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2	Infrared thermal imaging: Positive and negative emotions modify the skin
3	temperatures of monkey and ape faces
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17 **RESEARCH HIGHLIGHTS**

- The findings reveal that positive and negative emotions may induce distinctive facial
 temperature changes in nonhuman primates, which are likely to reflect distinctive
 physiological reactions of a primordial primate emotion system.
- Facial thermal imaging represents a promising physiologically-grounded technology to
 noninvasively and continuously obtain reliable data on emotional states in nonhuman
 primates.

25 ABSTRACT

Facial thermography has enabled researchers to noninvasively and continuously 26 measure the changes of a range of emotional states in humans. The present work used 27 this novel technology to study the effect of positive and negative emotions in nonhuman 28 29 primates by focusing on four facial areas (the peri-orbital area, the nose bridge, the nose 30 tip and the upper lip). Monkeys and apes were examined for positive emotions (during interactions with toys and during tickling) and for negative emotions (during food delay 31 and teasing). For the combined toy and tickling conditions, the results indicated a drop in 32 the nose tip temperature and a tendency of an increase in the peri-orbital temperature. 33 34 For the combined food delay and teasing conditions, the results also revealed a rise in the upper lip temperature of the subjects. These different effects on the facial 35 36 temperatures in monkeys and apes most likely reflect distinctive physiological reactions of a primordial primate emotion system. We conclude that facial thermal imaging 37 38 represents a promising physiologically-grounded technology to noninvasively and continuously obtain reliable data on emotional states in nonhuman primates, which may 39 40 help modernize research on emotions in nonhuman primates and enhance our understanding of the evolution of human emotions. 41

42 Key words: Thermography; physiological and behavioral responses; play;
43 deprivation; nonhuman primates.

45 **INTRODUCTION**

The changes of emotional states are associated with alterations of the blood flow 46 underneath the facial skin, caused by stimulations of the sympathetic and the 47 parasympathetic nervous system which may increase and decrease the blood pressure 48 49 [Rubinstein & Sessler, 1990; Levenson, 1992; Kop et al., 2011]. The resulting rise and 50 drop of the facial skin temperature arguably stands in close relation with emotiongrounded behavioral responses (e.g., facial expressions [Ekman et al., 1983; Levenson, 51 1992] and fight-flight reactions [Rubinstein & Sessler, 1990]). This physiological system 52 53 enables researchers to noninvasively capture changes of the inner states with infrared 54 thermal imaging, as carried out to study a range of emotions in humans (for a review on facial thermal imaging research [loannou et al., 2014]). Facial thermal imaging used in 55 56 human research is sensitive enough to detect changes in affective states induced even by images [Khan et al., 2009; Salazar-López et al., 2015], making this physiological 57 58 methodology, when applied to emotion research, comparable to more traditional ones, such as facial EMG and skin conductance for example [Dimberg et al., 2000; Dezecache 59 60 et al., 2013]. With at least some human emotions (e.g., joy) having deep evolutionary roots [Ledoux, 1998; Panksepp, 1998; Davila Ross et al., 2009; Davila-Ross et al., 2015], 61 62 facial thermal imaging could provide important insights to our understanding of emotions in nonhuman primates. The current study, thus, used this methodology to examine 63 emotion-induced thermal changes in monkeys and apes. 64

So far, six facial thermography studies were conducted on nonhuman primates. Three of 65 them revealed a decrease on nasal skin temperatures from neutral states to fear, i.e., in 66 67 captive rhesus macaques [Nakayama et al., 2005; Kuraoka & Nakamura, 2011] and in captive chimpanzees [Kano et al., 2016]. In a more recent study on wild chimpanzees, a 68 69 decrease in the nasal skin temperature and an increase in the ear temperature was found in association with conspecific vocalizations [Dezecache et al., 2017]. Another study 70 71 showed an increment of the nasal skin temperature of only one laboratory rhesus macaque, when being stroked (i.e., sweeped) by a human [Grandi & Heinzl, 2016]. 72 73 Furthermore, a study on five rhesus macaques examined the temperatures of four facial areas and compared them between a teasing context and a context including playful 74

interactions with toys (and feeding). At an individual level, the comparison showed a
higher peri-orbital temperature for teasing for 4 out of 5 individuals [loannou et al., 2015].
It, thus, remains to be tested to what extent positive and negative emotions may affect
the facial skin temperature in nonhuman primate species in general.

Regarding positive emotions, previous human studies revealed facial temperature 79 80 changes in opposite directions; four studies found a decrease: [Zajonc et al., 1989; Nakanishi & Imai-Matsumura, 2008; Salazar-López et al., 2015; Cruz-Albarrán et al., 81 82 2017] and three studies found an increase: [Zenju et al., 2004; Robinson et al., 2012; Salazar-López et al., 2015]. Interestingly, one of the former studies showed a drop in 83 laughing infants [Nakanishi & Imai-Matsumura, 2008], which might be linked to a more 84 rudimentary physiological process, and a slight decrease in the nose tip was observed in 85 a previous study on children play, although no statistical significance was found [loannou 86 et al., 2013]. A comparable study on nonhuman primate positive emotional states, more 87 specifically emotions that reflect human joy, is likely to provide here more insight for a 88 reconstruction of a primordial emotion system. In addition, a study suggested that anger 89 90 induced facial temperature changes, but it did not use statistical tests to support these statements ([Cruz-Albarrán et al., 2017]: increase in the forehead and decrease in the 91 nose and maxillary temperatures). 92

93 Emotion-induced increases and decreases in the facial skin temperature suggest distinctive physiological activations in nonhuman primates, as found in humans, 94 95 activations that are under the control of the autonomic nervous system (ANS). These 96 thermal changes have often been associated with the activation of the sympathetic 97 nervous systems [Kreibig, 2010; Ioannou et al., 2014], leading to constrictions of the blood vessels and the decrease of temperature in specific regions of the face. Other factors 98 99 may also affect the facial skin temperature. For instance, an increase in the breathing rate 100 may cool down the nasal area [Pavlidis et al., 2001]; it is, however, important to note that an overall increase of the nose tip temperature may then nonetheless occur, as recently 101 found for crying [loannou et al., 2016]. Thermal changes result from the release of 102 103 distinctive neurotransmitters (e.g. norepinephrines) that trigger successive physiological changes in the body [Levenson, 1988; Charkoudian, 2010]. For instance, heart rate 104

increase or decrease is the result of direct autonomic (sympathetic/parasympathetic) 105 stimulation [Cannon, 1929], which activates different β -adrenergic receptors in the body, 106 107 leading to its increase or decrease [Bers, 2002]. Positive emotions cover a range of affective states in humans (e.g. joy, contentment) and imply different physiological 108 patterns [Kreibig, 2010]. For instance, joy is characterized by increased vagal control and 109 110 β-adrenergic and cholinergic neurotransmitter release, while contentment is characterized by a decrease of α - and β -adrenergic and cholinergic activity along with 111 mild cardiac vagal activation [Wright, 1996]. Moreover, anger and frustration are 112 characterized by an increase in heart rate and α - and β -adrenergic influences [Vella & 113 Friedman, 2009]. 114

In the current study, three monkey taxa and two ape taxa were examined during positive 115 116 and negative emotional states. It is important to note that we did not attempt to compare across the five primate taxa of this study since potential differences here may be 117 explained by various factors other than phylogeny (e.g., different social group 118 constellations and rearing histories). Instead, the approach of this study was to capture 119 120 the diversity in the sample for stronger conclusions about the predicted thermal changes 121 in nonhuman primates. Playful interactions with a toy as well as tickling were both used to induce positive emotional states [Davila Ross et al., 2009; Izzo et al., 2011; Griffis et 122 al., 2013]. Enrichment with toys has been previously found to positively affect both 123 physiological (i.e., diminution of cortisol level) and behavioural responses (i.e., increase 124 125 of normal behaviours) in nonhuman primates [e.g., Boinski et al., 1999]. Delays in receiving food as well as teasing were used to induce negative emotional states, where 126 some level of frustration most likely was experienced during the waiting [Mischel et al., 127 1972; Miller & Karniol, 1976], which may have even escalated into anger [Henna et al., 128 129 2008]. The toy, tickling, food delay and teasing conditions were preceded by a neutral baseline, where each subject was in a relaxed state. 130

Four facial areas (the peri-orbital area, the nose bridge, the nose tip and the upper lip) were selected for the thermal analysis (according to their previously reported effects on facial temperatures in primates [Nakanishi & Imai-Matsumura, 2008; Ebisch et al., 2012; loannou et al., 2015]). Facial thermal analysis, in general, should include more than just

one area of interest, since the temperatures of specific facial areas may shift in opposite 135 directions within the same time period (e.g., startling decreases the cheek temperature 136 137 and increases the peri-orbital temperature: [Levine et al., 2001]; crying increases the forehead, peri-orbital, cheek, nose and chin temperature and decreases the maxillary 138 temperature [loannou et al., 2016]; a decrease in the nose temperature and an increase 139 140 in the ear temperature may co-occur in wild chimpanzees hearing conspecific vocalizations [Dezecache et al., 2017]). Facial skin areas are irrigated differently by the 141 many blood vessels that branch off from the facial artery and they are exposed to different 142 physiological processes [Kreibig, 2010; Ioannou et al., 2014]. For instance, the nose tip 143 was reported to provide particularly reliable data due to its rich blood supply [Bergersen, 144 1993], unlike the nose bridge, where the lateral nasal and inferior palpebral arteries show 145 poor blood supply [loannou et al., 2014; loannou et al., 2015]. Depending on the 146 experienced emotion, specific adrenergic pathways might be activated along the blood 147 vessels, consequently affecting the temperatures of the facial skin differently [Kreibig, 148 2010]. 149

150 This study is the first to look at emotional responses using thermal imaging by including different nonhuman primate taxa. The findings of this work could help evaluate the 151 152 application value of facial thermography as a technology to noninvasively capture reliable emotion data on different nonhuman primates and, consequently, enhance the 153 154 understanding of the evolution of emotions. Importantly, it would also allow researchers to continuously and quickly collect data on the inner states of monkeys and apes, while 155 156 other physiologically-grounded noninvasive approaches used in nonhuman primate research are dependent on the collection of biological samples (e.g., faeces and saliva 157 samples). Consequently, this study examined the natural responses of nonhuman 158 159 primates in their everyday environments with a simple noninvasive approach by using thermal imaging and behavioral observations. Based on the findings on macaques 160 [loannou et al., 2015], we hypothesized that positively grounded emotions related to 161 playful interactions with toys (and tickling) reduce the facial skin temperatures in 162 nonhuman primates, whereas negative emotional states, more specifically emotions that 163 164 are most likely to reflect anger or frustration, increase the facial skin temperature in 165 nonhuman primates.

166 **METHODS**

167 Research conducted within this study complied with protocols approved by Owl and 168 Monkey Haven and Port Lympne Wild Animal Park as well as the University of 169 Portsmouth's Animal Welfare and Ethical Review Body. All methods for this study 170 adhered to the legal requirements of the UK and the American Society of Primatologists' 171 Principles for the Ethical Treatment of Nonhuman Primates.

172 Subjects and study sites

Three monkey taxa and two ape taxa represented the study subjects: Common 173 174 marmosets (Callithrix jacchus), white-throated capuchins (Cebus capucinus), rhesus macaques (Macaca mulatta), Bornean gibbons (Hylobates muelleri) and western lowland 175 gorillas (Gorilla gorilla gorilla). Nine subjects were tested for the toy or tickling condition 176 and ten subjects for the food delay or teasing condition. For the subject characteristics 177 178 and representation in the data, see Table I. All subjects except for the gorillas were housed in the Owl and Monkey Haven (UK). The gorillas lived in Port Lympne Wild Animal 179 Park (UK). All subjects were habituated to human interactions, facilitating thus the data 180 collection. The data were collected when the subjects were in their social groups (groups 181 of twelve marmosets, three capuchins, five macaques, four gibbons, and four gorillas) 182 and in the enclosures where they stayed on a daily basis. All primates were outdoors 183 184 during the data collection, except the marmosets and gorillas, who were studied indoors. The outdoor and indoor enclosures were equipped with climbing structures, and other 185 186 enrichment objects. The main feeding times were in the morning and afternoon for all 187 subjects (8am, 3pm and 5pm), except for the gorillas (12pm and 3pm). The subjects had 188 constant access to water. The monkeys and apes of this study are likely to represent good candidates for facial thermal imaging research as the measured facial areas are 189 190 covered only with few hairs, with the exception of the upper lip.

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--- Table I here ---

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Procedure and data collection

Each subject was examined for at least one session, which included an experimental condition (toy or tickling condition, or food delay or teasing condition), preceded by a neutral condition. The sessions were at least 3 minutes apart.

197 Interactions with either toys or tickling were used to induce positive states. The 198 experimenter presented one-two toys (a baby rattle, a teddy bear or a doll purse) to a subject, while playfully moving the toy, an approach which was expected to trigger 199 playfulness in the subjects, perhaps combined with curiosity. An exception here was 200 201 made for a gorilla who was known not to respond to toys; instead, the keeper tickled the gorilla who initiated the tickle play by presented his back to be tickled. The toy and tickling 202 203 condition lasted up to 4 minutes, where the subjects occasionally took breaks of up to 10 seconds. The toy and tickling condition ended either when the subject left or stopped 204 205 facing the experimenter for more than 10 seconds or when a conspecific interfered. To obtain mainly data on positive emotions for each toy and tickling session, a session was 206 207 included in the analyses only if the break(s) did not represent more than 20% of its total duration. 208

209 In addition, food delay or teasing were used to induce negative states related to anger or frustration. The experimenter presented to a subject food (crickets, mealworms or fruits) 210 that was out of reach for one minute. The experimenter held the food in the hand and if 211 212 the subject tried to reach for the food, the experimenter held the food further away. 213 Exceptions here were made for two gorillas as it would not have been safe to give them the food directly from the hand. For the gorillas, a fruit bucket was placed on the ground 214 (out of reach). All subjects received the food after this condition ended. For the neutral 215 condition of this study, the subjects had to be calm (e.g., sitting in a relaxed way, with a 216 217 relaxed face and with no piloerection) for up to 10 seconds.

The testing took place after the subjects spontaneously separated from their social group and approached the experimenter, without any group member interfering. Hence, during the testing, the subjects could freely move in their enclosure and leave the experimental area at any time. This prerequisite ensured that the subjects behaved naturally as well as calmly during the neutral condition. Thus, not all nonhuman primates of each social group approached the experimenter and became subjects of this study and the number ofsessions also varied between subjects.

Moreover, only sessions with thermal data obtained from both neutral and experimental conditions were included for further analyses (Supplementary Material S1). A total of 33 sessions (19 for toy and tickling, 14 for food delay and teasing) were used for the analyses (for an overview on the number of sessions, see Table I). The experimenter stood outside of the enclosures, behind the meshes (behind the bars for the gorillas). The data collection took place in October and November 2013 and in January and May 2014.

The thermal recordings were obtained by a recordist, who held a portable thermal camera 231 232 and tried to capture frontal shots of the face of the freely moving subject at a distance of about one meter. For this study, the ThermoPro[™] TP8 camera (© Wuhan Guide Infrared 233 Technology Co., Ltd, 2006, Wuhan, China; http://www.guide-infrared.com/) was used. It 234 has a resolution of 384 x 288 pixels, a temperature measurement accuracy of ±1% and 235 a thermal sensitivity of 0.08°C. These characteristics enable a similarly reliable data 236 collection across all taxa, regardless of the subject body size. Thermal cameras detect 237 the radiation emitted by organisms (and other matter) and convert it into electronic signals 238 that produce a thermal image. This image consists of different colors/shades, which refer 239 to distinctive temperatures (Fig. 1). 240

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No direct sunlight affected the data collection as it was too cloudy for the sun to be visible during the outdoor recordings. In addition, the recordist collected the thermal data underneath a ceiling for all sessions, except the gibbon session. For an overview of the enclosure temperatures during the recordings, see Table I. In addition, each subject was video-recorded with a regular camera (JVC Everio) for the behavioral analysis. This camera was placed about one meter outside of the enclosure.

--- Figure 1 here ---

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251 Thermal analysis

For the thermal analysis, the subjects' facial skin temperatures were measured from 252 extracted picture frames every five seconds. For every picture frame, the mean 253 254 temperature of each of the four measured facial areas was obtained. A circular shape was used to measure the temperature of the peri-orbital area, the nose bridge as well as 255 the nose tip, while a rectangular shape was used for the upper lip (Fig 1). To have all 256 257 facial areas sufficiently visible and measurable, a frame was only extracted if it showed the frontal side of the subject face or up to a 45° angle sideways. If any facial area was 258 not fully visible (e.g., due to the enclosure meshes or bars), no thermal data were obtained 259 from this particular frame. For each of the four measured facial areas, the mean 260 temperatures of the neutral condition and the experimental condition were calculated per 261 262 session, respectively.

To ensure that the recording angle did not influence the thermal data, the frontal frames (subject face turned towards the thermal camera) and the sideway frames (subject face turned away from the thermal camera with an angle up to 45°) were statistically compared within the neutral condition. The compared frames were no more than 10 seconds apart from each other in order to avoid other factors having an impact.

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The thermal analysis was carried out by one coder who was naïve about the hypotheses and the different conditions. This coder was first trained by another researcher, who was experienced with extracting such data from humans. To further ensure that the data were reliably obtained, three sessions were then coded by both researchers and a full agreement was reached. The program Launch Guide IR analyzer (© Wuhan Guide Infrared Technology Co., Ltd, 2006, Wuhan, China; http://www.guide-infrared.com/) was used.

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277 Behavioral analysis

For the behavioral analysis, the intensities of bodily movements as well as the presence/absence of facial expressions and calls were coded for every five-second interval which preceded each thermal picture frame that was measured for the thermal

analysis. Only small bodily movements were observed during the test, and were coded 281 as either absent, slow (e.g., gently reaching for the toy or food) or rapid (e.g., quickly and 282 283 repeatedly grabbing for the toy or food). In addition, low and high level of behavioral indicators of positive and negative emotional states were coded (for a list and description 284 of the behavioral indicators, see Table II; for video clips, see Supplementary Material S2). 285 286 The coding of behavioral indicators was meant to help find out if at least some of the subjects experienced the relevant emotion tested for and, consequently, if the approach 287 to induce positive and negative emotional states, respectively, was successful. 288

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--- Table II here ---

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The behavioral analysis was conducted by two coders using Windows Media Player. The main coder was then naïve about the use of all the behavioral data. The other coder coded the capuchin and gorilla behaviors and was naïve about the use of the movement and expression data.

296 Statistics

297 We used mean, median and standard error values to describe our thermal and behavioral data. Due to our sample size, non-parametric tests were used. The Wilcoxon signed rank 298 test was performed to compare the neutral and emotional condition and compare frontal 299 and sideways frames. The Mann-Whitney U test was performed to test whether the bodily 300 movements and the air temperature could have been accounted for the thermal changes, 301 as well as whether the onset of behavioural indicator (low and high) differ when comparing 302 positive and negative emotion. For all tests, the level of significance was set at 0.05 and 303 304 the tests were one-tailed, unless indicated. For the behavioral analysis, an inter-coder reliability test (Cohen's Kappa, K=0.74) was conducted based on 15 randomly selected 305 306 sessions (five subjects). For repeated statistical tests, α level adjustments were carried out with Hommel-Hochberg corrections [Hochberg & Hommel, 1998]. The analyses were 307 computed with SPSS Statistics 23 (IBM, Chicago, IL, USA). 308

310 **RESULTS**

311 Thermal analysis

Five of the nine subjects tested with either the toy or tickling showed behavioral indicators of positive emotional states (Table II). All of the ten subjects tested for food delay or teasing showed behavioral indicators of negative emotional states (Table II). Behaviors associated with positive state were absent during the food delay or teasing condition; behaviors associated with negative state were absent during the toy or tickling condition.

317 For the combined toy and tickling condition, the thermal analysis showed a significant decrease in the nose tip temperature of the subjects from the neutral condition to the 318 experimental condition (Wilcoxon signed rank test with Hommel-Hochberg corrections: 319 z=-1.836, T=7, N=9, p<0.05), but a tendency of an increase in the peri-orbital temperature 320 (z=1.718, T=8, N=9, p=0.05). No significant decreases were found for the nose bridge 321 322 (z=0.296, T=20, N=9, p=0.410) and for the upper lip (z=-1.481, T=10, N=9, p=0.08); Figure 2. When including only the five subjects who showed behavioral indicators of 323 positive state, the thermal analysis showed a significant decrease in the nose tip 324 temperature (z=-2.023, T=0, N=5, p<0.05), and a significant increase in the peri-orbital 325 temperature (z=-2.023, T=0, N=5, p<0.05); the other two facial areas showed no 326 significant temperature changes (nose bridge: z=-0.135, T=7, N=5, p=0.50; upper lip: z=-327 328 1.753, T=1, N=5, p=0.06). Due to the difference between the toy and tickling conditions, we decided to exclude the gorilla data (i.e., only tested in the tickling condition) from the 329 330 sample. We, then, assessed if the subjects who were tested in the toy condition showed 331 significant thermal changes. Such changes were not found for any of the four facial areas 332 when comparing the neutral to the experimental condition (Wilcoxon signed rank test with Hommel-Hochberg corrections: peri-orbital: z=-1.400, T=8, N=8, p=0.10; nose bridge: z=-333 334 0.140, T=17, N=8, p=0.47; nose tip: z=-1.540, T=7, N=8, p=0.07; upper lip: z=-1.120, 335 T=10, N=8, p=0.16).

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339	For the combined teasing and food delay condition, the analysis revealed a significant
340	increase in temperature from the neutral condition to the experimental condition in the
341	upper lip (Wilcoxon signed rank test with Hommel-Hochberg corrections: z=-2.040, T=8,
342	N=10, p<0.05). No significant difference was found when comparing neutral versus
343	combined food delay and teasing in the peri-orbital area (z=-1.274, T=15, N=10, p=0.12),
344	nose bridge (z=-1.683, T=11, N=10, p=0.05), and in the nose tip (z=-0.357, T=24, N=10,
345	p=0.39); Figure 3. Table III and the Supplementary Material S1 show the skin
346	temperatures of the monkeys and apes measured during the toy or tickling conditions and
347	the food delay or teasing conditions and their preceding neutral conditions for each facial
348	area. As for the positive emotion, due to the difference between the two negative
349	conditions, we decided to exclude the gorilla data (i.e., food delay condition) from the
350	sample. We, then, assessed if the individuals who were tested in the teasing condition
351	showed thermal changes. This analysis showed a significant increase in the upper lip
352	temperature when comparing the neutral to the teasing condition (Wilcoxon signed rank
353	test with Hommel-Hochberg corrections: z=-1.752, T=5.50, N=8, p<0.05). The other three
354	facial areas did not show any significant differences (peri-orbital: z=-1.120, T=10, N=8,
355	p=0.16; nose bridge: $z=-1.402$, $T=8$, $N=8$, $p=0.09$; nose tip: $z=-0.140$, $T=17$, $N=8$, $p=0.47$).
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357	Figure 3 here
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Furthermore, for the facial areas that showed significant thermal changes in the main analysis (i.e., the nose tip for the positive emotion and the upper lip for the negative emotion), we tested whether this thermal change would already occur during the first 15 seconds of the experimental condition (Supplementary Material S3 for the subject-level data). No such significant thermal changes were found (Supplementary Material S4 and Fig. 4).

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Additionally, it was tested if the recording angle could have had an impact on the thermal data. No significant differences were found when comparing frontal and sideway frames for any of the four facial areas of interest (Wilcoxon signed rank test with Hommel-Hochberg corrections; two-tailed: peri-orbital area: z=-0.431, T=8.5, N=8, p=0.78; nose bridge: z=-1.491, T=7.5, N=8, p=0.16; nose tip: z=0.000, T=10.5, N=8, p=1; upper lip: z=-0.425, T=8.5, N=8, p=0.81).

We also tested whether the air temperature might have had an impact on facial 376 temperature changes when comparing indoor and outdoor species. For the positive 377 378 emotion, we did not find any significant differences for any of the four facial areas when comparing indoor and outdoor species (Mann-Whitney U test with Hommel-Hochberg 379 380 corrections; two-tailed: peri-orbital: U=3, N_{Indoor}=4, N_{Outdoor}=5 subjects, p=0.11; nose bridge: U=8, Nindoor=4, Noutdoor=5, p=0.73; nose tip: U=4, Nindoor=4, Noutdoor=5, p=0.19; 381 382 upper lip: U=5, Nindoor=4, Noutdoor=5, p=0.29), Nor were such statistically significant differences found for the negative emotions (peri-orbital: U=5, Nindoor=6, Noutdoor=4 383 384 subjects, p=0.17; nose bridge: U=9, Nindoor=6, Noutdoor=4, p=0.57; nose tip: U=5, Nindoor=6, Noutdoor=4, p=0.17; upper lip: U=7.5, Nindoor=6, Noutdoor=4, p=0.38). 385

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387 Behavioral analysis

We tested if bodily movements of the subjects as well as their facial expressions and 388 calls could have accounted for these resulting facial thermal changes. The skin 389 temperature of the four facial areas showed no significant difference between no/slow 390 391 bodily movements and rapid bodily movements when testing for the combined toy and tickling condition (Mann-Whitney U test with Hommel-Hochberg corrections; two-tailed: 392 393 peri-orbital: U=15, N_{No/slow}=9,N_{Rapid}=4 subjects, p=0.68; nose bridge: U=9, N_{No/slow}=9 394 subjects, N_{Rapid}=3, p=0.48; nose tip: U=16, N_{No/slow}=9, N_{Rapid}=4, p=0.83; upper lip: U=15, N_{No/slow}=9, N_{Rapid}=4, p=0.60) and for the combined food delay and teasing condition 395 (Mann-Whitney U test: peri-orbital: U=15, N_{No/slow} =8 subjects, N_{Rapid}=5 subjects, p=0.52; 396 397 nose bridge: U=17, N_{No/slow}=7, N_{Rapid}=5, p=1; nose tip: U=19, N_{No/slow}=8, N_{Rapid}=5, p=0.94; upper lip: U=17, N_{No/slow}=8, N_{Rapid}=5, p=0.72). Only four subjects showed no/slow bodily 398

399 movements as well as rapid bodily movements when tested for toy or tickling and only 400 three subjects when tested for food delay or teasing. Furthermore, one subject produced 401 facial expressions and calls during testing (one gorilla produced play faces and laughter 402 during play).

For the positive emotion, the subjects showed 3.4±0.6 (mean±SE) slow movements and 8±3.5 rapid movements during the toy condition, and the gorilla tested during the tickling condition showed 10 slow movements as well as 4 rapid movements. Regarding the negative emotion, the subjects displayed 2±0.2 slow movements as well as 2.5±0.8 rapid movements during the teasing condition, and the gorillas showed 5.5±1.5 slow movements, and only one subject showed 7 rapid movements. The number of movements per session is presented in the Supplementary Material S1.

Regarding the behavioral indicators of the emotional state, low level of positively-related 410 behavioral indicators occurred 9.23±2.11 seconds and five seconds after the beginning 411 of the toy condition and tickling condition, respectively. High level of positively-related 412 behavioral indicators occurred 26.25±7.18 seconds and 15 seconds after the beginning 413 of the toy condition and the tickling condition (1 session), respectively. Low level of 414 negatively-related behavioral indicators occurred 5.71±0.71 seconds and 5±0.0 seconds 415 after the beginning of the teasing condition and food delay condition, respectively. High 416 417 level of negatively-related behavioral indicators occurred 5.83±0.83 seconds and 40 418 seconds after the beginning of the teasing condition and the food delay condition, respectively. When comparing the onset of the low level of behavioral indicators between 419 the negative and positive condition, no significant difference was found (Mann-Whitney U 420 test; two-tailed: U=46.5, NPositive=14 sessions, NNegative=9 sessions, p=0.27). Nor such 421 422 difference was found when excluding the gorilla data from the analysis (U=33.5, N_{Positive}=13, N_{Negative}=7, p=0.33). Regarding the onset of the high level of behavioral 423 indicator, no significant difference was found between the negative and positive condition 424 425 (U=8.5, N_{Positive}=5, N_{Negative}=7, p=0.13). However, when excluding the gorilla data from the analysis, the onset of high level of behavioral indicators occurred significantly faster within 426 427 the negative condition than within the positive condition (U=3.5, N_{Positive}=4, N_{Negative}=6, p<0.05). We, then, tested whether there was a significant difference when comparing the 428

temperatures of the 15 seconds before and after the onset of the high level of behavioural indicator for the positive emotion. No significant thermal changes were found for any of the four facial areas (Wilcoxon signed rank test with Hommel-Hochberg correction: periorbital: z=-1.461, T=1, N=4, p=0.25; nose bridge: z=-0.000, T=3, N=3, p=1; nose tip: z=-0.552, T=3.50, N=4, p=0.75; upper lip: z=-1.461, T=1, N=4, p=0.25).

435 **DISCUSSION**

The current study examined the facial skin temperatures in monkeys and apes associated 436 with positive and negative emotional states. We hypothesized that positively grounded 437 438 emotions related to playful interactions with toys (and tickling) reduce the facial skin 439 temperatures in nonhuman primates, whereas negative emotional states, more specifically emotions that are most likely to reflect anger or frustration, increase the facial 440 skin temperature in nonhuman primates. Our results supported our two hypotheses to 441 some extent where only some facial areas showed significant thermal changes. The data 442 on behavioral indicators suggest that the approach to induce positive and negative 443 444 emotions in the studied nonhuman primates was in general successful, with five subjects showing positive behaviors (e.g., playful head movements) and ten subjects showing 445 negative behaviors (e.g., display posture), respectively. 446

447 For the negative emotional states, the upper lip temperature of the monkeys and apes of this study increased from the neutral condition to the experimental condition, when the 448 449 teasing data alone was examined and when it was combined with food delay data. These findings on negative-induced increases of the facial skin temperature in nonhuman 450 451 primates support our hypothesis, which was based on our previous study on five rhesus 452 macaques [loannou et al., 2015]. The increased lip temperature during the negative 453 condition may have been the result of increased blood flow associated with an increase of the heart rate as well as α - and β -adrenergic influences [Vella & Friedman, 2009]. 454

Regarding the positive emotional states, the nose tip temperatures of the subjects dropped from the neutral condition to the combined toy and tickling condition, but the periorbital temperatures had a tendency of an increase. The nose tip data were consistent

with our previous macaque findings [loannou et al., 2015] and previous research on 458 459 human infant laughter [Nakanishi & Imai-Matsumura, 2008] and children play [loannou et 460 al., 2013] (cf. [Salazar-López et al., 2015]). The drop in the nasal temperature might have resulted from the constriction of blood vessels innervating selectively this facial area (i.e. 461 arteriovenous anastomosis: [Bergersen, 1993]), an action mediated by the direct 462 sympathetic postganglionic neurons [Hales, 1985]. It is possible that an increased 463 breathing rate additionally contributed to cooling the nose [Pavlidis et al., 2001], but it may 464 have had a minor effect [loannou et al., 2016]. A temperature rise in the peri-orbital area 465 was previously also found for positive contexts in humans (positive self-sentiment: 466 [Robinson et al., 2012]) and might have resulted from an increased heart rate [Cannon, 467 1929] and increased blood flow to extra-ocular muscles [loannou et al., 2015]. Moreover, 468 469 blood may be redirected by other facial regions [Pavlidis et al., 2001].

470 Consequently, the temperature changes induced by positive emotions in this study did 471 not tend to occur in one collective direction for the four assessed facial areas, i.e., namely the predicted overall decrease, a prediction which was based on our previous findings on 472 473 the peri-orbital temperature changes in rhesus macaques [loannou et al., 2015]. Such opposite directions in temperature shifts are likely to present differing physiological 474 475 processes involved for the same emotion in nonhuman primates. They are consistent with physiologically-grounded regional differences associated with the human facial skin (e.g., 476 477 differences in the blood vessel innervations [Bergersen, 1993] and specific adrenergic activations [Kreibig, 2010]), as well as previous thermal findings on humans [Levine et 478 479 al., 2001; Ioannou et al., 2016] and nonhuman primates [Dezecache et al., 2017]. Such differences may also help to explain the discrepancies across empirical studies on facial 480 temperature changes. For positive emotions, humans showed, for instance, a decrease 481 482 in the forehead temperature [Zajonc et al., 1989; Nakanishi & Imai-Matsumura, 2008] and an increase in the eye area temperature [Robinson et al., 2012]. 483

Additionally, the discrepancies in the literature may also be explained by the different uses of stimuli, such as play and pleasant touch [Nakanishi & Imai-Matsumura, 2008; Salazar-López et al., 2015; Grandi & Heinzl, 2016]. When removing the gorilla data from our sample, no thermal changes were found anymore for the positive emotion. It is 488 possible that different behavioral contexts may induce different physiological responses 489 due to the activation of a more specific emotion system associated with the context per 490 se [Kreibig, 2010]. By contrast, other researchers suggest that positive states are under 491 the control of a more general system resulting in similar physiological reactions regardless 492 of the context [Panksepp, 1998]. Future studies including different behavioral contexts to 493 induce positive emotions, as well as negative emotions, are needed to shed light onto this 494 disagreement.

495 While previous researchers suggested that thermal changes are detectable already within the first 10 seconds after inducing an emotion state [Kuraoka & Nakamura, 2011; Ebisch 496 497 et al., 2012] and tendency for it was found also in the current study regarding the negative condition, it is important to consider that some emotions may take longer to be induced 498 499 than others. Since negative states are associated with the fight-flight system, quick behavioral responses to negative stimuli are generally predicted in comparison to 500 501 behavioral responses to positive stimuli [Levenson, 1992; Fredrickson, 2001]. This pattern is consistent with our results, which revealed a particularly late onset for the 502 503 positively-related behavioral indicators, although significant thermal data changes accompanying these primate behaviors could not be found. It is also noteworthy that the 504 505 onset of emotion-induced temperature changes in the facial areas of interest in this study 506 could have been at least to some extent affected by the subject's body size [Boyd & Silk, 2009] and, thus, their metabolic rate [Kleiber, 1932]. 507

508 Although, the study presents some methodological issues regarding the uneven number of sessions between the subjects and the small sample size, the nonparametric analyses 509 showed significant thermal changes, which revealed a reliable degree of statistical rigidity. 510 511 This study showed that positive and negative emotional states have a distinctive effect 512 on the facial temperatures in monkeys and apes. They might reflect distinctive physiological reactions of a primordial emotion system, associated with the competing 513 514 subdivisions of the ANS [Wright, 1996; Vella & Friedman, 2009; Kreibig, 2010]. During sympathetic arousal, they lead to heart acceleration and the constrictions of the blood 515 516 vessels whereas during parasympathetic activation, they lead to an inhibition of the sympathetic axis and physiological restoration [Kreibig, 2010]. Both systems seem to play 517

an important role in the mediation of the different physiological actions that lead to the release of specific neurotransmitters, such as adrenalin and acetylcholine, and to changes in the blood flow [Kreibig, 2010], explaining the differences found for the distinctive emotional states and their distinctive facial areas.

522 It is unlikely that the thermal results of this study were notably affected by bodily 523 movements of the monkeys and apes. Specifically, there was no indication in the data that any rapid movement of the subjects resulted in higher facial skin temperatures than 524 525 slow movements and no movements. Nor could the production of facial expressions and calls have notably affected the thermal results as these expressions were rare (produced 526 527 by one subject only). Previous findings similarly showed that locomotion in dogs [Travain et al., 2015] and facial expressions in rhesus macaques [Nakayama et al., 2005] did not 528 529 account for facial temperature changes. In contrast, Kano and colleagues [2016] showed that locomotive activity might affect the facial temperatures of chimpanzees. Perhaps 530 531 such differences in empirical findings depend on the intensity of movement of the subjects. In our study, we did not observe any walking behaviors during the test and the 532 533 movement level seems to have been notably lower (e.g., touching the toy) than in the study by Kano and colleagues [2016], where the chimpanzees showed high-arousal 534 535 behaviors, such as walking around in the test rooms.

536 Since facial thermal imaging can be applied to noninvasively, continuously and guickly 537 obtain data on positive and negative emotional states in a range of captive nonhuman 538 primates, this approach shows notable potential in helping to improve the primates' living conditions and to monitor their states of wellbeing. However, to prevent variation in the 539 thermal data, this approach requires the conditions to follow immediately each other 540 allowing, therefore, to measure facial temperature changes across conditions. In future 541 542 thermal research on nonhuman primates, the peri-orbital area, the nose bridge, the nose tip, and the upper lip need to be collectively closely examined as some areas may provide 543 544 more insight about the impact of the specific examined emotion than others. Overall, facial thermography represents a promising physiologically-grounded technology that may help 545 546 enhance the understanding of the primate emotion systems.

548 **ACKNOWLEDGMENTS**

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700

702 Tables

		Number of	Number of	Enclosure	
Compared conditions	Taxon	subjects	sossions	temperature	
		300,000	363310113	(°C)	
	Common	3	3	18-24	
	marmosets	U	0	10 2 1	
	White-throated	1	1	8-10	
Neutral-Toy	capuchin	I	I	0-10	
	Rhesus macaques	3	13	2-8	
	Bornean gibbon	1	1	2-8	
Neutral-Tickling	Western Iowland	1	1	25-27	
	gorilla				
	Common	ommon 4		18-24	
	marmosets		C C		
Neutral-Teasing	White-throated	1	1	8-10	
	capuchin	uchin		0 10	
	Rhesus macaques	3	5	2-7	
Neutral-Food delay	Western lowland	2	2	25-27	
	gorillas	£	£		

703 **Table I. Overview of the subject representation in the data.**

For the tested conditions and taxa, the number of subjects and sessions and the

temperature of the enclosure during the data collection are provided.

Condition	Behavioral indicator	Description			
	Playful head	Head movement as observed in spontaneous play of			
	movement	nonhuman primates			
Toy and	Play	Tickle-induced play faces in nonhuman primates and laughter			
tickling	expression	in great apes (for a spectrogram on great ape laughter [Davila			
licking		Ross et al., 2009])			
	Inspecting	Touching, licking or smelling the toy in a relaxed or playful way			
	Abrupt	Bodily movement, e.g., arm movement, that is abrupt and			
	movement	inferring aggression			
Food	Aversive	Aversive open-mouth expression or vocalization in response to			
delay and	expression	the food delay			
teasing	Display	Stiff posture that often is accompanied by piloerection and			
	posture	appears to show a larger body			
	Lip pressing	Putting the lips tightly together			

707 **Table II. Overview of high level of behavioral indicators.**

All behavioral indicators and their descriptions for the toy/tickling and the food

709 delay/teasing conditions.

		Testing for pos	sitive emotional	Testing for negative emotional		
		state		state		
		Neutral	Toy and tickling	Neutral	Food delay and	
		condition	condition	condition	teasing condition	
		median (± SE)	median (± SE)	median (± SE)	median (± SE)	
		temperature	temperature	temperature	temperature	
Monkeys	Peri-orbital	34.4 (±0.3)	34.8 (±0.5)	33.8 (±0.7)	33.7 (±0.3)	
	Nose bridge	26.8 (±1.5)	26.5 (±1.3)	27.1 (±1.4)	27.5 (±1.5)	
	Nose tip	22.5 (±2.0)	22.0 (±1.8)	23.3 (±1.6)	23.0 (±1.7)	
	Upper lip	26.5 (±2.1)	25.7 (±1.7)	26.9 (±1.7)	28.0 (±1.8)	
Apes	Peri-orbital	35.0 (±1.7)	32.9 (±1.9)	35.6 (±0.6)	36.0 (±0.4)	
	Nose bridge	28.6 (±5.2)	28.1 (±4.4)	32.2 (±1.1)	32.4 (±1.2)	
	Nose tip	26.7 (±7.6)	24.7 (±5.9)	32.1 (±2.1)	31.5 (±3.1)	
	Upper lip	30.8 (±4.2)	29.4 (±4.0)	34.1 (±0.2)	34.4 (±0.1)	

711 **Table III. Facial temperatures of the studied monkeys and apes.**

Median (± SE) skin temperatures (°C) of the four measured facial areas in the monkey
subjects and in the ape subjects when tested for the positive and negative emotions. The
bold values represent the highest median temperatures for either the experimental
condition or its preceding neutral condition.

717 Figure Legends

Figure 1. Illustrations representing a white-throated capuchin and a Bornean 718 gibbon. (a, d) Frontal photographs, (b, e) corresponding thermographic images and (c, 719 f) close-up thermographic images depicting the four facial areas of interest: peri-orbital 720 721 area, nose bridge, nose tip and upper lip. The white squares represent the regions of the face to create the close-up image. The black circles refer to the peri-orbital area, the nose 722 bridge and the nose tip and the black rectangle refers to the upper lip. The colors of the 723 thermographic images refer to specific temperatures as indicated with the color bars and 724 temperature scales on the right side. 725

726

727 Figure 2. Testing for facial temperature changes associated with positive emotion.

Mean temperatures (°C) of the subjects from the neutral to the combined toy and tickling condition (9 subjects) measured for four facial areas. The thick horizontal lines indicate medians; the vertical length of the boxes corresponds to interquartile range; the thin short horizontal lines indicate the minimum and maximum values. * p < 0.05. The two pictures represent the thermal frames during the neutral and positive condition.

733

Figure 3. Testing for facial temperature changes associated with negative emotion.

Mean temperatures (°C) of the subjects from the neutral to the combined food delay and teasing condition (10 subjects) measured for four facial areas. The thick horizontal lines indicate medians; the vertical length of the boxes corresponds to interquartile range; the thin short horizontal lines indicate the minimum and maximum values. * p < 0.05. The two pictures represent the thermal frames during the neutral and negative condition.

740

Figure 4. Time course of the facial temperature change from the neutral condition to the experimental condition. Mean temperatures (°C) per taxon of a) the nose tip during the positive condition and b) the upper lip during the negative condition. Only the last 5 seconds of the neutral condition (i.e., -5) and the first 15 seconds (i.e., 5, 10, and 15) of the experimental condition are depicted. The thin short horizontal lines representthe error bars.

748 Supporting Information

- S1. Dataset. Thermal data overview for testing positive and negative emotional state.
- 750 S2. Video clip.

S3. Time course dataset. Thermal data overview of the last 5 seconds of the neutral
condition and the first 15 seconds of the experimental condition for both positive and
negative emotion.

- 754 S4. Supplementary analysis.
- 755