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## Faecal detection of the lungworms *Crenosoma vulpis* and *Angiostrongylus vasorum* and serological detection of *A. vasorum* in dogs from the Czech Republic

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### Abstract

Dogs are definitive hosts for the lungworms *Crenosoma vulpis* and *Angiostrongylus vasorum*. Intermediate hosts are gasteropoda (Mollusca). In the past, lungworms in dogs were rarely identified in the Czech Republic and in neighbouring countries. A total of 253 dogs were sampled for faecal analysis performed by the Baermann method for isolation of first stage larvae (L1) of lungworms. A total of 193 serum samples were collected and analysed by ELISA for the detection of a circulating antigen and specific antibodies against *A. vasorum*. All dog owners were asked to fill out a questionnaire. Nine dogs (4.7%, 95% Confidence Interval, CI: 2.2–8.7%) were positive for the *A. vasorum* circulating antigen, seven dogs (3.6%, CI: 1.5–7.3%) had specific antibodies against *A. vasorum*; of these, three animals (1.6%, CI: 0.3–4.5%) were positive for both ELISAs. Most of them were under the age of three years. Only three of 13 seropositive dogs were not healthy, namely, in one dog vomitus was observed and two dogs were pyretic. Faecal samples of 5 dogs were positive for *C. vulpis* L1 (2.0%, CI: 0.6–4.6%). *Angiostrongylus vasorum* L1 were found in the faecal sample of one dog (0.4%, CI: 0.01–2.2%). This study illustrates the wide-spread occurrence of lungworms in the Czech Republic. Disease awareness of lungworms among animal owners and veterinarians should be implemented.

*Dog, lungworms, coproscopy, serology, Crenosoma vulpis, Angiostrongylus vasorum*

In the past, lungworms in dogs were rarely identified in the Czech Republic and the neighbouring countries, and therefore, not addressed in research purposes or in differential diagnosis of respiratory diseases, only to become more known in the last five years. Dogs and wild Canidae are definitive hosts of the most common nematode lungworms *Crenosoma vulpis* and *Angiostrongylus vasorum*. Intermediate hosts include various species of gasteropoda (Mollusca) for both parasites (Guilhon and Bressou 1960; Stockdale and Hulland 1970), while frogs are described as paratenic hosts for *A. vasorum* (Bolt et al. 1993). Adult *C. vulpis* nematodes are located in the bronchi causing bronchitis and bronchopneumonia, frequently accompanied by coughing (Unterer et al. 2002). Its occurrence is widely known since the 1970s (Stockdale and Hulland 1970), particularly in red foxes (Willingham et al. 1996; Rajkovic-Janje et al. 2002; Jeffery et al. 2004), which are also considered to be an important wild reservoir for *A. vasorum* (Jeffery et al. 2004; Taylor et al. 2015; Tolnai et al. 2015). However, only in the last two decades, infections with this latter parasite, residing in the heart and pulmonary arteries in the adult stage, have been recorded in a massively increasing number of European countries out from the traditional endemic foci in France (Guilhon 1963) or Ireland (Dodd 1973). Very recent reports from Eastern European countries describe the presence of the parasite

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in Hungary (Schnyder et al. 2015b; Tolnai et al. 2015), Croatia (Rajkovic-Janje et al. 2002) and also from countries surrounding the Czech Republic. Germany, bordering north-westerly, is the one with long-standing reports of *A. vasorum* cases (Pallaske 1967; Eckert and Lämmler 1972) and several epidemiological studies confirmed its presence in particular in the south-eastern part of Germany (Taubert et al. 2008; Barutzki and Schaper 2009; Schnyder et al. 2013a). Further recent studies report *A. vasorum* from Poland (Schnyder et al. 2013b; Demiaszkiewicz et al. 2014), bordering northerly to the Czech Republic, and from Slovakia (Hurnikova et al. 2013; Miterpakova et al. 2015), bordering easterly.

Canine angiostrongylosis may cause severe or even fatal disease, frequently manifesting through severe respiratory signs and coagulopathies and occasionally through neurological signs (Garosi et al. 2005; Koch and Willesen 2009; Gredal et al. 2011). However, infections may also pass unnoticed when subclinical, or are misdiagnosed because clinical signs are so varied and/or non-specific. Therefore, the use of appropriate diagnostic procedures is of fundamental importance, together with disease awareness. Among the procedures for parasite detection, the Baermann method (Deplazes et al. 2016) performed with faecal samples possibly collected over three consecutive days is recommended for the isolation of first stage larvae (L1), which can be observed microscopically. These need to be distinguished from other larvae present in faeces according to morphological characters. The need for rapid and accurate diagnosis has led to the development and introduction of serological tests to detect *A. vasorum* antigen (Schnyder et al. 2011) and antibodies (Schucan et al. 2012), recommended for individual diagnosis and for mass-screening as well. These ELISAs showed high sensitivity and specificity compared with analysis of faecal samples and biomolecular procedures (Schnyder et al. 2015a).

The aim of our study was to determine the occurrence of *C. vulpis* and *A. vasorum* infections in dogs from the Czech Republic adopting the Baermann method for isolation of lung worm larvae, and to perform serological tests for the detection of *A. vasorum* in dogs.

### Materials and Methods

A total of 28 veterinary clinics from different locations in the Czech Republic participated in the study. From April to September 2013, a total of 253 dogs aged 2 months to 15 years were investigated: faecal samples were obtained from all dogs; from 193 dogs also blood samples were collected. Dogs were included in the study unless they were administered macrocyclic lactones for at least 3 months before sampling. Serum was maintained at -20 °C until processed at the Institute of Parasitology, University of Zurich. Faecal samples were examined within three days or were kept at -20 °C until processed.

Dog owners involved in the monitoring completed a questionnaire regarding the sex, age, outdoor activities of the dogs and clinical signs associated with the impaired respiratory tract (cough, fever, loss of appetite, running nose, etc.).

#### Serological analyses

The serum samples were analysed with ELISAs for the detection of circulating antigens of *A. vasorum* (Schnyder et al. 2011; sensitivity 95.7%, specificity 94.0%) and for the detection of specific antibodies against *A. vasorum* (Schucan et al. 2012; sensitivity 85.7%, specificity 98.8%). Each plate was run with two positive controls (sera from experimentally infected dogs), two negative controls (from uninfected laboratory dogs) and a conjugate control. A diluted positive serum was added twice on each plate to calculate a correction factor for adjustment between plates, as previously described (Schnyder et al. 2011). The cut-off value was calculated as mean plus three standard deviations of randomly selected sera.

#### Analysis of faeces

The faecal samples were examined using the Baermann method (Kassai 1999) for isolation of L1, which were identified after microscopic observation. A single sample was collected from each dog.

#### Statistical analyses

Excel 2007 for Windows (Microsoft Corporation, Redmond USA) was used to calculate proportions and 95% confidence intervals (CI).

## Results

### Serological results

From 193 serum samples, a total of nine dogs (4.7%, CI: 2.2–8.7%) were positive for the *A. vasorum* circulating antigen, and in seven dogs (3.6%, CI: 1.5–7.3%) specific antibodies against *A. vasorum* were detected; three animals (1.6%, CI: 0.3–4.5%) were positive for both ELISAs. Serological positive results were therefore detected in a total of 13 (6.7%) of the 193 animals tested. Sex, age, and lifestyle including the dog walking regime in a group of 180 negative and 13 positive animals are compared in Table 1. Positive individuals were aged 8 months to 12 years, 7 were males and 6 females. Most of them (n = 10, five males and five females) were under the age of three years, while the remaining three seropositive animals were older (2 males, 1 female). Lifestyle and outdoor activities were similar regardless of serological results. Table 2 summarises owner observations and results of clinical examination in both groups. Only three of 13 seropositive dogs were not healthy, namely, in one dog vomitus was observed and two dogs were pyretic.

Table 1. General profile of the tested dogs based on the owner's questionnaire (n = 193).

Sex/Age/Lifestyle/Walking	Seronegative (n = 180)		Seropositive (n = 13)	
	No	%	No	%
Intact male	68	37.8	5	38.5
Castrated male	13	7.2	2	15.4
Intact female	74	41.1	5	38.5
Neutered female	25	13.9	1	7.6
In total	180	100	13	100
Age under one year	16	8.9	2	15.4
Age one to 3 years	56	31.1	8	61.5
Age 3.1 to 8 years	93	51.7	2	15.4
Older than 8 years	15	8.3	1	7.7
In total	180	100	13	100
Dogs living indoor	116	64.4	8	61.5
Dogs living outdoor	64	35.6	5	38.5
In total	180	100	13	100
Walking outside less than 1 h a day	15	8.3	1	7.7
Walking outside one to 2 h a day	31	17.2	1	7.7
Walking/running outside more than 2 h a day	134	74.5	11	84.6
In total	180	100	13	100
Walking on a leash	21	11.7	2	15.4
Free walking/running	68	37.8	4	30.8
Combination (leash walking and free running)	91	50.5	7	53.8
In total	180	100	13	100

### Results of copromicroscopical faecal analyses

In total, faecal samples of 5 dogs were positive for *C. vulpis* L1 (2.0%, CI: 0.6–4.6%). These were one intact male dog aged 6 months, three dogs aged 3 years (two neutered females and one intact male) and one intact male aged 6 years. The owner observed prolonged cough in the one dog (intact male) aged 3 years, the other dogs were without clinical signs. *Angiostrongylus vasorum* L1 were found in the faecal sample of one dog (0.4%, CI: 0.01–2.2%). It was an intact female aged one year, in which no clinical signs were observed. This animal was not tested by ELISA as no serum was available.

Table 2. Comparison of the clinical symptomatology of *A. vasorum* seronegative (n = 180) and seropositive (n = 13) dogs.

Owner's observations Results of clinical examination	Seronegative (n = 180)		Seropositive (n = 13)	
	No	Per cent	No	Per cent
Without symptoms of any disease (healthy dogs)	153	85.0	10	76.9
Observations/Clinical signs	27	15.0	3	23.0
Loss of weight	2	1.1	0	0
Anorexia	2	1.1	0	0
Fever	4	2.2	2	15.4
Running nose	4	2.2	0	0
Cough	12	6.7	0	0
Vomiting	0	0	1	7.7
Diarrhoea	3	1.7	0	0
In total	180	100	13	100

## Discussion

Our study showed that both lungworms, *C. vulpis* and *A. vasorum*, occur in the canine population of the Czech Republic. With a prevalence of 2.0% (CI: 0.6–4.6%) for *C. vulpis*, these results are comparable with studies done in the neighbouring German Federal state of Bavaria (0.36–13.4%), (Barutzki and Schaper 2009; Barutzki 2013; Schulz et al. 2013) and higher than in the Federal state of Saxony (0.25%), (Barutzki and Schaper 2009). *Crenosoma vulpis* infection was reported only once in the Czech Republic in a one-year-old Shetland Sheepdog presented with chronic cough (Husník et al. 2011). The prevalence for *A. vasorum* obtained by copromicroscopic analysis was lower (0.4%, CI: 0.01–2.2%), but non-significantly, compared to *C. vulpis*. In opposition to that, serology revealed nine *A. vasorum* antigen positive dogs, specific antibodies were detected in seven dogs and both tests were positive in three animals. Overall, we found at least one positive result of serological response in 13 dogs (6.7%). Serological results identified therefore more positive dogs than coproscopy, confirming higher sensitivity of the adopted serological methods (Guardone et al. 2013; Schnyder et al. 2015a). However, the interpretation of results obtained with the two ELISAs is different: antigen detection represents an actual infection, while specific antibody detection stands for parasite exposure. Furthermore, false positive results and cross-reactions cannot be completely excluded. The results with the highest positive predictive value are the dogs being positive with both ELISAs (Schnyder et al. 2013a). Interestingly, the here observed prevalence of 1.6% (CI: 0.3–4.5%) for these latter dogs is comparable or higher than that in the countries where the presence of *A. vasorum* was discovered decades ago, such as Germany (1.2% determined by faecal analysis) (Taubert et al. 2008), England (0.97%) (Schnyder et al. 2013a) or Italy (0.8–0.9%) (Guardone et al. 2013). This could indicate that the parasite has been present for some time without dog owners and veterinarians being aware of it. In fact, Baermann analysis is not routinely performed, and a serological in-clinic assay (Angio Detect™ Test, IDEXX Laboratories, Westbrook, Maine, USA) for the detection of *A. vasorum* antigen has been available commercially only recently. The broad spectrum of clinical signs including asymptomatic dogs and a slow progression of the disease make the diagnosis of dogs infected with *A. vasorum* challenging. Together with limited disease awareness, canine angiostrongylosis can be easily missed.

Also the recent reports of *A. vasorum* in dogs and foxes from countries surrounding the Czech Republic (Germany, Poland, Slovakia) sustain the hypothesis that *A. vasorum* may have been established for some time in the Czech Republic. Further investigations within the fox population acting as a potential and highly suitable reservoir of the parasite would help to clarify the situation as well as how successful *A. vasorum* was or will be in the future in spreading in the Czech Republic.

Faecal sampling during only one day for larvoscopy was necessary due to practical reasons, and multiple samples could not be obtained. Furthermore, as the study was performed in 28 veterinary practices distributed across the Czech Republic, it was necessary to keep 106 faecal samples frozen at -20 °C until examination in our laboratory. Both the freezing and the single day faecal samples may have influenced the outcome of the results with high probability, leading to lower detection rates, although the ability of the genus *Crenosoma* L1 to resist freezing temperatures for varying lengths of time has been described (Snyder 1985). The larvae were still motile even after having been frozen at -25 °C for periods of up to 14 months. It was supported also by other studies in which survival of the L1 of *C. vulpis* under freezing temperatures was observed (Saeed et al. 2006). *Angiostrongylus vasorum* L1 were suggested to not be able to survive temperatures below -20 °C for more than 24 h (Jeffery et al. 2004). For both, *C. vulpis* and *A. vasorum* L1 detection, it has to be assumed that sensitivity using copromicroscopic methods with frozen samples was decreased.

An identified potential risk factor for positive results was the age (higher risk for younger dogs). The breed, neutering status, and sex were not relevant risk factors. The same results were obtained by Morgan et al. (2010). Most of the dogs in our study positive for *A. vasorum* or *C. vulpis* were individuals aged up to three years, but the infection affected older dogs, too, including a 12-year-old senior dog. The majority of the dogs had opportunities to run free daily and to sniff in the grass or play with sticks (Schnyder 2015), and therefore to occasionally lick or ingest snails as intermediate hosts, which is a prerogative for infection with lungworms. Especially young dogs may be attracted by snails or slugs. The majority of positive dogs in our study did not show clinical signs, but single individuals with fever and respiratory problems occurred as well.

Dog lungworms can cause serious diseases (Kruse et al. 2013) and therefore, the diagnosis of lungworms should be included in the differential diagnosis of pyrexia and respiratory problems. Particularly in areas where lungworms are not routinely searched for, disease awareness among animal owners and veterinarians should be implemented.

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