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# Rheological behavior of thermoreversible $\kappa$ -carrageenan/nanosilica gels

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#### Abstract

The rheological behavior of silica/ $\kappa$ -carrageenan nanocomposites has been investigated as a function of silica particle size and load. The addition of silica nanoparticles was observed to invariably impair the gelation process, as viewed by the reduction of gel strength and decrease of gelation and melting temperatures. This weakening effect is seen, for the lowest particle size, to become slightly more marked as silica concentration (or load) is increased and at the lowest load as particle size is increased. These results suggest that, under these conditions, the particles act as physical barriers to polysaccharide chain aggregation and, hence, gelation. However, for larger particle sizes and higher loads, gel strength does not weaken with size or concentration but, rather, becomes relatively stronger for intermediate particles sizes, or remains unchanged for the largest particles, as a function of load. This indicates that larger particles in higher number do not seem to increasingly disrupt the gel, as expected, but rather promote the formation of stable gel network of intermediate strength. The possibility of this being caused by the larger negative surface charge found for the larger particles is discussed. This may impede further approximation of neighboring particles thus leaving enough inter-particle space for gel formation, taking advantage of a high local polysaccharide concentration due to the higher total space occupied by large particles at higher loads. © 2008 Elsevier Inc. All rights reserved.

Keywords: Carrageenan; Silica; Rheology thermoreversible gel; Gel transition; Nanocomposite

### 1. Introduction

The interest in the use of biopolymers combined with nanosized silica to produce materials for biotechnological processes has long been recognized [1,2]. For example, biopolymer/silica nanocomposites are of interest for advanced biomedical materials such as tissue engineering, cell encapsulation and in the production of biosensors and bioreactors [3]. Also, following the sequence of recent studies of the role of biomolecules on silica polymerization taking place in several micro-organisms, biomimetic approaches to silica based hybrid materials have been carried out [4,5]. A wide variety of biopolymers, including gelatin, alginates, cellulose derivatives [1-3,6-8] and carrageenans [9,10] have been employed to produce biopolymer/silica nanocomposites. Carrageenans are water soluble and obtained from several species of marine red

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algae. These polysaccharides form gels and are widely used as gelling agents in the food and pharmaceutical industries [11].  $\kappa$ -carrageenan (Fig. 1a) bears one sulphate group per disaccharide unit and presents the best gelation properties, within the carrageenan family. It is well known that the gelation mechanism of  $\kappa$ -carrageenan involves a coil to helix conformational transition, a necessary condition for gelation, followed by helix aggregation to form an infinite three-dimensional network [11,12] (Fig. 1b). The process is induced by cooling and promoted by monovalent cations such as potassium. The gelling temperature  $T_{\rm G}$  usually increases for higher concentrations of biopolymer and of counterion.

In recent work reporting the preparation of  $\kappa$ -carrageenan/ silica nanocomposites, a sol-gel technique was used to generate nanoparticles of amorphous silica within the polymer matrix [9,10]. It was observed that the silica generated *in situ* reinforces the polysaccharide gel structure, which acts as a template for the biomineralization of silica. The formation of hydrogen bonds between the silica and the hydroxyl groups of the polysaccharide was advanced as an explanation for the

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Fig. 1. (a) The structural disaccharide unit of  $\kappa$ -carrageenan and (b) a schematic representation of the  $\kappa$ -carrageenan gelation mechanism: (i) random coil conformation, (ii) helix conformation, (iii) aggregation of helices (adapted from Ref. [13]).

observed silica templating effect and the enhancement of the viscoelastic properties of the hybrid materials [10].

Alternatively to in situ synthesis, biopolymer/silica composites can also be prepared by simply dispersing morphologically well-defined SiO<sub>2</sub> particles in the polymeric matrix. However, despite the numerous studies devoted to biopolymer/SiO<sub>2</sub> nanocomposites, little is known about the interaction between the biopolymer backbone and such SiO<sub>2</sub> fillers and their influence on the final properties of the nanocomposites. Two recent studies of biopolymer composites have reported opposite effects arising from the addition of nanosized inorganic fillers to the biopolymer matrix [8,14]. One study reports that addition of nanosized  $ZrO_2$  to  $\kappa$ -carrageenan gels enhances viscoelastic properties with an increase of the elastic modulus by at least 2 orders of magnitude [14] and, in a second study, the addition of silicate to gelatin produces a weakening effect of the gel structure due to the formation of a precipitate that reduces gelatin concentration and, hence, decreases the strength of the gel formed [8].

The present work aims at understanding the effect of nanosized silica fillers on the gelation properties of  $\kappa$ -carrageenan, with particular interest in the effects of silica load and particle size. This should, not only aid in understanding  $\kappa$ -carrageenanbased systems, but also other biopolymer/nanoparticle systems based on structurally similar polysaccharides e.g. agarose or furcellaran [11,15].

# 2. Experimental

# 2.1. Materials

Tetra-ethyl ortosilicate (TEOS) (98%, Aldrich), ammonia (25%, Merck), ethanol (Riedel-de Haën) and  $\kappa$ -carrageenan (Fluka Chemie, MW 300,000) were purchased and used as received.

### 2.2. Synthesis of silica nanoparticles

The synthesis of amorphous SiO<sub>2</sub> nanoparticles was performed following the Stöber method [16] consisting of the Table 1

The average particle diameter (*d*) determined by SEM and DLS, the average specific area measured by BET ( $a_{BET}$ ) and the geometric specific surface area (*a*) calculated using the SEM diameter

Silica samples	$d_{\text{SEM}} \pm \sigma$ (nm)	$d_{\rm DLS} \pm \sigma$ (nm)	$a_{\rm BET}$ (m <sup>2</sup> /g)	a (m <sup>2</sup> /g)
SiO <sub>2</sub> -120	$118\pm13$	$134 \pm 11$	31.4	23.1
SiO <sub>2</sub> -440	$444 \pm 26$	$437 \pm 24$	14.2	6.14
SiO <sub>2</sub> -560	$563 \pm 35$	$547 \pm 29$	5.79	4.84
SiO <sub>2</sub> -860	$856\pm26$	$885\pm 64$	4.02	3.19

hydrolysis of TEOS in a homogeneous alcoholic medium and using ammonia as the catalyst. Four silica batches corresponding to distinct particle size distributions (Table 1) were prepared and will be designated hereafter by  $SiO_2$ -120,  $SiO_2$ -440,  $SiO_2$ -560 and  $SiO_2$ -860. The average size of the nanoparticles was controlled through the relative concentration of ammonium hydroxide, as described elsewhere [17].

### 2.3. Characterization of the nanoparticles

FT-IR analyses of silica nanoparticles were conducted using a Mattson 7000 spectrometer coupled to a horizontal attenuated total reflectance (ATR) cell, using 128 scans at a resolution of 4  $cm^{-1}$ . Particle morphology and particle size distribution were assessed by scanning electron microscopy (SEM). SEM was carried out using a FEG-SEM Hitachi S4100 microscope operating at 25 kV. For SEM analysis, an aliquot of a dilute particle suspension was allowed to air dry on glass slides and then were coated with evaporated carbon. For each sample, average particle size and standard deviation were determined by measuring the size of 50 particles in the SEM images. Hydrodynamic particle size was measured by Dynamic Light Scattering (DLS) and zeta potential was measured by electrophoretic light scattering, both using a Zetasizer Nanoseries instrument from Malvern Instruments. DLS was performed in stable suspensions diluted with ultrapure water (Type I, 18.2 MQ cm) at 25 °C and at a scattering angle of 90°. Samples for zeta potential were prepared at a constant SiO<sub>2</sub> concentration, in KCl 0.25 M to control ionic strength (conductivity of 35–36 mS/cm), and the pH was adjusted by adding appropriate volumes of stock solutions of HCl or KOH. Measurements were replicated four times and the average value was calculated, with an experimental error lower than 10%. The specific surface area of the silica particles was determined with nitrogen adsorption BET measurements performed with a Gemini Micromeritics instrument.

### 2.4. Rheological measurements

The rheological behavior of the gels was characterized via small amplitude oscillatory shear measurements using a Bohlin CVOHR 120 rheometer with parallel plate geometry (corrugated plate, 40 mm diameter, 1 mm gap). The nanocomposites were prepared by dispersing the silica in a 10 g/L  $\kappa$ -carrageenan solution under sonication, at approximately 50 °C, and their ionic strength was assessed by conductivity measurements (1.2–1.7 mS/cm). Composites with silica loads between



Fig. 2. SEM images of SiO<sub>2</sub> nanoparticles and respective particle size histograms: (a) SiO<sub>2</sub>-120, (b) SiO<sub>2</sub>-440, (c) SiO<sub>2</sub>-560 and (d) SiO<sub>2</sub>-860.

5 and 50 wt% (related to the biopolymer content) were prepared, all giving homogeneous samples, apparently precipitatefree. However, the possibility of some flocculation taking place, as usually noted for silica-based systems, may not be ruled out. Immediately after preparation, approximately 1.6 mL of the composite was transferred to the rheometer measuring system equilibrated at 40 °C. The exposed surface of the sample was covered with mineral oil to minimize solvent evaporation. The gelation was monitored by measuring both storage (G') and loss (G'') moduli as a function of temperature, from 40 to 20 °C at 1 °C/min, at a frequency of 2 rad/s. Gel curing at 20 °C was then followed for a period of 17 h under the same frequency and strain conditions. Finally, a frequency sweep test was done at 20 °C, from 0.1 to 100 rad/s, to assess the frequency dependence of the viscoelastic properties of the gel. The melting of the gel was monitored by measuring the viscoelastic moduli as a function of temperature from 20 to 50 °C, at 1 °C/min. Strain amplitude of 0.01, within the linear viscoelastic regime, was used in all measurements.

# 3. Results and discussion

# 3.1. Characterization of SiO<sub>2</sub> nanoparticles

As described above, small variations in the synthetic conditions allowed four batches of amorphous SiO<sub>2</sub> nanoparticles with different particle size distributions (Table 1) to be prepared. The typical vibrational bands of amorphous SiO<sub>2</sub> were easily identified for all batches by FT-IR (Fig. S1, supplementary information): the OH stretching band ( $\nu_{OH}$ ) at 3300 cm<sup>-1</sup>, the band centered at 1050 cm<sup>-1</sup> assigned to the Si–O–Si asymmetric stretching vibration and the band at 950 cm<sup>-1</sup>, due to the Si–OH stretching mode. In addition, Si–O–Si bending vibrations give rise to bands at 790, 550 and 440 cm<sup>-1</sup> [5,18]. No bands assignable to residual organic compounds were observed for any of the SiO<sub>2</sub> samples.

The SEM images and size histograms of the  $SiO_2$  batches prepared in this work are shown in Fig. 2. The former confirm the well-defined spherical morphology of  $SiO_2$  particles and the histograms show that narrow particle size distributions have been achieved for all powdered samples.

The average number-weighted diameter (d) and standard deviation ( $\sigma$ ) of the four batches of SiO<sub>2</sub> particles are shown in Table 1. Generally, there is good agreement between the d values measured by SEM and those measured by DLS, which shows that there is a good dispersion in aqueous media. The BET specific surface areas ( $a_{BET}$ ) of the SiO<sub>2</sub> particles, also listed in Table 1, were compared with the specific surface areas (a) calculated using SEM measurements, making use of the  $a = 6/(d \times \rho)$  relationship, where  $\rho$  is particle density (Table 1). This parameter was taken as 2.20 g/cm<sup>3</sup>, which is the generally accepted value of the density value of amorphous SiO<sub>2</sub> [19]. The BET specific surface areas were found to be consistently higher than the geometric specific surface area values which suggests the existence of some degree of roughness or porosity on the SiO<sub>2</sub> particle surfaces.

The zeta potential of the SiO<sub>2</sub> particles was measured as a function of solution pH (Fig. 3) for all batches, in order to measure particle charge under the experimental conditions employed. Although the ionic strength used for zeta potential measurements was different from the gel, the relative differences in the zeta potential with particle size are maintained (data not shown). The isoelectric point of colloidal silica was found to be in the range pH 3–4 so that, at higher pH's, the surface potential of SiO<sub>2</sub> particles becomes negative. In addition, at the pH of the  $\kappa$ -carrageenan solutions (pH 8.5–9.0),



Fig. 3. Influence of SiO<sub>2</sub> particle size on zeta potential as a function of the solution pH (electrolyte solution: 0.25 M KCl): SiO<sub>2</sub>-120 ( $\blacksquare$ ), SiO<sub>2</sub>-440 ( $\blacktriangle$ ), SiO<sub>2</sub>-560 ( $\bullet$ ) and SiO<sub>2</sub>-860 ( $\blacksquare$ ). The zone highlighted in grey corresponds to the pH range of the  $\kappa$ -carrageenan solutions used in this work.

the zeta potential of  $SiO_2$  particles is seen to depend on particle size (Fig. 3), becoming more negative as  $SiO_2$  particle size increases. This is somewhat unexpected since, assuming identical surface compositions for all batches, the average surface charge should be proportional to the surface area and, therefore, more negative for small particles. The results obtained may indicate that the surface of the silica particles may differ in composition which, together with some degree of surface porosity/roughness, may play an important role in determining surface charge and, hence, interaction with non-silica agents.

# 3.2. Effects of SiO<sub>2</sub> fillers on formation, curing and melting of $\kappa$ -carrageenan gels

Blends of  $\kappa$ -carrageenan with SiO<sub>2</sub> particles were prepared and their rheological behavior studied by small amplitude oscillatory shear measurements. This was carried out in three consecutive steps: (1) the initial gelation of the polysaccharide or blend induced by cooling, (2) the subsequent curing of the gel at 20 °C and characterization of the cured gel and (3) the melting of the gel.

### 3.2.1. Gelation

Fig. 4 illustrates the variation of both G' and G'' during gelation induced by cooling for  $\kappa$ -carrageenan alone (in black) and for the blend of  $\kappa$ -carrageenan/SiO<sub>2</sub>-120 with 30 wt% SiO<sub>2</sub> (in grey). The gelation process is characterized by a sharp increase of both storage and loss moduli [12]. The beginning of the process is dominated by the viscous behavior of the system (G'' > G') and the elastic behavior dominates after gelation (G' > G''). During gelation, the connectivity between the basic structural units of the polymer increases and the gradual development of the network structure induces, as expected, a progressive increase in storage modulus (G'). The curve obtained for the blend of  $\kappa$ -carrageenan/SiO<sub>2</sub>-120 with 30 wt%  $SiO_2$  (Fig. 4) shows that the gelation temperature decreases and, in the gel state, both viscoelastic moduli are lower in the composite than in pure carrageenan, similar observations having been noted for all the remaining blends. This indicates that the presence of silica particles impairs the development of the  $\kappa$ -carrageenan network.

The gelling temperatures  $(T_G)$  were registered for both pure carrageenan and blends, for comparison. The experimental



Fig. 4. Storage (G', —) and loss moduli (G'', ---) as a function of temperature for pure  $\kappa$ -carrageenan (black curves) and a  $\kappa$ -carrageenan/SiO<sub>2</sub>-120 blend (10 g/L  $\kappa$ -carrageenan) with 30 wt% SiO<sub>2</sub> (grey curves) during gelation.



Fig. 5. The effect of (a) SiO<sub>2</sub> loading on the gelation temperature ( $T_G$ ) of the composites (10 g/L  $\kappa$ -carrageenan) prepared with SiO<sub>2</sub>-120 ( $\Box$ ) and SiO<sub>2</sub>-860 ( $\blacksquare$ ) and (b) SiO<sub>2</sub> particle size on  $T_G$  for 5 ( $\blacksquare$ ), 30 ( $\blacktriangle$ ) and 50 ( $\bigcirc$ ) wt% SiO<sub>2</sub>.

detection of gelling (sol-gel transition) and melting (gel-sol transition) temperatures of this type of systems is not always straightforward and different criteria have been proposed [15,20]. Here,  $T_G$  was calculated as the onset temperature of the increasing ramp of the storage modulus (G'), under cooling conditions. Figs. 5a and 5b show that  $T_G$  decreases with the addition of SiO<sub>2</sub> particles, for the different particle sizes and loads investigated. Together with the decrease in viscoelastic moduli (and loss factor increases), this decrease in  $T_G$  indicates that a weaker gel structure is formed upon the addition of SiO<sub>2</sub> nanoparticles. A similar weakening effect of the structure of the gel has been reported for silicate/gelatin composites [8] and proposed to be caused by the formation of silica/gelatin precipitates. However, no formation of precipitates was noted in the samples studied here, with all SiO<sub>2</sub> filled  $\kappa$ -carrageenan samples producing homogeneous gels. A possible explanation for the weaker strength of the  $\kappa$ -carrageenan/SiO<sub>2</sub> nanocomposite gels is simply that the SiO<sub>2</sub> nanoparticles act as physical barriers towards the gelation process, either by impeding the formation of the helices and/or the formation of the helical aggregates (Fig. 1).

A closer study of the effects of particle size and load was carried out and Fig. 5a shows that, for SiO<sub>2</sub>-120 particles, there is a slight decrease in  $T_{\rm G}$ , whereas no changes are noted for the SiO<sub>2</sub>-860 particles. This decrease, however small, is consistent with the SiO<sub>2</sub> nanoparticles acting as steric barriers, pushing apart the polysaccharide helices and hindering their aggregation. This results in further cooling being necessary to promote chain aggregation and gelling. On this basis, a similar effect would also be expected for increasing loads of larger particles e.g. SiO<sub>2</sub>-860. The fact that this is not observed (Fig. 5a) suggests that an additional effect may be taking place, resulting in the strengthening of the gel at higher loads. This is again noted when the detailed  $T_{\rm G}$  dependence on particle size is considered (Fig. 5b). For a 5% load (squares),  $T_G$  decreases gradually up to particle sizes close to 600 nm, as expected if a physical hindrance effect prevails; however, an increase in  $T_{G}$  is then seen for SiO<sub>2</sub>-860 particles. For a 30% load (triangles), a  $T_{\rm G}$  increase is noted, starting at smaller particle sizes (SiO<sub>2</sub>-560). Considering the increase in particle negative charge with increasing size (Fig. 3), it may be suggested that it is the larger charge of the larger particles that competes with the effect of steric hindrance. The higher particle charge may have two possible effects on the system, one being the adsorption of a higher load of potassium ions at the particle surface, as noted before [21], which would leave less cations free to act as electrostatic stabilizers in the junction gels and, thus, resulting in a weaker gel. A second possible effect relates to the higher repulsion between larger particles which would impede their physical approximation even at higher loads. As particle load increases, the effect would not be an increasing disruption of the gel but rather an effect of higher local polysaccharide concentration in interparticle space, due to the increasing total space occupied by the silica at higher loads. The polysaccharide is thus squeezed into inter-particle space which is kept large enough due to strong inter-particle repulsion, for gelation to occur. The resulting system may be seen as a gel stabilized by large negative particles which occupy the network empty space pores. This stabilizing effect has been known to occur for starch gels, where starch granules [22] or added inorganic fillers [23] have a reinforcement effect of the amylase network.

We note that the weakening effect that arises from the addition of  $SiO_2$  nanoparticles could be also related to the adsorption of carrageenan chains onto silica surface, thus perturbing chain aggregation and reducing gelation temperature and gel strength. However, because both  $\kappa$ -carrageenan molecules and the SiO<sub>2</sub> surfaces are negatively charged, electrostatic repulsions should predominate and therefore the amount of carrageenan adsorbed onto the silica surface would be mini-



Fig. 6. The evolution of G' for  $\kappa$ -carrageenan ( $\Box$ ) and a  $\kappa$ -carrageenan/SiO<sub>2</sub>-120 blend (10 g/L  $\kappa$ -carrageenan) with 10 wt% SiO<sub>2</sub> ( $\blacktriangle$ ) during the 17 h curing period, at 20 °C.

mal and insufficient to justify the pronounced effects on gel strength. A similar explanation was pointed out in a previous work [24] to explain the low  $\kappa$ -carrageenan adsorption on a macroporous silica glass. In addition, regarding the critical overlap concentration for  $\kappa$ -carrageenan (ca. 0.08 wt%) [25], the polymer solutions are clearly in the semidilute regime and therefore a substantial degree of chain overlapping and entanglement between the  $\kappa$ -carrageenan chains before gelation is expected. Under this concentration regime, the entanglement between polymer chains would restrict the free motion of each chain thus delaying or even hindering any possible adsorption of the polymer on the particle surface.

# 3.2.2. Cured gels

Fig. 6 illustrates the variation of G' during the curing of the gels obtained for  $\kappa$ -carrageenan alone and for the  $\kappa$ -carrageenan/SiO<sub>2</sub>-120 (10 wt% SiO<sub>2</sub>) composite. For pure  $\kappa$ carrageenan, G' was of the order of 20 Pa immediately after the temperature reached 20 °C, after gelling, and increased up to 150 Pa, after 17 h at 20 °C. Upon addition of SiO<sub>2</sub>, initial G'values were lower but the curves followed similar trends. For none of the systems studied here did the storage modulus attain a constant value after 17 h. This non-equilibrium behavior during curing, for long periods of time, reflects the ongoing reorganization of the network and is common in many gelation processes, especially for physical gels [26].

In order to examine more closely the viscoelastic properties of the cured  $\kappa$ -carrageenan/SiO<sub>2</sub> gels, angular frequency sweep tests were performed after a curing period of 17 h. The mechanical spectra of  $\kappa$ -carrageenan/SiO<sub>2</sub> gels, prepared with different concentrations of the smallest and largest SiO<sub>2</sub> nanoparticles (SiO<sub>2</sub>-120 and SiO<sub>2</sub>-860, respectively), are depicted in Figs. 7a and 7b.

For pure  $\kappa$ -carrageenan, G' shows low frequency dependence which is indicative of a true gel-like structure. Upon addition of silica SiO<sub>2</sub>-120 (Fig. 7a), G' decreases and its dependence upon frequency increases, reflecting the formation of a less elastic network. This effect becomes slightly more marked as the silica load increases, although for 5 wt% G' was unexpectedly low with values similar to those obtained for 30 wt%. The overall tendency is consistent with the changes observed in  $T_G$  (Fig. 5a) and the slightly higher frequency de-



Fig. 7. The mechanical spectra (G') of the composites (10 g/L  $\kappa$ -carrageenan) at 20 °C: the effect of SiO<sub>2</sub> loading for composites prepared with (a) silica SiO<sub>2</sub>-120 and (b) SiO<sub>2</sub>-860 and the effect of SiO<sub>2</sub> particle size for (c) 5 wt% and (d) 50 wt% SiO<sub>2</sub>.

pendence of G', as the concentration of silica increases (even at low frequencies), is indicative of a weaker gel structure. As expected, in addition to the decrease in gel rigidity, a clear three-fold increase of tan  $\delta (= G''/G')$  was also observed upon silica addition (results not shown), indicating that the viscous character of the composite gels increases significantly due to the presence of silica nanoparticles, i.e. loss processes and the molecular rearrangements within the network are now more marked. A slight increase of tan  $\delta$  is seen at lower frequencies, for both pure polysaccharide and the composites, as expected for physically associating systems [27]. At higher frequencies, a sharp decrease in tan  $\delta$  is observed for both pure  $\kappa$ -carrageenan and the composites meaning that, at short solicitation times, the networks of the pure matrix and the composites respond similarly. The composites prepared with the largest particles (SiO<sub>2</sub>-860) (Fig. 7b) also show smaller G' and higher tan  $\delta$  (not shown) than the  $\kappa$ -carrageenan matrix but no significant dependence on load is noted. Again, this is consistent with the noted absence of  $T_{\rm G}$  variations for this sample (Fig. 5a).

In Figs. 7c and 7d, the effect of particle size on the storage modulus is shown for the two limiting concentrations. At 5 wt%, it is clear that the effect of particle size in the 100– 850 nm range is small, showing a slight tendency for G' to decrease and for tan  $\delta$  to increase (not shown), with increasing particle size. This is in agreement with a mechanism that considers silica particles as physical barriers to gel formation. On the other hand, at 50 wt%, G' (and tan  $\delta$ ) is virtually the same for the two extreme particle sizes. These results are in agreement with the suggestion that, for SiO<sub>2</sub>-860, the effect of stronger electrostatic repulsion between SiO<sub>2</sub> particles, with higher zeta potentials (Fig. 3), may overcome the effect of physical steric barriers.



Fig. 8. (a) Hysteresis loop for  $\kappa$ -carrageenan (open symbols) and a composite containing 30 wt% SiO<sub>2</sub>-120 (full symbols); (b) variation of the melting temperature ( $T_{\rm M}$ ) and hysteresis width (inset) with SiO<sub>2</sub> loading for composites prepared with silica SiO<sub>2</sub>-120 ( $\Box$ ) and SiO<sub>2</sub>-860 ( $\blacksquare$ ).

### 3.2.3. Melting

Fig. 8a illustrates the variation of G' during gelation and melting, for pure  $\kappa$ -carrageenan and  $\kappa$ -carrageenan/SiO<sub>2</sub>-120 (30 wt%). As for the gelling process, the addition of nanosized SiO<sub>2</sub> particles to  $\kappa$ -carrageenan results in lower melting (i.e. gel-to-sol transition) temperatures ( $T_{\rm M}$ ), compared to the pure biopolymer. The variation of  $T_{\rm M}$  with SiO<sub>2</sub> loading is shown in Fig. 8b, indicating that, for SiO<sub>2</sub>-120 (open squares),  $T_{\rm M}$  decreases gradually as the silica content increases. On the other hand, for  $SiO_2$ -860 (filled squares) the effect is independent of silica load.

Since the effect of SiO<sub>2</sub> addition on  $T_{\rm M}$  is more pronounced than that for  $T_{\rm G}$ , a change in the hysteresis magnitude (given as the difference between melting and gelling temperatures) is expected. For  $\kappa$ -carrageenan, a hysteresis loop of 11.6 °C was observed, consistent with information reported in the literature [11] (insert in Fig. 8b). Upon addition of SiO<sub>2</sub>, the hysteresis decreases due to the more marked  $T_{\rm M}$  decrease and, although a slight variation is noted as a function of load, for the smallest particles, the effect is again approximately constant for higher values of SiO<sub>2</sub>-860 load.

### 4. Conclusions

It was found that the addition of silica nanoparticles impairs the gelation of  $\kappa$ -carrageenan polysaccharide, as viewed by the reduction of viscoelastic moduli and decrease of gelling and melting temperatures.

The effect exerted by silica nanoparticles was seen to depend on silica load and particle size. For the lowest particle size and at the lowest load the particles apparently act as steric barriers to chain aggregation and hence make gelling more difficult. For larger particles and at higher loads a stabilizing effect is observed and a gel network with intermediate strength is obtained. The stronger inter-particle repulsion expected for larger particles and the local increase in polymer concentration in inter-particle spaces for high silica loads were proposed as possible explanations for this behavior.

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### Supplementary information

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