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Kinetic Role of Carbon in Solid-State Synthesis of Zirconium Diboride using Nano-Laminates: Nanocalorimetry Experiments and First-Principles Calculations

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Reactive nano-laminates afford a promising route for the low-temperature synthesis of zirconium diboride, an ultrahigh-temperature ceramic with metallic properties. Although the addition of carbon is known to facilitate sintering of ZrB₂, its effect on the kinetics of the formation reaction has not been elucidated. We have employed a combined approach of nanocalorimetry and first-principles theoretical studies to investigate the kinetic role of carbon in the synthesis of ZrB₂ using B₄C/Zr reactive nano-laminates. Structural characterization of the laminates by XRD and TEM reveal that the reaction proceeds via inter-diffusion of the B₄C and Zr layers, which produces an amorphous Zr₃B₄C alloy. This amorphous alloy then crystallizes to form a super-saturated ZrB₂(C) compound. A kinetic analysis shows that carbon lowers the energy barriers for both inter-diffusion and crystallization by more than 20%. Energetic calculations based on first-principles modeling suggest that the reduction of the diffusion barrier may be attributed to the stronger bonding between Zr and C as compared to the bonding between Zr and B.

Keywords: zirconium diboride, carbon, reactive nano-laminate, nanocalorimetry, first-principles calculation

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Zirconium diboride (ZrB₂), a high-performance ceramic with metallic properties, exhibits a unique combination of physical, chemical, and structural properties, making it a material of interest for a broad range of applications. Examples include its use as a substrate for group III nitride semiconductors in optoelectronic devices¹⁻⁵, as support material for low-temperature fuel cells^{6, 7}, and as a hydrogen storage medium⁸. Difficulties associated with synthesis, however, have hindered broad adoption of the material – production of high-density ZrB₂ typically requires both extremely high temperature and pressure⁹ because of its high melting point and stability. Viable synthesis methods of ZrB₂ have been a topic of intense investigation for decades^{5, 9, 10}. Additives such as carbon have been shown to improve the processability of ZrB₂. It has been reported that carbon promotes removal of surface oxides in ZrB₂ powders and limits grain growth, thus enhancing its sinterability¹¹⁻¹⁴. The beneficial role of carbon in the formation of ZrB₂-based compounds, however, is not fully understood and few studies have been conducted at the nano- to atomistic scales¹³.

Recent experiments¹⁵ have demonstrated low-temperature synthesis of highly textured crystalline ZrB_2 coatings through use of reactive nano-laminates (RNLs) that consist of alternating layers of Zr and B. The synthesis is facilitated by the formation of an intermediate amorphous phase that allows fast transport of B^{15, 16}. The notion that the addition of carbon may further facilitate synthesis of ZrB₂ motivated us to investigate the phase evolution in reactive nano-laminates that contain Zr, B, and C. In this report, we combine nanocalorimetry and abilitio simulations to study the energetics and kinetics of phase evolution in Zr/B₄C RNLs.

We demonstrate that, as temperature increases, the crystalline Zr and amorphous B_4C layers of the RNLs intermix to form an amorphous compound. In a subsequent step, this amorphous compound crystallizes to form a textured ZrB_2 coating that is supersaturated with

carbon. A kinetics analysis of the nanocalorimetry results reveals that the activation energies of both diffusion and crystallization are reduced by more than 20% compared to the reaction in RNLs without carbon. Ab-initio calculations on α -Zr with a C atom at various interstitial sites reveal that Zr and C bond more strongly than Zr and B, thus facilitating inter-diffusion of B. The finding suggests that C doping may be an effective strategy to facilitate ZrB₂ synthesis.

The micromachined nanocalorimetry sensors used in this study have been described in detail elsewhere in the literature¹⁷⁻¹⁹; a brief description of the sensors and experimental details are provided in the methods section. RNLs consisting of alternating Zr and B₄C layers were sputter deposited directly onto the nanocalorimetry sensors as illustrated schematically in the inset of Figure 1a. The thickness of each layer was determined to ensure a stoichiometric composition: as-deposited samples had a 3:1 molar ratio of Zr:B₄C, to produce a 2:1 molar ratio of ZrB₂:ZrC after reaction. Figure 1 shows, as a function of temperature, the heat flow produced by Zr/B₄C nano-laminates with bilayer periods of (a) 5 nm and (b) 10 nm. In order to characterize the kinetics of the reaction, scanning rates were varied from 4,800 K/s to 56,600 K/s as indicated in the figures.



FIGURE 1. Heat flow vs. temperature for Zr/B_4C nano-laminates with bilayer periods of (a) 5 nm and (b) 10 nm measured using nanocalorimetry. Nanocalorimetry heating rates are indicated in the insets of the figures (c) XRD results for an as-deposited nano-laminate (bilayer period: 10nm), and for nano-laminates heated to 1110 and 1550 K (scanning rate: 8100 K/s). (d) Cross-sectional TEM micrographs for a nano-laminate heated to 1550K: (left) bright-field image with Fourier transform analyses for selected regions and (right) diffraction pattern.

The heat flow curves in Figure 1a, b clearly show that the reaction in the Zr/B_4C RNLs proceeds in two distinct stages, each represented by an exothermic peak. The stage that corresponds to the first exotherm starts around 400-500 K for all samples tested. This stage of the reaction is complete at temperatures below 1000 K for the samples with a 5 nm bilayer period, and below 1150 K for the samples with a 10 nm period. Faster heating rates and larger bilayer periods result in higher peak temperatures. The second stage is completed at

approximately 1400 K for the samples with a 5 nm bilayer period, and at 1550 K for the 10 nm samples. Again, faster heating rates and larger bilayer periods shift the peak temperatures to higher values, but the effect is less pronounced than for the first stage.

To determine the phase evolution of the RNLs during the two stages of the reaction, Xray diffraction (XRD) was performed on RNLs with a 10 nm bilayer period in the as-deposited state, heated to an intermediate temperature (1110 K) and guenched, and after completion of the second exothermic reaction (1550 K). As shown in Figure 1c, the as-deposited sample has a diffraction peak corresponding to crystalline Zr with a (0002) fiber texture (Powder Diffraction File #050665). No other reflections are identified, indicating that the as-deposited RNL consists of crystalline Zr and amorphous B₄C. The intermediate sample has a broad peak corresponding to an amorphous structure. This result implies that the first exothermic peak in the calorimetric signal is caused by the intermixing and amorphization of the Zr and B₄C layers in the laminate, explaining the shift to higher temperatures of the first calorimetry peak as the bilayer period, and thus the diffusion distance, increases. The sample heated to 1550 K has a strong diffraction peak corresponding to the (0002) ZrB₂ reflection (Powder Diffraction File #340423), and a very small peak caused by the (10-10) ZrB₂ or the (111) ZrC (Powder Diffraction File #350784) reflections - evidently, the second stage in the reaction corresponds to the crystallization of the amorphous phase to form a supersaturated, crystalline ZrB₂ phase, with possibly a small amount of ZrC. The XRD results suggest that the crystallographic texture of the ZrB₂ films is composed primarily of a (0002) fiber texture. Transmission electron microcopy (TEM) performed on the same sample confirms the XRD findings as shown in Figure 1d. This texture, together with the small crystallite size, suggests that the crystalline phase nucleates preferentially at the original interfaces of the RNLs¹⁵ or that remanent concentration gradients at these interfaces induce a

preferred nucleus orientation. These arguments are further supported by the observation that the peak crystallization temperature decreases with decreasing bilayer period, i.e., with increasing density of original interfaces.

The total reaction enthalpy is calculated by integrating the heat flow curves in Figures 1a and 1b with respect to time. The reaction enthalpy is independent of the heating rate, but varies with the bilayer period of the RNLs because of a small amount of intermixing that occurs during sputter-deposition of the nano-laminates: samples with a 5 nm period released $392 \pm 72 \mu$ J, while 10 nm period samples produced $784 \pm 117 \mu$ J, respectively 19.7 ± 3.6 and $39.5 \pm 5.9 \%$ of the theoretical enthalpy for the reaction of $3Zr + B_4C \rightarrow 2ZrB_2 + ZrC^{20}$. The enthalpies associated with the first stage of the reaction are 295 ± 55 and $727 \pm 93 \mu$ J, respectively. Given that the total thickness of the two sets of laminates is the same and that the total volume of initially intermixed material is two times larger for the samples with the 5 nm period than for the samples with the 10 nm period, the thickness of the intermixed layer can be estimated as approximately 1.9 nm per interface. This estimate is based on the assumption that the intermixed layers are fully intermixed, i.e., they release no enthalpy on heating other than during the crystallization process. After correcting for the presence of the intermixed layers, the enthalpy of formation of the amorphous phase is found to be $1160 \pm 190 \mu$ J, approximately 60% of the enthalpy of formation of pure crystalline ZrB₂ and ZrC in a 2:1 molar ratio.

The sequence of inter-diffusion and crystallization in the Zr/B_4C RNLs is similar to the sequence observed in RNLs that consist of alternating Zr and amorphous B¹⁵ layers. Thus we adopt the diffusion model developed for the Zr/B system to characterize the first exothermic reaction in the Zr/B₄C RNLs¹⁵. According to this model, there exists a simple relationship between the rate at which enthalpy is produced during the reaction and the rate of inter-diffusion:

 $(H + H_o)dH/dt$ at a given temperature is proportional to the diffusivity at that temperature. Here, *H* is the enthalpy released during the exothermic reaction and H_o is the enthalpy that corresponds to the initially mixed Zr/B₄C interface layers. Figure 2a shows graphs of ln(($H + H_o$)dH/dt) versus $1/k_BT$ over the temperature range of the first exotherm for several samples. The graphs are nearly linear and have a slope of 0.37 ± 0.08 eV, regardless of bilayer period or heating rate. This slope is the activation energy for the inter-diffusion process^{15, 21, 22}.



FIGURE 2. Kinetic analyses of the reactions in Zr/B_4C RNLs: (a) $ln((H + H_o)dH/dt)$ versus $1/k_BT$ over the temperature range of inter-diffusion between Zr and B_4C . (b) Kissinger analysis of the crystallization peaks of the nano-laminates with a 5 nm bi-layer period.

The kinetics of the crystallization step can be characterized using a Kissinger analysis²³ of the crystallization peak temperature, yielding an activation energy of 1.85 ± 0.34 eV (Figure

2b). This value is much larger than the activation energy for inter-diffusion, which is consistent with the observation that the crystallization peak temperature is less sensitive to the heating rate than the inter-diffusion peak (Figure 1). The activation energies for diffusion and crystallization obtained for the Zr/B₄C RNLs are approximately 20% smaller than the values for the Zr/B RNLs¹⁵. Since the nano-laminates were synthesized in high vacuum without any exposure to air, our results suggest that carbon enhances the formation of ZrB₂, not by the removal of surface/interfacial oxides as observed in the sintering of ZrB₂ powders¹¹⁻¹⁴, but by lowering the energy barriers associated with the formation reactions.

The formation of amorphous phases in both Zr/B₄C and Zr/B¹⁵ nano-laminates upon intermixing can be explained by the large differences in the atomic sizes of the constituent atoms (atomic radius of Zr, B, and C are 1.62 Å, 0.90 Å, and 0.77 Å, respectively²⁴), the low solubility of B and C in Zr, and the steep concentration gradients at the interfaces of the RNLs, which suppress nucleation of the crystalline phase²⁵⁻²⁹. However, the lower activation energies for inter-diffusion and crystallization in the Zr/B₄C system compared to the Zr/B system are somewhat surprising because the addition of more elements to a compound typically enhances its glass forming ability and lowers the diffusivity of its constituent atoms^{26, 30-32}.

In order to gain a better understanding of the mechanism responsible for lowering the activation energies for inter-diffusion and crystallization, we have performed first-principles calculations on α -Zr (P6₃/mmc, a = b = 3.23 Å, and c = 5.17 Å^{33, 34}) containing C atoms at various interstitial sites. We only consider stable or metastable sites where the C atom is stabilized at the initial interstitial position upon energetic relaxation¹⁶. These sites include the octahedral site (Oct), the crowdion site (Cd), the basal bond center site (Bc), the hexagonal site (Hex), and the plane center (Pc) site. Positions and local environments of the sites are depicted in

Figure 3. We also consider the substitutional site (Sub) as a reference. To determine the thermodynamic stability, the formation energy per C atom can be calculated for each interstitial site using the following expression,

$$E_{fC}(n) = [E_{nC-Zr} - (54-m)E_{Zr} - nE_C]/n.$$
(1)

We take the energies of a Zr atom (E_{Zr}) and a C atom (E_C) in bulk form as reference energies, with E_{nC-Zr} the total energy of a system containing *n* C atoms in a super-cell that contains (54 – *m*) Zr atoms (*m*=0, except when C is at the Sub site, in which case *m* = 1).



FIGURE 3. Positions and local environments of the interstitial sites in Zr

TABLE 1. Structural and energetic features of a single C or B atom at various sites in the Zr lattice

Interstitial sites	Position	CN	E_{fC} (eV)	$E_{fB} (eV)^{16}$
Octahedral (Oct)	(0.33, 0.67, 0.25)	6	-1.53	-0.53
Crowdion (Cd)	(0.83, 0.17, 0.25)	6	0.029 (1.56)	0.59 (1.12)
Basal bond center (Bc)	(0.67, 0.83, 0.50)	6	-0.046 (1.48)	0.82 (1.35)
Hexahedral (Hex)	(0.00, 0.00, 0.50)	5	0.303 (1.83)	1.45 (1.98)
Plane Center (Pc)	(0.33, 0.67, 0.50)	3	2.16 (3.69)	2.18 (2.71)
Substitutional (Sub)	(0, 0, 0)	12	3.98	1.86

Table 1 lists calculated values for E_{fC} at various sites. CN represents the coordination number, which is calculated using a cut-off length of 110 % of the Zr-C bond length in crystalline ZrC (2.36 Å). We also list the formation energy per B atom (E_{fB}) at each interstitial site in Zr for comparison¹⁶. The most stable site for C in Zr is the Oct site, which is also the most stable site for B in Zr. The Sub site is energetically very costly for both C and B atoms, indicating that both B and C are transported in the Zr lattice via an interstitial rather than a substitutional mechanism.

The values in parentheses in the last two columns of Table I represent the static energy barrier (ΔE_s), a measure of the energy barrier for a given diffusion path^{16, 35}. ΔE_s can be estimated by subtracting E_{fC} or E_{fB} for each interstitial site from that of the most stable site (Oct). Interestingly, the Oct-Bc-Oct transition yields the lowest value for C ($\Delta E_s = 1.48$ eV), while B has a preferred diffusion path of Oct-Cd-Oct ($\Delta E_s = 1.12$ eV). These results suggest that C diffuses faster along the c-axis, while B diffuses preferentially within the basal plane. Note that the barrier for diffusion in Zr is larger for C than for B, for most of the cases considered. Thus, the enhanced inter-diffusion between Zr and B in the presence of C is not caused by the intrinsic diffusion properties of C in Zr. Instead, we submit that it arises because the interaction between Zr and C is stronger than between Zr and B – indeed, as shown in Table I, C has a lower energy in all interstitial sites of Zr than B. The stronger bonding between Zr and C enhances the amorphization of the Zr lattice in the course of intermixing and thus facilitates the transport of B through the resulting amorphous phase. The presence of C decreases the equilibrium concentration of B at the amorphous ZrB_xC_y/ α -Zr phase boundary compared to Zr/B RNLs. Previous ab-initio simulations¹⁶ have shown that the diffusion activation energy decreases with decreasing B concentration in ZrB_x , $0 < X \le 1$, in line with our observation here.

Carbon also reduces the activation energy for crystallization. We believe that this is not the result of enhanced mobility of the constituent atoms – on the contrary, we would expect the presence of C in a homogenous amorphous ZrB₂ alloy to reduce the mobility of all atoms^{26, 30, 31}. Our experimental results show that the enthalpy of crystallization is larger for Zr/B₄C than for Zr/B RNLs¹⁵. This observation suggests that the reduced activation energy for crystallization may be caused by a larger free energy difference between the amorphous phase and the crystalline product. According to classical nucleation theory³⁶, a larger free energy difference increases the thermodynamic driving force for crystallization and lowers the nucleation barrier, resulting in a reduced activation energy for the crystallization process.

In conclusion, we have studied the thermodynamics and kinetics of the inter-diffusion and crystallization of Zr/B_4C RNLs by combining nanocalorimetry and first-principles calculations. Nanocalorimetry and structural characterization reveal intermixing of the two constituent layers of the RNLs upon heating, followed by crystallization to form a ZrB_2 phase that is super-saturated with C. A diffusion model for a multilayered system with crystalline and amorphous phase boundaries and a Kissinger analysis reveal that the Zr/B_4C RNLs have lower energy barriers for both inter-diffusion and crystallization than Zr/B RNLs. First-principles calculations suggest that the lower energy barrier for inter-diffusion is not caused by the diffusional properties of C in the Zr lattice, but rather by the stronger interactions between Zr and C. The reaction thermodynamic and kinetics discussed in this work can provide guidance for optimizing the fabrication process of ZrB₂ coatings.

METHODS

Each micromachined nanocalorimetry sensor consists of a 100 nm Ti-W alloy four-point electrical probe that serves both as a resistance thermometer and as a Joule heater. The element is encapsulated and is supported by a freestanding 300 nm Si_3N_4 membrane. The Si_3N_4 membrane serves to isolate sample and sensor from the ambient. Details of the operating principles and sensor fabrication procedures can be found elsewhere^{18, 19}.

 Zr/B_4C nano-laminate samples were magnetron sputter deposited (ATC 1800, AJA Int.) on the measurement section of the nanocalorimetry sensors using 99.99% Zr (DC 80W, 5nm/min) and 99.95% B₄C (RF 150W, 0.4nm/min) targets (Kurt J. Lesker Company). The thickness of each layer was determined to ensure a stoichiometric composition: 3:1 molar ratio of Zr:B₄C in the asdeposited samples to produce a 2:1 molar ratio of ZrB₂:ZrC after the reaction. Nano-laminate samples with bilayer periods of 5 nm and 10 nm, and a total thickness of 80 nm were used in this work. The area of the sample was defined using a custom made Si-shadow mask during the sputter-deposition process.

All nano-calorimetry measurements were performed inside a high-vacuum furnace with a base pressure better than 5×10^{-6} Torr. The samples were heated to approximately 1550 K at heating rates from 4800 K/s to 56600 K/s. The power input and the temperature data were utilized to determine the reactive heat flow of the nano-laminate sample following the procedures established in our previous work¹⁷.

X-ray diffraction (XRD) measurements were performed on both the as-deposited sample and on the samples heated to 1110 and 1550 K (D8 Discover, Bruker). TEM images were acquired for the sample heated to 1550 K using JEOL 2100 system. The TEM sample was prepared using a typical *in-situ* lift-out technique $(INLO)^{37}$ in an focused ion beam system (Zeiss NVision 40 Dual-Beam). The samples that were heated for XRD and TEM studies were quenched with a fast cooling rate (~ 15000 K/s) to freeze in the structure before performing XRD or TEM.

Density functional theory calculations were performed using the Vienna ab initio simulation package $(VASP)^{38}$. The projected-augmented-waves $(PAW)^{39}$ with the Perdew-Burke-Ernzerhof $(PBE)^{40}$ exchange-correlation potentials were adopted. For Zr, the valence states were treated using a Zr_sv $(4s^24p^65s^24d^2)$ pseudo-potential. The C $(2s^22p^2)$ pseudo-potential was employed for carbon. The cut-off energy for plane waves was set to 400 eV, and forces were converged to within 0.02 eV/Å. We used a 54-atom Zr super-cell $(3\times3\times3)$ and one C atom for the simulations to identify the interstitial sites. A $6 \times 6 \times 4$ *k*-point mesh in the Monkhorst–Pack scheme was employed for Brillouin zone sampling.

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Notes

The authors declare no competing financial interest.

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