#### Eastern Illinois University The Keep

June

2010

## 6-24-2010 Daily Eastern News: June 24, 2010

Eastern Illinois University

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"Tell the truth and don't be afraid."

#### Thursday

JUNE 24, 2010 VOLUME 94 | Nº 159

EASTERN ILLINOIS UNIVERSITY

DENNEWS.COM

**Farmers Market** also a social event Page 3



**Student Rec Center** offers summer classes Page 8

# CAMPUS Writing camp inspires creativity



#### By Abby Allgire City editor

TERN NEW

Eastern offers students an opportunity to break out of their shells through a creative writing camp geared toward thinking and writing innovatively.

The camp runs from 10 a.m. to 12 p.m. and 1 p.m. to 3 p.m. on June 21 through June 25 in Blair Hall.

The camp costs \$85 for the whole week, which includes both two-hour sessions each day. The Coles County Art Council provides two scholarships to local students for the camp.

Letitia Moffitt, assistant professor of English, said she teaches a creative writing camp for high school students with the help of Eastern students.

She said working with the high school students is not much different than working with the college students.

Moffitt said she encourages the high school students to use their imagination and think outside the box just like she does with her college students.

"My main goal is to inspire them to write and get their creative juices flowing," she said.

Moffitt said each exercise or activity is designed to inspire creativity.

"They do unusual exercises that require them to use writing techniques they may have never used before," she said.

Moffitt said she started working at

the camp because she wanted to do more activities with creative writing, which would bring the community together and help students to express themselves.

Next year, she said she plans to do more recruiting and advertising to hopefully increase student enrollment.

Bryan Hebeler, a graduate student in the English department, said he helped in an exercise where students had to make up their own character.

He said the students were paired up and given a bag of items to inspire their creativity when making up their character.

Hebeler also had the students write about their earliest memories or a dream they could remember the most.

Hebeler said he was impressed with the things the students have come up with.

"I hope it has been as fun for them as it has been for me," he said.

Another student helper, Matt Schumaker, Eastern alumni, said he has had a lot of fun working the camp.

Schumaker also assisted in an exercise where he laid out different paintings for the students to look at.

He said he had the students look at the paintings and create a story about the painting. Schumaker said this exercise was the most successful so far.

CAMP, page 5



Chris Houchins, Eastern English Graduate Student (right) leads students through a creative writing exercise at the Creative Writing Camp in Blair Hall Tuesday afternoon.

## LOCAL Community Band still playing 33 years later

**Activities Editor** The Charleston Community Band will perform several different pieces of music tomorrow. The band will perform at the Kiwanis Park during the summer at 7:30 p.m. until approximately 9 p.m. every Thursday.

By Alesha Bailey

John Daum, the director the anything," he said. "Now that we've omy was suffering. Charleston Community Band, said he got a good solid band going, they'll do appreciates the skills of his musicians. anything to keep the band going now." Daum said he wanted to be a band director since 1954, when he is was fourth grade. He continues to live his dream.

"That's when the community band continue to play every year. got started," he said. "We got started

the 30 original players remain and For the Independence Day celebra-

CHARLES LEGRAND | THE DAILY EASTERN NEWS

"I get to associate with some of the most intelligent people that we can expect to find," he said.

Daum said he is pleased with the members because of their ability to work hard.

"They do everything and they do

In 1977, he became band teacher of the elementary, middle and high schools in Charleston when the econ-

in '77, when the school said they were going to eliminate band."

The group started with 30 people who first performed at the Charleston square and other places such as nursing homes.

According to Daum, three out of

tion, Daum said he is expecting 500 people to show up.

Laney Grimes, band director for Charleston Middle School and Charleston High School, said the band consists of about 80 current band members.

BAND, page 5

## CAMPUS Students choose Eastern

#### By Rashida Lyles-Cowan News editor

Incoming transfer students are in preparation of making the transition to become a first year student at Eastern this upcoming fall semester.

Although all of them have a different reason and story for attending Eastern, each will share the experience of attending Eastern for their first time.

Transfer student Shelby Smith, a psychology major said her biggest fear is choking under pressure.

"I am seven years away from a retirement check and I am here starting all over with even higher expectations of myself than the first time around," she said.

Smith said she decided to go to Eastern because the

university accepted the majority of credit hours from her Associate Degree in Applied Science from Parkland College

Smith added she appreciates the fact classes will be taught by actual professors and not teaching assistants.

"The years of experience professors have will help guide me in the right direction," she said.

Smith said she likes that the campus is smaller and the staff are friendlier because large campuses can be overwhelming with finding buildings and getting to know other students.

In preparation for the fall semester, Smith said she had to change around her entire work schedule so she can attend day classes and also allow enough time for driving one hour each way.

**TRANSFER**, page 5

## LOCAL Annual golf outing to take place Friday

#### By Abby Allgire **City Editor**

The Charleston Chamber of Commerce is hosting their 35th annual golf outing on Friday, at the Charleston Country Club.

Registration for the outing begins at 10:30 a.m. at the country club. The fee to play is \$100, which includes the driving range, putt contest, 18 holes of golf, golf cart, lunch,

giveaways, snacks, beverages, and dinner. There will also be several contests taking place throughout the day.

Cindy Titus-White, the executive director of the Charleston Area Chamber of Commerce, is in charge of overseeing the event. She said the Chamber of Commerce is a volunteer organization that relies on committees to help with the larger events.

GOLF, page 5

#### WEATHER TODAY

# **Mostly Sunny Skies**

HIGH 86º

The cold front that preved through last night will cool our temperatures back down into the upper BOs. Mostly sunny skies will continue into the weekend and by then temperatures wi burnp back into the towner OCh.

#### NEATHER TOMORROW



feed reased ary **Partly Cloudy** High: 88\* ar: 71\*



#### CAMPUS BRIEFS Deadline to withdrawl from classes next week

The deadline to withdrawl from any Eastern classes will be on June 29. Fifty percent of the student's tuition and fees will be refunded.

For any questions, contact the Office of the Registrar on Eastern's campus

#### Charleston Six Flags trip to depart next week

A bus will depart for a community Six Flags trip on Monday, June 28 at 7:30 a.m.

The bus will return at 10 p.m. that same night. All participants must meet at the Rotary Pool Parking lot to be picked up. The cost is \$58.

To register for the trip, participants must go to www.activenet.active.com/charlestonrecdept.

#### Birding course offered for grandparents and grandchildren

Eastern is offering a birding course for grandparents and their grandchildren on Thursday. July 1 from 9 a.m. until 11 a.m.

The course will take place at the Douglas-Hart Nature Center. Contact Beth CRaig at 217-581-5114 for more information.

-Compiled by Sam Sottosanto, Editor in

Creative Camp This summer Eastern has a creative writing

Podcast:

A family of geese swim across Carman Pond.

**ONLINE TEASERS** 

camp for high school students. Listen to the students and their teacher discuss the camp in a podcast online at DENNew.scom.



#### BLOTTER

On Tuesday, the University Police Department reported that Bryant Tingley, 23, of 14 Country Gardens in Mattoon, was arrested at 1:38 a.m. at the corner of Lincoln and Reynolds Drive.

He was charged with DUI-Alcohol with a blood alcohol content of .08. He was released at 1:58 a.m. after posting 10 percent of his DAY, MONTH XX, 2010 Nº. X, VOLUME 94

# 6.24.10 Thursday



**ROB WARREN | THE DAILY EASTERN NEWS** 



#### Chief

Contact

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**Comments / Tips** 

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The Daily Eastern News is committed to accuracy in its coverage of the news. Any factual error the staff finds, or is made aware of by its readers will be corrected as promptly as possible.

Please report any factual error you find by e-mail, phone, campus mail or in person

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# CAMPUS

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THE DAILY EASTERN NEWS DENNEWS.COM THURSDAY, JUNE 24, 2010 Nº∙ 159, VOLUME 94



# Farmer's Market also a social event

#### **By Alesha Bailey Activities Editor**

There are vibrant flowers, farm-raised strawberries and so much more, every Wednesday during the summer months at the Charleston Farmer's Market.

Mike Knoop of the Farmer's Market's association helps organize the natural products and visual attractions located on the north and west sides of the Charleston square on 6th Street and Monroe Avenue.

"Most of the stuff you get from the grocery store you don't know where it comes from, and at the Farmer's Market you can generally get the complete history of the produce that you buy," he said.

This year, the Farmer's Market started the first Wednesday in June and will continue every Wednesday until October.

The vendors are ready to sell their produce at 6 a.m.

Knoop said the number of vendors who come depend on the growing season.

"The most vendors we have is during the sweet corn season. It'll be the end of June and the beginning of July," he said.

Also, Knoop said the market has become more of a social event than a common marketplace.

He said he benefits from the market by meeting new people.

"I just do this as part of giving back to the community. It gets easier every year," he said.

Ron Hayden, a vendor at the Farmer's Market, said he grew up farming and began selling produce last year.

He said he sells, strawberries, cherries and lettuce at the Farmer's Market

Hayden added that he also grows other produce ranging from apples to asparagus.

"I've got like 300 tomato bushes out. I've got probably around 300 potato plants, and just everything you can think of," he said.

Jeff Moler is another farmer who grows tomatoes, sweet corn, cucumbers, lettuce and radishes.

Moler said he has sold hostas, hanging baskets, perennial lilies and angel trumpets at the market.

Although this is his first year vending at the Farmer's Market, Moler said he has been growing plants and crops since childhood.

"My college education has been centered around growing: agriculture, chemistry, biology," he said.

In addition to fresh produce, Pam Hayes is selling dog treats. She has been making dog treats for three years.

She said the process involves dehydrating, mixing, rolling and cutting out the treats, as well as making labels for the packages.

"It's an ongoing process, a lot of trial and

error, but I think we've got it now, " she said. Hayes said the dog treat flavors include

cheesy and peanut butter. "I only (have) had one dog turn the treats

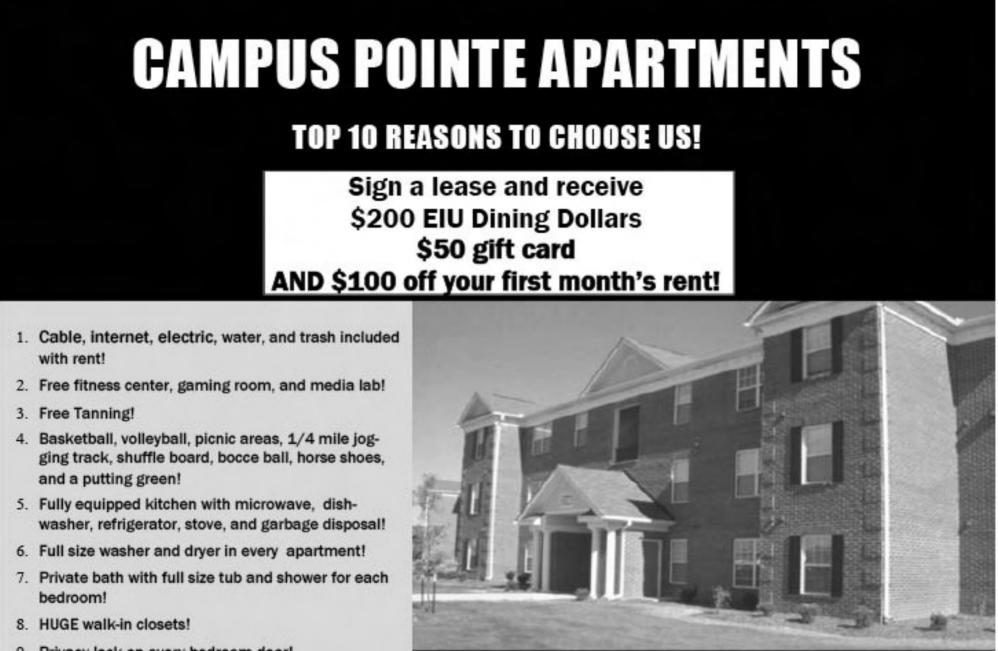
treats for other people.

down," she said. Even though, she does not own a dog, Hayes said she likes the idea of creating dog

Alesha Bailey can be reached at 581-7942 or ambailey2@eiu.edu.



Jeff Moler, a vendor at the Farmer's Market held on the charleston square, holds up one of the plants he has for sale.



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# **O**PINIONS

THE DAILY EASTERN NEWS DENNEWS.COM THURSDAY, JUNE 24, 2010 NO. 159, VOLUME 94



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"Tell the truth and don't be afraid."

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The daily editorial is the majority opinion of the editorial board of The Daily Eastern News.

# STAFF EDITORIAL Welcome to Charleston, a.k.a. "Small Town U.S.A."

Students often refer to Charleston as "Chucktown" or "Chuck Vegas."

However, compared to "Sin City," or any city for that matter, there is little to do in "The Chuck."

There is always a house party to go to, and plenty of bars in the area, but what is there to do for those people who choose not to drink?

Only a few places come to mind, and even those are filled with drunken people.

For instance, Charleston Lanes would be a good place to hang out.

Everyone loves a game of bowling, right? Unfortunately for the sober, the bowling alley offers \$1 games, \$1 shoe rentals, and \$1 draft beer on Tuesday and Thurs-

day nights. As you would imagine, the place gets filled with people ready to guzzle down the good stuff and if you don't get there early enough, you can often expect an hour wait for a lane to open up.

There is also Bingo Night at the Moose Lodge on Thursdays.

Of course, students pack the place for the \$1.25 draft beer special, often buying four at a time.

I mean, it only makes sense to buy four at a time and make it an even \$5 tab, doesn't it?

By the end of the night, some students win some money and some lose some money.

Most however, stumble their way to the



#### By Rob Warren

Photo Editor

Before I get started, the Chicago Cubs do have some good things going for them. One of those things is being rich in tradition.

But although being rich in tradition is nice, I think I will stick with winning!

It is common knowledge that the Cubs haven't won a World Series Championship since 1908. Since then, the Cardinals have managed to win 10 of those pretty rings.

The Cubs haven't won a pennant since 1945, with a total of 15. Since then, the Cardinals have managed to win nine, with a total of 17. A close race in total numbers, but seriously?

The Cubs have won three National League Central division titles, while the Cardinals have won eight.

Some Cubs fans inefficiently argue that the Cardinals spend more money on players, not knowing that in fact, the Cubs spend the third most money in the MLB behind only the Yankees (imagine that!) and the Red Sox. Meanwhile, the Cardinals are ranked 13th in that area.

Despite their championship drought, the Cubs have won three World Series Championships.

It's just too bad they took place in the films Rookie of the Year, Back to the Future Part II, and Taking Care of Business.

#### FROM THE EASEL

# Internet Dating

ILLUSTRATION BY ALESHA BAILEY | THE DAILY EASTERN NEWS

# Charleston's true heroes go unappreciated

Most students think the Charleston police are only here to ruin their fun, that they're the bad guys.

I was able to learn firsthand that most students are wrong.

I rode in the squad car with Officer Brandon Spindler on a Friday night from 8 p.m. until 2:30 a.m. During this time, I watched everything the officer had to do.



Instead of taking her straight to the jail, Officer Spindler was kind enough to drive the lady to the ATM so she could get cash out and not have to go to jail.

The woman tried several different cards and pin numbers while Spindler calmly waited for 20 minutes. She never got the cash.

## CLAWS Cubs

#### By Sam Sottosanto Editor in Chief

The Cubs only have a bad reputation because of a stupid goat back in the early 1900s.

At least, the goat is what started their streak of more than 100 years without going to the World Series.

(For those of you who don't know the goat story: About 100 years ago, a bunch of gypsies and their goat wanted to attend a game at Wrigley Field. They wouldn't let them attend the game because of the goat—so the gypsies put a spell on the Cubs, dooming them never to win a World Series again.)

But even though they haven't won the World Series in any of our lifetimes, that doesn't mean we should turn our backs on them.

Losing is only one part of the game.

In fact, I'd go as far to say that it's exciting to watch their games because they haven't won in so long.

If they ever do win the World Series, do you know how awesome it would be?

It would be all over the news. Chicago would go crazy—actually, I bet the whole country would go crazy. The parties would probably never stop.

And you would be able to enjoy all of that since you're a Cubs fan. Both Cardinals and White Sox fans should stop saving bad things about

Both Cardinals and White Sox fans should stop saying bad things about Cubs fans.

The Cubs are a very down-to-earth genuine team. They know it's not all about winning, which is a lesson we've all got to learn sooner or later.

conveniently located Lefty's just down the block for more drink time.

There is always the option to see a movie. Of course, the Will Rogers Theater only provides two screens, limited show times, and slightly older "new releases."

This means that in order to see a new movie, students must take a trip to Mattoon's theater, if they have a way to get there.

There is one logical place to go during the summer to get away from the drunks and relax.

That would be the Charleston Rotary Pool.

For \$4, students can enjoy the pool on a summer's day and not have to worry about being bothered.

Students can also play mini golf for \$2 or take a swing in the batting cages for \$1.

This is not only bothersome for a college student, but I'm sure parents of high school students are concerned. What is there to do for their children?

Charleston needs to get creative and come up with something to do for those that choose not to drink. During my experience, I mainly interacted with Officer Spindler and Officer Heath Thornton. I went into this with the same attitude as every other college student: the police are the bad guys, only here to write tickets.

I learned about the police dogs from Officer Thornton. Thornton is one of the canine units in town. I always thought the dogs were mean and aggressive, and the officers mistreated them to make them that way.

Thornton's dog is very well trained and could bring down a grown man if the situation called for it, but when duty is over, the dog goes home with Thornton as his pet. The dog knows when to be friendly and when he is on duty.

At about 9:30 p.m., Officer Spindler observed a car go up onto the sidewalk. He proceeded to pull the car over. After approaching the car, Spindler had reason to believe that the driver was intoxicated. Immediately, Officer

#### Abby Allgire

Thornton, as well as other officers, reported to the scene to help.

Spindler got the driver out of the car and performed a field sobriety test. The officer was never cruel or demanding to the suspect. Instead, he remained calm and talked respectfully.

He did finally have to cuff the driver and put her in the car. Officer Spindler made sure the suspect was aware of what she was being arrested for, and he made it clear where he was taking her and what would happen next.

He never treated the woman like a criminal, but he continually treated her like a human being. She even thanked him several times for his patience and kindness.

After the two hour booking process and the mounds of paperwork the officer had to fill out, the driver now had to post \$100 to bail herself out. Spindler remained patient and respectful the entire time. He then had to go back to

ful the entire time. He then had to go back to the police station and fill out more paperwork before taking her to the jail. The officer clearly went above and beyond his duties.

What is the point of this story?

Police officers are here for our safety. Officer Spindler potentially saved lives that night by stopping a drunk driver.

Officer Thornton and Officer Spindler treated the woman, as well as college students outside the bar, with utmost respect. College students are given a lot more slack than they realize.

Spindler and Thornton may only be two of the officers in Charleston, but they represent the type of officers Charleston has.

These officers carry the responsibility of keeping every life in Charleston safe. I can honestly say I am glad my safety is in their hands.

Abby Allgire can be reached at 581-7942 or at alallgire@eiu.edu.

**Letters to the editor** can be submitted at any time on any topic to the Opinions Editor to be published in *The Daily Eastern News*.

*The DEN's* policy is to run all letters that are not libelous or potentially harmful. They must be less than 250 words.

Letters to the editor can be brought in with identification to *The DEN* at 1811 Buzzard Hall.

Letters may also be submitted electronically from the author's EIU e-mail address to DENopinions@gmail.com.

#### CAMP, from page 1

He said he made up this exercise because he wanted the students to think and tell a story.

"I wanted them to know that there is always a story to tell," he said. "Painters have a story in mind when they paint, just like writers write stories."

Max Gubbins, a 13-year-old participant from Charleston, said he found out about the camp in a pamphlet that listed all the Eastern camps. Gubbins said he chose this camp

because he has always had an interest in writing.

"My favorite activity by far has been making up our own characters," he said.

Gubbins said he has learned how to better describe things in his stories since being in the camp and also his all around writing.

Abby Allgire can be reached at 581-7942 or alallgire@eiu.edu.

#### BAND, from page 1

"I know that people come from Cumberland County and as far away as Champaign, pretty much anybody who's ever played just kind of comes in," she said.

Grimes also mentioned the members are a variety of ages, with the youngest members in seventh grade.

"Anyone who has ever played an instrument, no matter how old you are or how long it's been since you've played, you're more than welcome to come in," she said.

Current percussionist Michael Drake said he wanted to play trombone for the band two years ago when he was in fifth grade.

"But instead the band director al-

ready had four or five trombonists and only one percussionist at the time, so I decided to change to a percussionist," he said.

Entering her fourth year at DePaul University, Rebekah Woolverton said she has been playing percussion since elementary school.

Woolverton said she likes percussion because she believes it is the most important part of an ensemble.

"Everyone wants to be you, everyone wants to be a percussionist," she said.

Eric Bollinger, biology professor, said his youngest son Vance plays saxophone and is playing in the community band for the first time this summer.

Bollinger said he is amazed by how

well the ensemble plays since they only have one rehearsal.

"They rehearse everything on Tuesday, then they play on Thursday. They do that week after week," he said.

During the Independence Day celebration, the band will play patriotic music on July 1 at Kiwanis Park. One of the pieces will be Tchaikovsky's: "18 12 Overture... where Boy Scouts will fire a cannon," during the overture.

For more information about the Charleston Community Band's performance times and dates visit www. charlestonillinois.org.

Alesha Bailey can be reached at 581-7942 or at ambailey2@eiu.edu.

#### GOLF, from page 1

The Chamber of Commerce is able put on the golf outing because of many volunteers and sponsors.

She said the golf outing is sponsored solely by chamber members.

Titus-White said most of the participants are employed by, or own, businesses in the chamber.

Kelly Morecraft, branch manager of Credit Union 1, said Credit Union 1 has been sponsoring the outing for at least five years.

Morecraft said the bank is donating items for the goody bags the participants will receive. She said, the bank sponsors one of the beverage stands and will send out volunteers to help during the day of the outing.

Another sponsor of the golf outing is Personal Finance.

Rachel Farmer, branch manager of Personal Finance, said the company has sponsored the tournament for several years.

Farmer said she has participated in the outing in the past, and she always has fun. "The outing gives chamber members the chance to network and interact outside of the workplace," she said.

The money from the event will go to the Chamber's operating budget to provide services to members and local businesses.

In addition, Sarah Bush Lincoln Health Center is sponsoring a \$5,000 cash prize putt contest.

There will be various skill contests throughout the day including: the "Beat the Mayor with the Midas Touch" contest, which allows contestants to try and beat the mayor on the eighth hole.

There will also be a Bogus Business contest. This contest involves a board with a list of different businesses in the area. One of the businesses is the bogus business. Participants have to write down the bogus business for a chance to win a prize in a drawing.

Abby Allgire can be reached at 581-7942 or at alallgire@eiu.edu.

#### TRANSFER, from page 1

However, one of her biggest adjustments with transferring to another university, she said is budgeting time between family, work, school, and just a little bit of free time for herself.

In the future, Smith said she wants to continue her education by achieving her masters and maybe pursue a doctoral degree.

"At the ten year mark I would like to see Dr. in front of my name," Smith said.

Meanwhile, Daniel Gordon said he took a break from higher education for about 13 years and has been working along with raising a family.

During his break, Gordon said he has been working for a chemical engineering company and run his own business on the side.

Gordon said he has received an Associates Degree in Dallas Texas and wants to obtain a Business degree offered by Eastern at the Parkland campus in Champaign.

Even though the University of Illinois was priority choice, he said the department does have enrollment for part-time students.

Gordon said on the other hand, the quality of Eastern stood out to him the most.

"Everyone seems to be nice and excited. I have been at two other colleges and neither of them had this much enthusiasm," he said.

In addition, Gordon said he is excited about learning some principals about business, but is least excited about losing more sleep.

No matter the challenges he may face, Gordon said his biggest goal is to attain a degree in business.

"My only goal is the final prize... the BS in Business," he said.

Veronica Hemmingway a pre-nurs-

ing major said she made the decision to come to Eastern because her sister and sisters' husband attended; both only had positive things to say.

"I was told Eastern welcomes you with open arms and it's very easy to communicate with professors," she said.

Hemmingway said she is going to summer school to become more comfortable with science and to prepare her mind to stay focused during the year.

As a single mother, she said she is most excited to register her daughter for day care as well as different extra circular activities.

Hemmingway said her ultimate achievement is to enjoy her time at Eastern and hopes to become an anesthetist.

Rashida Lyles-Cowan can be reached at 581-7942 or at dennewsdesk@gmail.com.

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#### Announcements

10th Annual Spam Jam Party. All day/ night. Saturday, June 26th. Bags tourney, spam pong, t-shirts, live-band, DJ, free ride the bull, free spam entrees, prizes, spam jam eating contest, hamburgers and pork hamburgers avail. at The Place, Ashmore, II. 8 miles east of Charleston, 349-8613.

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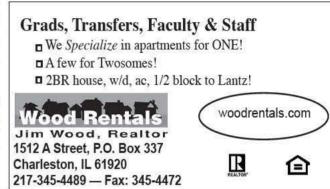
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SLEWS

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	China		law student	65	Bad spelling?

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#### FIFA, from page 8

In another match Kaka, Brazil's star player, got a red card for apparently hitting an Ivory Coast player in the face.

Adam Howarth, head coach of the men's soccer team at Eastern, is not too impressed with the World Cup's first stage. He thinks it will get more exciting when the knockout stage approaches.

"I think it has been OK," he said. "I haven't

seen any truly fantastic goals—maybe a couple of nice ones, but you're going to see this heat up in the next few days."

Howarth has divided feelings between England and the U.S.

"I'm originally from England, so obviously I have very deep affection to the English team but I'm also an American citizen so I want them to do good as well," he said. "England is

where I was born, so that is who I'm always going to support."

England's performance in their first two games was not as expected. They tied both matches but 1-0 victory against Slovenia put them in the knockout stage.

Many fans attribute England's performance to the absence of John Cole, a creative midfielder who was not put on the team by Fabio Capello, England's head coach.

'Personally I think he should be playing but I'm not Fabio Capello, I'm not making \$9 million a year so he knows best," Howarth said. The knockout stage officially starts on Saturday, June 26 when Uruguay faces North Korea.

> Pablo Rodriguez can be reached at 581-7942 or at jprodriguez@eiu.edu.

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SPORTS



#### **Editor in Chief** Sam Sottosanto 217 • 581 • 7944 DENSportsdesk@gmail.com

THE DAILY EASTERN NEWS THURSDAY, JUNE 24, 2010



VIEWS



Sam Sottosanto

# Science is sporty too

I'm definitely not the biggest sports fan you'll ever come across, but I do watch ESPN occasionally.

It may be because it's the only thing my boyfriend ever watches on TV, and yes, I do get tired of it sometimes, but there are some shows I enjoy watching.

The best show I think ESPN offers (from my perspective, anyway) is called "Sports Science."

"Sports Science" is a documentary-type show that tests out athletic theories and myths-which is really kind of similar to a Discovery Channel series called "Myth Busters."

My boyfriend was showing me this one episode of "Sports Science" on YouTube a few nights ago, where they wanted to find out if man is the fastest two-legged creature on the planet.

To test this theory, they had Dennis Northcutt, an NFL wide receiver, race another speedy two-legged creature-an ostrich (of all animals!).

It was hilarious.

During the first race, Northcutt and the ostrich were separated and fenced off from each other.

Northcutt won that race, but it was probably because the ostrich wasn't very motivated to run.

For the next round, they put Northcutt in the fenced area with the ostrich and told him to chase the ostrich to see if the ostrich would run faster.

And boy-did that ostrich go flying! But not literally, because even though ostriches are in the bird family, they don't fly.

The ostrich ran at the speed of 26 mph, while Northcutt only ran 20 mph.

The show later went on to explain that ostriches out in the wild can run up to 45 mph.

This show is not only fun and entertaining to watch, but it's a learning experience.

I did not even know it was possible for a

#### CAMPUS

# Galligan is new assistant coach

Rachel Galligan has been appointed as the new assistant women's basketball coach.

Galligan, alumna and a former Eastern basketball star herself, said after playing professional basketball in Spain for a month and coaching at the high school level for a year, she is more than happy to be returning to Eastern.

"My best memories of my life were here," Galligan said. "It's like a second home for me. (I can't) even put it into words—it's the perfect fit."

Galligan said right now she is most looking forward to recruiting new players with head coach Brady Sallee.

"I'm just going to do whatever I can to make this program better," she said. "Listen to (Sallee) and learn from him."

Galligan played for the women's basketball

team from 2006 until 2009.

She scored 1,891 points during her career at Eastern.

Look for a more in-depth article in Tuesday's edition of The Daily Eastern News.

Sam Sottosanto can be reached at 581-7942 or at deneic@gmail.com.

## CAMPUS **Rec Center offers summer classes**

#### By Harrison Bueno Staff Reporter

Justin Tomaska, a kinesiology and sports studies major, took one of the summer fitness classes at the Student Recreational Center and said the instructors helped him get a good workout.

"I think they push us harder here, so it's a better benefit than me working out by myself," he said.

A lot of students try to get in shape on their own at the Rec, but students who lack motivation to work out on their own can come to the classes offered by different instructors.

A few of the classes are hard, but Samantha Strykowski, fitness instructor and senior psychology major, said students shouldn't get discouraged because they will get a good workout.

"Some students may think that these classes are hard, but eventually they get easier.

These classes are made to make you get into shape," she said. "They're not supposed to be hard to the point where you can't do anything, they're supposed to hurt and it's one of those things that progressively, over time, it starts getting

easier and you're able to see results." There is a long process to be-

come a fitness instructor at the Rec. It takes up to a semester-and-ahalf before they can have their own class, so Strykowski knows how it feels to constantly do these work-

"It took me a good full month, month-and-a-half to get through



HARRISON BUENO | THE DAILY EASTERN NEWS

Students attempt to tone their abs while attending a class at the Rec Center.

an abs class without being sore," she said. Students are not the only ones

going to these classes.

Eastern coaches encourage their athletes to attend these classes as well. One class recommended is the cycling class—one of the hardest in terms of cardio-to perform better while competing.

"We've had softball players or football players that are trying to lose weight attend the cycling classes, and we also have a lot of girls track athletes come to the abs classes," Stratowski said.

The Rec offers a number of different classes this summer.

On Monday the Rec offers Bootcamp class at 5 p.m.; on Tuesday Intermediate Cycling is at 6:30 a.m., Med/Hi Abs is at 4:30 p.m. and Totally Toning is at 5 p.m.; and on Wednesday Advanced Abs is at 4:30 p.m. and Beginning Cycling is at 5 p.m.

> Harrison Bueno can be reached at 581-7942 or at hbueno@eiu.edu.

CAMPUS Students, faculty watch FIFA World Cup Although the first two U.S. group games against jor, does not think the U.S. will go that far, so he England and Slovenia ended as draws, the U.S. adhas Brazil as a secondary team. vanced to the knockout stage by defeating Algeria "I talked to all my friends who watch soccer, "So far so good" is the phrase that best describes 1-0 on Wednesday. and yes we support the U.S. but we always had "I'm going to say Argentina against U.S.A.," a secondary team since you can only hope for the Johnson said about his thoughts on the final game. U.S. for so far," he said. "For me, it has always been Brazil." "The U.S.A. team has a great team, definitely a Tylman said bad referee calls are the downfall of world class team. As long as we live up to our full Such is the case of Ben Johnson, a senior elepotential, I don't see why we wouldn't come back the group stage. with the World Cup." "One of the biggest disappointments so far is mentary education major at Eastern. "In general yeah—I say there has been a lot of Weston Steinberg, a senior elementary educathat there have been a lot of bad calls on the refertion major, also supports the U.S. and has high exees," Tylman said. pectations for the team. A week ago, a referee disallowed a U.S. goal "I love America—so I expect my team to take due to a nonexistent offside that would have given it far," he said. them a victory of 3-2 against Slovenia.

human being, let alone an ostrich to run over 20 mph.

I guess that shows how much I know, but this show can help those who don't enjoy learning about math and science in school to at least get a grip of it when they're watching a sports network.

I think ESPN needs to have more shows like "Sports Science" on their network.

It would be a lot more interesting for the all the girlfriends out there who fall victim to their sports-crazed boyfriends who watch ESPN all day.

> Sam Sottosanto can be reached at 581-7942 or at deneic@gmail.com.

#### By Pablo Rodriguez **Campus Editor**

the group stage of the 2010 Federation of Association Football (FIFA) World Cup in South Africa. Up to this point, most fans and spectators are content with the matches seen in the tournament.

interesting games and surprises," he said. "Some of the teams that you expected to kind of do well have been struggling and vice versa."

Johnson's favorite team is the United States and considers goalkeeper Tim Howard the best player.

Dustin Tylman, a junior communications ma-

FIFA, page 7

W <b>orld Cup</b>	World Cup	World Cup	
Slovakia v Turkey	Paraguay v New Zealand	Denmark v Japan	
Fhursday at 10 a.m.	Thursday at 10 a.m.	Thursday at 2:30 p.m.	
World Cup	World Cup	World Cup	
Cameroon v Netherlands	North Korea v Ivory Coast	Portugal v Brazil	
Fhursday at 2:30 p.m.	Friday at 10 a.m.	Friday at 10 a.m.	