## NCA Self Study

### Criterion 1 Documents

Eastern Illinois University

Year~2013

# Health Education Promotion and Services, 2007–2013

Health Services

This paper is posted at The Keep. http://thekeep.eiu.edu/eiunca\_mission\_docs/29

### **Health Education and Promotion**

| Subject                       | FY13        | FY12        | FY11         | FY10            | FY 2009         | FY 2008  | FY 2007  |
|-------------------------------|-------------|-------------|--------------|-----------------|-----------------|----------|----------|
| # of Presentations            | 164         | 138         | 195          | 201             | 315             | 420      | 270      |
| # of Participants             | 3,930       | 3593        | 5,590        | 7,356           | 9,991           | 14,301   | 8,950    |
| Personal Drinking<br>Profiles | 1           | 0           | 10           | 45 <sup>+</sup> | 10 <sup>+</sup> | 150      | 184      |
| Bulletins Boards to Go        | 24          | 55          | 30 created   | 20              | 20              | 22       | 19       |
|                               | created,    | created,174 | 225          | Created,        | Created         | Created, | Created, |
|                               | 68          | distributed | distributed~ | 631             | Mailed          | Mailed   | Mailed   |
|                               | distributed |             |              | mailed          | Monthly         | Monthly  | Monthly  |
|                               |             |             |              | out to<br>RA's  | to all          | to all   | to all   |
|                               |             |             |              | IVA 3           | RA's            | RA's     | RA's     |
| Safer Sex Packets Given       | 1,343       | 1,273       | 2,670        | 1,544           | 808             | 1100     | 492      |
| Nutritional                   | 86          | 51          | 187*         | 73 <sup>*</sup> | 59 <sup>*</sup> | 150      | 46       |
| Analyses/Consultations        |             |             |              |                 |                 |          |          |
| Financial One-on-ones         | 0           | 0           | 3            | 38              | NA              | NA       | NA       |
| Sexual Health one-on-         | 3           | 1           | 46           | 15              | NA              | NA       | NA       |
| ones (i.e. HIV                |             |             |              |                 |                 |          |          |
| Counseling)                   |             |             |              |                 |                 |          |          |
| Tobacco Cessation             | 11          | 0           | 14           | 16              | NA              | NA       | NA       |
| Sessions                      |             |             |              |                 |                 |          |          |
| Contacts at                   | +/- 4000    | na          | +/-8,440     | 20,500          | 22,896          | 19,022   | 8,931    |
| Informational Tables          | . / 2000    | . / 2000    | 2.057        | 2.104           | NIA             | NIA      | NIA      |
| Other Contacts (walk-         | +/-3000     | +/-3000     | 2,957        | 2,104           | NA              | NA       | NA       |
| ins, phone, email, etc.)      | 20          | 20          | C1.A         | CEA             | 274             | CF       | 44       |
| Media Stories (DEN,           | 30          | 28          | 61^          | 65^             | 37^             | 65       | 41       |
| WEIU, JG-TC)                  | F.C         | 45          | 100          | 7.0             | NI A            | NIA      | NIA      |
| Health                        | 56 new      | 15 new      | 100          | 76              | NA              | NA       | NA       |
| Education/Promotional         | designs     | designs,115 |              |                 |                 |          |          |
| Poster Designs                |             | available   |              |                 |                 |          |          |
| E-Check Up to Go              | 138         | 25          | 149          | 22              | 15              | 15       |          |

#### Notes:

Numbers overall are increasing to meet past ratings. The HERC graduate assistant staff was completely new this semester so much of the Associate Director and Assistant Director's time was focused on training. Graduate students are making a sincere effort to work with students and educate on the health topics across campus.

- + Referrals for alcohol education are made to Counseling Center's CRAWL program
- \* Only includes Nutritional Analysis with consultation, excludes analysis without consultation (i.e., data computation requested by Dr. Kennedy-Hagan)
- ~ Online ordering system created. BB2Go are mailed out by request only.
- ^ Additional HERC PSAs ran daily all year on WEIU, typically about 5 runs per day. Additional ads were also placed in the Daily Eastern News.

Source: Health Services FY13 Annual Report