + \sqrt{\mathbb{E}[\|\bar{w}_{t:T} - w^*\|_H^2 | w_0 = w^*]} \right)^2,$$

where

$$\begin{aligned} \mathbb{E}[\|\bar{w}_{t:T} - w^*\|_H^2 | \xi_0 = \cdots = \xi_T = 0] &= \mathbb{E}\|B_t \cdots B_1(w_0 - w^*)\|_H^2, \\ \mathbb{E}[\|\bar{w}_{t:T} - w^*\|_H^2 | w_0 = w^*] &= \gamma^2 \mathbb{E}\|\xi_t + B_t \xi_{t-1} + \cdots + B_t \cdots B_2 \xi_1\|_H^2. \end{aligned}$$

The first term can be interpreted as the bias.  $\mathbb{E}[\|\bar{w}_{t:T} - w^*\|_H^2 | \xi_0 = \dots = \xi_T = 0]$  is the risk in a process without additive noise; the conditioning is a little misleading and is meant to denote the error in a process without additive noise. The second term, when squared, gives rise to the variance; it is the error under a process driven solely by noise where  $w_0 = w^*$ .

**Proof.** First, for vector valued random variables  $u$  and  $v$ , the fact that  $(\mathbb{E}u^\top H v)^2 \leq \mathbb{E}[\|u\|_H^2] \mathbb{E}[\|v\|_H^2]$  implies

$$\mathbb{E}\|u + v\|_H^2 \leq \left( \sqrt{\mathbb{E}\|u\|_H^2} + \sqrt{\mathbb{E}\|v\|_H^2} \right)^2.$$

To complete the proof of the lemma, note  $\mathbb{E}L(w) - L(w^*) = \frac{1}{2} \mathbb{E}\|w - w^*\|_H^2$ . ◀

**Bias.** The bias term is characterized as follows:

► **Lemma 3.** For all  $t$ ,

$$\mathbb{E}[\|\bar{w}_{t:T} - w^*\|_H^2 | \xi_0 = \dots = \xi_T = 0] \leq \exp(-\gamma\mu t) \|w_0 - w^*\|^2.$$

**Proof.** Assume  $\xi_t = 0$  for all  $t$ . Observe:

$$\begin{aligned} \mathbb{E}\|w_t - w^*\|^2 &= \mathbb{E}\|w_{t-1} - w^*\|^2 - 2\gamma(w_{t-1} - w^*)^\top \mathbb{E}[xx^\top](w_{t-1} - w^*) \\ &\quad + \gamma^2(w_{t-1} - w^*)^\top \mathbb{E}[\|x\|^2 xx^\top](w_{t-1} - w^*) \\ &\leq \mathbb{E}\|w_{t-1} - w^*\|^2 - 2\gamma(w_{t-1} - w^*)^\top H(w_{t-1} - w^*) \\ &\quad + \gamma^2 R^2(w_{t-1} - w^*)^\top H(w_{t-1} - w^*) \\ &\leq \mathbb{E}\|w_{t-1} - w^*\|^2 - \gamma \mathbb{E}\|w_{t-1} - w^*\|_H^2 \\ &\leq (1 - \gamma\mu) \mathbb{E}\|w_{t-1} - w^*\|^2, \end{aligned}$$

which completes the proof. ◀

**Variance.** Now suppose  $w_0 = w^*$ . Define the covariance matrix:

$$C_t := \mathbb{E}[(w_t - w^*)(w_t - w^*)^\top | w_0 = w^*]$$

Using the recursion,  $w_t - w^* = B_t(w_{t-1} - w^*) + \gamma\xi_t$ ,

$$C_{t+1} = C_t - \gamma H C_t - \gamma C_t H + \gamma^2 \mathbb{E}[(x^\top C_t x) x x^\top] + \gamma^2 \Sigma \quad (1)$$

which follows from:

$$\mathbb{E}[(w_t - w^*)\xi_{t+1}^\top] = 0, \text{ and } \mathbb{E}[(x_{t+1}x_{t+1}^\top)(w_t - w^*)\xi_{t+1}^\top] = 0$$

(these hold since  $w_t - w^*$  is mean 0 and both  $x_{t+1}$  and  $\xi_{t+1}$  are independent of  $w_t - w^*$ ).

► **Lemma 4.** Suppose  $w_0 = w^*$ . There exists a unique  $C_\infty$  such that:

$$0 = C_0 \preceq C_1 \preceq \dots \preceq C_\infty$$

where  $C_\infty$  satisfies:

$$C_\infty = C_\infty - \gamma H C_\infty - \gamma C_\infty H + \gamma^2 \mathbb{E}[(x^\top C_\infty x) x x^\top] + \gamma^2 \Sigma. \quad (2)$$

**Proof.** By recursion,

$$\begin{aligned} w_t - w^* &= B_t(w_{t-1} - w^*) + \gamma\xi_t \\ &= \gamma(\xi_t + B_t\xi_{t-1} + \cdots + B_t \cdots B_2\xi_1). \end{aligned}$$

Using that  $\xi_t$  is mean zero and independent of  $B_{t'}$  and  $\xi_{t'}$  for  $t < t'$ ,

$$C_t = \gamma^2 (\mathbb{E}[\xi_t\xi_t^\top] + \mathbb{E}[B_t\xi_{t-1}\xi_{t-1}^\top B_t] + \cdots + \mathbb{E}[B_t \cdots B_2\xi_1\xi_1^\top B_2^\top \cdots B_t^\top])$$

Now using that  $\mathbb{E}[\xi_1\xi_1^\top] = \Sigma$  and that  $\xi_t$  and  $B_{t'}$  are independent (for  $t \neq t'$ ),

$$\begin{aligned} C_t &= \gamma^2 (\Sigma + \mathbb{E}[B_2\Sigma B_2] + \cdots + \mathbb{E}[B_t \cdots B_2\Sigma B_2^\top \cdots B_t^\top]) \\ &= C_{t-1} + \gamma^2 \mathbb{E}[B_t \cdots B_2\Sigma B_2^\top \cdots B_t^\top] \end{aligned}$$

which proves  $C_{t-1} \preceq C_t$ .

To prove the limit exists, it suffices to first argue the trace of  $C_t$  is uniformly bounded from above, for all  $t$ . By taking the trace of update rule, Equation 1, for  $C_t$ ,

$$\text{Tr}(C_{t+1}) = \text{Tr}(C_t) - 2\gamma\text{Tr}(HC_t) + \gamma^2\text{Tr}(\mathbb{E}[(x^\top C_t x)xx^\top]) + \gamma^2\text{Tr}(\Sigma).$$

Observe:

$$\text{Tr}(\mathbb{E}[(x^\top C_t x)xx^\top]) = \text{Tr}(\mathbb{E}[(x^\top C_t x)\|x\|^2]) = \text{Tr}(C_t \mathbb{E}[\|x\|^2 xx^\top]) \leq R^2 \text{Tr}(C_t H) \quad (3)$$

and, using  $\gamma \leq 1/R^2$ ,

$$\text{Tr}(C_{t+1}) \leq \text{Tr}(C_t) - \gamma\text{Tr}(HC_t) + \gamma^2\text{Tr}(\Sigma) \leq (1 - \gamma\mu)\text{Tr}(C_t) + \gamma^2\text{Tr}(\Sigma) \leq \frac{\gamma\text{Tr}(\Sigma)}{\mu}.$$

proving the uniform boundedness of the trace of  $C_t$ . Now, for any fixed  $v$ , the limit of  $v^\top C_t v$  exists, by the monotone convergence theorem. From this, it follows that every entry of the matrix  $C_t$  converges.  $\blacktriangleleft$

► **Lemma 5.** *Define:*

$$\bar{w}_T := \frac{1}{T} \sum_{t=0}^{T-1} w_t.$$

and so:

$$\frac{1}{2} \mathbb{E}[\|\bar{w}_T - w^*\|_H^2 | w_0 = w^*] \leq \frac{\text{Tr}(C_\infty)}{\gamma T}$$

**Proof.** Note

$$\begin{aligned} &\mathbb{E}[(\bar{w}_T - w^*)(\bar{w}_T - w^*)^\top | w_0 = w^*] \\ &= \frac{1}{T^2} \sum_{t=0}^{T-1} \sum_{t'=0}^{T-1} \mathbb{E}[(w_t - w^*)(w_{t'} - w^*)^\top | w_0 = w^*] \\ &\preceq \frac{1}{T^2} \sum_{t=0}^{T-1} \sum_{t'=t}^{T-1} \left( \mathbb{E}[(w_t - w^*)(w_{t'} - w^*)^\top | w_0 = w^*] + \right. \\ &\quad \left. \mathbb{E}[(w_{t'} - w^*)(w_t - w^*)^\top | w_0 = w^*] \right), \end{aligned}$$

double counting the diagonal terms  $\mathbb{E}[(w_t - w^*)(w_t - w^*)^\top | w_0 = w^*] \succeq 0$ . For  $t \leq t'$ ,  $\mathbb{E}[(w_{t'} - w^*) | w_0 = w^*] = (I - \gamma H)^{t'-t} \mathbb{E}[(w_t - w^*) | w_0 = w^*]$ . To see why, consider the recursion  $w_t - w^* = (I - \gamma x_t x_t^\top)(w_{t-1} - w^*) - \gamma \xi_t$  and take expectations to get  $\mathbb{E}[w_t - w^* | w_0 = w^*] = (I - \gamma H) \mathbb{E}[w_{t-1} - w^* | w_0 = w^*]$  since the sample  $x_t$  is independent of the  $w_{t-1}$ . From this,

$$\mathbb{E}[(\bar{w}_T - w^*)(\bar{w}_T - w^*)^\top | w_0 = w^*] \preceq \frac{1}{T^2} \sum_{t=0}^{T-1} \sum_{\tau=0}^{T-t-1} (I - \gamma H)^\tau C_t + C_t (I - \gamma H)^\tau,$$

and so,

$$\begin{aligned} \mathbb{E}[\|\bar{w}_T - w^*\|_H^2 | w_0 = w^*] &= \text{Tr}(H \mathbb{E}[(\bar{w}_T - w^*)(\bar{w}_T - w^*)^\top | w_0 = w^*]) \\ &\leq \frac{1}{T^2} \sum_{t=0}^{T-1} \sum_{\tau=0}^{T-t-1} \text{Tr}(H(I - \gamma H)^\tau C_t) + \text{Tr}(C_t (I - \gamma H)^\tau H). \end{aligned}$$

Notice that  $H(I - \gamma H)^\tau = (I - \gamma H)^\tau H$  for any non-negative integer  $\tau$ . Since  $H \succ 0$  and  $I - \gamma H \succeq 0$ ,  $H(I - \gamma H)^\tau \succeq 0$  because the product of two commuting PSD matrices is PSD. Also note that for PSD matrices  $A, B$ ,  $\text{Tr}AB \geq 0$ . Hence,

$$\begin{aligned} \mathbb{E}[\|\bar{w}_T - w^*\|_H^2 | w_0 = w^*] &\leq \frac{2}{T^2} \sum_{t=0}^{T-1} \sum_{\tau=0}^{\infty} \text{Tr}(H(I - \gamma H)^\tau C_t) \\ &= \frac{2}{T^2} \sum_{t=0}^{T-1} \text{Tr}(H(\sum_{\tau=0}^{\infty} (I - \gamma H)^\tau) C_t) \\ &= \frac{2}{T^2} \sum_{t=0}^{T-1} \text{Tr}(H(\gamma H)^{-1} C_t) \quad (*) \\ &= \frac{2}{\gamma T^2} \sum_{t=0}^{T-1} \text{Tr}(C_t) \\ &\leq \frac{2}{\gamma T} \cdot \text{Tr}(C_\infty), \end{aligned}$$

from lemma 4 where (\*) followed from

$$(\gamma H)^{-1} = (I - (I - \gamma H))^{-1} = \sum_{\tau=0}^{\infty} (I - \gamma H)^\tau,$$

and the series converges because  $I - \gamma H \prec I$ . ◀

### 3.2 Stationary Distribution Analysis

Define two linear operators on symmetric matrices,  $\mathcal{S}$  and  $\mathcal{T}$  — where  $\mathcal{S}$  and  $\mathcal{T}$  can be viewed as matrices acting on  $\binom{d+1}{2}$  dimensions — as follows:

$$\mathcal{S} \circ M := \mathbb{E}[(x^\top M x) x x^\top], \quad \mathcal{T} \circ M := H M + M H.$$

With this,  $C_\infty$  is the solution to:

$$\mathcal{T} \circ C_\infty = \gamma \mathcal{S} \circ C_\infty + \gamma \Sigma \quad (4)$$

(due to Equation 2).

► **Lemma 6.** (Crude  $C_\infty$  bound)  $C_\infty$  is bounded as:

$$C_\infty \preceq \frac{\gamma \|\Sigma\|_H}{1 - \gamma R^2} \mathbf{I}.$$

**Proof.** Define one more linear operator as follows:

$$\tilde{\mathcal{T}} \circ M := \mathcal{T} \circ M - \gamma H M H = H M + M H - \gamma H M H.$$

The inverse of this operator can be written as:

$$\tilde{\mathcal{T}}^{-1} \circ M = \gamma \sum_{t=0}^{\infty} (\mathbf{I} - \gamma \tilde{\mathcal{T}})^t \circ M = \gamma \sum_{t=0}^{\infty} (\mathbf{I} - \gamma H)^t M (\mathbf{I} - \gamma H)^t.$$

which exists since the sum converges due to that  $0 \preceq \mathbf{I} - \gamma H \preceq \mathbf{I}$ .

A few inequalities are helpful: If  $0 \preceq M \preceq M'$ , then

$$0 \preceq \tilde{\mathcal{T}}^{-1} \circ M \preceq \tilde{\mathcal{T}}^{-1} \circ M', \quad (5)$$

since

$$\tilde{\mathcal{T}}^{-1} \circ M = \gamma \sum_{t=0}^{\infty} (\mathbf{I} - \gamma H)^t M (\mathbf{I} - \gamma H)^t \preceq \gamma \sum_{t=0}^{\infty} (\mathbf{I} - \gamma H)^t M' (\mathbf{I} - \gamma H)^t = \tilde{\mathcal{T}}^{-1} \circ M',$$

(which follows since  $0 \preceq \mathbf{I} - \gamma H$ ). Also, if  $0 \preceq M \preceq M'$ , then

$$0 \preceq \mathcal{S} \circ M \preceq \mathcal{S} \circ M', \quad (6)$$

which implies:

$$0 \preceq \tilde{\mathcal{T}}^{-1} \circ \mathcal{S} \circ M \preceq \tilde{\mathcal{T}}^{-1} \circ \mathcal{S} \circ M'. \quad (7)$$

The following inequality is also of use:

$$\Sigma \preceq \|H^{-1/2} \Sigma H^{-1/2}\|_H = \|\Sigma\|_H H.$$

By definition of  $\tilde{\mathcal{T}}$ ,

$$\tilde{\mathcal{T}} \circ C_\infty = \gamma \mathcal{S} \circ C_\infty + \gamma \Sigma - \gamma H C_\infty H.$$

Using this and Equation 5,

$$\begin{aligned} C_\infty &= \gamma \tilde{\mathcal{T}}^{-1} \circ \mathcal{S} \circ C_\infty + \gamma \tilde{\mathcal{T}}^{-1} \circ \Sigma - \gamma \tilde{\mathcal{T}}^{-1} \circ (H C_\infty H) \\ &\preceq \gamma \tilde{\mathcal{T}}^{-1} \circ \mathcal{S} \circ C_\infty + \gamma \tilde{\mathcal{T}}^{-1} \circ \Sigma \\ &\preceq \gamma \tilde{\mathcal{T}}^{-1} \circ \mathcal{S} \circ C_\infty + \gamma \|\Sigma\|_H \tilde{\mathcal{T}}^{-1} \circ H. \end{aligned}$$

Proceeding recursively by using Equation 7,

$$\begin{aligned} C_\infty &\preceq (\gamma \tilde{\mathcal{T}}^{-1} \circ \mathcal{S})^2 \circ C_\infty + \gamma \|\Sigma\|_H (\gamma \tilde{\mathcal{T}}^{-1} \circ \mathcal{S}) \circ \tilde{\mathcal{T}}^{-1} \circ H + \gamma \|\Sigma\|_H \tilde{\mathcal{T}}^{-1} \circ H \\ &\preceq \gamma \|\Sigma\|_H \sum_{t=0}^{\infty} (\gamma \tilde{\mathcal{T}}^{-1} \circ \mathcal{S})^t \circ \tilde{\mathcal{T}}^{-1} \circ H. \end{aligned}$$

Using

$$\mathcal{S} \circ \mathbf{I} \preceq R^2 H$$



and

$$\begin{aligned} & \tilde{\mathcal{T}}^{-1} \circ H \\ &= \gamma \sum_{t=0}^{\infty} (\mathbf{I} - \gamma H)^{2t} H = \gamma \sum_{t=0}^{\infty} (\mathbf{I} - \gamma 2H + \gamma^2 H)^t H \preceq \gamma \sum_{t=0}^{\infty} (\mathbf{I} - \gamma H)^t H = \gamma (\gamma H)^{-1} H = \mathbf{I} \end{aligned}$$

leads to

$$C_{\infty} \preceq \gamma \|\Sigma\|_H \sum_{t=0}^{\infty} (\gamma R^2)^t \mathbf{I} = \frac{\gamma \|\Sigma\|_H}{1 - \gamma R^2} \mathbf{I},$$

which completes the proof. ◀

► **Lemma 7.** (Refined  $C_{\infty}$  bound) The  $\text{Tr}(C_{\infty})$  is bounded as:

$$\text{Tr}(C_{\infty}) \leq \frac{\gamma}{2} \text{Tr}(H^{-1} \Sigma) + \frac{1}{2} \frac{\gamma^2 R^2}{1 - \gamma R^2} d \|\Sigma\|_H$$

**Proof.** From Lemma 6 and Equation 6,

$$\mathcal{S} \circ C_{\infty} \preceq \frac{\gamma \|\Sigma\|_H}{1 - \gamma R^2} \mathcal{S} \circ \mathbf{I} \preceq \frac{\gamma R^2 \|\Sigma\|_H}{1 - \gamma R^2} H.$$

Also, from Equation 2,  $C_{\infty}$  satisfies:

$$HC_{\infty} + C_{\infty}H = \gamma \mathcal{S} \circ C_{\infty} + \gamma \Sigma.$$

Multiplying this by  $H^{-1}$  and taking the trace leads to:

$$\begin{aligned} \text{Tr}(C_{\infty}) &= \frac{\gamma}{2} \text{Tr}(H^{-1} \cdot (\mathcal{S} \circ C_{\infty})) + \frac{\gamma}{2} \text{Tr}(H^{-1} \Sigma) \\ &\leq \frac{1}{2} \frac{\gamma^2 R^2}{1 - \gamma R^2} \|\Sigma\|_H \text{Tr}(H^{-1} H) + \frac{\gamma}{2} \text{Tr}(H^{-1} \Sigma) \\ &= \frac{1}{2} \frac{\gamma^2 R^2}{1 - \gamma R^2} d \|\Sigma\|_H + \frac{\gamma}{2} \text{Tr}(H^{-1} \Sigma) \end{aligned}$$

which completes the proof. ◀

### 3.3 Completing the proof of Theorem 1

**Proof.** The proof of the theorem is completed by applying the developed lemmas. For the bias term, using convexity leads to:

$$\begin{aligned} \frac{1}{2} \mathbb{E}[\|\bar{w}_{t:T} - w^*\|_H^2 | \xi_0 = \dots = \xi_T = 0] &\leq \frac{1}{2} R^2 \mathbb{E}[\|\bar{w}_{t:T} - w^*\|^2 | \xi_0 = \dots = \xi_T = 0] \\ &\leq \frac{1}{2} \frac{R^2}{T-t} \sum_{t'=t}^{T-1} \mathbb{E}[\|w_{t'} - w^*\|^2 | \xi_0 = \dots = \xi_T = 0] \\ &\leq \frac{1}{2} \exp(-\gamma \mu t) R^2 \|w_0 - w^*\|^2. \end{aligned}$$

For the variance term, observe that

$$\frac{1}{2} \mathbb{E}[\|\bar{w}_{t:T} - w^*\|_H^2 | w_0 = w^*] \leq \frac{\text{Tr}(C_{\infty})}{\gamma(T-t)} \leq \frac{1}{T-t} \left( \frac{1}{2} \text{Tr}(H^{-1} \Sigma) + \frac{1}{2} \frac{\gamma R^2}{1 - \gamma R^2} d \|\Sigma\|_H \right),$$

which completes the proof. ◀

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