

Asbury Theological Seminary ePLACE: preserving, learning, and creative exchange

Syllabi

eCommons

1-1-2002

CO 720 Psychopathology: Theory and Assessment

Janet B. Dean

Follow this and additional works at: <http://place.asburyseminary.edu/syllabi>

Recommended Citation

Dean, Janet B., "CO 720 Psychopathology: Theory and Assessment" (2002). *Syllabi*. Book 1222.
<http://place.asburyseminary.edu/syllabi/1222>

This Document is brought to you for free and open access by the eCommons at ePLACE: preserving, learning, and creative exchange. It has been accepted for inclusion in Syllabi by an authorized administrator of ePLACE: preserving, learning, and creative exchange. For more information, please contact thad.horner@asburyseminary.edu.

CO 720: Psychopathology: Theory and Assessment

Autumn 2002

Tuesdays 6:15-9:00 pm

M 307

3 credits

Instructor: Janet B. Dean, M.A., M.Div.
Office: Counseling Student Lounge during Office Hours
E-mail: janet_dean@asburyseminary.edu
Office Hours: 11-12 pm Fridays or by appointment

Course Objectives:

This course is designed to be a practical, hands-on course in psychopathology. It will cover the various areas of psychopathology as defined by the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV-TR). Students will have opportunities to learn and to utilize their knowledge of the DSM-IV-TR to facilitate assessment, diagnosis, case conceptualization, and treatment planning as would be required in mental health centers and similar institutions.

Course Goals:

As a result of completing this course, students shall:

1. Become familiar with a variety of historical Christian views concerning various mental health diagnoses.
2. Develop an understanding of psychopathology using DSM-IV-TR nosology.
3. Become familiar with the use of DSM-IV-TR in clinical settings.
4. Develop skills in diagnosis and assessment using DSM IV-TR terminology.
5. Develop the ability to translate diagnostic results into case conceptualization and treatment planning goals.

Required Text:

American Psychiatric Association (2000). Diagnostic and Statistical Manual of Mental Disorders (DSM IV TR). 4th ed. Washington, DC: APA.

Meyer, R. G. & Deitsch, S. H. (1996). The Clinician's Handbook. Needham Heights, MA: Simon and Schuster.

Prerequisite / Enrollment Limits: CO 601 / No more than 40 students

Course Requirements:

1. Active participation in class sessions.
2. Punctual class attendance is required. Students should limit their absences to emergency cases, such as illness, family emergencies etc.
3. Students will complete a 4-5 page report covering a historical Christian theologian's views of a mental health disorder. In this paper, students should cover the following points:

- Provide a brief summary of the author's views concerning the mental health disorder.
- Discuss how the author reconciles the disorder with Christian faith. For example, does the author see the disorder as incompatible or compatible with Christian faith?
- Discuss any explanations the author provides for the origins of the disorder.
- Compare and contrast the author's understanding with current knowledge of the disorder.
- Briefly outline any suggestions for treatment the author offers.
- Briefly discuss how this Christian historical perspective might or should influence your understanding and approach to the disorder.

For this assignment, you are free to any Christian historical writer. I offer the following as suggestions:

Athanasius: *Oration of the Incarnation of the Word*

Thomas Aquinas: *Summa Theologiae*, esp. Questions 22-48.

St. Augustine: *Confessions*

Jonathan Edwards: *On Religious Affections*

Gregory the Great: *The Book of Pastoral Care*

Martin Luther: *Letters of Spiritual Counsel*

Soren Kierkegaard: *The Concept of Anxiety; or The Sickness Unto Death*

John Wesley: *Thoughts on Nervous Disorders - Particularly that which is usually termed lowness of Spirits; Sermon XLV11 - Heaviness through Manifold Temptations; or, A letter to a Friend Concerning Tea.*

I have provided a copy of Dr. Tony Headley's article on Wesley and Depression on reserve. Though much longer in length, it provides an example of the kind of paper I desire.

4. Complete 9 diagnostic assessments using DSM IV criteria.

- Students will be provided with actual cases to be used in completing this requirement.
- In completing this assignment, students will use the DSM multi-axial system.
- In the first three assigned cases, students will be expected to provide a detailed account of the process used to arrive at the diagnosis.
- **The final two (2) diagnostic assessments will be graded.** Grading will be based on the following:
 - A. Accuracy of the primary and any auxiliary diagnoses, including accurate use of diagnostic codes;
 - B. Inclusion of all relevant diagnoses;
 - C. Completion of the multi-axial system.

The diagnostic assignments will be due on each Tuesday beginning September 24th.

5. Students will be assigned to groups at the beginning of the class. Each group will be expected to lead a class presentation on a topic related to the DSM-IV categories. Presentations will be evaluated on the basis of the thoroughness and overall quality. Students should discuss content of presentation with instructor prior to actual presentation. Presentations will be of 30 – 40 minutes duration, with 10 minutes for questions and feedback.
6. Students will be expected to complete a research paper on some relevant topic. This paper should be a minimum of 10 pages and should not exceed 15 pages. In this paper, students should include relevant Christian insights and implications. Papers will be graded on the following bases:
- Demonstrated understanding of the topic,
 - Thoroughness of the paper,

- Clarity of thought,
- Quality of writing,
- Overall quality,
- Inclusion of Christian insights,
- APA format,
- Citations of relevant sources.

6. Students will complete a mid-term exam. This exam will cover the introductory material through substance disorders and other material related to the overall understanding of the DSM-IV-TR. The exam will be largely objective in nature.
7. Students will be expected to complete a final exam on the course material. This exam will involve the assessment, diagnosis, case conceptualization, and treatment planning for several cases, utilizing both video and written case material.

Evaluation:

The course grades will be determined in the following manner:

- | | |
|--|--|
| 1. Two diagnostic assessments - 10% each, for a total of 20% | <i>Due November 19th & December 3rd</i> |
| 2. 4-5 page report – 15% | <i>Due on October 8th</i> |
| 3. Group presentation - 10% | <i>See relevant dates below</i> |
| 4. Paper - 20% | <i>Due on December 3rd</i> |
| 5. Mid-term exam – 15 % | <i>October 15th</i> |
| 6. Final exam - 20% | <i>December 10th, 6:15 pm</i> |

GRADE RANGES

A	93	B	83	C	73	D	63
A-	90	B-	80	C-	70	D-	60
B+	87	C+	77	D+	67	F	below 60

Course Schedule and Assigned Readings:

Please follow the topics noted below as a guide for readings in the DSM-IV-TR manual.

Week 1 – September 3rd

Introduction to Psychopathology; Christian Perspectives on Psychopathology

Week 2 – September 10th

Abnormality; History of the DSM Manuals; DSM IV Multi-axial Assessment

Week 3 – September 17th

Overview of Clinical Observation and Assessment; Mood Disorders -- *Meyer and Deitsch, chap. 4*

Week 4 – September 24th

Mood Disorders Continued; Adjustment Disorders -- *Meyer and Deitsch, chaps. 7,10;*

* **Presentation Treatment Approaches to Major Depression;**

* **Diagnosis 1 Due**

Week 5 – October 1st

Anxiety Disorders -- *Meyer and Deitsch, chaps. 5, 14*

* **Presentation on Treatment Approaches to PTSD or Panic Disorder**

* **Diagnosis 2 Due**

Week 6 – October 8th

Substance Abuse Disorders -- *Meyer and Deitsch, chap. 2;*

* **Presentation on one Substance Abuse Disorder**

* **Diagnosis 3 Due**

Week 7 – October 15th

* **Mid-term exam**

Somatoform Disorders -- *Meyer and Deitsch, chaps. 6, 16;* Factitious Disorders

* **Diagnosis 4 Due**

Week 8 – October 22nd

Dissociative Disorders -- *Meyer and Deitsch, chaps. 7, 8;* Sexual and Gender Identity Disorders

* **Diagnosis 5 Due**

Week 9 – October 29th

Eating disorders -- *Meyer and Deitsch, chap. 10;* Sleep Disorders

* **Presentation on Eating Disorders**

* **Diagnosis 6 Due**

Week 10 – November 5th

Schizophrenia and Other Psychotic Disorders -- *Meyer and Deitsch, Chap. 3*

* **Diagnosis 7 Due**

Week 11 – November 12th

Cognitive Disorders; Impulse Control Disorders NOC

* **Diagnosis 8 Due**

Week 12 – November 19th

Disorders of Infancy, Childhood and Adolescence -- *Meyer and Deitsch, Chap. 11*

* **Presentation on ADHD**

* **Diagnosis 9 Due**

Week 13 – November 26th

Fall Reading Week – No class

Week 14 – December 3rd

Personality Disorders -- *Meyer and Deitsch, chap. 9;* The Treatment of Personality Disorders

* **Diagnosis 10 Due**

Week 15 -- December 10, 6:15 – 9:00 pm

Final Exam

*All materials are available in alternate formats.
As soon as possible, please inform the instructor of any special needs you may have.*