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- A combination of metallomics and metabolomics
- studies to evaluate the effects of metal interactions
- in mammals. Application to Mus musculus mice
- 🔹 under arsenic/cadmium exposure🛠

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#### ABSTRACT

Arsenic and cadmium are toxic metals of environmental significance with harmful effects on man. To study the toxicological and biochemical effects of arsenic/cadmium in mammals a combined metallomic and metabolomic approach has been developed, complemented with the measurement of biochemical parameters in blood and histopathological evaluation of liver injury in mice Mus musculus under exposure to both xenobiotics. Size-exclusion chromatography (SEC) was combined with affinity chromatography (AF) and ICP-MS detection using species unspecific isotopic dilution analysis (SUID) to characterize the biological effects of As/Cd on selenium containing proteins in the bloodstream of exposed mice. On the other hand, both direct infusion mass spectrometry (DIMS) and gas chromatography-mass spectrometry (GC-MS) provided information about changes in metabolites caused by metals. The results show that As/Cd exposure produces interactions in the distribution of both toxics between organs and plasma of mice and antagonistic interactions with selenium containing proteins in the bloodstream. Interplay with essential metabolic pathways, such as energy metabolism and breakdown of membrane phospholipids were observed, which are more pronounced under As/Cd exposure. In addition, heavy metal and metalloid causes differential liver injury, manifested by steatosis (non-alcoholic fatty liver disease, NAFLD) and infiltration of blood cells into the space of Disse.

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#### **Biological significance**

This work presents new contributions in the study of arsenic/cadmium interactions in mice *Mus musculus* under controlled exposure. With the combination of metallomic and metabolomic approaches the traffic of As and Cd from liver to kidney by means of blood was observed and excretion of As (as arsenic metabolites) or Cd (as MTCd) is inhibited with the simultaneous administration of As/Cd, and these toxic elements have important influence in the levels of seleno-proteins in the plasma. In addition, the metabolomic approach reveals inhibition of different metabolic cycles such as tricarboxylic acid and phospholipid degradation that causes membrane damage and apoptosis that is histopathologically confirmed. This article is part of a Special Issue entitled: Environmental and structural proteomics.

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#### 63 **1. Introduction**

Arsenic (As) and cadmium (Cd) are important inorganic 64 65 co-pollutants in the environment, which are the origin of numerous environmental issues. Biological systems are ex-66 posed to environmental complex ecosystems where the chem-67 ical species of the elements may interact with synergistic or 68 antagonistic effects, and have to be considered in relation to the 69 metabolic processes involved [1]. In addition, these metals are 70 not biodegradable and have a long life in the environment. 71Accumulation of these toxic metals/metalloids in ecosystems is a 72major source of human exposure and hence a threat to human 73 74 health, mainly As and Cd, which are by-products from processing 75 other metals, leading to common exposure in industrial settings. 76 The biochemical effects of independent exposure to As and Cd 77 have been extensively studied in experimental animals [2-5], 78 however, the biological response of mammals under simulta-79 neous exposure to both toxicants has been poorly studied. As a result, the toxicological effects provoked by arsenic and cadmium 80 administration remain still unclear. Additionally, in experimental 81 systems, arsenic and cadmium exhibit a great influence on 82 metabolic cell functions [4,6]. There are evidences about the 83 interaction of As/Cd in rats, which is reflected in changes in 84 different biomarkers assays [7]. These authors report that 85 combined exposure to As/Cd is more damaging than separate 86 exposure to each elements, inducing lipid peroxidation and both 87 glutathione and metallothionein up-regulation. 88

In this sense, to obtain a representative information 89 about changes in metabolites caused by complex metal 90 exposure, -omics methodologies have been proposed as a good 91 92alternative [2,4]. Metallomics is a relatively new field related to 93 metal-biomolecule expression and identification in biological systems, which represent a more than 30% of molecules in cells. 94 In metallomics metals are used as markers or tags to track these 95 molecules in complex biological matrices [8]. These approaches 96 require the use of high sensitivity atomic detectors mainly 97 ICP-MS [9], generally coupled to a chromatographic module 98 (in single or multidimensional arrangements), and mass 99 spectrometry for parallel biomolecule identification in an 100 integrated workflow [9,10]. For this reason, metallomics pro-101 102 vides a good alternative to deep insight into the fate of elements in exposed organisms to metals, and provides information 103 about metals trafficking, interactions and homeostasis [11]. On 104 the other hand, metabolomics is based on the comprehensive 105 evaluation of metabolites involved in different metabolic 106 processes in organisms, considering the metabolome as the 107

entire cellular set of endogenous low molecular mass biomole- 108 cules (typically <1000 Da) [12]. Mass spectrometry (MS) and 109 nuclear magnetic resonance (NMR) spectroscopy are major 110 analytical tools used in metabolomics approaches [13,14]. Never- 111 theless, the performance of DIMS on biological fluids or tissues 112 from mice under metal exposure has proved to be a good choice 113 for this purpose [4]. 114

In this work, a metallomic approach based on SEC-ICP-MS has 115 been used to achieve a better understanding of the function, 116 detoxification processes, interactions and regulation of metals in 117 laboratory mouse Mus musculus under controlled exposure to 118 arsenic and cadmium. Additionally, 2D-SEC-AF-SUID was per- 119 formed to quantify selenium containing proteins in mice plasma 120 with ICP-qMS as multielemental detector. On the other hand, 121 intended to get as much metabolic information as possible, 122 plasma and liver from these animals, after exposure to metals 123 during 12 days, were also studied using direct infusion high- 124 resolution mass spectrometry (DI-ESI-QqQ-TOF-MS). Statistical 125 analysis of the results allowed us to compare the different 126 metabolic profiles, establishing the metabolites altered by the 127 presence of these contaminants. In addition, several metabolites 128 were quantified by gas chromatography-mass spectrometry 129 (GC-MS) in plasma from mice. Finally, the study has been 130 complemented with the measurement of conventional bio-131 chemical parameters in blood and the histopathological study 132 of liver mice. 133

#### 2. Material and methods

#### 2.1. Instrumentation

A cryogenic homogenizer SPEX SamplePrep (Freezer/Mills 6770) 137 was used for solid tissue disaggregation. Disaggregated tissues 138 were subsequently disrupted with a glass/teflon homogenizer. 139 The extraction was followed by ultracentrifugation with an 140 ultracentrifuge Beckman model L9-90K (rotor 70 Ti). Polycarbon- 141 ate bottles of 10 ml with cap assembly (Beckman Coulter) were 142 used for this purpose. A microwave oven (CEM Matthews, NC, 143 USA, model MARS) was used for the mineralization of extracts. 144

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Trace elements and heteroelement-containing biomolecules 145 were analyzed with an inductively coupled plasma mass 146 spectrometer Agilent 7500ce (Agilent Technologies, Tokyo, 147 Japan) equipped with an octopole collision/reaction cell. Chro-148 matographic separations were performed by using a Model 1100 149 HPLC pump with detector UV (Agilent, Wilmington, DE, USA) as 150 delivery system. 151

Metabolomic experiments were performed in a mass spectrometer QSTAR XL Hybrid system (Applied Biosystems, Foster City, CA, USA) by using the electrospray (ESI) source. The parameters for QqQ-TOF system were optimized to obtain the higher sensitivity with minimal fragmentation of molecular ions, both in positive and negative ionization mode. To acquire MS/MS spectra, nitrogen was used as collision gas.

Blood activity of alanine transferase, alkaline phosphatase, amilase, lipase and aspartate transferase, and concentrations of bilirubin, albumin, ferritin, LDL, HDL, triglycerides and creatinine were determined by using an automated analyzer (Selectra Junior Spinlab 100, Vital Scientific, Dieren, Netherlands; Spinreact, Girona, Spain) according to the manufacturers' instructions.

#### 170 2.2. Standard solutions and reagents

All reagents used for sample preparation in the metallomic approach were of the highest available purity. Phenylmethanesulfonyl fluoride (PMSF) and tris(2-carboxyethyl)phosphine hydrochloride (TCEP) (BioUltra grade, >98%) were obtained from Sigma-Aldrich (Steinheim, Germany).

176 Standards used for mass calibration of analytical SEC 177 columns (mass range 70-3 kDa) were: ferritin (440 kDa) (purity 95%), bovine serum albumin (67 kDa) (purity 96%), superoxide 178dismutase containing Cu and Zn (32 kDa) (purity > 70%), 179myoglobin (14 kDa) (purity > 98%), metallothionein I containing 180 Cd, Cu and Zn (7 kDa) (purity > 95%) and arsenobetaine (179 Da) 181 (purity > 98%). All these reagents were purchased from 182 Sigma-Aldrich (Steinheim, Germany). The mobile phase used 183 in SEC was 20 mM ammonium acetate (Suprapur grade) 184 purchased from Merck (Darmstadt, Germany), which was 185prepared daily with ultrapure water (18 M $\Omega$ cm) from a Milli-Q 186 system (Millipore, Watford, UK). The pH was adjusted at pH 7.4 187 with ammonia solution, this later prepared by dilution of 20% 188 (w/v) ammonia solution (Suprapur, Merck) with ultrapure 189water. The void volume was determined by using blue ferritin 190191 (440 kDa).

Human serum certified reference material BCR-637 was 192purchased from the Institute for Reference Materials and 193Measurements (IRMM, Geel, Belgium). Standard solutions of 1941000 mg L<sup>-1</sup> of Se stabilized with 5% (v/v) nitric acid Suprapur 195and of 1000 mg  $L^{-1}$  of Br- stabilized with 5% (v/v) nitric acid 196Suprapur were purchased from Merck (Darmstadt, Germany). 197 Enriched <sup>74</sup>Se and <sup>77</sup>Se were obtained from Cambridge Isotope 198 Laboratories (Andover, MA, USA) as elemental powder and it 199 was dissolved in the minimum volume of nitric acid (Suprapur 200grade) and diluted to volume with ultrapure water. 201

All the solvents used in sample preparation for metabolomic study of liver tissue and plasma were of HPLC-grade. Methanol and chloroform were purchased from Aldrich (Steinheim, Germany), while dichloromethane and formic acid were supplied by Merck (Darmstadt, Germany).

207Derivatizing agents, methoxylamine hydrochloride and208N-methyl-N-(trimethylsilyl) trifluoroacetamide (MSTFA) con-209taining 1% trimethylchlorosilane (TMCS), were obtained from

Sigma-Aldrich. Alanine, valine, isoleucine, proline, glycine, 210 serine, threonine, glutamic acid, phenylalanine, fructose, 211 galactose, glucose, tyrosine, tryptophan, urea, aspartic acid, 212 glutamine, cholesterol,  $\alpha$ -ketoglutarate, isocitric acid, citric 213 acid, lactic acid and uric acid were purchased from Sigma-214 Aldrich to be used as standard substances in gas chromatog-215 raphy quantification. 216

#### 2.3. Animal handling

M<sub>1</sub> musculus (inbred BALB/c strain) mice were obtained from 218 Charles River Laboratory (Spain). Mice 7 weeks of age were fed 219 ad libitum with maintenance pellets deficient in metals 220 content. The animals were allowed to acclimate for 5 days 221 with free access to food and water under controlled condition 222 (temperature (25–30 °C) and a 12 h light–dark cycle) prior to 223 start exposure experiment. For the experiment exposure, a 224 total of 64 M<sub>2</sub> musculus mice were divided into four groups 225 (16 mice per cage): control group (CONTROL GROUP), group 226 exposed to arsenic (As GROUP), group exposed to Cd (Cd GROUP) 227 and finally, group simultaneously exposed to As and Cd (As/Cd 228 GROUP). 229

Arsenic  $(As_2O_3)$  and cadmium  $(CdCl_2)$  were orally adminis- 230 trated by using an oral gavage for mice. The control group was 231 treated with 100 µL of 0.9% NaCl. In the case of arsenic, daily 232 dose was 3 mg/kg of body weight and per day and for 233 cadmium 0.1 mg/kg of body weight and per day both together 234 in a dose of 100 µL. M. musculus mice were sacrificed after the 235 sixth day of the beginning of the experiment (8 mice in each 236 group) and 12nd day of the experience to evaluate the effect of 237 exposure conditions and diet. 238

Mice were individually anesthetized by isoflurane inhala- 239 tion and exsanguinated by cardiac puncture, dissected by 240 using a ceramic scalpel and finally the organs transferred 241 rapidly to dry ice. In parallel a portion of each liver was 242 reserved for the histological assessment. Individual organs 243 were excised, weighed in Eppendorf vials, cleaned with 0.9% 244 NaCl solution, frozen in liquid nitrogen and stored at -80 °C  $_{245}$ until their use for extract preparation. Plasma collection from 246 five mice of each group was carried out by centrifugation 247 (4000 g, 30 min, 4 °C), after addition of heparin (ANTICLOT) as 248 anticoagulant for separation into plasma and red blood cells 249 (RBCs). In addition, 10 mg of 100 mM of PMSF and 100 mM of 250 TCEP mixture were added as proteases inhibitor and reducing 251 agent, respectively, for metallomic studies. On the other 252 hand, three samples of blood without any anticoagulant 253 were used to the measurement of biochemical parameter. 254 Mice were handled according to the norms stipulated by the 255 European Community. The investigation was performed after 256 approval by the Ethical Committee of the University of Huelva 257 258(Spain).

### 2.4. Measurement of the clinical parameters in blood and 259 histopathology in liver from mice under As/Cd exposure 260

Blood activity of alanine transferase, alkaline phosphatase, 261 amilase, lipase and aspartate transferase and concentrations 262 of bilirubin, albumin, ferritin, LDL, HDL, triglycerides and 263 creatinine were determined. Standard controls were run 264 before each determination, and the values obtained for the 265

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different biochemical parameters were always within the 266 expected ranges. The intra-assay variability of biochemical 267tests was relative to 12 repeated determinations of the control 268serum in the same analytical session, whereas inter-assay 269variability for each parameter was calculated on the mean 270values of control sera measured during 6 analytical sessions. 271Both biochemical and histological examinations were utilized 272273to assess liver injury.

#### 274 2.5. Determination of total metals in plasma, liver and kidney

First of all, individual organs were disrupted by cryogenic 275homogenization. For total metal determination, three sam-276ples of plasma, pulverized livers and kidneys of mice from 277each group were exactly weighed (100 mg) in 5-ml microwave 278vessels and 500 mg of a mixture containing nitric acid and 279hydrogen peroxide (4:1 v/v) was added. After 10 min, the PTFE 280vessels were closed and introduced into the microwave oven. 281 The mineralization was carried out at 400 W from room 282 temperature ramped to 160 °C for 15 min and held for 10 min 283at this temperature. Then the solutions were made up to 2 g 284with ultrapure water and the metals analyzed by ICP-MS. The 285element Rh was added as internal standard (1 ng  $g^{-1}$ ). All the 286 287analyses were performed by using two replicates of each 288sample, using 5 mice per group.

## 289 2.6. Metallomic approaches based on ICP-MS detection 290 for analysis of plasma, liver and kidney extracts of mice 291 (M. musculus) under As/Cd exposure

Pools of organs from male mice of different groups of exposure 292were treated following a procedure described elsewhere [11] for 293later application of size exclusion chromatography with induc-294tively coupled plasma mass spectrometry and octopol reaction 295system (SEC-ICP-ORS-MS). On the other hand, to avoid changes in 296selenium species, the samples were directly injected into the 297column, without prior dilution to evaluate the effects of cadmium 298 in selenium containing proteins by in series two-dimensional 299size exclusion and affinity high performance liquid chroma-300 tography with ICP-MS detection (2D/SEC-AF-ICP-ORS-MS [15]. 301 The fractionation of selenium containing proteins by two-302 303 dimensional chromatographic separations, based on SEC 304 prior to the use of a double affinity column, was carried out following a procedure described elsewhere [15]. 305

The quantification of selenium containing proteins and 306 selenium-metabolites in the different chromatographic peaks 307 was carried out by post-column species-unspecific isotopic 308 dilution (SUID) analysis as described by C. Sariego-Muñíz et al. 309 [16]. The intensity of different Se isotopes and polyatomic 310 interferences were converted to mass flow chromatogram for 311 312 the quantification of selenium species in plasma and serum 313 samples. Dead time correction was carried out by using the procedure described by F. Vanhaecke et al. [17], which results 314 in 47 ns in this study. Mathematical treatments were applied 315 316 to correct BrH<sup>+</sup> and SeH<sup>+</sup> polyatomic interferences. Mass bias corrections were applied by using the <sup>78</sup>Se/<sup>74</sup>Se and <sup>80</sup>Se/<sup>74</sup>Se 317 isotope ratios, calculated (exponential mode) as previously 318 described by J. Ruiz-Encinar et al.40. Finally, online dilution 319 equation was applied to each point of the chromatogram and 320 the amount of selenium in each chromatographic peak 321

calculated by using the Origin 8.5.1 software (Microcal Software 322 Inc., Northampton, MA, USA). 323

#### 2.7. Metabolomic study of plasma of mice (M<sub>1</sub> musculus) under 324 As/Cd exposure by DI-ESI(±)-QTOF-MS 325

For metabolomic analysis, metabolite extraction from indi- 326 vidual plasma was carried out in a two-step approach 327 following a procedure described elsewhere [4]. The polar 328 and lipophilic extracts were reconstituted to 200  $\mu$ L with (1:1) 329 chloroform/water mixture before the analysis by ESI-MS. For 330 DI-ESI(±)-QTOF-MS of plasma samples, proteins were re- 331 moved from blood plasma by adding 400 µL of 1:1 methanol/ 332 ethanol mixture to 100 µL of plasma in an Eppendorf tube 333 followed by vigorous vortex shaking for 5 min at room 334 temperature and centrifugation at 4000 g for 10 min at 4 °C. 335 The supernatant was carefully collected avoiding contamina- 336 tion with the precipitated proteins, transferred to another 337 Eppendorf tube and the resulting supernatant was taken to 338 dryness under nitrogen stream and stored to -80 °C until 339 analysis. The pellet was homogenized again, with 200 µL of a 340 mixture of (2:1) chloroform/methanol mixture, using a pellet 341 mixer (2 min), to extract lipophilic metabolites and centrifuged 342 (10,000 g at 4 °C for 10 min). Finally, the resulting supernatant 343 was taken to dryness under nitrogen stream and stored to - 80 °C 344 until analysis. 345

The polar and lipophilic extracts were reconstituted to 346 200 µL of (1:1) chloroform/water mixture before the analysis 347 by ESI-MS. For data acquisitions by positive ionization, 0.1% 348 formic acid was added to polar extract and 30 mM of 349 ammonium acetate to lipophilic extract. In the case of negative 350 ionization intact extracts were directly infused to the mass 351 spectrometer. 352

#### 2.8. Metabolomic study of plasma of mice (M. musculus) under 353 As/Cd exposure by GC–MS 354

Plasma was thawed at 4 °C and vortex-mixed before use. For 355 the extraction of metabolites 100  $\mu$ L of plasma were mixed 356 with 400 µL of 1:1 methanol/ethanol mixture in an Eppendorf 357 tube and vortexed for 5 min at room temperature, followed by 358 centrifugation at 4000 q for 10 min at 4 °C. The supernatant 359 was transferred to another Eppendorf tube and dried under 360 nitrogen stream. All the dried samples were derivatized with 361 50  $\mu L$  methoxylamine hydrochloride (20 mg mL $^{-1}$  in pyridine)  $_{\rm 362}$ at 70 °C for 40 min, for protection of carbonyl groups by 363 methoximation, followed by treatment with 50  $\mu$ L of MSTFA 364 containing 1% of TMCS at 50 °C for 40 min, to derivatizate 365 primary amines and primary and secondary hydroxy groups. 366 TMCS participates in the derivatization of amides, secondary 367 amines and hindered hydroxy groups. Finally, the derivatized 368 samples were vortex-mixed for 2 min and centrifuged at 4000 g 369 for 5 min to collect the supernatant for GC analysis. 370

Chromatography was performed on a Factor Four capillary 371 column VF-5MS 30 m × 0.25 mm ID, with 0.25  $\mu$ m of film 372 thickness (Varian). The injector temperature was kept at 373 280 °C. Helium carrier gas was used at a constant flow rate of 374 1 mL/min. To acquire a good separation, the column tempera- 375 ture was initially maintained at 60 °C for 5 min, and then 376 increased from 60 to 140 °C at a rate of 7 °C/min for 4 min. Then, 377

the column temperature was increased to 180 °C at 5°°C/min for 378 another 6 min. After that, the temperature was increased to 379 280 °C at 5 °C/min, and held for 2 min. For mass spectrometry 380 detection, ionization was carried out by electronic impact (EI) 381 with a voltage of 70 eV, using full scan mode in the m/z range 382 35-650, with an ion source temperature of 200 °C. For analysis, 383 1  $\mu$ l of sample was injected in splitless mode. The identification 384 of endogenous metabolites was based on comparison with 385 386 the corresponding standards according to their retention times and mass spectra characteristics by searching on NIST 387 Mass Spectral Library (NIST 02). 388

### 2.9. Histopathological study of liver from mice under As/Cdexposure

Liver sample animals were excised as described above and 391 immediately fixed in 4% neutral buffered formalin followed by 392 dehydration in increasing grades of alcohol, clearing in 393 xylene, and embedding in paraffin wax. Liver sections (4 mm 394 thickness) obtained in a Leica Leitz 1512 precision rotary 395 microtome (Leitz, Wetzlar, Germany) were stained with 396 hematoxylin and eosin (H&E). The slides were blinded and 397 analyzed by light microscopy for liver injury [18]. 398

#### 300 3. Results

#### 401 **3.1.** Biochemical parameters in blood of mice under controlled 402 exposure to As/Cd

Blood sampling work was performed by the same skilled 403 technician for all samples, and all manipulations performed 404 before and after blood collection were accurately settled, so that 405 variability caused by blood sampling was negligible. Therefore, 406 differences in the values assessed reflect factors directly associ-407 ated with the blood sampling method, including handling stress, 408 anesthesia, hemolysis, and tissue damage. In the present study, 409 the level of hemolysis in all serum samples was scored by direct 410observation. The results obtained in the last day of the exposure 411 experiment (12th day) are shown in Table 1. 412

#### 3.2. Total metals distribution of arsenic and cadmium in mice 413 M, musculus under both toxic metals exposure 414

The presence of arsenic and cadmium in the organs (liver and 415 kidney) and plasma of  $M_{\perp}$  musculus subjected to controlled 416 exposure to As/Cd was evaluated by using ICP-ORS-MS, and the 417 results are shown in Table 2. Recovery experiments were 418 performed by spiking the extracts with 1, 5, 10 or 50 ng g<sup>-1</sup> of 419 analytes depending on the relative concentration of either one in 420 the extracts. The results are also shown in Table 2 and confirm 421 quantitative recoveries in all the cases. Instrumental detection 422 limits are also given in this table.

The distribution of arsenic and cadmium in liver, kidney Q3 and plasma samples from mice exposed to As/Cd can be 425 observed. An increased concentration of arsenic is obtained in 426 mice plasma exposed to As in comparison with those exposed 427 to As/Cd. Similar results are obtained for Cd concentrations in 428 plasma. However, in kidney, the highest concentrations of As 429 are obtained in mice exposed to As/Cd. In mammals, highly 430 toxic inorganic arsenic is mainly metabolized in liver, after 431 absorption from gastrointestinal tract, to produce methylated 432 species such as MA<sup>V</sup> and DMA<sup>V</sup>, which are excreted by urine 433 [19,20]. In this sense, our results show a major excretion of As 434 when Cd is administered simultaneously (Table 2). In contrast, 435 the major accumulation of Cd in kidney cytosolic extract is 436 obtained when this element is administered isolated to mice. 437 Since the most important interaction between these elements 438 was observed in the liver, the cytosolic extract of this organ was 439 used to study the biological response of exposed mice by SEC- 440 ICP-ORS-MS. 441

#### 3.3. Profiles of As and Cd-containing biomolecules in liver of 442 M. musculus under As/Cd exposure by SEC-ICP-ORS-MS 443

To check the presence and potential interactions of metal- 444 biomolecules in liver of M. musculus exposed to As/Cd the 445 coupling SEC-ICP-MS was used, obtaining As and Cd-traced 446 peaks from cytosolic fractions of liver (Fig. 1). 447

In Fig. 1 can be observed the presence of low molecular 448 mass As species (<300 Da) in liver cytosolic extracts analyzed 449

t1.1 t1.2	Table 1 – Clinic exposure.	al parameters in blood	l from Mus mus	culus mice und	er As/Cd co	ntrolled expo	osure after twelve days of
t1.3 t1.4	Clinical parameters (mean ± SD)	Bilirubin mg/dL	Ferritine mg/dL	Albumin gr/dL	LDL mg/dL	HDL mg/dL	Alanine transpherase UI/L
t1.5	CONTROL GROUP	0.07 ± 0.01	207 ± 9	$3.4 \pm 0.5$	64 ± 5	99 ± 8	106 ± 8
t1.6	As GROUP	$0.07 \pm 0.02$	202 ± 11	3.6 ± 0.7	85 ± 6	108 ± 11	61 ± 11
t1.7	Cd GROUP	$0.05 \pm 0.02$	243 ± 15	$3.3 \pm 0.4$	94 ± 6	115 ± 9	103 ± 9
t1.8	As/Cd GROUP	$0.02 \pm 0.01$	250 ± 17	3.5 ± 0.5	82 ± 4	$107 \pm 14$	150 ± 15
t1.9							
t1.10	Clinical parameters (mean ± SD)	Alkaline phosphatase UI/L	Amilase UI/L	Trigl <mark>y</mark> cerides mg/dL	Lipase UI/L	Creatinine mg/dL	Aspartate transpherase UI/L
t1.11	CONTROL GROUP	149 ± 11	3515 ± 251	172 ± 14	32 ± 4	$0.24 \pm 0.04$	384 ± 21
t1.12	As GROUP	131 ± 13	3290 ± 303	203 ± 12	24 ± 3	0.36 ± 0.02	381 ± 32
t1.13	Cd GROUP	157 ± 15	2989 ± 189	173 ± 14	35 ± 5	0.22 ± 0.02	719 ± 24
t1.14	As/Cd GROUP	127 ± 12	3455 ± 225	241 ± 18	20 ± 4	$0.25 \pm 0.03$	952 ± 62

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		Limit of detection (LOD) (ng $g^{-1}$ )	0.012	0.024	0.032	0.011	0.033	0.021	
		Recovery (%)	102	66	104	89	98	101	
	12th Day of exposure	As/Cd GROUP	68.2 ± 4.9	$52.3 \pm 6.2$	717 ± 52	$121 \pm 7.1$	$321 \pm 22$	$21.2 \pm 2.6$	
centrations		Cd GROUP	25.3 ± 2.4	$91.1 \pm 11$	63.2 ± 4.7	$911 \pm 9.2$	$109 \pm 5.7$	$44.4 \pm 3.2$	
:admium con ≥an ± SD)		As GROUP	225 ± 18	$6.01 \pm 0.32$	750 ± 44	$18.5 \pm 2.7$	$209 \pm 16$	$0.54 \pm 0.081$	
Total arsenic and c (me		CONTROL GROUP	$32.1 \pm 4.1$	$5.56 \pm 0.64$	79.6 ± 9.2	$16.2 \pm 3.1$	$59.4 \pm 5.5$	$1.12 \pm 0.091$	
	of exposure	As/Cd GROUP	$41.4 \pm 5.6$	$48.1 \pm 6.7$	602 ± 35	$152 \pm 14$	$234 \pm 21$	$18.6 \pm 3.4$	
		Cd GROUP	32 ± 3.9	59 ± 8.4	$138 \pm 12$	296 ± 7.5	$102 \pm 11$	$37.2 \pm 4.2$	
	6th Day 6	As GROUP	$162 \pm 9.1$	$4.9 \pm 0.4$	$516 \pm 37$	$14.8 \pm 1.5$	$184 \pm 26$	$0.84 \pm 0.11$	
		CONTROL GROUP	38.2 ± 4.2	$4.71 \pm 0.71$	$103 \pm 8.9$	$12.7 \pm 2.5$	$48.4 \pm 6.4$	$1.22 \pm 0.12$	
		GROUP OF EXPOSURE	As (ng $g^{-1}$ )	Cd (ng $g^{-1}$ )	As (ng $g^{-1}$ )	Cd (ng $g^{-1}$ )	As (ng $g^{-1}$ )	Cd (ng g <sup>-1</sup> )	
Tissue/Biological fluids			Plasma		Liver		Kidneys		

kidney of mice under As/Cd exposure by ICP-ORS

able 2 – Quantification of arsenic and cadmium in plasma, liver and

by SEC-ICP-MS. The higher intensity of signals was obtained 450 from liver of mice exposed to As/Cd during 6 days (Fig. 1A), in 451 which As concentration is the highest (Table 2). In Fig. 1A and 452 B a peak traced by As can be observed at about 32 kDa in the 453 liver extract of exposed mice. This fact can be related to the 454 interaction of As with enzymes such as carbonic anhydrase 455 (CA) and superoxide dismutase (Cu/Zn-SOD) with molecular 456 masses of 35 kDa and 32 kDa, respectively. The increase of 457 this peak is more pronounced when As is administered alone 458 in comparison with the joint administration As/Cd. Another 459 peak traced by As was observed at about 70 kDa, which 460 increases with the exposure during 6 days, this can be related 461 to the well-known affinity of arsenite to albumin and 462 hemoglobin, with molecular masses of 67 kDa and 68 kDa, 463 respectively [21,22]. In this case, this peak presents higher 464 intensity in mice exposed to the mixture As/Cd during 6 days 465 (Fig. 2A). 466

On the other hand, higher intensity of signals from Cd 467 associated to MT (7 kDa) is observed in liver cytosolic extracts 468 from mice under Cd exposure (Fig. 2C and D). This peak is clearly 469 more pronounced when cadmium is administered alone. An 470 important depletion of this peak when As/Cd are simultaneously 471 ingested is remarkable (Fig. 2C and D). In relation to this, the 472 induction of Cd-metallothioneins in mice (M. musculus) exposed 473 to high concentrations of Cd has been reported [3], and these 474 experimental data confirm the antagonistic interactions among 475 Cd, Zn, Cu, as well as the differential rate of excretion of these 476 elements from kidney/liver under increasing exposure as a 477 consequence of the major affinity of Cd for the thiol groups of 478 MTs, which replaces copper and Zn due to its more electrophilic 479 character [23]. The induction of Cd-MT is also a consequence of 480 the role of MTs in Cd detoxification [24,25]. In addition, a second 481 Cd peak at about 32 kDa can be observed, whose intensity 482 increases with exposure to Cd (Fig. 2C and D). In this sense, it is 483 well known that Cd presents the ability to replace Zn in several 484 metalloproteins such as carbonic anhydrase enzyme (CA), 485 resulting in a decrease in catalytic efficiency reported by other 486 authors [26]. 487

## 3.4. Speciation of selenium in plasma of mice (M. musculus) 488 under cadmium exposure by SEC-AF-HPLC-SUID-ICP-ORS-MS 489

Quantification of Se containing proteins (selenoprotein P – SeP, 490 extracellular glutathione peroxidase – eGPx and selenoalbumin – 491 SeAlb) and low molecular weight Se species has been performed 492 in mice plasma using the proposed speciation method. Selenium 493 concentration in selenoproteins is in good accordance with total 494 Se concentrations determined by IDA-ICP-ORS-MS after acid 495 digestion (Table 3).

The effect of mice independent exposure to As or Cd on 497 selenium containing proteins present in plasma is similar, 498 decreasing the concentration of SeP, SeAlb and Se-metabolites 499 and increasing the level of eGPx (Table 3). It has been 500 documented that Cd and Se interact in the body of mammals, 501 and the co-administration of both elements reduces the toxicity 502 of each other [27]. Consequently, the Se level in plasma decreases 503 under Cd exposure in rats subjected to oral administration 504 [27]. This fact explains the decreased levels of SeP in mice 505 plasma under Cd exposure (Table 3). However, the depletion 506 of SeP concentration is reversed under As/Cd exposure. Since 507



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the

Fig. 1 - Up/down regulation of metal-biomolecule complexes in liver of Mus musculus exposed to arsenic/cadmium assessed by molecular mass distribution with SEC-ICP-MS. Chromatographic conditions: column, Superdex<sup>™</sup>-200 (10 × 300 × 13 µm); mobile phase, ammonium acetate 20 mM (pH 7.4); flow rate 0.7 ml min<sup>-1</sup>; injection volume, 50 µL.

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Fig. 2 – Score plots of PLS-DA for ESI+ and ESI– ionization modes of polar and lipophilic metabolites from mice plasma. Black squares: control group; red circles: mice exposed to As during 12 days; green asterisk: mice exposed to Cd during 12 days; blue diamonds: mice exposed to As/Cd mice during 12 days.

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t3.1	Table 3 – Quantification	n of selenium species	s in mice plasr	na (Mus musci	ulus) under As/Cd	exposure.	
t <b>3.3</b> t3.4	Selenium containing proteins concentrations (mean ± SD)						
t3.5				12th Da	y of exposure		
t3.6	GROUP OF EXPOSURE	CONTROL GROUP	As GROUP	Cd GROUP	As/Cd GROUP	BCR-637	Limits of detection (LOD)
t3.7	GPx (ng g <sup>-1</sup> )	5.61 ± 0.42	5.92 ± 0.51	6.12 ± 0.84	7.41 ± 1.1	11 ± 2	0.21
t3.8	SeP (ng g <sup>-1</sup> )	148 ± 5.2	132 ± 11	121 ± 9.2	165 ± 13	52 ± 3	0.72
t3.9	SeAlb (ng g <sup>-1</sup> )	$16.1 \pm 0.82$	$12.1 \pm 1.4$	$8.24 \pm 0.91$	8.8 ± 0.82	17 ± 2	1.3
t3.10	Se-metabolites (ng g <sup>-1</sup> )	32.3 ± 6.2	$3.24 \pm 1.8$	$5.45 \pm 2.1$	<lod< th=""><th><lod< th=""><th>0.24</th></lod<></th></lod<>	<lod< th=""><th>0.24</th></lod<>	0.24
t3.11	Sum of species (ng g <sup>-1</sup> )	$202 \pm 5.2$	153 ± 6.2	$141 \pm 5.1$	181 ± 9.1	80 ± 3	-
t3.12	Total selenium (ng g <sup>-1</sup> )	$203 \pm 3.1$	151 ± 2.2	$158 \pm 4.6$	182 ± 2.2	81 ± 1	0.036

Se-metabolites and SeAlb are required for the synthesis of 508selenoproteins in liver for later transport to plasma [28], 509Decreased levels of selenium metabolites in mice plasma after 510the administration of As/Cd, as well as a little reduction of SeAlb 511levels along the exposure can be observed in Table 3, which 512supports the hypothesis that SeAlb and selenometabolites have 513been transported to liver for the synthesis of required SeP. 514Finally, the increased levels of eGPx in plasma (Table 3) can be 515related with the transport of this enzyme from liver to plasma 516517to neutralize lipid peroxidation [29] caused by the exposure to 518 As/Cd.

#### 519 3.5. Metabolomic study of plasma from mice (M. musculus) 520 under As/Cd exposure by DI-ESI(±)-QTOF-MS and GC–MS

In order to discriminate between the groups of mice differen-521tially exposed to As/Cd, a partial least squares discriminant 522analysis (PLS-DA) was performed employing the intensities of 523the m/z signals in the polar and lipophilic extracts from mice 524plasma, using positive and negative ionization mode of 525acquisition by DI-ESI-QTOF-MS. The models built with polar 526and lipophilic metabolites allow a good classification of 527samples in different groups, which are shown by the respective 528score plots (Fig. 2). To identify which variables were responsible 529for this separation, the Variable Influence on the Projection (VIP) 530parameter was used. VIP is a weighted sum of squares of the 531PLS-DA weight that indicates the importance of the variable to 532533 the whole model. Thus it is possible to select variables with the

most significant contribution in discriminating between 534 metabolomic profiles corresponding to groups of exposure 535 against controls. Only metabolites with VIP > 2 have been 536 considered good biomarkers of As/Cd exposure. The values of 537  $R^2Y$  (cum) and  $Q^2$  (cum) of the combined model are 0.90–0.99 538 and 0.80–0.95, respectively, indicating that a combination of 539 datasets between groups provides the best classification and 540 prediction. In addition, the complementarity of using both 541 ionization modes for polar and lipophilic metabolites is 542 remarkable (see Table 4).

In addition, GC–MS was applied as complementary 544 metabolomic approach to confirm and quantify altered metab-545 olites established by DI-ESI(±)-QTOF-MS. For this purpose, three 546 derivatizing reagents were used for plasma samples in order 547 to get as much metabolic information as possible. Plasma 548 metabolic profiles of five samples of mice plasma from each 549 group of exposure were obtained by GC–MS. The concentra-550 tions of metabolites are shown in Table 5.

These metabolic changes in GROUP As/Cd can be related to 552 perturbations in different metabolic cycles, such as inhibition of 553 tricarboxylic acid cycle (TCA) marked by decreasing of glucose 554 and increasing concentration in lactic acid under Cd exposure. 555 However, As exposure produces a decrease of lactic acid levels 556 and As/Cd does not provoke any alteration in this metabolite 557 (Table 5). Further perturbations of energy metabolism interme-558 diates, such as citric acid, isocitric acid,  $\alpha$ -ketoglutarate and 559 glutamic acid were also observed (Tables 4 and 5). Under As 560 exposure, increased concentrations of intermediate energy 561

Metabolites	m/z	Mode of acquisition	GROUP As	GROUP Cd	GROUP As/Ca
Taurine	124.01 (H <sup>-</sup> )	ESI(–)	↑	Ļ	↑
Choline	104.09 (H <sup>+</sup> )	ESI(+)	Ť	1	↑
Glutamic acid	148.05 (H <sup>+</sup> )	ESI(+)	↑	$\downarrow$	<u>↑</u>
Citric acid	193.03 (H <sup>+</sup> )	ESI(+)	↑	$\downarrow$	↑
Glucose	203.05 (Na+)	ESI(+)	Ļ	$\downarrow$	$\downarrow\downarrow$
	215.03 (Cl <sup>-</sup> )	ESI (-)	Ļ	$\downarrow$	$\downarrow\downarrow$
Pipecolic acid	130.08 (H <sup>+</sup> )	ESI(+)	↑	↑	<b>↑</b>
Arachidonic acid	303.24 (H <sup>-</sup> )	ESI(-)	↑	↑	<u>↑</u>
Palmitic acid	255.42 (H <sup>-</sup> )	ESI(-)	↑	↑	<b>↑</b>
Lyso-phosphatidylcholines (Lyso-PC)	450-600	ESI(+)/ESI(-)	↑	↑	<u>↑</u>
Phosphatidylcholines (PC)	700-850	ESI(+)	$\downarrow$	$\downarrow$	$\downarrow$
Diglycerides	600–700	ESI(+)/ESI(-)	↑	↑	$\uparrow \uparrow$
Triglycerides	850-950	ESI(+)/ESI(-)	↑	↑	<b>↑</b> ↑

t4.19 Variations compared to control mice:  $\uparrow$ , increasing signal intensity;  $\downarrow$ , decreasing signal intensity.

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t5.1	Table 5 – Quanti	fication of mice plasm	na metabolites (Mus	musculus) exposed to	arsenic and cadmiu	m by GC–MS.
t <b>5.3</b> t5.4	Plasma metabolites (mmol L <sup>-1</sup> )	Retention time	GRUPO CONTROL Día12 (n = 5)	GRUPO ARSÉNICO Día12 (n = 5)	GRUPO CADMIO Día12 (n = 5)	GRUPO ARSÉNICO/CADMIO Día12 (n = 5)
t5.5		(min)	Media ± SD	Media ± SD	Media ± SD	Media ± SD
t5.6	Lactic acid	5.6	1.66 ± 0.11	1.09 ± 0.19	1.98 ± 0.28	1.83 ± 0.31
t5.7	Alanine	6.0	0.326 ± 0.021	0.254 ± 0.032	$0.284 \pm 0.024$	0.233 ± 0.028
t5.8	Valine	11.6	0.216 ± 0.042	0.222 ± 0.032	0.218 ± 0.023	$0.231 \pm 0.016$
t5.9	Urea	12.5	360 ± 12	377 ± 29	354 ± 15	348 ± 24
t5.10	Isoleucine	13.2	$0.0681 \pm 0.009$	0.0669 ± 0.015	0.0465 ± 0.009	$0.0521 \pm 0.007$
t5.11	Proline	13.3	$0.142 \pm 0.005$	0.138 ± 0.012	0.151 ± 0.022	$0.154 \pm 0.016$
t5.12	Glycine	13.4	0.184 ± 0.009	$0.224 \pm 0.018$	0.218 ± 0.018	$0.242 \pm 0.011$
t5.13	Serine	14.5	0.0982 ± 0.003	$0.102 \pm 0.01$	$0.111 \pm 0.022$	$0.108 \pm 0.009$
t5.14	Threonine	15.0	$0.129 \pm 0.008$	$0.131 \pm 0.014$	$0.122 \pm 0.014$	$0.128 \pm 0.016$
t5.15	Aspartic acid	17.2	0.086 ± 0.009	$0.089 \pm 0.008$	$0.092 \pm 0.012$	$0.087 \pm 0.009$
t5.16	Glutamine	22.1	0.648 ± 0.021	0.651 ± 0.018	$0.669 \pm 0.031$	0.653 ± 0.032
t5.17	Glutamic acid	23.1	$0.134 \pm 0.08$	0.175 ± 0.21	$0.109 \pm 0.014$	$0.194 \pm 0.016$
t5.18	α-Ketoglutarate	23.5	$0.144 \pm 0.007$	$0.204 \pm 0.021$	$0.092 \pm 0.009$	0.153 ± 0.012
t5.19	Phenylalanine	25.5	0.0562 ± 0.002	0.0541 ± 0.003	0.0563 ± 0.006	$0.0568 \pm 0.004$
t5.20	Isocitric acid	25.9	0.512 ± 0.021	0.589 ± 0.033	0.467 ± 0.025	0.534 ± 0.018
t5.21	Citric acid	27.2	$3.21 \pm 0.24$	3.84 ± 0.36	$2.92 \pm 0.17$	3.52 ± 0.25
t5.22	Fructose	27.9	0.935 ± 0.033	0.942 ± 0.045	$0.899 \pm 0.031$	$0.912 \pm 0.032$
t5.23	Galactose	29.0	0.125 ± 0.013	$0.114 \pm 0.021$	0.116 ± 0.009	$0.121 \pm 0.011$
t5.24	Glucose	29.9	8.24 ± 0.47	6.85 ± 0.89	$6.26 \pm 0.71$	$6.14 \pm 0.54$
t5.25	Tyrosine	31.0	0.115 ± 0.012	0.121 ± 0.015	$0.111 \pm 0.009$	$0.109 \pm 0.011$
t5.26	Uric acid	37.0	$0.142 \pm 0.006$	$0.192 \pm 0.021$	0.135 ± 0.011	0.138 ± 0.009
t5.27	Tryptophan	38.1	$0.094 \pm 0.011$	$0.101 \pm 0.01$	$0.106 \pm 0.009$	$0.098 \pm 0.010$

metabolites were obtained (Tables 4 and 5). This fact has been previously reported in M. musculus mice exposed to arsenic [4] and has been related with the synthesis of glutathione (GSH) [4]. Under As/Cd exposure, similar effects were observed.

Perturbations of amino acid concentrations related to toxic
exposure [30] can also be seen in Table 4, which shows decreasing
levels of taurine and alanine.

The degradation of phospholipids such as phosphatidyl-04 choline (PC) and the correlative release of fatty acid from 570 the PC moiety, generating a series of products including 571lysophosphatidyl-choline (LPC), glycerol-phosphocholine, 572and finally phosphocholine and choline whose concentra-573tion increases with As/Cd exposure is very remarkable 574575(Table 4). This process induces degradation of membrane phospholipids and cell apoptosis. Consequently, the levels of 05 free fatty acid increase, which is confirmed by ESI(+) and ESI(-) 577 analysis of liver lipophilic extract, which increases the presence 578of PUFAs (Table 4). 579

Finally, triglycerides and diglycerides levels are also altered 580under the action of arsenic/cadmium, increasing the levels 581under exposure. The mass spectra show several diglycerides 582and triglycerides from lipophilic extracts in the m/z ranges of 583584600-700 and 850-950, respectively (data no shown). These results are in agreement with previous works from Griffin et 585al. in bank voles under arsenic exposure [31] and rats under 586 cadmium exposure [32]. Increased biosynthesis of triglycerides 587and diacylglycerol has also been found in apoptotic KB cells [33]. 588 However, the mechanism for the relationship between in-589 creased lipids metabolites and cell apoptosis still remains 590unclear. Accumulation of lipid might well be associated with 591 arsenic and cadmium induced cell apoptosis. The accumulation 592of DGs and TGs is more pronounced when As and Cd are 593

administered at the same time (Table 4), which is confirmed by 594 the results of TGs in Table 1. 595

#### 3.6. Histopathological study of liver from mice subjected to As/ 596 Cd exposure 597

The pathological changes in response to As<sub>2</sub>O<sub>3</sub> and CdCl<sub>2</sub> 598 exposure were examined and compared among different exper- 599 imental groups in the liver. The liver is a primary defense organ 600 that detoxifies drugs and xenobiotics, which increase the 601 probability to injury in this organ. Normal morphology of liver 602 histological sections from mice CONTROL GROUP is shown in 603 Fig. 4. Arsenic exposure originates important hepatic damage, Q6 such as steatosis, inflammation, significant fibrosis in periportal 605 areas and necrosis (Fig. 4, As GROUP). Cadmium administration 606 resulted in sinusoidal congestion, Mallory bodies' appearance 607 and multifocal hepatic necrosis after 12 days of exposure (Fig. 4, 608 Cd GROUP). Finally, joint exposure to cadmium and arsenic 609 causes a more severe hepatotoxicity (pyknotic nuclei, karyolysis, 610 infiltration of blood cells into the Disse's space) and multifocal 611 necrosis that result in major liver injuries, related to loss of 612 architecture and vacuolization, with a more extensive tissue 613 congestion (Fig. 4, As/Cd GROUP). 614

#### 4. Discussion

Experiences in living organisms conducting exposure to 617 multiple toxics, as is the case of As and Cd, reveal the interest 618 of this kind of studies due to the interactions occurring between 619 them along the complex biological processes, from toxic 620 exposure to excretion and their toxicological consequences. 621

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These experiments reflect better what happen in contamina-622 tion episodes, in which the simultaneous presence of several 623 xenobiotics is frequent. It is also convenient to perform these 624 toxicological studies involving several organs of the test-625 animal, since it allows a more comprehensive interpretation 626 of metabolic processes that underlie the defense mechanism 627 against toxic substances, this is the case of liver, kidney and 628 plasma considered in the present study. 629

630 The exposure of mice M, musculus to As, Cd and As + Cd along 12 days confirms the occurrence of important interac-631 tions between these elements that reduce the presence of As in 632 plasma when Cd is administrated simultaneously. Arsenic is 633 metabolized in liver to methylated species to be excreted by 634 urine and this process is enhanced by the presence of Cd, for 635 this reason the presence of As in kidney is clearly higher 636 (Table 2). Methylation of As in liver induced by the presence of 637 Cd is confirmed by the marked increase of the As-peak related 638 to low molecular mass arsenic species (<300 Da) in Fig. 1A after 639 6 days of exposure to As + Cd. The interaction of Cd with As is 640 also confirmed by the intensity of Cd-peak at 7 kDa, associated 641 to Cd-MT the form of excretion of this toxic element, which is 642 higher in the case of Cd exposure but clearly decreases when 643 As/Cd are simultaneously ingested (Fig. 1C and D). 644

645 On the other hand, blood is the more important transport fluid between liver and kidney involving carrier proteins that contrib-646 ute to detoxification of As and Cd, specially selenoprotein P (SeP) 647 648 and selenoalbumin (SeAlb). The SeP is the unique selenoprotein that contains several selenocysteine (SeCys) and cysteine (Cys) 649 residues, which increase its availability to transport Se that can 650 interacts with Cd for excretion. This fact explains the decreased 651 levels of SeP in mice plasma under Cd exposure (Table 3). 652 However, this reduction of SeP concentration is compensated 653 under As/Cd exposure. In addition, extracellular glutathione 654 peroxidase (eGPx), an antioxidant enzyme that reduces the 655 presence of lipid hydroperoxides in plasma [29], increase with 656 the exposure to Cd, but specially to As/Cd (Table 3) due the 657 neutralization of lipid peroxidation caused by the mixtures of 658 these toxic metals. 659

These results based on metallomic approaches can be 660 combined with metabolomic procedures to get a more compre-661 hensive assessment of harmful effects of toxic elements 662 exposure, and the biological response elicited in living organ-663 isms as mice. In this sense, Cd or As exposure triggers inhibition 664 of tricarboxylic acid cycle but As/Cd exposure does not alter this 665 cycle and changes in lactic acid concentration was not observed 666 (Table 5). Aminoaciduria caused by Cd exposure is associated 667 to decreasing energy production within renal mitochondria, 668 which is a consequence of energetically limited re-uptake of 669 involved metabolites in the glomerulus and proximal tubule. 670 This fact possibly culminates in cellular necrosis or apoptosis 671 672 [34].

On the other hand, As/Cd ingestion causes degradation of 673 phospholipids, such as phosphatidylcholine, induced by phos-674 pholipase A2, and correlative increase of lysophosphatidyl-675 676 choline, glycerol-phosphocholine, and finally phosphocholine and choline. In addition, free fatty acid released from PC also 677 increases with As/Cd exposure (Table 4). These processes lead 678 to cell membrane degradation and apoptosis that is also related 679 with the increase of triglycerides and diglycerides levels 680 provoked by these toxics. 681

Finally, the effect of As/Cd exposure on mice organ 682 histopathology is another valuable point to deep insight into 683 the consequences of these elements on mammals exposed. It 684 has been described that the arsenic administered together with 685 cadmium damaged the liver [35], kidney [36,37] and bladder [38], 686 however they do not seem to affect either the lung or testis 687 [38,39]. In the present study, blood chemistry clearly shows toxic 688 cirrhosis induced by Cd, which is aggravated with the joint 689 exposure to As (see also Fig. 3). A cirrhotic liver leads to increased 690 transaminases (alanine transferase and aspartate transferase) 691 which injure the hepatocytes. On the other hand, toxicity causes 692 reduction of bilirubin and albumin, as there is less ability to 693 metabolize hepatic heme and synthesize albumin. In As/Cd 694 GROUP these effects produce more severe liver injury, due to 695 the additional appearance of hemorrhage accompanied by 696 severe cirrhosis, and irreversible condensation of chromatin 697 in the nucleus of cells (pyknosis) undergoing necrosis or 698 apoptosis (Fig. 3, As/Cd GROUP, B). The Fig. 3, Cd GROUP, B, 699 shows a detail of necrotic tissue with abundance of material 700 in the form of lump eosinophils (Mallory bodies) surrounded by 701 neutrophils. 702

The increase of ferritin observed in Fig. 3. As GROUP, B; Cd 703 GROUP, A and B; and As/Cd GROUP, A, reflects inflammatory 704 processes, and that ferritin is an acute phase reactant protein 705 that is elevated in all hepatocellular swelling. This process is 706 more marked in As/Cd GROUP, suggesting that co-exposure to 707 Cd and inorganic arsenic gives rise to more pronounced hepatic 708 damage than exposure to each of the elements separately. 709

Histologically, *Cd* GROUP presents also thickening of sinusoids, 710 focused infiltration of red blood cells and accumulation of 711 lipofuscin pigment (Fig. 3, *Cd* GROUP, A), classically attributed to 712 aging and decreased metabolic activity [40,41], but more recently 713 it has been related with portal lymphadenopathy [42] and 714 oxidative stress. Both are closely connected to disturbances of 715 proteostasis by protein oxidation and impairment of proteasomal 716 system. The final consequence is the accumulation of highly 717 cross-linked undegradable aggregates such as lipofuscin, which 718 can be considered as the long-term result of a decreased 719 degradation of oxidized proteins and increase of intracellular 720 free radical formation. These aggregates of damaged proteins are 721 detrimental to normal cell functions [43].

In the As GROUP increase of transaminases or decrease of 723 bilirubin in comparison to CONTROL GROUP are not observed, 724 suggesting the absence of liver involvement. Therefore, we 725 have to build on the histological studies to determine the degree 726 of cell injury. At low magnification we can see the appearance of 727 perivenular congestion (Fig. 3, As GROUP, A), accompanied by 728 pathological steatosis and cirrhosis (Fig. 3, As GROUP, B). It is 729 well known that perturbations in lyso-phosphatidylcholines 730 levels are associated to this pathology [44]. 731

#### 5. Conclusion

This work illustrated the potential of combined use of a 734 metabolomic approach, based on organic mass spectrometry 735 for the study of biochemical effects induced by As/Cd exposure, 736 with a metallomic approach, based on inorganic mass spec-737 trometry for metals/metalloids-biomolecules and metabolites 738 characterization in mice exposed to both elements. Interactions 739



Fig. 3 – Histophatological study of liver from mice (Mus musculus) under metal exposure during 12 days. Liver sections were prepared as described under Materials and Methods and stained with H&E to assess liver pathologic characteristics. The magnification of the sections is 100-fold (CONTROL GROUP, remaining sections. (P), pyknotic nuclei, (K), karyolysis. Arrows show widespread infiltration of red blood cells in the space of Disse.

in the distribution and accumulation of arsenic and cadmium 740 were obtained when both toxic metals are administered 741 together. In addition, antagonistic interactions with selenium 742 containing proteins (mainly SeP) in the bloodstream have been 743observed when both xenobiotics are ingested at the same time. 744 Finally, important interactions in essential metabolic pathways, 745 such a breakdown of membrane phospholipids, more pro-746 747 nounced under As/Cd exposure, was obtained. These effects are corroborated with histopathological evaluations of liver injury 748 and complemented with the measurement of biochemical 749 parameters in blood. Administration of heavy metal and 750metalloid, together or separately, resulted in differential liver 751 injury, which has been characterized by the predominance of 752

steatosis (non-alcoholic fatty liver disease, NAFLD) and infiltra- 753 tion of blood cells into the space of Disse. Therefore, the 754 complementary application with metallomics and metabolomics 755 approaches has shown to be a valuable experimental approxi-756 mation to get overall information and conclusions in relation to 757 toxicological studies. 758

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