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CO 603 Orientation to Christian Approaches to Diagnosis and Treatment Planning

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Mucherera, Tapiwa N., "CO 603 Orientation to Christian Approaches to Diagnosis and Treatment Planning" (2008). *Syllabi*. Book 2288.

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**CO603 Orientation to Christian Approaches to
Diagnosis and Treatment Planning
Spring FEB 29th - March 1st 2008
Draft**

Spring 2008: Friday & Sat

Time: 8:30- 12, 1:00 – 5pm, & 9-1pm Feb. 29th – March 1st 2008

Maximum Enrollment: 30

One Hour Credit

Prerequisites: CO601 (may be taken concurrently) and MA Counseling Status

Instructor: Tapiwa N. Mucherera

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ATTENTION ATTENTION ATTENTION

There are Pre-class assignments **DUE** on each of the 3 class sessions.

Each person is to prepare a *one page typed*, double-spaced document that highlights aspects of the reading from which you gained new insights or about which you have questions or about which you disagree. In addition, *include two discussion questions* that can be used in small group discussion. No late pre-class assignments will be accepted. See details below.

Course Description (This description applies to all the Treatment Planning Courses)

In order to function as a competent clinician, one must develop competence in diagnosing and effectively treating a variety of problems with which they are confronted. In order to do this one must be thoroughly familiar with a variety of treatment modalities. This course is designed to provide students with an introduction to assessment, clinical diagnosis and treatment planning. Students will have an opportunity to become acquainted with material relevant to treatment issues both from a Christian historical perspective and current knowledge.

As a result of completing these courses, students shall:

1. Become familiar with principles for applying Christian thought to the field of counseling.
2. Learn how to conceptualize cases from various theoretical perspectives.
3. Develop the ability to think like a clinician using relevant diagnostic information.
4. Value a collegial process in the development of treatment plans.
5. Learn how to develop and implement treatment plans including cultivating the ability to assess progress and formulate timelines.
6. Learn the value of and how to keep effective treatment records.
7. Understand how to effectively utilize supervision to facilitate quality treatment.
8. Understand the role of psychotropic medications and mood altering chemicals in the treatment of mental and emotional disorders.
9. Understand how to make appropriate referrals.

CO603 focuses particularly on issues of integration of theology and counseling that is, becoming familiar with principles for applying Christian thought to the field of counseling.

Required Texts

Entwistle, D. (2004). *Integrative approaches to psychology and Christianity: An introduction to worldview issues, philosophical foundations, and models of integration*. Wipf & Stock Pub. ISBN: 159-244-7996

Required Articles

The required articles are available in full-text version on the web. Use Asbury Scholar as your search engine. Select the School of Practical Theology [automatically selects the correct data bases]. Type in the article title and author for your search terms, delimit the year of publication.

Friday morning session: Entwistle, Chapters 1-4

Kilian, M. K. & Parker, S. (2001). A Wesleyan spirituality: Implications for clinical practice. *Journal of Psychology and Theology*, 29(1), 72-80.

Porter, S. L. (2004). Wesleyan theological methodology as a theory of integration. *Journal of Psychology and Theology*, 32(3), 190-199.

Friday afternoon session: Entwistle, Ch 5-8

Dueck, A. & Parsons, T. D. (2004). Integration discourse: Modern and postmodern. *Journal of Psychology and Theology*, 32(3), 232-247.

Strawn, B. D. (2004). Restoring moral affections of the heart: How does psychotherapy heal? *Journal of Psychology and Christianity*, 23(2), 140-148.

Tisdale, T. C., Doehring, C.E., & Lorraine-Poirier, V. (2003). Three voices, one song: A psychologist, spiritual director, and pastoral counselor share perspectives on providing care. *Journal of Psychology and Theology*, 31(1), 52-68.

Saturday morning session: Entwistle, Ch. 9 -13

Garzon, R. (2005). Interventions that apply Scripture in psychotherapy. *Journal of Psychology and Theology*, 33(2), 113-121.

Hathaway, W. L. (2005). Scripture and psychological science? Integrative challenges and callings. *Journal of Psychology and Theology*, 33(2), 89-97.

Sperry, L. (2003). Integrating spiritual direction functions in the practice of psychotherapy. *Journal of Psychology and Theology*, 31(1) 3-13.

Recommended Texts

- Dueck, A. C. (1995). *Between Jerusalem and Athens: Ethical perspectives on culture, religion, and psychotherapy*. Grand Rapids: Baker Books.
- Johnson, E. & Jones, S. (2000). *Psychology and Christianity: Four Views*. Downers Grove, IL: InterVarsity Press.
- McMinn, M. R. (2001). *Caring for the soul: Exploring the intersection between psychology and theology*. Downers Grove, IL: InterVarsity Press.
- McMinn, M. R. (2004). *Why sin matters: The surprising relationship between our sin and God's grace*. Wheaton, IL: Tyndale House.
- Myers, D. G., & Jeeves, M. A. (2003). *Psychology through the eyes of faith, Revised and updated edition*. San Francisco: Harper and Row.
- Oliver, G. J., Hasz, M., & Richburg, M. (1977). *Promoting change through brief therapy in Christian counseling*. Wheaton, IL: Tyndale House.
- Olthuis, J. (2001). *The beautiful risk: A new psychology of loving and being loved*. Grand Rapids, MI: Zondervan..
- Powlison, D. (2003). *Seeing with new eyes: Counseling and the human condition through the lens of Scripture*. Phillipsburg, NJ: R & R Publishing. [written from a Biblical counseling perspective]
- Soreson, R. L. (2004). *Minding spirituality*. Hillsdale, NJ: Analytic Press. [psychoanalytic perspective on integration]
- Van Leeuwen, M. S. (2002). *My brother's keeper: What the social sciences do (and don't) tell us about masculinity*. Downers Grove, IL: InterVarsity Press.
- Vande Kemp, H. (1991). *Family therapy: Christian perspectives*. Grand Rapids, MI: Baker.
- Welch, E. T. (1998). *Blame it on the brain? Distinguishing chemical imbalances, brain disorders, and disobedience*. Phillipsburg, NJ: R & R Publishing. [written from a Biblical counseling perspective]

Course Requirements

1. PRE-CLASS ASSIGNMENTS. 20%

Each person will create a *one page document* that highlights aspects of the reading from which you gained new insights or about which you have questions or about which you disagree. In addition, include two discussion questions that can be used in small group discussion. No late pre-class assignments will be accepted.

- ◆ **Due Friday Morning.** This assignment is DUE on the first day of class. Read Entwistle, Chapters 1-4, and the articles noted above (typed, double-spaced).
- ◆ **Due Friday Afternoon.** Entwistle, Ch 5-8, and the assigned articles noted above. (typed, double-spaced).
- ◆ **Due Sat Morning.** Entwistle, Ch. 9-13, and the assigned article(s) for today's class (typed, double-spaced).

2. Integration Paper. 40%.

You will have an opportunity to “practice” integration from an allied perspective (see Entwistle, pg.287-294 for a brief example). Choose a psychological theory or counseling topic that can be explored in-depth from both psychological and theological perspectives. Some of the recommended texts may be helpful to your paper.

Possible topics: Conversion, depression, anxiety, forgiveness, guilt, shame, anger, self-concept/self-esteem, gratitude, confession/repentance/apology, happiness; schools of counseling (Christian or secular)

Integrative analysis will have the following sections:

- ◆ Review contemporary psychological research about this topic, (2) biblical study about how this topic is addressed in Scripture, and/or analysis of this topic using theological resources. Your reference list must reflect that you have engaged the **scholarly literature** from these disciplines to construct this part of your paper. [5 pages]
- ◆ In what ways do the disciplines of biblical studies, theological studies, and psychological studies inform your understanding of this psychological concept? [1 pages]
- ◆ What implications for counseling can you draw as a result of all of your research? [1 page]

Final length of the paper: 7 pages, plus references. Format: APA

3. Position Paper. 40%

Entwistle presents several positions on the integration of psychology and theology. Develop a three page paper that summarizes your own position on integration. Your paper should show substantial documentation using scholarly sources (i.e., the assigned or recommended readings, other journal articles or books written for professionals). State the advantages and limitations of your position. State the reasons why you presently adopt this approach to integration. Your paper is graded on the quality of your thinking and presentation and **NOT** on whether you and I hold

the same understanding of integration.

Grading Policies and Procedures

Course assignments shall be graded using the following grade ranges:

A	100-96	C	76-74
A-	95-93	C-	73-71
B+	92-87	D+	70-67
B	86-84	D	66-64
B-	83-81	D-	63-61
C+	80-77	F	60 and below

Attendance: Punctual class attendance is required. Students should limit their absences to emergency cases such as illness, family emergencies, etc. Students who miss more than **3 hours** of class will not receive a passing grade.

Late Papers: Pre-class assignment papers that are late will be accepted for up to 24 hours after the class session ends and will be assessed a full letter grade penalty for tardiness. Pre-class assignments will not be accepted after 25 hours. All other written assignments that are late will be accepted, will be graded without written feedback on the paper, and will be assessed 1/3 letter grade for each week the paper is late.

**CO 603 Orientation to Christian Approaches to Diagnosis and Treatment Planning
Class Planner**

Date	Reading
Fri Morning Feb 29	<p>Entwistle, Chapters 1-4</p> <p>Kilian, M. K. & Parker, S. (2001). A Wesleyan spirituality: Implications for clinical practice. <i>Journal of Psychology and Theology</i>, 29(1), 72-80.</p> <p>Porter, S. L. (2004). Wesleyan theological methodology as a theory of integration. <i>Journal of Psychology and Theology</i>, 32(3), 190-199. (1 page paper due + 2 Questions)</p>
Fri Afternoon Feb 29	<p>Entwistle, Ch 5-8</p> <p>Dueck, A. & Parsons, T. D. (2004). Integrataion discourse: Modern and postmodern. <i>Journal of Psychology and Theology</i>, 32(3), 232-247.</p> <p>Strawn, B. D. (2004). Restoring moral affections of the heart: How does psychotherapy heal? <i>Journal of Psychology and Christianity</i>, 23(2), 140-148</p> <p>Tisdale, T. C., Doehring, C.E., & Lorraine-Poirier, V. (2003). Three voices, one song: A psychologist, spiritual director, and pastoral counselor share perspectives on providing care. <i>Journal of Psychology and Theology</i>, 31(1), 52-68. (1 page paper due + 2 Questions)</p>
Sat Morning March 1	<p>Entwistle, Ch. 9 -13</p> <p>Garzon, R. (2005). Interventions that apply Scripture in psychotherapy. <i>Journal of Psychology and Theology</i>, 33(2), 113-121.</p> <p>Hathaway, W. L. (2005). Scripture and psychological science? Integrative challenges and callings. <i>Journal of Psychology and Theology</i>, 33(2), 89-97.</p> <p>Sperry, L. (2003). Integrating spiritual direction functions in the practice of psychotherapy. <i>Journal of Psychology and Theology</i>, 31(1) 3-13. (1 page paper due + 2 Questions)</p>
March 14th	Integration Paper is due on March 14 th , 2008 (7 pages)
March 28 th	Personal Position Paper March 28 th 2008 (3 pages)