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Marine Protected Areas (MPAs): Methodologies for assessment

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ABSTRACT

Marine Protected Areas are an effective way of protecting biodiversity, with potential socio-economic benefits including the enhancement of local fisheries and maintenance of ecosystem services. However, local fishing communities often fear short-term revenue losses and thus may oppose marine protected areas creation. This work includes a review of the need of having management effectiveness evaluation and its importance in providing useful information for stakeholders. Therefore, evaluation methodologies are presented and assessed in order to suggest possible approaches to the Berlengas MPA. In this case, an indicator-based approach can be relevant as a starting point, providing already some insights about the management effectiveness of Berlengas MPA. It also supports the development of a more ambitious approach such as a bio-economic model.

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1 Introduction

It is recognized that marine biodiversity plays a fundamental role in supporting a wide range of ecosystem goods and services. Many marine areas accommodate key habitats for the functioning of marine populations that in turn provide humans with productive fisheries, recreation and other services.

The increase of human pressures on the marine environment with intensive and destructive fishing has caused the depletion of stocks and has severely damaged habitats (Russ and Alcala 1996; Guard and Masaiganah 1997; Edinger et al. 1998). That said, concern has increased about the necessity of management plans for nature conservation that could guarantee the provision of marine goods and services required for human well-being.

This work aims to provide an overview of Marine Protected Areas (MPAs) and the role of economic analysis and modeling on the impact evaluation of such protected areas. Moreover, it suggests possible methodologies to evaluate the impact of a particular MPA: The Berlengas. The Berlengas are an archipelago located few kilometers from Cabo Carvoeiro, in Peniche (Portugal), and it consists of a group of three rocky islets: the Berlenga, the Estelas and the Farilhões and Forçadas.

The remainder of the report is organized as follows: the introduction of the MPA's concept including the evolution of its definition as well as its constraints and benefits. In this regard, the need of having a proper management evaluation of a MPA is also discussed before turning to an overview of economic analysis and modeling cases. Based on these cases review, an assessment of their possible application to the Berlengas MPA was performed.

2 Marine Protected Areas

“A clearly defined geographical space, recognized, dedicated and managed, through legal or other effective means, to achieve long term conservation of nature with associated ecosystem services and cultural values” (Day et al. 2012).

Role of MPA

The creation of MPAs is recognized as one tool for managing large and diverse marine ecosystems. The term MPA refers to protected areas in the ocean within which human activities are limited, by regulation, in order to protect cultural, historical and/or environmental values thus achieving certain conservation goals.

The definition of a MPA has progressed over recent years from specific protected areas with strong regulations and focused on conservation targets, to protected areas where human activities, such as fisheries and tourism, are allowed, under the assumption that there will be no conflict with long term conservation targets (Kelleher 1999). It is this broader concept of a MPA that accounts for the ecosystem development as a whole (Sala et al. 2002).

To have protected areas for study and observation is not new (e.g., Sala and Knowlton 2006; Craig 2007; Allison et al. 1998). What is new is the interest of environmental groups, NGOs, and conservation biologists in significantly increase the amount of protected marine habitat (Sanchirico and Wilen 2001). Since the 1960s, the conservation science and principles for establishing and managing protected areas have developed significantly. International conservation organizations and academic institutions have contributed to this

development, but the growth of protected areas' knowledge has primarily resulted from the work initiated by the International Union for the Conservation of Nature (IUCN) and the original National Parks Commission (NPC) in the late 1950s. More recently, an agreement was reached on an objective-based management category system (Table 1). Six categories for MPAs are identified ranging from small village-level community-managed areas to large, zoned national parks. These six categories provide a mechanism for assessing the status of protected areas internationally. A number of countries have now formally adopted the IUCN management categories as the basis for planning and managing their national protected area systems.

Ia	<p><i>Strict Nature Reserve managed mainly for science</i> The objective in these MPAs is preservation of the biodiversity and other values in a strictly protected area. No-take areas are the specific type of MPA that achieves this outcome. They have become an important tool for both marine biodiversity protection and fisheries management.</p>
Ib	<p><i>Wilderness Area managed mainly to protect wilderness qualities</i> Category Ib areas in the marine environment should be sites of relatively undisturbed seascape, significantly free of human disturbance, works or facilities and capable of remaining so through effective management.</p>
II	<p><i>National Park managed mainly for ecosystem protection and recreation</i> Category II areas present a particular challenge in the marine environment, as they are managed for “ecosystem protection”, with provision for visitation, recreational activities and nature tourism.</p>
III	<p><i>Natural Monument managed mainly for conservation of specific natural features</i> Localized protection of features such as seamounts has an important conservation value, while other marine features may have cultural or recreational value to particular groups, including flooded historical/archaeological landscapes. Category III is likely to be a relatively uncommon designation in marine ecosystems.</p>
IV	<p><i>Habitat/Species Management Area managed mainly for conservation through management Interventions</i> Category IV areas in marine environments should play an important role in the protection of nature and the survival of species (incorporating, as appropriate, breeding areas, spawning areas, feeding/foraging areas) or other features essential to the well-being of nationally or locally important flora, or to resident or migratory fauna. Category IV is aimed at protection of particular species or habitats, often with active management intervention (e.g. protection of key benthic habitats from trawling or dredging).</p>

V	<i>Protected Landscape/Seascape managed mainly for landscape/seascape conservation and recreation</i> Category V protected areas stress the importance of the “ interaction of people and nature over time ” and in a marine situation. Category V might most typically be expected to occur in coastal areas.
VI	<i>Managed Resource Protected Area</i> Managed mainly for the sustainable use of natural ecosystems and resources MPAs that maintain predominantly natural habitats but allow the sustainable collection of particular elements, such as particular food species or small amounts of coral or shells for the tourist trade, could be identified as category VI.

Table 1 - Application of categories in Marine Protected Areas (IUCN Duddley 2008)

The primary focus of a MPA is on the conservation of marine living organisms and their habitats, as well as ecological systems, through the regulation of human extractive uses such as fishery harvests, waste disposal, among others (Hoagland et al. 2001). To accommodate the different uses inside a MPA and to support the development of the ecosystem, regulations of human uses range from prohibition of human activities (No-take area) to areas in which different type of human uses are permitted and controlled (Partially Protected Area). This zoning tool allows the balance between protections of natural and/or cultural qualities of the MPA with a spectrum of reasonable human uses.

Benefits and limitations of MPA

MPAs are of great interest both as a tool for (A) “integrated ocean management” and as (B) fishery management tool (Charles 2001).

(A) On the one hand, biological benefits from MPAs as an “integrated ocean management” tool include the protection of key species and habitats in a closed area (including threatened species and habitats) and the increase in size of organisms and in the biomass density when compared to unprotected areas nearby (Lester et al. 2009). These benefits are likely to be captured in enhanced value of certain on-site activities such as diving, whereas others may

be captured in intangible values such as the existence or heritage values associated with particular unique marine ecosystems.

(B) On the other hand, a MPA has been recognized as beneficial for fishery management (e.g., Hall and Mainprize 2004; Pitchford et al. 2007) such as restricting the fishing to protect an ocean area where certain fish population spawns (Soufrière Regional Development Foundation 1994). The protection of marine ecosystems does contribute to an increase in the provision of ecosystem services (Fletcher et al. 2011). Ecosystem services can be classified as: 1) provisioning services such as the fish abundance; 2) regulating services such as the biological control and climate regulation; 3) supporting services such as the habitats formation and water cycling; and 4) cultural services such as socially valued seascapes. These ecosystem services provided by MPAs are shown to contribute to social-economic welfare (Pomeroy et al. 2005), namely by increasing the benefits from fishing and tourism enhanced by the benefits of increased biodiversity (Carter 2003).

Nevertheless, the impacts of combining human activities with conservation are still poorly understood (Johnson et al. 2008)¹. For example, cultural and socio-economic impacts of a MPA creation are not yet clear, often imposing constraints on current and future users, namely the loss of fishing revenues for current users. Benefits and costs are incurred at different time periods (Sumaila and Charles 2002), possibly preventing that everybody supports the creation of MPAs. Benefits and costs are not uniformly shared across the population, as those that benefit do not typically coincide with those that lose. The question

¹ Much literature has dedicated most of effort in describing the potential and experimenting biological benefits of MPAs – remarkably in terms of ecosystem health, biodiversity and greater long-term fish harvests (Sumaila and Charles 2002). The focus is on the sense that the implementation of MPAs is generally a positive move from an ecological perspective.

is whether MPAs enhance nearby fisheries and produce economic returns with local communities' consensus (Badalamenti et al. 2000).

In this context, Toropova et al. (2010) and Agardy et al. (2011) identified additional concerns with MPAs are such that some 1) are too small to achieve their goals, 2) are inappropriately planned or managed, 3) fail due to degradation of the surrounding unprotected area, 4) do more harm than good due to displacement and unintended consequences of management, and finally 5) may create a dangerous illusion of protection when in fact no protection is occurring. That said, once established, the MPA should be effectively managed with enforcement of the regulations and consistent monitoring to keep track of the objectives proposed. Evaluation information is useful for local communities, funding bodies, policy makers and others directly involved in management of a protected area. In fact, this information can be used by local communities to see how their interests are being accounted for, as well as by policy makers to improve resource allocation.

3 Management effectiveness of MPAs

“The assessment of how well the protected area is being managed – primarily the extent to which it is protecting values and achieving goals and opportunities. The term management effectiveness reflects three main themes: 1) design issues relating to both individual sites and protected area systems; 2) adequacy and appropriateness of management systems and processes; and 3) delivery of protected area objectives including conservation of values” (IUCN, Hockings et al. 2006).

The total number of protected areas is increasing (Ballantine 1994) and so is the need to evaluate their management, namely having proper accountability, good business practices and transparency in reporting. Nevertheless, the increasing number of MPAs has not been consistently accompanied by policies of management and enforcement (Hockings et al. 2006). In the case of the Mediterranean MPAs, some were reported to be inadequately managed and, therefore, not meeting the proposed goals. In fact, Abdulla et al. (2008) reported that approximately half of Mediterranean MPAs studied were in that category. The Pelagos Sanctuary for marine mammals in the Mediterranean Sea is an example where MPAs' management lacks resources and authority. This MPA has failed to establish a coherent set of MPA management measures, such as particular regulations to reduce the impacts on local mammals' populations by human activities, and therefore failed to achieve its conservation goals (Notarbartolo di Sciara 2009). Creating a zoning scheme to optimize mammals' conservation, channelling the area's intense maritime traffic along established corridors, ensuring that no high-intensity noise is produced, ensuring the orderly and respectful development of the whale-watching industry are a few management measures that could be considered to evaluate the impact of an MPA creation and therefore to keep track of its goals (Notarbartolo di Sciara et al. 2008). Effectiveness management evaluation of protected areas means gathering available information, measuring it and communicating it (Saterson et al. 2004). This seems to be missing in European MPAs.

Attempts to address poor management effectiveness have been developed by dedicated ecological regional collaborative projects and initiatives. These focus on the development of management tools and practices, monitoring and assessment, stakeholders' involvement and managers' networks. For European waters, EMPAFISH² is an example of these initiatives and projects. Worldwide the IUCN's World Commission on Protected Areas has created the Management Effectiveness Task Force Framework for that purpose. This Framework presents an interactive protected area management cycle of design, adequacy and delivery (Figure 1). Following the Framework, MPAs' managers customize a set of appropriate methodologies including economic models to determine which are most appropriated to deliver the proposed goals. This Framework works as a common language helping to explain variations in the context, available resources, evaluative purpose and specific management objectives across protected areas. Also, it is not imposed as a standardized methodology in all countries (Hockings et al. 2000). For example, some African countries have tailored the range of methodologies available for their needs and have produced slightly different models



Figure 1 - The IUCN Management Effectiveness Framework. Hockings et al. 2000

² EMPAFISH: European Marine Protected Areas as tools for Fisheries management and conservation

(Dudley et al. 2005). This includes different economic models, measures and data system collection to access the delivery of the proposed goals.

4 Overview of economic analysis and modeling cases

From the discussion above, evaluating the impacts of a MPA depends on the goals established for the MPA, the main stresses experienced by the ecosystem and the institutions in place. Proper **methodologies** are needed to address the balance between the various goals involved within a MPA creation, namely between costs and benefits, and to understand and analyse the human decision-making dynamics. This section provides a literature review on economic analyses in the last 20 years including bio-economic models. The section is focused on the delivery phase of IUCN's Framework and the measures needed to be studied in order to deliver the proposed goals.

Habitats' loss is the leading cause of declining biodiversity (Wilcove and Wilson 2000) and therefore a threat to accomplish MPA's goals. Since MPAs were originally created for ecosystem protection, the **biological element** has to be included.

As discussed before, MPAs can protect and restore habitats that are critical for living marine resources as habitats offer shelter breeding aggregations, provide nursery habitat and supply food for adults. Habitats' degradation represents a biomass and biodiversity reduction, therefore, contributing to declining fish stocks (Rosenberg et al. 2000) and thus a threat to conservation goals' accomplishments. Major threats to habitats' degradation include agricultural practices, water projects and urbanization. Over-harvesting impacts include destruction of biological structures through abrasion and repetitive disturbance of

mud-bottom communities by fishing trawls, dredges, or anchors, and loss of seagrass habitat from boating activities.

Mitigating habitat loss will require water quality management and consistent monitoring of population dynamic measures such as fish biomass³ and fish density⁴. In addition to studying biological elements, there is also the need to control for extractive and non extractive activities that cause long-term declines in habitat quality and ecosystem health (National Research Council 2001).

Theoretically-oriented analyses of both biological elements and extractive and non extractive activities include the classical **bio-economic models**, sometimes static but most often dynamic in nature (e.g., Pollacheck 1990; Holland and Braze 1996; Sanchirico and Wilen 2001, Sanchirico 2005; Sala et al. 2013). Typically, these bio-economic models typically maximize the present value of the stream of profits over time subject to the population dynamics. These studies often provide **simulation analysis** using representative parameter values and suitable sensitivity analysis. **Applied research** differs as it is oriented toward analyzing **specific case studies** focusing on particular MPA cases (e.g., Halpern 2002).

Initially, theoretically-oriented analyses showed that MPAs have effects on the spawning biomass by increasing it *within* the protected area, and in some conditions increasing the fishing's catch (e.g., Pollacheck 1990; Holland and Braze 1996). Applied research confirmed these findings, emphasizing the increase in spawning biomass *within* protected

³ Fish biomass is the wet weight of fish in an area

⁴ Fish density usually refers to the number of fish in an area

areas (Halpern 2002). However, more recently, theoretically-oriented analyses have shown that those biological benefits can provide a net increase on fishing not only inside but also *outside* the protected area. Moreover, they also show that this increase needs to be large enough to offset the losses associated with the closure of an area (e.g., Merino et al. 2009; Sala et al. 2013).

Holland and Brazee (1996) use a simulation model of an age-structured two-patch population model. They confirmed Polacheck's results that spawning stock biomass will always increase with MPAs creation. In their model they compare density/dependent stock/recruitment relationship within protected area and nearby unprotected area. They also include migration adults according to a density-dependent mechanism, and (uniform) larval dispersal. Holland and Brazee's model is a fully dynamic model so that it computes the present values of transition paths. They also find that whether the stock biomass increase creates conditions to generate a net increase in the present value of economic benefits, depends significantly on the discount rate and the pre-MPA exploitation level, as well as bio-economic parameters. In this model, effort⁵ is fixed both before and after MPA formation.

This analysis does not account for the fact that economic conditions will, in part, determine pre-MPA fishing effort and that the MPA will change profitability and hence subsequent effort decisions by fishermen (Smith and Wilen 2002).

⁵ Effort can be expressed in different ways including the time that an individual fishing trip takes, the number of fishers involved and the number of gears deployed.

Sanchirico and Wilen (2001) and Sanchirico (2005), developed a model describing a discrete number of subpopulations distributed in patches, but interconnected by biological and economic relations (Alban et al. 2006). In this model they improved Holland and Brazee's model (1996) by taking fishing efforts into account. They find that, under open access, most MPA scenarios produce a biological benefit but that there are very few combinations of biological and economic parameters that give rise to both a harvest increase and a biological benefit. In particular, they find that harvest increases are likely only when the designated MPA patch has been severely overexploited in the pre-MPA setting (Smith and Wilen 2002).

In contrast, Halpern (2002) analyzed 76 MPAs' experiences in different locations, conditions and enforcement levels. Initial experiences on biological MPAs' effects (Russ and Alcala 1994; Walls 1998 and Castilla and Durán 1985) indicated that two of the most impressive effects were the rapid buildup in biomass of previously exploited species and increase in species density. The author studied two measures to assess MPAs' effect. For each MPA, he studied the changes in density of key species within the protected area and compared them with nearby unprotected areas. For the case of Leigh Marine, in New Zealand, when compared to the density of comparable populations in neighboring areas open to fishing, the Lobster population was found to increase eight densities' values in the 15 years in which the area was protected (MacDiarmid and Breen 1992).

In addition to abundance increase, he also studied the average size of individuals of key species (biomass). After 15 years of protection in Egypt's Ras Mohammed Marine Park,

the average body weight of a specific species increased three-fold in the protected area when compared to nearby fished waters (Roberts and Polunin 1993b).

One of the most recent bio-economic models is designed by Sala et al. (2013). The authors designed a bio-economic model to determine the time period for which the species recovery and economic development of tourism surpass the short term loss in fishing.

By developing a biological model, where the population biomass dynamics of key species is designed and parameterized, the authors examine the effects of several species with different characteristics. They track the species biomass in each patch in each year and account for the growth of average individuals. Sala et al (2013) also include larval dispersal, recruitment and adult movement in their biological model in a Gaussian fashion. The bio-economic fishing model is based on profits from harvest, accounting for both before and after the MPA creation.

For tourism revenues, these authors define it as revenues obtained from of the price per dive/visit times the additional number of dives/visits due to the MPA. The marginal value of additional number of dives/visits depends on the number of dives/visits in the MPA and the biomass changes as well as on location specific parameters affecting these two variables. They find an optimal fee per dive depending on the number of dives that maximize tourism revenues.

Finally, Sala et al (2013) simulate the bio-economic model for the Medes Islands in Spain. This simulation study suggests that even for fisheries alone, the MPA creation will ultimately have a positive effect on fishing revenues as they increase after the MPA

creation, and tourism revenue exceeds the fishing revenues. The total value of the MPA becomes greater than the pre-MPA value within five years. Such analysis quantifies both the extractive and non-extractive benefits of the MPA and assesses if such activities conflict with other goals of protection.

The availability of biological data (e.g. fish density), fisheries data (e.g. catch per boat) and socio-economic data (e.g. additional number of dives/visits) are crucial to evaluate MPAs creation impacts. As discussed before, these data can be collected at different time periods to look for changes over time, for example, at set intervals subsequent to MPA creation (Mangi and Austen 2008). Data collection may include underwater visual census, experimental fishing and local questionnaires.

Delivery Phase

Dimension	Goal	Methodology
Outputs	What did we do?	<ul style="list-style-type: none"> • <i>Regulations on non-extractive activities.</i> For example: Limits on the number of visitors. • <i>Regulations on extractive activities.</i> For example: no-take areas.
Outcomes	What did we achieve?	<ul style="list-style-type: none"> • <i>Data collection:</i> <ul style="list-style-type: none"> Biological indicators: fish biomass, fish density Fisheries indicators: catch rate Socio-economic indicators: number of additional dives/visits
		<ul style="list-style-type: none"> • <i>Data analysis:</i> <ul style="list-style-type: none"> Bio-economic models Simulation studies Applied research

Figure 2 – Summary of possible methodologies and data in evaluating MPAs creation impact. It describes the delivery phase from IUCN’s Framework. Evaluating MPAs impact depends of the goals established and the main stresses experienced by the ecosystems. As briefly described before, the MPAs goals include conserving biodiversity, fisheries management and recreational activities. Depending on where a MPA wants to accomplish, different data, within methodologies, are studied.

5 The Berlengas MPA

By following IUCN's Framework delivery phase and previously presented literature review and findings synthesis of MPAs' evaluation, this work aims to draw a methodology to assess the effectiveness of Berlengas MPA creation (in 1998) and its delivery of both biological and recreational goals. In particular, the work focuses on biological measures (such as biomass density and diversity of organisms) as well as on fishing and socio-economic measures (such as the number of catches and the price per species, as well as the number of dives and the price per dive).

The Berlengas MPA is a type VI from IUCN's categories (Table 1): "*Areas that conserve ecosystems and habitats, together with associated cultural values and traditional natural resource management systems*" (Day et al. 2012). The Berlengas MPA is not strictly established for conservation goals of species and habitats. It also allows for economic activities such as fishing, recreational and diving under specific regulations with respect to biodiversity conservation (Law Decree 30/98). It includes two Partially Protected Areas (PPA I and PPA II) as well as a Complementary Protected Area (CPA). Both PPA I and PPA II are buffer zones where recreational and commercial fishing as well as tourism activities are allowed under specific regulation (Figure 3). Specific regulation includes a number of limited tourists by site and number of boats allowed for fishing. The CPA is open to fishing but not necessarily as an open-access fishery as legislation does not allow for commercial fishing by vessels not registered in Peniche Port Authority, trawl fishing, gill nets, trap fishing and shellfish collecting (Queiroga et al. 2009).

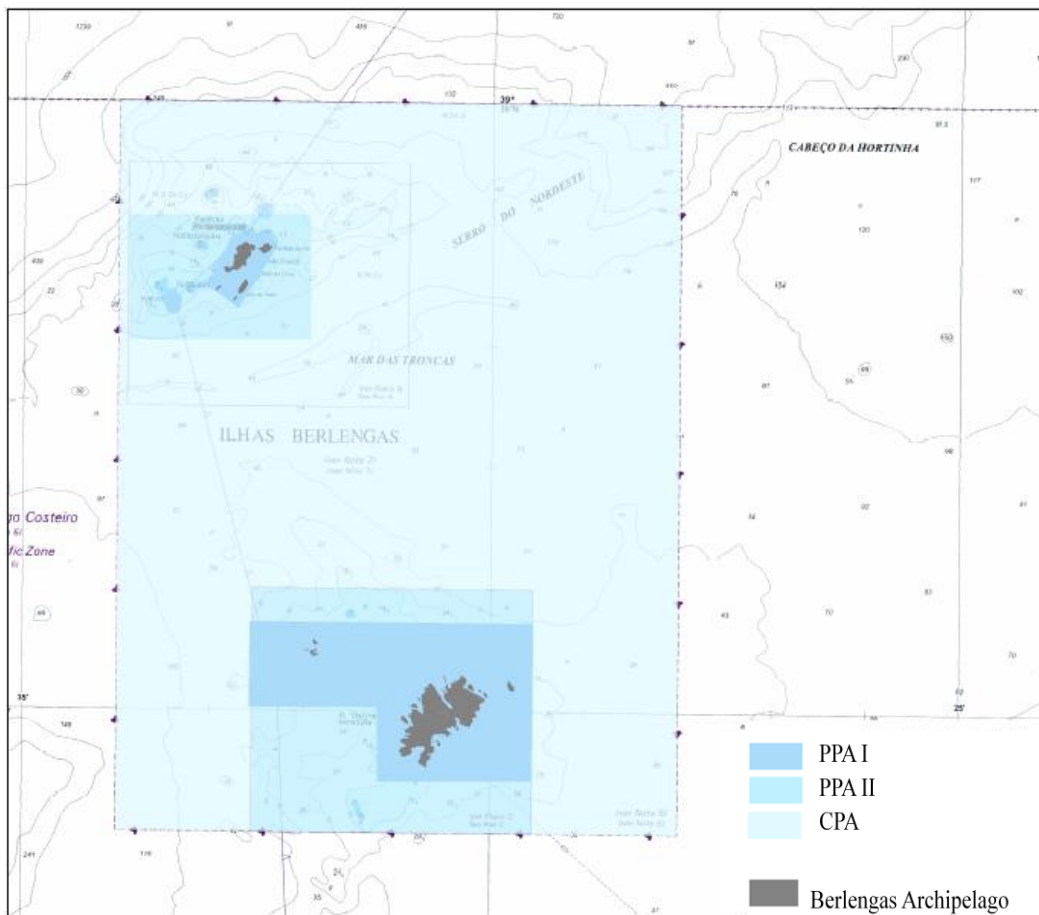


Figure 3 - The Berlengas MPA Management Plan: Zoning

Currently this MPA follows a Management Plan established in 2008. This Management Plan for the marine territory aims to support the decision-making on the use of the territory (Council of Ministers Resolution n°180/2008). It includes analyses, diagnostics/synthesis and the management proposal. The proposal is mainly constituted by a zoning map and a regulation associated with it. The first two phases, Design/Planning and Adequacy/Appropriateness, of the IUCN's Framework are very well described in this Management Plan as it is very detailed on the context, inputs and processes of management.

Since the creation of this MPA in 1998, nothing or very little has been studied in order to assess the impacts of this MPA creation and the effectiveness of the management plan

proposed. Some of recent work has attempted to understand and quantify the biological impact of Berlengas MPA (e.g., Almeida 1996; Vasco-Rodrigues et al. 2011). However, no marine scientific studies were done prior to its creation (Vasco-Rodrigues et al. 2011) thus limiting the analyses of evaluation effectiveness before and after the MPA creation. Nevertheless, the absence of scientific data is not an excuse to delay or not do the assessment of MPAs impacts, thus compromising the delivery of MPA's goals.

Bio-economic model: a possible approach

The impacts of MPA creation can be measured by relating the spillover benefits from inside the MPA to the unprotected areas nearby (spatial approach) instead of the before and after the MPA creation analysis. A starting point for this work's methodology is to adopt an already existing model and adapt it for the Berlengas MPA. As discussed before, the bio-economic model simulation from Sala et al. (2013) is a recent example where the biological effects from the Medes Islands MPA are related to the possible fishing and tourism activities inside and/or outside the protected area. It represents a possible methodology for the case of Berlengas MPA as both case studies are located near the shore and support similar economic activities. After developing the bio-economic model, the next step would be to select the appropriate measures. Defining the measures includes defining what data to collect and how to collect them.

For the case of the Berlengas MPA, this work includes the biological, fishing and socio-economic measures which are studied based on data collection of representative species and activities.

Representative species include those that 1) have higher conservation value, 2) have higher fishing commercial value and 3) species that attract divers. As representative of endangered species important for conservation, one could use 1) the Dusky Grouper (*Epinephelus marginatus*). To represent the species important to fishery, 2) the European pilchard (*Sardina pilchardus*), the Atlantic horse mackerel (*Trachurus trachurus*) or the Common octopus (*Octopus vulgaris*) could be used. To represent species that divers are interested in, 3) the Perciform fishes family (*Moronidae*) including the European seabass species (*Dicentrarchus labrax*) could be used. Data collection includes visual census techniques (Vasco-Rodrigues et al. 2011) and experimental fishing surveys (Stobart et al. 2009). Once the data is defined and collected, the indicators' calculation should be the next step, including the population dynamics (biomass density, growth of average individuals, fish moving from one area to the other), the fishery catch and fishery profit.

Representative activities include the identification of the most successful non-extractive and touristic activities allowed in the Berlengas MPA: diving, bird watching and recreational boating. Data collection on such activities should be obtained, in particular the annual number of tourists for each activity and the unit price of the activity. Having the data defined and collected, the tourism revenue estimate should be next step.

Based on the Sala et al. (2013) bio-economic model and its application to the Berlengas MPA, it would be possible to discuss the biological dynamics and how they affect fishery profits and tourism value. It is also possible to simulate when the benefits surpass the losses of requires data collection for simulation.

Indicator-based methodology: an alternative approach

An indicator-based methodology is a different approach for the case of management effectiveness evaluation. This methodology accounts solely for the evaluation of a different number of possible indicators designed according to MPAs' goals and objectives. It does not involve any bio-economic model and therefore does not relate biological effects with possible socio-economic benefits. Nonetheless, this methodology is not only useful, balanced, flexible and holistic but also a lot less ambitious than a bio-economic model.

Some countries have adopted this indicator-based methodology following the 2004 IUCN Guidebook as it is the case of the United Kingdom (Gubbay 2005). This Guidebook presents different clusters of indicators and each country adapts them according to its needs.

For the case of Berlengas and according to the Management Plan developed (Council of Ministers Resolution n°180/2008), MPA goals and objectives include the ones described in figure 4. Also, figure 4 includes examples of biological and socio-economic indicators used for evaluation. For example, the focal species abundance indicator includes counting the number of certain individual species during a limited period of time. Hence, one could monitor the evolution of each species and, if that is relevant, how that evolution affects other species.

Cluster	Goal	Objectives	Indicators
Biological	Biological diversity protected	Rare, localized or endemic species protected	Focal species abundance
	Habitat protected	Habitat quality and/or quantity restored or maintained	Habitat distribution and complexity.
Socio-economic	Enhance traditional activities.	Community participation strengthened	Existence and activity level of community organizations.
	Promote the sustainable use of resources, ensuring sustainable socio-economic development.	Scientific understanding expended through research and monitoring.	Distribution of formal knowledge to community.

Figure 4 – Examples of goals, objectives and proposed indicators for the Berlengas MPA.

This indicator-based analysis is useful if one collects data over different periods of time. Therefore, it is possible to compare data and get useful information on the evolution of each indicator. Nevertheless, when compared to bio-economic models with simulation analysis, indicator-based analysis is more limited. It does not balance biological effects with human activities such as fishery management and tourism.

6 Conclusion

As discussed before, there are MPAs' impact evaluations with different focuses. On the one hand, the focus may be on comparative evaluation analysis over time inside the MPA which relies on quantitative results such as the evolution of species or additional number of visits. This analysis can be performed before and after the MPA creation, to assess its impact, or performed during the life of the MPA to assess its maintenance. For the case of

Berlengas MPA, a before and after analysis is not possible due to the unavailability of historical data. However, it is possible to develop an indicator-based methodology that allows the evaluation of goals achievement from the moment it is implemented.

On the other hand, spatial analysis may also be conducted to evaluate the so called spillover effects balance between the protected area and unprotected areas nearby accounting for biological and socio-economic impacts. This type of analysis for the Berlengas case should rely on a bio-economic model such as the one presented by Sala et al. (2013) for the case of Medes Islands in Spain.

Both approaches are possible and could complement each other due to their different focuses. An indicator-based methodology is a starting point for the management effectiveness evaluation of the Berlengas MPA. This approach requires comprehensive data collection and thus it is important to start as soon as possible. Moreover, the possible application of this approach will allow for the creation of a database that can be further used in a more ambitious approach such as a bio-economic model.

The importance of having methodologies to assess MPAs' impacts it will be crucial to evaluate the possibility of creating new ones. In September 2014, Portugal's Government has designed a plan that is called "Commitment to Green Growth" which aims to "Promote in Portugal a green economic growth with national impact and international visibility by stimulating green economic activities, promoting the efficient use of resources and contributing to sustainability", said the Portuguese Environment Minister. Within the plan,

there is the objective of establishing new MPAs in order to classify approximately 10% of the Portuguese sea as a protected area by 2020.

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