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PM 631 Theories of Personality

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PM 631 "THEORIES OF PERSONALITY"

August 1998 (only)
Course will be updated in the fall of 1998 to reflect new ATS standards

DATE:	STUDENT:	
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This directed reading course gives attention to selected theories of personality with the intention of relating their insights to varied modes of caregiving.

OBJECTIVES:

- 1. To develop a critical familiarity with personality theory.
- 2. To foster professional growth, especially for counselors, pastors and other caregivers.
- 3. To promote self-awareness through informed consideration of one's own personality development.
- 4. To provide the opportunity to select and do research on a topic related to personality theory.

TEXTUAL READING:

<u>Theories of Personality</u> by Hall, Lindzey, and Campbell (fourth edition)

As the basic reading assignment, <u>fully</u> read the following chapters and write a 2 page summary with at least one concluding paragraph suggesting ways in which the substance of the chapter might contribute to your life and profession.

Date these papers as of the day you completed reading the chapter, also record the amount of time you spent reading each chapter. I am assuming that you will invest about 4 hours (average) with each chapter.

Ch. 1, "The Nature of Personality"

Ch. 2, "Freud's Classical Psychoanalytic Theory"

- Ch. 3, "Jung's Analytic Theory"
- Ch. 4, "Social Psychological Theories, Adler, Fromm, Horney, and Sullivan"
- Ch. 5, "Eric Erickson and Contemporary Psychoanalytic Theoy"
- Ch. 7, "Gordon Allport and the Individual"
- Ch. 11, "Carl Roger's Person-Centered Theory"
- Ch. 12, "B. F. Skinner's Operant Conditioning"
- Ch. 13, "Dollard and Miller's Stimulus Response Theory."
- Ch. 14, "Albert Bandura and Social Learning Theories"
- Ch. 15, "Personality Theory in Perspective"

OTHER READINGS:

Beyond the assigned sections in the text, read 1,000 pages (or to a maximum of 50 hrs.) from self selected books and articles. Readings should support your own career plans, but be rooted in the general area of psychology of personality. You will naturally count books and reading hours toward your papers. Unassigned chapters of the text may be read and count two collateral pages for each text page read.

Relevant readings can be found in the ATS Library (Library of Congress numbering) between the numbers BF 692 and BF 720ff. But you may also wish to browse in biblical areas as well as in counseling and pastoral care.

I think "personality" is among the most interesting of all the areas in psychology. Don't feel you need to read all of any book, though. This is a good opportunity to get acquainted with many writers who can become lifelong friends. Their research and reflection can be a source of enrichment and productive insight.

Submit a dated log of your readings: include date, amount of time, and a brief evaluative response. Either 1,000 pages or fifty reading hours will be considered as meeting this "other readings" assignment.

WRITING PROJECT:

Write one 10-12 page paper that explores the development of your own personality. This should be perceived as something of a psychological biography with other dimensions of your story being subjected to critique through lenses derived from at least two schools of thought on personality theory.

One purpose of this paper is self-understanding; another is to experience the explanatory potential of personality theories.

GRADES:

A grade of "B" will be earned by completing the above assignments in a timely manner.

A grade above "B" may be earned by fulfilling the above assignments in a timely manner with the further submission of a 10-12 page research paper (documented following APA, Campbell or some consistent style) following up on some topic of your choice growing out of your reading. This research paper should normally have some relationship to the interplay of the psychology of personality with your probable profession. My assumption is that the basic research for this paper could well be done as a part of fulfilling the "other readings" assignment.

Write clearly on the first page of your submitted work whether you have elected to work for a grade higher than "B."

CALENDAR: The term ends August 31, work must be completed and in my office, or postmarked, by that date. My report on grades to the registrar is due on September 6.

Prof. Burgess