

Decary Renovations for the 2011-2012 Academic Year



COURTESY OF UNE COMMUNICATIONS Decary Hall during Summer 2011 renovat

BY DANIELLE CROPLEY Nor'easter Staff

The 2011 Summer Term, like many that have come before it, was a time for change and restoration. In the case of Decary Hall, this not only meant new internal changes that required mild clean up, but also a new exterior matching the front side of one of the oldest buildings on the Biddeford Campus. Despite the obvious cos-

metic and aesthetic improvements, the reasons behind the Decary Hall renovations were anything but superficial. According to Alan Thibeault, Assistant Vice President for Campus Planning, the improvements were made for two significant safety purposes; one, to repair the delaminating walls and loose bricks, and two, to improve fire safety egress from the building. As it stood before the repairs, the exterior wall system of Decary was failing and there was

only one very roundabout means of exit from the fourth floor in the case of a fire.

To design the new-and-improved campus building, UNE hired Port City Architecture from Portland, ME, as the university has had a long standing relationship with the company since 1993. The overall restoration for this projection was budgeted at \$1.3 million, according to Thibeault, which was based off of last year's and this year's capital budget. The construction manager hired to complete the job under these financial limitations was Allied Cook Construction, another UNE affiliate since 1978. Several other subcontractors worked alongside Allied Cook during the construction process, in much the same way as during the building of Sokokis Hall and for the current renovations of Godard Hall on the Portland Campus.

Thibeault says that changes such as the ones made to Decary Hall are usually carried out over the summer months due to decreasedstudent population; however, this project has been underway for several years. Since the initial identification and temporary stabilization of the wall damage, Thibeault and his team

knew that a few years of designing, planning, and financial saving would be necessary to finish the renovations properly. Although they were hoping to complete this project last April, Thibeault said that the finances weren't granted until this spring.

Despite the momentary financial setback, Thibeault says that there were no other major hiccups during the construction. Due to plenty of preemptive planning and assessment of the wall conditions, no glaring surprises

seemed to pop up. That being said, Thibeault and the Department of Campus Services would like to "formally thank UNE faculty, staff, and students for their incredible cooperation and patience throughout this rather disrup-tive and dusty process." Now that Decary Hall is complete, UNE is now focusing on the Biddeford Athletics Complex and Portland's Goddard Hall, along with continuing to fix any minor problems that may come up over the course of theschool year.



COURTESTY OF UNE COMMUNICATIONS Decary Hall near completion of renovat

UNE Begins Groundwork for Harold Alfond Athletics Complex

BY STEVE SCRIVENER Nor'easter Staff

Monday, September 26, 2011 marked a significant milestone for the University of New England with the groundbreaking ceremony signaling the beginning of construction for the new sports complex. In the past several years, the university has been expanding its facilities to accommodate the needs of a larger student population. UNE has worked to accommodate with the addition of a new residence hall, blue turf lacrosse field and a parking lot. The most recent project is the future athletic complex which will include an ice hockey rink, basketball court, and stadium seating. In 2006, Bradley Holt was hired by the university to build a competitive Division 3 men's ice hockey program that currently plays out of the Biddeford Ice Arena. In its first year, the program competed against the area's top club teams, before making the tough



UNE President Danielle Ripich, Greg Powell of the Harold Alfond Foundation, and

transition into the nation's top Division 3 program, the ECAC East, with schools such as Southern Maine, Norwich and New England College. In the team's first year in the league, with a roster compiled of mostly freshmen, the hockey squad finished with a 3-22 record, showing

determination and a lot of room for improvement. The following year the Nor'easters doubled their win total, showing that their hard work was paying off, but nonetheless there was still work to be done. Following the season, the announcement was made in regards to there being a new rink

COURTESY OF UNE COMMUNICATIONS

to be built on campus, with the help of a \$10 million dollar contribution from Harold Alfond. Last Monday, the university held an open service to celebrate this newest addition to the UNE community, where several key athletes had the opportunity to voice their opinions; among them

were Field Hockey player Michelle Oswald and Ice Hockey captain Scott McManaman. After his speech, the emotional Scott Mcmanaman stated that, "when UNE started its varsity hockey program two years ago, we all came here to help build the program with the thought of one day building our own rink. With a lot of hard work and a complete team effort, we will now have one that is comparable to the top ranked Division 3 schools in the country." Being the team's captain and a key figure in the progression of the hockey team, it was only fitting that Mr. McManaman spoke at the convention. Not surprisingly, there is a lot of excitement and anticipation for both faculty and students circulating around the construction of the new athletic complex. By next year the facilities will be up and running, giving UNE's teams the upper hand in athletic performance, with the opportunity to compete in one of the nation's top environments right in front of the UNE community.

NEWS:

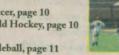
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what's Up with the Weather?

TODAY

Showers. Highs in the low 60s and lows in low 40s.

TOMORROW

Times of sun and clouds. Highs in the low 60s and lows in low 40s.

WEEKEND FORECAST

Friday

Partly cloudy. High: in the upper 60sand lows in the mid 40s

Saturday

Mainly sunny. Highs in the low 70s and lows in the upper 40s.

Sunday

A few clouds. Highs in the mid 60s and lows in the low 50s.

Courtesy of weather.com

On this Day

in history...in

1945

Nationally

"Meet the

Press"

premieres

on the

radio

Internationally

Indonesian

army forms

Courtesy of brainyhistory.com

Andrew Card's "Whispered Interruption" Retells the Story of 9/11

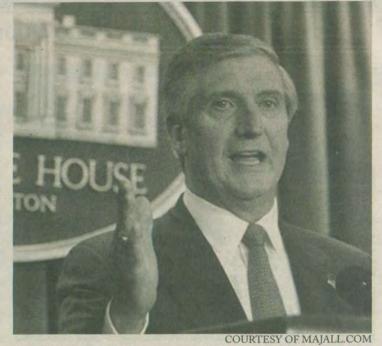
BY CONSTANCE GLYNN Nor'easter Staff

On September 22, UNE was visited by former White House Chief of Staff under President George W. Bush, Andrew Card. Dean, who is the currently the Dean of The Bush School of Government and Public Service at Texas A&M University, was the second annual speaker at UNE's George and Barbara **Bush Distinguished Lecture** Series. His talk, entitles "Whispered Interruption: Bush Leads A Changing World," focused on the attacks of September 11, 2001. President Danielle Ripich welcomed the audience present in the gymnasium, and Chair of the Department of Political Science, Ali Ahmida, introduced Card and distinguished guests President George H.W. Bush and Barbara Bush.

With both appropriate good humor and serious reflection, Card recounted his personal experience with 9/11. Card's lecture began with the morning of the attacks and he went through the day in its entirety and the days directly following. He told of his specific involvement, from being with President

Bush at the elementary school, to leaning over and whispering the news in the President's ear, to driving through New York City amongst the rubble, and how he interacted with both the victims and the heroes. Card spoke about the dilemmas him and the President faced when making the tough calls during the hours of the attacks and declaring war. Reflecting on his fear for the safety of the nation, himself and his family, Card related the measures taken to ensure security and gave an inside look at the CIA's and the military's involvement that kept everyone safe directly following the attacks. Card expressed his lasting gratitude for the heroes and his ever-present grief for the victims and their loved ones.

The image of Card leaning over to tell President Bush about the attacks is one of the nation's most iconic images. Card related to the audience how he came to the decision to only whisper a few words in the President's ear, which were; "A second plane has hit the second tower. America is under attack." He examined the idea that he was spreading such awful news in a classroom full of innocence, and he aimed this specifically to UNE students,



Andrew Card addressing UNE on September 22, 2011

who for the most part were only in middle school in 2001. He described this paradox in these student's terms, students who were too young at the time to understand but who grew to realize the day's importance. These students are the legacy of 9/11 and as adults now, are left to grapple with it.

Overall, Card's lecture was very eye-opening and left audi-

ence members either shivering at the images Card was painting or chuckling at the moments of his comic relief. For about an hour and a half, UNE's gymnasium was overpowered with reminiscing on a historical event that affected everyone present in some way, shape or form. It was taken over with thoughts of the future and hope for a nation to continue to heal.

UNE's Emphasis on Research Important to Faculty and Students Alike

BY JOCELYN KOLLER Nor'easter Staff

Each semester, a number of UNE professors complete research within their field. This year, many UNE professors have planned a sabbatical, during which they will conduct research. Among those professors is Dr. Michael Arciero, of the mathematics department.

Dr. Arciero, an associate

Jeanne Hey, Dean of the

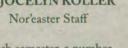
College of Arts and Sciences, feels that research such as Arciero's is extremely important to UNE's success. She believes that "Faculty research is a fundamental part of UNE's mission. Research advances knowledge and understanding, keeps faculty engaged and up-to-date in their fields, and contributes to faculty expertise and innovation in the classroom." Dean Hey also mentions the frequent facultystudent collaborations that occur on UNE's campus, and states

her support of these interactions as well. Currently, there are members of the sophomore, junior, and senior classes who have already completed research with the help of a UNE professor, and more projects are likely underway. Undergraduate students on campus today are

working on research in many fields--marine sciences, pharmacology, history, psychology, and more. This research experience, along with the networking that may result from it, gives UNE students an advantage after graduation. Further, student research would not be possible without faculty help. As Dean Hey states, "Because our faculty are research active, they are poised to support our students' research ambitions and skills as well.'

Undergraduate research has become an important part of UNE's success. The university continues moving forward with help from professors who are conducting research themselves. Many well-loved professors may be absent from teaching this semester or next, but are still contributing to the UNE community by furthering their knowledge within their field and focusing on learning new skills to aid our undergraduates.





professor of mathematics, plans to take a sabbatical in the spring to complete research within the field of bioinformatics. This upand-coming field focuses on how computer science interacts with and contributes to biology, by using computers and technology within the fields of biology and medicine. Dr. Arciero's research will focus specifically on DNA. Arciero plans to study "digital signal processing techniques," and how they are used to analyze DNA. The goal of this work is to discover the location of genes and their coding regions. This work with DNA is extremely important to the understanding of "gene-based" diseases -- things like sickle cell anemia and cystic fibrosis. Dr. Arciero's research, therefore, will combine the world of mathematics with the fields of biology and medicine.

BY KATELYN KAULBACK Nor'easter Staff

Somali Pirates Abduct Two Women in Past Month

On Saturday, a French woman who was vacationing in coastal northern Kenya was abducted by Somali pirates. She was staying in a home she owns and lives in for approximately half of the year. Ten armed Somalis abducted the woman (whose name is not being released) and brought her to their boat. Kenyan navy forces chased after the boat, turning the ordeal into a high-speed boat chase. Unfortunately, the abductors got away and escaped deeper into Somalia, taking the woman with them. The woman is reportedly in her 60's and is already in poor health, confined to a wheel chair.

Last month, British tourists David and Judith Tebutt were visiting a safari lodge when they were abducted by the same pirates. The pirates killed David because he resisted their abduction. While it is known where Judith is being held, the British government has asked for this information to not be released, in fear of further harm being done.

Kenyan officials are urging tourists to stay away from coastal areas that could be dangerous. It is reported that tourists are actually leaving Kenya in fear of being abducted. It is also reported that security in the area has not improved since the abductions. (source: www.cnn.com)

Two Typhoons Hit Philippines

Two typhoons have hit the Philippines this past week. Typhoon Nesat hit the Philippines last Tuesday, killing 52 people and leaving thousands of others homeless. On Saturday, Typhoon Nalgae traveled the same path of Nesat, and killed three.

Residents have been stranded for days due to flooding and extremely small alleyways that rescue boats are not able to fit through. The Air Force has been deployed to these locations to drop food and water on stranded residents. The situation is only expected to get worse, as rain is still

World News draining down from the mountains. (source: www.bbc.com)

Yemen Soldiers Accidentally Killed

by Warplane

For the past month, the Yemen army has been on a mission to retake the city of Zinjibar from the al-Qaida militants who captured it in May. On Saturday, a warplane was sent to attack an abandoned school where they believed some militants were hiding. However, the school was actually filled with Yemen soldiers. 30 soldiers were killed and many others were injured in the bombing. (source: www.npr.com)

Harold the Bottle Man

58 year-old Harold Hackett lives in Tignish, a town on Prince Edward Island, Canada. Since May of 1996, Harold has been sending out messages in old juice containers into the ocean. In total, he has sent 4,800 messages and has received over 3,100 replies from Russia, Iceland, Holland, the United Kingdom, Florida, Africa, and the Bahamas. Sending about 200 messages per week, he claims he never imagined he would receive so many responses. He even receives Christmas cards and gifts. A local newspaper has given him the name of "The Bottle Man."

Rather than using modern day technology for social networking, Harold prefers the messages. COURTESTY OF AMER-TECH.COM

"I just love doing it the old way. The reason I won't put my phone number on my letters is they'd all call me back, and I wouldn't get any letters," Harold says. Some of his letters are on display at the "Ripley's Believe It or Not!" museum in a nearby town.

(source: www.msnbc.com)

UNE SECURITY BLOTTER

9/1/11

Student reported bleeding from a piercing site

9/2/11

- Oil spill reported at Campus Center
- Student involved in skateboarding injury outside of Champlain Hall

9/3/11

 Underage drinking and suspected drug use on Nor'easter Way; visitor given 24 hour no trespass order by Biddeford PD

9/5/11

- Security responds to report of intoxicated female in Avila Hall
- Hills Beach resident called to report students trespassing in yard
- Bodywise member fell in

Campus Center

- 9/6/11 • Vehicle stuck a light pole in facilities parking lot
- Vehicle strikes other vehicle while attempting to park; minor damage reported

9/10/11

- Suspicious activity reported behind residence halls on Portland campus
- 9/11/11 • Medical transport for sick student in Featherman
- Medical transport for intoxicated student with laceration on foot

9/12/11

Fire in Siena Hall, first floor full of smoke but alarm did not go off due to malfunction sible concussion in Assisi Hall · Housekeeper reports strange smell in Morgane

Security responds to pos-

9/17/11

9/15/11

- Inebriated female in Sokokis Hall
- Illegal activity reported in West Hall

9/19/11

Grease fire in West kitchen

9/20/11

- AC requesting security to help take statements from students involved in altercation earlier in the night.
- Officers respond to Decary Hall panic alarm
- Professor calls to report she

is missing her jacket

- 9/21 • Professor on Portland campus reports finding man in her office looking through her personal items
- Student called reporting stomach pains in Featherman Hall
- Student feeling faint and dizzy in Featherman Hall

9/22/11

- RA in Freddy Hal requesting EMS
- Safe Ride Van hit another van while parking

9/24/11

- RA reports intoxicated students giving a hard time
- Student unconscious in 2nd floor men's bathroom, student had been vomiting

(thought to be from excessive intake of alcohol) at the time that he passed out.

- Sokokis Hall front desk was moved causing security alarm to be set off
- Caller reports sinking UNE sailboat

9/25/11

Bike reported stolen outside of East Hall

9/26/11

 UNE EMS called to Padua for female with stomach pains and vomiting

9/28/11

- Officers report finding cardboard box with gaming electronics in lot #20
- Caller reports suspicious activity in parking lot involving bicycle

An Apology:

In the last issue of the Nor'easter News, Vol. 5, Issue No. 1, the wrong photograph was paired with the article introducing the new Provost. The correct photograph of Dr. Jack Williams can be found in the extended Faculty Spotlight interview with him on the following page. We, the Nor'easter News, apologize for the discrepancy and take full responsibility for any confusion this mistake may have caused.



FEATURES

Faculty Spotlight: Dean Hey and Provost Williams

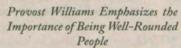
BY CONSTANCE GLYNN Nor'easter Staff

Dean Hey Looks Forward to Embracing UNE's Liberal Arts Education

Jeanne Hey earned a B.A. in international relations and Spanish from Bucknell University and an M.A. and Ph.D. in political science from the Ohio State University. Dean comes to UNE after 19 years at Miami University, which is located in Ohio. At Miami University, Hey was a faculty member in the department of political science and also served for nine years as the director of international studies. In 2009-2010, she served as interim dean of Miami University's Middletown campus, and then chose to come to UNE. Attracted to the idea of leading a thriving Liberal Arts college housed within a larger university and the location of UNE on the coast of Maine, Hey left southwestern Ohio and now lives in Saco with her husband and two sons

Dean Hey will act as Dean for UNE's College of Arts and Sciences, which includes programs in fine arts, social sciences, natural sciences, humanities, education and business. Hey sees the College of Arts and Sciences (CAS) as both a challenge and a blessing. She sees the fine arts as a crucial aspect to a liberal arts education and she wants them to thrive here. Yet, she is hesitant when it comes to starting new programs since it is hard and expensive to do everything really well and at such a small school that does not many students enrolled in these fine arts programs. Rather, Hey sees it as imperative to build on the commitments UNE already has and to emphasize the great faculty in place. As for the sciences, Hey emphasizes the need to preserve and strengthen these programs which draw in most of the undergraduates. Overall, Hey sees the College of Arts and Sciences as a "thriving, on-the-go" place where she hopes to contribute to its progress. She describes her goals for CAS as meeting "academic

excellence and student needs." As a strong supporter for UNE's CAS core curriculum, Hey advocates for the importance of studying outside of one's major and taking classes that require individuals to read, write, and think critically while gaining communication skills. She states that "the core curriculum gives you the skills to be a life-long learner. Life is not limited so education shouldn't be either." It comes as no surprise then, that Hey describes herself as a "study abroad madwoman." With a background and passion in international education, Hey finds diversity as exciting and imperative. Hey recounts that in today's economy, students cannot afford to miss out on the opportunities that international education has to offer. She sees it as an experience that can lead to true learning and personal/professional growth. Because of this outlook, Hey emphasizes the resources UNE has to offer that can lead to study abroad, including specifically the Seville program.



Dr. Jack Williams has served as an educator, researcher and leader for 19 years in both private and public institutions. He comes to UNE from Gordon E. Inman College of Health Sciences and Nursing at Belmont University in Nashville, Tennessee, where he served as dean. Prior to that, he served as dean of the division of Health Sciences in the School of Medicine and Health Sciences at the University of South Dakota in Vermillion, South Dakota. Between these two institutions, Williams has 11 years of experience as a dean. As dean at these two universities, Dr. Williams was responsible for 15 different academic programs in 10 different fields at both the undergraduate and graduate levels. It was announced over the summer that Williams would be joining UNE as Provost and Vice

President for Academic Affairs.

Provost Williams thinks that UNE has a marvelous mission statement and it was a big reason why he chose to come to UNE. He saw it as a good match for his background and agreed with UNE's location, especially its close distance to the Portland area. Williams speaks of UNE as a good opportunity to strengthen the programs that the university already has and to build on the present strengths that promise continuing progression.

Much like Dean Jeanne Hey, Provost Williams sees the core curriculum at UNE as a lot like life, in that its interdisciplinary courses are overlapping and blurs boundaries. He also, much like Dean Hey, sees it as extremely important to promote international education. Williams is a strong advocate for creating well-rounded, balanced students. He sees it as crucial for a student to have balance both in the classroom and in life itself. He holds that the best educated

when it comes to physical, emotional, social and spiritual health. Williams is worried about the fast pace of today's society when it comes to the vast amount and reliance on technology. He voices his concern that technology distracts from living a balanced life; a distraction that was not present in previous generations. He states that "It's a fight and will continue to be a fight," but that the opportunity to teach young adults how to lead a well-balanced life excites and drives him. He stresses the skills gained in verbal and written communication that arise when students unplug and make face-to-face connections. Williams urges students to push back a little, slow down and reevaluate the important things in life. Doing this, he ensures that students will gain skills in that are crucial to employers, who are seeking good communicators. Moreover, it creates for a healthy and happy lifestyle.

and happiest people have balance



Dr. Jack Williams, Ph.D., Provost







Interested in learning more about the new UNE faculty members? Find out more at www.une.edu or email their secretaries to set up a meeting!



An Academic Internship Interview with Joshua Saucier, 2011 History Major

there's a weakness in evidence for

History Internship with Roger Champagne Law Office, Biddeford, ME, Spring 2011. Interviewer: CAS Internship Office, Cynthia Simon, Director

CYNTHIA: Hi Josh. First, tell us a little about yourself. JOSH: Well, I'm a history major, it's my final semester at UNE, and after this I will be attending law school.

CYNTHIA: How did you find law?

JOSH: I was interested in law since I was very young and watching J.A.G. I took the class, Novel Approach to History, and switched to history. I worked with the pre-law coordinator, took a few more classes, and decided that it was right for me. CYNTHIA: Tell us about your History internship.

JOSH: It was with the Roger Champagne Law Office. Lawyer Champagne teaches a law class here at UNE, is an independent lawyer and does general practice. He mentioned that he was considering having an intern if anyone was interested. CYNTHIA: How's it been going?

JOSH: It's been a great experience! He's a very good lawyer and he's very interested in my education. I've shadowed him in court. I've met D.A.'s, judges, other lawyers, who once they know that I'm interested in law are all very interested in what my plans are.

CYNTHIA: It sounds like you've done a ton of networking in your field, and gotten a lot of exposure. JOSH: Yes, definitely, I've talked

to many lawyers. As far as my duties at the internship, aside from shadowing him, I have technically been assigned a case, and I've witnessed it from complaint to resolution. I've done extensive research on the subject, applying facts of the case to the law. I've met with the client along with multiple clients from other cases.

CYNTHIA: What have you experienced this semester for types of legal issues?

JOSH: I've done a few family law cases such as divorce; probate, or child custody cases; FED's – evictions; and multiple criminal cases, such as DUI's, theft, criminal conspiracy...felony misdemeanors; we've done wills and trusts and all of it.

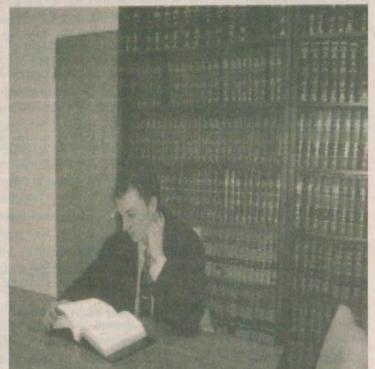
CYNTHIA: Has your internship been helpful with your coursework?

JOSH: Yes, I'm taking a class right now that's basically everything I'm doing at my internship - how to research a case. It's coincided perfectly and I've been able to use what I'm learning at my internship in my course. I have access to online research as well as numerous books of statutes and other laws at my interhship. Roger will often, because he's developed confidence in me, hand me a case and say, "Find me a way out of this. Find me a loop hole", or, "Is this worth going to trial or should I try to bargain

it?" and I will take out the statute book and become familiar with it. I'll look at the facts, see where

where I think my client was not in violation of the statute. Then I will do online research with specific topic development or a specific issue. And from there I will report back to Roger. CYNTHIA: Wonderful. You had two academic assignments you did, a reflective journal and a professional portfolio. Can you comments on those? JOSH: The journal is helpful in that it gets you to think about your intended career path from a critical standpoint and whether or not it's what you really want to do. It leads you to a realization: it starts with your education, then it moves into your internship where you're practicing the actual career, then it moves you into thinking what you learned from it, and eventually asking yourself if that's what you want to do. The portfolio is going to be helpful for me because I will bring it to any job interview. It allows you the opportunity to see what employers are looking for, and helps you develop all the necessary skills to fill out applications and make them much stronger.

CYNTHIA: Part of the internship is to have good supervision and a strong learning curve, and you are certainly getting both. Anything you want to say to other students about internships? JOSH: I would encourage students to do an internship. It's been extremely helpful for me in figuring out if this is the field I want to go into and allowing me an opportunity to directly take



COURTESY OF UNE INTERNSHIP OFFIC

part in it, as well as relate with future colleagues. The internship's an invaluable experience. CYNTHIA: Do you think it helped with your graduate applications?

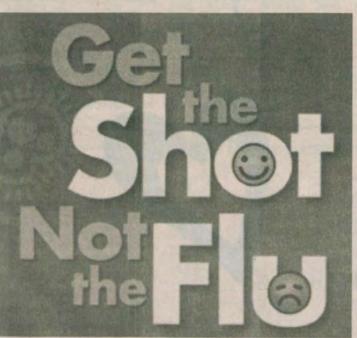
JOSH: I definitely mentioned it all of my applications. It's in my resume and everything I have that's related to applications, professional or otherwise. CYNTHIA: Has Roger offered to be a reference for you? JOSH: He told me, "Any time you need a letter let me know." CYNTHIA: I'm thrilled for you. If you weren't graduating I'd ask you to do another internship to get you even more experience. It sounds like you have an awesome career ahead of you. And I assume you will have no problem getting into law school, given your credentials and your work ethic.

JOSH: I've gotten into eight. CYNTHIA: You've gotten into eight law schools?! JOSH: Yea, Roger always introduces me as, "oh, this is my intern. He's gotten into a million law schools." I usually say,

"Ah, Only 8 actually." And then everyone, including Roger, says, "That's a million." CYNTHIA: Thanks Josh, great

job on your internship and congratulations!

Student Health Corner: Do You Know About the Flu?



COURTESY OF MYCHRONICLIFE.COM

BY CHERRY BAKER MSN, FNP-C Nor'easter Contributor

FLU is short for influenza. We call lots of illness "the flu", but there is only one REAL FLU and that is INFLUENZA! Influenza is a serious respiratory illness that infects millions of people in the United States each flu season. Every year, flu spreads across the country, from person to person, family to family, and community to community. Even healthy children and adults can get very sick from the flu and d it to family and friends The Center for Disease Control estimates that annual flu-related deaths have ranged from about 3,000 people to 49,000 people over the past 30 years. Each year, it's estimated that more than 200,000 people are hospitalized because of flu-related complications. Fortunately, the vaccine is a safe way to protect yourself

from flu: Seasonal flu vaccines have been given for more than 50 years and have consistently had a very safe track record.

Colleges campuses are particularly vulnerable to INFLU-ENZA because of residential living arrangements, classrooms and social activities. If you become ill with INFLUENZA it means lost time from your academics, social activities and athletics. The best way to prevent the FLU is to get a FLU SHOT.

Here are some ways to tell if you have the FLU; Fever, most people who have INFLU-ENZA get a fever. Cough, heavy congested cough and congestion. Body aches and fatigue. Some people get nausea, vomiting and diarrhea. You will feel much worse than if you have a cold. INFLUENZA can lead to complications like pneumonia and dehydration.

Like seasons past, this year health experts across the country are encouraging everyone 6 months and older to get a flu vaccine. This "universal" flu vaccine recommendation was adopted by the CDC's Advisory Committee for Immunization Practices (ACIP), an independent group of physicians and health advocates that sets recommendations for all adult and childhood immunizations in the United States.

STUDENT HEALTH SERVICES will be offering flu shot clinics on campus this fall. We plan to publish those dates, times and locations soon. So watch for posters, e-mails and announcements. We may be coming to a resdience hall near you! You can also walk-in to the STUDENT HEALTH CEN-TER anytime during business hours to get a FLU SHOT.

DON'T BE A FLU FOOL. GET A FLU SHOT!

According to Scrivs? finally settled in and gotten in the groove of things with the hectic schedules and many other

demands of the college lifestyle. With all the stress that we as college students face on a daily basis, it certainly does not make is easier when little things begin to interrupt our daily agendas and become unnecessary hassles. The biggest thing that comes to mind is our university's parking situation. When we are notified in the summer that we must order parking passes, (\$300 for on-campus students, \$90 for commuters), we are under the impression that By now I am sure everyone has we will always be able to find a

spot. (Since the university has been working on expanding the institution, you would think that constructing additional parking lots would be a given. However, that has not been the case.) Being a commuter, I have quickly learned that the only way to secure a spot is to arrive on campus at least 20 minutes prior to class if I have any intention of being on time. Nothing is more irritating than spending an arm and a leg for a permit, and when it comes time to find a spot, it's an all-out warzone around Morgane and Marcil. God forbid you have a test where being late isn't

an option. So if there are not any spots available, I personally will not hesitate to take up one of the handicap spots or even in front of "No Parking" signs. College is already expensive enough and our sole reason for coming here is to get an education, so there is no reason why something as small as parking should ever impede that. Since I am already on the topic of the incredibly high costs of further education, why not throw out something else that really grinds my gears? How annoying is it when you go to class only to listen as your professor reads word for word from a Power-

Point that they already posted on Blackboard? A majority of us are going to be in debt up to our eyeballs after we graduate and a big part of enhancing our education is attending class, but what is the advantage when we can just print the lectures off from our own computers? This does not apply to every class I have ever taken, but it certainly does to some. To those of you who read this, maybe these things apply to you in some aspect, but if they don't, either consider yourself one of the lucky few, or just be patient and wait a little bit longer.

BYANONYMOUS Nor'easter Contributor

BY STEVE SCRIVENER

Nor'easter Staff

DISCLAIMER: Nor'easter News is not responsible for any of the content in the Divalicious Advice Column. Divalicious Advice, in some instances, is meant to be humorous and should be taken lightly.

Dear Diva,

I am a first year student and up until a few days ago, I loved it here; that is, until I found out my 15 year-old Golden Retriever Max had passed away. Now, I know he was getting up there in years, but he was the best dog ever! I feel like if I tell my friends what happened, or mope around too much, they just aren't going to understand because they don't know me like my friends back home. I really hope you can tell me how to get out of this slump, because right now, I have to pretend I'm still happy when I'm really not.

Thanks,

Sad Puppy

Dear Sad Puppy,

First of all, Diva offers her most sincere condolences on the passing of your pooch! Pets are like family members (we may even love them more than some family members). When you lose a pet, vou will undoubtedly go through a grieving process just like it was a family member or a great friend. Even though you knew he was getting older, it is still a shock when they pass on. Don't worry about your UNE friends. It is ok to feel sad and mope a bit. If your friends ask what is going on, be open and tell them that your pet passed away and you are saddened. Talking about your dog will bring you great memories and comfort. They will understand. Put a picture of Max by your nightstand or on your desk so you can see him. You will be surprised at just how many students go

Divalicious Advice through exactly what you are experiencing now. Keep your chin up

and your pup in your heart!

Love,

Diva

Dear Diva,

School is hard, like super hard. I thought it was going to be easy, because high school was a joke, but I am wrong! It's not like I don't try (even though I probably could try harder), it's just everything requires so much brain power! Sometimes I don't have the attention span, motivation, or want to try because I know I'll do it wrong. Please tell me what to do before my grades drop past the point of no return.

Signed,

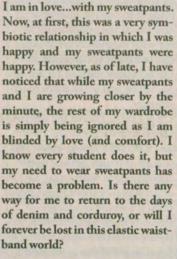
Falling Fast

Dear Falling Fast,

Diva says "put high school behind you and get your college groove on"! Being away from home for the first time is an adjustment period for even the best students. You are adjusting to a new living situation, new friends, new schedule, and being away from home cooked food! There is so much happening at UNE and it is all very exciting and I'm sure you are trying to take it all in. While it is understandable to be distracted by all of the activities that UNE has to offer, you must start by balancing yourself (and I don't mean in a weird yoga kind of way). First, make sure you are getting plenty of rest. Secondly, prioritize your schedule and work on your hardest subjects when you have the most energy. You said yourself that you know you could try harder. Form study groups with some friends and get cracking on those courses! What is more motivating, focusing and getting your grades up or moving back home with your parents?

Diva

Dear Diva,



Love,

Pants Dance

Dear Pants Dance,

Diva thinks your sweatpants aren't as happy as you think. Imagine being worn day in and day out, they need a break! They will turn on you! While they are comforting and make you feel good, what are you doing for them? Sounds like you are in an abusive relationship. Like you, your sweatpants need some down time! You need a sweat pant altering adjustment, maybe even an intervention. Start by wearing them for one week ONLY 2 hours before you go to bed. Taper down to every other day for the next week. Once you start wearing your jeans and cords again, not only will your sweats thank you, but you will be back out in the fashion world once again and people will stop thinking you are creepy.

Love,

Diva

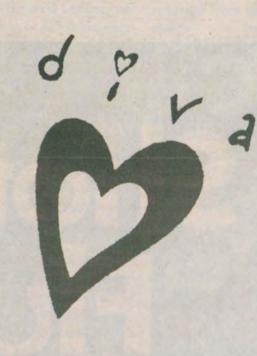
Do YOU have a question for Diva?

EMAIL questions to eic@noreasternews.com

OR

MESSAGE Diva on Facebook!

Pick up the next issue of the Nor'easter News to find the answers to all your burning questions!



blinded by love (and comfort). I know every student does it, but my need to wear sweatpants has become a problem. Is there any way for me to return to the days of denim and corduroy, or will I forever be lost in this elastic waist-

Professors Say the Darndest Things

"It smells good, it looks good,

but it might not necessarily

taste good. We call that- the

"Who's that old guy? Oh

"A: She's eating horses'

hooves and pancakes made

in bear grease. B: She likes

playing Sudoku..."

Sodexo complex."

shit-it's me!"

BY DANIELLE CROPLEY Nor'easter Staff

While flipping through the pages of my daily planner and shuffling through my stack of syllabi, I can't help but ask myself, where has September gone? It seems that in a flourish of Fall Semester jitters, abnormally warm weather patterns, and a haze of late night adventures, we are now well into our second full month of the term. But what is there to keep us going when I'm sure homework and lectures already move us all to tears? The answer: quotable (and mildly embarrassing) quotations from our lovable UNE teaching staff. Here are the winners collected for this issue:

- "I am not Sue Johanson, but I think she's pretty cool."
- "These people were the most responsible drug users I had ever met."
- "One good lasagna is all you need to have a bang up lasagna party."
- "I love you liver cells, we are all a liver together."

"When you go away to college, you change. A lot can happen in a year: You grow a beard, and then shave it off, fall in love, fall out of love, fall in love with the girl you want to date but doesn't want to date you-but then you date anyways and then she cheats on you... and that's life my friends."

- "What does it matter if you're dying?! You're having sex!!"
- "A true hermaphrodite would be able to reproduce with themselves- which would be convenient."
- "Sex- yeah I said it- now the five boys in the back are awake."
- "You know you're getting old when you hurt yourself

Professors Say the Darndest Things!

As students we spend hours upon hours in the classroom, listening to our professors lecture on about what we need to know. At any point during these hours have you thought to yourself that you just couldn't believe what came out of your professor's mouth? Often times do you find yourself wondering how exactly what they said was relevant to the lecture? If you said yes to at least one of these questions...It is likely that your professors say the darndest things and you should write these random and obscure gems down and send them to: eic@noreasternews.com. By doing so, your *anonymous* professor quotations could appear in upcoming issues of the Nor'easter News. Don't pass up the chance to share something funny that your professor said; these things are priceless.

it."

- "Does anyone know what Ph.D. stands for? Basically it means that you are a son of man...and a doctor of GOD!! But seriously... anyone...?"
- "We don't have that; we just have bags of teeth."
- "And I was just like- Oh my God... its Golem..."
- "Whenever I try to sing, it just makes me feel awful..."
- "You had a still-life made—it was like a status symbol before there were sports cars."
- "Which is why I don't go to dance clubs, because then I would be forced to do something I'm not very good at."

- "I'm on a drug called Charlie Sheen."
- "He has two goddesses, a big house, and seven grams of crack."
- "I grew to detest my friends around the Round Table at the Long Life Veggie House."
- "Anyone here play golf? I don't. It's such a bourgeois sport."
- "It's five days before Christmas and I just evicted Tiny Tim."
- "I can't do that! I'm already bringing sexy back!"

Hopefully, this little stockpile can be added to your own collection of outrageous professor anecdotes so on rainy October days, you can make it through with your own ray of ridiculous sunshine. Even on the dreariest of New England days, these tidbits of hilarity will make any cloud seem less gray. Until then, keep your head up, stay smiling, and don't let the second month of school go by without some wonderful memories!



Kickin' it with Kristin & Friends

BYKRISTIN ROBERT Nor'easter Staff

Hey everyone! So it's now officially fall!. It is so scenic and beautiful here in the summer time and though the warm weather is still here, it will not be long until it is gone for good. Once the weather starts to get cooler, and the beach is just not as appealing anymore, you may wonder what there is to do here. One activity that I always find fun is apple-picking, since it is a great activity to get a group of friends together and head on out to the orchards! There are a few places relatively close to the University, such as McDougal Orchard (located on Hanson's Ridge Road in Springvale) which is about a half hour away or Gile's Family Farm (located at 139 Waterboro Rd in Alfred). Either facility strongly supports and promotes both family and roomie fun, but go quickly though, because apple season is wrapping up fast!

Another autumn activity available to UNE students for the entire season is a corn maze. Pumpkin Valley Farm Corn Maze, located approximately 15 minutes from campus on Union Falls Road in Dayton, provides lots of other fun things to do for any group. They also offer Pick Your Own Pumpkins, an animal barnyard, and a corn launcher. Prices are very affordable - under ten dollars per person.

Other fun things to do in the fall are heading to places like Kittery, Kennebunk, Freeport, and other coastal towns; many of these places even offer free day trips. It's a blast to go and hang out with your friends around these places and experience the small coastal town vibes that they offer. Freeport (home of L.L. Bean) and Kittery are fun (and affordable) places to go do a little early Christmas shopping and you can check out the harbor boats as you sip on some hot cocoa in Kennebunkport.

Don't feel like leaving campus? There are lots of fun things to do around campus too! Weekend Sailing and Kayak trips are still being sponsored by Outdoor Recreation and have trips on both Saturdays and Sundays, just check out the latest issue of the Breeze on the tables in the Hang, Windward, and Decary to find out when trips are and how to sign up for them. Family and Friends Weekend is also quickly approaching (October 21st-23rd) with fun activities going on around campus the whole weekend! This is a great opportunity to show your families how well you are adjusting to your new life at UNE.

As everyone knows, New England weather can change drastically in the blink of an eye, but the most important thing to do when this happens is to make sure that you stay healthy. Becoming sick and sluggish is not good for our school work so keep yourself energized by finding something that makes you happy and make it a routine. An example would be a work out to release some endorphins into your body to ensure that you can keep up your pep long enough to get your work done. Also make sure to take lots of Vitamin C, and, even though you've heard it a thousand times, remember to wash your hands. Living in such tight spaces makes for easy breeding ground for germs that can make you sick. An easy solution to keeping your hands clean is to invest in some antibacterial hand sanitizer and keep it with you in your bag or throw it on your desk. Trying not to share beverages or anything that makes contact with more than one mouth is also a good idea. Remember that the University's Health Center also gives influenza vaccinations to help protect against the flu.

All in all, I hope you guys have found this information helpful in preparation for a fantastic fall season! Good luck!





Student Spotlight: Erika Penrod

BY STEVE SCRIVENER Nor'easter Staff

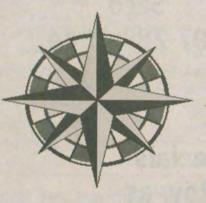
Junior Erika Penrod, a native of Falmouth, Maine, recently transferred from UNH for a better social scene. She was drawn to the U for our reputable Athletic Training program and incredible girl-to- guy ratio. Erika plans to enroll into a Physical Therapy program and eventually work with a collegiate or professional sports team. While talking with Erika, I quickly noticed that she is extremely passionate about Athletic Training; in fact, she currently works as an AT for one of Portland's semi-professional football teams, The Southern Maine Raging Bulls. (Don't worry, I had no idea they existed either.)

In addition to her studies and commitments with the Raging Bulls, Ms. Penrod somehow manages to work 20-30 hours per week at Falmouth House of Pizza, where she has been since early in her high school years and has adapted the nickname FHOP chick.

When she has free time, Erika told me that she loves going into Boston, and also described herself as a "concert junkie." Although she is not actively involved with any school sports, she does love to stay active; playing football and Frisbee are among her top choices, and she emphasized that she hates swimming, despite her love for the water.

Being a new transfer student, she is still an unfamiliar face in the crowd, but if you happen to meet her, don't hesitate to strike up a conversation, for you will find that she's very easy going and down to earth.





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FEATURES

Just Re-Do It: Recycle Your Kicks with Nike's Reuse a Shoe Program

BY SAVANNA FORD Nor'easter Staff

You already recycle your bottles and cans, so why not add your old sneakers to the list? The Applied Exercise Science Club has teamed up with Nike's Reuse-a-Shoe program and needs your help! We all have those dirty old running shoes sitting in the back of our closet. You know, the ones you never wear that just sit around taking up precious space? This is your prime opportunity to clean out your closet while doing a good deed!

What is the Reuse-a-Shoe Program?

Nike has developed an amazing system that breaks down postconsumer shoes and LIVES-TRONG bracelets into Nike Grind. This material has been used in hundreds of communities to construct playgrounds, tennis, volleyball and basketball courts, tracks, gym flooring and even those little rubber balls found in turf fields. Every aspect of the shoe is recycled and reused. Since the start of the program in 1990 Nike has collected 25,056,779 pairs of shoes. That's over 25 million pairs of shoes out of our

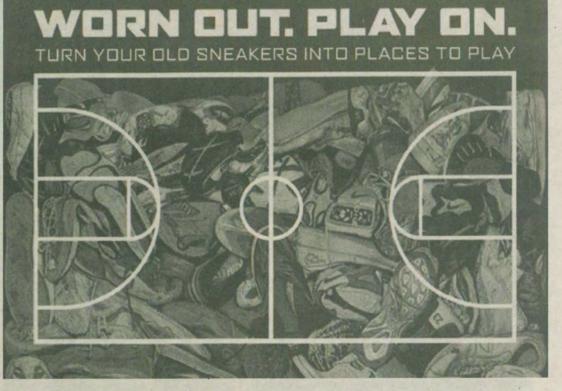
landfills and turned into places to play! Talk about trash to treasure. Check out the whole process here at http://www.nikereuseashoe. com/.

You can even enter the "Show Us Your Shoes" photo contest. It's simple, just upload a picture of your shoes, old or new to the Nike Reuse a Shoe Facebook page and you've entered to win a \$100 Nike gift card! The photos will be reviewed by a panel of judges who will select the five most creative to win. So snap a picture of your most trashed trainers or pumped up kicks, and you could win \$100 to spend on some new Nike gear!

How Can I Help?

1. Bring your old sneakers to the receptacles placed around campus. Bins can be found in the residence halls, Campus Center, Decary, and Alfond Halls. Collection began October 1 and it will run until December 16.

2. Get your family and friends involved, after all who doesn't want to get rid of some smelly old sneakers? We need to collecta minimum of 500 pairs of shoes in order for this drive to be successful, so we need all the help we can get.



3. Please do not donate heels, boots, sandals or cleats etc. These types of footwear cannot be effectively recycled into Nike Grind material. Keep in mind that any brand of shoe will do! It does not need to be a Nike shoe to be recycled, we will accept anything. Worn out? Play on. When you donate your old shoes, they will be transformed into places for people of all ages to get active and have fun. Speaking of having fun, join us for the second annual Applied Exercise Science Club's Halloween Fun Run/Walk, a fundraiser for breast cancer research. This October marks the 27th Breast Cancer Awareness Month so let's get active and proactive to raise money to fight breast cancer! Be on the lookout for further information regarding the fundraiser later this month.

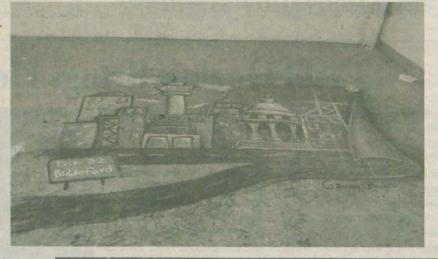
Here's What You May Have Missed Off-Campus...

Multicultural Dance Festival

September 30, 2011 Biddeford City Theater PHOTOS BY BRITTANY MASSEY-LABBE Nor'easter Staff









Chalk on the Walk 5k October 1, 2011 Old Westpoint Stevens Mill, Main Street Biddeford PHOTOS BY ERIKA KOVACS Nor'easter Staff

SPORTS

Women's Soccer Continues to Impress



Nichole Faircloth in Action

BY DEANNA BAUMERT Nor'easter Staff

The women's soccer team

is going into mid-season with a 7-1-1 overall record and a perfect 3-0 record in conference play. UNE faced Wentworth on

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September 17th in their second conference match of the season. The Nor'easters had 23 shots to Wentworth's seven but neither team managed to score until sophomore Ellie Arsenault put an unassisted goal into the left side of the net with about 15 minutes left in the game. On goal, senior Jess Woodworth made three saves and allowed nothing to get by her, helping to bring the team to a 1-0 victory.

Four days later the team went head to head with Wellesley College and, after double overtime, came up with their first tie of the season 0-0. UNE had a 12-8 advantage in shots during regulation play and had the only shot in the first round of overtime but were unable to connect. Woodworth made nine saves and was in goal for the entire 110 minutes of play.

Next to face the Nor'easters were the 2010 Commonwealth Coast Conference Champions, Roger Williams University. After being edged out of the semifinals by the to-be champions in the CCC Championships last year, UNE had a taste of revenge when they handed their opponent a 1-0 defeat, which was also the first loss of the season for RWU. Though UNE had three shots on goal during the game, junior Lauren Blaisdell was the only one to score during the match and she did so with just 1:13 left in the second period. Senior and captain Katie Caron had the assist for the game winning goal. Woodworth recorded her fourth shutout of the season with five saves which, along with her shutout against Wellesley, gained her honors from the CCC, who named her the Defensive Player of the Week for the week ending on September 25th.

UNE brought home yet another victory on the 27th against the University of Southern Maine. Blaisdell put in the first goal of the game 3:34 into the first period and then at 15:37 senior Sarah Richardson put the score up to 2-0 off an assist from junior Nicole Faircloth. Caron scored the next two points of the game to bring her season total for goals up to six. The first goal was put in unassisted and the second, which was the only goal scored in the second period, was made off another assist by Faircloth. Woodworth and first year Sarah Papapietro shared goalkeeping duty but neither had to make any saves as USM had zero shots during the match.

After USM, UNE has three consecutive conference games, the first being against Nichol's College on October 1st.

Field Hockey Brings Home Ten Straight Wins*

BY DEANNA BAUMERT Nor'easter Staff

The UNE field hockey team is dominating on the field with a record 10 straight wins, the most since 2009.

The women started conference play on September 17th with a 4-2 win against Endicott on UNE turf. Endicott started off the scoring about five minutes into the match, followed 10 minutes later by senior and captain Michelle Oswald putting in UNE's first goal of the game off an assist from sophomore Hayley LaPointe. Classmate Hannah Tavella scored the next two points for the team and then Oswald made the final goal to bring the final score to 4-2. First year Kaitlyn Warren made four saves during her 70 minutes in goal.

a shutout against Colby College on the 20th. Even though Colby doubled UNE in shots attempted, Warren was flawless defensively while Oswald and LaPointe accounted for the only two points of the match on the offensive end. Oswald was involved in both goals, putting the first one in herself with an assist from sophomore Casey Clark and junior Emily Koehler and then making the assist to Lapointe's goal.

Salve Regina was the next opponent to fall to UNE, due in large part to Clark putting in four goals for the team. Within the first 20 minutes she was able to put in two goals, the first off an assist from LaPointe and the second unassisted at 17:01. Salve answered back with two more goals to tie the game but Oswald broke it after 10 minutes to put in her fifth goal of the season. Clark and LaPointe worked together again at 38:29 to put UNE up four to three. The fourth goal for Clark came about five minutes later off a rebound. Salve put in the last goal of the game about 44 minutes into the game but UNE took the win, 5-4.

The record making 10th consecutive win came on September Emily Kochler, still undefeated Next for the Nor'easters was 28th against UMaine Farmington. In the first period, UNE had 11 shots to UMF's two but neither team scored until the second period. Koehler put in a goal unassisted at 36:22 which was followed by a goal from UMF. A tie breaker was made by first year Erin Bibber, who put in the first goal of her collegiate career with only about six minutes left in the match to give the Nor'easter la-



dies the win.

Warren and Clark received honors from the CCC for their roles in the Nor'easter's success. Warren received Rookie of the Week for the week ending on the 18th. The next week she was given double honors when she was named Rookie of the Week again and also Defensive Player of the Week. The same week, Clark was

named Offensive Player of the Week.

The team has hit the halfway point in their season and has guaranteed themselves a winning record. Next up is an onslaught of conference matches in which the ladies will surely continue to leave their mark on the UNE field hockey record books.

*At Press Time, the Nor'easters had won 10 concecutive games leaving them undefeated. The team played between Press Time and Release Date, therefore their record may be different upon relase of the Nor'easter News

Golf Team Finishes Second In Several Outings

BY DEANNA BAUMERT Nor'easter Staff

The UNE golf team has had a short and busy season but much of it has been spent in the runner up position.

Their first outing was the University of Maine Farmington Invitational at Sunday River Golf Club on September 15th. Senior Griffin Andrews led his team to second place behind Husson with a 77 which put him in a tie for third place individually. Sophomores Mathew Brown, Andrew Emery, and Tyler Moody each had scores of 82 for the day and senior Gage Robertson scored 80 to make the team score 321.

The two day Maine Intercollegiate Championship came next for the team. Last year, UNE put a stop to Husson's six year winning streak at the Championship but this year, they were unable to post a low enough score and landed in a tie for third with the University of Southern Maine. Emery led the effort with a total individual score of 158, which put him in a tie for 11th place individually.

The Nor'easters took second out of six during their next two events. The John Queenan Memorial, held at Point Sebago Golf Club was won by Husson by a margin of 25. Robertson and Emery both scored 77 on the course and Brown was close behind with an 80. Moody and Andrews ended with 87 and 91 respectively. Andrews then put up a 74 at the CCC Invitational in Worcester, MA two days later. This was not enough for the win though. First place was once again out of reach for the Nor'easters but this time by a narrow margin of one.

The team finally came out victorious at the Colby Classic on the 24th, where they beat out the host by two strokes. Three teams were made to achieve this long awaited win. Andrews and Robertson made par with 70, followed by Brown and Melman with 71 and Emery and Moody who together scored 72.

A third place effort for the team at the USM Fall Classic was led by Moody with 77-73 which put his two day score at 150. Andrews tallied 155 to land at 12th individually and Robertson rounded out the scoring with a 164 after carding 82 both days. Brown tallied a two day score of 161 and teammate Emery chipped in a 76 to bring the team total to a low 303.

UNE once again found them-



Sophomore, Mathew Brown

selves runner up at the Southern Maine Cup on September 30th. The team switched the pairs up and the end result was Brown and Melman scoring a day low of 68, Andrews and Moody tallying up a 74 and Robertson and Guerette going eight over par with 79. Southern Maine edged out UNE by eight strokes with a score of 213 and UNE had an eight stroke lead over third place UMF to grab

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the second place spot.

The golf team's final outing is their own UNE Invitational on October 3rd, which will be held at the Cape Arundel Golf Club.

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Women's Volleyball Gets First Conference Win

BY DEANNA BAUMERT Nor'easter Staff

After a rough start, the women's volleyball team is finally starting to pick up the pace and add some more wins to their record.

For the conference opener on September 17th, the team went up against Western New England College. UNE managed to go 25-22 in the second set but that would be the only win of the night for them. Western New England had already taken the first set 13-25 and then went on to take the third and fourth sets with scores of 22-25 and 19-25 respectively. Junior Paige Curran finished the night with 14 kills, which was the match best, and two blocks. Sophomore Kirsta Adie had 22 digs to contribute while sophomore Maria Kuehl had 32 assists and 21 digs.

The Nor'easters continued to struggle on September 20th when they lost to Endicott College 0-3. The first set was a close one with UNE coming within two points of taking the set while Endicott trailed by three, but it ended with a loss for the Nor'easters. Both teams were fighting for the lead and by the end of the set the teams had changed the lead seven times and had 14 ties. Curran played all three sets and had another match high 15 kills to add to her two blocks.

The women finally came out victorious during an away match against the University of Southern Maine. Only three sets were necessary as UNE dominated all three 25-7, 25-10, and 25-13. Curran was one of two players to record seven kills-during the match and also had six aces for the night. First year Leah Janelle was the other player to get a match high seven kills during the three sets while sophomore Angie Brunette had four kills and six digs.

The first conference win for the team came against Wentworth Institute of Technology on the 28th. The first set saw the Nor'easters leading until Wentworth found window of opportunity and took the lead 16-13. 12 points later though, UNE won the first set. Near the end of the third set, the opponents brought the score to 25-24 and had the advantage but Curran was able to pull UNE's score up to 27 to end the set. Brunette and Curran racked up eight kills each and Ianelle and Davis had six each. Curran also had three blocks and a couple of aces to add to the effort.

Hopefully, the team can keep up the wins and finish out the season better than they started it.

12 NOR'EASTER NEWS **ARTS & ENTERTAINMENT**

Deidre's Pick of the Issue: **UNE Players Present** Almost, Maine

vignette of their relation-

BY DEIDRE DICKER Nor'easter Staff

Almost, Maine will be put on in the Biddeford City Theatre by the UNE Players the weekend of Friday, October 14 through Sunday, October 16, and it will be a can't-miss performance.

Almost, Maine is a play production by John Cariana, who hails from my very own hometown, Presque Isle, Maine. Cariani was a graduate from Amherst College and now lives in New York. He has acted in Broadway and off-Broadway shows and has also made appearances on "Law and Order" as Julian Beck along with other TV shows and films. He was nominated for a Tony Award in 2004 for his Broadway performance of Motel the Tailor in Fiddler on the Roof. Almost, Maine was the first play Cariani wrote, and it has been performed widely across the country and across the world, from Germany to Australia to South Korea, since it opened off-Broadway in the winter of 2005-2006.

The play is located in a fictional town in Northern Maine, named Almost. It is set on a cold, clear, winter night with the northern lights blazing in the sky. Throughout the evening, various characters are introduced in couplets, and a

ship is shared with the audience. One woman with the inability to love because of her broken heart ironically meets a repairman who thinks he is up to the job of fixing it, while another man who can feel no physical pain is finally given feeling when he receives a kiss from his neighbor, a woman who is unhappily married. These examples are only two of many glimpses of various types of relationships that are found and formed at crucial points in the characters' lives in Almost. The night is tinted with surreal happenings and realizations of love and truth.

Cariani wanted to avoid his play being written off as cute. Cute is not powerful, and cute does not accurately convey the Northern Maine people. So perhaps the most fabulous part of the production was the way in which John Cariani sculpted the characters and his intentions for how he hoped they'd be perceived by people who don't know what living in a small town is like, or who have never experienced a Northern Maine winter. According to an interview in Prologue Online Magazine with Laura Gordon, a director for Almost, Maine, John wrote that he wanted his characters to not be stereotyped but to represent reviews/16main.html

the heart of the true Maine people, saying, "The people of Almost, Maine are ordinary people. They work hard for a living. They are extremely dignified. They are honest and true. They are not cynical. They are not sarcastic. They are not glib. But this does not mean that they're dumb ... "

Almost, Maine will take you to the beautifully wideopen world of a Northern Maine winter's night. If you've never had the blessing of travelling to Aroostook County, escape five hours north from the coast for an evening and experience the other half of Maine - wild and forested, a place where you can dream and think big. Friday and Saturday shows at the Biddeford Theatre will begin at 8:00 P.M. and the Sunday matinee will begin at 2:00 P.M. General admission is \$5.00, and free for UNE students with their ID's. Support our UNE Players, support our local theatre, and support the idea that Maine winter's can be wonderful by attending Almost, Maine the weekend of October the 14th.

*Sources: http://www. milwaukeerep.com/pdfs/ prologue3.pdf; http:// www.almostmaine.com/; http://theater.nytimes. com/2006/01/16/theater/

Res Hall Recipes

BY DEIDRE DICKER Nor'easter Staff

Let's face it. Ramen gets old. Even if it is only \$0.18 a meal, it's now time to let your late room study snack evolve into something more lively. That's what this section is for. We want to give your old recipes some jazz and your pick-me-ups some pizzazz. So send us your recipes that can be made in the dorm room or in the dorm kitchens, and all your Easy Mac exhausted classmates will thank you. Bon appétit! (Feel free to improvise and experiment if you don't have all the ingredients!)

Microwave Mexican Pizza

Ingredients

2 fat free tortillas 1/4 cup low fat mozzarella 1/4 cup low-fat cheddar cheese 1/2 cup salsa 2 tablespoons low-fat sour cream

Directions

1. Lay out one tortilla, spread evenly on cheese

2. Microwave for 30 seconds and place second tortilla over first

3. Microwave again for 30 seconds

4. Mix sour cream and salsa and spread over top 5. Cut and eat!

Serves 1, 124.2 calories

*Taken directly from http:// www.food.com/recipe/ microwave-mexican-pizza-53817

Microwave Fettuccine Alfredo

Ingredients

2 ounces cream cheese 1/4 cup finely grated parmesan cheese (The stuff in the green can)

¹/₄ cup milk

1 cup pasta (Fettuccine or any other flat pasta noodle) 1 1/2 cups water

Directions

1. Put water and noodles into a microwavable bowl 2. Microwave on high for two minutes, stir, and then cook for another two minutes or until pasta is done 3. Drain the noodles and

wipe the bowl dry 4. Add the cream cheese and

milk to the bowl and microwave for one minute

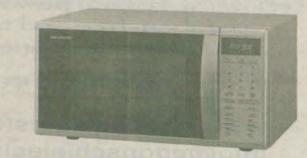
5. Stir until smooth, add the parmesan cheese, and then stir until smooth again 6. Pour the Alfredo sauce into a bowl, add the noodles and toss em together! 7. Add pepper to taste Serves 1, 689.7 calories

* Taken from http://www. food.com/recipe/solo-microwave-fettuccine-alfredo-87379

Try these recipes out, and let me know how you like them! I would love your reviews, and I'd love your dorm room recipes even more! Send all recipe ideas to ae@noreasternews.com to see your recipe in the newspaper next issue!

Nor'easter News needs YOU!

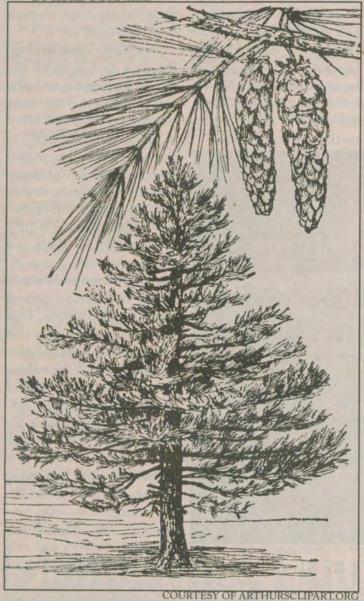
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UNE's Corner of the Woods

BY KYLE CORNELI



& RACHEL HARRIS Nor'easter Staff

Hop Aboard with your **Outdoor Rec Guides!**

As the new school year starts, students may be troubled with finding work study

jobs around campus. With so many options in so many departments, which one is going to be the best for you? For some the choice is easy; why not get paid for a job involving an activity you'd already be doing? Here's a few words from the week-

end warriors who battle the currents, hike the trails, and put the petal to the dirt!

"Working for Outdoor Rec is something that I look forward to each week. It is a time to get away from the stress of schoolwork and classes, and just the general atmosphere of being on campus, but at the same time is a great leadership experience. It gives me the opportunity to help people make connections with others on campus that they may not know, and to introduce them to trying something new. Making the shift from high school to college can sometimes be tough, but I hope through Outdoor Rec we can make that transition easier for some people."

-Sara Giuliano, Elementary Education major

"I really enjoy meeting new people and getting outdoors to learn a new skill or tuning up an old one. Having the guide role and getting compensated for an activity I would be doing anyway is just the ultimate bonus. I feel like every trip we go on is new, exciting and adventurous in its own way. It's just always a great time!"

-Gavin Kuns, Medical Biology major, Art minor

"I enjoy taking long kayak trips down the Saco River, watching the sunset from atop a mountain, and reading trail maps by fire light. But seriously, my favorite part about being an Outdoor Rec guide is that I get to have a work study doing what I love to do. Kayaking, camping, biking, and sailing is a lot better than being stuck at a desk or flipping burgers in the Hang. I got my start with Outdoor Recreation by meeting Zach when I was a Trailblazer Orientation Leader. If you have any questions, sign up for one of our trips and ask me!"

-Tyler Kimbar, Athletic Training major

"I originally found out about working for Outdoor Rec through Orientation by being a Trailblazer Outdoor Guide. It really just fit in to what I was already interested in. My favorite part about my job is that I get to go out every weekend and it's such an easy going job. I get to have fun and I'm not stuck sitting behind a desk all day; I actually enjoy what I do!"

-Jane Parker, Animal Behavior major

"My favorite part of being a guide for Outdoor Rec is getting to know everyone on my trips. Every trip is different, and every group is different. I'm always amazed at how much you learn about people when you're kayaking down the Saco, learning how to surf, or even dog sledding through the woods. I also love the beautiful locations we visit, and I really recommend going on trips to learn more about the region. See you out there!"

-Kyle Cornell, Medical Biology major, Environmental Studies minor

"I absolutely love being an Outdoor Rec guide! The best way to describe it is a little, mini, paid vacation every weekend. I had always been interested in everything outdoors, so having a job that lets me do all the activities I like, plus learn about new ones, was the perfect opportunity to me. Having done Trailblazers in the Outdoors for Orientation, I was already interested in doing those types of activities, and Outdoor Rec was just the next step for me."

-Rachel Harris, Applied Exercise Science major

Love's Labours' Lost: A Review

BY JOCELYN KOLLER Nor'easter Staff

The Fenix Theater Company performed Shakespeare's comedy, Love's Labour's Lost, on Saturday, September 24th at the Biddeford City Theater. This production was freeof-charge, hosted by Arts@ UNE, and open to members of the public.

The Fenix Theater Company is best known for the outdoor performances they give during the summer in Portland at Deering Oaks Park. Rob Cameron is the Producing Artistic Director, and introduced the show to to understand not only the at first, the Fenix Theater the audience. Sally Wood, directed the show.

was seamless and the interpretation of the play in a modern light made it more comedic and accessible. The Fenix Theater's ability to a strong success that had portray Shakespeare's work in a modern light makes it easy for audience members

plot, but also the comewho is currently teaching a dic tone of the play. True Shakespeare class at UNE, to form, the Fenix Theater dressed their actors and ac-The Fenix Theater Com- tresses in modern clothingpany has visited UNE and -the men wore shirts and the City Theater multiple ties, and the women sumtimes--always with great mer dresses or skirts. This success. This performance small detail automatically was no different. The acting gave the audience a stronger ever, the role of each characfeeling of familiarity, making the old-English seem easer to understand.

Love Labour's Lost was audience members laughing from the first scene. Although it seemed confusing

made the plot much more understandable through their facial expressions and physical comedy. To start, the play seemed to have an overwhelming number of characters, almost none of which appeared to fit together. As it went on, howter became clear.

The basic plot involved Ferdinand the King of Navarre and his three lords, who take a vow to devote themselves to their studies.

Please see FENIX, page 14



COURTESY OF FENIXTHEATRE.

Movie Review: Contagion

BY AUBREY WHITE Nor'easter Staff

'Tis the season for new blockbusters to hit the theaters around the country. Which movie seems to be at the top of everyone's list? It's a new spin on an old story that dates back to George A. Romero's Night of the Living Dead in 1968. Though the story is old and the plot has been done before, the movie takes on a. new twist in this month's popular film, Contagion.

Being a science fiction fan, I've seen many movies involving zombies and other supernatural creatures. But this film brought the story from science fiction to real life events that could potentially occur right here in the U.S.

The movie begins with Beth Emhoff, played by Gwyneth Paltrow, returning from a business trip to Hong Kong. Two days later, Emhoff dies from what seems like a flutype infection. Then, a few days later, her son dies as well, leaving Mitch Emhoff, played by our own Matt Damon, to wonder how he could have lost his family in a matter of days.

For some unknown reason, he seems to be immune to the infection that killed them. Elsewhere around the globe, the spread of the deadly infection begins. Meanwhile, doctors and

Center for Disease Control do not realize the extent of this new deadly disease until several days later when millions have been affected in China, Japan, India, England, and the United States. Both the CDC and the

administrators at the U.S. ie, cities and towns around the world began to break down and chaos ensued. People were breaking into houses, stealing from stores, and threatening people who had an herbal remedy called Forsythia, which a journalist (Jude Law) claimed

the initiative, she tests out the possible cure and reports back to the CDC that she has found a viable vaccine. The vaccine gets fast-tracked for approval and production and will be ready in 90 days. But can the world handle another 90 days in chaos?



World Health Organization in Switzerland recognize that this is a global pandemic in need of a cure. As the main characters try to understand the virus and create a vaccine, anarchy ensues all around the world. Sadly, this is when the realization of the situation set in for me. As I watched half-way through the movto be the natural cure for the virus. This part of the movie was so realistic that it seemed quite possible, especially after the H1N1 outbreak a few years ago.

On Day 29 of the outbreak, a scientist who has been searching for the cure in rhesus monkeys notices that monkey #57 has no symptoms of the virus. Taking

As Day 133 approaches, there is a lottery for the first batch of vaccines and the anarchy subsides. People can now get back to their normal lives without the fear of death from this deadly virus that has killed millions of people worldwide. The movie ends on Day 135 where we finally learn the

origins of this deadly virus

COURTESY OF SCIFI.SOENTERTAIN.ME

and how the spread of the virus had occurred - with a twist, of course.

Critics have commented on the slow pace at which the movie progresses and the inconsistency of the tone throughout the film. Indeed it was a slow start and the fluctuation of the overall tone led to some confusing moments. Other viewers stated that the many underlying subplots made it difficult to enjoy the movie as a whole.

Director Steven Soderbergh, whose last motion picture was Oceans Thirteen, took a gamble in directing a film inside of the science fiction genre and tried something new in this viral twist of the traditional zombie epidemic. Maybe it wasn't the wisest choice, but to each their own opinion. The film takes the approach of giving us the events on a day-today structure, showing how quickly and destructively the virus stretches and mutates. Personally, I liked the realistic atmosphere and thought that the movie had an outstanding cast. Even if the story was an old one, the characters were well played and the development of the storyline was beautifully designed. I would absolutely recommend this film to everyone, but especially to those who are fans of the sci-fi genre.

FENIX

CONTINUED FROM PAGE 13

This plan goes awry when the King and his lords meet the Princess of France and her ladies, who are visiting the King with a business matter. King Ferdinand was played excellently; he was steadfast and authoritative, yet kind. His three lords each had their own personalities, which shone through in their acting. The Princess was haughty yet intelligent, but her true comedy came from her interactions with her ladies--these interactions felt very modern because of how the Fenix

Theater approached them. It seemed as if the audience was watching any interaction between a group of young women and young men: all were giggling, gossiping with each other, and making jokes. These contemporary twists of relatable subject matter made the play much more accessible for those in the audience.

More humor was found the character of Don Adriano de Armado, the Spanish King who kept removing his shirt. Armado was played by a Fenix Theater member who was particularly skilled at doing bad Spanish accents, and very good at making fun

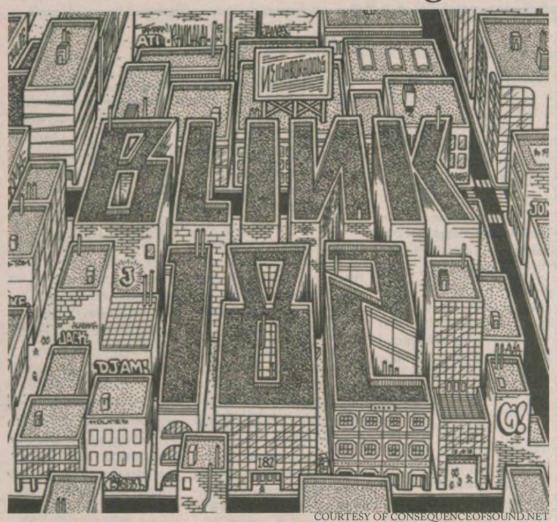
of himself. This character was made hilarious by the direction of Sally Wood, who gave Armado an overthe-top ego. Armado even did voice-overs when other characters read his letters; each time one of his letters was read aloud by another character, Armado appeared on stage, stood on a small set of stairs, and gave his speech while the other character mouthed the words. These creatively funny moments made the show laugh-outloud funny with a feeling of modern comedy.

Another aspect that made this show feel more "real" was the minimal props and sets the Fenix Theater used. They performed the play on a bare stage, with no backgrounds or sets. At first, this made it hard to understand the context of the play. However, as the action moved along, the lack of sets made it easier to understand the quick transitions that occurred. It made the audience members focus on the actors, rather than what was going on behind the scenes, which allowed better concentration.

The Fenix Theater also used the audience quite a bit for a number of things. The actors often spoke soliloquies directly to first-row audience members, causing fits of laughter in the sur-

rounding seats. They also used the floor area in front of the stage for a number of interactions, and cast members entered and left through the aisles more than the wings of the stage. Finally, one of the characters used the second row of seats as a "bush" to hide in during one of the scenes. Small details like this caused the audience to not only find extreme humor in the acting, but also to feel as if they were participating in it. The Fenix Theater truly performed Love's Labour's Lost with an enthusiasm and expertise that left the audience feeling appreciative of Shakespeare's work.

Album Review: Neighborhoods by Blink-182



BY COURTNEY GOULET Nor'easter Staff

It's finally here. The long overdue album Neighborhoods by pop-punk band, Blink-182 dropped on September 27th.

It has been eight years since Tom, Mark, and Travis released any sort of music before they went on an indefinite hiatus in 2005 due to the ever clichéd 'musical differences' excuse. For the past 6 years these boys have stayed in our lives through new band formations (Angels & Airwaves and +44) and reality television. However it was not the same; I believed that these musical heroes were gone forever, never to perform as a group again. But the day we all had been waiting for finally came in 2009. The trio appeared on stage at the 51st Emmy Awards for the first time since December of 2004, where bassist Mark Hoppus triumphantly announced "Blink-182 is back!"

So here it is, after staying up all night listening to 49 minutes and 10 seconds of Tom's ever progressive vocals, Travis's killer beats, and Mark's driving bass lines and backing vocals, my review of Neighborhoods. This album wasn't just the album that came after their self titled Blink-182 that released 8 years ago; it was meant to follow.

An excellent example of how the band progressed since the hiatus is the opener Ghost on the Dance Floor. All the struggles that the band had been through over the years; this song is the love child of every regret and hardship the trio encountered since the split. Front man Tom De-Longe's vocals dominate the song; while drummer Travis Barker's insanely fast animalistic beats synchronize well, making this song one of the best on the album.

Usually Mark Hoppus stays behind the scenes, backing vocals for De-

the chorus of Natives, giving it the emotionless tone that the song needs. This leads perfectly into the first single off the album, Up All Night. By itself, the song is just another Blink-182 hit that will be heard on repeat for the next month on whatever pop station you listen to on the radio. But, when listened to in full context on the album, it is a perfect fit featuring instrumentals that are reminiscent of one of DeLonge's side projects.

After Midnight is a must-listen-to whether you're a Blink fan or not. Hoppus belts out one of the best choruses from the album that I'm sure many of us will see popping up all over social networking sites as our 'friends' statuses for the next few weeks. Following After Midnight is the track Snake Charmer. Although I was not too keen on the start of the song, it quickly develops back into classic Blink-182 style with an edition to some creepy verses about 'good girls who like to sin'.

Hearts All Gone instrumental is a very +44 sounding instrumental track that leads into Hearts All Gone, a reckless and thrashy punk track that brings me back to earlier Blink-182 days where mohawks, Converse high-tops, and teen angst were 'in'. However, as far as fitting in with the rest of the album, it feels out of place. The album itself has a dark feel to it, while this song is more like older Blink, the

Longe. But this time Hoppus gets his time to shine in the chorus of Natives, giving it the emotionless tone that the song needs. This can rock.

> The song Wishing Well is catchy as hell, bringing a lighter tone to the record, while Kaleidoscope slows it back down with Hoppus's slightly depressing chorus of isolation. This is Home is not a particularly strong song, but its successor MH 4.18.2011 (which looks like more of a computer virus than an album track) is defiantly a winner, mostly due to Travis Barker's insane drumming.

Unfortunately, I was not a big fan of Love is Dangerous and Fighting Gravity. I found that neither really had a spot in Neighborhoods and did not mesh well with the other tracks. And finally Even If She Falls closes the album on a strong note with a passionate delivery from DeLonge with the vocals, leaving a spine-chilling sense that Blink is in fact back and are here to stay.

I found that even after being apart so many years; living their own lives and creating different styles of music within their side projects, this album shows the progress the band has made as a whole while reflecting on the personal demons that have haunted the band for years. This album is that glimmer of hope when looking forward. I highly recommend Neighborhoods to any and all pop-punk and Blink fans. Blink-182 is back!

In the mood to see something new in the Nor'easter News? How about:

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OPINION

NOR'EASTER NEWS

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Nor'easter News is a student-run bi-weekly publication dedicated to providing news and information relevant to the UNE community. Editorially independent of the university and its administrators, Nor'easter News pursues such content freely and thoroughly, following professional journalistic standards in writing and reporting. Nor'easter News is committed to serving as an open forum for thoughtful and diverse discussion and debate on issues of interest to the UNE community.

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BY SHARRA PAQUEREAU Nor'easter Staff

Puddle, twig, mud, grass, chipmunk, leaves, another puddle...I'll give you one guess what this is a list of. The first thing that you should notice is that these are all things that one would see on the ground. Next, it should jump out at you that these are all things that you can find on campus. So, we have things that you can find on the ground on campus, now the next logical question would be why on earth am I making this list and, better yet, why should you care? Well sadly this is a list of the most exciting things that I see on my way to and from class and to other campus locations. I never realized just how much I was missing until I happened to look up one day and I was shocked by how blue the sky was. Now before you judge me too much or pity my boring little world of puddles and sidewalks, try and think of the last time you walked around campus. I am guessing that you were heading to class, work, or practice. I am also guessing that you were not exactly stopping to smell the proverbial roses; in fact I would be willing to bet that the list of things you see in your daily travels closely resembles my rather limited offering.

So how can we remedy this sad state of affairs? Well, it is almost absurdly simple and easy to do. In fact, it is so obvious that I felt somewhat foolish in writing it down. Ready? Here it is: look up. I know this seems like a ridiculously apparent and to be honest I feel slightly dumb for publishing something so obvious and calling it advice. However, given the number of people I see every day, walking around with their eyes cast downward I feel comfortable saying that there is some lack of execu-

Look Up

tion of this simple concept.

Now I know that there are several perfectly legitimate reason to be looking at the ground when walking, not the least of which is the desire to avoid the embarrassment and injury that would accompany losing an argument with gravity. Believe me when I say that I understand the complications of navigating the minefield of puddles that can be found strewn about campus after a rainstorm. There are very few things. more unpleasant than having soggy shoes all day, and damp pant cuffs are enough to drive anyone crazy.

I also understand that when one is going to class there may be some haste involved, because let's face it, we are not always running exactly on schedule. When running late it is perfectly understandable to be hurrying around looking at the pavement while scurrying to class. Also, I can understand that there are a multitude of thoughts bouncing about one's head while out and about. With assignments, work, extracurricular activities, and a social life to keep straight it can be very difficult to find a spare moment to just think. I myself have found the walk between activities to be helpful in mentally organizing my schedule. I have also found that this habit leads to ending up at a location with very little recollection of journey I took to get there.

The only other time when we really walk anywhere is when we are going to get food, whether your dining destination be Decary, The Hang or Windward Café. The issue when world around me. I know walking to one of these loca- .it may seem like an incontions is that we normally do it in groups, which is a wonderful way to connect with friends and catch up with what is going on in their rewarding results. lives. However, it is not really conducive to observing and appreciating your sur-

roundings. After all, what is more immediately interesting, your friend's wild weekend tales or the changing colors in the trees?

Whatever your answer to this question is I think it can be agreed that we as a group do not appreciate the beautiful world around us as much as we should. Sure, maybe you take an occasional trip to the Kiosk or down to the dock or the beach when the weather is nice but on the whole I think we ignore the natural beauty found in everyday life. For example, the trees are currently in the beginning stages of the fantastic color change that happens every year yet I have not even noticed until today. Though the colors have only started to show it still surprised me that it had begun at all. I can only imagine how much more surprising it would have been if I had looked up in a month or two more and found that the leaves had completely transformed or even fallen mostly of the trees. While it may seem crazy to not take notice of such a clear change in my surroundings, with all the time I spend inside or scurrying blindly from building to building it is not that far removed from the realm of reality.

So here is the conclusion that I have reached: I need to look up and observe the things that are happening around me, I need to remember not to get so caught up in what is happening in my head that I miss what is going on outside of it, and most of all I need to stop every once in a while and appreciate the venience, but taking a few minutes out of your day to look up may yield beautiful, fascinating and surprisingly

From the Desk of an Alternative Student

BY SARAH RAMSEY Nor'easter Staff

As children we are taught that our mission in life is to do well in school and go to a good college. Failure is not an option, and success is all but "guaranteed" if we do as we are supposed to do.

Colleges like the University of New England are filled with the traditional version of a University scholar. Students enter their first semester, fresh from high school, with high hopes and big dreams. Co-eds live on campus in residence halls and make lasting connections and life-long friends. But not all students go the traditional route.

I am not a traditional student. And I am not alone.

College life is different for students like me. We are referred to as "alternative" students. We are unusual, unconventional, different. We are the ones who didn't do things the way we were supposed to. We are the transfer students, the gapyear students, the returning students, the commuters. We are the students who have attended five different colleges since high school (yes, I have attended five) and still aren't sure where we want to be. We are the ones who challenged the conventional wisdom that said all high school graduates must immediately attend college in order to succeed. Don't

tional method of education really works for some people. For others, it is not that simple.

When I graduated high school, I refused to begin borrowing for a college education when I had no idea what I wanted to do with my life. I was 18 years old, and all I knew was that high school had been a nightmare and I was not prepared to spend four more years in a classroom. After a year in retail (which helped me rule out customer service as a career choice) I realized that college was the only way out of dead end jobs and minimum wage. That was when I discovered that my high school guidance counselor had been right (thanks Mr. Mondor) and perhaps community college was the way to go.

Three years and an associate's degree later, I had to make a choice on where to go next. UNE was close to home, had a great reputation and an amazing program in my field of study (Political Science). However, at 22 years old, I knew I would be older than most of the other students on campus, and especially my graduating class (2013, fingers crossed). I opted not to live on campus, instead continuing to commute.

I am not a traditional student. I wake up in my own bed every morning, make my own breakfast (not that the food in De-

get me wrong - the tradi- cary isn't wonderful) and drive to class. I spend some time on campus, but not a lot, and I don't make a lot of the same connections that a "traditional student" would make. I don't have a roommate (unless you count my cat) and don't know many people. I'm also not the only student like me.

If you fall into some of these categories, you probably feel like I do, that you are the only one. In a sea of students it's easy to feel like just another face in the crowd. Our histories make us unique, and our "alternative" status makes our lives here at UNE unique too. As transfer, gap-year, returning, and commuter students, our educational experiences are not quite the same as traditional students; but we can still make the connections and the positive memories that our peers have the opportunity to. Get involved, join a club, spend time on campus, and make an effort to be a part of the UNE community. For those on campus students reading this, please realize that not everyone you encounter is living their college life the way that you are, and that they may feel left out or alienated from the rest of the student body. If we all make an effort to be a community of students instead of separate categories determined by our backgrounds, we will all have the opportunity to have a stronger, more meaningful college experience.

BY SHARRA PAQUEREAU Nor'easter Staff

VOICES IN THE CROWD:

What is your favorite

thing about fall?

"Outdoors, just being outside in the colder weather."

> -Derek Cloutier, Class of 2013

"I like the leaves." -Lea Beaulieu,

Class of 2013





"I like it because I get to wear my flannels and stuff."

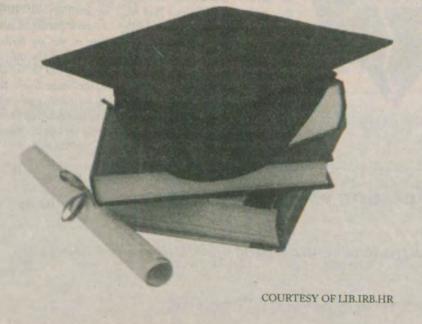
> -Sarah Benmir, Class of 2014

"The leaves are really colorful and pretty."

-Mandy Kostandin, Class of 2014







"I Am Troy Davis"

BY KATELYN KAULBACK Nor'easter Staff

Former United States president Jimmy Carter, Pope Benedict XVI, former FBI director William S. Sessions, Desmond Tutu, the NAACP, Amnesty International...sounds like an impressive list, right? These are few of the millions of people around the world who supported the release of death row inmate Troy Davis. Davis was convicted of the 1989 murder of off duty police officer Mark MacPhail.

Davis was executed on September 21st, 2011 after numerous attempts to secure his release, the last reaching the Supreme Court. Davis was scheduled to die by lethal injection at 7pm. At 6pm, his attorneys filed a last ditch effort with the Supreme Court to save his life. The Supreme Court rejected his appeal, and Davis was executed later that evening. For those of you who have never heard of Troy Davis, let me explain a little further.

On August 19, 1989, Davis attended a party where he shot another person. Then, at a nearby Burger King, a man was attacking a homeless person and off duty police officer Mark MacPhail tried to stop the fight, when the man shot and killed him. Davis admitted to shooting the person at the party. However, he remained adamant that he was not the man who shot and killed MacPhail.

No murder weapon was ever found. The evidence that linked Davis to this murder was a matching shell casing, seven eyewitness testimonies, and two other people in jail that claimed Davis confessed to them. First, I would like to start with the shell casings. Yes, they matched. Could they have come from the same gun? Sure. But it is just as likely that the casings came from another gun, shot by someone else. The bullets were too decomposed to be used as evidence. Did I mention they never found the most important piece of evidence, the murder weapon? And, why would someone admit to shooting someone if they murdered someone else close by? I personally know nothing of the intelligence level of Troy Davis, but it seems to me like someone would really have to not have any common sense at all to admit to the one shooting if they actually killed someone else right after.

Second, of the total nine people who testified against Davis, seven

of them later recanted their testimony after the conviction. The State of Georgia did not think this was good enough to reexamine the case. I would like to point out that I am extremely appreciative of the men and women who serve as police officers and keep me safe at night. But have you ever seen an episode of Law and Order where a police officer or military member was killed? While this may just be for entertainment purposes, there is some truth behind it. When "one of our own" is injured or killed, people stop at nothing to find out who did it and what happened. These seven people claimed that they were coerced into testifying against Davis because they feared the officers who were questioning

I am against the death penalty. Maybe you are too, or maybe you support it. No matter what our differing opinions may be, we have to look at this amount of unclear evidence. Yes, it is still a possibility that Davis was the one who murdered MacPhail. But was it shown beyond a reasonable doubt? No; absolutely not. There was so much doubt the night this man was executed; there still is.

them.

I have written this article so far avoiding the topic of race. However, I, along with many others, believe that race played a factor in this execution. Davis was a black man. MacPhail was white. Take from this what you will.

On the night of his execution, hundreds gathered outside of the White House and the prison in Georgia where the execution was to take place. Crowds peacefully chanted: "I am Troy Davis" over and over again, symbolizing that they were innocent people, and so was he. In his final words, Davis maintained his innocence, claiming he was not the person who killed MacPhail. He asked his family, friends, and supporters to continue his fight to prove his innocence.

While all of this was occurring, most of you were complaining about the new layout of Facebook. I beg you to please open your eyes and pay attention to the injustices that occur in our world every day like this one. Open your eyes. I will leave you with this: entertainer Vincent Tucker said, "It's one thing to fight for Troy Davis when he was alive, but the key question now is will you STILL fight for his cause after his death?" Will you?

Our On-Again, Off-Again Relationship with Technology

BY DANIELLE CROPLEY Nor'easter Staff

Does this mildly Valley-girlesque conversation sound familiar?:

Person A: "Oh my god, did you see who was in a relationship on Facebook?"

Person B: "Yeah! I couldn't believe it! And did you see you-knowwho's photos?"

A: "Yeah, totally disgusting. When they popped up on my news feed, I thought I was going to barf in class."

B: "I know what you mean, but it was way better than listening to that boring lecture."

If you said "yes," then you have either heard or been a part of a conversation very similar to this, in fact, you probably just finished one. If you said "no," then you're either one lucky soul who avoided our generation's technological brainwashing, or lying. Either way, when it comes down to it, our relationship with technology has gone from user to abuser. We've all heard it from our elders time and time again, but the fact of the matter is, we're all too dependent on the wonderful world of battery operated devices and the glory that is the interwebs. Indeed, we are so reliant that we've all begun to develop legitimate emotional attachments to computer-generated programs such as Facebook and iPhone Apps, and it's affecting us in more ways than one.

Sure, I go on Facebook nearly every day; and, sure, I occasionally browse the web or text during class to keep myself awake. But, I



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don't think I need Facebook or my cell phone (which, I apologize for not being as wonderfully amazing as a Blackberry or iPhone) to carry on my existence. There are other things in life besides who's dating who, who's having a child, and who posted the latest generic status about something that is less than ideal in their life. Honestly, we've got bigger problems than hating the new Facebook layout or gushing over our newest iPhone App; at least I know I do.

When you look around, there is probably not one person who is completely technology free. Gone are the days when we needed actual watches, read actual books, and held actual conversations, for now we have our Smart phones, iPads, and texting to take care of all that learning, social exposure, and what not. Who needs friends and family when you've got technology? You could even get a virtual pet if you were so inclined! The sad part is, too many of us are still seeing society's technological push as a societal trend, rather than a permanent generational shift. Most of us don't even see that while we're happily texting someone miles away from us, we're blatantly disregarding the "real" world and people right in front of us.

I'm not alone in my need for questioning my cohort's priorities and hierarchy of needs. The New York Times recently published an article discussing research that had scientific proof that we, as human beings, are chemically in love with our iPhones. And if that's not radical enough, the article also goes on to state that even babies, when handed a Blackberry to play with, either already knew how to operate said device, or were trying to use it as a functional touch screen. Now maybe our biggest worry is our undying hatred for the new Facebook layout, but honestly, we've got bigger digital fish to fry.

While technology is an everchanging marker for our species' growing intelligence and adaptations for convenience, there needs to be something said for the way in which we let it rule our lives. Your life is not defined by a string of mindless status updates or what level of Angry Birds you reached in a day. Your life is defined by the number of close connections, memories, and adventures you've made, acquired, or taken in your years on Earth (and no, "Facebook Friends" do not count). Technology, while it puts up a good show, doesn't know you. Your iPhone does not feel empathy for you when you have a bad day and your Facebook Profile will not be sad if it is not updated every hour on the hour. But, people? People care about you, and people do want you in their lives; and, most important of all, people don't want you swallowed up by your addiction to technology.

It isn't that hard to see what our generation has become, yet reversing this image will be if we don't make steps to so now. Yes, today, we may love it, but tomorrow is a whole other story. I challenge you to start weaning yourself off of technology, bit by bit (or byte by byte) each day. Whether that means taking a day off from Facebook creeping or letting your cell phone catch a break during class; the bottom line is, we log back into reality. Maybe I'm the only one eager to drop my cell phone and head back to the Stone Age; either way we're all equally as guilty of overindulging in something that will never truly love us back. Just something to think about.

The Opinion Question of the Issue:

Do you feel that you gain more from the college experience inside or outside of the classroom?

Please email responses to spaquereau@une.edu

CAMPUS EVENTS & ANNOUNCEMENTS

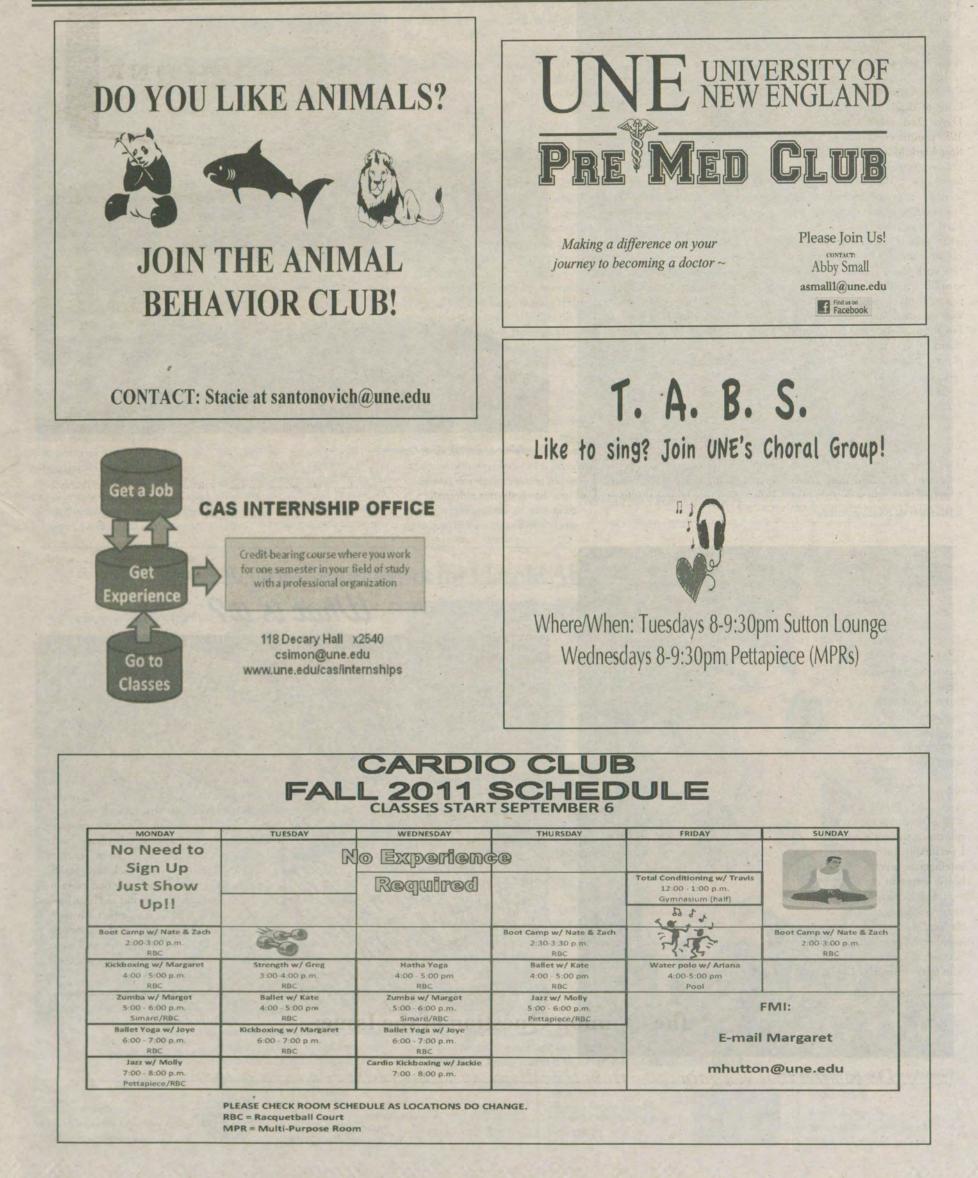
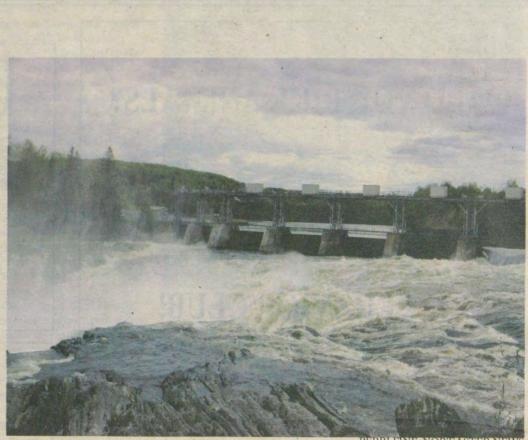


PHOTO HIGHLIGHTS

Photo of the Issue!





Waterfalls at Grand Falls, New Brunswick

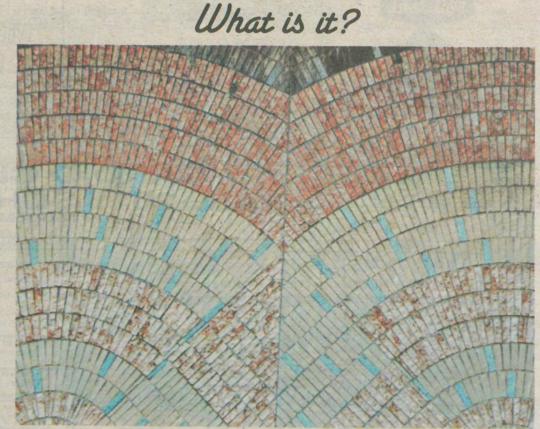
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Jellyfish at the Boston Aquarium

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Flowers hinting at the last signs of summer



JACQUELINE LEWIS, NOR'EASTER NEWS Last issue's "What is it?" was a picture of keys on a desk Check out the next issue for this issue's anwer!