

Brentford Football Club

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Dear Neil,

A small note to say thank you for all your input and support you have given our club over the last couple of seasons with regards to our hip and groin profiling and monitoring of players. It re-enforced the importance of using hand held dynamometers for reliable measurement of strength.

As you know it is an area we have developed our protocols over the last few seasons and we have always valued the long lever squeeze in particular which was supported by your research article.

We have also intermittently increased our use of the HAGOS questionnaire to support or investigate more subjective aspects to players' hip and groin complaints.

The work you are doing is extremely important as you are breaking down barriers between clubs, encouraging the pooling of valuable data that helps us make more informed and accurate decisions.

On that note, I wish you the very best with your PhD – it's good to have someone in the UK looking to answer important questions around hip and groin injury management that can help us in professional sport.

Best wishes

Richard Clark 1st Team Physiotherapist







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