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DSTL/JA100134

1 **Aerobiology: Experimental considerations, observations and future tools**

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6

7 **Abstract**

8 Understanding airborne survival and decay of microorganisms is important for a  
9 range of public health and biodefence applications including epidemiological and risk  
10 analysis modelling. Techniques for experimental aerosol generation, retention in  
11 aerosol phase and sampling require careful consideration and understanding so that  
12 they are representative of the conditions the bioaerosol would experience in the  
13 environment. This review explores current understanding of atmospheric transport in  
14 relation to advances and limitations of aerosol generation, maintenance in the  
15 aerosol phase and sampling techniques. Potential tools for the future are examined  
16 at the interface between atmospheric chemistry, aerosol physics and molecular  
17 microbiology that could explore heterogeneity and variability at the single droplet and  
18 single microorganism level within a bioaerosol. The review highlights the importance  
19 of method comparison and validation in bioaerosol research, and the benefits  
20 application of novel techniques could bring to increased understanding of  
21 aerobiological phenomena in diverse research fields, particularly during the  
22 progression of atmospheric transport where complex interdependent  
23 physicochemical and biological processes are occurring within bioaerosol particles.

DSTL/JA100134

24

25 **INTRODUCTION**

26 Aerosols injected into the atmosphere from the biosphere (bioaerosols) account for a  
27 significant portion of all atmospheric aerosols (1). Despite their low numbers relative  
28 to other natural aerosol, bioaerosols (whose sources include microorganisms  
29 contained within windblown dust and sea spray) are speculated to impact climate  
30 through behaving as efficient cloud condensation nuclei (2-3). Biological aerosols  
31 are also important from the perspective of human health being intimately involved in  
32 the transmission of many respiratory pathogens (4, 5).

33 Risk analysis modelling aims to develop predictive models of transmission and  
34 infection based on laboratory generation of aerosols containing respiratory  
35 pathogens. These experimental models are invaluable for understanding epidemic  
36 transmission, developing infection control measures and advising bioterror  
37 preparedness for public health (6-8). Effective risk modelling requires an in depth  
38 understanding of experimental aerosol techniques and their potential impact on the  
39 final outcome, whether that is aerosol decay, transmission rate or infectious dose.

40 This article reviews the current understanding, advances and limitations in laboratory  
41 aerobiological studies where the relationship between microorganism preparation,  
42 aerosol generation, evaporation, transport and fate cumulatively may affect the final  
43 outcome of inhalational infection or survival in the environment. In this review, the  
44 term "bioaerosol" will be limited to refer explicitly to infectious aerosol droplets  
45 containing living species, specifically bacteria and viruses; the study of this subset of  
46 bioaerosol comes with its own unique set of challenges that need to be recognized  
47 and addressed. The PubMed database was searched to identify relevant studies

DSTL/JA100134

48 using the strings: aerosol AND survival, bioaerosol AND generation, bioaerosol AND  
49 sampling. The terms bacteria and virus were interchanged for the term survival in the  
50 first search string; only published studies were included. References with no relation  
51 to bioaerosol as defined as 'infectious aerosol droplets' (e.g. fungal spores, pollen)  
52 were generally discarded unless the technology could be applied to the field.  
53 Retrieved studies were also reviewed for additional references. Although intrinsically  
54 linked to the general theme of this review, the development of inhalational animal  
55 models to replicate human disease is considered outside the scope and readers are  
56 directed to an extensive literature in this field (9-11).

57

## 58 **AEROSOL GENERATION, SAMPLING AND POST-PROCESSING** 59 **CONSIDERATIONS**

60 Aerosol generation and sampling prior to microbiological analysis are conducted for  
61 a range of bioaerosol related research activities (e.g. determination of aerosol decay  
62 rates and inhalational infectious dose, efficacy of decontamination strategies, and  
63 evaluation of bioaerosol sampling technologies). These dynamic processes can  
64 cause damage due to shear forces acting on the microbial cells (12-27). Table 1  
65 outlines some major aerosol generators and samplers used in aerobiological studies  
66 and the operating mechanisms. The majority of studies use reflux aerosol generators  
67 in conjunction with impingement to collect the generated aerosol. This system can be  
68 safely used in biocontainment laboratories for inhalational challenges and aerosol  
69 fate studies. However, comparative studies show that refluxing nebulizers produce  
70 the greatest loss of physiological function as a function of time in bacteria (16, 19-21,  
71 24). The loss of function has been linked to membrane damage (13, 20, 24), release

DSTL/JA100134

72 of ions into media (e.g.  $\text{PO}_4^{2-}$ ; 28), cell fragmentation (15, 23), reduction in ATP  
73 activity (29) and magnitude of associated electrical charge (30) as the bacteria  
74 remaining in the nebulizer repeatedly pass through the devices nozzle. Similar  
75 effects are observed for viruses (25). Repair of bacterial cells damaged by  
76 nebulization appears to be an energy dependent process with a requirement for  
77 divalent cations although independent of *de novo* RNA or protein synthesis (13, 31);  
78 it is unlikely that repair occurs in viruses due to their reliance on host cell factors for  
79 protein transcription and translation. In contrast, it has been reported that damage is  
80 reduced in non-refluxing aerosol generators where the microorganisms pass through  
81 the nozzle once (16, 24).

82 Sampling methods for airborne microorganisms include impingement, impaction,  
83 filtration, cyclonic separation, and electrostatic precipitation. This review will not  
84 cover all bioaerosol samplers, rather selecting the main sampling mechanisms and  
85 representative sampler models. The reader is directed to a couple of comprehensive  
86 reviews on bioaerosol sampling for further detail (32, 33). Each sampling technique  
87 has advantages and disadvantages for sampling microbial aerosols (Table 1) with  
88 the potential to cause microbial damage. Dependent on the microbe this damage  
89 may be transient: for example, impingement (AGI-30; 15 to 60 min) caused structural  
90 damage to *Pseudomonas fluorescens* cells with recovery achieved on non-selective  
91 media (15). Aerosol sampling times for determining infectious dose and aerosol  
92 decay rates generally range from 1-10 min which minimize the effects of microbial  
93 damage (22, 34). However, for infectious aerosols, few comparative studies of the  
94 bioefficiency of different sampling mechanisms. Where studies comparing samplers  
95 have been conducted, differences between microbial structures influence sampler  
96 bioefficiency; for example, infectivity and culturability differences were observed

DSTL/JA100134

97 between bacteriophages and influenza A virions sampled by the SKC biosampler  
98 and NIOSH cyclone (25, 35). Similar species dependent effects have been observed  
99 for bacteria in sampling bioefficiency; in particular *Bacillus* endospores tend to be  
100 less affected by aerosol sampling method (15, 17, 21, 22). One reason for  
101 differences in sampler bioefficiency is variation in sampling velocities that for  
102 impingement reaches  $260 \text{ m}\cdot\text{s}^{-1}$ , ten-fold greater than other samplers (36; Table 1).  
103 Secondly, the rapid rehydration that occurs during sampling can be detrimental to  
104 microorganisms (37-39).

105 Minimising stresses occurring during aerosol generation and sampling is hence  
106 critical to accurate representation of aerosol decay and infectivity. Aerosol  
107 generation stresses can be reduced by using single-pass devices that reduce the  
108 probability of a microorganisms being damaged (24). Depending on sampler choice,  
109 maximising recovery of microbes can be achieved in a number of ways. Prolonged  
110 sampling times is a consistent cause of reduced viability and hence collection times  
111 across all types of samplers and should be minimized (22, 40). The cell membrane is  
112 a major site of damage for Gram negative bacteria being aerosolised as sampled,  
113 demonstrated by increased sensitivity to hydrolytic enzymes (12). Impingement  
114 requires collection into liquid which can be optimised to reduce osmotic shock and  
115 maximise repair and recovery. For example, addition of compatible solutes and  
116 scavenging enzymes (i.e. trehalose, raffinose, polyhydric alcohols, betaine and  
117 catalase) can facilitate survival following the stresses associated with aerosol  
118 generation, transport and sampling (38, 41-46). Particle bounce and viability loss in  
119 impactors for vegetative *Bacillus subtilis* and *Escherichia coli* cells was reduced by  
120 applying a thin film of mineral oil significantly enhancing collection efficiency (47).  
121 Filtration methods provide high physical collection efficiencies, but bioefficiency can

DSTL/JA100134

122 be dependent on filtration time and post-processing procedures (21, 24, 48, 49). A  
123 major problem with filtration samplers is continued drawing of air through the filter  
124 desiccates collected microorganisms in a time-dependent manner. However,  
125 filtration onto gelatin membranes provides a medium that retains moisture and can  
126 be placed into warm media to recover collected microorganisms providing good  
127 bioefficiency (21, 24).

128 Post-sampling enumeration and storage are additional considerations. Enumeration  
129 can introduce error as organisms can be sensitive to impaction onto an agar surface  
130 (50), sensitive to the plating media (15) and the process of spread plating (51-53).  
131 Direct methods such as microscopy or flow cytometry in conjunction with various  
132 dyes or quantitative polymerase chain reaction (PCR) can indicate physiological  
133 activity of the collected microorganisms (15, 17, 54). Storage temperature, sampling  
134 solution and length of time can prompt microbial replication (or death) causing  
135 misrepresentation of the actual viability of the sampled bioaerosol (48). Samples  
136 should be processed as soon as possible after aerosol sampling; however this is  
137 highly dependent on the microorganism as for example, *Bacillus* endospores have  
138 been demonstrated to be less affected by storage temperature (4 and 25 °C)  
139 compared to *Escherichia coli*; however compared to immediate enumeration, both  
140 species had increased counts after extended periods of storage at 25 °C (10 and 24  
141 h for *B. subtilis* and *E. coli* respectively) indicating significant disaggregation and/or  
142 multiplication in the collection medium, which in this case was sterile deionized water  
143 containing a small quantity of detergent (48).

144 The data indicates that the method of aerosol generation can damage the  
145 microorganism at the subcellular level, at the very least subtly, and influence  
146 resultant estimates of microbial viability in the aerosol phase. None of these

DSTL/JA100134

147 mechanisms are entirely representative of the natural transmission mechanisms of  
148 respiratory pathogens e.g. coughing and sneezing followed by deposition in the  
149 respiratory tract (4, 5). The complexity of fluid fragmentation and droplet formation of  
150 oro-respiratory secretions during coughs and sneezes has recently been elucidated  
151 with the viscoelastic properties of respiratory secretions playing a defining role in  
152 final droplet size (55, 56). Viscoelasticity of respiratory secretions will change with  
153 anatomical location (e.g. nasal, bronchial) and disease state (e.g. chronic bronchitis,  
154 sinusitis, cystic fibrosis) as a result of changes in mucin content which will also affect  
155 droplet sizes (57, 58). Natural aerosol transmission events are likely to be less  
156 violent than the aforementioned aerosol generation processes. Therefore, selection  
157 and validation of experimental regimes (aerosol generator, spray fluid composition  
158 and sampling) to minimize microbial damage, promote maximal recovery and most  
159 closely replicate the natural event being modelled, is important for interpretation of  
160 aerosol data used in risk analysis models. Based on this review, and more extensive  
161 reviews on sampling methodology (32, 33) it is apparent that given the variability in  
162 microorganisms responses to the stresses of aerosol generation and collection, then  
163 it is advisable to perform method validation for each particular microorganism.  
164 Testing a range of aerosol generators and samplers to ensure the behaviour of the  
165 microorganism within the system is understood facilitates appropriate selection of  
166 apparatus and methodology to maximise recovery during enumeration.

## 167 **AEROSOL TRANSPORT AND PHYSICAL PROCESSING**

168 The physicochemical properties of bioaerosol particles govern all of the biological  
169 processes within. The conditions in a bioaerosol particle that a microorganism will  
170 experience can be dramatically different than in bulk liquid; the solute concentrations  
171 commonly reach supersaturation (59), while the rate of water transport within the



DSTL/JA100134

172 droplet can vary by orders of magnitude (60). Both of these properties are regulated  
173 by total water present in the droplet. Thus a detailed understanding of the  
174 hygroscopic properties of a bioaerosol as a function of solute composition (including  
175 biological species itself) is critical for understanding and predicting longevity and  
176 overall infectivity.

177 The typical trajectory in RH for a respiratory pathogen would be high at the point of  
178 dispersion (>95%) to low during atmospheric transport (ambient relative humidity,  
179 RH) to high upon inhalation (>95%) (61). During its lifetime, the water activity ( $a_w$ )  
180 within a droplet equilibrates with the atmospheric RH through either the addition or  
181 removal of water (62). From droplets larger than 100 nm in size, the water activity is  
182 equal to the gas phase RH at equilibrium. The rate at which this mass flux occurs  
183 and the final particle size attained are a reflection of the temperature and humidity of  
184 the gas phase of the aerosol and the droplet solute (63, 64). Importantly, all  
185 microorganisms require water for activity as critical enzyme driven biochemical  
186 reactions (e.g. respiration). Interestingly, in studies looking at osmotic tolerance in  
187 bulk liquid phase, depending on bacterial species, multiplication and growth is  
188 inhibited at  $a_w$  values of 0.86 – 0.97 with further reductions inducing dormancy or  
189 eventually reducing viability (65, 66).

190 The hygroscopic behaviour of any multicomponent aerosol is dependent on the  
191 relative abundance of each chemical species in the solute, where each component  
192 will contribute a proportion to the uptake or loss of water (62). This paradigm holds  
193 true for bioaerosol, for example it has been shown that the solute concentration  
194 affects the hygroscopic growth of aerosolized *B. subtilis* and *Pseudomonas*  
195 *fluorescens* vegetative cells (67). However, to study the hygroscopic behaviour of  
196 aerosol where the aim is to generate predictive models, much information about the

DSTL/JA100134

197 solute is required. The relative abundance of each component within the aerosol is  
198 mandatory (68-72), as is a detailed understanding of how the various components  
199 within the solute interact with one another (73). While this is somewhat straight  
200 forward with regards to non-biological aerosol, it remains a major challenge in  
201 bioaerosols. For example, infected individuals coughing and sneezing will produce  
202 larger droplets with different concentrations of mucus and other organic and  
203 inorganic solutes compared to healthy individuals (58). Similarly, in laboratory  
204 studies, microbial culture conditions (liquid broth, solid agar and nutrient  
205 composition) and growth phase affect the concentration and types of nutrients  
206 present in the spray suspension and these factors influence aerosol survival (25, 74-  
207 78). Indeed, survival of a viral simulant, the bacteriophage MS2, differed in human  
208 derived saliva, artificial saliva and cell culture medium, with greatest decay observed  
209 in human derived saliva (79). This has been observed for other viruses and bacteria  
210 upon comparing survival after aerosolization from body fluids (natural or synthetic)  
211 and culture medium (80-83). This highlights the caution needed in extrapolation of  
212 results from the experimental to *in vivo* situations being modelled in risk analysis.

213 The primary challenge in experimental studies of the factors that regulate the  
214 hygroscopic behaviour of bioaerosol is to control and know the complete composition  
215 of the bioaerosol droplets. For example, a simple factor such as control of the  
216 number of organisms per droplet/particle is not trivial using conventional  
217 aerosolization processes. To attempt to address this specific issue in studies of  
218 laboratory generated bioaerosols, a particular size is selected for a nebulized and  
219 dried bioaerosol sample allowing estimation of the number of species per droplet  
220 prior to hygroscopic analysis (16). For more complex (and atmospherically relevant)  
221 bioaerosol, the hygroscopic behaviour of anthropogenic bioaerosol has been

DSTL/JA100134

222 estimated indirectly (84, 85). In these studies, the relative growth in bioaerosol  
223 particle size with increases in RH was estimated through correlation analysis  
224 between the temporal size distributions (aerodynamic diameter) of airborne fungi  
225 with meteorological information (RH).

226 Thermodynamic models to predict the hygroscopic behaviour of aerosol (e.g.  
227 Universal Quasichemical Functional Group Activity Coefficients; UNIFAC) have been  
228 used for bioaerosols to limited success (59, 86). Generally, these models are able to  
229 predict the hygroscopic behaviour of large and complex organic molecules through  
230 parameterization of the functional groups present (such as carboxylic acids; 87).  
231 Even though, organically, bioaerosol consists primarily of sugar alcohols and highly  
232 polar sugars (88), it remains unclear the extent to which these models can be used  
233 to predict the hygroscopic behaviour of bioaerosols (89). The reason for this is that  
234 even when the relative abundances of functional groups and chemical species within  
235 a single bioaerosol droplet are known, the accumulation of noncovalent interactions  
236 between these species is not; the presence of cellular membranes within the droplet  
237 could kinetically limit the hygroscopic behaviour of all the chemical species within the  
238 aerosol.

239 The limited number of comprehensive studies that explicitly study the  
240 physicochemical properties of bioaerosol is problematic. Their absence has  
241 constrained the means by which the longevity of suspended bioaerosol can be  
242 investigated.

243

244 **DETERMINING BIOAEROSOL LONGEVITY**

DSTL/JA100134

245 Bioaerosol longevity is simply the length of time in which a biological species will  
246 remain either infectious or viable while suspended as a single particle. In an ideal  
247 experiment, the entire composition of the target bioaerosols would be explored; as  
248 discussed in previously sections this is technically challenging due to the selectivity  
249 of samplers and the heterogeneity of bioaerosol composition. Despite this, numerous  
250 studies on bioaerosol longevity have been published.

251 Techniques for investigating survival of bioaerosols *in vitro* (Table 2) tend to either  
252 maintain the particles in the air column (i.e. 'dynamic bioaerosols') or captured on  
253 fine substrate such as spider silk or glue fibres (i.e. 'captured bioaerosols'). The  
254 rotating drum is probably the standard procedure used for aerosol longevity studies  
255 based on Goldberg and colleagues seminal design (90). Modifications have  
256 permitted greater control (e.g. *in situ* monitoring of parameters) and accessibility to a  
257 range of environmental parameters (e.g. temperature, UV, volatile organic  
258 compounds), and the suspension of larger aerosol particle sizes for sufficiently long  
259 periods of time (91-94). Methods based on capturing bioaerosols on microfibers  
260 derived from spider escape silk and glue gun fibres have been utilised with success  
261 (78, 95-97). Comparative studies on filoviruses have demonstrated that microthread  
262 captured bioaerosols decay at a similar rate as those held dynamically within rotating  
263 vessels (34, 98).

264 The methods for retention of microorganisms in the aerosol phase have been used  
265 extensively to determine biological decay in the airborne state as a function of time  
266 and a range of environmental conditions (Table 3). The aerosol is sampled at time  
267 intervals and the number of viable microorganisms enumerated enabling calculation  
268 of aerosol decay rate. Sampling method and subsequent microbiological processing  
269 and enumeration can alter the number of recovered microorganisms (15, 17, 21, 22).

DSTL/JA100134

270 Therefore it is important to minimize microbial stress during aerosol collection to  
271 facilitate accurate calculation of the decay rate. During method validation, it is  
272 important to differentiate biological decay from physical losses due to deposition on  
273 the walls of the vessel or removal from the microthreads due to turbulence (or the  
274 presence of antimicrobial substances on the silk). Physical loss in aerosol systems is  
275 determined by using physical tracers that will not biologically decay such as *Bacillus*  
276 spores, chemicals (e.g. fluorescein) or polymer beads (21, 99, 100). The decay rates  
277 of the target microorganism and the physical tracer can be compared and the true  
278 biological decay rate determined.

279 A disadvantage of these techniques is that they sample bulk aerosol and it is difficult  
280 to develop an appreciation of microenvironment heterogeneity occurring within  
281 individual aerosol droplets from the physicochemical and biological perspective. For  
282 example, each individual aerosol droplet is likely to have a different chemical  
283 composition, exacerbated by differences in particle size that manifest themselves  
284 biologically on the microorganisms incorporated within the droplets. Such differences  
285 may be a source of variability in how microbes respond and survive aerosol  
286 transport.

287

## 288 **ENVIRONMENTAL FACTORS AFFECTING MICROBIAL LONGEVITY DURING** 289 **ATMOSPHERIC TRANSPORT AND BACTERIAL SURVIVAL MECHANISMS**

290 A large number of environmental and meteorological factors can influence microbial  
291 survival during aerosol transport (Table 3), and to provide greater context for  
292 interpretation of results the environmental features of the sampling site should be  
293 described. The fate of the microorganism is likely dictated by its physiological status

DSTL/JA100134

294 which is a combinatorial consequence of the atomisation process (e.g. spray device,  
295 cough, sneeze) with the associated evaporative stresses of aerosol transport and  
296 rehydration during inhalation (or sampling into liquid). The mechanisms by which the  
297 microorganisms perish have been partially elucidated and depend on the  
298 composition of the droplet and surrounding atmosphere.

299 Atmospheric oxidants (e.g. reactive oxygen and nitrogen species, sulphur dioxide,  
300 ozone) will impact on microbial longevity by either directly acting on the organism or  
301 with constituents within the aerosol droplet (101, 102). Presence of oxygen has been  
302 demonstrated to have a deleterious effect on airborne coliform bacteria, particularly  
303 at RH less than 40%, and hypothesised to be due to production of reactive oxygen  
304 species (ROS) by Maillard reactions (31, 103). Maillard reactions are amino-carbonyl  
305 reactions occurring between amino groups on proteins and reducing sugars that  
306 cause oxidation of macromolecules and death in microorganisms (104). In airborne  
307 microorganisms, these reactions may be the cause of oxidative damage to critical  
308 enzymes (44, 105-107), phospholipids and nucleic acids causing metabolic  
309 imbalance, destabilisation of membranes and reducing repair activity (31).  
310 Interestingly, recently Maillard chemistry has been implicated as a source of organic  
311 compounds within atmospheric aerosols altering particle viscosity and hence the  
312 diffusivity rate of water and reactive gases (108). Bioaerosols (including virus,  
313 vegetative bacteria, spores and peptides) subjected to atmospheric ozone  
314 concentrations and variations in RH showed temporal changes in fluorescence  
315 spectra related to oxidation and hydrolysis of tryptophan (109-111). Although  
316 survival is generally greater at higher RH (>80%), certain values (i.e. 70-85% RH for  
317 *E. coli* B; 41, 44) produce a large decrease in aerosol survival (41, 107, 112, 113).  
318 Likewise, RH dependent changes in salt concentrations and pH within droplets

DSTL/JA100134

319 influence virus viability causing conformational changes in surface proteins and  
320 membrane fluidity affecting infectivity (114).

321 Solar irradiation and atmospheric pollutant gases (including open air factor; OAF) are  
322 two further environmental parameters that can significantly affect longevity in the  
323 aerosol phase. Solar irradiation markedly decreased viability compared to control  
324 conditions that simulate the night (46, 78, 115-118). Particle size-dependent survival  
325 against solar irradiation has been observed with bacterial clusters persisting for  
326 longer periods (78, 117). Terrestrial solar spectral irradiance varies through the day,  
327 with season and with geographical location (119). The UV wavelengths are of most  
328 importance for inactivating microorganisms (116, 117), where UV-A and UV-B reach  
329 the troposphere with the potential to cause a variety of DNA genomic lesions and  
330 damage to nucleic acids, proteins and lipids due to generation of reactive oxygen  
331 species (120-121). It is important that studies using both simulated and natural solar  
332 irradiation report variables such as solar intensity as accurately as is reasonably  
333 possible to facilitate data interpretation and standardisation between laboratories.

334 Atmospheric constituents such as various pollutant gases and secondary organic  
335 aerosols (SOAs; Table 3) have been demonstrated to have significant deleterious  
336 effects on aerosol longevity (31, 93, 122, 123-130). Many of these may contribute to  
337 a phenomenon known as 'open air factor' (OAF) where aerosolized microorganisms  
338 exposed to open climatic conditions decay more rapidly than those in enclosed  
339 laboratory vessels subjected to similar temperature and RH (31, 123-125, 129, 130).  
340 The precise nature of OAF is not fully understood but is hypothesised to involve a  
341 number of highly reactive products (e.g. hydroxyl radicals) from photochemical  
342 interactions between ozone and unsaturated hydrocarbons from anthropogenic (e.g.  
343 engine-related alkenes) and non-anthropogenic sources (e.g. plant terpenes) (31,

DSTL/JA100134

344 123). The reactive species rapidly oxidise and degrade macromolecules such as  
345 lipids, proteins and nucleic acids (31, 131). The effect of OAF is enhanced at high  
346 humidity (80-90% RH) for both *E. coli* and *Micrococcus albus* (123). Such humidity  
347 effects warrant investigation, possibly relating to the increased water content of  
348 aerosol particles at higher humidity.

349 How microbes regulate and survive aerosol transport is undetermined. Evidence  
350 suggests that the ability for transcription and translation to occur in the environment  
351 of an evaporating droplet is reduced (31, 132, 133). Evaporation and rehydration of  
352 aerosol particles imparts osmotic and desiccative stress on the microbe reflective of  
353 the humidity of the surrounding atmosphere and composition of the particle. The  
354 molecular response of many bacterial species to osmotic stress and desiccation is  
355 well documented from research understanding survival in food matrices, aquatic and  
356 marine systems and terrestrial environments (66). Hyperosmotic stress (i.e.  
357 increased  $a_w$ ) causes a reduction in cytoplasmic volume as water exits the  
358 bacterium; concomitantly cell growth and respiration cease as the bacterium adapts  
359 to the hyperosmotic conditions. Initially charged solutes (e.g.  $K^+$  ions, glutamate) are  
360 accumulated via specific uptake mechanisms (66, 134-136). Interestingly, inability to  
361 control efflux of  $K^+$  ions correlated with decreased survival in aerosolised *E. coli* cells  
362 (28, 137). Synthesis of compatible solutes (e.g. trehalose) or uptake from the  
363 surrounding media (e.g. glycine betaine, proline) stabilises proteins, enzymes and  
364 membrane phospholipids enable critical biochemical processes to continue in  
365 hyperosmotic stressed bacteria. As the bacterial cell stabilises, a number of proteins  
366 are synthesised prompting repair of DNA damage, scavenging of reactive oxygen  
367 species and degradation of misfolded proteins (66, 134-136). Osmotically adapted  
368 cells often show cross-tolerance to other stresses such as high temperature and



DSTL/JA100134

369 oxidative shock (138). Recently, *E. coli* subjected to rapid downshift in  $a_w$  (0.993 to  
370 0.960) in media was demonstrated to control protein misfolding by transient  
371 expression of the RpoE and RpoH regulons in conjunction with the RpoS regulon to  
372 facilitate prolonged adaptation to the hyperosmotic conditions (139).

373 The molecular studies described above have all been conducted in bulk solution  
374 phase and expose the microorganisms to hyperosmotic stress. Microorganisms will  
375 be exposed to hyperosmotic conditions within an evaporating droplet (i.e. low  $a_w$   
376 conditions), enabling speculation that similar molecular mechanisms play role in  
377 bacterial survival within evaporating aerosol droplets. As will be discussed later,  
378 advances in atmospheric chemistry and single cell genomic techniques means that  
379 investigation of whether similar molecular mechanisms occur in an aerosol droplet as  
380 a function of evaporation rate and droplet composition are on the horizon.  
381 Importantly, if airborne microorganisms can induce adaptive responses promoting  
382 survival then there is the potential that colonisation and infection of the respiratory  
383 tract is primed whilst the bacteria are transported in the atmosphere. Any induced  
384 virulence factors would offer attractive targets for combating respiratory infection.

385

## 386 **NEW TECHNIQUES FOR ADVANCING AEROSOL SCIENCE AND** 387 **AEROBIOLOGY**

388 Bioaerosols, even when produced under controlled laboratory conditions, are  
389 complex. They are generally polydisperse in terms of both physicochemical and  
390 biological properties, and the heterogeneity in the nature of the bioaerosol evolves  
391 with time and distance from the source. Technological advances in the fields of  
392 aerosol science and molecular biology are timely to facilitate multidisciplinary

DSTL/JA100134

393 approaches to understand heterogeneity at the single droplet and single  
394 microorganism level (including microbial aggregates) and to explore the  
395 fundamentals of biological decay and survival in aerosol droplets.

396 Optical techniques such as optical tweezers and electrodynamic balances where  
397 single aerosol droplets can be captured and levitated within an electric field for  
398 periods of time (seconds to days) have been extensively used in atmospheric  
399 chemistry to investigate heterogeneous chemistry, phase separation, hygroscopicity  
400 and ice nucleation activity using analytical techniques including Raman  
401 microspectroscopy (140-145). Utilisation of these techniques for biological aerosol  
402 has been limited to date. However, optically trapped single biological cells in solution  
403 produce characteristic Raman scattering signatures (146-149) and *E. coli* exposed to  
404 1-butanol resulted in spectroscopic and anisotropic detection of real-time phenotypic  
405 changes in fatty acid composition and membrane fluidity (149). Although these  
406 studies were conducted in liquid bulk solution rather than aerosol droplets, it  
407 exemplifies the power of the technology. Furthermore, such techniques are being  
408 used to explore individual aerosol particles containing microorganisms, fungal spores  
409 and pollen (150-152). The electrodynamic balance technique has been used to  
410 accurately deposit single particles containing respiratory syncytial virus onto airway  
411 epithelial cells enabling the cellular response to infection to be analysed (153). This  
412 technique enables interaction at the air-cell interface with single aerosol particles, a  
413 more representative scenario than the air-liquid interface studies commonly  
414 conducted for *in vitro* infection studies. It is a technique that seems applicable  
415 although currently rarely applied to understanding the heterogeneity of bioaerosols at  
416 the single droplet and microorganism level.

DSTL/JA100134

417 Microbial cells respond to environmental stimuli by regulating gene expression  
418 resulting in modulation of the quantities and composition of functional proteins  
419 available to combat a particular stressful condition. Transcriptional analysis and  
420 insertional mutagenesis have been used to identify bacterial genes regulated in  
421 response to stresses associated with aerosol survival such as desiccation, and  
422 osmotic pressure (136, 154). Currently, these techniques have not been applied to  
423 aerosolised microbial populations, however it can be hypothesised that similar  
424 responses may be expected and warrant exploration. The relative abundance of  
425 particular proteins critical to aerosol survival will vary from cell to cell. Exploring this  
426 heterogeneity at the single cell level is complicated due to the relatively low  
427 abundance of stress-responsive proteins. However, the last five years have seen  
428 significant advances in molecular techniques enabling exploration of the genomic,  
429 proteomic or 155-158). Techniques for isolating single cells such as flow cytometry  
430 and microfluidics can be combined with techniques such as PCR and next-  
431 generation sequencing for probing the transcriptional response of single cells (159).  
432 Indeed, single cell genomic techniques have been applied to understanding airborne  
433 metagenomes in urban settings (160, 161). Application to aerosolised populations in  
434 a laboratory setting would seem straightforward. However, care in experimental  
435 design would be needed to discriminate the true effects of aerosol transport and the  
436 stresses of aerosol generation and sampling.

437 These emerging technologies have the potential to dramatically impact numerous  
438 areas of bioaerosol science. They will lead to improved parameterization of the  
439 fundamental properties of bioaerosol, such as the interplay between environmental  
440 conditions with species longevity and/or gene expression. This data will lead to  
441 better predictions of disease dynamics in areas such as general industrial hygiene,

DSTL/JA100134

442 animal husbandry, hospital design and biosecurity. Furthermore, the data collected  
443 from these laboratory based instruments will inform conventional research of  
444 environmental samples.

445

#### 446 **CONCLUDING REMARKS**

447 Experimental factors affect the microbiological sample taken forward for  
448 quantification of infectious dose or biological decay rate. Therefore a thorough  
449 understanding of the sampling and enumeration process is critical to interpretation of  
450 the final data set. Furthermore, no single aerosol generation or sampling method is  
451 likely to suit all purposes (i.e. size selectivity, species sensitivity), therefore the  
452 experimental apparatus should be selected based on the hypothesis and  
453 microorganism being tested and the data interpreted alongside the caveats  
454 associated with the methodology. For experiments designed to generate data for  
455 input into risk analysis determination of human inhalational exposure then it is  
456 recommended that aerosol generators, samplers (and collection fluid) be used that  
457 cause minimal damage or promote maximal recovery of the microorganisms during  
458 collection to prevent underestimation of risk estimates.

459 Fundamental questions remain regarding aerosol transmission of respiratory  
460 pathogens, particularly the underlying mechanisms of survival and/or death during  
461 aerosol transport and the role the microenvironment of the droplet plays as it  
462 evaporates then rehydrates during inhalation. However, as outlined in this review,  
463 advances in distinct scientific fields could support a systematic dissection of the  
464 biological response of microorganisms within compositionally controlled aerosol  
465 droplets within specific atmospheric conditions. It is envisaged that within the next

DSTL/JA100134

466 ten years multidisciplinary approaches combining existing and novel techniques in  
467 atmospheric chemistry, aerobiology and molecular biology will converge and begin to  
468 dissect and empirically understand the mechanisms of microorganisms survival and  
469 decay in the aerosol state and the effect on infectivity and disease transmission.

DSTL/JA100134

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474

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DSTL/JA100134

993 TABLE 1 Methods used to generate and sample microbial aerosols useful for aerosol fate and inhalational infection research.

Mechanism	Apparatus examples	Description	References(s)
<b>Aerosol generation</b>			
Reflux nebulization (1-, 3-, 6-jet versions commonly used)	Collison nebulizer, Wells atomizer, TSI 9302, FK-8 aerosol gun, Aeroneb Lab	<ul style="list-style-type: none"> <li>Refluxing two-fluid atomizer operating by venturi effect and wall impaction. Liquid recirculation occurs every 6 seconds in the 3-jet version (135).</li> <li>Increased jet numbers increase the rate of aerosol generation and recirculation. Reservoir evaporation occurs over time causing concentration effects.</li> <li>Generally used for liquids, although the Wells atomizer was used for dry powders. Particle sizes are small, 0.7–2.2 <math>\mu\text{m}</math>.</li> <li>Forces associated with reflux nebulization can cause deagglomeration of aggregates causing an observed increase in bacterial concentration in the spray suspension.</li> </ul>	14, 16, 20, 23-25, 79, 80, 99, 122, 162-167
Non-reflux nebulization	Single-pass aerosolizer	<ul style="list-style-type: none"> <li>Atomisation as above minus wall impaction and recirculation</li> </ul>	24
Aerosol bubbling	SLAG <sup>p</sup> and variants	<ul style="list-style-type: none"> <li>Liquid dripped onto a membrane is broken into droplets by air flow through the membrane.</li> <li>Droplets burst due to increased pressure gradient between the inside and outside</li> </ul>	16, 24, 26

DSTL/JA100134

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of the device generating small aerosol particles.

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Centrifugal atomization	Spinning top aerosol generator	<ul style="list-style-type: none"> <li>Centrifugal forces moves liquid applied to a rotating disc towards the edges producing ligands that break into droplets</li> </ul>	168
Flow-focussing	FFAG <sup>o</sup> , C-Flow nebulizer	<ul style="list-style-type: none"> <li>Liquid flows through an orifice forming microjets that break-up into particles by aerodynamic suction of an accelerated air stream.</li> <li>Good monodispersity of droplets can be achieved.</li> </ul>	20, 24, 169
<b>Aerosol sampling</b>			
Impingement	Impingers <sup>d</sup> (AGI-4, AGI-30, Model 7541 AGI); SKC biosampler	<ul style="list-style-type: none"> <li>Aerosol accelerates through critical orifice causing inertial impaction into liquid.</li> <li>Efficiency is affected by physical parameters (e.g. sampling flow rate, nozzle number and angle, distance of nozzle from the liquid, solution type and volume, particle bounce, prolonged sampling time (liquid evaporation, increased damage) and binding of microorganisms to the collection vessel wall.</li> <li>Reaerosolization can occur due to liquid bubbling.</li> <li>Addition of glass beads can increase virus collection efficiency</li> <li>SKC biosampler possesses three angled nozzles creating a gentler swirling</li> </ul>	17, 18, 21, 22, 170-178

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DSTL/JA100134

		<p>motion of the bioaerosol during collection.</p> <ul style="list-style-type: none"> <li>• AGI-30 impaction velocity reaches <math>265 \text{ m}\cdot\text{s}^{-1}</math>; much reduced in other samplers.</li> </ul>	
Impaction	<p>Single or multistage impactors: Andersen, Mercer, Ultimate, MAS-100, Burkard</p>	<ul style="list-style-type: none"> <li>• Operate at constant flow rates, with air flowing through an orifice causing inertial impaction of particles too large to remain entrained in the air flow; size fractionation possible.</li> <li>• Collection can be onto a range of different substrates (e.g. agar plates, gelatin coated slides or filters).</li> <li>• Substrate choice can affect collection efficiency due to effects on microbial viability and particle bounce.</li> <li>• In the Burkard and 6<sup>th</sup> stage of the Andersen impactors, impaction velocities reach <math>12</math> and <math>24 \text{ m}\cdot\text{s}^{-1}</math> respectively.</li> </ul>	21, 22, 47, 179-181
Filtration/ impaction	<p>Gelatin filter, nitrocellulose, polycarbonate</p>	<ul style="list-style-type: none"> <li>• Greater physical sampling efficiencies. Biological sampling efficiency may be lower due to sensitivity of the collected microorganisms to air drawn past the filter.</li> <li>• Elution of material from the filter surface (e.g. vortexing, shaking, solution volume and type) can influence efficiency.</li> </ul>	21, 22, 48, 49



DSTL/JA100134

Direct capture	Microthreads	<ul style="list-style-type: none"> <li>• Particles collected onto fine microthreads (e.g. spider silk, glue thread) wound on to a frame.</li> </ul>	78, 96-98, 123-125
Cyclonic separation	NIOSH cyclonic biosampler	<ul style="list-style-type: none"> <li>• Air flow drawn into a cylindrical container is rotated causing larger particles to deposit and collect on the walls by centrifugal forces.</li> </ul>	25, 35
Electrostatic precipitation	Ionizers e.g. AS150; Model 3100 aerosol sampler	<ul style="list-style-type: none"> <li>• Airborne particles electrically charged and subjected to electric field causing gentle deposition velocity onto collection substrate.</li> <li>• Bioefficiency for spores greater than for Gram-negative bacteria.</li> <li>• Impaction velocities reach 0.01 - 1 m·s<sup>-1</sup>.</li> </ul>	30, 36, 182
Animal inhalation	Rodent, primates	<ul style="list-style-type: none"> <li>• Aerosol particles regionally deposit due to inertial impaction, sedimentation, diffusion, interception and electrostatic effects in the respiratory tract.</li> <li>• Deposition is a function of airway geometry and particle properties (e.g. size, shape, density, hygroscopicity).</li> </ul>	183

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995 <sup>a</sup> = Note that the list is merely representative and not exhaustive. Researchers are recommended to conduct rigorous validation of  
 996 the aerosol experimental system for each individual micro-organism tested; <sup>b</sup> = sparging liquid aerosol generator; <sup>c</sup> = flow focussing  
 997 aerosol generator; <sup>d</sup> = all-glass impinger

DSTL/JA100134

998 TABLE 2 Examples of experimental techniques used to study fate of microorganisms  
999 in aerosol

Device	Mechanism	Aerosol state <sup>a</sup>	Outdoor use?	References(s)
	Rotational speed of drum prevents aerosol from settling for period of time dependent on particle size	Dynamic	N	34, 82, 83, 93, 94, 99, 111, 126, 163, 184
Rotating drum				
	Aerosol captured on spider microthreads or glue fibres wound around a metal frame that can be slotted into an exposure apparatus.	Captured	Y	78, 96-98, 123-125, 130
Microthread				
	Steel sphere with mixing fans	Dynamic	N	124, 185
Sphere				
	Large chambers with mixing fans	Dynamic	N	186
Aerosol chamber				
	No mixing fan	Dynamic	Y	187,188
Greenhouse				

1000 <sup>a</sup> = Dynamic refers to particles maintained as a buoyant aerosol, whilst captured

1001 refers to aerosol particles immobilised on a substrate.

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DSTL/JA100134

1004 TABLE 3 Atmospheric, environmental and microbial factors affecting survival and  
1005 infectivity in airborne microorganisms

Factor	Description	References(s) <sup>a</sup>
Relative humidity (RH)	Generally studies range from 20 to 90% RH	41, 45, 76, 80, 82, 99, 100, 113, 115, 163, 184, 189-193
Temperature	Wide ranges studied from sub-zero to 50 °C	80, 164, 191, 192, 194
Solar radiation	Variability in spectra examined but inclusive of UV-A and UV-B wavelengths	46, 78, 115-118, 188
Oxygen	Generation of ROS <sup>b</sup> during aerosol transport	44, 105-107, 165, 195
Ozone	Reactive with pollutant gases and pinenes	122, 186
Pollutant gases 'Open air factor'	CO, SO <sub>2</sub> , NO <sub>2</sub> , ethene, cyclohexene SOAs <sup>c</sup> (e.g. alkenes, turpenes <sup>d</sup> )	31, 93, 122-126, 127-131, 185
Wet / dry preparation	Droplets or dried particles	76, 112, 163, 189, 196
Growth phase	Exponential, stationary	31, 165
Particle size	Microbial aggregates have greater survival than single microorganisms	31, 78, 130, 195
Aerosol age	Infectivity decreased prior to culturability with extended time in aerosol	197-199

DSTL/JA100134

- 1006 <sup>a</sup> = reference list is reflective and not exhaustive; <sup>b</sup> = reactive oxygen species; <sup>c</sup> =  
1007 secondary organic aerosol; <sup>d</sup> = turpenes are volatile cyclic unsaturated hydrocarbon  
1008 molecules released by plants