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Valorization of pineapple waste for the extraction of bioactive compounds and glycosides using autohydrolysis



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ABSTRACT

Autohydrolysis process, an alternative technology that uses only water as extraction solvent, was evaluated for the extraction of glycosides and polyphenols from pineapple waste. A Box-Behnken design was carried out using different temperatures (150–200 °C), solid-liquid ratio (1:40–1:10 w/v) and reaction time (15–45 min). The best condition for the production of glucose (27.6 g/L) and fructose (33.8 g/L) was 150 °C, 30 min and 1:10 w/v while the highest amount of extracted total polyphenols (1.75 g/L) was obtained at 200 °C, 30 min and 1:10 w/v solid-liquid ratio. In all treatments were detected gallic acid, hydroxybenzoic acid, chlorogenic acid, epicatechin, coumaric acid and caffeic acid. These results indicate autohydrolysis as a valuable alternative for the sustainable extraction of high value-added molecules for further use in industrial, food, cosmetic and health applications.

1. Introduction

The pineapple (*Ananas comosus*) is a perennial plant of the Bromeliaceae family whose fruit is marketed around the world. In 2013, pineapple production was around 210,000 t mainly in Latin America and the Caribbean and Portugal (FAO, 2016). This fruit is eaten fresh or used to make juices, jams and preserves.

Pineapple canning industries produce large quantity of solid waste. The dry matter content of pineapple waste is around 10%, composed of about 96% organic matter and 4% inorganic matter (Abdullah, 2007). According to (Conesa et al., 2015), in the elaboration of pineapplebased food products, this value can be 50%. Other authors reported a waste production from pineapples processing in the range of 25–35% of the weight of the fruit (Seleni et al., 2014). This discrepancy can be due to pineapple variety and the type of processing used.

Worldwide, agricultural industries generate large amount of biomass residues which can cause environmental and pollution concerns (Santana-Méridas, González-Coloma, & Sánchez-Vioque, 2012). Wastes derived from food processing are identified as major resources for the bio-based processes development (Lin et al., 2014) and a sustainable use of these food by-products for the production of value-added products (as chemicals, materials and fuels) could contribute to reduce environmental concerns and improvement of economic growth.

Pineapple waste is an enriched raw material, composed mainly by insoluble fibers, pectins, sugars, protein, vitamins, minerals and phenolic compounds (Díaz-Vela, Totosaus, Cruz-Guerrero, & Pérez-Chabela, 2013). However, in most of the cases research has been focused on recovering proteolytic enzymes such as bromelain, a group of proteases with different applications in the food, textile, cosmetics and others (Coelho-Silvestre et al., 2012). Taking this in consideration, strategies are needed to recover other added value compounds available in pineapple wastes.

Glycosides obtained from these residues have various applications as food additives, prebiotics and biopreservatives (Cuevas, García, Hodaifa, & Sánchez, 2015). Moreover, phenolic compounds are of great interest in the pharmaceutical and food industry due to their biological properties with application on human health. There are few studies related to bioactive polyphenols from pineapple residues. Although we can mention some examples as myricetin, salicylic acid, tannic acid, *trans*-cinnamic acid and *p*-coumaric acid identified in a high dietary

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fiber powder from pineapple shell which is a part of waste and these compounds were reported as potent antioxidants (Larrauri, Rupérez, & Saura-Calixto, 1997). On the other hand, it has been shown that the polyphenols found from pineapple wastes such as ferulic acid and syringic acid, are responsible for antioxidant and antimicrobial activity (Upadhyay, Prava-Lama, & Tawata, 2010).

A wide range of extraction methods have been employed to recover bioactive compounds from agro-industrial wastes (Santana-Méridas et al., 2012). In some investigations the operational conditions are determinant to recovery of bioactive compounds, as the type of solvent, time and temperature of extraction are significant variables on the extraction process. For example, phenolic compounds from pineapple peel were obtained using 25 g of raw material by extraction with reflux, first with 150 mL of n-hexane to remove non-polar compounds and then with 150 mL methanol for 4 h at 60 °C these conditions they influenced on the antioxidant activity by DPPH scavenging capacity method (Li et al., 2014).

Alternatively, aqueous processing (also known as autohydrolysis or liquid hot water) is a recognized environmentally-friendly technology used for the extraction of value-added compounds from several raw materials (such as agricultural residues and wood biomass) (Parajó et al., 2008; Conde, Moure, Domínguez, & Parajó, 2011). This hydrothermal treatment (that uses water as only medium of reaction) has several advantages such as: absence of chemical solvent, no corrosion problems, simple to operate, cost-effective and economical (Ruiz, Rodríguez-Jasso, Fernandes, Vicente, & Teixeira, 2013).

The aim of this work was the find the ideal conditions for bioactive compounds (polyphenols) and glycosides extraction from pineapple wastes by aqueous processing. Time, liquid to solid ratio and temperature were evaluated using a Box-Behnken design. In addition, the antioxidant activity of the liquid extracts was evaluated with ABTS and DPPH techniques.

2. Materials and methods

2.1. Reagents and chemicals

Glucose, fructose, Folin-Ciocalteu phenol reagent, ABTS, 2, 2-diphenyl-1-picrylhydrazyl, gallic, hydroxybenzoic, chlorogenic, epicatechin, coumaric and caffeic acid were purchased from Sigma-Aldrich, Germany, all HPLC grade. Sulphuric acid (96%) and sodium carbonate from Fisher Scientific. Anthrone, methanol and phenol crystallized from PanReac AppliChem. Albumin from Merck. Bradford dye reagent from Alfa Aesar[®]. Acetonitrile and formic acid grade HPLC from Chem-Lab.

2.2. Raw material

Pineapple waste (composed mainly by core and skin) was kindly provided by a local food company (Oporto, Portugal). Pineapple wastes were placed in aluminum trays and submitted to a drying stage at 60 °C for 48 h in order to avoid degradation. The dried samples were mixed to obtain a representative lot, milled (Cemotec mill model 1090, Sweden) and sieved to obtain a particle size of < 1 mm. Then, samples were placed in a plastic bag and stored in a dry place until further analysis.

2.2.1. Chemical characterization of raw material

2.2.1.1. Total and reducing sugars content. Total sugars determination of pineapple waste was carried out following the methodology reported by Dubois, Gilles, Hamilton, Rebers, and Smith (1956). Glucose was used as standard. In a test tube, 500 μ L of sulphuric acid (H₂SO₄ 96%) were added to the sample and mixed. From this, 300 μ L were taken and placed in a 96 well microplate and in oven at 105 °C for 10 min and then cooled at room temperature. Finally, absorbance was read in an ELISA (Synergy HT, BioTek[®], Winooski, VT, USA) microplate analyzer at 480 nm.

The determination of reducing sugars present in pineapple waste

39

was carried out following the methodology reported by Dreywood (1946), also using glucose as standard. In a test tube, 500 μ L of diluted sample and 1 mL of the anthrone reagent were added. The tubes were placed in an ice bath for 10 min. Subsequently, the tubes were placed in a water bath at 80 °C for 15 min. Samples were cooled at room temperature. Finally, absorbance was read in an ELISA (Synergy HT, BioTek®, Winooski, VT, USA) microplate analyzer at 620 nm. In both determinations, the pineapple waste samples were diluted one thousand times with distilled water.

2.2.2. Soluble protein content

Soluble protein determination of pineapple waste was carried out in accordance with the methodology reported by Bradford (1976). Albumin was used as standard in a concentration in the range up to 1 g/L. Samples were diluted one hundred times; 50 μ L of diluted sample and 500 μ L of Bradford reagent were mixed in a test tube. Aliquots of 300 μ L were taken and placed in 96 well microplate. Absorbance was read at 595 nm in an ELISA (Synergy HT, BioTek*, Winooski, VT, USA) microplate analyzer.

2.3. Aqueous processing for extraction of glycosides and polyphenolic compounds: experimental Box-Behnken design (BBD)

Box-Behnken design was used for evaluation and optimization of the effect of independent variables (time, solid to liquid ratio (w/v) and temperature) on the release of bioactive compounds and glycosides from pineapple waste by autohydrolysis. Three variables at three levels were used. All treatments were performed in triplicate. Nine central points were used. The condensed matrix of treatments and the variables evaluated were shown in Table 1. To evaluate the proposed model, an Analysis of Variance (ANOVA) test was analyzed for each response variable. A second-order polynomial Eq. (1) that all interaction terms was used to calculate the predicted response:

$$Y = \beta_0 + \sum_{i=l}^{k} \beta_i X_i + \sum_{i=l}^{k} \beta_{ii} X_i^2 + \sum_{i$$

where *Y* is the response variable, β_0 is constant, $\beta_i X_i$ is linear effect of the independent variable, $\beta_{ii} X_i^2$ is quadratic effect of the independent variable, $\beta_{ij} X_i X_j$ is interaction effects of the independents variables and ε is total error.

Extraction experiments were carried out in steel cylinders (12.5 cm long and 6.45 cm wide) as described by Ruiz, Vicente, and Teixeira (2012) placed inside an oil bath (MC Model, Julabo, Labortechnik GmbH, Seelbach, Germany) with temperature control. Distilled water and pineapple waste were mixed at the different ratios mass/volume shown in Table 1. At the end of the reaction time, the cylinders were placed in an ice bath for cooling down. Subsequently, solid and liquid phases were separated by filtration in order to obtain hydrolysates.

2.4. Hydrolysates analysis: glycosides and polyphenols quantification and identification

Hydrolysates from autohydrolysis assays were analyzed for glycosides and polyphenols content. Glucose and fructose were quantified by HPLC (Jasco AS-2057 plus, Tokyo, Japan) and bomb (Jasco 880-PU, Tokyo, Japan) equipped with refractive index detector (Knauer K-2300, Berlin, Germany) and a column Metacarb 87H (300×7.8 mm, Varian, USA) eluted with 0.005 M H₂SO₄, flow rate of 0.6 mL/min in a temperature control chamber (Jhones Chromatography model 7971) at 60 °C (time analysis of 20 min). For polyphenols analysis, it was used an UHPLC (Shimadzu Nexera $\times 2$ LC-30 CE, USA) equipped with autosample (Nexera $\times 2$ SIL-30 AC prominence, USA), diode array detector (SPD-M20A), column oven (CTO-20 AC prominence) and a column Teknokroma $^{\circ}$ (Brisa LC2 C18 TR-010481, 25 \times 0.46 cm, 5 µm, Barcelona, Spain). Standard solutions of gallic, hydroxybenzoic,

Table 1

Condensed matrix of treatments from BBD to analyze the release of bioactive compounds and variables with affecting this process.

Run	Independent variable ^a			Response variable ^b		
	Temperature (°C)	Time (min)	Ratio (w/v) ^c	Fructose (g/L)	Glucose (g/L)	Total polyphenols (g/L)
1	150 (-1)	15 (-1)	1:25 (0)	12.92 ± 0.76	10.40 ± 0.65	0.59 ± 0.07
2	200 (1)	15 (-1)	1:25 (0)	9.11 ± 2.03	8.97 ± 1.21	0.41 ± 0.05
3	150 (-1)	45 (1)	1:25 (0)	14.12 ± 0.42	11.67 ± 0.30	0.28 ± 0.04
4	200 (1)	45 (1)	1:25 (0)	2.77 ± 0.42	4.65 ± 0.77	0.94 ± 0.04
5	150 (-1)	30 (0)	1:40 (-1)	8.52 ± 0.05	7.01 ± 0.04	0.25 ± 0.03
6	200 (1)	30 (0)	1:40 (-1)	2.58 ± 0.44	4.08 ± 0.53	0.48 ± 0.05
7	150 (-1)	30 (0)	1:10 (1)	33.85 ± 0.99	27.62 ± 0.70	1.19 ± 0.15
8	200 (1)	30 (0)	1:10 (1)	4.30 ± 0.85	12.11 ± 2.34	1.75 ± 0.07
9	175 (0)	15 (-1)	1:40 (-1)	8.27 ± 0.31	6.89 ± 0.30	0.74 ± 0.03
10	175 (0)	45 (1)	1:40 (-1)	4.84 ± 0.14	5.19 ± 0.12	0.76 ± 0.11
11	175 (0)	15 (-1)	1:10 (1)	31.50 ± 1.28	26.82 ± 0.46	0.70 ± 0.11
12	175 (0)	45 (1)	1:10 (1)	18.19 ± 1.36	21.83 ± 0.51	0.96 ± 0.04
13	175 (0)	30 (0)	1:25 (0)	11.09 ± 0.75	10.17 ± 0.35	1.31 ± 0.26

^a Numbers in parentheses are value coded for levels of independent variable.

 $^{\rm b}$ Values presented as mean $\,\pm\,$ standard deviation.

^c g of pineapple waste dry/mL of distilled water.

chlorogenic, epicatechin, coumaric and caffeic acid in a concentration range of 0–1.5 g/L were used. Formic acid 1% (A) and acetonitrile (B) were used for the preparation of the eluent. An elution gradient was established as follows, 18% B to 82% A over 20 min, 28% B to 42% A over 15 min, 60% B to 40% A over 10 min, 90% B to 10% A over 3 min and 22 min washing column to return to the initial conditions. A flow rate of 0.7 mL/min was used. Double detection at 280 and 320 nm were established. All samples were passed through filters (Organe scientific) of 0.45 μ m.

2.5. Total polyphenols content

In order to complete the data from UHPLC analysis, the determination of total polyphenols in the hydrolysates was carried out according to the methodology reported by Makkar, Blümmel, Borowy, and Becker (1993). Caffeic acid was used as standard in a concentration range up to 2 g/L. In a microplate, 5 μ L of sample were placed to each well (a blank of distilled water was used) and 60 μ L of sodium carbonate (Na₂CO₃) at 15% and 15 μ L of Folin-Ciocalteu reagent were added and mixed. The microplate was incubated at 50 °C for 5 min and was cooled at room temperature. Absorbance was read in an ELISA (Synergy HT, BioTek[®], Winooski, VT, USA) microplate analyzer at 700 nm.

2.5.1. Antioxidant activity

Free radical scavenging activity (DPPH assay) of hydrolysates was determined according to methodology reported by Ballesteros, Cerqueira, Teixeira, and Mussatto (2015). Gallic acid was used to compare the antioxidant activity. The samples were placed in an ELISA (Synergy HT, BioTek[®], Winooski, VT, USA) microplate analyzer, were mixed by 30 s and were read at 515 nm. The radical scavenging activity (RSA) was calculated according to Eq. (1).

$$RSA\% = \frac{A_c - A_s}{A_c} * 100 \tag{1}$$

where $A_{\rm c}$ is the absorbance of the control and $A_{\rm s}$ is the absorbance of the sample solution.

Radical cation decolorization (ABTS assay) was determined according to methodology reported by Ballesteros et al. (2015). Gallic acid was used to compare the antioxidant activity. The samples were placed in an ELISA (Synergy HT, BioTek*, Winooski, VT, USA) microplate analyzer, mixed by 30 s and read at 734 nm.

2.6. Analysis and statistical evaluation of data

The experimental design was carried out using 13 runs (randomized

experimental design with factorial arrangement 3^3). All analyses were carried out in triplicate and the results are presented as mean values plus standard deviations. Pareto chart was used to standardize values, and to evaluate variables in descending order. Data were analyzed using Statistica version 7.0. Lab-Solutions software 5.71SP1 version was used for the interpretation of results. The significance testing was performed by Tukey's test and the differences were statistically significant at p < 0.05, for this analysis SAS (Statistical Analysis Software) Version 8.0 was used.

3. Results and discussion

3.1. Chemical composition of raw material

The chemical composition of pineapple waste was analyzed and its composition was as follows: 82% of total sugars, including 55% of reducing sugars and 27% of non-reducing sugars (measured by difference). Sugars were the main component in this material since it is composed mainly by the core, the largest part the pineapple waste. Lower values of total sugar (9.75%) were reported by other authors (Hemalatha & Anbuselvi, 2013) since this depends of fruit variety. On the other hand, pineapple liquid waste obtained from a fermentation process can present values higher than 70% of total sugars (on a dry weight basis) composed mainly of sucrose, glucose and fructose. (Jusoh, Othman, Idris, & Nasruddin, 2014). In this study, the protein content was 5% and of total polyphenols 4%. These values can be compared with reported for pineapple pomace (4.71% of protein) (Seleni et al., 2014) and total polyphenols (3.9%) content in entire pineapple (Chakraborty, Srinivasa, & Niwas, 2015) respectively.

3.2. Effect of autohydrolysis process on release glycosides

The glycosides (glucose and fructose) and total polyphenol concentration obtained in the hydrolysates after autohydrolysis from pineapple waste were shown in Table 1. The maximum concentration of glucose (27.62 and 26.82 g/L) and fructose (33.85 and 31.50 g/L) was obtained in treatments 7 and 11, respectively, a 3-fold higher fructose and glucose extraction in comparison with the treatment 13 (central conditions). These results are explained because at temperatures higher 150 °C, it starts to occur the hydrolysis of the material. Further, this autohydrolysis process increases the H⁺ and OH⁻ ions, thereby facilitating the release of sugars compounds (Lachos-Pérez et al., 2016). For treatments 6 and 4, concentrations of 2.58 and 2.77 g/L of fructose and 4.08 and 4.65 g/L of glucose were obtained respectively. Autohydrolysis process was also used to obtain sulphated polysaccharides

Table 2

Analysis of variance (ANNOVA) for all response variables (glucose, fructose and polyphenols). (L) Linear terms. (Q) Quadratic terms.

Independent variable	d.f. ^a	Sum squares	Mean squares	F-value	p-Value ^b
Fructose (1) Temperature (°C) (L) Temperature (°C) (Q) (2) Time (min) (L) Time (min) (Q) (2) Petic (w(2)) (L)	1 1 1 1	885.468 48.806 179.618 6.659	885.468 48.806 179.618 6.659 1417.485	47.20975 2.60215 9.57656 0.35503 86.22810	0.000000 0.114994 0.003689 0.554810
Ratio (w/v) (L) Ratio (w/v) (Q) Error Total	1 38 48	166.228 712.729 3630.265	166.228 18.756	8.86264	0.005043
Glucose (1) Temperature (°C) (L) Temperature (°C) (O)	1 1	232.597 28.862	232.597 28.862	44.9470 5.5773	0.000000 0.023422
(2) Time (min) (L) Time (min) (Q) (3) Ratio (w/v) (L) Ratio (w/v) (Q) Error Total	1 1 1 38 44	35.614 1.452 1692.818 238.496 196.647 2439.705	35.614 1.452 1692.818 238.496 5.175	6.8821 0.2806 327.1200 46.0869	0.012464 0.599399 0.000000 0.000000
Polyphenols (1) Temperature (°C) (L) Temperature (°C) (Q)	1 1	0.59843 1.35455	0.598426 1.354549	5.67237 12.83952	0.022346 0.000951
 (2) Time (min) (L) Time (min) (Q) (3) Ratio (w/v) (L) Ratio (w/v) (Q) Error Total 	1 1 1 38 44	0.09094 2.50230 2.11944 0.13279 4.00894 10.44126	0.090939 2.502302 2.119436 0.132794 0.105498	0.86199 23.71887 20.08975 1.25873	0.359041 0.000020 0.000066 0.268930

^a d.f. degrees of freedom.

^b p < 0.05 indicates statistical significance.

from *Fucus vesiculosus*. Assays were performed under different conditions of temperature (160 to 200 °C) and reaction time (10 to 30 min) and compared with traditional chemical methods allowing to conclude that autohydrolysis is a more economical and environmental friendly pretreatment (Rodríguez-Jasso, Mussatto, Pastrana, Aguilar, & Teixeira, 2013).

The results of the analysis of variance for glucose and fructose are shown in Table 2. The following second order polynomial equation with applying multiple regression analysis on the experimental data was found for glucose.

 $y = 10.18 - 3.11x_1 - 1.22x_2 + 8.40x_3 - 1.61x_1^2 + 0.36x_2^2 + 4.64x_3^2$

where x_1 , x_2 and x_3 are the values of temperature, time and ratio, respectively. The second-order regressions were statistically significant where the value adjusted were of 92% for glucose. For the fructose case was applied the following equation:

$$y = 11.05 - 6.07x_1 - 2.74x_2 + 8.21x_3 - 2.10x_1^2 + 0.78x_2^2 + 3.88x_3^2$$

where the independent variables values were coded same as the previous equation and the second-order regressions were statistically significant where the value adjusted were of 80% for fructose. For glucose extraction, temperature and solid to liquid ratio w/v (linear terms) and solid to liquid ratio w/v (quadratic terms) were more significant compared with other variables. On the other hand for fructose, temperature and solid to liquid ratio (w/v) (linear terms) were more significant compared with other variable evaluated (time). Pareto charts shown the effects of the independent variables of the autohydrolysis process on the release of fructose and glucose (see Fig. 1).



Fig. 1. Pareto chart of independent variables effect on release of fructose (a), glucose (b) and polyphenols (c).

Fig. 1a shown the standardized effect of each variable on fructose extraction. The bars extending beyond the vertical line correspond to the effects statistically significant at 95% confidence level. The length of each bar is proportional to the standardized effect. According to the statistical analysis, the solid-liquid ratio was the most significant variable, followed by temperature and time. In this figure, linear (L) and quadratic (Q) effect of solid-liquid ratio, linear effect of time and linear effect of temperature had statistical significance on the fructose release (p < 0.05). The quadratic effect of temperature and time was not significant in the autohydrolysis process. In a similar process, Sabio, Álvarez-Murillo, Román, and Ledesma (2015) evaluated the influence





Fig. 2. Response surface plots of the effect of: (a) solid-liquid ratio (w/v) and temperature (°C), (b) solid-liquid ratio (w/v) and time (min); and (c) temperature (°C) and time (min) on release of glucose.

Fig. 3. Response surface plots of the effect of: (a) solid-liquid ratio (w/v) and temperature (°C), (b) solid-liquid ratio (w/v) and time (min); and (c) temperature (°C) and time (min) on release of fructose.

of temperature, time and biomass/water ratio on the hydrothermal carbonization (HTC) of tomato peel. They concluded that the temperature and time were significant in the solids extraction yield. Fig. 1b shown the standardized effect of each variable on glucose extraction. In this figure, linear effect of solid-liquid ratio (w/v), temperature and time and quadratic effect of ratio (w/v) and temperature had statistical significance on the glucose release (p < 0.05). The quadratic effect of time was not significant in the autohydrolysis process.

The effect of solid to liquid ratio (w/v) and autohydrolysis temperature on the release of glucose was shown in Fig. 2a. As observed, at high values of solid to liquid ratio w/v and temperature, a maximum

concentration of 25 g/L of glucose was obtained. In Fig. 2b, the effect of solid to liquid ratio w/v and time were shown; in these conditions, up to 23 g/L of glucose was reached. On the other hand, the effect of temperature and time on the release of glucose was shown in Fig. 2c. At high temperature values (200 °C) and lower time values (15 min), maximum release of glucose (27 g/L) was obtained. In other work, high sugar extraction as oligosaccharide was obtained from pretreated olive stones by autohydrolysis at temperatures ranging from 150 °C to 225 °C for 0–600 s, (Cuevas et al., 2015). When water-extracted lemon peel wastes were treated at 160 °C, the oligomer concentration reached the

maximum value 31 g/L (Gómez, Gullón, Yáñez, Parajó, & Alonso, 2013).

Fig. 3a shown the effect of liquid to solid ratio w/v and temperature on fructose extraction. At liquid to solid ratio (1:10 w/v) and lower values of temperature (150 °C), maximum fructose concentration of 30 g/L was obtained. On the other hand, the effect of dependent variables solid to liquid ratio (w/v) and time were shown in Fig. 3b. Fig. 3c displayed the effect of time and temperature, these were similar to those described above. A combination of two environmental-friend process for hemicelluloses and lignin recovery from red grape stalks was investigated by (Amendola et al., 2012) that concluded that autohydrolysis process allows release of glycosides. In another work, autohydrolysis was demonstrated to be an efficient technique to recover polysaccharides from spent coffee grounds, particularly when applied at 160 °C for 10 min, and using a liquid-solid ratio of 15 mL water per gram of spent coffee ground (Ballesteros, Ramirez, Orrego, Teixeira, & Mussatto, 2017).

3.3. Effect of autohydrolysis process on release of polyphenols

Table 1 shown the total polyphenols extracted from pineapple wastes by autohydrolysis process. In the treatment 8, maximum values of polyphenols (1.75 g/L) were achieved, a 12-fold higher polyphenol extraction compared to the values obtained by control treatment (same conditions without temperature). In another study, chestnut burs were processed by solvent extraction (with ethanol, toluene-ethanol or nhexane) and/or isothermal autohydrolysis, this process allowing increasing yields of polyphenolic compounds with high antioxidant activity (Mouré, Conde, Falqué, Domínguez, & Parajó, 2014). Mrabet et al. (2014) applied two hydrothermal treatments on secondary date varieties from Tunisian coastal oasis in order to obtain valuable extracts, rich in dietary fiber and antioxidants. The methodologies evaluated allowed to obtain 4-8% of phenolic compounds in the extracts. Fig. 1c shown the standardized effect of each variable on polyphenols extraction. The bars extending beyond the vertical line correspond to the effects statistically significant at 95% confidence level. The length of each bar is proportional to the standardized effect. According to the statistical analysis, the time was the most significant variable, followed by solid-liquid ratio and temperature. In this figure, linear (L) effect of solid-liquid ratio and temperature; quadratic (Q) effect of time and temperature were statistical significance on the polyphenols release (p < 0.05).

The results of the analysis of variance for polyphenols are shown in Table 2. The following second order polynomial equation with applying multiple regression analysis on the experimental data.

 $y = 1.38 + 0.16x_1 + 0.06x_2 + 0.30x_3 - 0.35 - 0.48x_2^2 - 0.11x_3^2$

where x_1 , x_2 and x_3 are the values of temperature, time and ratio, respectively. The second-order regressions were statistically significant where the value adjusted.

The effect of solid-liquid ratio and time at temperature of 200 °C is shown in Fig. 4a, begin shown that at this temperature the maximum release of polyphenols was 1.4 g/L. Fig. 4b shown the effect of time and temperature on the release of polyphenols. The highest yields were obtained at intermediate values of temperature and time (30 min and 175 °C). In Fig. 4c, the effect of solid-liquid ratio and temperature at time of 30 min is plotted, being shown that the maximum release of polyphenolic compounds was obtained at the highest values of solidliquid ratio w/v (1:10 w/v) and at intermediate values of temperature (175 °C).

Besides total phenolic compounds quantification, hydrolysates were analyzed to identify the phenolic compounds present (see Fig. 5). For treatments 8 and 12 values of 2.78 and 2.31 g/L of gallic acid, 1.55 and 1.03 g/L of hydroxybenzoic acid were obtained respectively. In most treatments these two polyphenols were found in the largest amounts. In



Fig. 4. Response surface plots of the effect of: (a) solid-liquid ratio (w/v) and time (min), (b) temperature (°C) and time (min); and (c) temperature (°C) and solid-liquid ratio (w/v) on release of polyphenols.

other studies, Rodríguez-Jasso, Mussatto, Pastrana, Aguilar, & Teixeira, 2014 used the autohydrolysis process for extracting antioxidant compounds from brown seaweed, obtaining 5 mg of total phenolics per 100 mg of sulphated fucan values, these results explained by its chemical nature and low water-solubility. There are few studies on the implementation of autohydrolysis process for polyphenols compounds release from agricultural wastes although different technologies involving high temperatures and pressures and short exposure time have been evaluated. Jun et al., 2009 evaluated extraction with hydrostatic high pressure to obtain polyphenols from green tea leaves, this



Fig. 5. Concentration of polyphenols in the extracts after the autohydrolysis process. All the concentration values are given in g/L.

Table 3

Antioxidant activity of the treatments from BBD, a control without autohydrolysis process and gallic acid (GA) at 25 ppm as commercial antioxidant expressed in percentage of radical scavenging activity.

Treatment	DPPH (RSA %)	ABTS (RSA %)
1	34.3 ± 7.9fg	83.2 ± 2.5c
2	79.3 ± 0.9a	94.8 ± 0.2a
3	40.5 ± 2.8ef	91.1 ± 0.7ab
4	78.7 ± 1.1ab	94.5 ± 0.1a
5	42.0 ± 3.4ef	$85.9 \pm 0.8bc$
6	82.1 ± 1.4a	94.7 ± 0.1a
7	59.4 ± 3.0d	89.8 ± 1.2ab
8	67.1 ± 2.7c	94.7 ± 0.2a
9	$40.6 \pm 0.8h$	84.3 ± 0.6ab
10	80.1 ± 0.8a	95.0 ± 0.1a
11	68.8 ± 1.8cd	83.4 ± 1.5ab
12	70.6 ± 0.7bc	94.5 ± 0.1a
13	80.2 ± 0.7a	94.7 ± 0.2a
Control	$27.4 \pm 0.1 g$	$57.1 \pm 0.2c$
GA (25 ppm)	$47.1~\pm~0.8e$	78.0 ± 1.0abc

Values with different letters in the same column (a–h) are significantly different according to Tukey's test (p $\,<\,$ 0.05).

emerging technology allowing for until 30% polyphenols extraction. Pressurized liquid extraction is other technology that was used to obtain antioxidants compounds from mango leaves. In this work, the temperature is the variable that most influenced the release of antioxidants, being obtained until < 400 mg/g dry material (Fernández-Ponce, Casas, Mantell, & Martínez-de la Ossa, 2015).

3.4. Antioxidant activity of hydrolysates

To evaluate the antioxidant activity of the hydrolysates, DPPH and ABTS assays expressed in percentage of radical scavenging activity were performed, as shown in Table 3. All treatments had higher values compared to the control treatment in the two assays evaluated. For DPPH, treatments 2 (79.3%), 6 (82.1%), 10 (80.1%) and 13 (80.2%) were statistically significant to the others; and 2.9-fold higher antioxidant activity was obtained when compared to the control. The treatment with the lowest activity was 9 (40.6%). On the other hand in ABTS assay, most of the treatments were not statistically significant and 1.6-fold higher antioxidant activity was observed when compared to the control. The treatment with the lowest activity was 1 (83.2%). Furthermore all hydrolysates displayed a higher antioxidant activity than the control antioxidant at 25 ppm. The correlation between the antioxidant activity and the amount of polyphenols in the treatments is not always positive, this may be to compounds present and that interfere with the spectrophotometric techniques altering the results. It is also possible to synergistic and antagonistic interactions among the antioxidants present (Terpinic, Čeh, Poklar-Ulrih, & Abramovič, 2012)

Some bioactive compounds such as pyroligneous acid extracted were obtained from the stem and leaves of the pineapple plant using a charcoal kiln for 48 h, reaching up to 89% and 96% of radical scavenging activity by DPPH and ABTS assay respectively (Mathew, Zakaria, & Musa, 2015). In another study, the antioxidant capacity of co-products from the processing of some exotic fruits as pineapple was evaluated (Martínez et al., 2012). Extractions at 30 °C for 2 h out with ethyl acetate, methanol and water from pineapple fruit were carried. The results showed a correlation between antioxidant activity and amount of bioactive compounds present in the extracts of pineapple fruit (Hossain & Rahman, 2011). In a similar research, autohydrolysis was used to extract antioxidant phenolic compounds from spent coffee grounds. The best conditions were 200 °C, liquid-solid ratio of 15 mL/g and extraction time of 50 min. They concluded that this process is an eco-friendly and efficient technology to extract antioxidant phenolic compounds (Ballesteros, Teixeira, & Mussatto, 2017).

4. Conclusions

Autohydrolysis is shown to be a promising technique for the valorization of pineapple processing wastes, as it allows for an efficient extraction of the main bioactive compounds and glycosides available. The highest extraction of glucose and fructose was obtained at a temperature of $150 \,^{\circ}$ C (an extraction time of 30 min and a solids/liquid ratio of $1:10 \,\text{w/v}$) while for the release of total polyphenols the best conditions were 200 $\,^{\circ}$ C, 30 min and $1:10 \,\text{w/v}$ ratio. The extraction of polyphenolic compounds as potent antioxidants can be used as food additives. All extracts showed a high antioxidant activity when compared to a commercial antioxidant. The obtained results confirm the importance of pineapple processing wastes as a valuable source of compounds for further use in different application sectors and autohydrolysis as an efficient and environmental friendly technique for its extraction.

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L. Sepúlveda et al.

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