

	Age group		
	From 23 to 28	From 67 to 73	From 76 to 89
Age	24.86 (1.77)	69.44 (1.88)	81.50 (4.31)
Weight (kg)	71.00 (17.29)	71.06 (13.62)	72.18 (12.98)
Height (cm)	176.00 (9.26)	166.56 (7.94)	166.37 (12.67)
BMI	22.87 (4.99)	25.42 (3.18)	26.06 (3.56)
Waist-Heel length (cm)	100.00 (6.67)	94.78 (6.14)	94.62 (8.16)

Table 1: Characteristics of the participants presented with means and standard deviations for each age group.

Illustration of one step length as measured by the two systems. With the Kinect sensor, step length was measured using the centroid distance (dotted line), whereas with the OptiTrack system, it was measured using the heel to heel distance (plain line).

