

# Optimizing the thermal performance of building envelopes for energy saving in underground office buildings in various climates of China

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1	Optimizing the thermal performance of building envelopes for energy saving in
2	underground office buildings in various climates of China
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Abstract This article investigates the influence of the thermal performance of 23 building envelopes on annual energy consumption in a ground-buried office building 24 25 by means of the dynamic building energy simulation, aiming at offering reasonable guidelines for the energy efficient design of envelopes for underground office 26 buildings in China. In this study, the accuracy of dealing with the thermal process for 27 underground buildings by using the Designer's Energy Simulation Tool (DeST) is 28 validated by measured data. The analyzed results show that the annual energy 29 consumptions for this type of buildings vary significantly, and it is based on the value 30 31 of the overall heat transfer coefficient (U-value) of the envelopes. Thus, it is necessary to optimize the U-value for underground buildings located in various climatic zones in 32 China. With respect to the roof, an improvement in its thermal performance is 33 34 significantly beneficial to the underground office building in terms of annual energy demand. With respect to the external walls, the optimized U-values completely 35 change with the distribution of the climate zones. The recommended optimal values 36 for various climate zones of China are also specified as design references for public 37 office building in underground in terms of the building energy efficiency. 38

Keywords: Underground office buildings; Thermal performance; Optimization;
China; DeST simulation

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#### 45 **1 Introduction**

In the view of the significant increases of the population in urban cities over recent 46 decades, underground buildings have played an increasingly important role in the 47 development and improvement of metropolises. A growing number of underground 48 buildings, such as underground parking spaces, shopping malls, hospitals, railways, 49 and office buildings, have been constructed as alternatives for urban area expansion in 50 metropolises worldwide [1], and especially in China [2, 3]. For instance, the total area 51 of underground space in Beijing has reached 72.68 million  $m^2$  with a noted annual 52 increase of over 7.3 million m<sup>2</sup> based on published figures in August 2014 [2]. The 53 development of underground buildings effectively relieves land utilization in these 54 mega cities, and definitely provides more living space for urbanites [4, 5]. Moreover, 55 compared to buildings built above the ground, underground buildings may exhibit 56 increased advantages in terms of building energy efficiency and indoor climate owing 57 to their better capacities for heat storage, heat stability, and smaller temperature 58 variations [6, 7]. Therefore, underground buildings require lower heating and cooling 59 loads, save more energy for residents, and improve urban sustainability [6, 7, and 8]. 60 61 Many studies have demonstrated that underground buildings possess immense potential in reducing energy demands that can save more than 23% of energy in 62 comparison with similar aboveground buildings [6, 9, 10, and 11]. It should be noted 63 that the energy analysis of earth-sheltered domestic buildings situated in Poland 64 showed that approximately 47%-80% reduction in the heating energy demand could 65 be achieved by using various thickness of thermal insulation [6]. 66

67	Recently, some researchers have attempted to study the energy performance of
68	underground buildings using various research methods such as a two-dimensional
69	transient finite element model (FEM) to investigate heat loss in a basement [12], a
70	two-dimensional dynamic model of heat transfer through building envelopes using
71	MATLAB [13], a combination of computer programs FlexPDE and EnergyPlus to
72	simulate the heating and cooling energy demands in earth-sheltered buildings [6], a
73	three-dimensional analysis of the thermal resistance of an external insulation system
74	of a basement [13], a three-dimensional finite difference model (FDM) to verify the
75	energy reduction potential of underground buildings [14], and an experimental
76	analysis of indoor temperature variations related to ground layers in underground
77	wine cellars [15]. All these experimental and simulated research studies indicate that
78	the energy performance of underground buildings is determined by a wide variety of
79	influential factors such as design typology, building function, HVAC systems,
80	covering soil depth and type, thermal insulation, air infiltration [8]. In terms of design
81	typology, contact surface area of building with the earth plays a key role in heat
82	transfer. Overall, adopted methodologies have been more sophisticated as compared
83	to conventional methodologies used for buildings above the ground. Additionally,
84	these factors interact and change with different outdoor climates and indoor
85	conditions [8, 16]. Among these factors, the building envelope is a factor that can be
86	easily designed and optimized in the early design stages for energy efficiency.

87 In terms of building envelope features for aboveground buildings, an improvement 88 in the thermal performance of the envelope, such as an increase in the thermal

insulation level, can effectively reduce heat loss, and the annual energy demands for 89 both heating and cooling [17, 18]. The efficiency requirements for building envelopes, 90 91 such as the assembly's maximum U-value (overall heat transfer coefficient), are determined for building energy efficiency based on the ASHRAE Standards 90.1-92 2016 [19] in America, and GB50189–2015 in China [20]. However, the heat transfer 93 through an underground building is completely different from that of a building that is 94 above the ground because the soil's thermal properties are treated as a thermal 95 reservoir for modulating interior temperatures [21]. Therefore, these standards 96 correspond to buildings built above the ground and might be not suitable for 97 underground buildings in which the thermal performance of the envelopes is designed 98 for energy efficiency. 99

100 In this context, several researchers have focused on the investigation of the influence of the thermal performance of the envelopes on energy consumption with 101 respect to heating and cooling loads for underground buildings [11, 13, 22, and 23]. 102 Krarti and Choi demonstrated that additional insulation is required at the corners, as 103 opposed to the middle section of the surface to minimize the heat loss for 104 underground buildings, and that insulation material should be close to the soil surface 105 [13]. Yuan et al. evaluated the effect of building materials on the temperature and heat 106 flux for envelopes in a basement, and indicated that the thermal conductivity of 107 building materials is an important factor in the heat transfer of the envelopes [22]. 108 Dronkelaar stated that the energy performance is more significantly dependent on the 109 U-value of the constructions and the ventilation rates in certain colder climates [11]. 110

Staniec and Nowak suggested that thinner thermal insulation, elicits a better cooling 111 effect gained from the soil, whereas a thicker insulation leads to a smaller heating 112 energy demand [6, 23]. These studies indicates that the thermal performance of the 113 envelopes in an underground building is one of the most important design criteria to 114 allow the best thermal comfort effect [8]. However, the relationships between the 115 annual energy demand and the thermal performance of the envelopes in underground 116 buildings might not be very accurate and explicit, especially with respect to various 117 climatic zones. In general, outdoor climatic conditions have a slight influence on the 118 119 indoor environment and energy demand for underground buildings in a short time. However, the long-term distribution of ground temperature is crucial in determining 120 the energy demand, which is dependent on the climate and soil's thermal properties. 121 122 Although the simulated analysis by Staniec and Nowak illustrated the influence of thermal insulation on heating and cooling loads, the combined effect of thermal 123 performance of the envelope on the annual energy demand (including heating and 124 125 cooling energy) has not been considered in their study. Furthermore, their simulation was only performed for Polish climate conditions, and thus, it may not be possible to 126 apply their conclusions to various climates around the world. 127

On the other hand, China has a vast territory spanning five different climatic conditions [24]. Specifically, temperature waves of underground spaces differ in terms of values, amplitude, period, and phase displacement for various climatic zones. Therefore, the efficiency requirements of building envelopes in an underground building may vary significantly with changes in the climate. Hence, a reasonable and formal guideline, or a standard listing the efficiency requirements, are necessary for underground building envelopes in various climates to provide a basis for the energy-saving design of the envelopes, which is currently lacking in China.

The aim of this study is to investigate the influence of the thermal performance of 136 the envelopes on annual energy consumption for underground office buildings in 137 various climatic zones of China, thereby allowing the determination of the optimized 138 U-value for building envelopes (including the roof and the exterior wall), and 139 introducing reasonable guidelines for the energy efficient design of underground 140 building envelopes. First, a building energy simulation tool known as the Designer's 141 Energy Simulation Tool (DeST) was presented in detail to deal with the thermal 142 process for the underground building and the accuracy of DeST is also validated by 143 144 measured data. Thus, DeST is used to calculating the hourly heating and cooling loads for ground-buried office buildings in this study to optimize the thermal performance 145 of the insulation configurations of envelopes for various climatic zones in China, 146 based on the annual energy consumption. 147

#### 148 2 Methodology

This section is organized in four parts. Section 2.1 describes the details for simulating thermal process within underground buildings by means of DeST. Section 2.2 presents a prototype underground building model implemented in the DeST platform. Section 2.3 shows the classification of climate zones in China and lists the ten major Chinese cities selected for this simulation. The evaluation method of 154 calculating annual energy demand based on hourly heating and cooling loads is155 summarized in Section 2.4.

#### 156 **2.1 Simulation tool**

DeST is an effective building energy simulation tool that was developed by Tsinghua University in 1989. To-this-date, numerous case analyses and theoretical validations are performed, and as a result, DeST has become a widely-used platform for calculating building thermal processes and for dynamic simulations of the building's energy distribution. Specifically, DeST develops a graphical user interface that is based on AutoCAD for all simulation processes to avoid additional modelling work and information loss due to conversion [25].

In terms of energy performance, the most significant difference between an 164 underground building and an aboveground building is that all the building partitions 165 are in contact with soil, rather than atmosphere. Therefore, it is critical to determine 166 surrounding ground temperature and calculate the heat transfer process of 167 ground-coupled envelopes that are in contact with the earth for simulating an 168 underground building. Generally, heat transfer within ground-coupled envelope is 169 computed using numerical methods, such as FEM and FDM [12, 14]. However, these 170 models are excessively time-consuming for hourly simulations over the period of a 171 year [25]. 172

173 In DeST simulation, the heat transfer process of ground-coupled envelopes (the 174 envelopes that are contact with the earth) is decomposed into three processes which

are controlled by ground-coupled envelope surface temperature, outdoor ground 175 surface temperature and temperature difference of ground-coupled envelope surfaces 176 177 [26]. The schematic diagram of heat transfer within ground-coupled envelopes is presented in Fig.1. Outdoor ground surface temperature (OGST) is mainly determined 178 by above air temperature, absorbed solar radiation, long wave radiation with sky. 179 Ground-coupled envelope surface temperature is mainly determined by room air 180 temperature, long wave radiation with occupant, light, equipment and other inner 181 surface in the room. Temperature of deep soil surface is set as constant and 182 183 approximately equals to mean ground surface temperature (MGST).





Outdoor air

Fig.1 Schematic program of underground building's heat transfer and boundary condition (not in scale) In the first process, outdoor ground surface temperature is set as zero and the temperature of other ground-coupled envelopes is set the same as the selected one. The heat transfer process controlled by ground-coupled envelope surface temperature is computed by one-dimensional Equivalent Slab. In the second process, temperature of all ground-coupled envelope surfaces is set as zero and outdoor ground surface temperature is simplified as a constant and 1 year period harmonic variable. In the

third process, outdoor ground surface temperature is set as zero and the temperatures 192 of ground-coupled envelopes are different. The heat between ground-coupled 193 envelopes is exchanged through the soil and is computed by a one-dimensional Extra 194 Partition Wall. Therefore, replace the ground-coupled envelope in a room using 195 Equivalent Slab and treat the heat flux computed in the second and third process as 196 heat source of Equivalent Slab inner surface, and thus the heat transfer of 197 ground-coupled envelope is calculated and implemented into building thermal 198 simulation. This approach can save a large amount of time for the full-year calculation 199 200 compared with other numerical methods [26].

#### 201 **2.2 Underground office building details**

All simulation stages are performed in DeST for a simplified prototype building 202 model based on a typical large-scale office building that is fully underground. The 203 building is located at a depth of 1.0 m below the ground in Beijing and has only one 204 underground floor with a story height of 3.3 m. The building is consisted of five 205 sections as detailed in a previous study [27]. Fig.2 shows the layout of the eastern 206 section of the building as the chosen prototype building model in the calculation, 207 which has a building area of 215.5  $m^2$ . Table 1 lists the components and thermal 208 performance of the building envelope. The building is surrounded by rammed clay 209 that is considered as a special component for the exterior walls. The thermal 210 conductivity coefficient of rammed clay is  $1.16 \text{ W/(m \cdot K)}$ . 211





213

Fig.2 The layout of the simplified underground building (unit: mm)

214

Table 1 Components and the thermal performance of the building envelope

Building	Building envelope components	U-value
envelope		$(W/m^2 \cdot K)$
Roof	20 mm Lime mortar + 300 mm reinforced concrete	0.81
External walls	30 mm Lime mortar + 200 mm reinforced concrete	1.00

In this simulation, the layout and building structure are constructed using model parameters that are as close as possible to the real-life situation [28]. It is assumed that there is no infiltration or solar gains for the underground building because the building is completely buried beneath the surface.

Three scenarios are considered in the simulation. The details of building characteristics for the three scenarios are presented in Table 2. Scenario A is performed to simulate annual indoor temperature variations in the meeting room as depicted in Fig.2. Scenarios B and C are both executed to calculate the hourly load of the underground building. First, Scenario B is performed to investigate the influence of the U-value of the roof on the annual energy demand, and to determine its optimal U-value. This is followed by the execution of Scenario C to optimize the thermal

performance of the exterior walls. It should be noted that the U-value of the roof for 226 Scenario C is adopted based on the optimized results in Scenario B. In this study, two 227 covering soil depths (1.0 m and 3.0 m) (calculated between the rooftop of the 228 building and the ground surface) are chosen because the depth also greatly affects the 229 indoor heat environment of the subsurface structure [8]. In this simulation, the 230 research objective is the public office building, thus the parameters of the thermal 231 disturbances (Table 3) from the occupants, illumination, and equipment in the 232 building are assumed to be the same as those of public buildings above the ground 233 234 according to Chinese national standard for public buildings [20], which is typical and representative for office buildings. The schedules for the interior heat sources are 235 described in Table 4. Mechanical ventilation does not consider the impact of fresh air 236 237 on the heat transfer between the building and surrounding envelopes. Therefore, the fresh air load is not included in the simulation for the calculation of the annual hourly 238 load. 239

Scenario	Depth	U-value of the roof	U-value of the exterior	Internal heat
	(m)	$(W/m^2 \cdot K)$	wall and floor( $W/m^2 \cdot K$ )	gains
А	3.0	0.81	1.00	None
В	1.0/3.0	Variable value	1.00	See Table 3
С	1.0/3.0	Optimal value	Variable value	See Table 3

240 Table 2 Building characteristics for the three executed scenarios

241 Notes: Variable values: 0.22/0.49/0.81/1.00/1.50/2.00/2.45/2.97, optimal value: the optimized results of

242 U-value for the roof in Scenario B.

243 Table 3 Internal heat sources for an underground building

Building function	MNP(people/m <sup>2</sup> )	$MI(W/m^2)$	MHGFE (W/m <sup>2</sup> )

	Public office	0.1	9.0	15	
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244 Notes: MNP: maximum number of individuals, MI: maximum illumination, MHGFE: maximum heat

245 gain from the equipment.

246

Table 4 Schedules for various internal heat sources

Interior disturbance	Schedule
Occupants	ON from 08:00 to 17:00 on workday, OFF at all other times
Illumination	ON from 08:00 to 17:00 on workday, OFF at all other times
Equipment	ON from 08:00 to 17:00 on workday, OFF at all other times

For Scenarios B and C, the heating and cooling systems have considered the 247 provision of a comfortable indoor environment in an underground building. The high 248 heat storage capacity of the surrounding soil results in an indoor underground 249 temperature that is lower than 20 °C sometimes even during the summer [15, 27], and 250 it is then necessary to heat the room. Thus, it is not suitable to simply set the same 251 parameters for an underground space to those used for indoor air conditioning for 252 buildings above the ground, such as 26 °C in the summer, and 20 °C in winter. In the 253 254 simulation, the indoor temperatures of an underground building in the summer and winter were set to a wide range of temperatures that approximately spanned 20-28 °C, 255 and 18-22 °C, respectively. 256

257 **2.3 Climatic zones in China** 

Based on the different climatic characteristics, China is divided into five major climate zones as follows: a severe cold zone (SCZ), a cold zone (CZ), a hot summer and cold winter zone (HSCWZ), a hot summer and warm winter zone (HSWWZ), and a temperate zone (TZ) (Fig.3). This climatic classification framework is principally



based on the average temperatures in the coldest and hottest months [18].

263

Fig.3 Classification of climate zones in China and geographic locations of the 10 major cities selected for this study, as denoted by the red stars

For Scenario B and C, 10 typical cities covering the climate zones are selected for the investigation, and they are denoted using red stars, as shown in Fig.3. They represent the corresponding climatic zones. The meteorological data for these cities during a typical meteorological year is determined based on a multiyear weather database file [16]. In DeST, hourly data of weather variations is calculated in a similar manner to the calculation of the weather input parameters for Scenario B and C.

272 2.4 Annual energy demand calculation

The hourly heating and cooling loads for the underground building are obtained based on the calculations of Scenario B and C. The grades of energy used in the heating and cooling systems as well as their energy efficiencies are different. It is necessary to convert the various energy forms to electricity power by using the 277 method detailed in the GB50189–2015 Standard [20], and thus annual energy 278 consumption for underground building is obtained.

For all the climatic zones, space cooling is provided using water–cooled centrifugal chillers [20], and the electricity consumption for cooling can be calculated in accordance to Eq.(1):

282

$$E_C = \frac{Q_C}{A \times SCOP_T} \tag{1}$$

where,  $Q_c$  denotes the accumulative cooling load on the calculated DeST results in kWh, A denotes the total cooling areas in m<sup>2</sup>, and SCOP<sub>T</sub> is the synthetic coefficient of performance for the cooling system and equals to 2.5 [20].

The heating system is determined based on the climate zones. The system operation with a coal-fired boiler is applied in the SCZ and CZ, while the system that operated with a natural-gas-fired boiler is applied in all the other climate zones [23]. The electricity consumption for the heating system can be evaluated using Eqs.(2) and (3), respectively.

291

$$E_H = \frac{Q_H}{A\eta_1 q_1 q_2} \tag{2}$$

where,  $Q_H$  denotes the annual accumulative heating load based on the calculated results of DeST in kWh, A denotes the total heating areas in m<sup>2</sup>,  $\eta_1$  denotes the synthetic efficiency of the heating system with a coal-fired boiler and equals to 60% [20],  $q_1$  denotes the calorific value of standard coal and equals to 8.14 kWh/ kgce, and  $q_2$  denotes the coal consumption rate in the power generation and equals to 0.360 kgce/kWh.

$$E_H = \frac{Q_H}{A\eta_2 q_3 q_2} \varphi \tag{3}$$

Where,  $\varphi$  denotes the converted coefficient between standard coal and gas, and equals to 1.21 kgce /m<sup>3</sup>,  $\eta_2$  denotes the synthetic efficiency of the heating system with a natural gas-fired boiler and equals to 75% [20], and  $q_3$  denotes the calorific value of gas and equals to 9.87 kWh/ kgce.

Finally, the annual energy consumption is the sum of  $E_H$  and  $E_C$ , and is considered as the evaluation index of the total energy consumption for a full year in this study.

**306 3 Results and discussions** 

#### 307 **3.1 Analysis of room temperature simulation**

Basal room temperature refers to the indoor temperature that arises from the 308 thermal interaction between the outdoor climatic conditions and the building in its 309 natural state [16]. In this case, there were no heating/cooling sources or working 310 HVAC systems. In this study, the meeting room, denoted as a red star in Fig.2, was 311 312 used as an example to analyse the indoor temperature variations throughout the entire year. Fig.4 (a) shows the measured indoor temperature data a period of 9–10 months, 313 while the outdoor temperature variations of Beijing during the year at which tests 314 315 were conducted are shown in Fig.4 (b). Additionally, the annual hourly basal room temperature of the meeting room was calculated using DeST (Scenario A), as 316 presented in Fig.4 (a). It should be noted that the meteorological data for Scenario A 317 318 were based on a weather database file that matched the year at which the tests were conducted. 319



Fig.4 Basal temperature variations in the meeting room for simulation and measurements (a) and annual hourly dry-bulb temperature in Beijing during the testing year at which tests were conducted (b)

A sinusoidal behaviour of seasonal variability in the indoor temperature of the 326 meeting room is distinctly observed in Fig.4. A comparison of the variations of indoor 327 328 and outdoor temperatures indicates that their behaviours are almost identical in terms of the exhibited tendencies to monthly changes, but the temperature waves differ in 329 330 terms of values, amplitude, and phase displacement [15]. First, the indoor temperature is very stable throughout the year eliciting a mean temperature of approximately 331 20 °C when compared to the outdoor temperature owing to the thermal inertia of the 332 surrounding soil. The highest temperature of the underground space is approximately 333 10 °C lower than that of the outdoor air, while the lowest temperature of underground 334 space is more than 20 °C larger than that of outdoor air. Additionally, the highest 335 336 indoor temperature in underground buildings occurred in early August, while the highest outdoor temperature occurred in early July. Similarly, the lowest indoor 337 temperature of the underground space is observed in mid-February, while the lowest 338 outdoor temperature is observed in mid-January. This implies that the phase 339 displacement between the indoor temperature in the underground space (at a depth of 340

1.0 m below the ground) and the outdoor temperature approximately corresponds toone month.

In order to compare the calculated and measured indoor temperature of the meeting room, we calculated the coefficient of variation of the root-mean square error (RMSE) using the following equation:

346 
$$\operatorname{RMSE} = \sqrt{\sum_{i=1}^{N} (T_{meas} - T_{model})^2 / N}$$
347 (4)

348 where,  $T_{meas}$  is the measured indoor temperature at a given time,  $T_{model}$  is the 349 modelled indoor temperature at that same time, and *N* is the number of measurements.

The value of RMSE is used to quantify the agreements between measured and computational results and this value in Fig.4 (a) is 0.63, showing there is a good agreement between that experimental and computational results. Thus, the accuracy of the thermal process within underground buildings by means of DeST-based dynamic simulation is thus validated.

#### **355 3.2 Analysis of hourly load for heating and cooling.**

In this section, the calculated results for Scenario C are analyzed and illustrated as an example. In this case, the details of the simulation are as follows: the building is located at a depth of 1.0 m below the ground (Beijing), and the heat transfer coefficient of the roof is 0.8 W/( $m^2 \cdot K$ ). Fig.5 shows the simulation results for the distribution of annual hourly heating and cooling loads in an underground building.

In Fig.5, it is observed that the cooling load started at the end of July and lasted 361 until the beginning of September, and this indicated that the cooling system worked 362 363 during this period to regulate the indoor temperature to preset levels. The onset of the cooling operation occurred a month later than that used for buildings built above the 364 ground. This may be owing to the phase displacement of the ground temperature 365 compared to the outdoor temperature. A similar tendency in the heating load is also 366 observed in Fig.5. For an underground building, the heating system mainly worked 367 from January to February instead of the coldest months with respect to the outdoor 368 369 atmosphere in Beijing (December and January).



#### 376 **3.3 Impact of thermal characteristics of the roof on building energy demand**

In this section, the influence of the thermal performance of the roof on the building's energy demand is analyzed for various climatic zones, based on the calculated results of Scenario B. Fig.6 (a)-(e) indicates that the annual energy demand changes as a function of the U-values of the roof for each of the corresponding climatic zones. As shown, the relationships between annual energy consumption and

U-values for the roofs for various climatic zones of China are very similar. Overall, 382 the decrease in the U-values of the roof effectively reduced the building's energy 383 demand by enhancing the thickness of the thermal insulation. This can be explained 384 by the fact that the existing insulation diminished the impacts of the outdoor climate 385 on the indoor environment of an underground space. For example, in Harbin (with a 386 building depth of 1.0 m), the amount of annual energy consumption decreased from 387  $6.20 \text{ kW} \cdot \text{h/m}^2$  to  $3.55 \text{ kW} \cdot \text{h/m}^2$ , and this corresponded to a change of approximately 388 42.7% when the U-value decreased from 2.0 W/( $m^2 \cdot K$ ) to 0.5 W/( $m^2 \cdot K$ ). The 389 effectiveness of the U-value is more significant at lower values, while U-values 390 higher than 2.5  $W/(m^2 \cdot K)$  minimized their impacts on the building's energy 391 consumption. 392

Therefore, the analyzed results reveal that the energy efficiency requirements for the roofs of underground buildings are consistent with the standards for buildings above the ground. Thus, an improvement in the thermal performance of a roof, based on the increase of the insulation materials, is beneficial to the building's energy consumption. As shown in Fig.6 (a) and (b), it is also clear that additional insulation materials are required for cold climatic zones-and especially for SCZ to minimize heat loss through the roof, and especially for shallow-buried underground buildings.

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401

402





432 Fig.6 Relationships between annual energy demand and U-values of the roof for SCZ (a), CZ (b),

#### HSCWZ (c), HSWWZ (d), and TZ (e)

#### 434 **3.4 Impact of the thermal characteristics of the exterior wall**

433

Fig.7 (a)-(e) depicts the relationships between the annual energy demand and the
U-values of the exterior wall in underground buildings for various climatic zones in
China. Overall, these relationships vary with changes in the climate.





468 Fig.7 Relationships between annual energy demand and U-values of the exterior wall for SCZ (a), CZ

(b), HSCWZ (c), HSWWZ (d), and TZ (e)

469

A minimum is clearly observed in Fig.7 (a) and (b), thereby implying that there is 470 an optimal U-value for the exterior wall for SCZ and CZ. With respect to SCZ, it is 471 noted that increasing the U-value from 0.22 W/( $m^2 \cdot K$ ) to 0.8 W/( $m^2 \cdot K$ ) effectively 472 reduces the annual energy consumption. However, this is followed by a continuous 473 increase in the annual energy demand as a function of the U-value. Thus, the optimum 474 U-value for the exterior wall for SCZ is approximately equal to 0.8  $W/(m^2 \cdot K)$ . 475 Similarly, the optimum value of the exterior wall in an underground building for CZ is 476  $1.0 \text{ W/(m^2 \cdot K)}.$ 477

The reason pertaining to the achieved optimal level of the U-value of the exterior 478 wall is attributed to the differential impacts of energy consumption owing to heating 479 480 and cooling. Fig.8 shows the variations in heating and cooling energies as a function of the U-values of the exterior wall in Harbin. Specifically, the thermal resistance of 481 the exterior wall effectively prevents heat from being transferred into the surrounding 482 soil in winter. Nevertheless, if the U-value is excessively low, the heat generated in 483 the room cannot be effectively transferred into the soil, and this leads to an increased 484 cooling load. In the summer, a decrease in the U-value of the exterior wall can 485 effectively transfer more heat into the surrounding soil, and this is helpful in yielding 486 significant decreases in the indoor temperature and in the cooling load. Thus, a 487 decrease in the U-value of the exterior wall is beneficial in the reduction of the 488 heating energy in winter, while an increase in the U-value is helpful in reducing the 489 cooling energy in the summer. It is necessary to evaluate a trade-off by considering 490

491 the optimal annual energy consumption (including the heating and cooling energies) 492 when the thermal performance of the exterior wall in an underground building is 493 designed for energy conservation.



499 Fig.8 Variations in the annual energy consumption for heating and cooling as a function of U-values of

500

#### the exterior wall in Harbin

With respect to the HSCWZ, the optimized value was approximately 1.5  $W/(m^2 \cdot K)$ , 501 but when the U-value increased to 2.0  $W/(m^2 \cdot K)$ , its impact on building energy 502 consumption was minimized. Similarly, the optimized U-value for TZ was 503 approximately in the range of  $1.5-2.0 \text{ W/(m^2 \cdot K)}$ , as shown in Fig.7 (e). It should be 504 noted that higher U-values elicit lower annual energy demand for buildings in 505 HSCWZ, even though the effectiveness of the U-value is not significant at higher 506 values. This means that thermal insulation materials are not necessary for the exterior 507 walls in underground buildings for HSCWZ, and that the U-value of the exterior walls 508 should in general be larger than 2.0 W/( $m^2 \cdot K$ ). These findings are completely 509 different from those for buildings above the ground. The main reason for this 510 difference is the soil temperature. Fig.9 presents the measured data of the soil 511 temperature at a depth of 3.2 m in a typical underground building in five selected 512



513 cities corresponding to different climatic zones in China [29].



Based on Fig.9, it is observed that the average soil temperature corresponding to a depth of 3.2 m below the ground in Guangzhou (HSCWZ) reached 24 °C, and that the yearly dry-bulb temperature exceeded 20 °C. Thus, cooling of the interior space constitutes the main consequence in response to the climatic changes of HSWWZ. Increasing the U-value of the exterior wall is helpful in transferring the heat generated in the space into the surrounding soil.

527 Conversely, the fluctuation in the soil temperature in Harbin (SCZ) and Beijing 528 (CZ) exceeded the corresponding fluctuations for the other three cities. For example, 529 in Harbin, the average soil temperature (at a depth of 3.2 m below the ground) is the 530 lowest among all the studied cities, and corresponded to approximately 5 °C. Thus, it 531 is curial to reduce heat losses through the external walls. This is the reason why the 532 basic requirements of good thermal insulation of the envelope need to be met for SCZ 533 and CZ.

534

#### 535 4 Conclusions

The focus of the present study is the thermal performance of the envelope for 536 soil-buried office buildings, which may show distinct characteristics when compared 537 to conventional buildings that are built above the ground. An advanced building 538 energy-modelling tool (DeST) that accounted for the impact of the surrounding soil 539 environment was used to simulate the building's energy performance in the case of a 540 prototype underground building. The simulation results of the indoor air temperature 541 542 for an underground meeting room were compared with the onsite long-term measurement data, and yielded a good agreement, thus demonstrating that dealing 543 with the thermal process of an underground building using DeST is accurate and 544 feasible. Most importantly, the hourly heating and cooling loads were calculated by 545 DeST, the relationships between the annual energy consumption and the U-values of 546 the envelopes were detected for various climates in China. The following conclusions 547 548 can be drawn:

(1) The temperature waves between the indoor temperature of underground spaces
and the outdoor climate differ in terms of values, amplitude, and phase displacement,
owing to the high thermal capacity of the surrounding soil.

(2) Conversely, with respect to underground buildings, implementing a similar building energy efficiency strategy manifested by the decrease in the U-values of the envelopes (enhancing the thickness of thermal insulation), may result in an increased energy consumption when the thermal performance of the envelopes is designed for underground buildings. (3) An improvement in the thermal performance of the roof plays an important role
in reducing the energy demands for the underground office building. The energy
efficiency requirements of roofs for the underground office buildings show
consistency with the standard adopted for buildings that are above the ground

(4) The optimal U-values of an exterior wall for underground office buildings are completely different in the various climatic zones in China. For SCZ and CZ, the optimal U-values are 0.8 W/( $m^2 \cdot K$ ) and 1.0 W/( $m^2 \cdot K$ ), respectively, while for HSCWZ and TZ, the recommended optimal values are in the range of 1.5–2.0 W/( $m^2 \cdot K$ ). In terms of the building energy efficiency, thermal insulation is not required for HSWWZ.

These conclusions were drawn for soil-buried office buildings and the 567 recommendations for optimal design U-values of building envelopes may not be 568 suitable for other building functions. A further study should be carried out to 569 investigate the impact of the thermal performance of building envelopes on annual 570 energy consumption for various building functions, such as underground shopping 571 malls, parking space, railways, hospitals, etc. In addition, the contact surface area of 572 building with the earth plays a key role in heat transfer with underground buildings. 573 and thus it is necessary to study the impact of contact surface area of building with the 574 earth on the energy consumption and the optimal U-values of building envelopes, and 575 further to correct these optimization results. 576

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