

## Theoretical investigation on insulin dimer - $\beta$ - cyclodextrin interactions using docking and molecular dynamics simulation

### ABSTRACT

In our study, molecular docking and molecular dynamics (MD) simulations were performed in order to explore the interactions between human insulin and  $\beta$ -cyclodextrin ( $\beta$ -CD). Molecular docking study was performed using the Autodock v4.2 program to determine the number of  $\beta$ -CD molecules that adhere to the binding sites of insulin. A random structure docking approach using an initial ratio of 1:1 insulin- $\beta$ -CD was conducted and from these, additional  $\beta$ -CDs were added. Molecular docking results revealed that a maximum of four  $\beta$ -CDs are able to bind to the insulin structure with the 1:3 insulin- $\beta$ -CD ratio producing the lowest binding free energy. The docked conformations showed that hydrophobic interactions played a crucial role in insulin- $\beta$ -CD conformational stability in addition to the formation of hydrogen bonds. A 50 ns MD simulation was further conducted using an NPT ensemble to verify the results obtained by molecular docking. The analysis of the MD simulation results of the 1:3 insulin- $\beta$ -CD formation system conclude that a good interaction exists between insulin and  $\beta$ -CDs and the RMSD value obtained was  $4.00 \pm 0.50$  Å. The RMSF profiles of insulin in the 1:3 insulin- $\beta$ -CD formation also show reduced amino acid residues flexibility as compared to the free insulin system. The theoretical results indicated the presence of significant interactions between insulin and  $\beta$ -CD which could provide interesting insights into an insulin formulation.

**Keyword:** Insulin;  $\beta$ -Cyclodextrin; Molecular docking; Molecular dynamics simulation