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Do I Need to Operate on That in the Middle of the Night? Development of a Nomogram for the Diagnosis of Severe Acute Cholecystitis

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Abstract

Background Some authors have proposed different predictive factors of severe acute cholecystitis, but generally, the results of risk analyses are expressed as odds ratios, which makes it difficult to apply in the clinical practice of the acute care surgeon. The severe form of acute cholecystitis should include both gangrenous and phlegmonous cholecystitis, due to their severe clinical course, and cholecystectomy should not be delayed. The aim of this study was to create a nomogram to obtain a graphical tool to compute the probability of having a severe acute cholecystitis.

Methods This is a retrospective study on 393 patients who underwent emergency cholecystectomy between January 2010 and December 2015 at the Acute Care Surgery Service of the S. Anna University Hospital of Ferrara, Italy. Patients were classified as having a non-severe acute cholecystitis or a severe acute cholecystitis (i.e., gangrenous and phlegmonous) based on the final pathology report. The baseline characteristics, pre-operative signs, and abdominal ultrasound (US) findings were assessed with a stepwise multivariate logistic regression analysis to predict the risk of severe acute cholecystitis, and a nomogram was created.

Results Age as a continuous variable, WBC count $\geq 12.4 \times 103/\mu$ l, CRP ≥ 9.9 mg/dl, and presence of US thickening of the gallbladder wall were significantly associated with severe acute cholecystitis at final pathology report. A significant interaction between the effect of age and CRP was found. Four risk classes were identified based on the nomogram total points.

Conclusions Patients with a nomogram total point \geq 74 should be considered at high risk of severe acute cholecystitis (at 74 total point, sensitivity = 78.5%; specificity = 78.2%; accuracy = 78.3%) and this finding could be useful for surgical planning once confirmed in a prospective study comparing the risk score stratification and clinical outcomes.

Keywords Acute cholecystitis · Emergency treatment · Multivariate analysis · Retrospective studies · Nomogram

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Introduction

Do I need to operate on that in the middle of the night? Any acute care surgeon must answer this question based on the evaluation of the disease process severity and the need to schedule the operation according to the priority of surgical patients visited in the emergency department. The triage is an important process on focusing the resources and to guarantee the proper timing for the treatment. In the emergency department, acute cholecystitis represents an indication for early cholecystectomy within 72 h after the onset of symptoms;^{1,2} however, the presence of a severe acute cholecystitis may increase the risk of morbidity and mortality and may impose a surgical prioritization in these patients compared to others.

Of note, it has been suggested that the severe form of acute cholecystitis should include both gangrenous and phlegmonous cholecystitis.³ Usually, acute cholecystitis begins with an attack of biliary colic, often in a patient who has had previous attacks, yet the pain persists and localizes in the right upper quadrant.⁴ Fever and an elevation of the white blood cell (WBC) count are classically described in patients with acute cholecystitis, but either or both may be absent.⁵ The C-reactive protein (CRP) level is frequently elevated.⁶ The abdominal ultrasound (US) is the most common imaging study used in diagnosis, and it is usually the first instrumental test because of its ready availability.⁴ The accurate clinical diagnosis of acute inflammation of the gallbladder may often be difficult due to the similarity of symptoms between an attack of biliary colic and acute cholecystitis.⁷ Yokoe et al. have proposed and appraised the diagnostic criteria for acute cholecystitis, but there are some limitations of these criteria. In fact, they have not defined the cutoff of the WBC count and CRP level that can be used for the diagnosis of severe acute cholecystitis, and they have not described factors for the discrimination of non-severe and severe acute cholecystitis.⁸ Some authors have proposed different predictive factors of severe acute cholecystitis, but generally, the results of risk analyses are expressed as odds ratios (ORs), which makes it difficult to apply in the clinical practice of the acute care surgeon. $^{3,7,9-15}$

The aim of this study was to identify predictors for assessing the risk of severe acute cholecystitis (i.e., gangrenous and phlegmonous) and, on the basis of the estimated model, to create a nomogram for obtaining a graphical tool to compute the probability of having a severe acute cholecystitis.

Materials and Methods

Study Population and Data Collection

This is a retrospective cohort study on patients operated between January 2010 and December 2015 at the Acute Care Surgery Service of the S. Anna University Hospital of Ferrara, Italy. This study was conducted in accordance with the guidelines described in the statement on strengthening the reporting of observational studies in epidemiology (STROBE).¹⁶ Patients admitted either through the emergency department or with consultation on the medical service who underwent an emergency cholecystectomy were identified retrospectively from the hospital electronic medical records in which the data were included prospectively. A retrospective analysis was obtained from a database in which patients' data were collected with details of gender, age, diabetes, pre-operative local signs of inflammation (right upper quadrant mass/pain/tenderness, Murphy's sign), pre-operative systemic signs of inflammation (temperature, WBC count, neutrophils count, CRP level), pre-operative abdominal US findings (thickening of the gallbladder wall, pericholecystic fluid, gallbladder enlargement, gallbladder stones), and final pathology report that it is the gold standard for diagnosis of acute cholecystitis.⁴ Due to the aim of this study, the exclusion criterion was the absence in the electronic medical records of at least one data reported above. The abdominal US is the first-line test due to the superiority of this exam in establishing the diagnosis of acute cholecystitis compared to the computed tomography (CT),¹⁷ and only in some patients a CT was performed to evaluate complications of acute cholecystitis. Thus, for the creation of a nomogram, CT findings were excluded.

Surgical specimens were examined at the time of surgery by seven pathologists and, because of the aim of the study, final pathology reports were reviewed and classified according to the pathological criteria reported in a previous study in which the predictive factors of severe acute cholecystitis were evaluated.³ Therefore, patients were classified as having a non-severe acute cholecystitis (i.e., acute and chronic cholecystitis with neutrophilic and/or lymphoplasma cellular infiltration of the gallbladder wall) or a severe acute cholecystitis (i.e., gangrenous cholecystitis when a transmural necrosis of the gallbladder wall was present, and phlegmonous cholecystitis when a necrosis that involved a limited part of the layers of the wall was identified) according to the final pathology report.

This study was approved by the Institutional Review Board at the S. Anna University Hospital of Ferrara (*Ethical Committee for Human Subject Research study number:* 170185). All patients signed a written informed consent. Data collection and analysis were performed in compliance with the Helsinki Declaration of 1975.

Statistical Analysis

The statistical analysis was performed on 393 out of 516 patients who underwent an emergency cholecystectomy. We randomly split the study population (393 patients) into two groups: one for model derivation (75% of the population-295 patients) and the other for model validation (the remaining 25%—98 patients). No imputation methods were used in analysis. Data are presented as frequencies with percentages, and medians with 25-75th percentiles (interquartile range-IQR 25-75) depending on the type of data and their distribution. The Shapiro-Wilk test was used to assess the assumption of normality. Differences between proportions from the derivation and validation cohorts were calculated using χ^2 test, and Mann-Whitney U test was used to compare skewed data. A receiver operating characteristic (ROC) curve was used: (1) to investigate the diagnostic accuracy of WBC count and CRP level in predicting the severe acute cholecystitis and (2) to identify the optimal cutoff point of these tests to discriminate patients with disease from those without disease. The best cutoff was defined as the titer generating the highest Youden's J statistic, which combines information about sensitivity and specificity into a single value. The model was developed using data solely from a derivation cohort, which included 295 patients. Variables were evaluated by univariate logistic regression analysis, while the model was developed using a stepwise multivariate logistic regression analysis. Variables were selected on the basis of their associations with increased severe acute cholecystitis risk (p < 0.05; univariate analysis) or known relevance, and they were included in the variable pool for a stepwise regression model. The risk score was calculated using regression coefficients from the final multivariate model. Once a final model was defined, patients were divided into four risk groups according to low, intermediate, high, and very high risk of severe acute cholecystitis. We then used the Cochran-Armitage trending statistic, which modifies the χ^2 test to incorporate a suspected ordering, to assess the ability of the risk score system to differentiate lowrisk from high-risk patients in a graded response.

Model Performance Assessment

To evaluate the performance model, we considered overall performance, calibration, and discrimination. We used the le Cessie-van Houwelingen-Copas test^{18,19} to evaluate the overall goodness of fit. The le Cessie-van Houwelingen-Copas test uses the sum of squared differences of the individual observed and the predicted risks. We assessed model calibration using the calibration graph. "Non-parametric" is a smoothed function of observed events plotted versus predicted probabilities, while "Ideal" is the ideal 45-degree line and the triangles indicate the outcomes for deciles of prediction with their 95% confidence intervals.^{20,21} We assessed model discrimination using the concordance (c) statistic which represents the area under the ROC curve (larger values indicate improved discrimination) and defines how well a model or prediction rule can discriminate between patients who do and do not have an event and measures how well a clinical prediction rule correctly ranks patients in order by risk.²⁰ Using the R "rms" package,^{22,23} we obtained a convenient graphical tool (i.e., nomogram) to compute the probability of having a severe acute cholecystitis. Each predictor variable has a corresponding point value based on its position on the top point scale and contribution to the model. A total score is given to each subject by adding up the points. The probability of developing a severe cholecystitis for each subject can be calculated by the total score from the scale presented on the bottom line.

The performance of the algorithm obtained from the derivation cohort was tested on the randomly selected validation cohort (98 patients). In the validation study, conditions, definitions, and measurements were identical to those of the development study.

Significance was considered for values of p < 0.05. Statistical analysis was performed with IBM SPSS Statistics for Windows, Version 24.0 (IBM Corp. Armonk, NY: IBM Corp.) and R (R CoreTeam 2015 [http://www.R-project. org/]).

Results

Study Population

A total of 516 emergency cholecystectomies were performed between January 2010 and December 2015 at the Acute Care Surgery Service. Among these 516 patients, in 94 (18.2%) patients, CRP evaluation was not carried out in the emergency department or in the medical service, and in 29 (5.6%) patients, abdominal US was not done because the first evaluation was the abdominal CT scan. Thus, these patients were excluded from the study. Three hundred and ninety-three patients were enrolled for this study and the baseline characteristics of patients in the derivation and the validation cohorts are shown in Table 1. There are no differences in the baseline characteristics between the two groups; however, there is a significantly lower percentage of patients with severe acute cholecystitis in the validation cohort compared to the derivation cohort (28.6 vs. 39.3%, respectively; p = 0.026).

Table 2 shows the baseline characteristics, pre-operative signs, and pre-operative imaging findings of patients in the derivation cohort according to the final pathology report. Male gender and diabetes prevail in the group of severe acute cholecystitis. Patients with severe acute cholecystitis were older, with a higher WBC count and CRP level, and they had more frequently US thickening of the gallbladder wall and US pericholecystic fluid collection. No differences were found in terms of local signs of inflammation between the two groups.

Predictive Factors of Severe Acute Cholecystitis and Nomogram Development

Figure 1 shows the ROC curves in the derivation cohort for both WBC count and CRP level as a single predictor of severe acute cholecystitis. The area under the curve (AUC) for WBC count as the single predictor has been calculated as being 0.782, with a 95% CI of 0.730–0.835; and the ROC curve analysis found the optimal cutoff of WBC count to be $12.4 \times 103/\mu$ l, to discriminate patients with disease from those without disease. The AUC for CRP level as the single predictor has been calculated as being 0.780, with a 95% CI of 0.724–0.835; and the best cutoff of CRP was 9.9 mg/dl.

The univariate logistic regression analysis performed in the derivation cohort showed that male gender, age as a continuous variable, presence of diabetes, temperature \geq 38 °C, WBC

	Derivation cohort ($N = 295$)	Validation cohort ($N = 98$)	р
Gender [N (%)]			0.641
Male	141 (47.8)	50 (51.0)	
Female	154 (52.2)	48 (49.0)	
Age (years)	68 (52–78)	67 (52–77)	0.851
Diabetes $[N(\%)]$	41 (13.9)	13 (13.3)	1.000
Temperature \geq 38 °C [N (%)]	32 (10.8)	11 (11.2)	1.000
Pre-operative total WBC count (×103/µl)	11.3 (8.2–14.8)	11.3 (8.2–15.2)	0.868
Pre-operative neutrophils count (×103/µl)	8.9 (5.8–12.2)	8.4 (5.1–12.6)	0.470
Pre-operative CRP level (mg/dl)	3.0 (0.7–13.9)	3.4 (0.6–11.2)	0.524
Pre-operative abdominal ultrasound $[N(\%)]$	295 (100)	98 (100)	—
Final pathology report $[N(\%)]$			0.026
Chronic cholecystitis	117 (39.7)	37 (37.8)	
Acute cholecystitis	62 (21.0)	33 (33.7)	
Severe Acute cholecystitis	116 (39.3)	28 (28.6)	

Table 1 Baseline characteristics and final pathology report of patients in the derivation and the validation cohorts

WBC white blood cell, CRP C-reactive protein

count $\geq 12.4 \times 103/\mu$ l, CRP level ≥ 9.9 mg/dl, US thickening of the gallbladder wall, and US pericholecystic fluid were significantly associated to severe acute cholecystitis (Table 3).

The multivariate approach has been developed through a stepwise multivariate logistic regression analysis. Results showed that WBC count \geq 12.4 × 103/µl (OR 5.559; 95%)

Table 2Baseline characteristics,
pre-operative signs, and pre-
operative imaging findings of
patients in the derivation cohort
according to the final pathology
report

	Non-severe acute cholecystitis group ($N = 179$)	Severe acute cholecystitis group $(N = 116)$	р	
Gender $[N(\%)]$			0.006	
Male	74 (41.3)	67 (57.8)		
Female	105 (58.7)	49 (42.2)		
Age (years)	61 (43–77)	72 (64–80)	< 0.001	
Diabetes $[N(\%)]$	15 (8.4)	26 (22.4)	0.001	
Pre-operative local signs of inflammation				
RUQ mass/pain/tenderness [N (%)]	164 (91.6)	105 (90.5)	0.834	
Murphy's sign $[N(\%)]$	97 (54.2)	64 (55.7)	0.812	
Pre-operative systemic signs of inflammation				
Temperature \geq 38 °C [N (%)]	10 (5.6)	22 (19.0)	< 0.001	
Pre-operative total WBC count (×103/µl)	9.3 (7.5–12.4)	14.4 (11.6–17.5)	< 0.001	
Pre-operative neutrophils count $(\times 103/\mu l)$	6.5 (4.9–9.9)	11.6 (9.0–15.0)	< 0.001	
Pre-operative CRP level (mg/dl)	1.2 (0.5–5.0)	13.7 (2.3–23.7)	< 0.001	
Pre-operative abdominal ultrasound				
Thickening of the gallbladder wall $[N(\%)]$	102 (57.0)	87 (75.0)	0.002	
Pericholecystic fluid $[N(\%)]$	22 (12.3)	30 (25.9)	0.005	
Gallbladder enlargement $[N(\%)]$	126 (70.4)	91 (78.4)	0.138	
Gallbladder stones $[N(\%)]$	163 (91.1)	104 (89.7)	0.689	

WBC white blood cell, CRP C-reactive protein



Fig. 1 ROC curves in the derivation cohort showed white blood cell (WBC) count (a) and C-reactive protein (CRP) level (b), as a single predictor of severe acute cholecystitis

CI 3.050-10.130), presence of US thickening of the gallbladder wall (OR 2.109; 95% CI 1.097-4.053), age as a continuous variable, and CRP level \geq 9.9 mg/dl were significantly associated with severe acute cholecystitis in the final pathology report. Furthermore, a significant interaction between the effect of age and CRP level was found; thus, the ORs for CRP level were not constant over the age value, and the ORs for several increments of age were influenced by the CRP level (Tables 4 and 5). Table 4 shows the estimated ORs for CRP \geq 9.9 mg/dl versus CRP < 9.9 mg/dl with a higher OR for young patients and lower OR for old patients. As shown in Table 5, for CRP < 9.9 mg/dl, the ORs for age increments are increasing and significant, while for CRP \geq 9.9 mg/dl, the ORs are decreasing and not significant. The presence of this significant statistical interaction has important implications since the relationship between each of the interacting covariates (age and CRP) and the risk of having a severe acute cholecystitis depends on the value of the other interacting predictor (i.e., it is not simply additive).

Summarizing the estimated logit is

$$\hat{g}(\mathbf{x}) = -5.02489 + 6.435956 \times CRP + 1.71541$$

 $\times WBC + 0.040997 \times Age + 0.746232$
 $\times Thick-0.06786 \times (CRP \times Age)$

where all the estimated coefficients resulted significant (p < 0.05).

A nomogram was employed and it is shown in Fig. 2a. The model likelihood ratio (LR), which assesses the overall significance of the model, is 125.00 (p < 0.0001) and the goodness of fit test ¹⁹ is z = 0.086 (p = 0.932). Therefore, there is no evidence of lack of fit.^{24,25} The model calibration shows a

high agreement between predicted probabilities and observed frequencies of the event of interest (Fig. 2b). The ROC curve for the fitted model shows an AUC = 0.857 (95% CI 0.813-0.900) which indicates that the model has a good discrimination ability.

The overall predictive accuracy of the models applied to the validation cohort, as measured by the area under ROC curve, was 0.6719 (95% CI 0.5508–0.7931).

Nomogram Application

In a patient with a suspected acute cholecystitis, a point value is assigned for each variable in the nomogram using the first line, and then each point value is summed to obtain both a total point value and the predicted probability of having a severe acute cholecystitis (Fig. 2a). Due to the interaction between age and CRP, the point value for age in patients with CRP < 9.9 mg/dl must be calculated with the second line of the nomogram, instead for patients with CRP \geq 9.9 mg/dl the third line must be used. Consequently, in patients with CRP \geq 9.9 mg/dl, an age increasing is related to a decreasing in the point value assigned.

Four risk classes were identified on the basis of the estimated probability of having a severe acute cholecystitis [i.e., low risk (0–0.1); intermediate risk (0.1–0.4); high risk (0.4–0.7); very high risk (0.7–1)] which correspond to four ranges of nomogram total points [i.e., (0–42); (43–73); (74–95); (\geq 96)]. Furthermore, a cutoff analysis found that the *cutoff which maximizes both sensitivity and specificity* in predicting severe acute cholecystitis *corresponded to* a nomogram total point of 74 [sensitivity = 78.5%, specificity = 78.2%, accuracy = 78.3%, positive predictive value (PPV) = 70%, negative predictive value (NPV) = 84.8%]. As shown in Fig. 3, the rate of

Table 3 Association betweenbaseline characteristics, local and		Severe acute cholecystitis			
systemic signs of inflammation, and abdominal ultrasound findings and severe acute cholecystitis according to univariate logistic regression model employed in the derivation cohort		Univariate analysis			
		Odds ratio	95% confidence interval	р	
	Patients' characteristics Gender (ref. female)				
conort	Male	1.940	1.208-3.115	0.006	
	Age (per vear)	1.044	1 027-1 062	< 0.001	
	Diabetes (ref. absence)				
	Presence	3.159	1.591-6.269	0.001	
	Local signs of inflammation				
	Murphy's sign (ref. absence)				
	Presence	1.061	0.662-1.699	0.806	
	RUO mass/pain/tendemess (ref. absence)				
	Presence	0.873	0.386-1.974	0.744	
	Systemic signs of inflammation				
	Temperature (ref, <38 °C)				
	$\geq 38 ^{\circ}\mathrm{C}$	3.956	1.797-8.701	< 0.001	
	Pre-operative total WBC count (ref. $< 12.4 \times 103/\mu l$)				
	\geq 12.4 × 103/µl	7.490	4.426-12.674	< 0.001	
	Pre-operative CRP level (ref, $< 9.9 \text{ mg/dl}$)				
	\geq 9.9 mg/dl	9.043	5.155-15.866	< 0.001	
	Abdominal ultrasound findings characteristic				
	of acute cholecystitis				
	Thickening of the gallbladder wall (ref, absence)				
	Presence	2.265	1.355-3.786	0.002	
	Pericholecystic fluid (ref, absence)				
	Presence	2.489	1.353-4.580	0.003	
	Gallbladder enlargement (ref, absence)				
	Presence	1.531	0.886-2.645	0.127	
	Gallbladder stones (ref, absence)				
	Presence	0.851	0.387-1.870	0.688	

WBC white blood cell, CRP C-reactive protein

a severe acute cholecystitis in the derivation and validation cohorts increases significantly according to the risk score stratification (Cochran-Armitage trending test for derivation cohort p < 0.0001, and for validation cohort p < 0.02).

Table 4 Estimated odds ratios and 95% confidence intervals for CRP \geq 9.9 mg/dl versus CRP < 9.9 mg/dl for several values of age

Age (years)	Estimated odds ratio	95% confid	95% confidence interval	
30	81.46467	9.1362	726.3946	
35	58.02487	8.2533	407.9453	
40	41.32939	7.4301	229.8928	
45	29.4377	6.6552	130.2116	
50	20.9676	5.9146	74.3313	
55	14.9346	5.1899	42.9764	
60	10.63747	4.4550	25.3996	
65	7.576755	3.6773	15.6113	
70	5.396698	2.8393	10.2575	
75	3.843908	1.9997	7.3890	
80	2.737902	1.2899	5.8114	
85	1.950126	0.7839	4.8514	

Discussion

The identification of patients with severe acute cholecystitis (i.e., gangrenous and phlegmonous) may help the acute care surgeon to guarantee the proper timing for the surgical operation during the first evaluation in the emergency setting, and to hasten the treatment in some patients. Previous studies identified some predictive factors of acute gangrenous cholecystitis such as male gender, age older than 45 or 50 years, presence of diabetes and cardiovascular disease, fever, elevation of WBC count, US thickening of the gallbladder wall, US gallbladder enlargement, and US pericholecystic fluid.^{3,7,9–15} However, the results of risk analyses are expressed as ORs, which makes it difficult to apply in the clinical practice of the acute care surgeon. Furthermore, during the clinical evaluation, it is quite difficult to apply the predictive equation for the diagnosis of acute gangrenous cholecystitis proposed by Nguyen et al.¹¹ As reported by Borzellino et al., the severe form of acute cholecystitis should include both gangrenous and phlegmonous cholecystitis, due to their severe clinical course.³ Nowadays, there are no studies that have developed an easy graphical tool to identify patients with a severe acute cholecystitis. In the current study, age as a continuous

Table 5Estimated odds ratiosand 95% confidence intervals forseveral increments of ageaccording to CRP \geq 9.9 mg/dl andCRP < 9.9 mg/dl</td>

Increments of age (years)	CRP < 9.9 mg/dl		$CRP \ge 9.9 \text{ mg/dl}$	
	Odds ratio	95% confidence interval	Odds ratio	95% confidence interval
5	1.04185	1.01727-1.06703	0.97349	0.93177-1.01709
10	1.22751	1.08937-1.38316	0.87432	0.70233-1.08842
15	1.50677	1.18672-1.91314	0.76443	0.49326-1.18466
20	1.84957	1.29277-2.64618	0.66835	0.34643-1.28942
25	2.27036	1.40830-3.66010	0.58435	0.24331-1.40343
30	3.42091	1.67126-7.00227	0.44669	0.12001-1.66259

Fig. 2 Nomogram to predict the probability of severe acute cholecystitis (a) and the calibration plot (b)







Fig. 3 Observed percentage of patients with severe acute cholecystitis according to the nomogram total point and the risk score stratification in the derivation and validation cohorts (Cochran-Armitage trending test for derivation cohort p < 0.0001, and for validation cohort p < 0.02)



variable, WBC count $\geq 12.4 \times 103/\mu l$, CRP level ≥ 9.9 mg/dl, and presence of thickening of the gallbladder wall in the abdominal US evaluation were significantly associated with severe acute cholecystitis (i.e., gangrenous and phlegmonous) at final pathology report. Furthermore, it has been shown that the levels of CRP increase with age,²⁶ and this interaction may be supported by the fact that younger age reflects fewer chronic conditions and better physical health, with a consequent lower chronic systemic inflammation. In this study, an interaction between age and CRP level has been found; thus, a CRP level \geq 9.9 mg/dl in young patients reflects a higher risk of severe acute inflammation of the gallbladder compared to older patients (Table 4). Based on these findings and using four information readily available during the evaluation of the patients, we have developed an easy graphical tool (i.e., nomogram—Fig. 2a) with a good discrimination ability (AUC = 0.857) to help the acute care surgeon to identify patients with severe acute cholecystitis who might be addressed to an earlier surgical operation, supported by the fact that gangrenous and phlegmonous cholecystitis were considered more life-threatening conditions than edematous cholecystitis.³ It is clear that, in patients with acute gangrenous and phlegmonous cholecystitis, the best schedule for such a difficult cholecystectomy is the first case in the morning when the team is fresh and ready to deal a challenging operation; however, these two pathologies have the potential to evolve to more serious conditions with a systemic organ dysfunction if surgery is delayed. Thus, according to the nomogram evaluation, patients with a total point \geq 74 (sensitivity = 78.5%, specificity = 78.2%, accuracy = 78.3%, PPV = 70%, NPV = 84.8%) are classified by the model with a high risk of severe acute cholecystitis and they may be considered for surgical operation to reduce the possible risk of progression of the disease process such as intraluminal hemorrhage, perforation, abscess formation, septic shock, and multiple organ

dysfunction. On the other hand, in patients with a total point \leq 73 (low or intermediate risk of severe acute cholecystitis), the surgical operation may be deferred or avoided by giving priority to patients with more severe pathologies.

Limitations of the Study

This study has some limitations which have to be pointed out. Firstly, this is a retrospective study in which 123 patients were excluded because the CRP or the abdominal US were not performed during the first evaluation in the emergency or medical departments, and a selection bias may occur. However, in spite of the retrospective nature of the study, the data collected from the hospital electronic medical records of the remaining 393 patients were incorporated in the electronic records prospectively during the hospital stay of the patients, and this supports the accuracy of the data collection. Secondly, in the validation cohort, there are a low number of patients with severe acute cholecystitis that may influence the predictive accuracy of the model applied to the validation cohort of patients. However, the Cochran-Armitage trending test confirms the significant increase in the rate of severe acute cholecystitis according to the risk score stratification in both the derivation and validation cohorts, and this supports the potential role of the nomogram in the clinical practice. Thirdly, this nomogram seems a useful graphical tool to identify patients with severe acute cholecystitis; however due to the study design without control group, it is not possible to evaluate the external validity of the nomogram and its influence on the timing of surgical operation and postoperative outcomes. Thus, this nomogram will be validated in a prospective study with the aims to compare the nomogram risk score stratification with the pathological diagnosis of severe acute cholecystitis, to improve the risk score stratification, to evaluate its correlation with timing of surgical operation, surgical

approach (i.e., laparoscopy or open cholecystectomy), conversion rate, complications and mortality, and to identify the best nomogram total point cutoff useful to prioritize patients for emergency surgical operations.

Author Contribution Conception and design: Portinari, Occhionorelli, Scagliarini, Valpiani

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Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved: Portinari, Scagliarini, Valpiani, Bianconcini, Andreotti, Stano, Carcoforo, Occhionorelli

Compliance with Ethical Standards

This study was approved by the Institutional Review Board at the S. Anna University Hospital of Ferrara (*Ethical Committee for Human Subject Research study number:* 170185). All patients signed a written informed consent. Data collection and analysis were performed in compliance with the Helsinki Declaration of 1975.

Conflict of Interest The authors declare that they have no conflicts of interest.

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