

1-1-2004

PC 515 Pastoral Crisis Intervention

Tapiwa N. Mucherera

Follow this and additional works at: <http://place.asburyseminary.edu/syllabi>

Recommended Citation

Mucherera, Tapiwa N., "PC 515 Pastoral Crisis Intervention" (2004). *Syllabi*. Book 2704.
<http://place.asburyseminary.edu/syllabi/2704>

This Document is brought to you for free and open access by the eCommons at ePLACE: preserving, learning, and creative exchange. It has been accepted for inclusion in Syllabi by an authorized administrator of ePLACE: preserving, learning, and creative exchange. For more information, please contact thad.horner@asburyseminary.edu.

PC515: PASTORAL CRISIS INTERVENTION
ASBURY THEOLOGICAL SEMINARY
J-Term, 2004

Prof: Dr. Tapiwa N. Mucherera, Ph.D.
OFFICE HOURS: by appointment
CLASS TIME: 8:00am -12:00. (Jan 5-16, 2004)

OFFICE: 4TH FLOOR STANGER HALL
OFFICE PHONE: 858-2289
CLASS ROOM: SH 404

COURSE DESCRIPTION

This advanced counseling course is based upon the premise that crises are an essential aspect of any structured understanding of human life and development. The class will cover episodes of crises in people=s lives where the stakes are very high for disintegration or for growth. Theoretical orientation to crisis and clinical intervention techniques for various types of crises will be taught and practiced. Theological and faith issues during crisis events will be examined.

Upon completion of this course students will be able to:

1. explain the process of crisis development.
2. understand pastoral theological assumptions and biblical foundation that support crisis intervention.
3. articulate appropriate intervention strategies to manage crises at a primary, secondary, and tertiary intervention level.
5. demonstrate crisis intervention pastoral counseling skills within role-plays.

Required Course Texts:

Cooper Burton Z., Why God Atlanta: John Knox Press, 1988
Soelle Dorothee, Suffering Philadelphia: Fortress Press, 1988.
Gilliland, B. E. & James, R. K. (2000). Crisis Intervention Strategies (4th Ed.). New York: Brooks/Cole.
Janoff-Bulman, R. (1992). Shattered Assumptions: Towards a New Psychology of Trauma. New York, NY: The Free Press.

Recommended Course Texts:

Kuenning Deloris, Helping People Through Grief. Bethany House Publishers, 1987.
Scott, M.J. & Stradling, S. G. Counseling for Post-Traumatic Stress Disorder. London: Sage.1992.

Course Requirements

You are expected to attend all classes and participate in small group activities and discussions. Poor attendance can negatively impact your final grade.

Counseling Practice: You have two venues in which you will practice crisis counseling. First, you will work within trios to practice your skills. Your practice sessions will happen outside of our class time. During each round, you will have an opportunity to be a client, a pastoral

counselor, and an observer. You should be able to complete your practice sessions within 30 minutes. Your role play group will present in class and **will be video-taped**. The role plays will last no longer than 30 minutes. We will debrief and get feed back in class from other peers.

1. Theological Integration Paper (30%) Due Jan 12, 2004

Identify a time in your life when you experienced a period of crisis. If you have been fortunate enough to have NO crisis experience, then you can interview someone who has had a crisis. Synthesize the experience with your understanding from class lectures, Shattered Assumptions, Why God, and your theology of pain. Address these issues in an integration paper. Three quarters of your paper must engage the above mentioned texts in your psychological and theological integration. Cite your information from the texts. Use APA or Turabian style for this paper. (10 to 12 pages):

From Shattered Assumptions: What assumptions were altered as a result of the crisis? How were they altered? What helped you to rebuilt your assumptions? How were the new assumptions different from the original assumptions?

From Why God: How did you experience God in the midst of this crisis? How did you theologically address the question of Why does God allow me to suffer so?

From class lectures and Shattered Assumptions: What helped you to move through this time of crisis?

What Scriptures are particularly salient to a discussion of a theology of pain and crisis? Why?

Your paper is to be typed, double spaced. This is your opportunity to reflectively integrate the lectures and reading material to date. Remember that this needs to be more than just personal story or reflections. *Draw heavily on the material from the required texts and lectures to demonstrate your grasp of the theoretical/theological material* and then provide compelling examples from your experience to document your ability to apply theory/theology to life. This is not a paper on your life story only. You will not get a good grade if 2/3 of the paper is just your story with no theological integration.

2. Crisis Counseling Practice- Role play and Feedback Papers: (20%) **Due next class after your presentation in class.**

You will work in trios to refine your crisis pastoral counseling skills during your practice sessions on an established crisis-counseling situation. One participant is the client, another the pastoral counselor, and the third member is the observer. Each person should be the pastoral counselor one time during rounds. Focus on skills that we have recently covered in class. Following the presentation to the class, the observer will provide feedback to the counselor.

This is a one page feedback paper. In the feed paper discuss:

- (a) How the pastoral counselor=s skills as a crisis counselor are developing:
- (b) things s/he does well as a crisis counselor:
- (c) where s/he needs improvement as a crisis counselor.

3. Research Paper (50%) Due Jan 23 , 2004

You will sign up for a research paper topic (13-15 pages) within the first module of class. This information will form the knowledge base for your crisis counseling video role plays. Each person will prepare a research paper that deals with the following items.

- A. What are the critical psychological, interpersonal, and social issues that play a role in the person=s recovery processes? Remember to consider such things as developmental, gender, cultural and ethnic issues. (4-5 pages).
- B. What are the obvious issues that are pertinent to counseling that kind of client? What are the key counseling issues to consider during your first few sessions? (2-3 pages).
- C. Identify significant theological issues that you believe will be most salient for this client and tell how your pastoral theological perspective addresses these concerns. (2-3pages). (*Interact the text Struggling in coming to your pastoral theological perspective*).
- D. Identify the kind of ministerial or pastoral approach you believe is most appropriate for you in your future ministry setting with this kind of person. Create a ministry plan/program to address this issue in your church. (2 pages).
- E. Follow APA Publication Manual or Turabian for formatting of citations and reference list. Be consistent and use only one style or format.

Schedule:

| | | |
|--------|------------------------------|--------------------------------|
| Jan 5: | Lecture - Read Chapter one | Crisis Intervention Strategies |
| | 8:00 - 9:30 - | Intro to the course |
| | 9:30-9:40 | Break |
| | 9:40-10:50 - | Lecture |
| | 10:50-11:00 | Break |
| | 11:00- 12:00 | Lecture |
| Jan 6 | Lecture - Read Chapter two | Crisis Intervention Strategies |
| | 8:00 - 9:30 - | Lecture |
| | 9:30-9:40 | Break |
| | 9:40-10:50 - | Lecture |
| | 10:50-11:00 | Break |
| | 11:00- 12:00 | Lecture |
| Jan 7 | Lecture - Read Chapter three | Crisis Intervention |
| | 8:00 - 9:30 - | Lecture |
| | 9:30-9:40 | Break |
| | 9:40-10:50 - | Lecture |
| | 10:50-11:00 | Break |
| | 11:00- 12:00 | Lecture |

- Jan 8 Shattered Assumptions Read Parts One & Two, be prepared to discuss
8:00 - 9:50- Small group discussions
9:00 – 9:45 Big group discussion
9: 45– 9:55 Break
- 2nd part Shattered Assumptions Read Parts Three and Four & be prepared to discuss
9:55- 10:30 Small group
10:30- 11:15 Big group
11:15- 11:20 Break
11:20- 12:00 Rape - Video/ Big grp discussion
- Jan 9 Why God? Chapters 1-2 Impact of crisis on families and humanity in general
8:00 - 8:40- Small group
8:40 -9: 20 Big group discussion
9:20 - 9:30 Break
- Why God? Chapter 3-4 God and suffering
9:30 - 10:10 Small group
10:10- 10:50 Big Group
10:50 - 11:00 Break
11:00-12:00 Video/ Discussion
- Jan 12 Basic listening and Attending Skills, plus Video
Counseling Practice
8:00-10:30 - Attending Skills (Video & practice)
- 10:40 –12:00 *Video/practice- Pastor, I am Gay or my son is Gay*
Video-/ discussion

Theological Integration Paper Due – Jan 12, 2004 in class or by 5:00pm in my office.

- Jan 13 *Gilliland PTSD, Chapter 4 -*
8:00 – 9:50 Lecture/ Video/Discussion
- 9:50-10:00 Break
- Gilliland Sexual Assault Chapter 6 - Group Role play and Feedback*
10:00 - 10:45 Group presentation
10:45- 10:55 Break
10:55 - 11:25 Role play
11:30 - 12:00 Feedback Session

Jan 14 ***Gilliland Suicide Chapter five (5) - Group Role play & feedback***

8:00 - 8:45 - Devotions /Group presentation
8:45 - 9:25 Role play
9:30 - 9:50- Feedback session
9:50-10:00 Break

Gilliland Spousal Abuse Chapter 7 -Group role play and feedback

10:00 - 10:45 Group presentation
10:45- 10:55 Break
10:55 - 11:25 Role play
11:30 - 12:00 Feedback Session

Jan 15 ***Gilliland School Violence Chp 11, Group role play and feedback***

8:00 - 8:45 - Devotions /Group presentation
8:45 - 9:25 Role play
9:30 - 9:50- Feedback session
9:50-10:00 Break

Gilliland Addictions Chp 8,(Alcohol) Group role play and feedback

10:00 - 10:45 Group presentation
10:45- 10:55 Break
10:55 - 11:25 Role play
11:30 - 12:00 Feedback Session

Jan 16

Addictions –Chp 8, Pornography -Group role play and feedback

8:00 - 8:45 - Devotions /Group presentation
8:45 - 9:25 Role play
9:30 - 9:50- Feedback session
9:50-10:00 Break

Gilliland Bereavement - Childhood Chp 9 -Group role play and feedback

10:00 - 10:45 Group presentation
10:45- 10:55 Break
10:55 - 11:25 Role play
11:30 - 12:00 Feedback Session

**Final Research paper due Jan 23rd, 2004 by 12:00 noon at my office, SH 413.
Prof reserves the right to change the syllabus.**

