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PROCEEDING OF 2ND INTERNATIONAL ISLAMIC HERITAGE CONFERENCE (ISHEC 2017)





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Foreword

الم الم الجارجم:

Bismillahirrahmanirrahim. All praise to Allah SWT. Blessing and Prayers be upon Prophet Muhammad SAW, and also to his family members, kindred's, companions and his followers who adhere faithfully to his teaching.

I would like to express my gratitude for this invitation to write a few words in conjunction of this proceeding. Heartiest congratulations go to the organizers of the 2^{nd} International Islamic Heritage Conference 2017 (2^{nd} IsHeC2017) that was held on $14^{th} - 15^{th}$ November 2017. Congratulations also to the editors for their efforts in publishing the articles presented at the 2^{nd} IsHeC2017.

Proceeding of 2nd International Islamic Heritage Conference 2017 is a very noble effort as it adds to the corpus of literature on Islamic based research in various disciplines of knowledge. I hope that this proceeding can be a catalyst for the germination and strengthening of Islamic knowledge.

Finally, I wish to extend my sincere appreciation to all parties involved in the publication of this proceeding especially Academy of Contemporary Islamic Studies (ACIS) UiTM Melaka, Center for Islamic Philanthropy and Social Finance (CIPSF), Pusat Jaringan Industri, Komuniti dan Alumni (PJI & A) UiTM Melaka and the authors for their contribution.

DATUK PROF. MADYA SABARIAH MAHAT

Rektor, Universiti Teknologi MARA Cawangan Melaka, Alor Gajah, Melaka.



In the name of Allah, the Most Beneficent, the Most Merciful. All praise is due to Allah SWT, the Almighty. We all praise Him, seek His Help, and ask for His Forgiveness. We seek refuge with Him from the evil of our souls, and from our sinful deeds. He whom Allah SWT guides, no one can misguide him, and whoever Allah SWT misguides, no one can guide him. Blessings and prayers upon His Messenger Prophet Muhammad SAW. We would like to express our thorough and sincere gratefulness to Allah the Almighty, who has given us the opportunity to write, edit and complete the *Proceeding of 2nd International Islamic Heritage Conference 2017*.

We wish to extend our appreciation to YBhg. Datuk Associate Professor Sabariah Hj. Mahat, Rector of Universiti Teknologi MARA (UiTM) Cawangan Melaka for her full encouragement in ensuring the success of the 2nd IsHeC2017 and also the publication of this proceeding. Special thanks to YBrs. Associate Professor Dr. Shafinar Ismail, Deputy Rector of Research and Industrial Linkage UiTM Cawangan Melaka for her continuous support in 2nd IsHeC2017.

A great deal of appreciation also goes to the Center for Islamic Philanthropy and Islamic Finance (CIPSF), Uni-Charity Society, ACIS UiTM Cawangan Melaka and UiTM Press for their tremendous effort in making the 2nd IsHeC2017 a success.

This proceeding comprises the articles that were presented in 2nd IsHeC2017 which held on 14 hingga 15 November 2017 at Avillion Hotel Melaka.

Hopefully, the *Proceeding of 2nd International Islamic Heritage Conference* 2017 will give a clearer view of various contemporary issues in Islamic-based research in this country and the Muslim world as a whole. Finally, we hope that this proceeding may inspire and motivate its readers in initiating attempts and contributions for the sake of Muslim ummah.

MOHD FAIZAL P. RAMELI ABDUL QAYUUM ABDUL RAZAK Muhamad Taufik Md Sharipp Mohd Zaid Mustafar Mohd Khairul Nizam Mohd Aziz Rawi Nordin S. Salahudin Suyurno Dziauddin Sharif

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THE CORRELATION BETWEEN SALAH (PRAYERS) AND STUDENTS' ACADEMIC PERFORMANCE

Che Haslina Abdullah, Mahanim Omar, Raja Rosila Raja Berahim, Nur Afiqah Ab Latif & Che Nooryohana Zulkifli

ABSTRACT

Salah (prayers) is the second pillar of Islam and the most important spiritual practice for Muslims. Salah can bring success to a Muslim's life and by abandoning it, can lead to various problems in one's life. In this study, a total of 28 degree students of UiTM Pulau Pinang who have achieved Cumulative Grade Point Average (CGPA) below 2.5 were selected in this research. This study was conducted to determine the students' understanding of the importance of salah, their daily routines that have affected their salah, as well as the correlation between their performance of salah and academic performances. The study has shown that there were more male students who have experienced a decline in academic achievement due to their negligence in performing their salah. The reasons being are salah is considered less important and they occupied most of their time by playing games and surfing the Internet. The data also indicated that they have shown penitence and feeling embarrassed to Allah and confessed that the problem in their academic performances most probably occur due to wrath of Allah for their failure in performing prayers.

Keywords: Salah, students' academic performance, UiTM Pulau Pinang degree students

INTRODUCTION ge Conference 2017

Training ourselves to perform Ibadah (worship) is similar to teaching ourselves to be more disciplined in life such as being punctual, responsible and following rules. The concept of Ibadah in Islam includes many aspects and one of them is performing salah (prayers). Salah (prayers) is one of the important pillars in Islam; the greatest worshipping act that connects creatures to The Creator (Allah). Prophet Muhammad SAW said: "Salah is the pillar of religion; those who perform prayers have indeed upheld the religion and those who leave the prayers have surely undermined the religion". According to Oxford Dictionary of Islam (2003), "Salah (prayers) starts with a proper declaration of intention, consists of recitations from the Holy Quran that is accompanied by series of specific postures". The five daily prayers are obligatory to all Muslims who are of sound mind and have reached the age of puberty. It is deemed as the most special and important worshipping act and the first thing to be reviewed and judged by Allah SWT on the Judgement Day. It is believed that by performing all five daily prayers could shape the integrity of other worshipping acts and forsaking them intentionally, may also reflect his poor understanding of his responsibilities as a true Muslim

RESEARCH BACKGROUND

Salah (prayers) is a worshipping act that is compulsory to all Muslims and a well performed salah can prevent human beings from any misdeeds. According to Mohd Arshad (1999), salah can strengthen our faith and refrain ourselves from indecency and ignominy. Leaving the five prayers deliberately is considered as a sin and Allah has ordained in the Holy Quran that he will be punished in this world as well as in the Hereafter. It has been emphasised in the Holy Quran that these sinners are believed to be worse than Iblees. The development of human beings in Islam required both physical and spiritual elements. Since the physical side has certain demands and requirements to be met, the spiritual must also follow suit (Haron, 2002). Salah is essential for spiritual need that must be observed by every Muslim. A salah that is performed sincerely and wholeheartedly can certainly give a positive impact in producing a balanced and harmony state of human development.

In Islam, salah is directly connected to success in both realms; current world and in the Hereafter. This is proven in the adhan that success will always follow when prayers are performed accordingly. In other words, when prayers are done correctly, it will certainly bring the doers to success. In this worldly setting, academic excellence has become the means in measuring success of a student ranging from schools to higher learning institutions. However, excellence does not just come easily but can only be attained through hard work and determination which include the practice of salah that can assure success in this world and the Hereafter.

It is believed that one's spiritual development can determine his excellence in understanding a particular field of knowledge which is usually entailed by physical implementation. According to Ahmad Amri (2009), theoretically, the human soul is capable of forming mental alertness and can achieve an idea unconsciously through feelings and imagination. This situation coincides with the view of Ibn Sina that sanctity of life is a major factor in shaping one's behaviour. Moreover, according to Borich and Tombari (1997), the level of intelligence is in fact contributes only 25% to academic achievement, while the other 70% is influenced by social competence such as motivation, health, social control, quality of teaching, good emotional and family support.

This means, like a vicious cycle, when a person's soul is tainted with negativities, it is difficult for him/her to execute prayers. Similarly, when prayers are not implemented heartily and readily, it can lead to difficulties for one to achieve success in his life. As far as this study is concerned, a student's academic performance may be affected when his prayers are not performed accordingly.

Many Muslims nowadays are not praying or skipping salah (prayers). Hence, it is not surprising that today's Muslims, including Muslim students are experiencing failure in their lives when they have defied this command of Allah. A study was conducted on students in higher learning institutions and the findings of this study showed that only 52.7% of the students perform all five prayers daily (Rasid et al. (1999). Besides prayers, there are many other contributing factors

that can affect the students' academic achievement such as socio-economic factor, educational level of parents, family income, self-motivation, teaching styles and learning styles (Considine & Zappala, 2002; Fraser & Killen, 2003; Harb & El-Shaarawi, 2006).

However, studies have proved that involvement in religious/spiritual activities is one of the factors that contribute to steady academic achievements among students. Hodge and Cuddeback (2010) argued that a stable ground of spirituality has allowed positive impacts in students' academic performance. In Islam particularly, salah is seen as a catalyst that can serve the said function. A study carried out by Siti Rokiah Abdul Ghani (2007) has found that various worshipping acts in Islam have shed positive influence on the students' good behaviour and personality. These students were identified as a studious group of students who have worked hard to score high in their academic.

This study delved into the importance of spiritual practice i.e. salah that can be connected to students' academic performance. This is because the country does not only need a generation that is intellectually competent but also possesses excellent mental and spiritual capacity. Unfortunately, in this era where technology is rampant, it is easy to see those who are weak spiritually fall into the abyss of social illnesses, albeit their excellence in academic performance. To support this, McGhee and Grant (2008) have found in their study that spiritual attainment reflects positive improvement in their participants' behaviour and how it has shaped their virtues. Therefore, this study was conducted to examine students' responses about the importance of prayers, their daily lifestyle and their spiritual practices that are related to learning.

RESEARCH METHODOLOGY

To date, there are 128-degree students who have obtained Cumulative Average Grade Point Average (CGPA) below 2.5, but since this is a preliminary study using Systematic Random Sampling procedure, only 28 students were selected to fit that purpose. Survey is adopted as the design of this study where questionnaires were used as a tool of data collection. Factor comparison tests were administered in this study and thus, the results will be presented in a descriptive manner.

FINDINGS

Demographic

The respondents consist of 18 males and 10 females whose age is between 21 to 25 years. All of them are in their fourth to seventh semester hailed from various faculties such as Faculty of Chemical Engineering, Faculty of Electrical Engineering, Faculty of Mechanical Engineering and Faculty of Civil Engineering.

		Quantity	Percentage
	Male	18	64.3
Gender	Female	10	35.7
	Total	28	100.0
	21	5	17.9
	22	13	46.4
1 00	23	6	21.4
Age	24	2	7.1
	25	2	7.1
	Total		100.0
	Civil Engineering	10	35.7
	Electrical Engineering	7	25.0
Faculty	Chemical Engineering	8	28.6
	Mechanical Engineering	3	10.7
	Total	28	100.0
	Semester 4	9	32.1
Semester	Semester 5	11	39.3
	Semester 6	7	25.0
	Semester 7	1	3.6
	Total	28	100.0

Table 1: Demograpic

Understanding the Importance of Salah

This study has found that 35.7% (10 students) have never skipped the five daily prayers and 64.3% (18 students) have. In addition, there were 50% (14 students) that performed salah accordingly while 50% (14 students) did not. It was also found that 14.3% (4 students) admitted that they rarely performed prayers while 67.9% (19 students) confessed that academic problems experienced by them is due to their refusal in fulfilling Allah's

Table 2: The Importance of Salah

	Yes		No	
	Ν	%	Ν	%
Saya tidak pernah meninggalkan solat 5 waktu (I have never skipped the five daily prayers)	10	35.7%	18	64.3%
Saya pernah meninggalkan beberapa solat fardhu dalam sehari (I have skipped a few daily prayers)	17	60.7%	11	39.3%
Saya mendirikan solat dengan sempurna (I have performed my salah accordingly)	14	50.0%	14	50.0%
Saya mengetahui akan balasan Allah jika saya meninggalkan solat (I am aware of the punishments decreed if I missed	28	100.0%	0	0.0%

my salah)				
Saya berasa sangat berdosa jika tidak menunaikan solat. (I felt really guilty if I missed my salah)	28	100.0%	0	0.0%
Saya agak jarang menunaikan solat (I rarely performed prayers)	4	14.3%	24	85.7%
Saya merasakan bahawa masalah dalam akademik ini disebabkan oleh saya banyak meninggalkan perintah Allah (I feel that my low performance in academic is due to my refusal in fulfilling Allah's commands)	19	67.9%	9	32.1%

Identifying the Factors that Influence Students to Perform Prayers

The study found that 96.4% (27 students) admitted that they made their friends who always perform prayers as role-models and 64.3% (18 students) stated that many of their friends did encourage and invite them to perform prayers either in college or mosque. Furthermore, 89.3% (25 students) said that peer influence seems to be a motivating factor for them to perform their prayers.

From the study, we also found out that half of them (50%, 14 students) did not replace their salah if they missed a prayer due to tiredness. Moreover, 15 of them (55.6%) will finish whatever they are doing first before performing salah.

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Table 3: Factors that Influence Students to Perform Prayer

incluce conferen	Yes - U		No	
	N	%	N	%
Saya mencontohi rakan yang sentiasa melaksanakan solat. (I made my friends who always perform prayers as role- models)	27	96.4%	1	3.6%
Rakan selalu mengajak saya untuk menunaikan solat sama ada di Pusat Islam atau di asrama. (My friends encouraged and invited me to perform prayers either in college or mosque)	18	64.3%	10	35.7%
Rakan-rakan sekeliling banyak mempengaruhi saya untuk menunaikan solat. (My friends always motivate me to perform prayers)	25	89.3%	3	10.7%
Ada ketikanya saya tertinggal solat fardhu kerana terlalu letih tetapi saya tidak ganti solat tersebut (Sometimes I missed my salah because I'm too tired and I did not replace my salah)	14	50.0%	14	50.0%

Saya akan menangguhkan solat sekiranya saya perlu melakukan tugas yang penting (I will delay my salah if I have something important to do)	15	55.6%	12	44.4%
Jika saya sedang menjalankan tugas dan masuk waktu solat, saya akan menyelesaikan dahulu tugas sebelum berhenti untuk solat. (I always prioritised my work over my salah)	15	55.6%	12	44.4%
Jika saya tertidur melepasi waktu, saya akan mengqadhakannya. (If I fall asleep overtime, I will replace my salah)	22	84.6%	4	15.4%

Identifying the Students' Lifestyle

The results show that 70.4% (19 students) of the respondents preferred to surf the Internet and 51.9% (14 students) love to play games until late at night. In addition, 63% (17 students) loved to have conversation with their friends until late at night. Most respondents (77.8%, 21 students) showed no interests in hip hop music as they preferred nasyeed to this contemporary genre (66.7% (18 students)). A total of 88.9% (24 students) were inclined towards spiritual activities although more than half of them (55.6%, 15 students)) favoured the modern lifestyle today.

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	Yes		No	
	N	%	N	%
Saya suka melayari internet sehingga jauh malam (I love to surf the Internet until late at	19	70.4%	8	29.6%
night)			_	
Saya suka bermain 'game' sehingga lewat malam	14	51.9%	13	48.1%
(I love to play computer games until late at night)				
Saya suka bersembang dengan kawan- kawan sehingga jauh malam	17	63.0%	10	37.0%
(I love to have conversation with my friends until late at night)				
Saya meminati muzik hip hop				
(I love hip hop music)	6	22.2%	21	77.8%
S <i>aya tidak suka muzik irama nasyid</i> (I have no interest in nasyeed)	9	33.3%	18	66.7%
Saya lebih berminat dengan gaya hidup moden masa kini (I favour the modern lifestyle today)	15	55.6%	12	44.4%
Saya tidak suka dengan aktiviti berbentuk kerohanian (I have no interest towards spiritual activities)	3	11.1%	24	88.9%

Identifying Spiritual Values that Associated with Learning

The results show that all respondents were contented with their academic achievement that they have received. They were also well-informed of the punishment that they will receive from God for their negligence in performing their prayers and hence, feeling disappointed about it as it has led to their poor academic performances. 96.3% (26 students) showed remorse and 92.6% (25) believed that their academic achievement has declined due to the wrath of God for defying His commands (performing Salah). In addition, 88.9% (24 students) were also feeling ashamed with Allah for forsaking prayers that has resulted in dissatisfactory academic performance. A total of 26 students (96.3%) agreed that Allah has deliberately tested them with the poor results for them to perform better in the future.

	Yes			No	
	N	%	Ν	%	
Saya malu dengan Allah jika rendah dalam akademik disebabkan tidak menunaikan suruhannya seperti solat. (I feel ashamed with Allah for forsaking prayers that has resulted in dissatisfactory academic performance)	24	88.9%	3	11.1%	
Saya redha dengan Allah SWT jika pencapaian akademik saya rendah setelah berusaha. (I content with my low academic achievement after I have study hard for it.) Saya rasa menyesal di atas apa yang berlaku	a ²⁷ I e n c	100.0%	ni ⁰ c 17	0.0%	
kepada pencapaian akademik saya (I content with my low academic achievement I	27	100.0%	0	0.0%	
have received) Saya berasa insaf setelah apa yang terjadi kepada pencapaian akademik saya. (I feel guilty for my low academic performance) Saya berasa pencapaian akademik saya agak	26	96.3%	1	3.7%	
<i>rendah akibat kemurkaan Allah kerana meninggalkan perintah-Nya</i> (I believed that my academic achievement has declined due to the wrath of God for defying His commands in performing <i>salah</i>).	25	92.6%	2	7.4%	
Saya berasa Allah sengaja menguji saya dengan menjadikan pencapaian akademik saya agak rendah (I feel that Allah has deliberately tested me with the poor results).	26	96.3%	1	3.7%	

Table 5: Spiritual Values that Associated with Learning

DISCUSSION

All in all, the survey results have clearly indicated that majority of the students who experienced deterioration in the examinations were male students. More than half of the students did not perform the five daily prayers accordingly, skipped some prayers, rarely prayed and did not replace the prayers that they have missed. They believed that their poor academic results were generated from this negligence. Many wasteful activities were found to be part of their daily lifestyle and therefore, they have the tendency to skip their obligation with God. They were also found to prioritise other tasks over prayers which resulted in procrastinating it and this explains the negative attitude of the students since salah was considered a secondary matter. Majority of the students realised the mistakes they had done and believed that the low examination result is a sign of Allah's anger and they were feeling ashamed of what had happened to them. In addition to this, more boys like to play computer games (67%) compared to their female counterparts (20%) and over half of the boys love to surf the internet until late at night.

CONCLUSION

A spiritual practice such as salah (prayers) is an important aspect to a university student. Salah is a practice that must be done not only by all Muslim students who are studying in the higher learning institution, but also all Muslims around the globe. A well-performed prayer can be the factor that motivates students to strive harder to achieve academic excellence. This study has proved that there is a significant relationship between spiritual practices of salah with a student's academic performance. Failure to achieve excellent results is due to failure to execute this main obligatory act in Islam which is salah (prayers).

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