



Universidade do Minho  
Escola de Arquitetura  
Portugal



Paula Trigueiros,  
Ph.D



OIKONET Workshop .June 2017  
Escuela Tecnica Superior de Arquitectura,  
Valencia, SPAIN

**Inspiring designers for the later stages of our life**

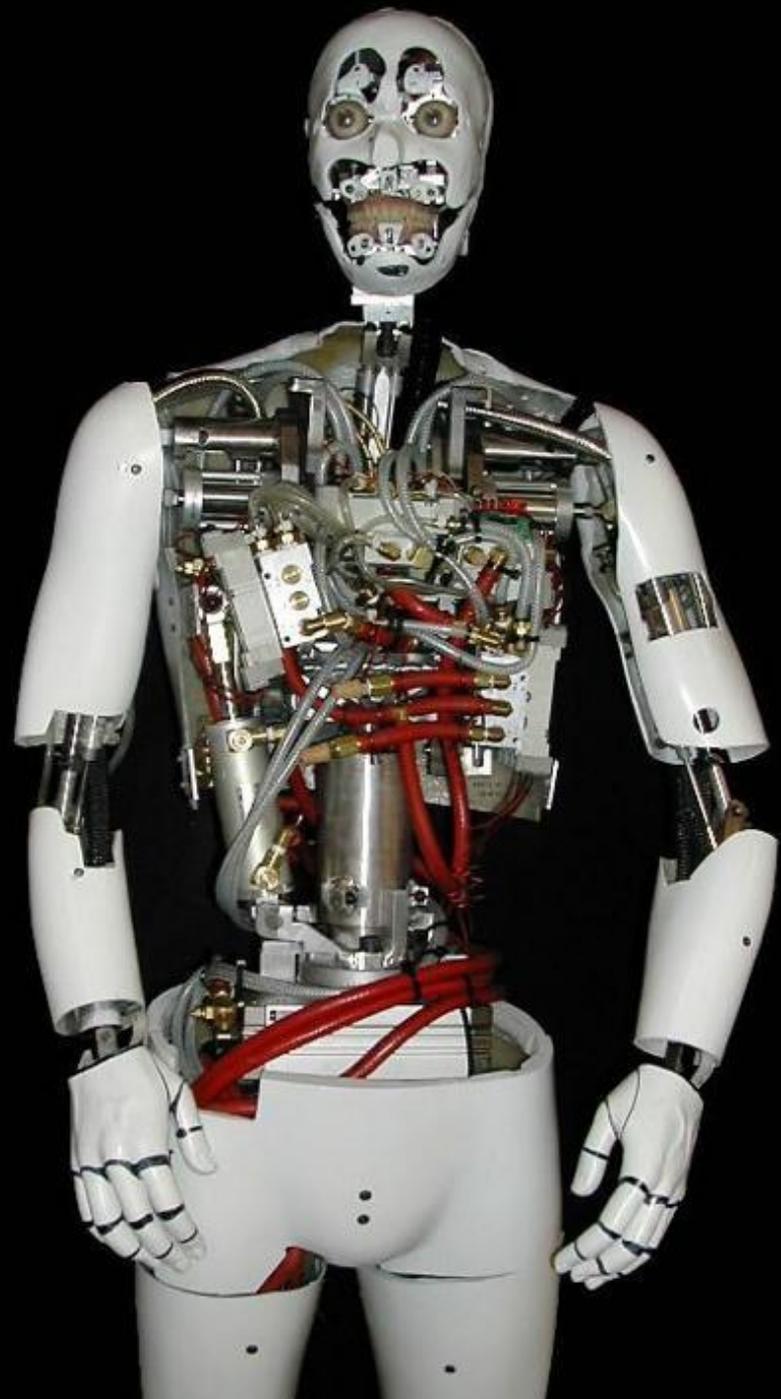
22 june 2017

Ooopss...

this is my fingerprint ...  
seen by my (super) SAMSUNG GALAXY)

Quando é  
o “futuro”?

“Space 1999” ...



Inclusive Design is  
preview (our) future!



...my neighbor... my grandmother

...ME...

in a short time?

# Some myths about Inclusive Design:



- ...is for the disabled

# Some myths about Inclusive design

- a small minority ...

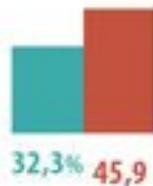
(65 or older are **8% percent of the world's population**)

## Aging planet

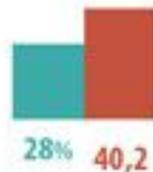
World average



Japan



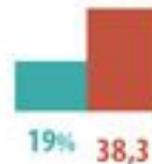
United Kingdom



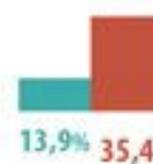
USA



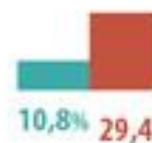
Russia



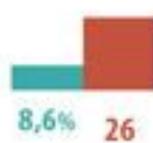
China



Turkey



South Africa



 the proportion of people over 60 years (of the total population)  
 average (median) age of the population

UN Department of Economic and Social Affairs Data

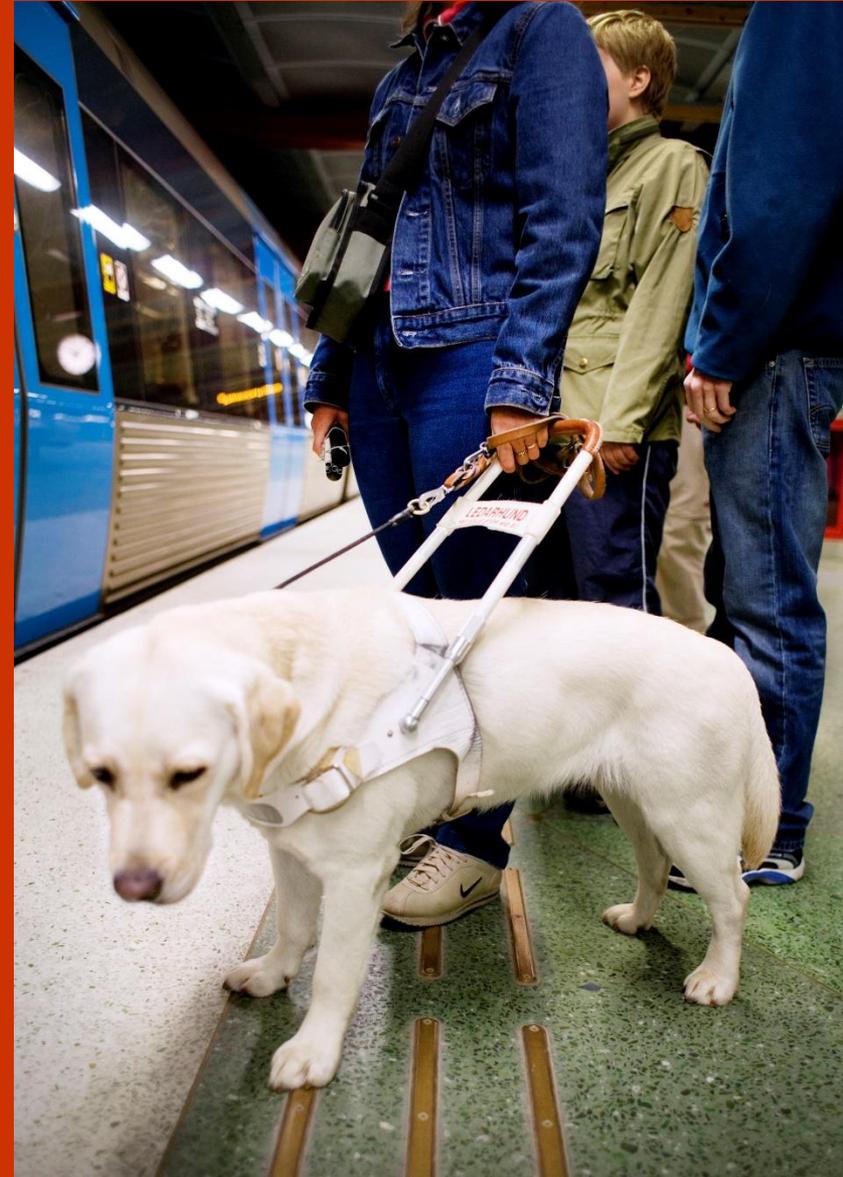
# Some myths about Inclusive design

- Instituições help (dont need us..!)



# Some myths about Inclusive design

- Its “just design”!



# Some myths about Inclusive design

- It will be very expensive...



# Some myths about Inclusive design



*...and ruin my beautiful “concept”*

Inspiring Students

*My "recipe"*

# *Ingredients*

- Creativity*
- Information*
- Attention to people*
- Force ... and of course,*
- Joy*

*In a syrup of "creativity" ...*

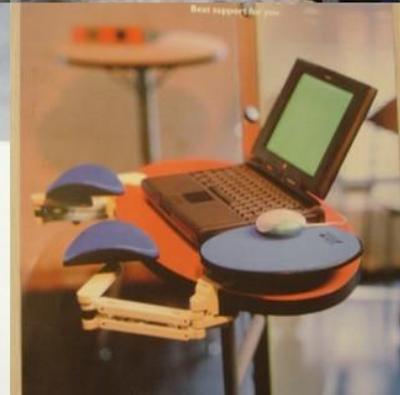


... *inject some "information"*



Theory,  
concepts, examples

... inject some "information"



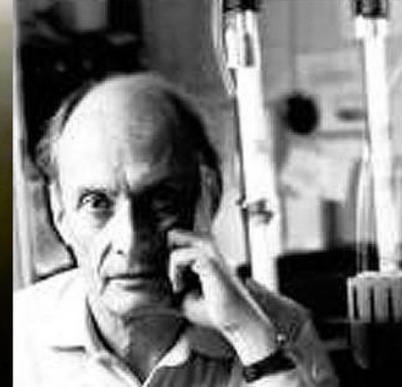
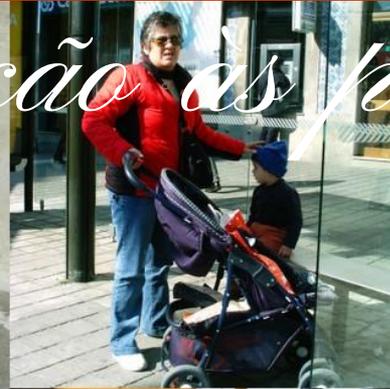
Field trips

*It adds a lot of "joy"*



Raising awareness

*junta-se uma boa dose de  
“atenção às pessoas”*



One case study

*And a little more  
attention...*

**abrir a porta de casa...**



**ou lavar a (única) mão ...**



Observação e  
análise das tarefa

## PERCURSO

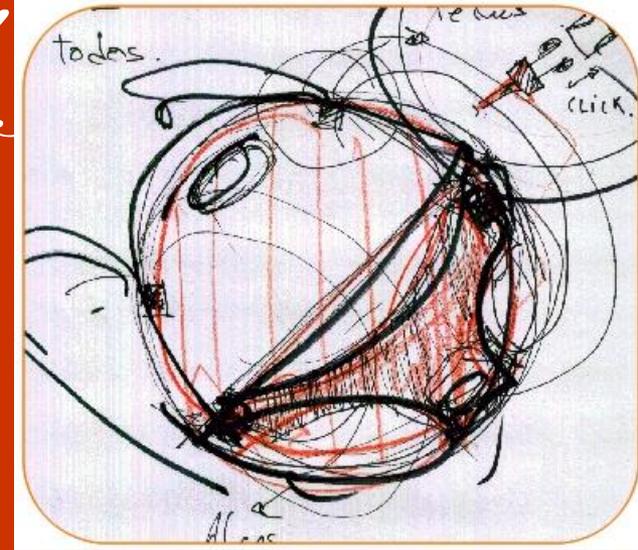


### PROBLEM: HOW DOES THE DOOR OPEN?

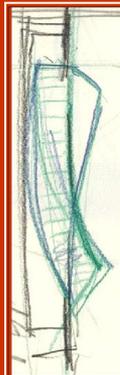
ETAPA:	DIFICULDADE:	DESCRIÇÃO:
LOCALIZAR O INTERFACE	0	Ver e identificar o interface.
ACEDER AO INTERFACE	0	Deslocar-se até ao interface.
TIRAR A CHAVE DA MALA	1	Abrir a mala, encontrar a chave e pegar na chave.
PÔR A CHAVE NA FECHADURA	2	Segurar na chave e metê-la no buraco da fechadura.
RODAR A CHAVE	2	Rodar o punho, segurando a chave.
RODAR A MAÇANETA	2	Rodar o punho, segurando a maçaneta.
EMPURRAR A PORTA	1	Aplicar força na porta para abri-la.

# *Knead with*

Baby transport  
In wheelchairs  
...And not only!



Studies compartments lock to ATM



SOLVE the problema

# *Served with (much)*



Share and  
explain

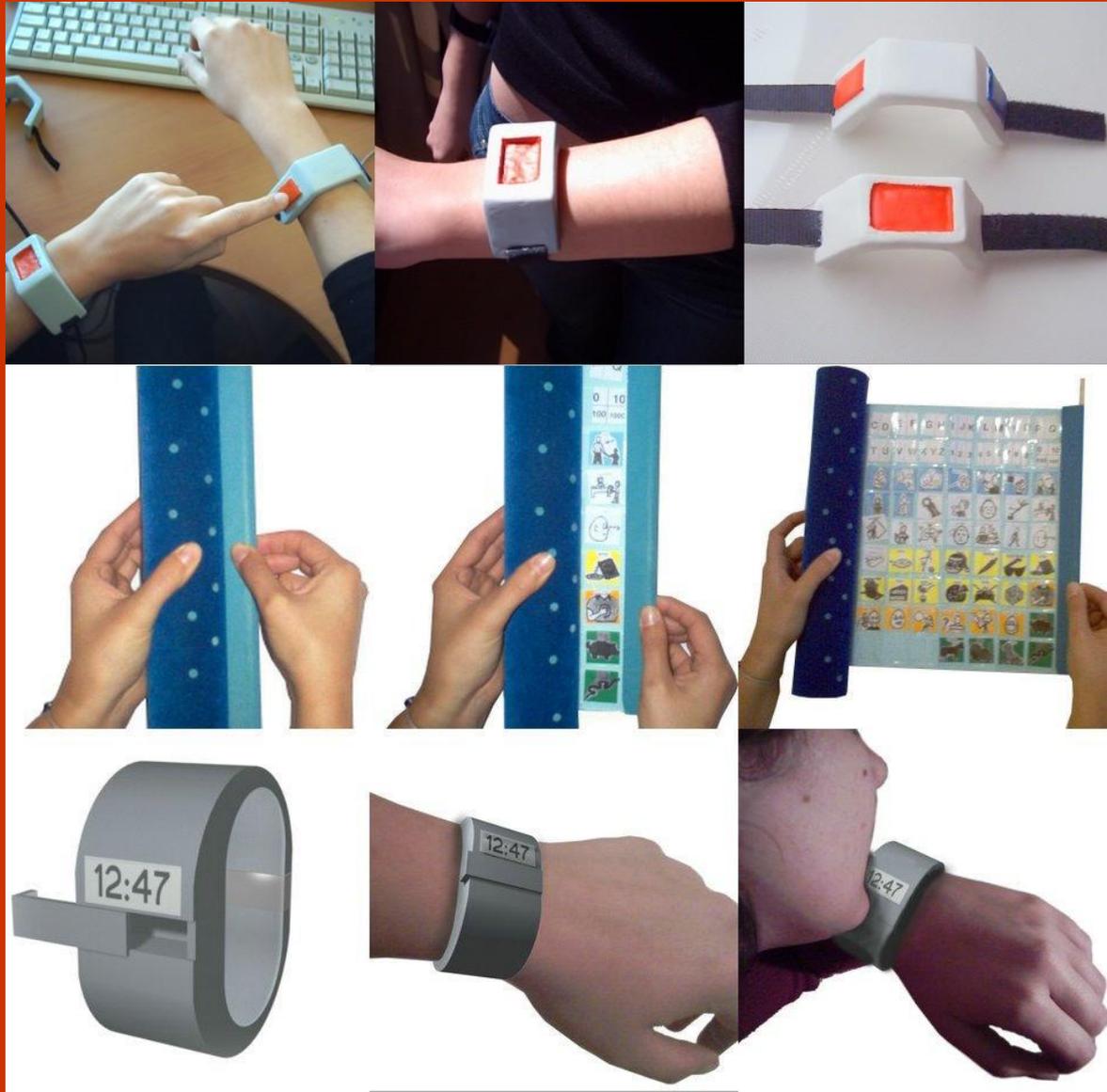
# Examples...

3 weeks- 2º ano



Alunos:  
Ivone  
Ana Barros  
Nelson

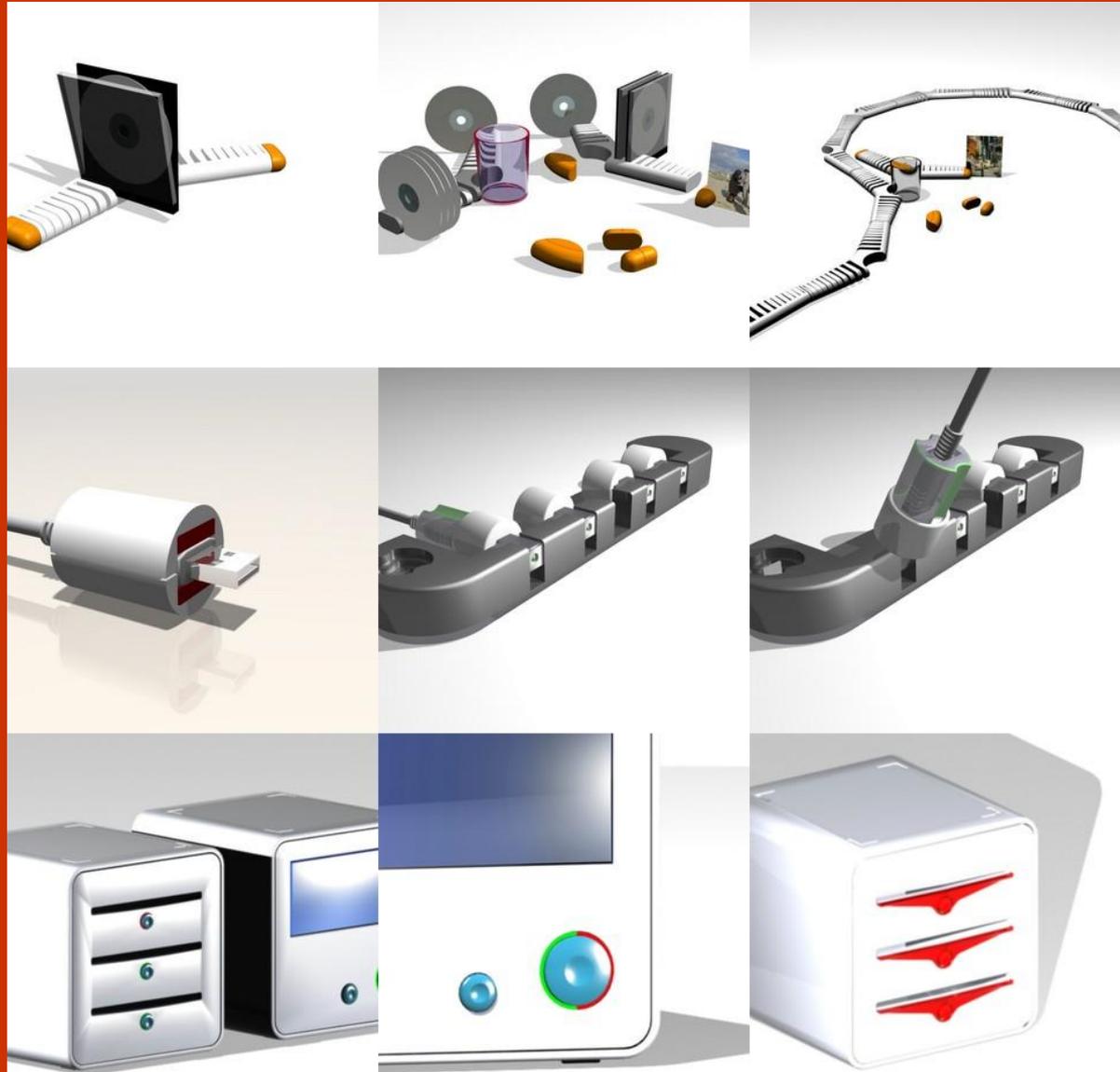
# Examples...



Alunos:  
Andreia Tefile  
Joana Ribeiro  
Salomé

# Exemplos...

Gestos sem mãos - 2003



Alunos:  
Rui  
André  
Heitor

# Examples ...

Domotics e accessibility.



1.

**Identificação** pela geometria dos seus dedos.

2.

**Activação** do comando abrir/ fechar através do movimento.



Alison Burrows

# Examples ...

Milk packaging



# Examples ...



Makeup kit

Examples ...

Muchas gracias

[paula.trigueiros@arquitetura.uminho.pt](mailto:paula.trigueiros@arquitetura.uminho.pt))