

1 Rethinking Intensification of Constructed Wetlands as a Green 2 Eco-technology for Wastewater Treatment

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15 Constructed wetlands (CWs) comprise a suite of recognized eco-technologies
16 that are designed and constructed to mimic and manipulate the simultaneous physical,
17 chemical, and biological processes occurring in natural wetlands for wastewater
18 treatment purposes. Besides the water quality improvement function, CWs also
19 provide a multitude of other functions, such as biodiversity, habitat, climatic,
20 hydrological, and public use functions. Since the 1960s, the annual number of
21 publications in the Web of Science Core Collection in this field has increased
22 exponentially to >350 in 2017 (Figure 1). The most attractive benefit of this technology
23 is its “green” and ecofriendly way of treating wastewater, with low operational costs
24 and easy maintenance. Because of these eco-characteristics and economic advantages,
25 CWs have been well documented in guidelines as an alternative to conventional
26 centralized wastewater treatment systems.

27 Along with the growing attention to CW technology paid by both scientists and
28 engineers in the last five decades, knowledge gained from diverse fields of research has
29 gradually turned understanding on CW from a “black box” model to a “grey box” model.
30 However, the effort devoted to understanding the cycling of basic elements, such as
31 carbon, phosphorus, nitrogen, and sulphur, and their complex interactions in these
32 systems, seems to lag far behind the pace of engineering applications. This
33 understanding is needed particularly where CWs are trialed for the treatment of
34 various industrial effluents that have not been attempted before (1). In recent years
35 however, several intensifying strategies involving new system configurations,
36 sometimes even without plants, technical amendments, and operations with high
37 external energy use, are emerging in literature. Currently, the number of publications
38 reporting on various types of intensified CWs constitutes nearly a quarter of those
39 published in this field (Figure 1). Although it is questionable to define many of the

40 “intensified CWs”, these new types of CWs are driving the CW technology away from
41 its eco-characteristics and economic benefits. The CW intensification is responding to
42 new challenges where CWs passive systems present limitations and cannot produce
43 the demanded effluent quality. Some of the new intensifying techniques are, however,
44 only tested under laboratory scale conditions and are not as yet applied in full-scale
45 systems.

46 In our view, it is time to focus attention to this intensification strategy and urge a
47 rethink on the future developments of CW technology. Should we intensify these
48 systems using technical means to increase their pollutant removal performance and
49 capacity, but risk losing their ancillary benefits? This in turn raises the question to
50 rethink about how it would be wise to further intensify the performance of CW systems
51 but maintain their ancillary functions.

52 **(1) Intensification reduces the footprint of CWs**

53 A main benefit of CW intensification lies in the improved treatment capacity and
54 the concurrent lower footprint of the systems (2). However, in low-populated rural
55 areas and in many developing countries, land availability may not be such an issue.
56 Even though the intensification of CWs can improve treatment efficiency, it would
57 certainly increase the maintenance complexity and operational costs of the systems,
58 which could be a challenge in some regions with limited financial resources. Some
59 slightly intensified CWs, without too much process intensification and energy-demand,
60 might be feasible. Besides, the strong seasonal nature of pollutant loading and the need
61 to have a system with an established microbial community in a fixed bed may warrant
62 such ‘intensification’. However, the balance of its basic eco-characteristics, low
63 operational costs, and easy maintenance, along with treatment capacity, must remain
64 an important consideration.

65 **(2) Intensification widens the application of CWs**

66 The application of CWs has expanded quickly to treat various types of wastewater,
67 which may contain a range of toxicants, including high concentrations of salt, high acid
68 or alkaline compounds, and a diverse array of toxic chemical compounds. The long-
69 term effects of these toxicants on wetland vegetation and associated microorganisms
70 have not been well studied. But these toxic compounds may be the reason for the
71 observed withering of plants and disruption of treatment performance in CWs handling
72 different types of industrial wastewater. Even though intensification may accelerate
73 the pollutant transformation processes by increasing the functional microbial activity,
74 and concurrently relieve the potential negative impact from specific toxic contaminants,
75 integration of other wastewater treatment technologies is recommended in the
76 treatment train, which cannot be replaced by intensified CWs (3).

77 **(3) Intensification may make wetland vegetation redundant**

78 Wetland vegetation is an indispensable component on CWs, since the plants
79 provide many significant functions in relation to the treatment processes as well as

80 ancillary functions, such as biodiversity and food chain support. However,
81 intensification strategies, such as forced pressurized aeration may make the role of
82 plants obviously become less or non-existent. Also, the forced aeration may impede
83 the growth of the plants (4). In such systems, from a treatment perspective, it might be
84 an advantage not to have vegetation growing in the beds, as the systems can then be
85 covered or even buried under the ground. The reason to maintain a vegetative cover in
86 these intensified systems seems to be that the green image of the CW-technology can
87 be used as a sales argument.

88 (4) Intensification may reduce microbial community diversity

89 Due to strict discharge limits for specific water quality parameters, intensification
90 of CWs often results in the stimulation of microbial communities processing the
91 targeted pollutants, e.g., organic matter or ammonium. The role of other microbial
92 communities may be weakened or lost under this treatment intensification. These
93 microbial communities may be important for degradation of emerging pollutants, such
94 as pharmaceuticals and personal care products. High microbial diversity is a critical
95 characteristic of an eco-treatment system, while this aspect may be undermined in
96 intensified CWs.

97 **Therefore**, it is necessary to urge engineers and scientists to keep in mind one of the
98 principles of ecological engineering in relation to constructed wetlands: “do not over-
99 engineer the system, design it with nature, not against it” (5). Considering pollutant
100 nature, concentration, and seasonality, some intensifications are suitable; however,
101 operation and maintenance issues and the natural character of CWs must be the
102 priority.

103 **Declaration**

104 The authors declare no competing financial interest.

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