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## pH-responsive supramolecular polymer gel as an enteric elastomer for use in gastric devices

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#### Abstract

Devices resident in the stomach -- which are used for a variety of clinical applications including nutritional modulation for bariatrics, ingestible electronics for diagnosis and monitoring, and gastric retentive dosage forms for prolonged drug delivery -- typically incorporate elastic polymers to compress the devices during delivery through the esophagus and other narrow orifices in the digestive system. However, in the event of accidental device fracture or migration, the non-degradable nature of these materials risks intestinal obstruction. Here, we show that an elastic, pH-responsive supramolecular gel remains stable and elastic in the acidic environment of the stomach but can be dissolved in the neutral-pH environment of the small and large intestines. In a large

Author contributions

#### Additional information

#### **Competing financial interests**

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S.Z., R.S.L. and G.T. designed the material and experiments. S.Z. prepared the material and the device. S.Z., A.M.B., D.L.G., R.B., Y.-A.L.L., J.Z., V.A.M., C.C., L.D.N., D.J.M., L.G. and G.T. characterized the material, analyzed the data and wrote the paper. R.S.L. and G.T. supervised the research. All authors discussed the progress of research and reviewed the manuscript.

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animal model, prototype devices with these materials as the key component demonstrated prolonged gastric retention and safe passage. These enteric elastomers should increase the safety profile for a wide range of gastric retentive devices.

Interest in the development of gastric-resident and gastric-retentive devices has been increasing due to their broad applications including: bariatric interventions for nutritional modulation to address the global obesity epidemic, 1-3 ingestible electronics for real time physiological monitoring and improving patient health,<sup>4-7</sup> and daily dosage forms for prolonged oral drug deliveries.<sup>8-12</sup> To achieve prolonged retention in the gastric cavity without exiting through the pylorus (diameter ~ 1.3 cm), 13,14 gastric devices are often designed to expand to greater than 2 cm in diameter. At the same time, to ensure the safe delivery of large objects through the narrow esophagus (diameter 1.5-2 cm),<sup>15</sup> those gastric devices are often made of, at least in part, elastic polymers for compacting or folding whole devices into smaller configurations.<sup>16</sup> Unfortunately, due to the non-degradable or nondissociable nature of elastic polymers, those large-sized devices can cause complications, such as intestinal obstruction after migration of fractured components or even whole devices, requiring surgical intervention for removal.<sup>17-21</sup> These complications have been observed across a range of devices including ingestible electronic devices,<sup>18</sup> percutaneous feeding tubes<sup>19</sup> as well as intragastric balloons for weight loss.<sup>20,21</sup> In spite of the broad and increasing clinical utility of these devices, there is one striking omission in their functions a mechanism to prevent intestinal obstruction upon exiting the stomach and a significant need has been established for such materials given their potential application for extended retention systems.<sup>22</sup>

Given the significant pH difference between the gastric (pH 1-3) and intestinal (pH  $\sim 6.8$ ) environments, we envision a pH responsive elastomer that is stable in acidic condition but dissolvable in neutral or alkaline conditions may address this unmet clinical need. Enteric polymers have been previously developed and are generally used as coatings of oral pills and capsules to protect the active pharmaceutical ingredients from the high acidity in the gastric environment.<sup>23,24</sup> These materials share a common structure by having a large hydrophobic mojety and carboxyl groups for pH responsiveness. Existing enteric polymers are generally rigid and often brittle and therefore have not found utility in the application of gastric-retentive devices so far. Combining elastic and enteric properties remains a great challenge for material development. The recent advances in supramolecular polymer gels,<sup>25,26</sup> present many examples of materials with tunable mechanical properties and various environmental stimuli-responsiveness.<sup>27-31</sup> For instance, a family of supramolecular polymer gels that is loosely cross-linked by static interactions, and possesses good elasticity and stimuli-responsiveness to NaCl solution which in turn disrupts the charge-charge interactions has been described.<sup>32</sup>\_ENREF\_28 Though studies on supramolecular polymer gels and responsive polymers have enriched our knowledge towards polymeric materials, only a few applications taking advantage of their unique properties have been demonstrated.<sup>33,34</sup> We hypothesized that a supramolecular polymer gel, which is physically cross-linked by hydrogen bonds between carboxyl groups, could have good elasticity and also be enteric for the next generation gastric devices enabling dissolution of devices into components that can pass through the gastrointestinal tract.

Here we describe, to the best of our knowledge, the first material combining both elastic and enteric properties, allowing the construction of gastric devices with facile delivery, prolonged gastric retention, and an improved safety profile. The material is a unique supramolecular polymer gel with elastic properties in acidic environments and which dissolves in water under neutral conditions. Using this enteric elastomer (EE) as the key component, we built a variety of prototype gastric-resident devices, which showed prolonged gastric retention (2-7 days) after delivery via administration of an encapsulated device or endoscopic placement of the device in the stomach, with subsequent safe passage through the lower gastrointestinal tract upon dissociation in a large animal model. Although there have been extensive studies and commercial examples of gastric retentive devices since the 1970s,<sup>9,35</sup> this manuscript presents the first demonstration of both extremely prolonged gastric retention and safe gastrointestinal passage with the help of this innovative combination of elastic and enteric properties contained in one material.

#### Preparation of polymer gel as enteric elastomer (EE)

Fig. 1 depicts the proposed supramolecular network structure of the EE polymer gel. The EE consists of two synthetic macromolecules, poly(acryloyl-6-aminocaproic acid) (PA6ACA, Scheme S1) and poly(methacrylic acid-co-ethyl acrylate) (EUDRAGIT® L100-55). L100-55 is a pharmaceutical grade enteric polymer from Evonik Industries. PA6ACA, synthesized by a previously reported method,<sup>36</sup> is structurally similar to traditional enteric polymers (e.g. L 100-55, cellulose acetate succinate and hydroxyl propyl methyl cellulose phthalate). PA6ACA has side chains of sufficient length for the terminal carboxyl groups to be flexible and accessible allowing the formation of intermolecular hydrogen bonds as shown in Fig. 1a.<sup>36</sup> In the acidic environment when carboxyl groups are not deprotonated, inter-chain hydrogen bonds between carboxyl groups and amide units on PA6ACA and L100-55 provide a loosely cross-linked supramolecular network with water trapped inside that contributes to the elastic property of the materials. In neutral or alkali aqueous environments, the carboxyl groups are deprotonated, eliminating the inter-molecular hydrogen bonds, resulting in rapid dissolution.

EEs with various compositions and properties were synthesized by co-precipitation of a solution of PA6ACA sodium salt and L 100-55 sodium salt in polymer weight ratios of 1:0, 1:1, and 1:2 with the addition of 6 M HCl solution and compacting by ultracentrifugation (Fig. 1b, see Methods for details). The co-precipitation and ultracentrifugation process yielded macroscopically homogeneous materials with tough elastic properties and relatively low water contents (< 35%, measurement method in supporting information). Fig. 1c shows a typical piece of EE taken from the ultracentrifuge tube (PA6ACA:L100-55 1:2 shown here). EE could be easily cut into various shapes for the construction of devices or mechanical characterizations. In preliminary mechanical testing (PA6ACA:L100-55 1:2 as pictured in Fig. 1d), a cuboid-shape was pulled to three times its original length and fully recovered its shape 5 minutes after the external force was removed, demonstrating the desired elastic property without material fatigue.

#### Physical characterization of EE

To better understand the structure-property relationship of EEs with various PA6ACA to L100-55 ratios, we characterized the nanostructure, morphology, cytotoxicity, swelling, mechanical and enteric properties of these materials. At the molecular level, the hydrogenbonding network of EEs was characterized by using small angle X-ray scattering (SAXS) and infrared (IR) spectroscopy. The scattering profile of PA6ACA gel (red curve in Fig. 2a) presents four broad peaks. Two peaks were founds in the higher q-region corresponding to periodic distances of around 3.1 Å and 2.3 Å which were also found in pure water and thus can be attributed to hydrogen-bonding (defined as type IV) between H<sub>2</sub>O molecules in the gel.<sup>37</sup> The other two peaks in the lower q-region of SAXS profile represent two distinct periodic distances of 12.5 Å and 5.7 Å, which can be assigned to two co-existing hydrogenbonding configurations between PA6ACA molecules in the gel, the face-on configuration (type I) and the interleaved configuration (type III), respectively (Fig. 2b). The formation of the two PA6ACA hydrogen-bonding configurations was further supported by IR spectroscopy (Fig. S1).<sup>36</sup> When blending PA6ACA with L100-55 in the gel, a new peak appears in the intermediate q-region (6.3 Å) of SAXS profile, suggesting the formation of a new hydrogen-bonding configuration (type II, Fig. 2b) between PA6ACA and L100-55. Increasing the content of L100-55 in the polymer gels results in a relative increase in peak (II) with reduction of peaks (I) and (III) in the SAXS profiles. Scanning electron microscopy (SEM) was employed to study the microstructure of EEs. As revealed by SEM images of lyophilized gels (Fig. 2c) of three formulations of EE demonstrated porosity in the micrometer range with higher blending ratio of L100-55 correlating with decreasing pore size. The water content decreased from  $31.6\pm3.8\%$  in PA6ACA itself, to  $27.7\pm4.6\%$  in the EE with ratio 1:1, and to  $26.4 \pm 3.5\%$  in the EE with ratio 1:2, which is consistent with the SEM porosity findings.

We further tested the elastic and enteric properties, which are the two key functions of the EEs. The mechanical properties and the way in which these are influenced by the blending ratio of PA6ACA to L100-55 were studied using immersion tensile-stress tester in SGF at 37 °C. With increasing amount of L100-55, the Young's modulus and tensile strength increased, while the strain decreased from 1207% strain in pure PA6ACA and 1230% strain in the EE with the ratio 1:1 to 943% in the EE with the ratio 1:2 (Fig. 2d). The stress-strain test suggests that mechanical properties of EEs can be engineered by tuning the blending ratio of PA6ACA and L100-55. The pH-dependent dissolution properties of EEs were evaluated in simulated gastric fluid (SGF,  $pH = \sim 1.2$ ) and simulated intestinal fluid (SIF, pH = -6.8). As shown in Fig. 2e, all three formulations of EEs showed long-term stability in SGF without detectable mass loss over 4 days. In contrast, within the same period of time, all three EEs were nearly dissolved in SIF in a pseudo-zero order manner with similar dissolution rates. To further modulate the enteric properties of EEs, we synthesized a copolymer of N-acryloyl 6-aminocaproic acid (A6ACA) and the more hydrophobic monomer N-acryloyl 11-aminoundecanoic acid (A11AUA) creating P(A6ACA<sub>0.5</sub> $coA11AUA_{0.5}$ ) (Scheme S1,  $M_n = 82,300 - 170,600$ .  $M_w = 358,400 - 655,900$ ). This copolymer was blended with L100-55 at a weight ratio of 1:2 resulting in a material that completely dissolved in SIF in 18 days (Fig. S2). Therefore, modulating polymer gel

To evaluate the biocompatibility and biosafety of EEs, EE sodium salt forms were tested for their cytotoxicity towards multiple cell lines, including HeLa, HEK293 and the intestinal lines Caco-2 (C2BBe1 clone) and HT29-MTX-E12 (Fig. S3). No significant cytotoxicity was observed for all three formulations of EEs over a wide range of concentrations from 0.078 - 20 mg/mL at the end of a 72 h incubation period. The observed cytotoxicity at very high concentrations (LD<sub>50</sub> above 4.71 mg/mL) may be due to changes in pH or viscosity of cell culture medium after dissolving a large amount of high molecular weight polymer sodium salts. EEs were further evaluated for swelling behavior in several commonly ingested fluids including vegetable oil and ethanol. EEs did not swell and maintained their integrity in acidic aqueous solutions (pH 5.0), and in an acidic solution mixed with 10 wt % vegetable oil (see supporting information). PA6ACA was evaluated for its ability to absorb ethanol. PA6ACA did not swell noticeably in 10% ethanol (Fig. S4), supporting the compatibility of this family of materials with common components of diets.

#### Fabrication and testing of gastric retentive devices

As a step towards the goal of using EEs as key building blocks in gastric-retentive devices, we integrated EE and polycaprolactone (PCL) in prototype gastric-retentive devices. EE with PA6ACA/L100-55 1:2 weight ratio was selected for the fabrication and testing of gastric devices in the rest of this study due to its high tensile strength. For the structural component of the gastric devices we chose PCL, which is widely used as a biomaterial for implants and as a drug carrier due to its proven biocompatibility, excellent mechanical properties and ease in manufacturing.<sup>38,39</sup> Generally, we first used a 3D printer to generate positive molds for the generation of negative polydimethylsiloxane (PDMS) molds, then placed pieces of EE into the molds and melted PCL at 70 °C to interface PCL with the EE for the formation of the integrated EE-PCL device. To assess the strength and integrity of the joint interface between EE and PCL, we placed EE in the center of a dog-bone shaped device with PCL on both sides and deformed the dog-bone by 180° as well as linear extension until fracture. As shown in Fig. S5, the EE has a low enough Young's modulus to tolerate 180° bending. During fracture testing, the EE-to-PCL interfaces were intact, suggesting the stability of the interface and the feasibility of using PCL as a co-building block with EE for the fabrication of gastric resident devices.

To demonstrate the utility of elastic and enteric functions of EE in gastric devices, we fabricated and tested a ring composed of PCL arcs with intervening EE linkers (Fig. 3). The maximal diameter of a device enabling gastric retention by preventing passage through the pylorus has been previously established as a key parameter.  $^{40-42}$  Considering that the aperture diameter of the resting human pylorus is  $12.8 \pm 7.0$  mm,  $^{14}$  we prepared a gastric retentive device in a ring-shaped PDMS mold with outer diameter of 32 mm, inner diameter of 28 mm, width of 2 mm, and depth of 2 mm. EE was cut into cuboid sections with the dimensions 6 mm × 4 mm × 2 mm, fitted in the molds and then dried by vacuum. This was followed by PCL placement and melting (Fig. 3a). As shown in Fig. 3b, the resulting ring-shaped device can be encapsulated by bending the elastic components up to 180 degrees to

fit into a standard 000 gelatin capsule. To simulate deployment and retention in the stomach environment, the encapsulated circle-shaped device was placed in SGF at 37 °C. The deployed device escaped from the capsule and recovered its original shape within 8 min (Fig. 3c). The medium was changed to SIF and the EE linkers slowly swelled and dissolved. As a result, the ring-shaped device gradually disassembled within 12 hours (Fig. 3d). The elastic property of the EE enabled the encapsulation and restoration of the ring-shaped device following release from the capsule, while the enteric property allowed the dissociation of the device in SIF.

#### In vivo evaluation of gastric-resident devices in a large animal model

Having established in vitro the elastic and enteric properties imparted by the incorporation of the EE into prototypic devices, we next tested the *in vivo* application of gastric-retentive devices formed with EE, using a Yorkshire pig animal model. Yorkshire pigs weighing 45-55 kg have gastric and intestinal anatomy and dimensions similar to humans and have been previously used in evaluation of other gastrointestinal devices.<sup>43</sup> Ring-shaped devices as depicted in Fig. 3 were formed and encapsulated in 000 gelatin capsules with the addition of 1 mm stainless steel balls within the PCL arms for radiographic monitoring.<sup>12</sup> Under moderate sedation, the capsule was introduced through the esophagus under endoscopic visualization. The encapsulated ring-shaped device deployed and restored its baseline shape in the stomach within 15 min (Fig. 4a). Four individual experiments on four different pigs were performed demonstrating gastric retention of the device for 2-5 days (Fig. 4b and Fig. 4d). No intact devices were visualized outside of the stomach suggesting device breakage first occurred in the stomach. Loss of the intact device was visualized radiographically where the partial dissolution and/or rupture of one or two EE linkers was noted resulting in linearization of the closed structure enabling easier passage out of the stomach (Fig.  $S6)^{41}$ . Upon passage out of the stomach the dissolvable EEs disintegrated resulting in the small rigid elements capable of safe passage without evidence of intestinal obstruction (Fig. 4c and Fig. 4e). Throughout the experiments the animals were found to have normal eating and stooling patterns and did not display any signs of gastrointestinal obstruction either clinically or radiographically. Radiographic visualization for the experiments above was enabled by the inclusion of radio-opaque beads in the PCL segments of the devices. To evaluate the possibility that the stainless steel beads in the PCL arms contributed to gastric retention, four encapsulated ring-shaped devices without iron beads were deployed into two pigs (two capsules per animal). Endoscopic imaging was used to evaluate the devices in the gastric cavity at the time points of 0.5 hour, 2 days, 4 days and 7 days post deployment. All four rings were identified and were intact in the stomachs of the 2 animals after 0.5 hours, 2 and 4 days, while only one ring was identified after 7 days (Fig. S7). Gastric retention did not appear to be significantly affected by the elimination of the stainless steel beads which represented  $\sim 20\%$  of the total mass of the device.

The elastic function of the EE enabled the circle-shaped device to be folded into the standard 000 capsule for comfortable oral delivery and also enabled shape recovery for prolonged gastric retention, after dissolution of the capsule. The enteric function permitted the dissociation of the device into small pieces for safe passage through the lower gastrointestinal tract. This prototype device achieved extended gastric retention for 2-7 days,

when compared to the maximum of 1-2 days of gastric retention achieved by other reported gastric retentive devices delivered by capsules.<sup>9,35</sup>

Beyond the self-deployable gastric-retentive device delivered by capsules, we also explored exemplary gastric-resident devices for the endoscopic delivery and placement, including large devices composed similarly of PCL rigid segments linked together with EE and that formed the letters "M.I.T.". Those exemplary gastric-resident devices were constructed with EE and PCL embedded with iron beads by using M-, I-, and T-shaped PDMS molds. These shapes could be folded and delivered through the esophagus with endoscopic assistance. Radiographic images show elastic restoration of the M, I, and T-letter shapes in three pig stomachs (Fig. 5 b, c, e, f, h, i) right after delivery. Endoscopic images also confirmed gastric retention of all three letters, and found no obstruction caused by those devices (Fig. 5 d, g, j). All three M, I, and T-shaped devices were retained in the gastric cavity for 2-5 days before their fragmentation (Fig. S8). EEs can be used in the fabrication of a variety of gastric devices to prevent intestinal obstruction upon exiting the stomach. The incorporation of dissolvable EE linkers enables the development of devices with potentially significantly improved safety profiles by allowing for fragmentation of the device into segments that can easily pass through the gastrointestinal tract. As demonstrated by the M.I.T. experiment, devices of significant size can be safely deployed in the stomach and upon dissolution of the EEs pass safely through the gastrointestinal tract. The restriction on the size of gastric resident devices becomes the ability to deliver such a device to the gastrointestinal tract. In a conscious patient, the delivery of a device is limited by the size of the capsule or tablet that a patient is willing to swallow. Through endoscopic or minimally invasive access techniques, devices incorporating EEs could be introduced of nearly arbitrary size limited by the diameter of the esophagus (in humans ~2cm), but capable of safe fragmentation into small pieces.

#### Outlook

In summary, to the best of our knowledge, we have demonstrated the first supramolecular enteric and elastic polymer gel and showed a direct application in the construction of safe gastric retentive devices. The combination of elastic and enteric properties enhances the safety profile of such devices. We envision this material could change the design and radically improve the adoption novel gastric resident devices including those for weight control, ingestible electronics and prolonged drug delivery.

#### Methods

#### Materials

6-Aminocaproic acid, 11-aminoundecanoic acid, NaOH, hydrochloric acid (ACS reagent, 37%), NaCl, tetramethylethylenediamine, ammonium persulfate, polycaprolactone (PCL, average Mn 80,000) and KH2PO4 were used as received from Sigma-Aldrich Company (St. Louis, MO). Acryloyl chloride was purchaded from Sigma and vacuum distilled before using. Nanopure water (18 M $\Omega$ •cm) was acquired by means of a Milli-Q water filtration system, Millipore Corp. (St. Charles, MO). 1L of simulated gastric fluid (SGF, pH ~ 1.2) was made by dissolving 2 g NaCl and 8.3 mL concentrated HCl in water and adjusting to

1000 mL with water. 1L of simulated intestinal fluid (SGF, pH ~ 6.8) was made by dissolving 6.8 g KH2PO4 and 0.896 g NaOH in water and adjusting to 1000 mL with water.

#### Synthesis of PA6ACA sodium salt

To a nitrogen bubbled solution containing 10 g (54.1 mmol) A6ACA, 2.16 g (54.1 mmol) NaOH, and 6.3 mg (0.0541 mmol) tetramethylethylenediamine (TMEDA) dissolved in 400 mL nanopure water at 40 °C was added a solution of 62 mg (0.270 mmol) ammonium persulfate in 10 mL nanopure water. The reaction mixture was allowed to stir for 12 h for the polymerization. The polymer solution was transferred to dialysis tubes (MWCO 3500 Da) for dialysis for three days and lyophilized, obtaining a white solid powder with an average yield of 95 %. <sup>1</sup>H NMR (D<sub>2</sub>O, ppm):  $\delta$  3.15 (s, CONHCH2CH2), 2.20 (d, CH2CH2CH2COO-), 2.02 (b, CONHCH2CH2), 1.57 (s, CH2CH2CH2COO-), 1.55 (s, CONHCH2CH2), 1.33 (s, CH2CH2CH2COO-), 1.70-1.25 (b, CH2CHCO). <sup>13</sup>C NMR (D<sub>2</sub>O, ppm):  $\delta$  183.52, 176.13, 39.56, 37.42, 28.33, 28.26, 26.31, 25.51. *M<sub>n</sub>* = 61,600 – 112,700. *M<sub>w</sub>* = 347,300 - 466,300. IR: 3600 - 3000, 2911, 2843, 1638, 1536, 1395, 1302, 1210, 1165, 1099 cm-1. DSC: (Tg) = 94.2 °C.

#### Synthesis of P(A6ACA<sub>0.5</sub>-co-A11AUA<sub>0.5</sub>) sodium salt

To a nitrogen bubbled solution containing 10 g (39.2 mmol) A11AUA, 7.25 g (39.2 mmol) A6ACA, 3.14g (78.4 mmol) NaOH, and 9.1 mg (0.0784 mmol) tetramethylethylenediamine (TMEDA) in 700 mL nanopure water at 40 °C was added a solution of 89 mg (0.392 mmol) ammonium persulfate in 10 mL nanopure water. The reaction mixture was allowed to stir for 12 h for the polymerization. The polymer solution was transferred to dialysis tubes (MWCO 3500 Da) for dialysis for three days and lyophilized, obtaining a white solid powder with an average yield of 87 %. <sup>1</sup>H NMR (D<sub>2</sub>O, ppm): § 3.14 (s, CONHCH2CH2), 2.21 (s, CH2CH2CH2COO-), 1.99 (s, b, CONHCH2CH2), 1.59 (s, CH2CH2CH2COO-), 1.52 (s, CONHCH2CH2), 1.33 (s, CH2CH2CH2COO-), 1.70-1.25 (b, CH2CH2CH2CH2CH2CH2CH2CH2CH2COO-, CH2CHCO,). <sup>13</sup>C NMR (D<sub>2</sub>O, ppm): δ 183.57, 176.09, 39.58, 37.74, 37.54, 28.99, 28.29, 26.87, 26.33, 26.08, 25.85, 25.57.  $M_n =$ 82,300 - 170,600.  $M_w = 358,400 - 655,900$ . IR: 3500 - 3000, 2912, 2843, 1642, 1552, 1402, 1302, 1101 cm-1. DSC: (Tg) = 97.6 °C. 50:50 composition ratio of P(A6ACA<sub>0.5</sub>-co-A11AUA<sub>0.5</sub>) was the feeding ratio of the radical polymerization. 50:50 feeding ratio should be very close to the actual composition ratio of the resulting copolymer, based on the nearly quantitative conversion of two monomers after the polymerization.

#### Preparation of enteric elastic polymer gels with various compositions (a typical procedure)

To a well-mixed solution containing 1 g PA6ACA sodium salt, 0.853 g of poly(methacylic acid-co-ethyl acrylate) (EUDRAGIT<sup>®</sup> L 100-55) and 0.183 g NaOH dissolved in 45 mL nanopure water, a solution of 5 mL of 6 M HCl (diluted from ACS grade concentrated 37% HCl) was quickly added. The mixture was put on the vortex shaker for 5 min, then transferred into thick-wall centrifuge tubes (Beckman Coulter Inc.) and centrifuged in a Beckman Coulter Ultracentrifuge (Avanti<sup>®</sup> J-26 XP) using an SW 32 Ti rotor at 32,000 rpm for 2 h at 20 °C. The resulting enteric elastic polymer gels with PA6ACA/L100-55 ratio 1:1 were extracted from the bottom of the ultracentrifuge tube.

#### Nunclear Magnetic Resonance (NMR) Characterization

<sup>1</sup>H NMR and <sup>13</sup>C NMR spectra were recorded on VARIAN Mercury 300 NMR SPECTROMETER with an Oxford Instruments Ltd. superconducting magnet - A 300 MHz NMR spectrometer interfaced to a UNIX computer using VNMR 6.1c software. Chemical shifts were referenced to the solvent resonance signals.

#### Gel Permeation Chromatography

Aqueous gel permeation chromatography (GPC) was conducted on a Viscotek system (Malvern) equipped with an isocratic pump Viscoteck VE 1122 solvent delivery system, TDA 305 triple detector array, and 3x TSK Gel GMPWxL column with Guard column. The system was equilibrated at 30 °C in pre-filtered water containing 0.05 M NaNO<sub>3</sub> at the flow rate set to 1.00 mL/min). Polymer solutions were prepared at a concentration of ca. 1-3 mg/mL and an injection volume of 200  $\mu$ L was used. Data collection and analysis were performed with ChemStation for LC (Agilent) and OmniSEC v. 4,6,1,354 software (Malvern). The system was calibrated with poly(ethylene oxide) standards (Sigma) ranging from 400 to 511,000 Da ( $M_p$ ). The charged synthetic polymers in this manuscript may interact with the GPC column even when the salt eluent is used, therefore the GPC molecular weights based on uncharged PEO standards may be an underestimate.<sup>44</sup>

#### Infrared Spectroscopy (IR)

IR spectra were recorded on an ALPHA FT-IR Spectrometer (Bruker Corp.) and analyzed using OPUS v. 6,5,92 software.

Differential scanning calorimetry (DSC). Glass transition temperatures (Tg) were measured by differential scanning calorimetry on a PerkinElmer DSC 8000 (PerkinElmer, Inc.), with heating rate and cooling rate of 5 °C /min in the range of -50 °C and 150 °C under nitrogen atmosphere. Measurements were analyzed using Pyris v 11.0.0.0449 software. The Tg was taken as the midpoint of the inflection tangent, upon the third heating scan of three heating/ cooling cycles.

#### Water content measurement and SEM analysis

Three formulations were dried by lyophilization for 48 hours to measure their water content. The morphology of lyophilized polymer gels was analyzed by using a Zeiss Ultra55 field emission scanning electron microscope after being carbon coated.

#### Small-angle X-ray Scattering (SAXS)

SAXS experiments were conducted by DND-CAT of the Advanced Photon Source at Argonne National Laboratory. X-rays of wavelength  $\lambda$ =0.73Å were used and each measurement was performed at room temperature using three different sample-to-detector distances (0.2, 1.0, and 7.5 m) to cover an q-range of 0.0026 < q < 4.4 Å-1, where q = (4 $\pi$ / $\lambda$ ) sin( $\theta$ /2) is the magnitude of the scattering vector and  $\theta$  is the scattering angle. Our gel samples were prepared into a disk shape and fixed vertically to have the x-ray beam pass through the center of the wet samples. Samples were approximately 1.0mm thick and 3.0cm in diameter.

#### Immersion tensile testing

MTS Synergie 400 Tensile Test Machine equipped with a circulating and heating Bionix Mini Bath and an electronic temperature probe was used for the immersion tensile testing. For testing, EEs were cut in about 2 mm  $\times$  2 mm  $\times$  20 mm pieces, and held by wedge action grips, exposing 6-12 mm for the testing. SGF at 37 °C was added into the bath and EEs were allowed to equilibrate in SGF for 10 min before pulling. The stretch rate was set to 10 mm·min-1. EEs were submerged in SGF during the whole testing process until the fracture.

#### **Dissolution studies**

EEs were cut into  $\sim 1 \text{ cm}^3$  sized cubes and submerged in either 40 mL SGF or SIF in a 50 mL VWR centrifuge tube. 6 replicates for each time point and condition were incubated at 37 °C on a shaker plate at 250 rpm. The solutions were exchanged with fresh SGF or SIF every 12 hours. At each time point, cubes were lyophilized for 48 hours before weighing. The remaining mass percentage equals the ratio of remaining dried weight to initial dried weight.

#### Swelling tests

Pre-weighted EEs cubes (~1 cm<sup>3</sup>) were submerged in either 40 mL SGF blending with certain ratio of vegetable oil (10%) or ethanol (10 – 50%) in a 50 mL VWR centrifuge tube. 3 replicates for each solvent condition were incubated at 37 °C on a shaker plate at 250 rpm. After 24 hours, samples were weighted and compared with initial weights. For SGF with 10% vegetable oil, EE didn't gain detectable weight. For SGF with ethanol, swelling data is shown in Fig. S4.

#### Cytotoxicity study

PA6ACA sodium salt and L100-55 were dissolved in an aqueous NaOH solution. Subsequently the pH was adjusted to 7.0 using 1 M HCl. The final polymer solution was diluted with Dulbecco's Modified Eagle Medium (DMEM) (Life Technologies) to 100 mg/mL before testing. Cytotoxicity was tested on HeLa, HEK293, C2BBe1 (ATCC) and HT29-MTX-E12 cells (Public Health England) by seeding them in a 96-well plate at a density of  $6 \times 103$ ,  $16 \times 103$ ,  $16 \times 103$  and  $2 \times 104$  cells/well respectively. HeLa and HEK293 cells were cultured in 100 µL DMEM containing 1% non-essential amino acids, 10% fetal bovine serum (FBS) and 1% penicillin-streptomycin solution (Life Technologies) per well. C2BBe1 and HT29-MTX-E12 cells were cultured in the same medium but was additionally supplemented with 4 mg/mL human transferrin (Life Technologies). Cells were kept in culture for 3 days before replacing the medium, to which the dissolved aqueous polymer solutions were added (final concentrations of polymers ranged from 0.078 - 20 mg/mL). After 72 h, cytotoxicity was quantified by adding 10 µL alamarBlue reagent (Life Technologies) to each well. The contents were mixed well and then allowed to incubate at 37 °C for 1 h. Absorbance at 570 nm was recorded on an Infinite M200Pro (Tecan) using 600 nm as reference wavelength. A positive control was provided by lysing cells with 1% Tween-20 and cells that were not subject to any polymer provided a negative control. Cell viability was calculated by the following equation: Cell viability (%) =  $100 \times$ 

(Absorbance(sample)-Absorbance(positive control)) / (Absorbance(negative control)-Absorbance(positive control)).

#### Construction of gastric retentive devices bearing EE and polycaprolactone (PCL)

An Objet 3D printer using DurusWhite RGD430 build material and Support Fullcure 705 as support material was used to generate shapes as positive models. Negative molds were created by casting polydimethylsiloxane (PDMS) (SYLGARD® 184 SILICONE ELASTOMER KIT, Dow Corning) around positive models. EE (PA6ACA/L100-55 1:2 ratio) was cut into cubes or cuboids to fit into the PDMS molds and dried by vacuum. Beads of PCL (Sigma,  $M_n$  80k) were placed between EE pieces in the PDMS molds and melted at 70 °C for 12 hours before cooling to room temperature. Resulting devices bearing EE and PCL were submerged in SGF for 2 days to completely hydrate EE before devices were removed from the molds.

#### Pig Large animal model

All procedures were conducted in accordance with protocols approved by the Massachusetts Institute of Technology Committee on Animal Care. Six separate female Yorkshire pigs weighing approximately 45-55kg were used for in vivo evaluation. Prior to the procedures the animals were fasted overnight. On the day of the procedure, the morning feed was held and the animals were sedated with Telazol (tiletamine/zolazepam) 5mg/kg, xylazine 2 mg/kg, and atropine 0.04mg/kg. To ensure gastric placement of the devices the devices were placed in the stomach with the use of an esophageal overtube (US Endoscopy, Mentor, Ohio) which was placed endoscopically in the esophagus. Radiographs were performed every 48-72 hours to monitor the integrity and transit of the devices as well as any radiographic evidence of bowel obstruction or perforation. Furthermore all animals were monitored clinically at least twice a day for any evidence of obstruction including poor feeding, poor defecation, abdominal distension and vomiting. Where radio-opaque fiducials were omitted from prototype devices visualization was performed endoscopically.

#### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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#### Figure 1.

Schematic representation of the enteric elastomer including manufacturing and macroscopic characteristics. a, Proposed supramolecular polymer gel network. Structures in yellow, synthesized poly(acryloyl-6-aminocaproic acid) (PA6ACA,  $M_n = 61,600 - 112,700$ .  $M_w = 347,300 - 466,300$ ); structures in purple, linear poly(methacrylic acid-co-ethyl acrylate) (EUDRAGIT® L 100-55,  $M_n = 72,300$ .  $M_w = 241,000$ ); red part, inter-polymer hydrogen bonds. b, Manufacturing process of the polymer gel. Left, the homogeneous solution of PA6ACA sodium salt solution and L100-55 sodium salt solution with varying polymer weight ratios. Middle, the addition of HCl solution resulting precipitation. Right, formation of the elastic polymer gel after ultracentrifugation. c, Photo of a piece of the polymer gel with PA6ACA:L100-55 = 1:2. Top, 1.5 cm piece of polymer gel held between two clamps. Middle, stretching of the polymer gel to 3 times initial length. Bottom, recovery of polymer gel 5 min after the external force was removed. Scale bar is 2 cm for c and d.



#### Figure 2.

Physical characterization of the enteric elastomer. a, SAXS data of EEs identified three major hydrogen-bonding structures. b, The carboxyl groups on PA6ACA interacting with the opposing carboxyl groups on PA6ACA in a face-on configuration (I), the carboxyl groups within PA6ACA interacting with the carboxyl groups on L100-55 in a face-on configuration (I), and the carboxyl groups on PA6ACA interacting with amide groups of the opposing pendant side chain in an interleaved configuration (III). c, SEM images of dried polymer gels with various PA6ACA/L100-55 weight ratios (top 1:0, middle 1:1, bottom 1:2). Scale bars 50 µm. d, True stress-strain plots of polymer gels with PA6ACA/L100-55 weight ratios (top 1:0, middle 1:1, bottom 1:2) stretched to breaking at 10 mm·min<sup>-1</sup>. e, Dissolution study of polymer gels in simulated gastric fluid (SGF) and simulated intestinal fluid (SIF) showing complete dissolution of the polymer gels in SIF for about 4 days and no significant mass loss in SGF for the same period of time. EEs in ~ 1cm<sup>3</sup> size were incubated in SGF and SIF at 37 °C, and then lyophilized. The mass remaining percentage equals the ratio of remaining dried weights to initial dried weights. The vertical error bars correspond to the standard deviations of total 6 samples per formulation.



#### Figure 3.

Construction of a ring-shaped gastric retentive device and *in vitro* testing of its elasticity and enteric property. a, Construction of a circle composed of polycaprolactone (PCL) arcs with intervening EE polymer gel linkers by first fitting cubic polymer gels and PCL beads alternatively in a circle-shaped polydimethylsiloxane (PDMS) mold followed by melting PCL at 70 °C. b, Folding of the ring into a standard gelatin 000 capsule by utilizing the elasticity of the polymer gel. c, Escape from the capsule and recovery to the ring shape after dissolution of the gelatin capsule in SGF at 37 °C. d, Progressive dissolution of EE supramolecular polymer gel linkers in SIF at 37 °C for the dissociation of the circle-shaped device into PCL arcs by utilizing the enteric property of the polymer gel.



#### Figure 4.

*In vivo* evaluation of the ring-shaped devices in Yorkshire pigs. a, Recovery of the ring shape after delivery of an encapsulated ring-shaped device through the esophagus and dissolution of the gelatin capsule in stomach. b, Schematic representation of the delivery and gastric retention of a ring-shaped device. c, Schematic illustration of safe passage of PCL arcs through the small and large intestine upon dissociation of the ring-shaped device as the result of dissolution or partial dissolution of EE linkers. d, X-ray image of a ring-shaped device residing in the gastric cavity of a Yorkshire pig. e, X-ray image of four PCL arcs passing through the intestine after dissolution of the EE linker. For visualization purposes, 6-10 radio-opaque stainless steel beads (1mm diameter) were incorporated in every PCL arm. Total bead mass was ~200 mg, while the whole device (with iron beads) weight was ~1000 mg.



#### Figure 5.

In vivo evaluation of M- ( $30 \text{ mm} \times 30 \text{ mm} \times 4 \text{ mm}$ ), I- ( $30 \text{ mm} \times 18 \text{ mm} \times 4 \text{ mm}$ ), and T-shaped ( $30 \text{ mm} \times 18 \text{ mm} \times 4 \text{ mm}$ ) devices. A. X-ray image of M-, I-, and T-shaped devices made of EE as joints and PCL with embedded steel beads as X-ray contrast agent. B-D. X-ray images (b and c) and endoscopic image (d) showing gastric retention of M-shaped device. E-G. X-ray images (e and f) and endoscopic image (g) showing gastric retention of I-shaped device. H-J. X-ray images (h and i) and endoscopic image (i) showing gastric retention of T-shaped device.