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# R&D of 3M Technologies towards the Realization of Exabit/s Optical Communications

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**SUMMARY** Research efforts initiated by the EXAT Initiative are described to realize Exabit/s optical communications, utilizing the 3M technologies, i.e. multi-core fiber, multi-mode control and multi-level modulation.

**key words:** optical communications, space-division multiplexing, multi-core fiber, few-mode fiber, mode-division multiplexing

## 1. Introduction

Over the last thirty years, the optical communication technologies on which the present communication networks are based have enabled an increase in transmission capacity per fiber by more than four orders of magnitude driven by major technological innovations such as ultrafast time-division multiplexing (TDM) electrical circuits, wavelength-division multiplexing (WDM)/Erbium-doped fiber amplifiers (EDFAs) and digital coherent technology as shown in Fig. 1, realizing the capacity increase from 400 Mbit/s to 8 Tbit/s per fiber. If we assume that the data traffic continues to increase by 40–50% per year, a capacity increase by four to five orders of magnitude is expected for the next thirty years although the present optical communication systems based on single-mode fibers (SMFs) have a fundamental capacity limit of 100 Tbit/s per fiber. Therefore, it was obvious in mid 2000s that we need to start developing novel optical transmission lines (fibers) and transmission technologies to support well over Pbit/s capacity per fiber and Ebit/s throughput in the core networks to realize Tbit/s access speed per user [1]–[6].

This article reviews innovative research efforts to meet this challenge initiated by a Japanese research initiative, EXAT (**EX**tremely **A**dvanced **T**ransmission) Initiative, the first of its kind in the world, which started as early as in 2008 and has lead the world research since then, making major technological milestones [2]. Firstly, physical lim-

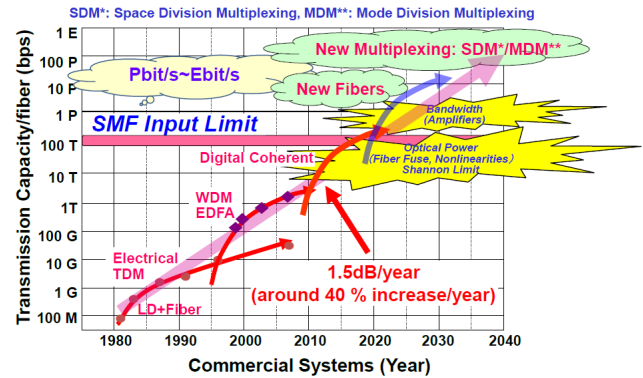


Fig. 1 Evolution of transmission capacity per fiber.

its of the present optical communication systems are briefly identified. Secondly, the EXAT Initiative and the 3M technologies it proposes are described. Thirdly, recent progress in SDM technologies is briefly reviewed focusing on novel multi-core fibers (MCFs) which originated in Japan, and transmission demonstration using them. Lastly, future perspectives towards more capacity and commercialization are described.

## 2. Physical Limits of Present Optical Communication Systems

Transmission capacity per fiber is a good measure of optical network capacity and has been rapidly approaching its limit of 100 Tbit/s as depicted in Fig. 1 where there are three major physical limiting factors, which are optical nonlinear effects in optical fibers, bandwidths of optical amplifiers, and fiber fuse phenomenon where the fiber core melt-down occurs and propagates towards the optical source, destroying the whole systems.

As shown in Fig. 2, the total transmission capacity is defined by a product of spectral efficiency (SE) and a signal bandwidth. The SE is in fact limited by a theoretical limit called “Shannon limit” curve (shown in the left inset of the figure) which is further limited by the signal distortion caused by various optical nonlinear effects, resulting in a theoretical maximum peak. These nonlinear phenomena include self-phase modulation (SPM), cross-phase modulation (XPM), four-wave mixing (FWM) etc. generated in optical fibers, which cause the maximum transmission capacity of the present single-mode fiber to be around 100 Tbit/s. The

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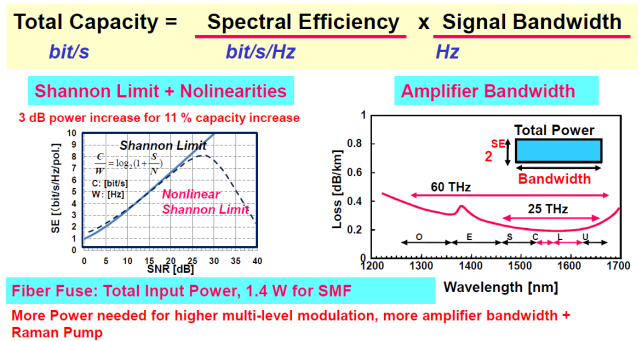


Fig. 2 Total capacity and its limiting factors.

amplifier bandwidths are also limited, to around 40 nm in the case of rare-earth doped fiber amplifiers and around 100 nm for Raman amplifiers. Presently, low-loss 1.5 μm bands of C-band (1530 nm–1565 nm) or L-band (1565 nm–1625 nm) are being used for long haul transmission systems. The total amplifier bandwidth including S-band (1460 nm–1530 nm) or including all the other bands in the communication bands, i.e., O-band, E-band, S-band, U-band, amounts to around 15 THz, or 60 THz, respectively, resulting in the maximum potential capacity of around 150 Tbit/s, or 600 Tbit/s, if we assume an SE of 5 bit/s/Hz per polarization. However, the optical power limitation from the fiber fuse determines the ultimate capacity. It should be noted that recently developed distributed Raman amplifier systems requiring pumping powers of several hundred mW up to W pose a big challenge where their pump powers are approaching the fiber fuse propagation threshold of around 1.2~1.5 W.

### 3. EXAT Initiative and 3M Technologies

#### 3.1 EXAT Initiative

A collaborative study group called “EXAT (EXtremely Advanced Transmission) Initiative” was organized in January 2008 by NICT (the National Institute of Information and Communications Technology, Japan), gathering 25 members from industries, academia, and national institutes in order to develop break-through technologies to substantially increase the transmission capacity to well over Pbit/s per fiber. In the Initiative, we focused on identifying ultimate physical limitations, i.e., the amount of optical power (capacity) that can be transmitted safely in optical fibers, the bandwidth for optical amplification, and the capacity of optical submarine cables systems limited by the electrical power consumed by the optical amplifier repeaters. Most specifically, we proposed the use of the last degree of freedom, “space” for multiplexing and the need to develop new optical fibers (MCFs [7], few-mode fibers (FMFs)) and new multiplexing schemes, namely, space-division multiplexing (SDM) and mode-division multiplexing (MDM) [8] as shown in Fig. 1.

Figure 3 summarizes how EXAT has developed and evolved for the last nine years since 2008 as well as major research activities around the world [9]–[40]. It should be

noted that outside Japan, research has been more focused on FMFs, and most MCFs including FM-MCFs have been designed and fabricated in Japan. After its first period in 2008, it organized EXAT 2008, the first international symposium of its kind in Tokyo in November, 2008, reporting their work on new optical fibers and SDM technologies with clear messages that there is a rapidly approaching limit of the optical communication systems and that we need to develop sustaining new technologies. The second term EXAT Initiative in 2009 discussed specific technological issues to tackle towards the creation of national projects. Each term produced a report and a book entitled “Innovations in Optical Fiber Communications Technologies” were published in 2012 based on the reports [14]. The NICT EXAT Initiative was then inherited by IEICE EXAT study group which was established in 2010 and has continued its vigorous activities, organizing 14 international workshops, symposia, including EXAT 2008, EXAT 2013 and EXAT 2015.

The other important achievement by the EXAT initiative is that it led to the creation of a series of Japanese national projects to further develop the ideas proposed by EXAT. Figure 4 depicts three projects which are i-FREE (Innovative Optical Fiber Technologies: 2010–2012), i-ACTION (Innovative Optical Communication Infrastructure: 2011–2015) and i-FREE<sup>2</sup> (Innovative Optical Fiber & Communication Technology for Exa-bit Era with SDM: 2013–2018). In 2016, another new project “R&D of Space-Division Multiplexing Photonic Node” (2016–2020) started. Furthermore, an EU-Japan coordinated R&D project on “Scalable And Flexible optical Architecture for Reconfigurable Infrastructure (SAFARI)”(2013–2017) has been created linking the Japanese EXAT community and the European related partners, commissioned by the Ministry of Internal Affairs and Communications (MIC) of Japan and EC Horizon 2020. The Japanese national projects have been leading this most advanced research field on SDM technologies in the world especially MCF technologies, setting several world records such as 1 Pbit/s transmission (2012) [23], 1 Ebit/s-km transmission (2013) [26], [27], and 2 Pbit/s (2015) [19], [29].

#### 3.2 Three-M (3M) Technologies

In the EXAT initiative of the first term (2008), we explored new fibers making use of “space” dimension, which have potentials of substantially increasing the transmission capacity, and investigated two types of fibers, namely, multi-core fibers (MCFs) and few-mode fibers (FMFs) or multi-mode fibers (MMFs) depending on the number of modes they can carry as shown in Fig. 5. In MCFs, cores can be arranged so that the propagation mode in each core is either coupled with those in other cores (coupled) or not (un-coupled). In FMFs/MMFs, different modes in a core normally couple over some distances and therefore, multiple-input, multiple-output (MIMO) is usually required.

Based on these new fibers, EXAT Initiative identified three major fundamental technologies, namely, “Multi-core Fiber”, “Multi-mode Control” and “Multi-level Modula-

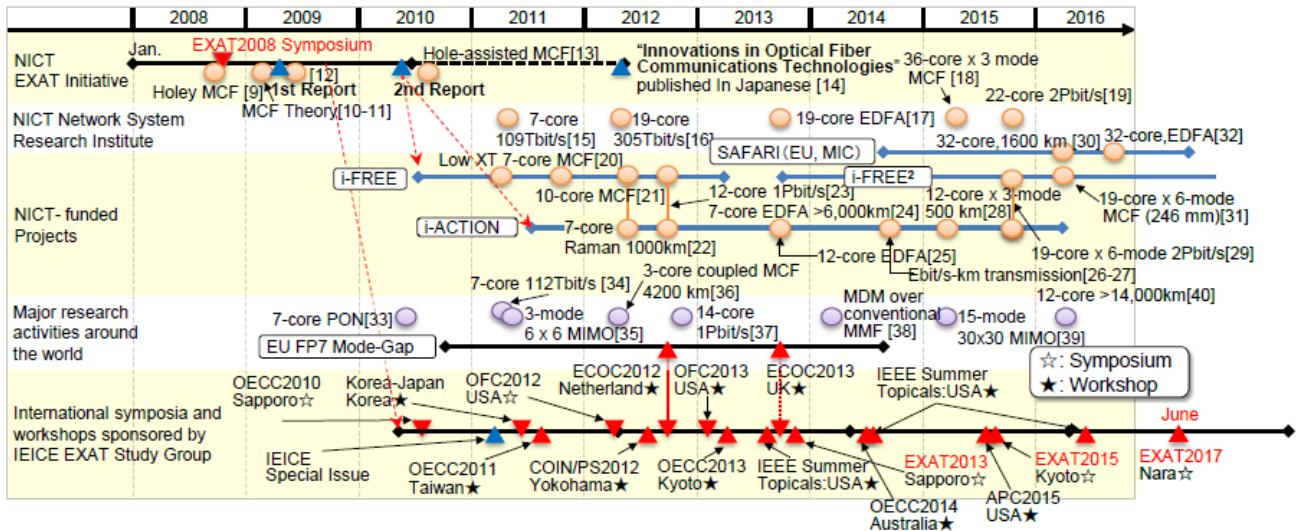


Fig. 3 Development of the EXAT Initiative since 2008.

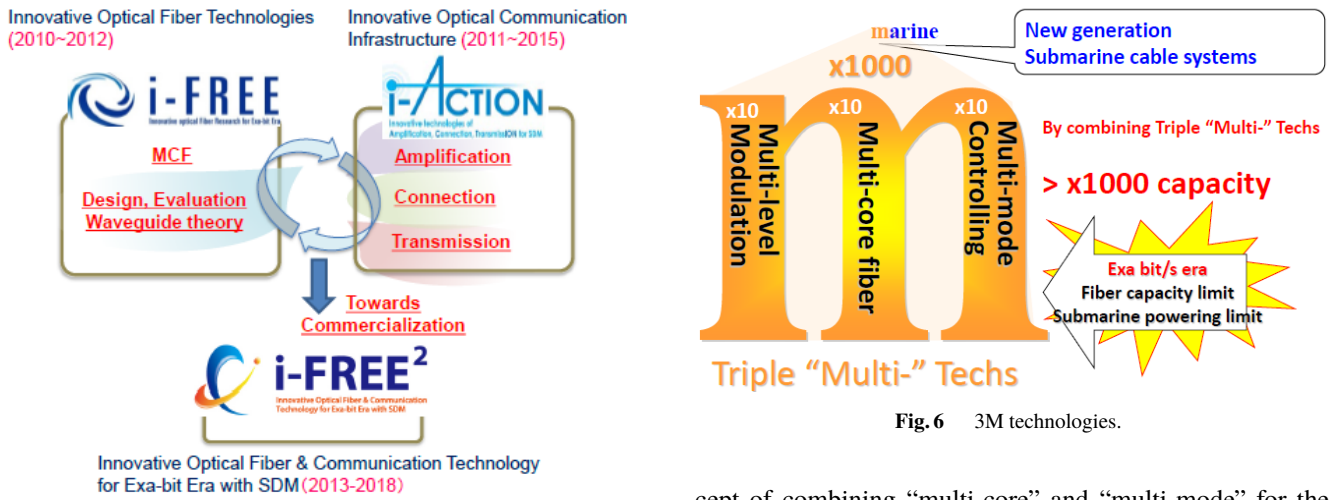


Fig. 6 3M technologies.

Fig. 4 Major Japanese national projects driven through the EXAT activities.

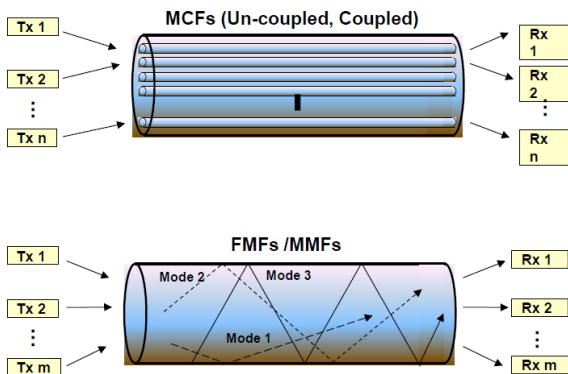


Fig. 5 Schematics of multi-core fibers (MCFs) and few-mode fibers (FMFs) or multi-mode fibers (MMFs).

tion”, which we call “3M technologies” [2], [41] as depicted in Fig. 6. It should be noted that EXAT proposed the con-

cept of combining “multi-core” and “multi-mode” for the first time as early as in 2008. Initially, a factor of 10 increase in capacity is considered for each technology, enabling a factor of 1000 increase, but it has been found out that more than a factor of 10 has proven to be possible for “Multi-core Fiber” and “Multi-mode Control” as more than 30 core fibers [8], [30], [42] and 15 mode [39] transmission have already been demonstrated.

When multiple independent modes in an FMF or MMF are used as an independent channel, the scheme is particularly called MDM while in a broader sense, SDM refers to transmission schemes based on MCFs or FMFs/MMFs. More recently, even few-mode, multi-core fibers (FM-MCFs) have been demonstrated as a combination of the two fibers to further increase the transmission capacity [28], [31]. The major new components for SDM are SDM multiplexers (SDM-MUXs) to couple light from different cores or different modes into SDM fibers, SDM fibers, SDM optical amplifiers to amplify SDM signals, SDM demultiplexers (SDM-DEMUXs), optical connectors/splicing as illustrated in Fig. 7. Major important characteristics of the passive components are naturally low insertion loss, low core/mode



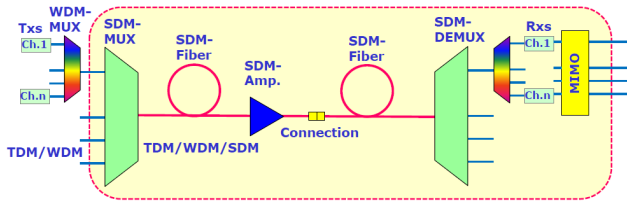


Fig. 7 Basic components for SDM technologies.

dependent loss, low crosstalk among modes/cores and wide bandwidth to support WDM/SDM signals. Optical amplifiers designed for SDM transmission are also a challenge where low core/mode/wavelength dependent, wide bandwidth amplification characteristics with high gain and low noise figures (NFs) are desirable.

4. Recent Progress in SDM Technologies

4.1 SDM Fiber and SDM Amplifier Technologies

Figure 8 categorizes various SDM fibers [9]–[13], [18], [20], [21], [31], [42]–[49]. So far, FMFs, single-mode (SM)-MCFs (uncoupled, coupled) and FM-MCFs have mainly been fabricated and tested in transmission experiments. The main issue with FMFs is how the differential mode delay (DMD) can be reduced to minimize the MIMO complexity whereas that with SM-MCFs is how we can reduce the inter-core crosstalk while increasing the number of cores for higher capacity transmission.

Figure 9 summarizes recently fabricated high-count SM-MCFs. The core layouts can be hexagonal close-packed structure (HCPS), one-ring structure (ORS), dual-ring structure (DRS), and square-lattice structure (SLS). The first one Pbit/s experiment was made with a 12 core MCF with ORS [23]. The largest number of cores reported so far is 32 [42] and the fiber has been tested in a > 1600 km transmission experiment [30]. The 22-core MCF has also been successfully used in 2.15 Pbit/s transmission [9]. The cladding diameters should be limited to around 250 μm or less from the constraints of mechanical reliability comparable to that of the existing telecommunication network where a feasible proof level of 1~2% is assumed with a bending radius of 15 mm [31], [46], [49].

Figure 10 also summarizes recently fabricated FM-MCFs for dense-SDM (DSDM) with a spatial multiplicity (channels) of more than 30 where it is defined by a product of number of cores and the number of modes. FM-MCFs with more than 100 spatial channels have already been fabricated and one of them has been used in 2.05 Pbit/s transmission [29]. A 6-mode, 19-core FM-MCF (far right) has been fabricated with a cladding diameter of less than 250 μm and low DMD of 330 ps/km [31], [49].

SDM amplifiers play an important role in long-haul SDM transmission systems [32], [51]–[54]. Figure 11 summarizes multi-core amplifiers where there are two different pumping schemes, namely, a core-pumping scheme and a cladding pumping scheme. The advantages of the latter are

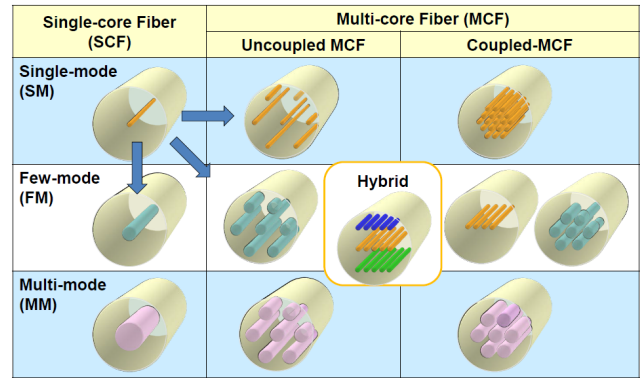


Fig. 8 Categorization of SDM fibers.

	JLT-31-4-554 2013	OE-21-14-16777 2013	OE-22-1-90 2014	OFC2015- Th4C.4	ECOC 2015 We.1.4.4	ECOC 2015 Th.1.2.3	ECOC 2015 PDP.3.1	OFC2016 Th5C.3 ECOC 2016 We.2.2.4
Cross Sectional View								
Number of Cores	19	12	19	30	31	16	22	32
CD [μm]	200	230	220	228	231	235	260	243
Fiber Length [km]	10.1	50	30	9.6	11	55	31 (5 sub-span)	51.4
Attenuation [dB/km]	0.227	0.186	0.285	0.50	0.245-0.286 (LP <sub>02</sub> )	0.20-0.22	0.19-0.21	0.22
A <sub>eff</sub> [μm <sup>2</sup> ]	71.5	105.8	85	77.3	75	87	75	80.3
Worst Crosstalk [dB/km]	-34.3	-65	-56.8	-62	-41	-51.9	-45	-54

Fig. 9 Recent fabricated high-count SM-MCFs: courtesy of K. Saitoh [45].

	OFC2014, Th5B.2	OFC2015, Th5C.3	ECOC2015, We.1.4.3	OFC2015, Th5C.2	OFC2015, Th5C.4	OFC2016, Th5A.2
Cross Sectional View						
SCC (MC × CC)	36 (3 × 12)	36 (3 × 12)	72 (6 × 12)	108 (3 × 36)	114 (6 × 19)	114 (6 × 19)
Core Profile	Dual Step	Graded	Graded	Step	Graded	Graded
Dc [μm]	229	230	227	306	318	246
Fiber Length [km]	40.4	52.7	4.2	5.5	9.8	8.85
Attenuation [dB/km]	LP <sub>02</sub> :0.205 LP <sub>11</sub> :0.204	LP <sub>02</sub> :0.218 LP <sub>11</sub> :0.228	LP <sub>02</sub> :0.23 All modes:0.29	0.242-0.308 (LP <sub>01</sub> +LP <sub>11</sub> )	< 0.5 dB/km (LP <sub>02</sub> )	< 0.24 dB/km For all modes
A <sub>eff</sub> [μm <sup>2</sup> ]	LP <sub>01</sub> :196 LP <sub>11</sub> :141	LP <sub>01</sub> :110 LP <sub>11</sub> :154	LP <sub>01</sub> :87.5	LP <sub>01</sub> :74-77 LP <sub>11</sub> :102-110	-	LP <sub>01</sub> :80.1±5 LP <sub>11</sub> :164
Worst Crosstalk	-55.4	-58.8	< -31 dB/100km (LP <sub>21</sub> )	< -31 dB /5.5 km (c2c)	< -30 dB/50 km (c2c)	< -30.8 dB/100km (LP <sub>02</sub> )
Max. DMD [ps/km]	520 over C band	63 over C band 96 over C+L band	430 over C band	7800 at 1550 nm	1000 at 1550 nm	< -330 at 1550 nm

Fig. 10 Recent fabricated FM-MCFs for dense SDM: courtesy of S. Matsuo [46].

that low-cost, high-power multi-mode pump sources can be used and that the number of pump sources can be substantially reduced, providing a much lower cost/bit and energy/bit solution than the core-pumping scheme. Recently, a cladding pumped 32-core EYDFA has been fabricated and used as an inline amplifier in a 32-core 111.6 km MCF transmission experiment [32].

4.2 Recent Transmission Demonstration

Table 1 summarizes SDM transmission experiments with four different groups of SM-MCFs, coupled-core MCFs,

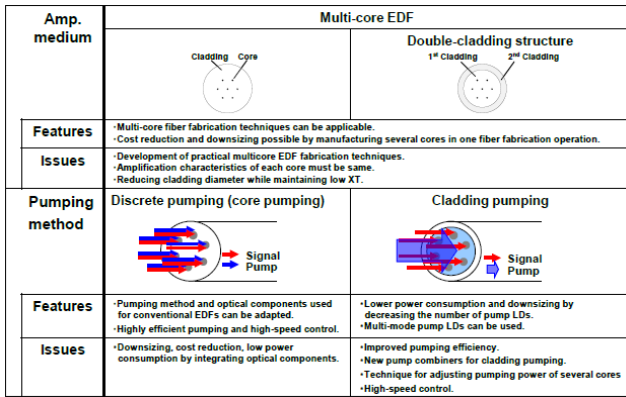


Fig. 11 Multi-core (MC) amplifiers: courtesy of M. Yamada.

Table 1 Transmission experiments using SDM fibers: updated based on [55].

SDM Fiber	Cladding DIA (μm)	Amplification scheme	Distance (km)	Capacity (Tb/s)	BW (THz)	Efficiencies		Aggregate spectral efficiency (b/s/Hz)
Fiber type						$\eta_{\text{spatial}}$ (1/mm <sup>2</sup> )	$\eta_{\text{spectral}}$ (b/s/Hz)	
7-core	150	-	16.8	109	9.7	396.1	1.6	11.2
7-core	186.5	-	76.8	112	8.0	256.2	2.0	14.0
7-core	196	MC-EDFA	7326	140.7	5.0	232.0	4.0	28.0
7-core	195	MCF-ROPA	204	120.7	2.25	234.4	7.6	53.6
7-core	n/a	MC-EDFA	2520	51.1	5.1	n/a	1.5	10.6
12-core	225	-	52	1014	11.1	301.8	7.6	91.4
12-core	230	MC-EDFA and Raman	450	2 × 409	10.2	288.8	6.7	80.6
12-core	230	MC-EDFA and Raman	1500	2 × 344	9.4	288.8	6.1	73.6
12-core	n/a	SM-EDFAs	14530	105.1	2.7	-	3.2	38.4
19-core	200	-	10.1	305	10.0	604.8	1.6	30.5
22-core	260	-	31	2150	10.0	414.4	9.8	215.6
32-core	243	MC-EDFA	1644.8	50.4	2.5	-	6.3	201.5
3 coupled-core	125	SM-EDFAs	4200	1.2	0.25	244.5	1.3	4.03
6 coupled-core	125	SM-EDFAs	1705	18	1.0	488.9	3.0	18.0
12-core × 3-mode	229	-	40.4	61.97	0.25	874.1	6.88	247.9
12-core × 3-mode	230	FM-EDFAs	527	23.58	0.25	866.5	2.62	94.3
7-core × 3-mode	192	-	1	200	2.5	725.3	3.8	80.0
36-core × 3-mode	306	-	5.5	-	-	1468.6	-	-
19-core × 6-mode	318	-	9.8	30.3	0.09	1435.4	3.03	345.0
19-core × 6-mode	318	-	9.8	2050	4.5	1435.4	4.0	456.0
3-mode	125	FM-EDFA	119	57.6	4.8	244.5	4.0	12.0
3-mode	125	FM-EDFA	500	27.7	3.7	244.5	2.5	7.6
3-mode	125	Raman	1050	18	2.0	244.5	3.0	9.0
6-mode	125	SM-EDFAs	177	24.6	0.8	488.9	5.3	32.0
6-mode	125	SM-EDFAs	708	6.1	0.4	488.9	2.7	16.0
6-mode	125	-	74.17	34.6	4.3	488.9	1.3	8.1
6-mode	125	FM-EDFA	179	72	4.0	488.9	3.0	18.0
10-mode	125	-	125	23.2	0.8	814.9	2.9	29.0
10-mode	125	-	87	115.2	4.0	-	-	-
15-mode	125	-	22.8	17.2	0.4	1222.3	2.9	43.6

FM-MCFs, and FMFs/MMFs from the top to the bottom, respectively. The highest capacity is 2.15 Pbit/s (22-core SM-MCF, 31 km) [19] and 2.05 Pbit/s (19 core x 6 mode FM-MCF, 9.8 km) [29] as described earlier while the highest spatial multiplicity is over 100 (108 (36 core x 3 mode), 114 (19 core x 6 mode)). The largest capacity-distance product has already achieved more than one Ebit/s-km [26], [27], and has reached 4.59 Ebit/s-km recently [56]. Figures 12, 13, 14 show capacity per fiber, spatial multiplicity, aggregate SE vs. transmission distance, respectively. It can be seen from the figures that most long-distance demonstrations have been done with SM-MCFs. It should be noted that we set a spatial multiplicity of more than 30 as an initial target which is regarded as the maximum number of cores within a 250 μm cladding diameter with the present technologies. We also

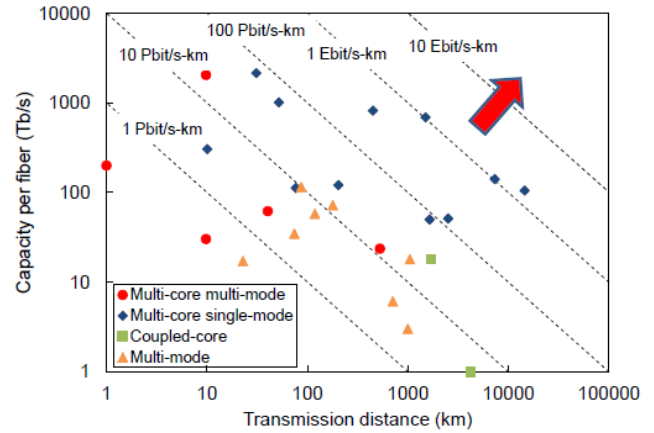


Fig. 12 Capacity vs. transmission distance of recent SDM transmission experiments: updated based on [55].

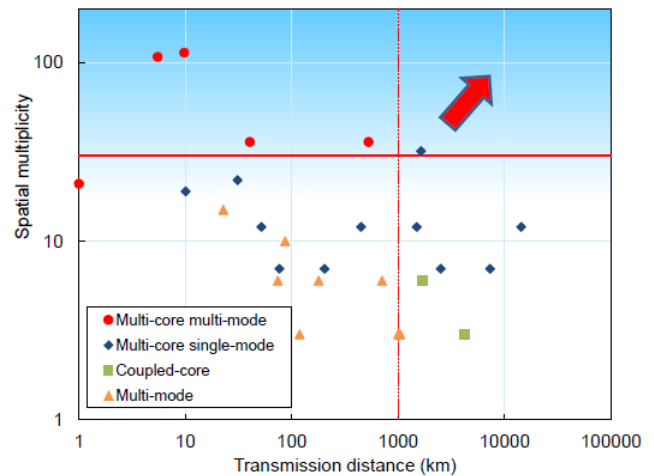


Fig. 13 Spatial multiplicity vs. transmission distance of recent SDM transmission experiments: the red horizontal line corresponds to a spatial multiplicity of 30 for DSDM: updated based on [55].

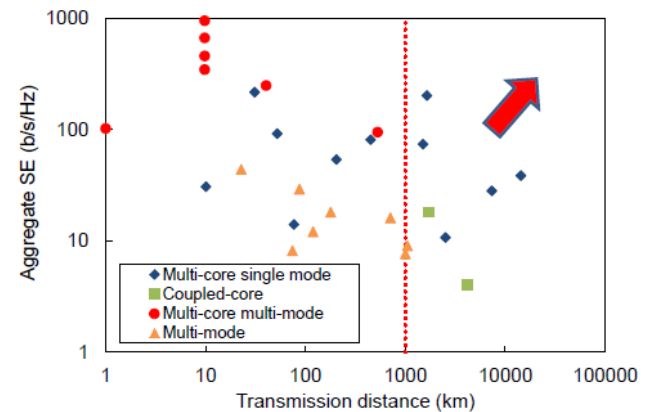


Fig. 14 Aggregate spectral efficiency (SE) vs. transmission distance of recent SDM transmission experiment: updated based on [55].

target a minimum transmission distance of 1000 km which is required for terrestrial links.

## 5. Future Perspective

In terms of “Multi-level Modulation” of the 3M technologies, 64 QAM (6 bit/symbol) is now being developed for commercialization, and more than 1024 QAM (10 bit/symbol) is being studied [57] where the transmission reach is a major research issue for future implementation. In terms of “Multi-core Fiber” and “Multi-mode Control”, 19-core, 6-mode (114 spatial channels) [19], [31], [49], 36-core, 3 mode (108 spatial channels) [29] FM-MCFs have been fabricated and a factor of around 600 increase has already been achieved by the present 3M technologies. It can be said that by adopting more advanced forward error correction (FEC) algorithms and higher “Multi-level Modulation” formats, a factor of 1000 would be achievable where narrower linewidth laser sources will also be a research issue. The recent progress in ultrafast repeater technology [58] may enable us to employ beyond 1024QAM formats with effectively equivalent transmission distance in the future. The criterion of whether a set of most advanced 3M technology may or may not be introduced depends on the market needs of ultra-wideband network. The continuing global trend of the quick penetration of broadband network services not only in developed countries but also in developing countries convinces us of the deployment of most advanced 3M systems in the long run.

Although the ultimate goal of Exa bit/s capacity per fiber seems quite far away, we can think of roughly four steps towards it. In the first step, we will aim at 10 Pbit/s capacity using around 30 cores and 6 modes with 180 spatial channels, which will probably be achieved within a few years. In the second step, we will aim at 50–60 Pbit/s using around 50 cores and 15 modes with 700–800 spatial channels, while in the third step, we will aim at 300 Pbit/s using around 50 cores and 15 modes with 700–800 spatial channels, while in the third step, we will need to fully utilize the whole 60 THz band (O, E, S, C, L, U) to achieve the capacity. Unfortunately, no specific measures to go up to 1 Ebit/s in the fourth step are yet known.

Schemes that enable the deployment of SDM technologies in future commercial systems need to be considered. Even though excellent capabilities of SDM technologies have been demonstrated in the research level, their deployment in real systems requires further efforts and the following questions should be answered:

- (a) What would be the best application fields?
- (b) What scheme would allow smooth migration from existing systems?
- (c) How can the cost of the new systems be evaluated?
- (d) What will the standardization scheme be?
- (e) When will the new system be commercialized?
- (f) Who will be the major players?

These questions are closely related to each other. The component cost could be substantially reduced by increasing the market size and therefore, worldwide standardization

would be beneficial although detailed discussion of standardization may be time consuming, thereby hindering early deployment. A business exploiting specific transmission routes carrying heavy traffic, such as a super-realistic video service or datacenter-based service might become a frontrunner.

Core network systems consist of many existing optical networks based on traditional SMFs. Therefore, worldwide deployment would require standardization. Future large-scale replacement or newly constructed optical networks would present opportunities for the deployment of SDM. Submarine optical cable systems seem to constitute “green field” development, which means that the first stage of the system is not standardized. The space factor is a very important issue in submarine systems because of the limited space in which to locate undersea optical cables and repeaters. SDM essentially offers high space efficiency. The next jump in the transmission capacity of submarine systems may come from SDM when the electric power consumption of the optical amplifier in the repeater nearly may reach the same level as that of current commercial systems.

Candidate application fields of SDM technologies would be submarine systems, access networks/mobile networks in addition to core networks. Short-reach communication systems seem to be suitable application fields for which a rapid increase in traffic can be foreseen. However, as the cost balance will be a key issue in these fields, very low components/construction costs will be needed.

The data-com. field, which includes intra-datacenter signal transmission involving signaling between large numbers of racks/boards, is a promising area for SDM application. Datacenters are expected to require very large capacity signal transmission in combination with simple connections between optical fiber cables, because the space factor is a major issue. Even now, many fiber cables are connected in a complicated manner and SDM offers a solution for this complexity. The integration of the optical components of SDM would also substantially reduce the number of components in a datacenter. The use of SDM fiber transmission over short distances would obviate the need for optical amplifiers. Furthermore, data-com. systems seem to be “green field” implementations, where the preferred network should only be determined by an operator of the particular datacenter. However, data-com. demands real-time communication and low electric power consumption, which requires the MIMO chip in MDM to be carefully designed for actual application.

Thus far, studies of SDM technologies have mainly focused on point-to-point transmission to achieve a very large transmission capacity exceeding 1 Pbit/s/fiber. However, the networking design and architecture of real systems are important and need necessary consideration. The elastic node architecture of SDM will open the way to additional benefits such as high-contention resolution and much higher throughput by utilizing new dimensions of SDM. Exploration of the potential of the new field calls for the contribution of many ideas from various research areas other than optical communication and for researchers from these areas to become involved in the research field of SDM technologies.

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