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Three new hydrochlorothiazide cocrystals: Structural analyses and solubility studies

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1	Three new hydrochlorothiazide cocrystals: Structural		
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31 Abstract

Hydrochlorothiazide (HCT) is a diuretic BCS class IV drug with poor aqueous solubility and 32 low permeability leading to poor oral absorption. The present work explores the 33 cocrystallization technique to enhance the aqueous solubility of HCT. Three new cocrystals 34 of HCT with water soluble coformers phenazine (PHEN), 4-dimethylaminopyridine (DMAP) 35 and picolinamide (PICA) were prepared successfully by solution crystallization method and 36 characterized by single crystal X-ray diffraction (SCXRD), powder X-ray diffraction 37 (PXRD), fourier transform –infraredspectroscopy (FT-IR), differential scanning calorimetry 38 (DSC) and thermogravimetric analysis (TGA). Structural characterization revealed that the 39 cocrystals with PHEN, DMAP and PICA exists in $P2_1/n$, $P2_1/c$ and $P2_1/n$ space groups, 40 respectively. The improved solubility of HCT-DMAP (4 fold) and HCT-PHEN (1.4 fold) 41 cocrystals whereas decreased solubility of HCT-PICA (0.5 fold) as compared to the free drug 42 were determined after four hours in phosphate buffer, pH 7.4, at 25 °C by using shaking flask 43 method. HCT-DMAP showed a significant increase in solubility than all previously reported 44 cocrystals of HCT suggest the role of a coformer. The study demonstrates that the selection 45 of coformer could have pronounced impact on the physicochemical properties of HCT and 46 47 cocrystallization can be a promising approach to improve aqueous solubility of drugs.

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49 Keywords: Crystal engineering, cocrystal, solubility, thermal analysis, structural analysis.

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56 1. Introduction

The properties of an active pharmaceutical ingredient (API) are broadly determined by 57 the molecular arrangement in three-dimensional crystal lattice.¹ In recent times, many 58 effective APIs are appearing eventually less in the market place due to poor 59 biopharmaceutical properties.² Poor aqueous solubility is one of the crucial problems,³ 60 which affects the dissolution and bioavailability. Therefore, designing a new solid 61 form with desired physicochemical properties is essential for its progress in the 62 advanced stage of research and development. Exploitation of non-covalent interactions 63 of the molecules in the crystal lattice, thereby altering the molecular arrangement may 64 aid in the development of crystal with desirable physicochemical properties.⁴ The 65 various solid forms such as amorphous solids,⁵ polymorphs,⁶ salts,⁷ hydrates⁸ and 66 solvates⁹ have been utilized in tailoring specific physicochemical properties to 67 overcome the difficulties associated with poor aqueous solubility. The most common 68 approaches that are used for improving the delivery of poorly soluble drugs includes 69 salt formation,¹⁰ micronisation,¹¹ solid-lipid nanoparticles carrier,¹² solid dispersion,¹³ 70 solubilization of drugs in co-solvents,¹⁴ complexation with cyclodextrins,¹⁵etc. 71 Cocrystallization of API with water soluble coformers is an emerging strategy to 72 achieve the spring and parachute nature of aqueous solubility. It involves the 73 formation of a homogenous crystalline material of two or more molecules with defined 74 stoichiometry in a single crystal lattice.¹⁶ Non-covalent interactions such as hydrogen 75 bonding, halogen bonding, $\pi - \pi$ stacking, and van der Waals forces are the most 76 cocrystals.¹⁷ 77 common type of interactions utilized for engineering of Biopharmaceutical properties such as solubility, dissolution, bioavailability, moisture 78 chemical stability, mechanical properties have been 79 uptake. altered by cocrystallization.¹⁸ Amongst these, solubility and dissolution are the most frequently 80 81 studied properties.

Hydrochlorothiazide (HCT, 6-chloro-3,4-dihydro-2*H*-1,2,4-benzothiodiazine-7sulfonamide) (Scheme 1) is a diuretic antihypertensive drug of the thiazide family,
widely prescribed for the management of edema and hypertension. However, this API
as per biopharmaceutical classification system (BCS) class IV drug, has poor water
solubility (0.7 g/L) and low permeability (Caco-2 permeability: -6.06) which is a
major barrier in making it bioavailable (65 %) in the body.¹⁹





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Several researchers have attempted to improve the solubility of HCT by complexation 103 with cyclodextrins,²⁰ soliddispersions,²¹ liquid-solid compacts,²² lecithin/chitosan 104 nanoparticles,²³ pluronic® nanoaggregates,²⁴ etc. It reveals that these formulations 105 could favorably impact an aqueous solubility of HCT. Recently, HCT has also been 106 investigated for its cocrystallization tendencies where there is a potential for solubility 107 enhancement at the molecular level. HCT cocrystals involving some coformers were 108 reported and they exhibited improved aqueous solubility and dissolution than the drug 109 itself.^{19,25} 110

Hydrochlorothiazide moiety, the principal functional unit i.e. two sulfonamide and one 111 aromatic amine group is expected to form S=O···H and N–H···O hetero-synthons. On 112 this basis several coformers including aromatic acids and amides were attempted for 113 cocrystallization with HCT (see Table S1, Electronic Supplementary Information, ESI 114 for complete list of coformers tested). However, the cocrystals were identified with 115 only three coformers, phenazine (PHEN), 4-dimethylaminopyridine (DMAP) and 116 picolinamide (PICA) and are reported herein. From the literature it has been found that 117 the coformers phenazine (PHEN),²⁶ picolinamide (PICA)²⁸ could form cocrystals or a 118 coformer, 4-dimethylaminopyridine (DMAP),²⁹ forms salt with APIs and have altered 119 the physicochemical properties of the API. Thus in this study, we undertaken these 120 coformers and investigated the solubility of all three HCT cocrystals. 121

123124 2. Experimental section

125 2.1 Materials

Hydrochlorothiazide and all cocrystal formers (phenazine, 4-dimethylaminopyridine and
picolinamide) were purchased from Sigma-Aldrich chemicals, Bangalore, India. All the
solvents were used (for crystallization) as received without any further purification.

129

130 2.2 Methodology

131 2.2.1 Cocrystals preparation method

HCT and cocrystal former in a definite stoichiometric ratio were subjected to grinding using 132 an agate mortar and pestle for about 6 to 8 min with the addition of few drops of methanol. 133 The Liquid Assisted Grinding (LAG) was used because it is expected to increase 134 cocrystallization kinetics and for polymorph control.³⁰ After grinding, the mixture was 135 dissolved in ethanol (or methanol) and the suspension was heated until a clear solution was 136 obtained. Then the solution was filtered to remove any undissolved particles into a fresh 137 conical flask and the filtrate was left to evaporate slowly at ambient conditions. The single 138 crystals suitable for X-ray diffraction studies were obtained in 4 to 6 days. 139

140

141 2.2.2 Single crystal X-ray diffraction (SXRD)

142 X-ray diffraction data for all the cocrystals of HCT were recorded on a SuperNova, Eos 143 diffractometer using monochromatic Mo-K α radiation ($\lambda = 0.71073$ Å). The data collection 144 was carried out at 246 K for HCT-PHEN, 291 K for HCT-DMAP, and 296 K for HCT-PICA 145 cocrystals respectively. The structure was solved using Olex²,³¹ with Superflip³² structure 146 solution program using Charge Flipping solution method and refined with the ShelXL³³ 147 refinement package using Least Squares minimization.

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149 **2.2.3 Powder X-ray diffraction (PXRD)**

150 The PXRD patterns were collected on a RigakuSmartLab with a Cu-K α radiation (1.540 Å). 151 The tube voltage and amperage were set at 20 kV and 35 mA, respectively. Each sample was 152 scanned between 5 and 50° 20 with a step size of 0.02°. Before performing the experiments, 153 the instrument was calibrated using a silicon standard.

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155 **2.2.4 Fourier transform-infrared spectroscopy (FT-IR)**

Transmission infrared spectra of all the cocrystals and coformers including HCT were obtained using a Fourier-transform infrared spectrometer (PerkinElmer502). Before measuring the spectra for samples, background scan was performed with pure KBr pellet. Later the samples were pelleted with the help of 2 mg in 15 mg of KBr and 8 scans were collected at 4 cm⁻¹ resolutions for each sample. The spectra were measured over the range of 4000 - 400 cm⁻¹.

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163 Differential scanning calorimetry (DSC)

164 DSC was conducted on a Mettler-Toledo DSI1 STAR^e instrument. Accurately weighed 165 samples (4–5 mg) were placed in hermetically sealed 40 μ L aluminium crucibles and scanned 166 from 50 to 300 °C at a heating rate of 10 °C/min under a dry nitrogen atmosphere (flow rate 167 60 ml/min). The data was managed by STAR^e software.

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169 2.2.5 Thermogravimetric analysis (TGA)

TGA was carried out using a Perkin Elmer, Diamond TG/DTA analyzer, operated under
nitrogen atmosphere with a heating rate of 10 °C/min and in the range of 30-300 °C.

172

173 **2.2.6 Solubility studies**

The solubility of HCT, HCT-PHEN, HCT-DMAP and HCT-PICA were measured in 174 phosphate buffer, pH 7.4, at 25 °C by using shaking flask method.¹⁹ An excess amount of the 175 drug and cocrystals were added to 20 mL of buffer. The resulting slurry was shaken in a 176 water bath shaker, maintained at 25 °C for 48 h. Aliquots (0.5 mL) of the slurry were 177 withdrawn at different time intervals for a period of 48 h to confirm that the solution has 178 179 achieved equilibrium. The samples were assayed after suitable dilution for drug content by HPLC at 227 nm. The amount of drug dissolved in each time interval was calculated using 180 the standard curve (linearity range: $2-32 \mu g/mL$) which was prepared in phosphate buffer (pH 181 7.4). The experiment was performed in triplicate and values were expressed as mean \pm 182 standard deviation. 183

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185 2.2.7 High performance liquid chromatography (HPLC)

Solution concentration of HCT and its cocrystals were analyzed by HPLC (Knaur) equipped with a UV/vis detector. A C18 Nova-Pak column 5 μ m, 4.6 \times 250 mm (Waters, USA) at ambient temperature with a flow rate of 1 mL/min was used to separate HCT, PHEN, DMAP and PICA. An isocratic method with acetonitrile and phosphate buffer (pH=2.8) mixed in a

ratio of 40:60 (v/v), respectively, was optimized for quantitative determination of hydrochlorothiazide (retention time 3.7 min) at an optimum wavelength of 227 nm. Sample injection volume was 20μ L. Eurochrom software was used to collect and process the data.

193 **3. Results and discussion**

Three new cocrystals of HCT with heteroaromatic coformers were synthesized by the slow evaporative crystallization method (see also experimental section). Crystal structure analysis was performed to rationalize the hydrogen bonding preferences of acceptors and donors in presence of other competing functional groups. Crystallographic data is listed in the Table S2, ESI.

From the available literature on HCT cocrystals, it was found that HCT prefer to bind 199 with a hetero atom in the coformer. Hence, strategically we chose only heteroaromatic 200 compounds as coformers for this study. Most common synthons found in the reported 201 HCT cocrystals are N-H···O and N-H···N by the primary and secondary sulfonamide 202 groups of HCT with coformers. However, it was observed (in reported and present 203 204 cocrystals as well) that the typical synthons, sulfonamide dimer and sulfonamide catemer that are present in polymorphs of HCT, were disrupted by the coformers to 205 form a stable cocrystal. A common synthon in all three new cocrystals has been found 206 as N–H···N between the primary sulfonamide N-H and pyridine N. Amongst the three 207 studied compounds, only PHEN appeared as a cocrystal hydrate of HCT, which is 208 similar to the isonicotinamide, which also exists as a cocrystal hydrate with HCT.³⁴ 209 The detailed crystal structure analyses for all the cocrystals are discussed below and 210 experimental details are provided in the ESI. 211

212

213 **3.1 Hydrochlorothiazide:Phenazine:H₂O (1:1:1), (HCT-PHEN.H₂O)**

The crystal structure of HCT-PHEN.H₂O revealed that it is a monohydrate of the 1:1 214 cocrystal of HCT and PHEN. The cocrystal crystallized in monoclinic $P2_1/n$ space 215 group with one molecules of each HCT, PHEN and H₂O in the asymmetric unit (Fig. 216 S1, ESI). In the crystal packing, two molecules of each HCT and H₂O formed a 217 tetrameric motif as shown in Fig. 1. The alternative tetrameric motifs were connected 218 by PHEN molecules via strong N–H···N (d/Å, θ /°; 0.77 Å, 171°) and moderately 219 strong O-H···N (0.92 Å, 146°) interactions to form 1D sheets along *b*-axis. The 220 interlinked PHEN molecules in the 1D tape are stacked by π - π interactions 221

- 222 perpendicular to HCT molecular plane. The overall crystal packing from the top view
- of *a*-axis is shown in Fig. 1.



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Fig. 1. HCT-PHEN.H₂O crystal packing view along a-axis, where the water molecule incorporated in the crystal structure is represented with a space fill model. The inset highlights the tetrameric motif in the crystal packing.

228

229 **3.2 Hydrochlorothiazide:4-Dimethylaminopyridine (1:2), (HCT-DMAP)**

The cocrystal, HCT-DMAP crystallizes in the monoclinic $P2_1/c$ space group with one molecule of HCT and two molecules of DMAP in the asymmetric unit (Fig. S2, ESI). The HCT molecules form 2D sheets *via* N–H···O (0.86 Å, 166°) interactions along *c*axis and C–H···O (2.714 Å, 121°) interactions along *a*-axis (Fig. 2a). In the third dimension the DMAP molecules are sandwiched between the HCT 2D-sheets (Fig. 2b).





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Fig. 2. Crystal packing of HCT-DMAP where (a) 2d sheet in *ac* plane and (b) crystal
packing, when viewed down *a*-axis.

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240 **3.3 Hydrochlorothiazide:**Picolinamide (1:1), (HCT-PICA)

The PICA is a positional isomer of nicotinamide (NIC) and isonicotinamide (INIC). 241 NIC and INIC were reported as a cocrystal and cocrystal monohydrate of HCT, 242 respectively.^{25a}. Here the cocrystal HCT with PICA crystallizes in the monoclinic 243 $P2_1/n$ space group with one molecule of each HCT and PICA in the asymmetric unit 244 (Fig. S3, ESI). Though the three coformers NIC, INIC, and PICA are isomers, they 245 form cocrystals with HCT in three different crystal systems as orthorhombic, triclinic 246 and monoclinic respectively. This means that the position of heteroatom of the 247 coformer is deciding the crystal system by forming different types of intermolecular 248 interactions with HCT. 249

In the crystal structure of HCT-NIC co-crystal, NIC molecules form 1D chains 250 through amide...pyridine (N-H...N) synthons and HCT molecules are sandwiched 251 between these alternate 1D chains. But, the INIC molecules in the crystal structure of 252 HCT-INIC-H₂O form amide-amide supramolecular homosynthons and are linked to 253 HCT molecules by water molecules. Here, the water molecules act as both H-bond 254 donor (to pyridyl moieties of INIC) and acceptor (to sulfonamide groups of HCT). The 255 crystal packing in the present case HCT-PICA is completely different compared to 256 above two. Here, a two molecules of each HCT and PICA form a tetrameric motif 257 (Fig. 3a) via N-H···O (0.86 Å, 160°; 0.96 Å, 150°) interactions. In the overall crystal 258 packing the tetramers were propagated along the b and c-axes directions via N-H···N 259 and N-H···O interactions, respectively (Fig. 3b). 260



261

Fig. 3. Crystal packing diagram of HCT-PICA. (a) Tetrameric motif in the crystal packing formed by two molecules of HCT and two molecules of PICA. (b) Crystal packing, when viewed down *a*-axis.

265 **3.4 Powder X-ray diffraction (PXRD)**

PXRD is a powerful tool for preliminary characterization of new solid forms as well as
 cocrystals.³⁵ In each case freshly prepared powder samples were used for the data
 collection. The PXRD patterns for all the cocrystals were plotted in comparison with

respective individual coformers and simulated PXRD pattern (Fig. S4, ESI). The absence of characteristic peaks of starting compounds and the close superimposition of the experimental and simulated patterns confirm the cocrystal formation.

272

273 **3.5 FT-IR analysis**

The cocrystals were further characterized by FT-IR spectroscopy, which is a cogent 274 275 tool to make sure the cocrystal formation. The comparison of the stretching frequency shifts as shown in Fig. S6, ESI corroborated the formation of hydrogen bonds between 276 the functional groups in cocrystals. At first instance, the SO₂ asymmetric region 277 (1320–1380 cm⁻¹) was found to be very broad in the FT-IR spectra of HCT than when 278 compared to the same region in the spectra of cocrystals. Furthermore, The NH and 279 NH₂ stretching frequencies in free HCT observed at 3267 and 3361 cm⁻¹ respectively. 280 But, in the cocrystals the NH frequency merged with NH₂ and appeared as a broad 281 peak compared to free HCT. 282

283

284 **3.6 Thermal analysis**

Thermal behavior of all the cocrystals was investigated by differential scanning calorimetry (DSC) and thermogravimetric analysis (TGA). DSC results have revealed that the melting point of all cocrystals except for the monohydrate cocrystal (HCT-PHEN) were distinct from HCT (267-269 °C) and individual coformers. In the case of HCT-PHEN, loss of crystalline water leads to dissociation of cocrystal. This confirms the formation of new crystalline phase. The melting point of HCT-DMAP and HCT-PICA cocrystals were observed as 138 °C, and 159 °C, respectively (Fig. S5, ESI).

In the TGA curve of HCT-PHEN, there was a weight loss of 4.19 % in the temperature 292 range of 100-145 °C which corresponds to loss of one water molecule. This value is in 293 accordance with the theoretical mass loss of 3.7 % for desolvation of one mole of 294 water from the crystal lattice of HCT-PHEN. Next, there was a weight loss of 34.43 % 295 in the temperature range of 147-197 °C. This can be attributed to the 296 degradation/sublimation of one mole of phenazine (theoretical weight loss 36.36%). 297 This event is followed phase transition and melting of hydrochlorothiazide. Similarly, 298 for all other HCT cocrystals, TGA profiles corroborated well with the DSC results and 299 their data is presented in the ESI (Fig. S5). 300

302 **3.7 Solubility Studies**

HCT is a poorly soluble drug $(0.7 \text{ g/L})^1$. Poor aqueous solubility not only limits its 303 dissolution and absorption but also challenges its pharmaceutical development. 304 Cocrystallization was employed to modify the solubility of HCT. The solubility profile 305 306 of hydrochlorothiazide and its cocrystals are illustrated in Fig. 4. It was observed that cocrystallization markedly increase the solubility of HCT. It was found that the 307 308 solubility of HCT and its cocrystals after four hours follows the rank order: HCT-DMAP (4 fold) > HCT-PHEN (1.4 fold) > HCT > HCT-PICA. The solubility studies 309 conducted by Desiraju et al. (2015) reported improved solubility of HCT-para-310 aminobenzoic acid (2.4 times), HCT-resorcinol (1.3 times), HCT-nicotinamide (1.2 311 times) as compared to HCT.¹⁹Interestingly, our results suggest that HCT-DMAP has 312 exhibited the highest transient solubility among the HCT cocrystals reported thus far. 313 The parachute nature of the HCT-DMAP cocrystal extended till 48 hours. On the other 314 hand, HCT-PICA showed poor aqueous solubility as compared to HCT, which is in 315 accordance with a literature finding of a couple of other HCT cocrystals.¹⁹Further, it 316 reveals a selection of suitable coformer can lead to a potential modulation in the 317 solubility of HCT in either direction. 318

319



Fig. 4.Solubility profile of hydrochlorothiazide and its cocrystals (Avg. value \pm SD (n=3)).

322 4. Conclusions

In this study, cocrystallization was explored to address the solubility issues of 323 hydrochlorothiazide. The strategy to exploit the preferable binding nature of HCT with 324 the hetero atom in the coformer has been demonstrated successfully by obtaining three 325 new solid forms. The formation of cocrystals was confirmed by thermal, FT-IR, 326 PXRD, and single crystal X-ray diffraction studies. The melting points of all the three 327 cocrystals were lower than API but higher than the corresponding coformer. The 328 solubility of the drug and cocrystal after four hours follows the order HCT-DMAP (4 329 fold) > HCT-PHEN (1.4 fold) > HCT > HCT-PICA. HCT-DMAP solubility results 330 suggest that a selection of an appropriate coformer would have a great potential to 331 increase the solubility of HCT. Thus, cocrystallization approach proved to be a 332 promising alternative in positively modifying the solubility of hydrochlorothiazide. 333

334

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343 Note: Electronic Supplementary Information (ESI) available: ORTEP representations,

344 PXRD patterns of all the cocrystals, DSC and TGA curves, table containing

345 crystallographic information, ideal solubility calculations.

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Highlights

- Three new cocrystals of HCT with water soluble coformers were successfully prepared by solution crystallization method.
- 2) Transient Solubility of HCT was increased by 4 fold in case of HCT-DMAP cocrystal.
- 3) Selection of coformer is vital, otherwise reduced solubility can be observed as in the case of HCT-PICA.

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