

1 **No evidence for sex-specific effects of the maternal social**
2 **environment on offspring development in Japanese quail (*Coturnix***
3 ***japonica*)**

4 Esther MA Langen^{*a,b}, Nikolaus von Engelhardt^{a,1}, Vivian C Goerlich-Jansson^{a,b,2}

5

6 *Corresponding author: Department of Animals in Science and Society, Utrecht University, Yalelaan
7 2, 3508 TD Utrecht, The Netherlands. E-mail address: emalangen@gmail.com.

8 ^a Department of Animal Behaviour, Bielefeld University, Morgenbreede 45, 33615 Bielefeld, Germany

9 ^b Department of Animals in Science and Society, Utrecht University, Yalelaan 2, 3508 TD Utrecht,
10 The Netherlands

11 ¹ Present address: Faculty of Science and Engineering, University of Plymouth, Drake Circus,
12 Plymouth Devon PL4, 8AA Plymouth, United Kingdom. E-mail address: nvengelhardt@gmx.de

13 ² Present address: Department of Animals in Science and Society, Utrecht University, Yalelaan 2, 3508
14 TD Utrecht, The Netherlands. E-mail address: v.c.goerlich-jansson@uu.nl

15

16 **Abstract**

17 The social environment of reproducing females can cause physiological changes, with consequences
18 for reproductive investment and offspring development. These prenatal maternal effects are often
19 found to be sex-specific and may have evolved as adaptations, maximizing fitness of male and female
20 offspring for their future environment. Female hormone levels during reproduction are considered a
21 potential mechanism regulating sex allocation in vertebrates: high maternal androgens have
22 repeatedly been linked to increased investment in sons, whereas high glucocorticoid levels are
23 usually related to increased investment in daughters. However, results are not consistent across
24 studies and therefore still inconclusive. In Japanese quail (*Coturnix japonica*), we previously found

25 that pair-housed females had higher plasma androgen levels and tended to have higher plasma
26 corticosterone levels than group-housed females. In the current study we investigate whether these
27 differences in maternal social environment and physiology affect offspring sex allocation and
28 physiology. Counter to our expectations, we find no effects of the maternal social environment on
29 offspring sex ratio, sex-specific mortality, growth, circulating androgen or corticosterone levels. Also,
30 maternal corticosterone or androgen levels do not correlate with offspring sex ratio or mortality. The
31 social environment during reproduction therefore does not necessarily modify sex allocation and
32 offspring physiology, even if it causes differences in maternal physiology. We propose that maternal
33 effects of the social environment strongly depend upon the type of social stimuli and the timing of
34 changes in the social environment and hormones with respect to the reproductive cycle and meiosis.

35

36 **Keywords**

37 fetal programming, steroids, development, mortality, stress response, sex allocation

38

39 **1. Introduction**

40 Variation in the social environment affects female behaviour and physiology with potential
41 consequences for reproductive investment. Changes in reproductive investment, in turn, modify the
42 prenatal environment of the developing offspring and can thereby profoundly shape offspring's
43 future phenotype (Groothuis et al., 2005; Guibert et al., 2010; Kaiser and Sachser, 2009, 2005). Pre-
44 and postnatal maternal effects of the social environment can bias offspring sex ratios (Clutton-Brock
45 and Iason, 1986; Michler et al., 2013; Minias et al., 2014) and affect offspring development and
46 behaviour, often in a sex-specific way (Kaiser and Sachser, 2009, 2005). Sex-specific maternal effects
47 are thought to have evolved as adaptations, maximizing fitness of male and female offspring for their
48 anticipated environment. Maternal steroid hormones provide important candidate signals,
49 transmitting effects of the social environment across generations. Hormones, and other compounds,

50 are transferred to the ovum and embryo and can profoundly affect offspring behavioural and
51 physiological development (Groothuis et al., 2005; Groothuis and Schwabl, 2008; Kaiser and Sachser,
52 2005; Meylan et al., 2012; Radder, 2007; von Engelhardt and Groothuis, 2011).

53 Oviparous species, such as reptiles and birds, are especially suitable to explore prenatal
54 effects because the maternal and offspring environment can be independently manipulated.
55 Previous studies on avian species have shown effects of the social environment on sex allocation
56 (Michler et al., 2013; Minias et al., 2014). In the great cormorant (*Phalacrocorax carbo sinensis*),
57 social density positively correlates with the proportion of male offspring within broods (Minias et al.,
58 2014). In contrast, female great tits (*Parus major*) bred in areas with experimentally increased
59 nesting densities or who experienced areas with high nesting density as juveniles produce female-
60 biased broods in the following year, whereas females breeding in areas with decreased nesting
61 densities or reared in areas of naturally lower nesting density produce male-biased broods (Michler
62 et al., 2013). In many vertebrate species, changes in both primary and secondary offspring sex ratio
63 have been linked to variation in maternal plasma steroids around conception (reviewed by Alonso-
64 Alvarez, 2006; James, 2008; Krackow, 1995; Navara, 2013a; Pike and Petrie, 2003). In avian species,
65 increased levels of maternal androgens usually lead to male-biased offspring sex ratios (Goerlich-
66 Jansson et al., 2013; Goerlich et al., 2009; Pike and Petrie, 2005; Rutkowska and Cichoń, 2006; Veiga
67 et al., 2004, but see Correa et al., 2011), whereas increased levels of maternal glucocorticoids often
68 result in female-biased offspring sex ratios (Bonier et al., 2007; Goerlich-Jansson et al., 2013; Love et
69 al., 2005; Pike and Petrie, 2006, 2005, but see Gam et al., 2011; Henriksen et al., 2013). In Japanese
70 quail (*Coturnix japonica*), naturally increased maternal faecal corticosterone (CORT) metabolite
71 concentrations and experimentally elevated maternal plasma CORT concentrations are associated
72 with a female-biased primary sex ratio (Pike and Petrie, 2006). In contrast to the findings in other
73 species, maternal plasma testosterone levels of Japanese quail have been related to both an
74 unbiased (Pike and Petrie, 2006) as well as a female-biased offspring sex ratio (Correa et al., 2011).
75 This indicates that results from experimental and correlational studies are still inconclusive.

76 In addition to affecting offspring sex ratio, the maternal social environment can affect
77 offspring growth and survival, which may be mediated by changes in maternal circulating levels of
78 androgens and CORT. For example, in American red squirrels (*Tamiasciurus hudsonicus*), increased
79 offspring growth rates at higher social densities have been attributed to the effects of increased
80 maternal CORT (Dantzer et al., 2013). In Japanese quail, social instability resulted in an increase in
81 agonistic interactions and reduced offspring body mass at the age of 1-3 weeks, compared to stable
82 social groups (Guibert et al., 2010). Such effects on growth may be due to increased maternal CORT
83 because artificially increasing maternal circulating CORT reduced offspring growth in Japanese quail
84 (Hayward and Wingfield, 2004). The maternal social environment and maternal hormones can also
85 have sex-specific effects on offspring growth and survival. In guinea pigs (*Cavia aperea*), housing
86 females individually during pregnancy decreased growth of daughters compared to daughters of
87 group-housed females, whereas growth of sons was non-significantly increased (von Engelhardt et
88 al., 2015). Artificially increasing maternal circulating testosterone in zebra finches (*Taeniopygia*
89 *guttata*) reduced the hatching success of sons and increased the post-hatching survival of daughters
90 (Rutkowska and Cichoń, 2006). Experimental elevation of maternal CORT in European starlings
91 (*Sturnus vulgaris*) increased the mortality of male embryos, led to a female-biased sex ratio at
92 hatching, and reduced early growth in males (Love et al., 2005).

93 Maternal effects on offspring growth and survival may be attributed to (sex-specific)
94 modulation of offspring endocrine physiology (Groothuis et al., 2005; Groothuis and Schwabl, 2008;
95 Kaiser and Sachser, 2005) since both growth and survival can relate to circulating hormone levels
96 (e.g. Braasch et al., 2011; Brown et al., 2005; Goodship and Buchanan, 2006; Goutte et al., 2010;
97 Groothuis and Ros, 2005; Hull et al., 2007; Müller et al., 2009; Ros, 1999; Wada and Breuner, 2008).
98 Studies on transgenerational effects of the maternal social environment on offspring physiology are
99 scarce, especially in birds. However, in Japanese quail, maternal social instability increases the
100 offspring's emotional reactivity scored in different behavioural tests, suggesting possible effects on
101 the hypothalamic-pituitary-adrenal axis (HPA-axis) regulating the release of CORT (Guibert et al.,

102 2010). This assumption is corroborated by studies on guinea pigs, which even find sex-specific effects
103 of the maternal social environment on the HPA-axis in the offspring (Kaiser and Sachser, 2001; von
104 Engelhardt et al., 2015).

105 In our previous study on Japanese quail, we have shown that the social environment during
106 breeding affects female physiology (Langen et al., 2017). Females housed in pairs (one male, one
107 female) had higher plasma androgen concentrations and tended to have higher plasma CORT
108 concentrations than females housed in groups (one male, three females; see Langen et al. 2017 for
109 more details). Here, we examined the offspring of those females to investigate whether the maternal
110 social environment affects offspring sex ratio and has sex-specific effects on mortality, growth and
111 endocrine physiology. We expected overall positive effects on daughters of pair-housed females, i.e.
112 a bias towards female offspring because higher maternal androgen (Correa et al., 2011) and CORT
113 levels (Pike and Petrie, 2006) have been linked to a female-biased offspring sex ratio in Japanese
114 quail. Furthermore, we expected increased growth and decreased mortality in daughters of pair-
115 housed mothers because elevated maternal plasma androgen or CORT levels had positive effects on
116 daughters and negative effects on sons in other avian species (Love et al., 2005, Rutkowska and
117 Cichoń, 2006). In contrast to female-biased reproductive investment of pair-housed mothers, we
118 expected a potentially male-biased offspring sex ratio, increased growth and decreased mortality in
119 sons of group-housed mothers. We also investigated whether offspring from pair-housed and group-
120 housed mothers differ in their circulating androgen levels and the sensitivity of the HPA-axis.

121

122 **2. Materials and methods**

123 **2.1. Ethics statement**

124 All experimental procedures and humane endpoints for minimizing suffering were approved by the
125 North Rhine-Westphalia State Agency for Nature, Environment and Consumer Protection (Landesamt
126 für Natur, Umwelt und Verbraucherschutz Nordrhein-Westfalen), Recklinghausen, Germany (licence
127 number 84-02.04.2013-A127). Animal facilities were approved for keeping and breeding Japanese

128 quail for research purposes by the local government authority responsible for health, veterinary and
129 food monitoring (Gesundheits-, Veterinär- und Lebensmittelüberwachungsamt Bielefeld, Germany).

130

131 **2.2. Parental generation**

132 The parental generation originated from eggs generously provided by the INRA in Nouzilly, France
133 (Experimental unit 1295 (UE PEAT) and UMR 85, Physiologie de la Reproduction et des
134 Comportements, INRA-CNRS-IFCE-Université de Tours, Val de Loire Center, Nouzilly, France). These
135 eggs were produced by females from a non-selected control line, bred next to quail lines selected for
136 low or high social reinstatement (Mills and Faure, 1991). They were incubated and reared at Bielefeld
137 University (Germany) and placed into their social treatments at 29 days of age. The social treatment
138 was either pair-housing or group-housing, with groups (n=12) consisting of three females and one
139 male, pairs (n=24) of one female and one male. Siblings or half siblings were never housed in the
140 same cage. The birds were kept indoors, in two adjacent rooms with artificial lighting and no natural
141 daylight. The light-dark cycle was 14:10h, and the temperature was set to 20°C. Pair cages measured
142 75 x 80 x 40 cm, group cages 150 x 80 x 40 cm. The distribution of the cages across and within rooms
143 was balanced across treatments. The birds were kept on wood shavings, and all cages contained a
144 sand bath and one shelter hut per female. Food (GoldDott Hennenmehl, Derby Spezialfutter GmbH,
145 Münster, Germany) and water was provided ad libitum. On a weekly basis, the standard diet was
146 supplemented with mealworms and shell grit. After collecting eggs for breeding the next generation,
147 the parental females were tested for their hormonal response to a stressor (at 66-67 days of age; see
148 Fig. 1) and to an injection with gonadotropin releasing hormone (at 72 days of age; see Fig. 1), and
149 we measured growth, reproductive output, and egg yolk testosterone concentrations (Langen et al.,
150 2017).

151

152 **2.3. Egg incubation and hatching**

153 After the parental generation had been housed in their treatment groups for 27 days (at 8 weeks of
154 age), eggs (124 eggs from pair-housed females and 155 eggs from group-housed females) were
155 collected over the course of one week, weighed to the nearest 0.1 g, and incubated to produce the
156 offspring generation. Eggs were incubated in a HEKA-Euro-Lux II incubator (HEKA-Brutgeräte,
157 Rietberg, Germany) in complete darkness to avoid the effects of light on development and because it
158 more likely reflects the situation during natural incubation (Archer and Mench 2014). Until
159 incubation day 14, the temperature was set at 37.8°C, humidity to 55%, and the eggs were turned
160 every 2 hours. After 9 days of incubation, the eggs were candled to identify embryonic development
161 and non-fertilized eggs were removed (remaining eggs: 107 eggs from pair-housed females and 121
162 eggs from group-housed females, Table 1). On day 15 of incubation, eggs were moved to hatching
163 trays, the incubation temperature was set to 37.5°C, the humidity to 75%, and the eggs were no
164 longer turned. The hatching trays were divided into separate compartments (5.5 x 5.5 x 5 cm) for
165 each individual egg so that we could identify which chick hatched from which egg. The compartment
166 walls were made of transparent Plexiglas and the bottom of each hatching tray was made of mesh
167 wire, allowing air flow and olfactory and acoustic communication between the chicks. The offspring
168 hatched after 17 ± 1 days of incubation. Some hatchlings were excluded from the experiment
169 because they had birth defects (two male offspring from two pair-housed mothers, one female
170 offspring from one group-housed mother). In addition, some offspring originated from cages in which
171 birds had to be separated before or during egg collection due to aggression (two male and one
172 female offspring from two mothers housed in the same group and six male and six female offspring
173 from two of five separated pairs; see Langen et al., 2017 for more information). These offspring from
174 separated parental cages were not included as subjects in the present study but used as cage mates.
175 A total of 35 male and 29 female offspring from pair-housed mothers, and 34 male and 33 female
176 offspring, and one hatchling of unidentified sex from group-housed mothers remained (Table 1).

177 Birds were removed from the incubator once their feathers had dried (ca. 2 hours after
178 hatching), weighed to the nearest 0.1 g and their tarsus was measured to the nearest mm using a

179 digital caliper. To measure circulating androgen levels at hatching and to assign genetic sex and
180 parentage, a small blood sample (max. 50 µl, or about 0.7% of body weight which does not appear to
181 have long-term effects on adult or developing birds; Sheldon et al. 2008) was taken by piercing the
182 jugular vein with a sterile 27 gauge needle and collecting the blood in heparinized capillaries (BRAND
183 GMBH + CO KG, Wertheim, Germany). As we were unable to retrieve blood from 25 out of 132
184 chicks, a piece of egg shell membrane (ca. 2 x 2 mm) containing blood vessels was collected for
185 genetic sex and parentage assignment. From the remaining 107 chicks, we were able to retrieve at
186 least a small amount of blood for DNA extraction, and 53 of these samples were further used for
187 androgen measurements (Table 1).

188 After 19 days of incubation, all eggs that had not hatched were removed from the incubator
189 and a tissue sample was taken from dead embryos for genetic sex determination.

190

191 **2.4. Offspring husbandry**

192 After weighing and measuring, the offspring were all kept together for the first night in a 100 x 80 x
193 80 cm cage on waved cardboard and with two heating lamps and food (ground pellets: GoldDott
194 Enten-Gänsestarter - no coccidiostat, Derby Spezialfutter GmbH, Münster, Germany) and water
195 provided ad libitum. Lights remained on for the first night. The next day, the birds were placed into
196 smaller groups of five to six unrelated individuals (all from the same parental treatment, n = 14 cages
197 of pair offspring, n = 12 cages of group offspring). At that time, the offsprings' sexes were still
198 unknown, therefore the chicks were randomly allocated across groups. Offspring cages measured 75
199 x 80 x 40 cm, contained heating pads partially covered by a small hut (15 x 13 x 13 cm), and ad
200 libitum water and food. The main lights were set to a 14:10h light-dark cycle (lights on at 5 am), but
201 small night lights were placed approximately 1 m in front of the cages to make sure the birds were
202 able to find food and water during the night. Birds were kept on waved cardboard until 8 days post-
203 hatching, after which they were kept on wood shavings.

204 All cages were checked daily, and we recorded whether any of the birds had died to be able
205 to measure differences in mortality between offspring from the two maternal treatments. To analyse
206 offspring growth, all birds were weighed to the nearest 0.1 g on the day of hatching, and on post-
207 hatching days 9 and 19. Between the day of hatching and day 23, the offspring underwent several
208 behavioural tests, the results of which will be described elsewhere (Langen et al. in prep). On post-
209 hatch day 20-21, we assessed the birds' CORT response to an injection with adrenocorticotropic
210 hormone. For a timeline of all experimental procedures, see Fig. 1. Sample sizes per measure vary
211 (Table 1) since some of the offspring died in the first few weeks or because we were unable to get
212 enough plasma for the physiological measurements.

213 **Table 1. Samples sizes for each measurement.**

Measure	Offspring from pair-housed mothers				Offspring from group-housed mothers			
	Total	sons	daughters	mothers	Total	sons	daughters	mothers (groups)
Sex ratio								
Primary	107 ¹	49	47	18	121 ¹	53	56	- ² (8)
At hatching	64	35	29	17	68 ¹	34	33	20 (8)
Correlation with maternal androgens	59	33	26	15	49	27	22	15 (6)
Correlation with maternal CORT	47	23	24	12	49 ¹	25	23	16 (7)
At day 23	54	27	27	16	56	28	28	17 (7)
Mortality								
Overall	64	35	29	17	68 ¹	34	33	20 (8)
Correlation with maternal androgens	59	33	26	15	49	27	22	15 (6)
Correlation with maternal CORT	47	23	24	12	49 ¹	25	23	16 (7)
Egg mass	64	35	29	17	68 ¹	34	33	20 (8)
Mass at hatching	64	35	29	17	68 ¹	34	33	20 (8)
Mass at day 9	56	28	28	17	57	28	29	19 (8)
Mass at day 19	54	27	27	16	56	28	28	17 (7)
Hatchling androgens								
Individual samples	17	13	4	16	12	5	7	13 (7)
Pools	7	4 (8) ³	3 (7) ³	16	4	2 (4) ³	2 (5) ³	13 (7)
ACTH challenge								
Baseline	38 ⁴	22 ⁴	16 ⁴	15 ⁴	48 ⁴	26 ⁴	22 ⁴	16 (8) ⁴
Response	37 ⁴	22 ⁴	15 ⁴	15 ⁴	47 ⁴	26 ⁴	21 ⁴	16 (8) ⁴

214 ¹ Sexing was unsuccessful in 23 embryos and 1 hatchling. ² In groups, mothers of embryos were not identified. ³ Number of individuals included in the
 215 plasma pool. ⁴ Reduced sample sizes due to insufficient plasma for the CORT analysis.

216 2.5. ACTH challenge

217 In order to test the offspring's HPA-axis sensitivity, we measured the plasma CORT increase following
218 an injection of adrenocorticotrophic hormone (ACTH, which stimulates glucocorticoid production in
219 the adrenal glands and is normally released by the pituitary in response to corticotrophin-releasing
220 hormone from the hypothalamus) on post-hatch day 20-21. All birds were tested between 09:00 am
221 and 1:00 pm, and plasma CORT levels did not change significantly during that period ($\chi^2_{(1)}$: 1.55, $p =$
222 0.21).

223 For the ACTH challenge, all birds from one cage were caught and transported to the
224 experimental room in a transport box (40 x 30 x 40 cm). A blood sample was taken to determine
225 baseline plasma CORT concentrations by puncturing the ulnar vein with a sterile 27 gauge needle and
226 collecting 200-300 μ l blood in heparinised capillaries (BRAND GMBH + CO KG, Wertheim, Germany).
227 We recorded the time between opening the cages and taking the baseline blood sample (range: 71-
228 287 seconds, mean \pm SEM: 155 \pm 6 seconds).

229 After the baseline blood sample was taken, the birds were injected in the pectoral muscle
230 with 0.8 μ g ACTH (H-1150.0001, Bachem, Bubendorf, Switzerland) dissolved in 50 μ l PBS (average
231 dosage ca. 10 μ g/kg) and placed back in the transport box. 10 minutes post injection, the birds were
232 caught again, and a second blood sample was taken to determine the CORT response to ACTH.

233

234 2.6. Hormone analysis

235 After blood samples were taken to determine androgen (at the day of hatching) and CORT levels (in
236 the ACTH challenge), samples were kept on ice for a maximum of two hours and then centrifuged for
237 10 minutes at 2000 x g. The plasma was then collected and frozen at -20°C for future use.

238 We used a commercial testosterone ELISA Kit (Demeditec Diagnostics GmbH, Kiel, Germany,
239 cat. no. DES6622) to determine plasma androgen concentrations. Cross reactivity of the kit antibody,
240 as reported by the manufacturer, was 23.3% for 5 α -Dihydrotestosterone, 1.6% for Androstenedione,
241 and less than 0.1% for other steroids. Samples were distributed over two assays, balanced for

242 maternal treatment. The inter-assay coefficient of variation (CV) was 1.64% (based on two quail
243 plasma pools measured in each assay). Since we were unable to get sufficient plasma from 24 out of
244 53 chicks, the 24 samples were pooled by combining samples from two to three hatchlings in each
245 pool, resulting in 11 plasma pools. We pooled plasma samples from hatchlings within the same sex
246 and maternal treatment and, where possible, pools consisted of samples from full siblings. In total,
247 40 samples were measured in the T assay (29 single plasma samples and 11 plasma pools; Table 1). In
248 four out of the 40 samples (two from sons of pair-housed mothers, two from daughters of group-
249 housed mothers), androgen concentrations were below the range that could be estimated using the
250 standard curve and were therefore assigned the lowest measured value (28.2 pg/ml), as a
251 conservative estimate.

252 Plasma CORT concentrations in the ACTH challenge were determined using a commercial
253 Corticosterone RIA Kit (MP Biomedicals, Orangeburg, USA, cat. no. 07-102102). Cross reactivity of the
254 kit antibody, as reported by the manufacturer, was 0.34% for Desoxycorticosterone, 0.1% for
255 Testosterone, and less than 0.1% for other steroids. Samples were measured together with quail
256 plasma samples from other experiments and distributed over 11 assays, balanced for treatment. The
257 intra-assay CV was 4.51%, the inter-assay CV was 13.86% (based on a chicken plasma pool and two
258 kit controls measured in each assay). 170 samples were measured in the CORT assay (86 baseline, 84
259 post-ACTH; Table 1), and in 15 cases the CORT values were above the highest assay standard (all
260 post-ACTH samples, from eight sons of pair-housed mothers and seven sons of group-housed
261 mothers). As we were unable to repeat measurements at a higher dilution these samples were
262 assigned a value of 35 ng/ml (based on the value of the highest assay standard) as a conservative
263 estimate.

264

265 **2.7. Genetic sex and parentage assignment**

266 We used molecular methods to determine offspring sex and to assign parentage of all hatched
267 offspring to one of the three potential mothers in the group treatment. The concentrated blood cells

268 left over after centrifuging blood for hormone measurements were diluted 1:2 with phosphate buffer
269 saline (10 mM PBS+6 mM EDTA, pH 7.4) and stored at -20°C. Similarly, tissue samples from non-
270 hatched embryos were frozen at -20°C for future use. Genomic DNA was obtained by a
271 phenol/chloroform or Chelex extraction (Walsh et al., 1991). Genetic sex determination was then
272 performed using primers 2550f and 2718r (Fridolfsson and Ellegren, 1999).

273 We genotyped offspring and parents at 22 microsatellite loci using fluorescently labelled
274 primers, as described previously (Langen et al., 2017). Parentage was then manually assigned by
275 identifying which genotype of the three potential mothers in a cage best matched the offspring
276 genotype.

277

278 **2.8. Statistics**

279 All statistical analyses were done using the lme4 package (Bates et al., 2015) of R 3.2.3 (R
280 Core Team, 2015).

281 To analyse the effect of the maternal social environment and maternal hormones on
282 offspring sex ratio and mortality, generalized linear mixed models with a binomial distribution and
283 logit link function were fitted. Models included the maternal social environment as a fixed effect.
284 Additionally, models of offspring mortality included a fixed effect of offspring sex and its interaction
285 with the maternal social environment. We tested for a sex-ratio bias in each of the maternal social
286 environments, where a significant effect of the intercept on the logit scale indicates a deviation from
287 parity. Finally, we tested for non-random (extra-binomial) variance of sex-ratios using simulations
288 (see Postma et al. 2011). We generated a distribution of 1000 expected clutch sex ratios based on
289 the observed mean sex ratio and the number of offspring from each mother or each maternal cage
290 (for embryos whose parentage was not assigned) and compared whether the observed variance in
291 sex-ratios fell outside the upper confidence interval (overdispersion) or lower confidence interval
292 (underdispersion) of the simulated data. We then analysed the effects of maternal hormones on
293 offspring sex ratio and mortality using separate models, either with maternal baseline plasma

294 androgen or with baseline plasma CORT levels as fixed effects. Maternal treatment was not included
295 in these models to avoid multicollinearity because maternal hormones differed according to
296 maternal treatment.

297 General linear mixed models were used to analyse the effect of the maternal social
298 environment and offspring sex on egg mass, offspring mass and offspring circulating hormone levels
299 (T at hatching and CORT during the ACTH challenge). Normality of the residuals from all general
300 linear mixed models was assessed visually using histograms and Q-Q plots. To achieve normality and
301 equal variances, we transformed values for offspring plasma CORT levels (square root) and body
302 mass (natural log). Again, fixed effects included the maternal social environment, offspring sex, and
303 their interactions. In addition, models of offspring growth included a categorical fixed effect of age
304 (in days) to model the increase in weight with age. The models also included all two-way and three-
305 way interactions of age with the maternal social environment and sex to test whether the weight
306 increase with age differed between treatments and sexes. Age was treated as a categorical fixed
307 effect because offspring mass was measured at only three time points (day 0, day 9 and day 19).
308 Models analysing effects on plasma CORT during the ACTH challenge included a fixed effect of
309 sample (pre or post-challenge) to test whether CORT increased in response to the challenge. The
310 models also included all two-way and three-way interactions of sample with the maternal social
311 environment and offspring sex to test whether the response to the challenge differed between
312 treatments and sexes. In addition, the models on plasma CORT included as a covariate the time it
313 took to collect the first sample after the initial disturbance of opening the cage.

314 Maternal cage was included as a random effect in all models, to control for potential non-
315 independence of mothers from the same cage. In addition, models included a random effect of
316 maternal ID nested within maternal cage, except for the models of primary sex ratio (because
317 parentage was only assigned for hatchlings, not for embryos). Models analysing offspring data
318 collected after the day of hatching also included a random effect of offspring cage. When analysing
319 offspring mortality, models did not converge if both maternal ID and offspring cage were included as

320 random effects. Offspring cage was therefore removed from these models because it had a smaller
321 effect than maternal ID within maternal cage. For the analysis of growth and the ACTH challenge, we
322 included the additional random effects of offspring ID nested within offspring cage and offspring ID
323 nested within maternal ID nested within maternal cage.

324 We always started with the full model and stepwise excluded all non-significant ($p > 0.05$)
325 interactions and main effects, apart from the main factors of interest: the maternal social
326 environment and offspring sex. Interactions were always excluded before the main effects involved
327 in the interaction. We determined the significance of fixed effects using likelihood ratio tests
328 comparing the models with and without the factor of interest. The results of all models are reported
329 in the supplementary data.

330

331 **3. Results**

332 **3.1. Offspring sex ratio and mortality**

333 The maternal social environment did not affect primary sex ratio ($\chi^2_{(1)}$: 0.12, $p = 0.73$; Fig. 2), sex ratio
334 at hatching ($\chi^2_{(1)}$: 0.20, $p = 0.65$; Fig. 2) or sex ratio at day 23 ($\chi^2_{(1)} < 0.01$, $p = 0.99$; Fig. 2). Sex ratios
335 did not differ significantly from parity at any stage in either social environment (all z values < 0.75 , all
336 p values > 0.45 ; Supplementary Table 1), nor was there any evidence of over or underdispersion in
337 sex ratio at any stage (Supplementary Table 2). In addition, maternal baseline plasma hormone levels
338 did not predict offspring sex ratio at hatching (effect of maternal baseline androgens: $\chi^2_{(1)}$: 1.53, $p =$
339 0.22; effect of maternal baseline CORT: $\chi^2_{(1)}$: 0.36, $p = 0.55$; Supplementary Fig. 1).

340 The maternal social environment did not have sex-specific effects on offspring mortality
341 (effect of maternal social environment * offspring sex: $\chi^2_{(1)}$: 1.80, $p = 0.18$; Fig. 3), nor was there an
342 overall effect of the maternal social environment on mortality ($\chi^2_{(1)}$: 0.20, $p = 0.66$; Fig. 3). However,
343 mortality did differ between the sexes: significantly more male offspring than female offspring died
344 before day 23 ($\chi^2_{(1)}$: 4.48, $p = 0.03$; Fig. 3). Maternal baseline plasma hormone levels did not predict

345 offspring mortality (effect of maternal baseline androgens: $\chi^2_{(1)}$: 1.46, $p = 0.23$; effect of maternal
346 baseline CORT: $\chi^2_{(1)}$: 0.65, $p = 0.42$; Supplementary Fig. 1).

347

348 **3.2. Egg mass and growth**

349 The maternal social environment had no overall ($\chi^2_{(1)}$: 0.27, $p = 0.60$; Fig. 4A) or sex-specific effect on
350 egg weight (effect of maternal social environment * offspring sex: $\chi^2_{(1)}$: 0.02, $p = 0.89$; Fig. 4A), nor
351 did egg weight differ between the sexes ($\chi^2_{(1)}$: 0.25, $p = 0.62$; Fig. 4A).

352 All birds increased weight significantly over the course of the experiment (effect of age: $\chi^2_{(2)}$:
353 1531.30, $p < 0.001$; Fig. 4B). The changes in weight with age did not differ between the maternal
354 social environments (effect of maternal social environment * age: $\chi^2_{(2)}$: 0.49, $p = 0.78$; Fig. 4B) nor
355 between males and females (effect of offspring sex * age: $\chi^2_{(2)}$: 1.43, $p = 0.49$; Fig. 4B) or depending
356 upon the interaction between maternal social environment and offspring sex (effect of maternal
357 social environment * age * offspring sex: $\chi^2_{(2)}$: 4.63, $p = 0.10$; Fig. 4B). There was no difference in
358 average offspring mass according to the maternal social environment, offspring sex, or their
359 interaction (the model included the significant effect of age; all $\chi^2_{(1)} < 1.64$, all p values > 0.20).

360

361 **3.3. Offspring physiology**

362 The maternal social environment had no sex-specific effects on offspring plasma androgen
363 concentrations at hatching (effect of maternal social environment * offspring sex: $\chi^2_{(1)}$: 0.02, $p = 0.89$;
364 Fig. 5A). Average androgen concentrations also did not differ between offspring of pair-housed and
365 group-housed mothers ($\chi^2_{(1)}$: 0.45, $p = 0.50$; Fig. 5A), nor between males and females ($\chi^2_{(1)}$: 1.92, $p =$
366 0.17; Fig. 5A).

367 The maternal social environment did not affect the CORT response to an injection with ACTH
368 on post hatch day 20-21 (effect of maternal social environment * sample: $\chi^2_{(1)}$: 0.58, $p = 0.45$; Fig. 5B).
369 Male and female offspring differed in their CORT response (effect of offspring sex * sample: $\chi^2_{(1)}$:
370 7.11, $p < 0.01$; Fig. 5B) but the sex difference in the CORT response was not affected by the maternal

371 social environment (effect of sample * maternal social environment * offspring sex: $\chi^2_{(1)}$: 2.62, $p =$
372 0.11). The time between the initial disturbance of opening the cage and the collection of the baseline
373 sample was included as a covariate in all models analysing the effects on ACTH because it
374 significantly affected CORT levels ($\chi^2_{(1)}$: 8.34, $p < 0.01$). This effect did not differ between offspring
375 from the different maternal social environments ($\chi^2_{(1)}$: 0.19, $p = 0.66$). Removing the factor “time
376 until the first sample” from these models did not change the significance or interpretation of the
377 main effects. When analysing CORT baseline and response levels separately, male and female
378 offspring did not differ in baseline CORT concentrations ($\chi^2_{(1)} = 0.02$, $p = 0.89$; Fig. 5B), but males had
379 significantly higher CORT concentrations after the ACTH injection ($\chi^2_{(1)}$: 16.33, $p < 0.001$; Fig. 5B).
380 CORT concentrations increased significantly in both sexes after the ACTH injection (males: $\chi^2_{(1)}$:
381 146.79, $p < 0.001$; females: $\chi^2_{(1)}$: 86.44, $p < 0.001$; Fig. 5B).

382

383 4. Discussion

384 The social environment a female is exposed to during reproduction has been reported to induce
385 variation in offspring sex-ratio, mortality, development, and endocrine physiology in a number of
386 vertebrate species (Dantzer et al., 2013; Guibert et al., 2010; Kaiser and Sachser, 2009, 2005; Michler
387 et al., 2013; Minias et al., 2014; von Engelhardt et al., 2015). Maternal hormones are candidate
388 signals involved in such transgenerational effects (Dantzer et al., 2013; Guibert et al., 2010; Hayward
389 and Wingfield, 2004; Henriksen et al., 2013), and they are thought to represent important proximate
390 mechanisms in adaptive sex allocation (Navara, 2013a, 2013b), also by affecting secondary offspring
391 sex ratios (Love et al., 2005; Rutkowska et al., 2007; Rutkowska and Cichoń, 2006).

392 We did not find evidence that the maternal social environment (pair versus group housing)
393 affects offspring sex ratio in Japanese quail, even though pair-housed females had increased
394 circulating androgen levels and a non-significant trend of higher cortisol levels compared to group-
395 housed females, as reported in our previous study (Langen et al., 2017). We had predicted that pair-
396 housed females would produce a female-biased offspring sex-ratio because increased androgen and

397 CORT levels were associated with a female-biased sex-ratio in other studies on Japanese quail
398 (Correa et al., 2011, Pike and Petrie, 2006). Offspring from pair-housed mothers and offspring from
399 group-housed mothers also did not differ in growth, mortality, circulating androgen levels or
400 circulating CORT levels. Moreover, maternal circulating levels of androgens and CORT did not
401 correlate with offspring sex ratio and mortality.

402 Our results contradict the general pattern in avian species which suggests that higher
403 maternal androgens lead to a male-biased offspring sex ratio (Goerlich et al., 2009; Navara, 2013a,
404 2013b), but we corroborate earlier findings in Japanese quail showing no such relationship (Pike and
405 Petrie, 2006). However, in Japanese quail, higher maternal androgens have also been linked to
406 female-biased sex ratios (Correa et al., 2011), indicating that the effect of maternal androgens on
407 offspring sex ratio is still unclear. Our results also do not confirm earlier reports that higher maternal
408 CORT levels are linked to a female-biased offspring sex ratio in avian species (Navara, 2013a, 2013b),
409 including Japanese quail (Pike and Petrie, 2006). Studies investigating the relationship between
410 maternal plasma hormone levels and offspring sex ratio differ substantially regarding methods of
411 hormone manipulation or quantification which might explain differing results between studies. For
412 example, Correa et al. (2011) found the temporary peak in circulating androgen levels following
413 mating to be correlated with a female-biased sex ratio. On the other hand, Pike and Petrie (2006),
414 who found no relationship between offspring sex ratio and androgens, analysed faecal androgen
415 metabolite concentrations, which do not reflect short-term fluctuations but an integrated measure
416 of androgen concentrations over several hours. They also found no effect of treating females with
417 androgen implants, which likely affected circulating androgen levels over a longer time period. In
418 addition, multiple steroid hormones are thought to be involved in sex ratio adjustment, and their
419 effects may interact (Navara, 2013a). In the present study, the opposing effects of higher maternal
420 androgens and higher CORT on offspring sex ratio may have cancelled each other out, explaining why
421 the offspring sex ratio of pair-housed mothers did not differ from parity nor from that of group-
422 housed females. Moreover, the elevation in maternal plasma androgen and CORT levels in pair-

423 housed females may not have been large enough to induce a shift in offspring sex ratio. Finally, it has
424 been suggested that effects on primary sex ratios may be largely due to variation in levels of
425 progesterone during meiosis, which is the main follicular steroid produced during this phase (Correa
426 et al. 2005) but was not measured in our study.

427 The lack of an effect of the maternal social environment on offspring growth, mortality or
428 physiology might partly be explained by the fact that the maternal social environment did not induce
429 differences in yolk androgens, as shown in our previous study (Langen et al., 2017), or in egg mass, as
430 shown here. Yolk hormones are considered a key mechanism in transferring the effects of the
431 maternal social environment to offspring (Gil, 2008; Rutkowska and Cichoń, 2006; von Engelhardt et
432 al., 2006; von Engelhardt and Groothuis, 2011), and differences in the maternal social environment
433 and physiology alone may not suffice to induce changes in the prenatal environment. The fact that
434 we found no effects on egg mass can also explain why offspring growth and mortality did not differ,
435 egg size being another important mediator of maternal effects (Cunningham & Russell 2000; Hadfield
436 et al. 2013; Krist, 2011; Pick et al. 2016; Williams, 1994). We also found no sex differences in egg
437 mass, confirming previous suggestions that there is little evidence overall for sexual size dimorphism
438 in eggs across avian species (Rutkowska et al. 2014).

439 We did find a difference in the physiological stress response (increase in CORT) after an ACTH
440 injection between male and female offspring, irrespective of the maternal social environment. While
441 baseline CORT concentrations did not differ between males and females, males showed a higher
442 CORT response, suggesting increased sensitivity of their HPA axis. This is in line with many studies in
443 birds, including Japanese quail, that report a stronger stress response in males compared to females
444 (Astheimer et al., 1994; Goerlich et al., 2012; Hayward et al., 2006; Hazard et al., 2008; Krause et al.,
445 2015; Madison et al., 2008; Romero et al., 2006; Schmeling and Nockels, 1978). Other studies,
446 however, report no differences (Dufty Jr. and Belthoff, 1997; Hazard et al., 2008; Satterlee and
447 Johnson, 1988; Sockman and Schwabl, 2001). In addition to having a higher stress response,
448 significantly more male offspring died before day 23 than female offspring. Similar patterns in

449 juvenile mortality are reported in a large number of species (reviewed by Clutton-Brock, 1991),
450 suggesting that males are more vulnerable to environmental challenges. However, it is still unclear
451 what the underlying mechanisms are (Jones et al., 2009).

452 Overall, contradictory findings regarding the effects of maternal physiology and maternal
453 social environment on offspring sex ratio and phenotypes indicate that the mechanisms underlying
454 such maternal effects are still insufficiently understood. An important factor explaining differences
455 between studies, including our own and previous research, might be the timing of manipulations and
456 measurements of the social environment and the endocrine system. Effects of the maternal
457 environment and physiology on developing follicles and offspring may occur only during critical
458 windows (Okuliarova et al., 2017). For example, for sex ratio adjustment, an influence of maternal
459 steroids on the segregation of the sex chromosomes during the second meiotic division has been
460 proposed (Correa et al., 2005; Goerlich-Jansson et al., 2013; Navara, 2013a, 2013b; Pinson et al.,
461 2011; Rutkowska and Badyaev, 2008). Also, circulating hormone levels differ between life stages and
462 seasons and can change significantly during a single day, even within minutes, in response to the
463 environment, such as social stimuli (Adkins-Regan, 2005; Creel et al., 2013; Hazard et al., 2005;
464 Oliveira, 2004; Ottinger et al., 2001). A single measurement of physiological status does not take such
465 fluctuations into account and might reduce the chance of detecting maternal effects. We may have
466 also missed important effects by not measuring maternal hormones during the time window during
467 which genetic sex determination takes place (meiosis I) and by only measuring maternal androgens
468 and corticosterone, not other steroids such as progesterone (Correa et al., 2005).

469 Finally, differences between the social stimuli investigated may explain the contradictory
470 results between studies. Social factors such as maternal social instability (Guibert et al., 2010; Kaiser
471 and Sachser, 2009), social density (Dantzer et al., 2013; Minias et al., 2014; von Engelhardt et al.,
472 2015), mate attractiveness (Kölliker et al., 1999; Korsten et al., 2006; Rutstein et al., 2005; Sheldon et
473 al., 1999; Svensson and Nilsson, 1996), pair bonding (Hirschenhauser, 2012; Le Bot et al., 2014;
474 Schweitzer et al., 2014), and social status (Dloniak et al., 2006) are likely to differ in their functional

475 significance and therefore also in their effects on offspring phenotypes and sex ratio. To gain a better
476 understanding of the underlying mechanisms and the function of maternal effects of the social
477 environment, it is therefore necessary to establish which social stimuli are most important for
478 offspring, and at which time maternal effects manifest in relation to the prenatal and postnatal
479 developmental stages.

480

481 **Acknowledgements**

482 We thank Aline Bertin and her colleagues at the INRA in Nouzilly, France for their helpful advice and
483 for providing us with our first generation of Japanese quail. We also thank Irene de la Casa, Kathrin
484 Engel, Sarah Golüke, Judith Hendriks, Elke Hippauf and Susanne Kirchhoff for their help in the lab and
485 with the experimental procedures, the animal caretakers for looking after the birds, and Suzanne von
486 Engelhardt for English editing of the manuscript. We gratefully acknowledge two anonymous
487 referees for providing constructive comments on the manuscript. This research was funded by grant
488 support from the Volkswagen Foundation (Az 86 005, acquired by VCGJ). The funding source had no
489 role in study design, data collection or analysis, preparation of the manuscript, or the decision to
490 submit the manuscript for publication.

491

492 **References**

- 493 Adkins-Regan, E., 2005. Mating, fighting, parenting, and signaling, in: *Hormones and Animal Social*
494 *Behavior*. Princeton University Press, Princeton, pp. 34–91.
- 495 Alonso-Alvarez, C., 2006. Manipulation of primary sex-ratio: an updated review. *Avian Poult. Biol.*
496 *Rev.* 17, 1–20. doi:10.3184/147020606783437930
- 497 Archer, G.S., Mench, J.A., 2014. Natural incubation patterns and the effects of exposing eggs to light
498 at various times during incubation on post-hatch fear and stress responses in broiler (meat)
499 chickens. *Appl. Anim. Behav. Sci.* 152, 44-51. doi: 10.1016/j.applanim.2013.12.010

500 Astheimer, L.B., Buttemer, W.A., Wingfield, J.C., 1994. Gender and seasonal differences in the
501 adrenocortical response to ACTH challenge in an arctic passerine, *Zonotrichia leucophrys*
502 *gambelii*. Gen. Comp. Endocrinol. 94, 33–43. doi:10.1006/gcen.1994.1057

503 Bates D., Mächler M., Bolker B., Walker S., 2015. Fitting linear mixed-effects models using lme4. J.
504 Stat. Softw. 67, 1–51. doi:10.18637/jss.v067.i01

505 Bonier, F., Martin, P.R., Wingfield, J.C., 2007. Maternal corticosteroids influence primary offspring sex
506 ratio in a free-ranging passerine bird. Behav. Ecol. 18, 1045–1050. doi:10.1093/beheco/arm075

507 Braasch, A., Palme, R., Hoppen, H.-O., Becker, P.H., 2011. Body condition, hormonal correlates and
508 consequences for survival in common tern chicks. J. Comp. Physiol. A 197, 1009–1020.
509 doi:10.1007/s00359-011-0663-4

510 Brown, C.R., Brown, M.B., Raouf, S.A., Smith, L.C., Wingfield, J.C., 2005. Effects of endogenous steroid
511 hormone levels on annual survival in cliff swallows. Ecology 86, 1034–1046. doi:10.1890/04-
512 0740

513 Clutton-Brock, T.H., 1991. Sex ratios and differential juvenile mortality, in: The evolution of parental
514 care. Princeton University Press, Princeton, New Jersey, pp. 229–252.

515 Clutton-Brock, T.H., Iason, G.R., 1986. Sex ratio variation in mammals. Q. Rev. Biol. 61, 339–374.
516 doi:10.1086/415033

517 Correa, S.M., Adkins-Regan, E., Johnson, P.A., 2005. High progesterone during avian meiosis biases
518 sex ratios toward females. Biol. Lett. 1, 215–218. doi:10.1098/rsbl.2004.0283

519 Correa, S.M., Horan, C.M., Johnson, P.A., Adkins-Regan, E., 2011. Copulatory behaviors and body
520 condition predict post-mating female hormone concentrations, fertilization success, and
521 primary sex ratios in Japanese quail. Horm. Behav. 59, 556–564.
522 doi:10.1016/j.yhbeh.2011.02.009

523 Creel, S., Dantzer, B., Goymann, W., Rubenstein, D.R., 2013. The ecology of stress: effects of the
524 social environment. Funct. Ecol. 27, 66–80. doi:10.1111/j.1365-2435.2012.02029.x

525 Cunningham, E.J., Russell, A.F., 2000. Egg investment is influenced by male attractiveness in the

526 mallard. *Nature*, 404, 74-77. doi:10.1038/35003565

527 Dantzer, B., Newman, A.E.M., Boonstra, R., Palme, R., Boutin, S., Humphries, M.M., McAdam, A.G.,
528 2013. Density triggers maternal hormones that increase adaptive offspring growth in a wild
529 mammal. *Science* 340, 1215–1217. doi:10.1126/science.1235765

530 Dloniak, S.M., French, J.A., Holekamp, K.E., 2006. Rank-related maternal effects of androgens on
531 behaviour in wild spotted hyaenas. *Nature* 440, 1190–1193. doi:10.1038/nature04540

532 Dufty Jr., A.M., Belthoff, J.R., 1997. Corticosterone and the stress response in young Western
533 screech-owls: effects of captivity, gender, and activity period. *Physiol. Zool.* 70, 143–149.
534 doi:10.1086/639564

535 Fridolfsson, A.-K., Ellegren, H., 1999. A simple and universal method for molecular sexing of non -
536 ratite birds. *J. Avian Biol.* 30, 116–121. doi:10.2307/3677252

537 Gam, A.E., Mendonça, M.T., Navara, K.J., 2011. Acute corticosterone treatment prior to ovulation
538 biases offspring sex ratios towards males in zebra finches *Taeniopygia guttata*. *J. Avian Biol.* 42,
539 253–258. doi:10.1111/j.1600-048X.2010.05251.x

540 Gil, D., 2008. Hormones in avian eggs: physiology, ecology and behavior, in: *Advances in the study of*
541 *behavior*. pp. 337–398. doi:10.1016/S0065-3454(08)00007-7

542 Goerlich-Jansson, V.C., Müller, M.S., Groothuis, T.G.G., 2013. Manipulation of primary sex ratio in
543 birds: lessons from the homing pigeon (*Columba livia domestica*). *Integr. Comp. Biol.* 53, 902–
544 912. doi:10.1093/icb/ict056

545 Goerlich, V.C., Dijkstra, C., Schaafsma, S.M., Groothuis, T.G.G., 2009. Testosterone has a long-term
546 effect on primary sex ratio of first eggs in pigeons-in search of a mechanism. *Gen. Comp.*
547 *Endocrinol.* 163, 184–192. doi:10.1016/j.ygcen.2009.01.004

548 Goerlich, V.C., Nätt, D., Elfving, M., Macdonald, B., Jensen, P., 2012. Transgenerational effects of
549 early experience on behavioral, hormonal and gene expression responses to acute stress in the
550 precocial chicken. *Horm. Behav.* 61, 711–8. doi:10.1016/j.yhbeh.2012.03.006

551 Goodship, N.M., Buchanan, K.L., 2006. Nestling testosterone is associated with begging behaviour

552 and fledging success in the pied flycatcher, *Ficedula hypoleuca*. Proc. R. Soc. B Biol. Sci. 273, 71–
553 76. doi:10.1098/rspb.2005.3289

554 Goutte, A., Angelier, F., Welcker, J., Moe, B., Clément-Chastel, C., Gabrielsen, G.W., Bech, C., Chastel,
555 O., 2010. Long-term survival effect of corticosterone manipulation in black-legged kittiwakes.
556 Gen. Comp. Endocrinol. 167, 246–251. doi:10.1016/j.ygcn.2010.03.018

557 Groothuis, T.G.G., Müller, W., Von Engelhardt, N., Carere, C., Eising, C., 2005. Maternal hormones as
558 a tool to adjust offspring phenotype in avian species. Neurosci. Biobehav. Rev. 29, 329–352.
559 doi:10.1016/j.neubiorev.2004.12.002

560 Groothuis, T.G.G., Ros, A.F.H., 2005. The hormonal control of begging and early aggressive behavior:
561 experiments in black-headed gull chicks. Horm. Behav. 48, 207–215.
562 doi:10.1016/j.yhbeh.2005.02.009

563 Groothuis, T.G.G., Schwabl, H., 2008. Hormone-mediated maternal effects in birds: mechanisms
564 matter but what do we know of them? Philos. Trans. R. Soc. Lond. B. Biol. Sci. 363, 1647–61.
565 doi:10.1098/rstb.2007.0007

566 Guibert, F., Richard-Yris, M.-A., Lumineau, S., Kotrschal, K., Guémené, D., Bertin, A., Möstl, E.,
567 Houdelier, C., 2010. Social instability in laying quail: consequences on yolk steroids and
568 offspring's phenotype. PLoS One 5, e14069. doi:10.1371/journal.pone.0014069

569 Hadfield, J.D., Heap, E.A., Bayer, F., Mittell, E.A., Crouch, N.M.A., 2013. Disentangling genetic and
570 prenatal sources of familial resemblance across ontogeny in a wild passerine. Evolution. 67,
571 2701–2713. doi:10.1111/evo.12144

572 Hayward, L.S., Richardson, J.B., Grogan, M.N., Wingfield, J.C., 2006. Sex differences in the
573 organizational effects of corticosterone in the egg yolk of quail. Gen. Comp. Endocrinol. 146,
574 144–148. doi:10.1016/j.ygcn.2005.10.016

575 Hayward, L.S., Wingfield, J.C., 2004. Maternal corticosterone is transferred to avian yolk and may
576 alter offspring growth and adult phenotype. Gen. Comp. Endocrinol. 135, 365–371.
577 doi:10.1016/j.ygcn.2003.11.002

578 Hazard, D., Couty, M., Faure, J.M., Guémené, D., 2005. Relationship between hypothalamic-pituitary-
579 adrenal axis responsiveness and age, sexual maturity status, and sex in Japanese quail selected
580 for long or short duration of tonic immobility. *Poult. Sci.* 84, 1913–1919.
581 doi:10.1093/ps/84.12.1913

582 Hazard, D., Couty, M., Richard, S., Guémené, D., 2008. Intensity and duration of corticosterone
583 response to stressful situations in Japanese quail divergently selected for tonic immobility. *Gen.*
584 *Comp. Endocrinol.* 155, 288–97. doi:10.1016/j.ygcen.2007.05.009

585 Henriksen, R., Rettenbacher, S., Groothuis, T.G.G., 2013. Maternal corticosterone elevation during
586 egg formation in chickens (*Gallus gallus domesticus*) influences offspring traits, partly via
587 prenatal undernutrition. *Gen. Comp. Endocrinol.* 191, 83–91. doi:10.1016/j.ygcen.2013.05.028

588 Hirschenhauser, K., 2012. Testosterone and partner compatibility: evidence and emerging questions.
589 *Ethology* 118, 799–811. doi:10.1111/j.1439-0310.2012.02087.x

590 Hull, K.L., Cockrem, J.F., Bridges, J.P., Candy, E.J., Davidson, C.M., 2007. Effects of corticosterone
591 treatment on growth, development, and the corticosterone response to handling in young
592 Japanese quail (*Coturnix coturnix japonica*). *Comp. Biochem. Physiol. - A Mol. Integr. Physiol.*
593 148, 531–543. doi:10.1016/j.cbpa.2007.06.423

594 James, W.H., 2008. Evidence that mammalian sex ratios at birth are partially controlled by parental
595 hormone levels around the time of conception. *J. Endocrinol.* 198, 3–15. doi:10.1677/JOE-07-
596 0446

597 Jones, K.S., Nakagawa, S., Sheldon, B.C., 2009. Environmental sensitivity in relation to size and sex in
598 birds: meta-regression analysis. *Am. Nat.* 174, 122–133. doi:10.1086/599299

599 Kaiser, S., Sachser, N., 2009. Effects of prenatal social stress on offspring development. *Curr. Dir.*
600 *Psychol. Sci.* 18, 118–121. doi:10.1111/j.1467-8721.2009.01620.x

601 Kaiser, S., Sachser, N., 2005. The effects of prenatal social stress on behaviour: mechanisms and
602 function. *Neurosci. Biobehav. Rev.* 29, 283–294. doi:10.1016/j.neubiorev.2004.09.015

603 Kaiser, S., Sachser, N., 2001. Social stress during pregnancy and lactation affects in guinea pigs the

604 male offsprings' endocrine status and infantilizes their behaviour. *Psychoneuroendocrinology*
605 26, 503–519. doi:10.1016/S0306-4530(01)00009-9

606 Kölliker, M., Heeb, P., Werner, I., Mateman, A.C., Lessels, C.M., Richner, H., 1999. Offspring sex ratio
607 is related to male body size in the great tit (*Parus major*). *Behav. Ecol.* 10, 68–72.
608 doi:10.1093/beheco/10.1.68

609 Korsten, P., Lessels, C.M., Mateman, A.C., van der Velde, M., Komdeur, J., 2006. Primary sex ratio
610 adjustment to experimentally reduced male UV attractiveness in blue tits. *Behav. Ecol.* 17, 539–
611 546. doi:10.1093/beheco/arj061

612 Krackow, S., 1995. Potential mechanisms for sex ratio adjustment in mammals and birds. *Biol. Rev.*
613 70, 225–241. doi:10.1111/j.1469-185X.1995.tb01066.x

614 Krause, J.S., Meddle, S.L., Wingfield, J.C., 2015. The effects of acute restraint stress on plasma levels
615 of prolactin and corticosterone across life-history stages in a short-lived bird: Gambel's white-
616 crowned sparrow (*Zonotrichia leucophrys gambelii*). *Physiol. Biochem. Zool.* 88, 589–598.
617 doi:10.1086/683321

618 Krist, M., 2011. Egg size and offspring quality: a meta-analysis in birds. *Biol. Rev.* 86, 692–716.
619 doi:10.1111/j.1469-185X.2010.00166.x

620 Langen, E.M.A., von Engelhardt, N., Goerlich-Jansson, V.C., 2017. Social environment during egg
621 laying: changes in plasma hormones with no consequences for yolk hormones or fecundity in
622 female Japanese quail, *Coturnix japonica*. *PLoS One* 12, e0176146.
623 doi:10.1371/journal.pone.0176146

624 Le Bot, O., Lumineau, S., Margerie, E. De, Pittet, F., Trabalon, M., Houdelier, C., 2014. Long-life
625 partners or sex friends? Impact of parental pair bond on offspring personality. *J. Exp. Biol.* 217,
626 4184–4192. doi:10.1242/jeb.108738

627 Love, O.P., Chin, E.H., Wynne-Edwards, K.E., Williams, T.D., 2005. Stress hormones: A link between
628 maternal condition and sex-biased reproductive investment. *Am. Nat.* 166, 751–766.
629 doi:10.1086/497440

630 Madison, F.N., Jurkevich, A., Kuenzel, W.J., 2008. Sex differences in plasma corticosterone release in
631 undisturbed chickens (*Gallus gallus*) in response to arginine vasotocin and corticotropin
632 releasing hormone. *Gen. Comp. Endocrinol.* 155, 566–573. doi:10.1016/j.ygcen.2007.08.014

633 Meylan, S., Miles, D.B., Clobert, J., 2012. Hormonally mediated maternal effects, individual strategy
634 and global change. *Philos. Trans. R. Soc. B Biol. Sci.* 367, 1647–1664.
635 doi:10.1098/rstb.2012.0020

636 Michler, S.P.M., Nicolaus, M., van der Velde, M., Radersma, R., Ubels, R., Both, C., Komdeur, J.,
637 Tinbergen, J.M., 2013. Local offspring density and sex ratio affect sex allocation in the great tit.
638 *Behav. Ecol.* 24, 169–181. doi:10.1093/beheco/ars151

639 Mills, A.D., Faure, J.-M., 1991. Divergent selection for duration of tonic immobility and social
640 reinstatement behavior in Japanese quail (*Coturnix coturnix japonica*) chicks. *J. Comp. Psychol.*
641 105, 25–38. doi:10.1037/0735-7036.105.1.25

642 Minias, P., Wojczulanis-Jakubas, K., Kaczmarek, K., 2014. Offspring sex ratio varies according to nest
643 location within a colony of great cormorants. *Auk* 131, 388–395. doi:10.1642/AUK-13-259.1

644 Müller, C., Jenni-Eiermann, S., Jenni, L., 2009. Effects of a short period of elevated circulating
645 corticosterone on postnatal growth in free-living Eurasian kestrels *Falco tinnunculus*. *J. Exp. Biol.*
646 212, 1405–1412. doi:10.1242/jeb.024455

647 Navara, K.J., 2013a. The role of steroid hormones in the adjustment of primary sex ratio in birds:
648 compiling the pieces of the puzzle. *Integr. Comp. Biol.* 53, 923–937. doi:10.1093/icb/ict083

649 Navara, K.J., 2013b. Hormone-mediated adjustment of sex ratio in vertebrates. *Integr. Comp. Biol.*
650 53, 877–887. doi:10.1093/icb/ict081

651 Okuliarova, M., Meddle, S.L., Zeman, M., 2017. Egg deposition of maternal testosterone is primarily
652 controlled by the preovulatory peak of luteinizing hormone in Japanese quail. *Gen. Comp.*
653 *Endocrinol.* doi:10.1016/j.ygcen.2017.05.004

654 Oliveira, R.F., 2004. Social modulation of androgens in vertebrates: mechanisms and function. *Adv.*
655 *Study Behav.* 34, 165–239. doi:10.1016/S0065-3454(04)34005-2

656 Ottinger, M.A., Pitts, S., Abdelnabi, M.A., 2001. Steroid hormones during embryonic development in
657 Japanese quail: plasma, gonadal, and adrenal levels. *Poult. Sci.* 80, 795–799.
658 doi:10.1093/ps/80.6.795

659 Pick, J.L., Ebner, C., Hutter, P., Tschirren, B., 2016. Disentangling genetic and prenatal maternal
660 effects on offspring size and survival. *Am. Nat.* 188, 628–639. doi:10.1086/688918

661 Pike, T.W., Petrie, M., 2006. Experimental evidence that corticosterone affects offspring sex ratios in
662 quail. *Proc. R. Soc. B Biol. Sci.* 273, 1093–1098. doi:10.1098/rspb.2005.3422

663 Pike, T.W., Petrie, M., 2005. Maternal body condition and plasma hormones affect offspring sex ratio
664 in peafowl. *Anim. Behav.* 70, 745–751. doi:10.1016/j.anbehav.2004.12.020

665 Pike, T.W., Petrie, M., 2003. Potential mechanisms of avian sex manipulation. *Biol. Rev.* 78, 553–574.
666 doi:10.1017/S1464793103006146

667 Pinson, S.E., Wilson, J.L., Navara, K.J., 2011. Elevated testosterone during meiotic segregation
668 stimulates laying hens to produce more sons than daughters. *Gen. Comp. Endocrinol.* 174, 195–
669 201. doi:10.1016/j.ygcen.2011.08.020

670 Postma, E., Heinrich, F., Koller, U., Sardell, R.J., Reid, J.M., Arcese, P., Keller, L.F., 2011. Disentangling
671 the effect of genes, the environment and chance on sex ratio variation in a wild bird population.
672 *Proc. R. Soc. B Biol. Sci.* 278, 2996–3002. doi: 10.1098/rspb.2010.2763

673 R Core Team, 2015. R: A language and environment for statistical computing. R Foundation for
674 Statistical Computing, Vienna, Austria.

675 Radder, R.S., 2007. Maternally derived egg yolk steroid hormones and sex determination: review of a
676 paradox in reptiles. *J. Biosci.* 32, 1213–1220. doi:10.1007/s12038-007-0123-z

677 Romero, L.M., Cyr, N.E., Romero, R.C., 2006. Corticosterone responses change seasonally in free-
678 living house sparrows (*Passer domesticus*). *Gen. Comp. Endocrinol.* 149, 58–65.
679 doi:10.1016/j.ygcen.2006.05.004

680 Ros, A.F.H., 1999. Effects of testosterone on growth, plumage pigmentation, and mortality in black-
681 headed gull chicks. *Ibis.* 141, 451–459. doi:10.1111/j.1474-919X.1999.tb04414.x

682 Rutkowska, J., Badyaev, A. V, 2008. Meiotic drive and sex determination: molecular and cytological
683 mechanisms of sex ratio adjustment in birds. *Philos. Trans. R. Soc. B Biol. Sci.* 363, 1675–1686.
684 doi:10.1098/rstb.2007.0006

685 Rutkowska, J., Cichoń, M., 2006. Maternal testosterone affects the primary sex ratio and offspring
686 survival in zebra finches. *Anim. Behav.* 71, 1283–1288. doi:10.1016/j.anbehav.2005.07.025

687 Rutkowska, J., Wilk, T., Cichoń, M., 2007. Androgen-dependent maternal effects on offspring fitness
688 in zebra finches. *Behav. Ecol. Sociobiol.* 61, 1211–1217. doi:10.1007/s00265-007-0351-0

689 Rutkowska, J., Dubiec, A., Nakagawa, S., 2014. All eggs are made equal: meta-analysis of egg sexual
690 size dimorphism in birds. *J. Evol. Biol.* 27, 153–160. doi:10.1111/jeb.12282

691 Rutstein, A.N., Gorman, H.E., Arnold, K.E., Gilbert, L., Orr, K.J., Adam, A., Nager, R., Graves, J.A., 2005.
692 Sex allocation in response to paternal attractiveness in the zebra finch. *Behav. Ecol.* 16, 763–
693 769. doi:10.1093/beheco/ari052

694 Satterlee, D.G., Johnson, W.A., 1988. Selection of Japanese quail for contrasting blood corticosterone
695 response to immobilization. *Poult. Sci.* 67, 25–32. doi:10.3382/ps.0670025

696 Schmeling, S.K., Nockels, C.F., 1978. Effects of age, sex, and ascorbic acid ingestion on chicken plasma
697 corticosterone levels. *Poult. Sci.* 57, 527–533. doi:10.3382/ps.0570527

698 Schweitzer, C., Schwabl, H., Baran, N.M., Adkins-Regan, E., 2014. Pair disruption in female zebra
699 finches: consequences for offspring phenotype and sensitivity to a social stressor. *Anim. Behav.*
700 90, 195–204. doi:10.1016/j.anbehav.2014.01.022

701 Sheldon, B.C., Andersson, S., Griffith, S.C., Örnborg, J., Sendecka, J., 1999. Ultraviolet colour variation
702 influences blue tit sex ratios. *Nature* 402, 874–877. doi:10.1038/47239

703 Sheldon, L.D., Chin, E.H., Gill, S.A., Schmaltz, G., Newman, A.E., Soma, K.K., 2008. Effects of blood
704 collection on wild birds: an update. *J. Avian Biol.* 39, 369–378. doi: 10.1111/j.0908-
705 8857.2008.04295.x

706 Sockman, K.W., Schwabl, H., 2001. Plasma corticosterone in nestling American kestrels: effects of
707 age, handling stress, yolk androgens, and body condition. *Gen. Comp. Endocrinol.* 122, 205–

708 212. doi:10.1006/gcen.2001.7626

709 Svensson, E., Nilsson, J.-Å., 1996. Mate quality affects offspring sex ratio in blue tits. *Proc. R. Soc. B*

710 *Biol. Sci.* 263, 357–361. doi:10.1098/rspb.1996.0055

711 Veiga, J.P., Viñuela, J., Cordero, P.J., Aparicio, J.M., Polo, V., 2004. Experimentally increased

712 testosterone affects social rank and primary sex ratio in the spotless starling. *Horm. Behav.* 46,

713 47–53. doi:10.1016/j.yhbeh.2004.01.007

714 von Engelhardt, N., Carere, C., Dijkstra, C., Groothuis, T.G.G., 2006. Sex-specific effects of yolk

715 testosterone on survival, begging and growth of zebra finches. *Proc. Biol. Sci.* 273, 65–70.

716 doi:10.1098/rspb.2005.3274

717 von Engelhardt, N., Groothuis, T.G.G., 2011. Maternal hormones in avian eggs, in: Norris, D.O., Lopez,

718 K.H. (Eds.), *Hormones and reproduction of vertebrates*. Academic Press, Amsterdam, pp. 91–

719 127. doi:10.1016/B978-0-12-374929-1.10004-6

720 von Engelhardt, N., Kowalski, G.J., Guenther, A., 2015. The maternal social environment shapes

721 offspring growth, physiology, and behavioural phenotype in guinea pigs. *Front. Zool.* 12, S13.

722 doi:10.1186/1742-9994-12-S1-S13

723 Wada, H., Breuner, C.W., 2008. Transient elevation of corticosterone alters begging behavior and

724 growth of white-crowned sparrow nestlings. *J. Exp. Biol.* 211, 1696–1703.

725 doi:10.1242/jeb.009191

726 Walsh, P.S., Metzger, D.A., Higuchi, R., 1991. Chelex 100 as a medium for simple extraction of DNA

727 for PCR-based typing from forensic material. *Biotechniques* 10, 506–513.

728 doi:10.2144/000113897

729 Williams, T.D., 1994. Intraspecific variation in egg size and egg composition in birds: effects on

730 offspring fitness. *Biol. Rev.* 69, 35–59. doi: 10.1111/j.1469-185X.1994.tb01485.x

731

732 **Figure and supplementary captions**

733

734 **Fig. 1.** Timeline of experimental procedures. Procedures marked with * are behavioural tests which
735 are not reported here.

736

737 **Fig. 2.** Offspring sex ratio at the embryonic stage, at hatching and at day 23. Data shown are the
738 estimated means \pm 1 SEM (back-transformed from logit).

739

740 **Fig. 3.** The proportion of offspring that died before day 23. Data shown are the estimated means \pm 1
741 SEM (back-transformed from logit).

742

743 **Fig. 4.** A: egg mass. B: offspring growth (back-transformed from natural log). Data shown are the
744 estimated means \pm 1 SEM.

745

746 **Fig. 5.** A: offspring plasma androgen concentrations (pg/ml) at hatching. B: offspring plasma CORT
747 concentrations (ng/ml) before and 10 minutes after the ACTH injection (back-transformed from
748 square root). Data shown are the estimated means \pm 1 SEM.

749

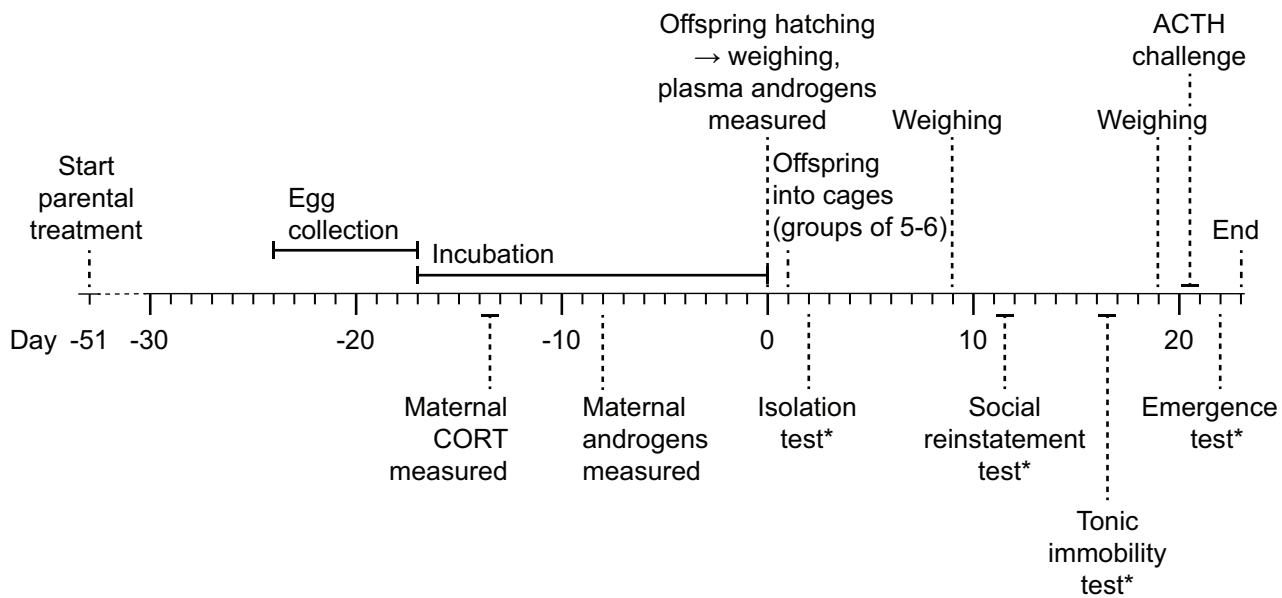
750 **Supplementary Fig. 1.** Relationship between maternal hormones and offspring sex ratio at hatching
751 and mortality. A: maternal androgens and offspring sex ratio at hatching, B: maternal CORT and
752 offspring sex ratio at hatching, C: maternal androgens and offspring mortality, D: maternal CORT and
753 offspring mortality.

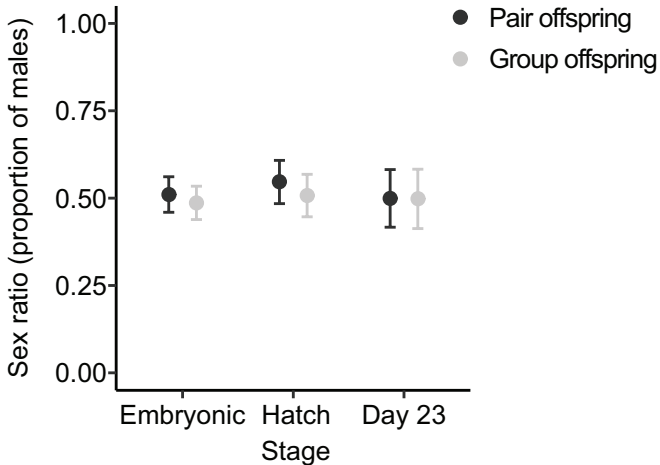
754

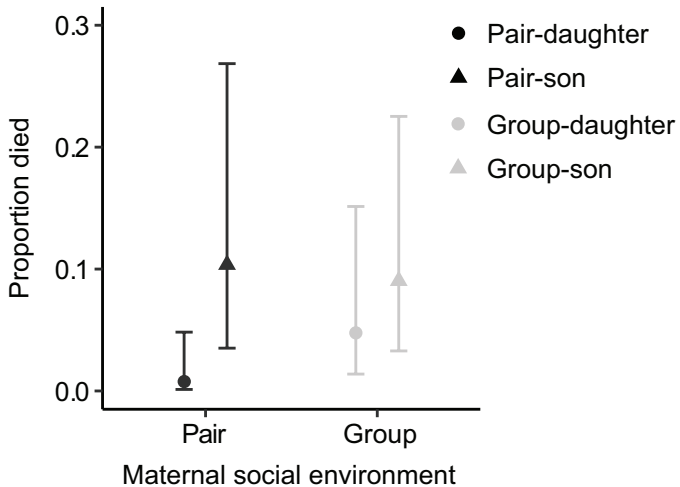
755 **Supplementary Data 1.** Raw dataset.

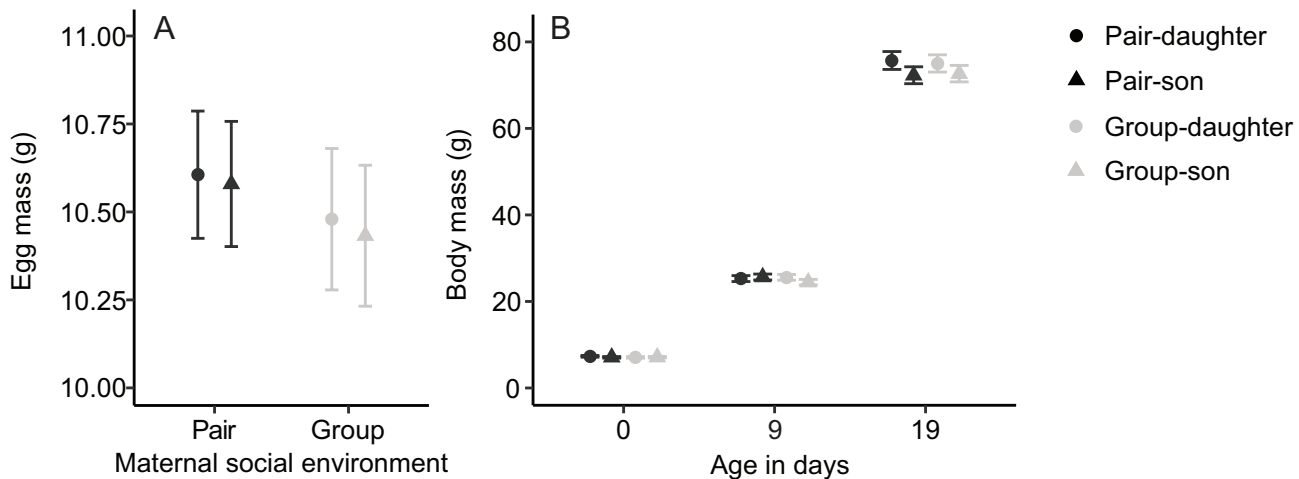
756

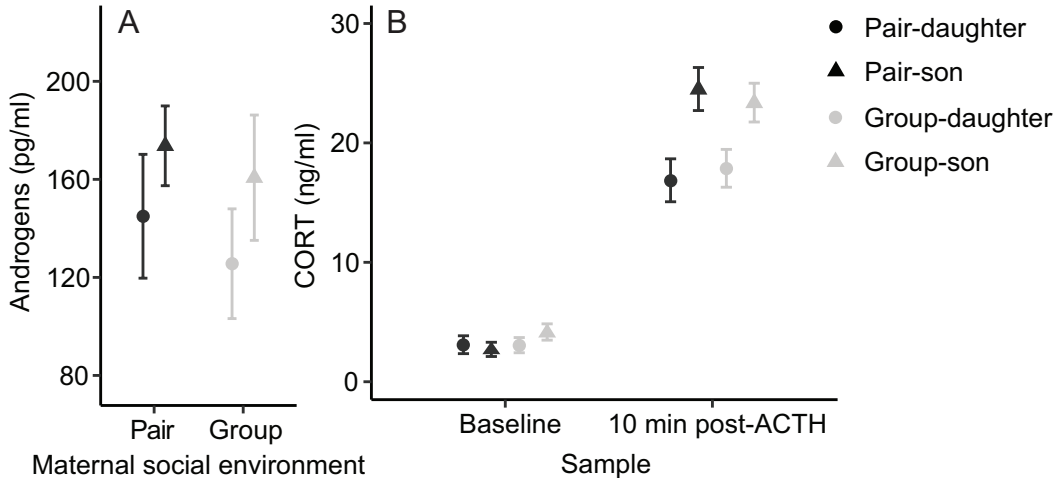
757 **Supplementary Data 2.** Supplementay tables, including summaries of all model outputs.

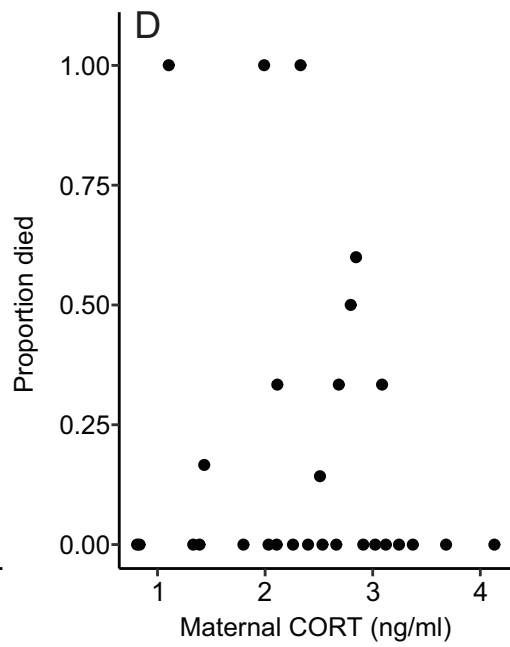
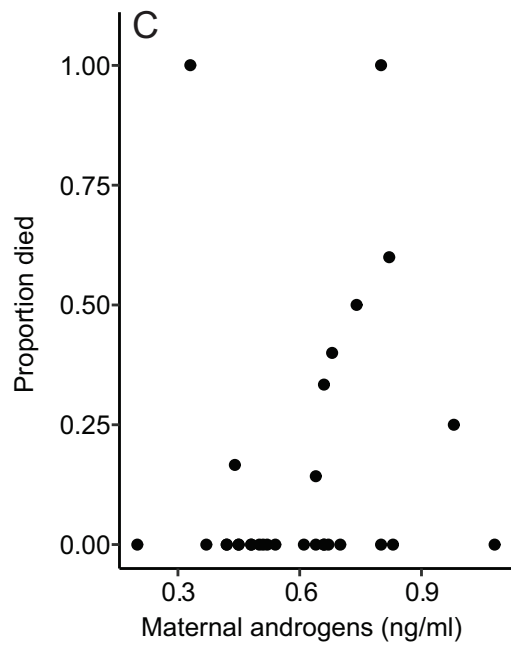
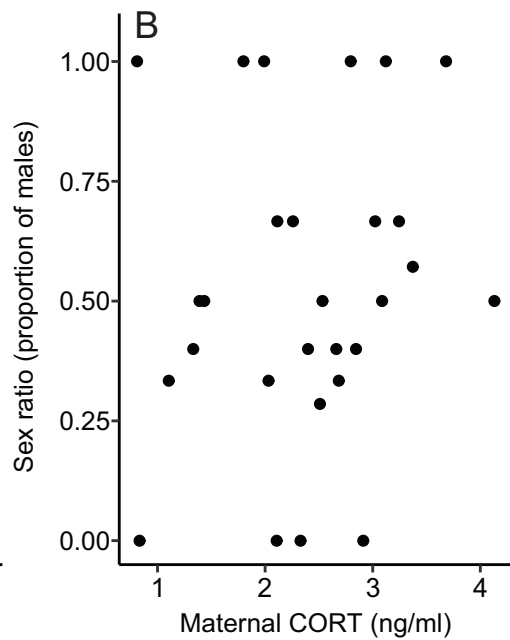
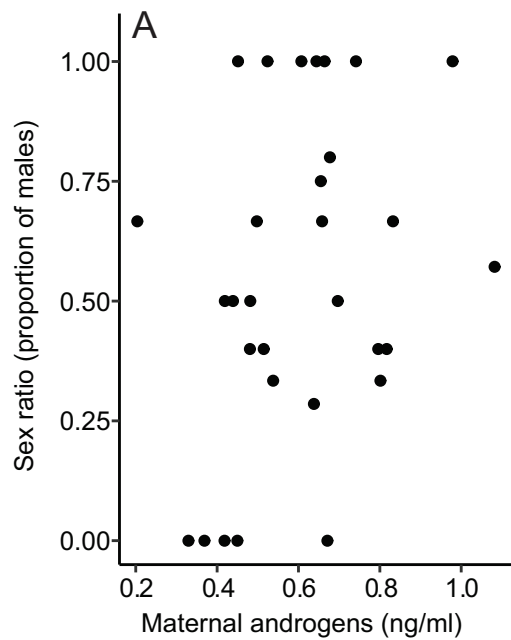












Supplementary table 1. Sex ratio deviations from parity at the embryonic stage (primary sex ratio), at hatching and at day 23.

Stage	Pair-housed mothers			Group-housed mothers		
	Intercept ± SE	z	p	Intercept ± SE	z	p
Primary	0.04 ± 0.20	0.20	0.84	-0.06 ± 0.19	-0.29	0.77
Hatch	0.19 ± 0.25	0.75	0.45	0.03 ± 0.24	0.12	0.90
Day 23	0.003 ± 0.29	0.01	0.99	0.00 ± 0.27	0.00	1.00

Supplementary table 2. Observed and expected variance in sex ratios at the embryonic stage (primary sex ratio), at hatching and at day 23.

Stage	Observed variance	Median expected variance (95% CI)
Primary	0.05	0.04 (0.02 - 0.07)
Hatch	0.10	0.10 (0.08 - 0.13)
Day 23	0.12	0.10 (0.08 - 0.14)

Supplementary table 3. Generalized linear mixed model of effects of the maternal social environment on primary sex ratio.

Fixed effects:						
	Estimate	SE	χ^2	df	p	
Intercept	0.042	0.204				
Maternal social environment	-0.097	0.280	0.12	1	0.73	
Random effects:						
	Variance	Std.Dev.				
Maternal cage	0 ^a	0 ^a				

Estimates are given on the logit scale. Maternal pair-housing is coded as 0, maternal group-housing is coded as 1. Maternal ID is not included because parentage was not assigned for embryos.

^a variance parameters estimated as zero in the model

Supplementary table 4. Generalized linear mixed model of effects of the maternal social environment on sex ratio at hatching.

Fixed effects:						
	Estimate	SE	χ^2	df	p	
(Intercept)	0.188	0.251				
Maternal social environment	-0.158	0.350	0.20	1	0.65	
Random effects:						
	Variance	Std.Dev.				
Maternal cage : maternal ID ^a	0 ^b	0 ^b				
Maternal cage	0 ^b	0 ^b				

Estimates are given on the logit scale. Maternal pair-housing is coded as 0, maternal group-housing is coded as 1.

^a maternal ID nested within maternal cage

^b variance parameters estimated as zero in the model

Supplementary table 5. Generalized linear mixed model of effects of the maternal social environment on sex ratio at day 23.

Fixed effects:					
	Estimate	SE	χ^2	df	p
(Intercept)	-0.003	0.333			
Maternal social environment	-0.006	0.478	< 0.01	1	0.99
Random effects:					
	Variance	Std.Dev.			
Maternal cage : maternal ID ^a	1.33×10^{-10}	1.15×10^{-5}			
Maternal cage	0.024	0.156			
Offspring cage	0.344	0.587			

Estimates are given on the logit scale. Maternal pair-housing is coded as 0, maternal group-housing is coded as 1.

^a maternal ID nested within maternal cage

Supplementary table 6. Generalized linear mixed model of effects of maternal baseline plasma androgens on sex ratio at hatching

Fixed effects:					
	Estimate	SE	χ^2	df	p
(Intercept)	-0.551	0.661			
Maternal androgens (ng/ml)	1.228	1.007	1.53	1	0.22
Random effects:					
	Variance	Std.Dev.			
Maternal cage : maternal ID ^a	0 ^b	0 ^b			
Maternal cage	0 ^b	0 ^b			

Estimates are given on the logit scale.

^a maternal ID nested within maternal cage

^b variance parameters estimated as zero in the model

Supplementary table 7. Generalized linear mixed model of effects of maternal baseline plasma CORT on sex ratio at hatching

Fixed effects:					
	Estimate	SE	χ^2	df	p
(Intercept)	-0.349	0.650			
Maternal CORT (ng/ml)	0.155	0.259	0.36	1	0.55
Random effects:					
	Variance	Std.Dev.			
Maternal cage : maternal ID ^a	0 ^b	0 ^b			
Maternal cage	0 ^b	0 ^b			

Estimates are given on the logit scale.

^a maternal ID nested within maternal cage

^b variance parameters estimated as zero in the model

Supplementary table 8. Generalized linear mixed model of effects of the maternal social environment on offspring mortality

Fixed effects:					
	Estimate	SE	χ^2	df	p
(Intercept)	-3.887	1.444			
Offspring sex * maternal social environment ^a	-1.994	1.579	1.80	1	0.18
Offspring sex	1.494	0.808	4.48	1	0.03
Maternal social environment	0.487	1.119	0.20	1	0.66
Random effects:					
	Variance	Std.Dev.			
Maternal cage : maternal ID ^b	5.752	2.398			
Maternal cage	$4.26 * 10^{-10}$	$2.06 * 10^{-5}$			

Estimates are given on the logit scale. Maternal pair-housing is coded as 0, maternal group-housing is coded as 1. Female offspring are coded as 0, male offspring are coded as 1.

^a estimates and statistics are from the last model that still included the interaction.

^b maternal ID nested within maternal cage

Supplementary table 9. Generalized linear mixed model of effects of maternal baseline plasma androgens on offspring mortality

Fixed effects:					
	Estimate	SE	χ^2	df	p
(Intercept)	-5.162	2.252			
Maternal androgens (ng/ml)	3.517	2.955	1.46	1	0.23
Random effects:					
	Variance	Std.Dev.			
Maternal cage : maternal ID ^a	3.708	1.926			
Maternal cage	$3.27 * 10^{-10}$	$1.81 * 10^{-5}$			

Estimates are given on the logit scale.

^a maternal ID nested within maternal cage

Supplementary table 10. Generalized linear mixed model of effects of maternal baseline plasma CORT on offspring mortality

Fixed effects:					
	Estimate	SE	χ^2	df	p
(Intercept)	-1.224	1.710			
Maternal CORT (ng/ml)	-0.549	0.690	0.65	1	0.42
Random effects:					
	Variance	Std.Dev.			
Maternal cage : maternal ID ^a	2.780	1.668			
Maternal cage	0.522	0.722			

Estimates are given on the logit scale.

^a maternal ID nested within maternal cage

Supplementary table 11. General linear mixed model of effects of the maternal social environment on egg mass

Fixed effects					
	Estimate	SE	χ^2	df	p
(Intercept)	10.612	0.176			
Offspring sex * Maternal social environment ^a	-0.021	0.148	0.02	1	0.89
Offspring sex	-0.037	0.074	0.25	1	0.62
Maternal social environment	-0.137	0.259	0.27	1	0.60
Random effects					
	Variance	Std.Dev.			
Maternal cage : maternal ID ^b	0.295	0.543			
Maternal cage	0.156	0.395			
Residual	0.138	0.371			

Estimates are given on the original scale. Maternal pair-housing is coded as 0, maternal group-housing is coded as 1. Female offspring are coded as 0, male offspring are coded as 1.

^a estimates and statistics are from the last model that still included the interaction.

^b maternal ID nested within maternal cage

Supplementary table 12. General linear mixed model of effects of the maternal social environment on offspring growth

Fixed effects						
	Estimate	SE	χ^2	df	p	
(Intercept)	1.983	0.022				
Day9 * Maternal social environment * Offspring sex ^a	-0.098	0.047	4.63	2	0.10	
Day19 * Maternal social environment * Offspring sex ^a	-0.025	0.047				
Maternal social environment * Offspring sex ^a	0.001	0.033	< 0.01	1	0.97	
Day9 * Maternal social environment ^a	-0.003	0.024	0.49	2	0.78	
Day19 * Maternal social environment ^a	0.013	0.024				
Day9 * Offspring sex ^a	-0.003	0.024	1.43	2	0.49	
Day19 * Offspring sex ^a	-0.026	0.024				
Day9	1.262	0.012	1531.30	2	< 0.001	
Day19	2.336	0.012				
Maternal social environment	-0.011	0.027	0.17	1	0.68	
Offspring sex	-0.021	0.016	1.64	1	0.20	
Random effects						
	Variance	Std.Dev.				
Maternal cage : maternal ID : F1 ID ^b	0.002	0.045				
Maternal cage : maternal ID ^c	0.004	0.065				
Maternal cage	0 ^e	0 ^e				
Offspring cage : F1 ID ^d	0.002	0.045				
Offspring cage	5.03*10 ⁻¹⁹	7.09*10 ⁻¹⁰				
Residual	0.008	0.091				

Estimates are given on the natural log scale. Maternal pair-housing is coded as 0, maternal group-housing is coded as 1. Female offspring are coded as 0, male offspring are coded as 1. Effects of Day 9 and Day 19 are estimated in relation to Day 0 (hatching).

^a estimates and statistics are from the last model that still included the interaction.

^b offspring ID nested within maternal ID nested within maternal cage

^c maternal ID nested within maternal cage

^d offspring ID nested within offspring cage

^e variance parameters estimated as zero in the model

Supplementary table 13. General linear mixed model of effects of the maternal social environment on offspring plasma androgens at hatching.

Fixed effects					
	Estimate	SE	χ^2	df	p
(Intercept)	143.092	20.962			
Maternal social environment * Offspring sex ^a	6.354	44.912	0.02	1	0.89
Maternal social environment	-16.253	22.925	0.45	1	0.50
Offspring sex	31.390	22.280	1.92	1	0.17
Random effects					
	Variance	Std.Dev.			
Maternal cage : maternal ID (or plasma pool) ^b	8.64×10^{-13}	9.30×10^{-7}			
Maternal cage	135.553	11.643			
Residual	4338.397	65.867			

Estimates are given on the original scale. Maternal pair-housing is coded as 0, maternal group-housing is coded as 1. Female offspring are coded as 0, male offspring are coded as 1.

^a estimates and statistics are from the last model that still included the interaction.

^b maternal ID (or plasma pool) nested within maternal cage

Supplementary table 14. General linear mixed model of effects of the maternal social environment on offspring CORT in the ACTH challenge

Fixed effects						
	Estimate	SE	χ^2	df	p	
(Intercept)	1.204	0.226				
Time of day ^a	-1.594	1.269	1.49	1	0.22	
Sample * Maternal social environment * Offspring sex ^a	-0.787	0.483	2.62	1	0.11	
Maternal social environment * Offspring sex ^a	-0.058	0.263	0.05	1	0.83	
Maternal social environment * time until first sample ^a	0.001	0.002	0.19	1	0.66	
Sample * Maternal social environment ^a	-0.184	0.242	0.58	1	0.45	
Sample	2.379	0.183				
Maternal social environment	0.088	0.153	0.33	1	0.57	
Offspring sex	0.065	0.176				
Time until first sample	0.003	0.001	8.34	1	< 0.01	
Sample * Offspring sex	0.654	0.242	7.11	1	< 0.01	
Random effects						
	Variance	Std.Dev.				
Maternal cage : maternal ID : F1 ID ^b	0 ^e	0 ^e				
Maternal cage : maternal ID ^c	0.056	0.236				
Maternal cage	0 ^e	0 ^e				
Offspring cage : F1 ID ^d	0 ^e	0 ^e				
Offspring cage	0 ^e	0 ^e				
Residual	0.603	0.777				
Split by sample:						
Baseline						
Fixed effects						
	Estimate	SE	χ^2	df	p	
(Intercept)	0.600	0.150				
Maternal social environment	0.132	0.107	1.47	1	0.23	
Offspring sex	-0.015	0.095	0.02	1	0.89	
Time until first sample	0.007	0.001	54.54	1	< 0.001	
Random effects						
	Variance	Std.Dev.				
Maternal cage : maternal ID ^c	0.014	0.118				
Maternal cage	0 ^e	0 ^e				
Offspring cage	0.005	0.069				
Residual	0.169	0.411				
Response						
Fixed effects						
	Estimate	SE	χ^2	df	p	
(Intercept)	4.049	0.355				
Maternal social environment	2.88×10^{-5}	0.348	< 0.01	1	0.99	
Offspring sex	0.912	0.210	16.33	1	< 0.001	
Time until first sample	-3.19×10^{-4}	0.002	0.03	1	0.86	

Random effects		
	Variance	Std.Dev.
Maternal cage : maternal ID ^c	0 ^e	0 ^e
Maternal cage	0.362	0.601
Offspring cage	0.043	0.206
Residual	0.674	0.821

Split by sex:

Males

Fixed effects					
	Estimate	SE	χ^2	df	p
(Intercept)	1.390	0.269			
Sample	3.034	0.155	146.79	1	< 0.001
Maternal social environment	0.059	0.192	0.10	1	0.76
Time until first sample	0.003	0.001	3.25	1	0.07

Random effects		
	Variance	Std.Dev.
Maternal cage : maternal ID : F1 ID ^b	0 ^e	0 ^e
Maternal cage : maternal ID ^c	0.069	0.263
Maternal cage	0 ^e	0 ^e
Offspring cage : F1 ID ^d	2.60×10^{-15}	5.10×10^{-8}
Offspring cage	5.75×10^{-16}	2.40×10^{-8}
Residual	0.580	0.761

Females

Fixed effects					
	Estimate	SE	χ^2	df	p
(Intercept)	0.995	0.330			
Sample	2.385	0.169	86.44	1	< 0.001
Maternal social environment	0.119	0.282	0.18	1	0.68
Time until first sample	0.005	0.002	6.41	1	0.011

Random effects		
	Variance	Std.Dev.
Maternal cage : maternal ID : F1 ID ^b	0 ^e	0 ^e
Maternal cage : maternal ID ^c	0 ^e	0 ^e
Maternal cage	0.182	0.427
Offspring cage : F1 ID ^d	0 ^e	0 ^e
Offspring cage	0 ^e	0 ^e
Residual	0.513	0.716

Estimates are given on the square root scale. Maternal pair-housing is coded as 0, maternal group-housing is coded as 1. Female offspring are coded as 0, male offspring are coded as 1. The baseline sample in the ACTH challenge is coded as 1, the post-ACTH sample is coded as 2.

^a estimates and statistics are from the last model that still included the variable or interaction.

^b offspring ID nested within maternal ID nested within maternal cage

^c maternal ID nested within maternal cage

^d offspring ID nested within offspring cage

^e variance parameters estimated as zero in the model