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Performance of the modified TRISS for evaluating trauma care in subpopulations: A cohort study

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ABSTRACT

Introduction: Previous research showed that there is no agreement on a practically applicable model to use in the evaluation of trauma care. A modification of the Trauma and Injury Severity Score (modified TRISS) is used to evaluate trauma care in the Netherlands. The aim of this study was to evaluate the prognostic ability of the modified TRISS and to determine where this model needs improvement for better survival predictions.

Methods: Patients were included if they were registered in the Brabant Trauma Registry from 2010 through 2015. Missing values were imputed according to multiple imputation. Subsets were created based on age, length of stay, type of injury and injury severity. Probability of survival was calculated with the modified TRISS. Discrimination was assessed with the Area Under the Receiver Operating Curve (AUROC). Calibration was studied graphically.

Results: The AUROC was 0.84 (95% CI: 0.83, 0.85) for the total cohort (N = 69 747) but only 0.53 (95% CI: 0.51, 0.56) for elderly patients with hip fracture. Overall, calibration of the modified TRISS was adequate for the total cohort, with an overestimation for elderly patients and an underestimation for patients without brain injury.

Conclusions: Outcome comparison conducted with TRISS-based predictions should be interpreted with care. If possible, future research should develop a simple prediction model that has accurate survival prediction in the aging overall trauma population (preferable with patients with hip fracture), with readily available predictors.

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Introduction

Prediction models that adequately predict survival are required to determine the quality of care in trauma patients. Trauma is a major cause of mortality in young adults worldwide [1]. In 2014, almost 84 000 patients were admitted due to injuries in the Netherlands and the 30-day mortality rate was 2.1% [2]. Scoring systems and prediction models are important tools to quantify the

probability of survival and to evaluate and improve the quality of care for the large number of injured patients [3].

The Trauma and Injury Severity Score (TRISS) was developed from the Major Trauma Outcome Study (MTOS) in 1987 to evaluate the quality of trauma care by comparing outcomes with a norm score [4]. The TRISS is a weighted score based on the Injury Severity Score (ISS), age, and the coded Revised Trauma score (RTS). The RTS combines the Glasgow Coma Score (GCS), Systolic Blood Pressure (SBP) and Respiratory Rate (RR). The MTOS was a retrospective study conducted in North America from 1982 through 1987 and was of great value for the development of TRISS. It has been shown previously that the TRISS has several limitations [5,6]. The use of TRISS in an external population raises concerns, because differences between cohorts are distinct [7,8].

Previous research in the Dutch population demonstrated an adequate performance of the TRISS with coefficients from the

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MTOS or from the National Trauma Data Bank (NTDB) in the total population, but demonstrated a poor reflection of the mortality risk of elderly patients (with hip fractures) [9–12]. Furthermore, Frankema et al. [13] suggested developing and using a more accurate model for the evaluation of trauma care in the Dutch trauma population. A recent review showed that there is no agreement on a better and practically applicable model to use in the evaluation of trauma care [14].

In 2015 the Dutch Trauma Registry developed a new model based solely on the variables in the TRISS model according to their trauma population, including the elderly patients with hip fracture [15]. This model is used to compare quality of care between Dutch hospitals, but has never been validated in subsets. The aim of this study was to determine the performance of the modified TRISS in subpopulations and to determine where this model needs improvement for better survival predictions in the Dutch trauma population.

Methods

Study population and data collection

At present, the Netherlands consists of eleven trauma regions, all including a coordinating trauma level I center. The region Noord-Brabant is representative of the total Dutch trauma population. It covers 16% of all admitted trauma patients in the Netherlands and includes urban as well as rural populations [2]. Eleven hospitals in the region Noord-Brabant contributed to the Brabant Trauma Registry (BTR), including one level I hospital and ten level II or III hospitals. The registry database contains data of all trauma patients in Noord-Brabant that were admitted after visiting the Emergency Department (ED) within 48 h after a trauma, independent of injury severity or injury type. Secondary referrals and patients who die in the ED were also registered. Patients who were dead on arrival were excluded from the registry.

A total of 72411 patients were registered in the BTR from 2010 through 2015. Variables collected in this registry included demographics, SBP, RR, GCS, ISS, trauma mechanism (blunt vs. penetrating) and Abbreviated Injury Scale (AIS)-codes (version 1998) [16]. In-hospital mortality was considered as the primary outcome measure.

Model

The Probability of survival (Ps) was calculated using the natural logarithm (Logit) of the modified TRISS:

$$\text{Logit (Ps)} = \alpha_i + \beta_{\text{GCS},i} * \text{GCS} + \beta_{\text{RR},i} * \text{RR} + \beta_{\text{SBP},i} * \text{SBP} + \beta_{\text{ISS},i} * \text{ISS} + \beta_{\text{age},i} * \text{age}$$

Age was equal to 0 if the patient was <55 years and equal to 1 if the patient was ≥55 years of age. The coefficients were derived from the Dutch Trauma Registry in 2015 (Table 1) [15].

Table 1
The estimated coefficients (b_n) of the modified TRISS as used in this study.

Mechanism of Injury	Coefficients ^a Blunt
Intercept	1.5090
RR	0.2372
SBP	0.6460
GCS	0.4008
ISS	-0.1087
Age	-2.2091

List of abbreviations: GCS, Glasgow Coma Scale; ISS, Injury Severity Score; RR, Respiratory Rate; SBP, Systolic Blood Pressure.

^a All coefficients are for blunt injuries. Penetrating injuries have different coefficients (data not shown).

Subsets

Analyses were performed on the total cohort (with and without elderly patients with hip fractures) and on several subsets. Elderly patients with hip fractures (patients ≥ 65 years and an ISS ≤ 13, suffering an isolated fracture of the proximal femur [defined as: AIS 1998 codes 851808.3, 851810.3 and 851812.3]) were excluded in the subsets, because it was previously suggested that those patients should be excluded from prediction modeling [17,18]. Each subset represents different challenges to the trauma centers, and were based on:

- Age:
 - Elderly, including only patients >75 years
 - Children, including only patients ≤ 15 years
- Type of injury: Traumatic Brain Injury (TBI), defined as AIS-head ≥ 3
- Injury severity: Major trauma, defined as ISS > 15
- LOS > 2, including patients who die during the first 2 days of admission.
- Trauma center (including only patients admitted to a trauma center level I) and non-trauma center (including patients admitted to a trauma center level II or III).

Statistical analysis

Prehospital coded values for the V component of GCS and RR were selected in patients that were sedated and/or intubated, instead of the registered hospital values. Also, prehospital values for the E and M component of GCS were selected in patients that were sedated. Data were screened for missing values. ISS, RTS and age for patients with missing outcome values and with unknown mechanism of injury were compared to patients with known outcome values. Missing value patterns were analyzed for GCS, SBP, RR and ISS. The components of the GCS were transformed into dummy variables and RR was log-transformed in the imputation process. We assumed that missing values were Missing At Random (MAR) [19] and imputed missing values using the following variables: mortality, mechanism of injury, ISS, eye/motor/verbal (E, M and V) component of GCS, SBP, RR, age, with 45 imputations and 10 iterations. Sensitivity analysis was performed in which only complete cases were included.

The performance measures that were used in this study were discrimination and calibration. Discrimination was calculated using the Area Under the Receiver Operating Curve (AUROC), including a 95% confidence interval (95% CI). Differences between AUROC were considered significant if the 95% CI did not overlap. Calibration was assessed graphically using calibration plots. In calibration plots the agreement between observed proportion of survival and the predicted probability is visualized using restricted cubic splines.

The performance of modified TRISS for the total group of patients was compared with the specific subsets, to determine the effect of inclusion and exclusion of the subsets. The statistical programs IBM SPSS version 24 (Chicago, USA) and R version 3.4.0 (R Foundation for Statistical Computing, Vienna, Austria) were used for the analyses.

Results

Baseline characteristics

A total of 72411 patients were included in the BTR. Patients with penetrating injury (N = 2539) were excluded because the number of non-survivors (N = 32) was too low to interpret the results of

discrimination and calibration. Patients with unknown survival outcome (N = 125) were excluded from analysis. The excluded patients did not differ in age, RTS, or ISS from the total cohort (data not shown).

There were 69747 patients used for further analysis, including 11 514 elderly patients with hip fracture. The eye component, motor component and verbal component of the Glasgow Coma Scale were missing in 5995 (8.6%), 6024 (8.6%) and 6162 (8.8%) observations, respectively. SBP was missing in 11 777 observations (16.9%), RR in 30 083 observations (43.1%) and ISS was missing in 158 patients (0.2%).

The mortality rate decreased (1.7% vs. 2.1%) in the total cohort after exclusion of elderly patients with hip fractures (Table 2). Next, the exclusion of children from the BTR resulted in an increase in mortality rate (2.1%). However, the ISS (median [IQR]) remained the same. Excluding the elderly from the BTR resulted in a higher percentage of men (60.7%) and a lower mortality rate (0.9%), compared to the total cohort.

The exclusion of non-TBI patients and minor injury resulted in older age (55.3 (SD: 23.9) and 60.6 (SD: 22.3) respectively) and higher mortality rates (12.1% and 12.8% respectively). Patients with LOS > 2 had a mean (SD) age of 60.6 (22.9) and a mortality rate of 3.4%.

Patients in the level I trauma center were younger (45.4 [SD: 27.6]), had a higher mortality rate (4.5%), and had a higher median ISS (9 [IQR: 4–11]) compared to the level II and III trauma centers (mortality rate: 1.2%, age: 47.9 [SD: 27.9] and ISS [IQR]: 5 [4–9]).

Discrimination

No differences were found between complete case analysis and the imputed dataset for discrimination (data not shown). The AUROC of the total cohort was 0.84 (95% CI: 0.83, 0.85) and for the elderly patients with hip fracture 0.53 (95% CI: 0.51, 0.56) (Fig. 1). After exclusion of the elderly patients with hip fracture the AUROC of the different subsets ranged from 0.72 (95% CI: 0.70, 0.74) for the subset older than 75 years to 0.93 (95% CI: 0.91, 0.94) for the subset level I trauma center. The subset with exclusion of children, the subset with elderly patients, the selections based on ISS, LOS > 2 days and the subset with only level II and III trauma centers decreased the discriminative ability significantly. Discrimination was significantly higher in the Level I trauma center than in the level II and III trauma centers.

Calibration

Calibration curves for the modified TRISS were shown in Fig. 2. There were no apparent differences between calibration of the

total cohort and the complete cases. The total cohort showed predictions close to the identity line, thus equal observed proportion and predicted probabilities. After exclusion of the elderly patients with hip fracture, the cohort showed higher observed proportion of survival compared to the predicted probabilities in the highest Ps bins (0.8–1.0).

The subset ≤ 75 years old showed a higher observed proportion of survival compared to the total cohort, especially in the highest Ps bins (0.5–1.0). The subset of elderly showed a significant overestimation of the predicted survival rate.

The calibration curve of the TBI subset showed an underestimation of the predicted probabilities of the TRISS in the lower Ps bins (0.0–0.3) and an overestimation of the higher Ps bins (0.3–1.0). The non-TBI patients showed a significant underestimation of the predicted probability of survival in all probability bins. Calibration of the subset with an ISS > 15 showed a similar curve as the TBI subset. The subset LOS > 2 showed an calibration curve close to the identity line. The level I trauma center had higher observed proportion survivors in the lower Ps bins (0.0–0.7) but lower observed proportion in the higher Ps bins (0.7–1.0) compared to the predicted probabilities. The calibration curve of the subset with only level II and level III trauma centers was close to the identity line.

Discussion

Prediction models need to be reliable if used in evaluating the quality of trauma care. Although discrimination of the modified TRISS in the total trauma cohort was adequate, the model performed much better when excluding elderly, with or without hip fractures. Overall, calibration of the modified TRISS was adequate for the total cohort. However, the model overestimates the survival for the elderly and underestimates survival for patients without TBI.

Discrimination of a model is dependent on the distribution of prognostic factors. Discrimination in the elderly (with hip fractures) could be low because the heterogeneity of the case-mix decreased. In contrast to discrimination, calibration of the cohort excluding elderly with hip fractures showed no differences compared to calibration of the total cohort. The lack of differences in the calibration plot could be explained by the high number of patients remaining in the highest predicted probability group after excluding the relative low number of elderly with hip fractures. The NTDB encourages researchers to use inclusion and exclusion criteria in the data registry to create a more homogeneous group; for example, hip fractures should be excluded or analyzed separately, which is also confirmed by Gomez et al. [17,18]. In

Table 2
Study characteristics of the Brabant Trauma Registry with patient subsets from 2010 through 2015.

	Brabant Trauma Registry									
	Including elderly with hip fractures ^a		Excluding elderly with hip fractures ^a							
	Total cohort	Hip fracture ^a	Total cohort	Age (years)		Trauma severity			Trauma center	
			>15	≤75	TBI ^b	Major trauma ^c	LOS > 2	Level I	Level II and III	
N	69747	11514	58233	47565	46150	3531	3932	28883	8443	49790
Age (mean, SD)	53.2 (28.6)	82.0 (7.7)	47.5 (27.8)	56.6 (22.2)	38.0 (23.0)	55.3 (23.9)	55.7 (22.3)	60.6 (22.9)	45.4 (27.6)	47.9 (27.9)
Male (%)	49.7	27.9	53.9	53.0	60.7	62.3	65.7	47.6	58.5	53.2
In-hospital mortality (% , N)	2.1 (1490)	4.4 (502)	1.7 (988)	2.1 (982)	0.9 (406)	12.1 (428)	12.8 (503)	3.4 (975)	4.5 (381)	1.2 (605)
RTS (mean, SD)	7.7 (0.4)	7.8 (0.3)	7.7 (0.5)	7.7 (0.5)	7.7 (0.5)	7.1 (1.3)	7.2 (1.3)	7.7 (0.6)	7.5 (0.9)	7.7 (0.4)
ISS (median, IQR)	9 (4–9)	9 (9–9)	5 (4–9)	5 (4–9)	5 (4–9)	17 (11–25)	20 (17–26)	9 (4–9)	9 (4–11)	5 (4–9)
ISS (mean, SD)	7.5 (5.2)	9.0 (0.2)	7.2 (5.7)	7.4 (6.1)	7.2 (5.7)	19.2 (9.5)	22.9 (8.6)	8.7 (6.7)	10.2 (9.4)	6.7 (4.6)

List of abbreviations: AIS, Abbreviated Injury Scale; ISS, Injury Severity Score; IQR, Interquartile range; LOS, Length of Stay; N, number; SD, Standard Deviation; RTS, Revised Trauma Score; TBI, Traumatic Brain Injury.

^a Patients with hip fracture were considered equal to or older than 65 years, ISS < 13 and one of the following AIS 1998 codes 851808.3, 851810.3 or 851812.3.

^b Patients with TBI were defined as AIS-head ≥ 3.

^c Major trauma was defined as ISS > 15.

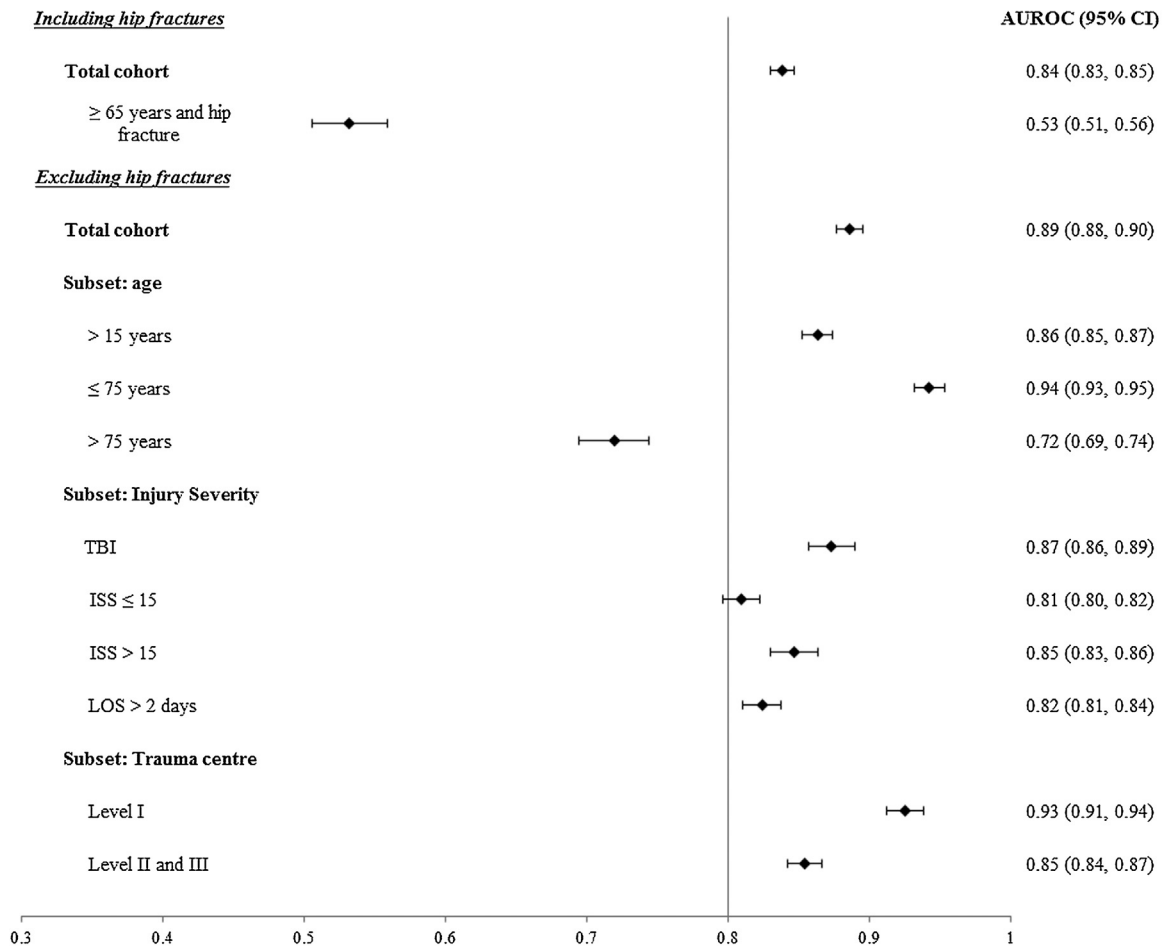


Fig. 1. Discrimination of the modified TRISS for the total cohort and subpopulations. List of abbreviations: AUROC, Area Under Receiver Operating Curve; CI, Confidence Interval; ISS, Injury Severity Score; LOS, Length of Stay; TBI, Traumatic Brain Injury. *Patients with hip fracture were considered equal to or older than 65 years, ISS < 13 and one of the following AIS 1998 codes 851808.3, 851810.3 or 851812.3.

contrast, others argue that elderly with isolated hip fracture should be included in the trauma registry [20]. Elderly with hip fracture comprise currently 17% of the total Dutch trauma population [2]. Due to the aging population and the high incidence of falls within these often frail patients, the number of elderly in the trauma registries with hip fractures will increase the following decades. However, this study supports the fact that elderly with hip fracture should be excluded for general trauma center benchmarking when the modified TRISS is used and should be analyzed separately for benchmarking purposes using a more specific prediction model. Nevertheless, if it could be achieved to develop a model with accurate predictions in all subsets, it is preferable to include elderly with hip fractures for evaluation of quality care, to cover all trauma related injuries.

Another explanation of the moderate discrimination in elderly could be explained by the lack of measures for frailty in the model. Next to frailty, dichotomization of age leads to a loss of information, and could be one of the main reasons for the poor performance of the modified TRISS in the elderly [21,22]. Also, elderly often suffer from comorbidities, which could be important predictors of mortality in the aging population [17,23–25]. Some of these issues were already incorporated in previously developed models [26–28]. However, comorbidity measures and frailty are not incorporated in the Dutch Trauma Registry and could therefore not be used in benchmarking trauma care.

The TBI subset had accurate predictions among the lower survival probabilities intervals in the TBI subset. However, the higher intervals showed an overestimation of the survival

predictions. Previous research suggested an inability of ISS to account enough for multiple injuries to the same body region [29]. While mortality is often attributed to TBI, severe TBI is often not entirely captured by a measure such as the ISS. Champion et al. [30] suggested to include all anatomic injuries for more accurate survival prediction in patients with TBI.

There are some limitations to this study. First, the modified TRISS is developed in the Dutch trauma population, including the BTR. Results could differ if this model is validated in an external cohort (i.e. a cohort that is not incorporated in the Dutch trauma registry). The study may not be generalizable to other settings with different patient composition. Second, missing values are a common problem in trauma registries. Ignoring them could influence the results and decrease the statistical power. Multiple imputation is an increasingly chosen solution to minimize bias and increase precision [31–33]. The imputation model applied in this study was based on literature [34]. Therefore, we assume that no major bias occurred, as confirmed by the similar results in a complete case analysis. However, it could also be argued to exclude predictors with a high proportion of missing values (e.g. RR in the modified TRISS) for more optimal predictions. Next, patients with unknown mechanism of injury (N = 1172) were included as patients with blunt injuries. It is unlikely this influenced the results, since most trauma patients have blunt injury [2]. In addition, the use of AIS98 is considered a shortcoming. The BTR included AIS08 codes from 2015 onwards, but conversion of AIS98 to AIS08 showed to be unreliable [35]. However, to obtain power to

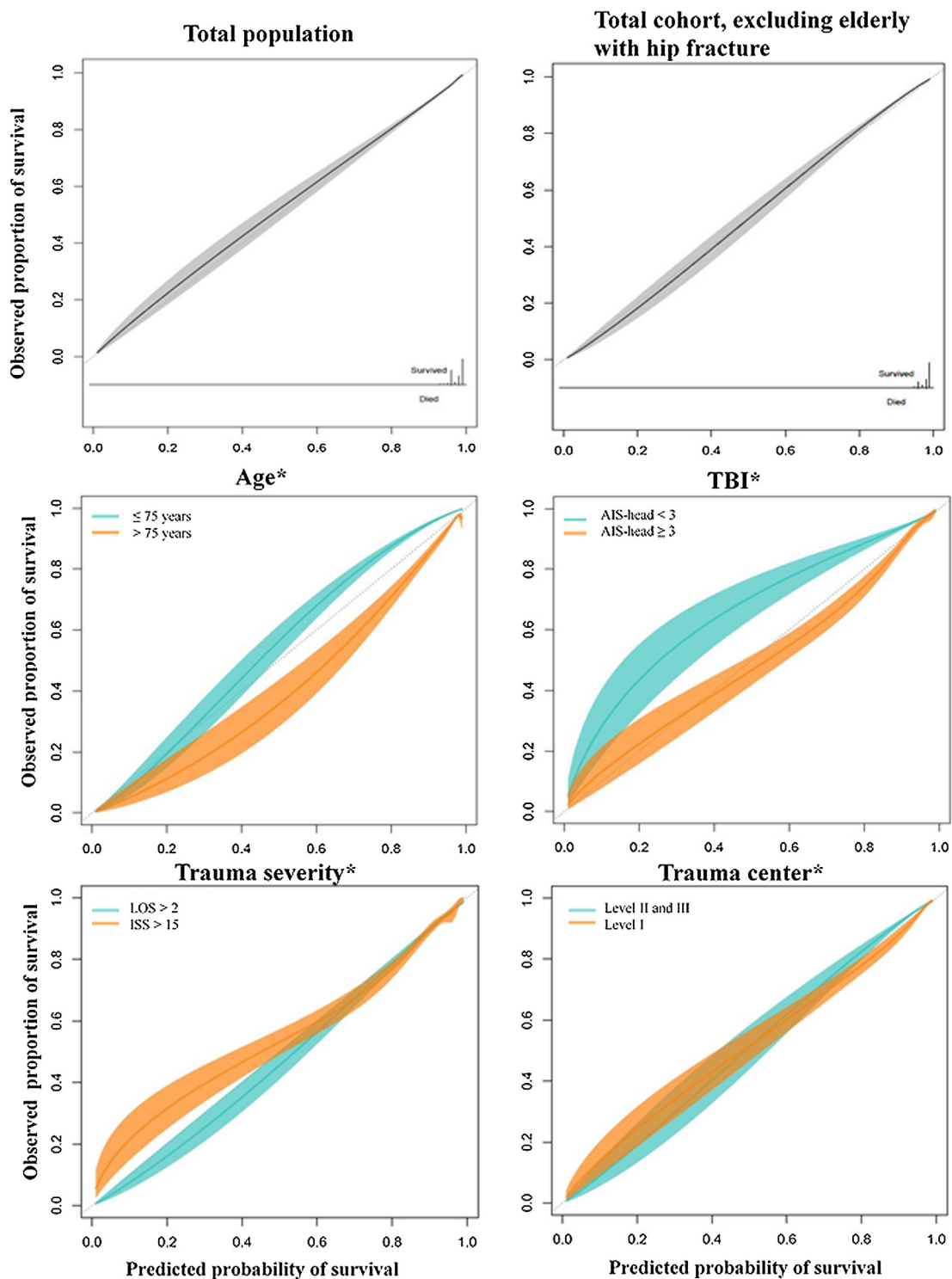


Fig. 2. Calibration curves for the modified TRISS in the total cohort and in different subsets of patients.

List of abbreviations: ISS, Injury Severity Score; LOS, Length of Stay; TBI, Traumatic Brain Injury.

*Cohort, excluding patients with hip fracture (patients with hip fracture were considered equal to or older than 65 years, ISS < 13 and one of the following AIS 1998 codes 851808.3, 851810.3 or 851812.3).

assess performances among subsets of the registry more years with old AIS98 codes were used, instead of two years with newer AIS08 codes. Last, we note that the outcome measure, in-hospital mortality, is a poor measure of outcome. A better outcome would be 30-day mortality. However, this outcome is not reported in the trauma registry.

The current overall mortality rate in the Netherlands of the acute hospitalized trauma population is only 2%. Therefore, it could be suggested that mortality is not the most important outcome to evaluate trauma care. With the decrease in mortality rates in the developed countries, trauma care could also be assessed with non-fatal outcome measures.

Outcome comparison conducted with the modified TRISS should be interpreted with care, because the performance of the model is highly dependent on the case mix of the patients included in the registry. The quality of care in the elderly should not be evaluated when the modified TRISS is used. If it could be achieved in the future to develop a model with accurate predictions in all subsets, it is preferable to include elderly for evaluation of quality care to cover all trauma related injuries. Predictors should be readily available and easy to collect in the current trauma registry.

Conflicts of interest

The authors declare no conflict of interest.

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