


CASE REPORT

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Identification of novel *L2HGDH* mutation in a large consanguineous Pakistani family- a case report

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Abstract

Background: L-2-hydroxyglutaric aciduria (L2HGA) is a progressive neurometabolic disease of brain caused by mutations of in L-2-hydroxyglutarate dehydrogenase (*L2HGDH*) gene. Cardinal clinical features include cerebellar ataxia, epilepsy, neurodevelopmental delay, intellectual disability, and other clinical neurological deficits.

Case presentation: We describe an index case of the family presented with generalised tonic-clonic seizure, developmental delay, intellectual disability, and ataxia. Initially, the differential diagnosis was difficult to be established and a SNP genome wide scan identified the candidate region on chromosome 14q22.1. DNA sequencing showed a novel homozygous mutation in the candidate gene *L2HGDH* (NM_024884.2: c.178G > A; p.Gly60Arg). The mutation p. Gly60Arg lies in the highly conserved FAD/NAD(P)-binding domain of this mitochondrial enzyme, predicted to disturb enzymatic function.

Conclusions: The combination of homozygosity mapping and DNA sequencing identified a novel mutation in Pakistani family with variable clinical features. This is second report of a mutation in *L2HGDH* gene from Pakistan and the largest family with L2HGA reported to date.

Keywords: *L2HGDH*, Mutation, Pakistan, L-2-hydroxyglutaric aciduria, Cerebellar ataxia, Epilepsy, Developmental delay, Intellectual disability

Background

L-2-hydroxyglutaric aciduria (L2HGA) is a rare autosomal recessive neurodegenerative disorder of metabolism [OMIM #236792] which is due to the accumulation of L-2-hydroxyglutaric acid (LGA) in urine, plasma and cerebrospinal fluid (CSF) [1, 2]. The phenotypic features of this organic aciduria are diverse, including developmental delay, cerebellar ataxia, epilepsy, severe intellectual disability, and macrocephaly [3–5]. The onset of disease has been reported to occur at an early age with severe epileptic fits or neurodegenerative symptoms, although it may also appear in adulthood with less severe presentations. There are reports of increased incidence

of the development of brain tumours due to progression in L2HGA [6–9].

The diagnosis of L2HGA comprises of biochemical, radiological and genetic testing. The MRI abnormalities seen in the subcortical cerebral white matter, putamen, caudate nucleus, globus pallidus, and dentate nucleus are unique to L2HGA, and are used as baseline investigation [6, 10–16]. The disease-causing gene is L-2-hydroxyglutarate dehydrogenase (*L2HGDH*-NM_024884.2) which is located on chromosome 14q22.1 [MIM 609584] and comprises of 10 coding exons spanning 75 kb. It is expressed in various tissues with the highest expression found in the brain [15, 17]. The gene encodes a protein of 463 amino acids, specifying a mitochondrial targeting sequence (aa 1-50) and a domain for family of FAD-dependent enzymes [15]. *L2HGDH* is a mitochondrial enzyme which catalyses oxidation of L-2-hydroxyglutarate (L2HG) to α -ketoglutarate (α 2KG); a metabolic product

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bound to mitochondrial membrane [15, 17]. Several mutations *L2HGDH* have been reported worldwide in affected individuals belonging to various ethnic groups [6, 8, 13–16, 18, 19] (<http://grenada.lumc.nl/LOVD2/vumc/status.php>) [17].

The present case describes the clinical presentation and mutation analysis of *L2HGDH* in a large Pakistani consanguineous family comprising multiple individuals affected by a metabolic neurological disorder. Homozygosity and sequencing studies revealed a rare missense mutation (NM_024884.2:c.178G > A; p.Gly60Arg), in exon 2 of *L2HGDH* as the likely cause of disease in this family.

Case presentation

A 16 year old girl (IV-4) presented to hospital with history of seizures since the age of 8 months, intellectual delay, and ataxia. At the age of 13 years she was described by parents as ‘mentally dull’ and generalized tonic-clonic seizures recurred with increased frequency, mostly at night. Her elder sister (IV-6) and brother (IV-1) also showed symptoms of epilepsy and intellectual delay, as did three first cousins (IV-8, IV-9, and IV-10) although no in depth clinical evaluation was performed.

Clinical evaluation of index case

On physical and clinical examination IV-4 was alert, with an ataxic gait. Manual muscular testing did not note any weakness of limbs, but mild finger and nose ataxia was apparent along with a retarded capability of speech. Her deep tendon reflexes were +++ and symmetrically preserved, while the plantar responses were bilaterally flexor. Her brain MRI showed abnormal diffuse T2 hyperintense signals in the subcortical white matter and bilateral symmetrical T2 hyperintense signals in bilateral basal ganglia (Fig. 1). Mild cortical cerebellar atrophy was also seen. Electroencephalogram (EEG) examination showed moderate diffuse encephalopathy/moderate diffuse brain dysfunction and observed epileptiform activity arising from the right hemisphere (Fig. 1). Urine testing for L2-hydroxyglutarate was not possible due to unavailability of this test in regional diagnostic laboratories, and remote setting of the family involved. Genetic investigation was recommended and she was advised for tablet Neurobion 1 BD, tablet Folic acid 5 mg OD, capsule Coenzyme Q-10, 50 mg BD, tablet Loprin 75 mg for symptomatic management.

Molecular genetic analysis

Genomic DNA was extracted from peripheral blood samples. Due to the availability of multiple affected

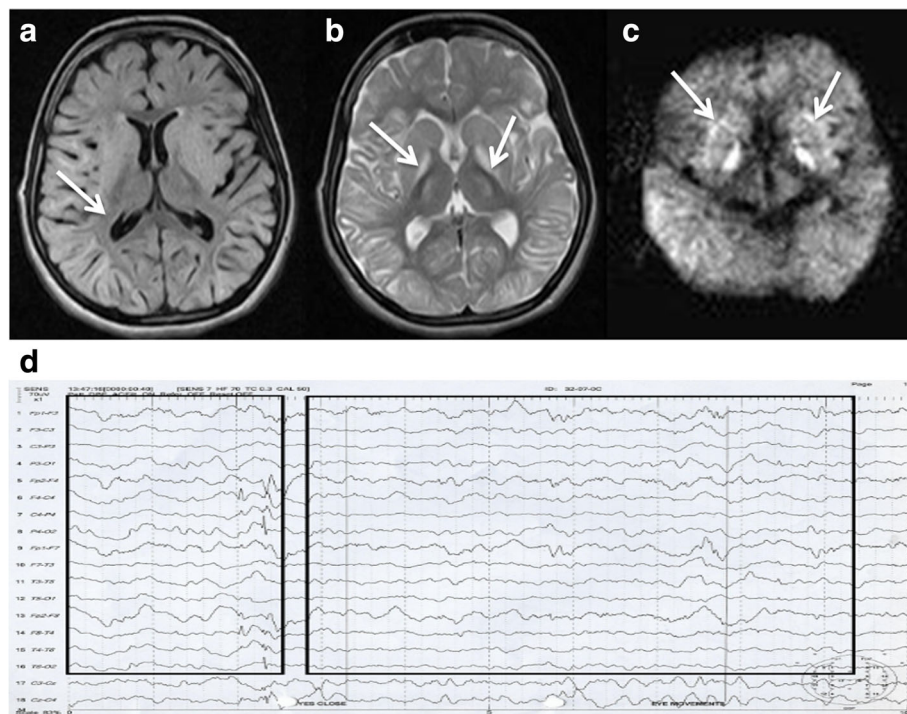
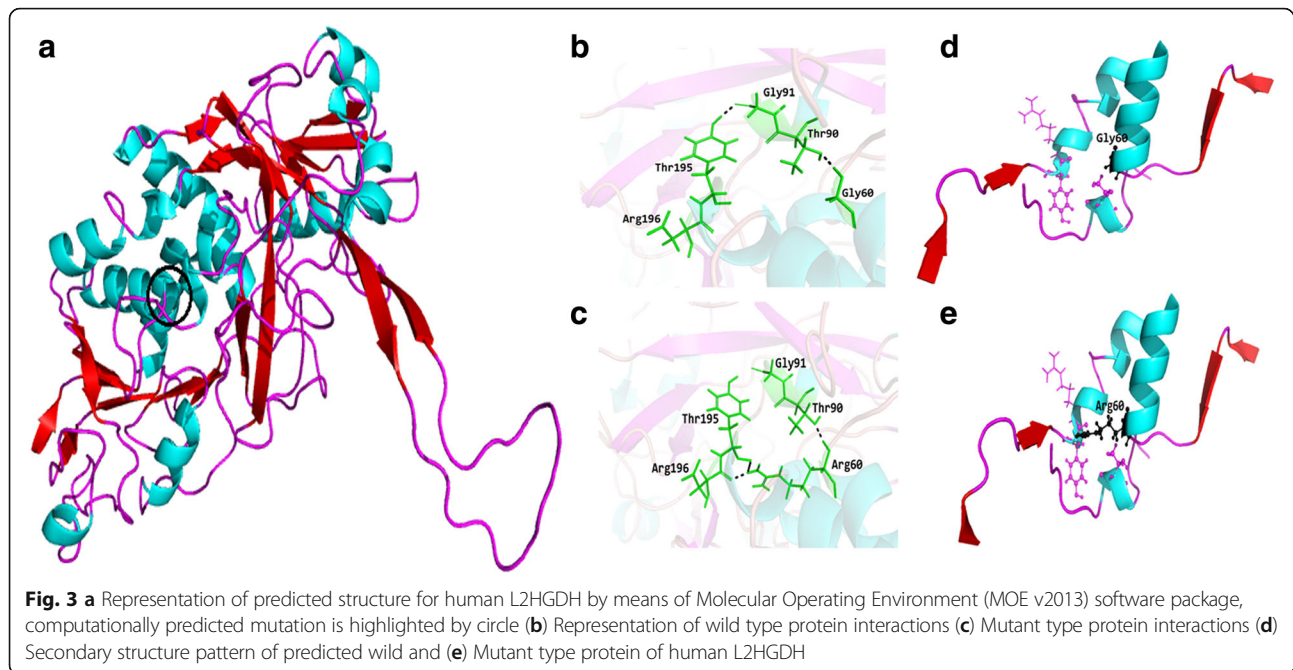


Fig. 1 Clinical features of individuals homozygous for *L2HGDH* c.178G > A. Patient VI:4 at 16 years of age, showed diffuse T2 hyperintense signals abnormality in the subcortical white matter (a), bilateral symmetrical T2 hyperintense signals in bilateral basal ganglia (b) and cerebellar atrophy (c) and epileptiform changes in EEG (d)



basic arginine introduces an electrically charged, basic guanidium group which, unlike glycine, has more hydrogen bonding capabilities leading to the formation of an inter molecular hydrogen bond with Thr90 as well as with Arg196 and Thr195. This leads to a slight local perturbation of the helix conformation for mutated protein (Fig. 3).

Discussion and conclusions

In this study, we describe a large pedigree from Pakistan showing multiple neurological symptoms. Homozygosity mapping and Sanger sequencing revealed a novel missense mutation in *L2HGDH* gene. This is the second report of *L2HGDH* mutation in a Pakistani family; previously a nonsense mutation (p.Arg335Ter) was reported in a family showing a neuro-degenerative disorder of metabolism with two affected individuals [8]. Clinical and radiologic examinations of affected individuals identified presence of a slowly progressive neurodegenerative disease with cerebellar ataxia, seizures, delay in growth and abnormal subcortical white matter. MRI showed the persistent changes in the subcortical white matter characteristic in L2HGA leukoencephalopathy while the brain stem involvement in other leukoencephalopathy [11, 15]. Although additional phenotypic characteristics are described in the literature, including macrocephaly, pyramidal and extra-pyramidal features, these were not present in our patients, [15, 21].

L2HGDH encodes L-2 hydroxyglutamate dehydrogenase which is the key contributor for this neurodegenerative disease. A large number of families and cases are reported with more than 100 pathogenic mutations in this

gene. These mutations are mostly repeated in different ethnic populations. Interestingly, the disease is mostly reported in families from Mediterranean origin with numerous families reported from Turkey, Tunisia, Italy and Lebanon [6, 8, 15, 17]. Currently, there are 162 families with 283 cases which have been investigated for mutations in *L2HGDH* gene comprising a total of 112 mutations, 36 of which are found repeatedly found in different ethnic groups (<http://grenada.lumc.nl/LOVD2/vumc/status.php>).

The possible impact of our mutation on protein function was investigated using in silico bioinformatics tools. The mutation was predicted to affect the hydrogen bonding, and thus alter the stereochemistry of the protein (Fig. 3) [22].

To conclude, this case report provides the molecular diagnosis of a large consanguineous Pakistani family with six individuals. We identified a novel *L2HGDH* mutation predicted to cause in a loss of stability of L2HGDH protein.

Abbreviations

aa: Amino acid; Arg: (amino acid symbol) Arginine; CSF: Cerebrospinal fluid; Glu: (amino acid symbol) Glutamic Acid; Gly: (amino acid symbol) Glycine; L2HG: L-2-hydroxyglutarate; L2HGA: L-2-hydroxyglutaric aciduria; *L2HGDH*: (gene symbol) L-2-Hydroxyglutarate Dehydrogenase; L2HGDH: (protein symbol) L-2-Hydroxyglutarate Dehydrogenase; Leu: (amino acid symbol) Leucine; LGA: L-2-hydroxyglutaric acid; Ser: (amino acid symbol) Serine; Thr: (amino acid symbol) Threonine; α2KG: α2-ketoglutarate

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Availability of data and materials

All data supporting our findings are included in the manuscript.

Authors' contributions

MIU, AN, AA, WA and MJH carried out family recruitment, blood sampling and clinical analysis. AHC and BAC conceived and designed the experiments. BAC, GVH and MIU performed the experiments. AHC, BAC and MIU analyzed the data. AHC contributed reagents/materials/analysis tools. MIU, BAC, AHC and ELB wrote the paper. All authors read and approved the final manuscript.

Ethics approval and consent to participate

Blood samples were collected from the proband and her family members. The study was approved by the Institutional Review Boards of Quaid-i-Azam University, Shifa International Hospital, Shifa Tameer e Millat University, Islamabad, Pakistan and University of Exeter, UK. Written informed consent was obtained from all family members who participated in the study.

Consent for publication

The participants included in this study signed a written informed consent to publish their data (the parents signed on the behalf of the children).

Competing interests

The authors declare that they have no competing interests.

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