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## The birth order paradox: sibling differences in educational attainment

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1 **THE BIRTH ORDER PARADOX:**

2 **SIBLING DIFFERENCES IN EDUCATIONAL ATTAINMENT**

3 Kieron Barclay

4

5 **ABSTRACT**

6

7 This study uses population register data to examine the relationship between birth  
8 order and educational attainment in Sweden, and demonstrates that while the net effect  
9 of birth order on educational attainment is negative, later-born children often spend  
10 longer in education. The explanation for this finding is due to educational expansion in  
11 Sweden in the 20th century, which outweighs the negative causal effect of birth order  
12 for the affected cohorts. This is particularly true for women due to the fact that the rate  
13 of increasing educational enrolment has been greater for women than for men. These  
14 results also show that later-borns in large families particularly benefit from educational  
15 expansion due to the longer average birth interval between the first and last child in  
16 large families, meaning that the supply of educational opportunities increased to a  
17 greater extent in the intervening period. However, in periods where education is not  
18 expanding, later-born siblings continue to fare worse than first-borns.

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## 26 INTRODUCTION

27

28 The influence of birth order on a range of later life outcomes, including educational  
29 achievement, intelligence, and personality, has been the subject of scholarly interest for  
30 over a century (Galton, 1874; Gini, 1915; Blau and Duncan, 1967; Ernst and Angst, 1983;  
31 Sullo way, 1996; Black et al., 2005). Partly because of the long history of research on this  
32 topic, the study of birth order has been approached from every conceivable research  
33 angle, from psychiatrist case studies, to qualitative interviews, to quantitative analysis of  
34 large data (Toman, 1961; Conley, 2004; Black et al., 2005). Much of the research on this  
35 topic has been criticised for a lack of methodological care and rigour (Schooler, 1972;  
36 Ernst and Angst, 1983; Rodgers, 2001). Literally hundreds of studies have been  
37 conducted on the relationship between birth order and almost any conceivable outcome,  
38 with a lack of consensus on the correct study design leading to wide variation in the  
39 reported results (Ernst and Angst, 1983), from first-borns performing best, to last-borns  
40 performing best (Blake, 1989a), to middle-borns performing worst (Blau and Duncan,  
41 1967; Conley, 2004), while others have concluded that birth order has no consistent  
42 influence on attainment (Ernst and Angst, 1983; Steelman et al., 2002).

43

44 Despite this history, the past decade has seen econometricians converge upon the  
45 conclusion that the net effect of birth order on educational attainment is negative. This  
46 more recent research has attempted to isolate the net effect of birth order by using a  
47 fixed effects study design, comparing siblings to one another within the same family (e.g.  
48 Black et al., 2005). Because these siblings share the same biological parents and the  
49 same family environment and background, after adjusting for variables that are not  
50 constant amongst the siblings, primarily birth year, it has been argued that the causal

51 relationship is identified. Research using these sibling comparisons has consistently  
52 found that later-born siblings have lower educational attainment than first-borns across  
53 Europe (Black et al., 2005; Kalmijn and Kraaykamp, 2005; Härkönen, 2014; Barclay,  
54 2015a), as well as in the United States (Kantarevic and Mechoulan, 2006). Where the  
55 data has allowed this question to be examined in more detail, it has been shown that this  
56 negative monotonic relationship exists across the most common family sizes, and that  
57 the last-borns in large families particularly fare the worst (Black et al., 2005; Barclay,  
58 2015a).

59  
60 Although this recent body of literature has consistently shown that later-borns have  
61 worse educational outcomes than first-borns, these studies have neglected to consider  
62 the role of macro-level trends in educational expansion and how that shapes relative  
63 educational attainment between siblings. Within a family, there is a mechanical  
64 relationship between birth order and birth year, with later-born siblings always born  
65 into a later calendar year. In a context where there is a secular increase in high school  
66 completion and tertiary enrolment, those born into a later birth year will be more likely  
67 to achieve greater educational attainment and to benefit from that higher level of  
68 educational attainment due to the increase in the supply of educational opportunities.  
69 The purpose of this study is to show that although recent research has shown that the  
70 net effect of birth order on educational attainment is negative, due to educational  
71 expansion across Western Europe and the United States since the end of the second  
72 world war, later-born siblings exposed to periods of educational expansion have, on  
73 average, spent longer in the educational system than first- and other earlier-born  
74 siblings.

75

76 I illustrate this pattern using Swedish population register data, but due to educational  
77 expansion across Western Europe and the United States since the end of the second  
78 world war (Breen and Jonsson, 2007; Breen et al., 2009; Breen, 2010), the point is likely  
79 to generalize to other contexts where the supply of educational opportunities has also  
80 been expanding. While identifying causal effects is an important enterprise, I argue that  
81 it is equally important to simultaneously consider the broader descriptive picture.  
82 Increased educational attainment is likely to have a substantive impact on the lives of  
83 later-borns, due to the beneficial effects of education on opportunities for social mobility  
84 (Breen, 2010), earnings (OECD, 2013), and health (Lager and Torssander, 2012).  
85 Furthermore, I contend that improving environmental conditions over time may explain  
86 why some researchers examining birth order effects during periods of educational  
87 expansion who have not applied a sibling comparison design have found that later-born  
88 siblings tend to have more favourable outcomes than first-borns.

89

### 90 **Birth Order and Educational Attainment: Mechanisms and Empirical Evidence**

91

92 Two main theories have been developed to explain why later-borns should have lower  
93 educational attainment, which are the confluence hypothesis (Zajonc, 1976) and the  
94 resource dilution hypothesis (Blake, 1981). The confluence hypothesis argues that the  
95 average degree of intellectual stimulation within the household influences the cognitive  
96 development of children. Until the birth of the second child, a first-born will interact  
97 exclusively with his or her parents, and this degree of cognitive stimulation is likely to  
98 be beneficial for development. A second-born, however, interacts not only with the  
99 parents, but also with the older sibling, who is much less cognitively stimulating, and the  
100 average degree of stimulation decreases as more children enter the household. The

101 confluence hypothesis also makes a case for the importance of sibling peer effects in the  
102 cognitive development process. In the long-run older siblings are thought to benefit  
103 intellectually from having to tutor younger siblings, while the latter suffer as the  
104 opportunity to solve problems for themselves is pre-empted (Zajonc et al., 1979; Blake,  
105 1989b). This disadvantage is particularly exaggerated amongst last-born children, who  
106 have no younger sibling to tutor.

107  
108 The resource dilution hypothesis also states that later-borns should be disadvantaged  
109 relative to first-borns. Until the birth of later siblings, the first child benefits from  
110 complete access to parental attention and investment. Although few children suffer from  
111 material deprivation in Sweden, and parents typically accumulate greater  
112 socioeconomic resources as they age, a resource that is certainly finite is parental time.  
113 Later-born children are likely to receive less attention from the parents than a first-born  
114 would during the first years of life, as the parents must also attend to the older children.  
115 This could lead to birth order differences in exposure to language and reading  
116 opportunities at early ages, which may in turn affect language development and  
117 vocabulary expansion (Sénéchal et al., 1998; Sénéchal and LeFevre, 2002; Weisleder and  
118 Fernald, 2013). Although a last-born child will have exclusive access to parental  
119 resources at older ages, after the older siblings have left the home, the benefits of  
120 parental investment and language exposure at early ages are likely to have cumulative  
121 effects on subsequent academic performance (Stanovich, 1986), and a growing body of  
122 evidence suggest that there are diminishing returns to investment on cognitive  
123 development with increasing age (Reynolds et al., 2003; Cunha et al., 2006; Heckman,  
124 2006; 2007).

125

126 Although the resource dilution hypothesis suggests that resource dilution should be a  
127 function of birth order and birth spacing, recent research using a sibling fixed effects  
128 design to study how the length of the birth interval before and after the index person  
129 affects long-term educational attainment suggests that the net effect of birth spacing  
130 itself is negligible, while the commonly observed pattern that later-borns achieve lower  
131 attainment than earlier-born siblings persists (Barclay and Kolk, 2017). Since the length  
132 of birth intervals should be at least partially capturing the amount of time spent with  
133 parents, this finding suggests that the inequitable resource distribution by birth order  
134 may not only be a function of the number of children and time between births. Another  
135 possibility is that parents treat children differently by birth order in ways that are not  
136 necessarily conditional on the number of children or the spacing between births.  
137 Although reports that parents spend more time with first-borns (Price, 2008), are  
138 consistent with the resource dilution hypothesis, studies also indicate that parents are  
139 more likely to restrict television watching for first-borns in comparison to later-borns  
140 (Holtz and Pantano, 2015), and that parents are more likely to punish first-borns than  
141 later-borns if they have poor grades in school (Hotz and Pantano, 2015). Furthermore,  
142 the rates of breastfeeding decrease with higher parity, mothers are less likely to seek  
143 prenatal care for later-born children (Buckles and Kolka, 2014), and in Sweden parents  
144 take more parental leave time for first-borns than they do for later-born children  
145 (Sundström and Duvander, 2002). It is possible that at higher parities parents behave  
146 differently because of a fatigue effect, where ideals about the right way to raise a child  
147 are more likely to bend in response to conflicting demands. Higher parity childbearing is  
148 also likely to be accompanied by a decrease in the novelty of the experience, and a  
149 decrease in anxiety about the childrearing process.

150

151 These studies suggest that, even in a country such as Sweden where access to education  
152 is free at all levels, relative differences between siblings could be produced by  
153 differences in early life investment and parental treatment by birth order. Indeed, in a  
154 context where structural educational opportunities are held constant, first-borns  
155 consistently have greater educational attainment than later-borns. However, in a context  
156 where those born into a later birth year have systematically greater opportunities for  
157 educational progression because of an increase in the supply of educational  
158 opportunities, these secular trends may counterbalance or even outweigh the negative  
159 effect of birth order on attainment.

160

### 161 **The Swedish Education System and Educational Expansion**

162

163 Education in Sweden is state funded at all levels, and tertiary education is free for  
164 Swedish and European Union citizens (Halldén, 2008; Högskoleverket, 2012). To give an  
165 idea of the relative burden that university tuition fees place on students in different  
166 countries, average tuition fees as a percentage of GDP per capita in 2006/07 were 2.7%  
167 in Norway, 0.0% in Sweden, 3.1% in the Netherlands, 1.3% in Germany, and 25.5% in  
168 the United States (Willemse and De Beer, 2012). Students in tertiary education are  
169 eligible for financial support from the Swedish state for living costs in the form of study  
170 grants and student loans with low interest rates (Högskoleverket, 2012), minimising the  
171 need for reliance on family resources for maintenance. This has meant that family  
172 resources in Sweden are not crucial for the transition to tertiary education in the same  
173 way that they are in other contexts, such as the United States. This does not mean that  
174 there is no socioeconomic stratification in educational attainment in Sweden, but that  
175 the choice to continue in the education system is not affected by the direct costs of



176 tuition. Nevertheless, indirect costs, such as foregone earnings, are likely to influence the  
177 decision-making processes of high and low socioeconomic status individuals to differing  
178 extents.

179  
180 The Swedish education system today is divided into three sections: grundskolan, which  
181 is 9 years of compulsory schooling, gymnasium, which is three additional years of upper  
182 secondary education, and tertiary education (Halldén, 2008). The tertiary education  
183 system in Sweden is consistent with the Bologna accords, and has degrees at the  
184 Bachelors (3-years undergraduate), Magister (1-year taught postgraduate), Masters (2-  
185 year taught postgraduate), Licentiate (2-years of postgraduate research), and Doctoral  
186 (4-years of postgraduate research) levels (Halldén, 2008). The vocational tertiary  
187 education system (Högre yrkesutbildning) consists of practical, technical, and  
188 occupation-specific tertiary training programs (Halldén, 2008). Although I discuss the  
189 data in greater detail in the next section, the cohorts that I analyse in this study were  
190 born 1960 to 1982. This means that they will have been 16 and in secondary school in  
191 Sweden between approximately 1976 and 1998. This was a period of substantial change  
192 in the Swedish educational system, as is summarised by Halldén (2008). In 1965 and  
193 1971 gymnasium was reorganised into three tracks: the first prepared students for  
194 university, the second was a two-year continuation program, and the third was two  
195 years of vocational training (Erikson and Jonsson, 1996a). While the first track was the  
196 most direct route to a typical university education, it was not impossible to apply to  
197 university from either of the latter two tracks (Halldén, 2008). Before 1971, these three  
198 educational tracks were split into separate schools, and applying to university directly  
199 from either of the less traditionally academic tracks was much more difficult (Halldén,  
200 2008).

201  
202 A major motivation for reforming upper secondary education in Sweden was to increase  
203 social fluidity, meaning to reduce the strength of the relationship between the class of  
204 origin and class of destination (Erikson and Jonsson, 1996a). The aforementioned  
205 reforms led to a large increase in the proportion who made the transition to upper  
206 secondary education (Erikson and Jonsson, 1996b; Rudolphi, 2013). Indeed, this was  
207 part of a broad package of expansion in the supply of educational opportunities in  
208 Sweden in the post-war period, which also included an expansion of adult education,  
209 and changes to the tertiary education system, including the founding of a significant  
210 number of new universities and university colleges (Erikson and Jonsson, 1996a).  
211 Although there have been some fluctuations in tertiary education enrolment, between  
212 the 1960s and 2000s enrolment has increased substantially (Breen et al., 2009), just as  
213 it has in many other countries in Western Europe and the United States (Breen and  
214 Jonsson, 2007; Breen et al., 2009). Today, approximately 33% of the Swedish population  
215 has undergone post-secondary education, which is higher than the OECD average  
216 (Högskoleverket, 2012). This increase in the supply of educational opportunities at the  
217 upper-secondary and tertiary levels has clearly benefited individuals born during those  
218 periods, which has implications for patterns of educational attainment by birth order.

219  
220 While educational expansion in the 20th century will have, on average, benefited later-  
221 born children over earlier-borns from the same family during those periods, the degree  
222 to which individuals were able to take advantage of this environmental improvement  
223 will have varied by gender. The increase in educational enrolment with successive  
224 cohorts has been greater for women than men in Sweden, and women are now less  
225 likely than men to have only primary education, and more likely than men to have a

226 tertiary education (Breen et al., 2010). The increasing educational attainment of women  
227 over successive cohorts has been observed across Europe and the United States  
228 (Buchmann, DiPrete and McDaniel, 2008). The explanations for women first catching up  
229 and then overtaking men in educational attainment are multifold. From the 1960s  
230 multiple processes, including improvements in gender equality as well as the emergence  
231 of oral contraceptives, gradually eroded traditional gender roles, opened up greater  
232 educational opportunities and therefore also labour market opportunities, and provided  
233 women with the agency to defer marriage and childbearing until a point at which they  
234 were more willing to embrace those life course stages (Gelb, 1989; Goldin and Katz,  
235 2002). Increasing gender equalization in the labour market provided young women with  
236 increasingly greater incentives to pursue careers due to improving earnings returns to  
237 education, as well as the increasing possibilities of securing high status labour market  
238 positions. Furthermore, structural labour market conditions as well as increasing  
239 income inequality mean that the costs of foregoing tertiary education are greater today  
240 than ever before (Taylor et al., 2014), and since girls clearly outperform boys in school  
241 (Buchmann, DiPrete and McDaniel, 2008), which increases access to tertiary education,  
242 fewer and fewer women choose to ignore the potential advantages of continuing their  
243 educational careers.

244

245 Given that the benefit of being born later primary extends from environmental  
246 improvements in the intervening period, it is also valuable to consider the role of birth  
247 intervals. In this study I will show that the increase in educational enrolment can have a  
248 large impact even in small families with only two children when the birth interval is long  
249 enough. Since research indicates that the length of birth intervals does not itself have  
250 any meaningful effect on long-term educational attainment in Sweden (Barclay and Kolk,

251 2017), the mechanism by which longer birth intervals should benefit later-born siblings  
252 is through increases in the supply of educational opportunities, or educational  
253 expansion, in the intervening period. For example, second-born children who are born  
254 many years after the first child benefit a great deal from educational expansion, though  
255 this is particularly clear for women.

256

## 257 **DATA AND METHODS**

258

### 259 **Data**

260

261 This study is based upon data from the full Swedish administrative population registers.  
262 Although the Swedish multigenerational register allows for intergenerational linkages  
263 from cohorts born in 1932 and later, I examine men and women in cohorts born from  
264 1960 to 1982. The reason for using these particular cohorts is that the highest quality  
265 data on education is available from 1990 to 2012. Using these cohorts therefore allows  
266 one to look at the educational attainment of these individuals in the year that they turn  
267 30 with a high degree of accuracy. The total number of individuals born in Sweden in  
268 these cohorts was 2,435,773. However, the final population used for the analyses is  
269 1,578,667, of whom 766,266 are women, and 812,441 are men. The reason for this is  
270 that it is necessary to apply several exclusion criteria, which are summarised in Table 1.  
271 I define a sibling group as a group of children who share the same biological mother and  
272 father. I restrict the population used for the analysis to those sibling groups where all  
273 the children are born in Sweden so that information about birth order and the size of the  
274 sibling group is known with a high degree of accuracy. Although I focus on siblings born  
275 between 1960 and 1982, the calculation of birth order and other family characteristics

276 are based on the complete family history, not just on births that occur within this cohort  
277 window. I also exclude sibling groups that include a multiple birth such as twins, as the  
278 meaning of birth order is much less clear in these families. As will be outlined in more  
279 detail below, the statistical approach used in this study is sibling fixed effects, meaning a  
280 within-family comparison. As this type of analysis compares siblings to one another  
281 within the same sibling group, it is necessary that there are at least two individuals in  
282 the data for each sibling group. This means that individuals who were only-children are  
283 not included in the analyses. This study also focuses on sibling groups of two to six  
284 children, as sibling groups with more than six children are relatively rare in Sweden.

285

286 \*\*\* Table 1 – Approximately Here \*\*\*

287

288 Given that the cohorts that I examine in this study were born 1960 to 1982, it is  
289 important to consider whether the increased prevalence of blended families introduces  
290 error into the measurement of the birth order variable. Amongst those born in the  
291 1960s in Sweden, 23% of individuals have at least one half-sibling, and for those born in  
292 the 1970s and 1980s the corresponding figure is 25% and 30%, respectively (Thomson,  
293 2014). Furthermore, these figures do not account for step-siblings. Previous studies  
294 have indicated that it is social order within the sibling group rather than biological birth  
295 order that explains birth order patterns (Kristensen and Bjerkedal, 2007; Barclay,  
296 2015a). Using register data to accurately capture the experience of social birth order is  
297 difficult, and this is particularly true in blended families. One way of approaching this  
298 issue is to examine the research question in this study only amongst sibling groups  
299 where neither of the parents have any children with a third person. In these cases, the  
300 experience of social birth order is likely to conform more closely to the measure of

301 biological birth order. Although the main results presented in this study will be based  
302 upon the full population without taking into account half-siblings, I also conduct  
303 analyses based upon sibling groups without half-siblings as a robustness check.

304

### 305 **Outcome Variable**

306

307 The outcome variable in this study is years of education achieved by age 30. This  
308 measure is based upon the number of years that correspond to the specific level of  
309 education achieved by age 30, and may not in all cases reflect that actual number of  
310 years that an individual spent in the educational system. The variable for highest  
311 educational level and the corresponding years of education required to reach that level  
312 come from the Swedish education registers and Statistics Sweden (Halldén, 2008;  
313 Statistics Sweden, 2000). I also estimate models using entry into tertiary education by  
314 age 30 as a robustness check.

315

### 316 **Statistical Analyses**

317

318 The estimation strategy used for analysing educational attainment is fixed effects linear  
319 regression, with and without a control for birth year:

320

$$321 \quad (1) \quad y_{ij} = \alpha_j + \beta_1 \text{BIRTHORDER} + \varepsilon_{ij}$$

322

$$323 \quad (2) \quad y_{ij} = \alpha_j + \beta_1 \text{BIRTHORDER} + \beta_2 \text{BIRTHYEAR} + \varepsilon_{ij}$$

324

325 where  $y_{ij}$  is the measure of educational attainment at age 30 for individual  $i$  in sibling  
326 group  $j$ . Both models 1 and 2 apply the unobserved sibling fixed effect  $\alpha_j$ , and  $\varepsilon_{ij}$  is the  
327 error term.  $BIRTHORDER_{ij}$  is the birth order of individual  $i$  in sibling group  $j$ , while  
328  $BIRTHYEAR_{ij}$  is the year of birth of individual  $i$  in sibling group  $j$ . Although birth order  
329 and birth year are correlated within the family, this correlation is not high enough for  
330 concerns about collinearity in the model, particularly given the large number of  
331 observations available for analysis. The key coefficient of interest is  $\beta_1$  as that is the  
332 estimate for birth order.

333

334 These analyses compare the years of education attained by age 30 of siblings who share  
335 the same biological mother and father to one another. The estimation of the standard  
336 errors allows for correlation of errors within each sibling group. These fixed effects  
337 models produce a within-family comparison, and inherently adjust for both observed  
338 and non-observed intra-family characteristics that remain constant, thereby minimizing  
339 residual confounding from factors that are related to fertility behaviour of the parents as  
340 well as long-term educational outcomes amongst the children, such as parental  
341 socioeconomic status. In contrast to a between-family comparison approach, this allows  
342 for the isolation of the effect of birth order on educational attainment independent of  
343 shared family environment characteristics that are also important for educational  
344 outcomes. Furthermore, only a within-family comparison can reveal the positive  
345 benefits of being a later-born, as a mechanical relationship between birth order and  
346 birth year can only be found within families.

347

348 To understand the relationship between birth order and educational attainment, and  
349 how that varies according to period changes in the supply of educational opportunities, I

350 estimate three groups of models. The first set of models examines the effect of birth  
351 order on educational attainment amongst cohorts who did, or did not, benefit from  
352 educational expansion. The second set of models examines birth order in two child  
353 sibling groups, stratified by gender and the length of the birth interval between the two  
354 siblings. Twenty separate analyses were run, by birth interval length and sex: 10 for  
355 two-child sibling groups where both children were boys, and 10 for two-child sibling  
356 groups where both children were girls. The third set of models examines the effect of  
357 birth order on educational attainment stratified by sibling group size and gender. Since  
358 there must be at least two children in the sibling group to estimate the fixed effects  
359 models, these models stratified by sibling group size and gender are based on sibling  
360 groups where the total number of siblings (male and female), is equal to  $N$ , and the  
361 where the number of siblings of the focal gender is greater than or equal to two.

362

## 363 **RESULTS**

364

### 365 **Descriptives**

366

367 As can be seen in Table 2, the mean years of education achieved by age 30 by women for  
368 the individuals born 1960 to 1982 was 12.9 years, and for men 12.5 years. For women  
369 the mean years of education achieved by age 30 across families decreases with rising  
370 birth order and increasing set size, and also increases by birth year. Table 2 shows that  
371 mean years of education for women is greatest, at 13.4, for women whose mothers were  
372 aged 30-34 at the time of their birth, and it is lower for women born to mothers who  
373 were older and younger than that at the time of birth. It is particularly low for those  
374 born to teenage mothers. For men the patterns in the summary statistics for years of



375 education by age 30 are generally very similar to those seen for women

376

377 \*\*\* Table 2 – Approximately Here \*\*\*

378

379 \*\*\* Figure 1 – Approximately Here \*\*\*

380

381 Figure 1 shows the distribution of birth spacing, and the mean years of education by  
382 birth interval length and sex. As can be seen the most common interval length in Sweden  
383 amongst these birth cohorts was 25 to 36 months. Mean years of education varies by  
384 birth interval length, where those born either side of a very short birth interval of 0 to  
385 12 months have a lower mean than those born either side of the most common birth  
386 interval length. Figure 1 also shows that children born either side of a very long birth  
387 interval have a lower mean than those born either side of the most common birth  
388 interval lengths.

389

390 **Fixed Effects Models**

391

392 **Analyses by Cohort Group**

393

394 To examine whether educational expansion had a counterbalancing effect against the  
395 negative effects of birth order, I first examine whether the birth order effect on  
396 educational attainment varies amongst cohorts who were, or were not, exposed to a  
397 period of increasing educational opportunities. These results are shown in Figures 2 and  
398 3 for women and men respectively. Figures 2 and 3 show the results from within-family  
399 comparison models that i.) include only birth order as an explanatory variable, and ii.)

400 adjust for year of birth. More detailed information on the estimated coefficients can be  
401 found in the Supplementary Information in Table S1. Both Figures 2 and 3 show that in  
402 cohort groups where the mean level of educational attainment was relatively constant,  
403 the effect of birth order on educational attainment is negative even when not adjusting  
404 for birth year. However, amongst those born in the years 1965-1975, where educational  
405 attainment rose rapidly, later-borns spent substantially longer in the educational system  
406 than first-borns. This pattern can be seen clearly for both men and women.

407

408 \*\*\* Figure 2 – Approximately Here \*\*\*

409

410 \*\*\* Figure 3 – Approximately Here \*\*\*

411

412 Interestingly, these analyses also show that the negative effect of birth order is clear  
413 after adjusting for birth year, and correspondingly exposure to educational  
414 opportunities, and therefore the net effect of birth order on educational attainment is  
415 negative regardless of the period conditions in regards to educational expansion. It is  
416 worth noting that while the net effect of birth order on educational attainment is  
417 negative, there are large numbers of families in Sweden where later-born children were  
418 actually far more likely to go to university than their older siblings, and this is likely to  
419 be true across the many high-income countries that experienced educational expansion  
420 in the post-war period.

421

## 422 **Analyses by Birth Interval Length and Gender**

423

424 While the results presented in Figures 2 and 3 show that later-born individuals tend to

425 outperform their older siblings in periods where the supply of educational opportunities  
426 was increasing, the underlying assumption has been that the reason for this is because  
427 later-born children are born several years after the first-born child and thereby benefit  
428 from the increase in educational opportunities in the intervening period. That is to say,  
429 the degree of educational expansion in the intervening period is what provides the  
430 opportunity for later-born siblings to extend their educational careers to an extent far  
431 less possible for first-born individuals. To isolate the degree to which it is the period of  
432 time between the first and subsequent births that matters, I have conducted additional  
433 analyses where I restrict the models by the birth interval in sibling groups with only two  
434 children. The results shown in Figure 4 are bivariate associations between birth order  
435 and years of education by age 30, with separate results for women and men. Each data  
436 point shown on the graph is the difference between the second and first-born child for  
437 the particular birth interval period indicated by the x-axis. For example, second-born  
438 women in two-child sibling groups with a birth interval of 73-84 months have spent just  
439 under half a year longer in the educational system than first-borns by age 30.

440

441 \*\*\* Figure 4 – Approximately Here \*\*\*

442

443

444 For women in two-child sibling groups, there is no statistically significant difference in  
445 educational attainment by age 30 when the birth interval was between 0 and 12 months,  
446 while the second-born does significantly worse than the first-born when the interval  
447 was 13-24 months. However, in two-child sibling groups where the interval was 37 to  
448 48 months or greater, the second child had spent more time in the educational system  
449 by age 30 than the first-born. The advantage is approximately 0.25 of a year when the

450 interval was 61-72 months, just over half a year when the interval was 73-84 months,  
451 and over a year when the interval was 109-120 months. For men the second child has  
452 lower educational attainment at age 30 than the first-born when the interval was less  
453 than 48 months, but when the interval was greater than 61 months the second-born  
454 begins to outperform the first-born. The advantage gained by second-born men,  
455 however, is less than that gained by second-born women. Even when the interval is 9 or  
456 10 years a second-born man would have spent only approximately half a year longer in  
457 the educational system by age 30 than his older sibling.

458

459 The results for years of education by age 30 shown in Figure 4 clearly show that the  
460 birth interval, in combination with educational expansion, is the critical factor  
461 underlying the improvements in educational attainment shown by later-born siblings in  
462 periods of educational expansion. It is worth noting here that recent research has shown  
463 that birth spacing itself has no independent effect on long-term educational outcomes in  
464 Sweden amongst the cohorts studied in this paper (Barclay and Kolk, 2017), and  
465 therefore it is the expansion of educational opportunities that explains the pattern  
466 observed in Figure 4, not the benefits of avoiding resource dilution by having siblings  
467 spaced far apart.

468

## 469 **Analyses by Sibling Group Size and Gender**

### 470 **Women**

471

472 The results for educational attainment measured by years of education at age 30 can be  
473 seen for women in Figure 5, and for men in Figure 6. Figures 5 and 6 show the results for  
474 both pooled analyses as well as sibling group size-specific analyses for women and men

475 separately. Figures 5 and 6 show the results from within-family comparison models that  
476 i.) include only birth order as an explanatory variable, and ii.) adjust for year of birth.  
477 The tables of results underlying Figures 5 and 6 can be find in the supplementary  
478 section, in Tables S1-S3. Focusing on Figure 5, it can be seen that when adjusting for  
479 birth year, there is a negative relationship between birth order and educational  
480 attainment for women. This result is found in the pooled analysis of sibling groups with  
481 between two and six children, as well as the sibling group size-specific analyses. These  
482 results are statistically significant and substantive in size. In the pooled analysis, second-  
483 borns have almost a third of a year less education than first-borns, while the difference  
484 is greater than half a year less education for fourth-borns to sixth-borns.

485

486 While the net effect of birth order on educational attainment is negative for women, the  
487 results from the models that do not adjust for birth year show that later-born women  
488 actually have greater educational attainment than earlier born children when exposed  
489 to an increase in the supply of educational opportunities. This is true in both the pooled  
490 analysis of sibling groups with between 2 and 6 children, as well as the sibling group  
491 size-specific analyses. In the pooled analysis the second-born has almost a tenth of a  
492 year more education than first-borns, while sixth-borns have 1.23 years additional  
493 educational attainment. These results show that while the causal effect of birth order is  
494 negative, in the period under study, cohorts born between 1960 and 1982, later-born  
495 women have on average actually spent more time in the educational system by age 30  
496 than earlier born women. Furthermore, the disparity between the causal estimates and  
497 the actual educational attainment of later-borns relative to first-borns is greatest for the  
498 last-borns in the largest sibling groups. This is because in small sibling groups the birth  
499 interval between the first and last child is on average substantially shorter than the birth

500 interval between the first and the last child in a six-child sibling group. Clearly, based on  
501 Figures 2 and 3, these results are primarily driven by the cohorts that benefitted from  
502 the increase in the supply of educational opportunities.

503

#### 504 **Analyses by Sibling Group Size and Gender**

##### 505 **Men**

506

507 The results for men by sibling group size can be seen in Figure 6. The results for the net  
508 effect of birth order, adjusting for birth year, on years of education are similar to those  
509 seen for women, both in the pooled analysis, as well as the sibling group size-specific  
510 analyses. The results from the pooled analysis show that second-borns have almost a  
511 third of a year less education than first-borns, while the difference between sixth-borns  
512 and first-borns is almost two thirds of a year. However, when examining the bivariate  
513 relationship between birth order and educational attainment, the advantage of later-  
514 borns over first-borns is less pronounced for men than it is for women. Amongst men,  
515 the second-born does not achieve greater educational attainment than the first-born in  
516 any size sibling group. The advantage gained for third- and later-borns is also less than  
517 that seen in the analyses of women. In the pooled analysis the sixth-born women spent  
518 more than a year in the educational system relative to the first-born, whereas for men  
519 the sixth-born spends just under two-thirds of a year more than the first-born. This is an  
520 advantage nonetheless, but a substantially smaller one. The explanation for this is due to  
521 the fact that increasing educational enrolment for women has outpaced increasing  
522 educational enrolment for men.

523

524

\*\*\* Figure 5 – Approximately Here \*\*\*

525

526

\*\*\* Figure 6 – Approximately Here \*\*\*

527

**528 Robustness Checks**

529 I have also conducted additional analyses using entrance into tertiary education by age

530 30 as the outcome variable. These results are consistent with the main results presented

531 here, and can be seen in the supplementary information section, in Tables S4 and S5.

532 Additional analyses have also been conducted to check whether the results presented

533 here are robust when the study population consists of individuals whose parents did not

534 have children with a third partner, meaning that there were no half-siblings, as half-

535 siblings would introduce measurement error into the birth order variable. These results,

536 available on request, do not differ from the main results presented here in any

537 substantial way

538

**539 DISCUSSION**

540

541 This study has shown that while the net effect of birth order on educational attainment

542 is negative, in an environment where educational opportunities have been expanding

543 over time, this negative force is not only counterbalanced, but outweighed by these

544 positive secular trends. Because the secular trend of rising educational attainment has

545 been greater for women than for men, later-born girls during periods of educational

546 expansion do better than their earlier born sisters, while later-born boys do not always

547 do better than their older brothers during these periods. Because of the role of birth

548 intervals, positive outcomes for later-born children are actually more common in sibling

549 groups with a larger number of children during periods of educational expansion.

550 However, the results from this study also make it clear that in periods where education  
551 is not expanding, later-born siblings will do worse than their older siblings. When  
552 education is expanding, later-borns do better, but when it is not expanding, they do  
553 worse. As outlined in the introduction, it is very possible that educational expansion in  
554 the twentieth century is a factor contributing to the confusion about the effect that birth  
555 order has on the long-term prospects of individuals. For example, research using  
556 qualitative interviews to investigate the relationship between birth order and later life  
557 outcomes is likely to be picking up these positive period trends, which would explain  
558 why some researchers find that later-borns perform better.

559

560 The greater level of educational attainment that is achieved by later-born siblings born  
561 into periods where education was expanding is likely to have substantive implications.  
562 There are a large number of studies that show that higher levels of education have a  
563 positive effect on all manner of later life outcomes, from earnings to health (Hout, 2012).  
564 Research shows that social mobility is greater for individuals with tertiary education  
565 qualifications in Sweden (Breen, 2010) and the United States (Hout, 1988), amongst  
566 other places. Although a university degree has become the new entry standard for many  
567 types of jobs, and research in the United States shows that only a small proportion of  
568 students actually improve their critical thinking ability while at university (Arum and  
569 Roksa, 2011), studies indicate that university graduates still benefit from an earnings  
570 premium in Sweden (OECD, 2013). However, it should be noted that the rate of returns  
571 to education in Sweden has been declining (Palme and Wright, 1998; Korpi and Tåhlin,  
572 2009), and that the positive effects of increasing education may be heterogeneous  
573 (Breen and Jonsson, 2007; Hällsten, 2010; Rudolphi, 2013). Despite these caveats,  
574 educational expansion across Western Europe, and over the course of the 20th century



575 to the present day (Erikson and Jonsson, 1996a; Breen et al., 2009; OECD, 2013), mean  
576 that the findings presented in this study are likely to be generalizable both outside of  
577 Sweden and outside of the cohorts that have been analysed in this study, though this  
578 may vary according to university tuition regimes given the obstacles that high tuition  
579 fees can present to pursuing educational opportunities.

580

581 Although this study has focused on the important of educational expansion for  
582 increasing educational attainment amongst later-borns, there are also other factors that  
583 could contribute to this advantage. For example, it is well known that first-borns have a  
584 lower birth weight than later-borns, and birth weight is positively associated with a  
585 range of later life outcomes, including educational attainment, IQ, and earnings (Conley  
586 and Bennett, 2000; Hack et al., 2002; Black et al., 2007). Parental resources also typically  
587 increase with parental age, which has the potential to benefit later-born siblings (Powell  
588 et al., 2006). There have also been other improvements over the past several decades in  
589 Sweden that would have, on average, benefitted later-borns over earlier born siblings,  
590 such as the expansion of the welfare state, strong economic growth (Erikson and  
591 Jonsson, 1996b), the introduction of publicly funded pre-school in the 1970s (Halldén,  
592 2008), and general improvements to public health conditions and to medical practice,  
593 which have measurably improved health over time (Statistics Sweden, 2010). However,  
594 as the analyses shown in Figures 4 and 5 in this study demonstrate, later-born siblings  
595 only achieve greater educational attainment when education is expanding, suggesting  
596 that these other factors play a fairly limited role.

597

598 A recent study examining the relationship between birth order and earnings has also  
599 shown that later-borns are not always disadvantaged when it comes to long-term

600 outcomes (Bertoni and Brunello, 2016). Bertoni and Brunello (2016) report that  
601 although first-borns have a higher entry wage in the labour market, on average this  
602 advantage reverses to later-borns after 10 years due to a greater willingness amongst  
603 later-borns to be more adaptable and switch jobs. This difference in willingness to  
604 switch jobs, they argue, is due to differences in risk aversion by birth order, with first-  
605 borns more risk averse than later-borns. Although Bertoni and Brunello (2016) purport  
606 an entirely different mechanism to the one that I describe in this study, together these  
607 results show that it is far from a given that later-born siblings will always have worse  
608 outcomes than first-borns.

609

610 This study has shown that later-born siblings can achieve greater educational  
611 attainment than older siblings when education is expanding. Other research has also  
612 shown that positive secular trends in IQ scores mean that individuals born to older  
613 mothers have higher IQ scores (Myrskylä, Silventoinen, Tynelius and Rasmussen 2013),  
614 and that when population height is increasing, later-born siblings are taller than first-  
615 borns (Alter and Oris, 2008). Given the Flynn effect (Flynn 1984), and increases in  
616 height in Sweden in the 20<sup>th</sup> century (Gustafsson et al., 2007), it is possible that the  
617 counterbalancing influence of positive secular trends outweighs the negative force of  
618 birth order on both height (Myrskylä, Silventoinen, Jelenkovic, Tynelius and Rasmussen  
619 2013) and cognitive ability (Barclay, 2015b). Overall, what this body of research  
620 suggests is that while the force of birth order on a range of later life outcomes is  
621 negative, positive secular trends have meant that later-borns often do better than their  
622 earlier-born siblings. Although identifying the causal effect of birth order is an important  
623 exercise, isolating the effect of birth order net of birth year ignores the fact that the  
624 context into which individuals are born changes over time. Given the consistent and

625 widespread interest in the importance of birth order for later life outcomes, it would be  
626 valuable for researchers to bear this in mind as part of a broader consideration of the  
627 implications of birth order, rather than focusing exclusively on the negative net effect.

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910 **TABLES**

911

912 **Table 1. Sample exclusion process.**

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| Exclusion Criteria                 | N         | N Excluded |
|------------------------------------|-----------|------------|
| Total Born in Sweden 1960-1982     | 2,435,773 |            |
| ID for both parents                | 2,405,610 | 30,163     |
| All siblings born in Sweden        | 2,364,749 | 40,861     |
| No multiple births                 | 2,304,319 | 60,430     |
| No only children                   | 1,928,247 | 376,072    |
| Biological set size<7              | 1,913,165 | 15,082     |
| Cohort cut                         | 1,663,128 | 250,549    |
| No missing values on any variables | 1,578,667 | 84,461     |
| Final                              | 1,578,667 |            |

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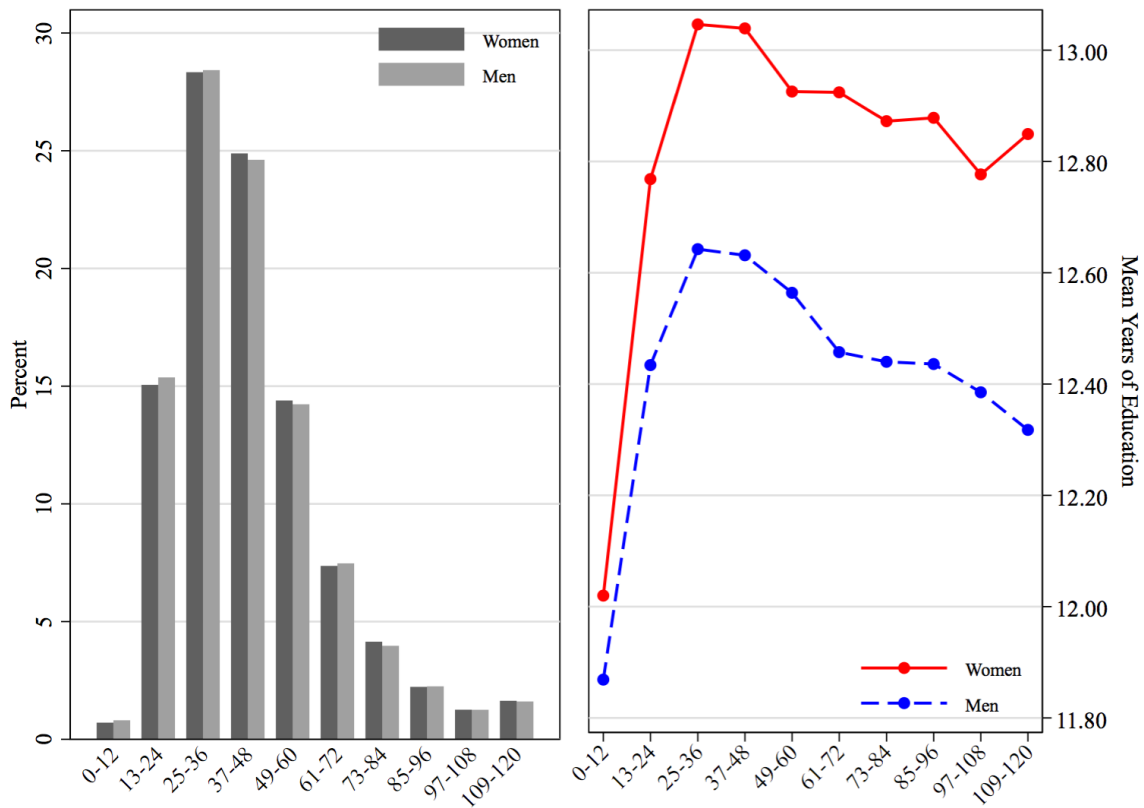
929 **Table 2. Descriptive Statistics: Years of Educational Attainment at Age 30 for**  
 930 **Swedish Men and Women born 1960-1982.**  
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| Variable           | Category                      | Women |      |         | Men    |      |         |
|--------------------|-------------------------------|-------|------|---------|--------|------|---------|
|                    |                               | Mean  | SD   | N       | Mean   | SD   | N       |
| Years of Education |                               | 12.9  | 2.3  | 766,226 | 12.5   | 2.3  | 812,441 |
| Birth Order        | 1                             | 12.9  | 2.3  | 308,929 | 12.5   | 2.3  | 328,149 |
|                    | 2                             | 12.9  | 2.3  | 324,725 | 12.5   | 2.2  | 344,676 |
|                    | 3                             | 12.7  | 2.3  | 100,582 | 12.3   | 2.2  | 106,215 |
|                    | 4                             | 12.3  | 2.3  | 23,892  | 11.8   | 2.2  | 25,056  |
|                    | 5                             | 11.8  | 2.1  | 6,419   | 11.5   | 2.0  | 6,610   |
|                    | 6                             | 11.7  | 2.0  | 1,679   | 11.3   | 1.9  | 1,735   |
| Set Size           | 2                             | 13.0  | 2.3  | 416,020 | 12.6   | 2.2  | 438,981 |
|                    | 3                             | 12.9  | 2.3  | 246,349 | 12.5   | 2.3  | 263,707 |
|                    | 4                             | 12.5  | 2.3  | 74,437  | 12.1   | 2.2  | 79,249  |
|                    | 5                             | 12.1  | 2.2  | 21,277  | 11.7   | 2.1  | 22,343  |
|                    | 6                             | 11.8  | 2.1  | 8,143   | 11.4   | 2.1  | 8,161   |
|                    | Mother's Age at Time of Birth | <20   | 11.7 | 1.9     | 42,431 | 11.4 | 1.8     |
| 20-24              |                               | 12.4  | 2.2  | 236,722 | 12.0   | 2.1  | 250,655 |
| 25-29              |                               | 13.1  | 2.3  | 288,274 | 12.7   | 2.3  | 306,663 |
| 30-34              |                               | 13.4  | 2.3  | 147,516 | 12.9   | 2.3  | 156,128 |
| 35-39              |                               | 13.2  | 2.3  | 43,854  | 12.8   | 2.3  | 47,033  |
| 40-44              |                               | 12.9  | 2.3  | 7,129   | 12.5   | 2.3  | 7,317   |
| >44                |                               | 12.9  | 2.3  | 300     | 12.1   | 2.3  | 337     |
| Birth Year         | 1960                          | 11.9  | 2.1  | 22,613  | 11.8   | 2.2  | 23,797  |
|                    | 1961                          | 12.0  | 2.1  | 24,185  | 11.8   | 2.2  | 25,688  |
|                    | 1962                          | 12.0  | 2.0  | 27,331  | 11.8   | 2.2  | 28,802  |
|                    | 1963                          | 12.0  | 2.1  | 31,548  | 11.9   | 2.2  | 33,738  |
|                    | 1964                          | 12.1  | 2.0  | 37,431  | 11.9   | 2.1  | 39,051  |
|                    | 1965                          | 12.1  | 2.0  | 39,694  | 11.9   | 2.1  | 42,032  |
|                    | 1966                          | 12.2  | 2.0  | 40,909  | 12.0   | 2.1  | 43,481  |
|                    | 1967                          | 12.2  | 2.0  | 41,376  | 12.0   | 2.1  | 44,374  |
|                    | 1968                          | 12.3  | 2.1  | 39,468  | 12.1   | 2.1  | 41,703  |
|                    | 1969                          | 12.4  | 2.1  | 37,971  | 12.1   | 2.1  | 40,635  |
|                    | 1970                          | 12.7  | 2.2  | 38,755  | 12.3   | 2.2  | 40,892  |
|                    | 1971                          | 12.9  | 2.2  | 39,957  | 12.4   | 2.2  | 42,502  |
|                    | 1972                          | 13.1  | 2.3  | 39,575  | 12.6   | 2.3  | 42,009  |
|                    | 1973                          | 13.3  | 2.3  | 38,706  | 12.7   | 2.3  | 41,087  |
|                    | 1974                          | 13.4  | 2.3  | 38,738  | 12.9   | 2.3  | 41,145  |
|                    | 1975                          | 13.6  | 2.2  | 36,068  | 13.1   | 2.2  | 38,043  |
|                    | 1976                          | 13.8  | 2.2  | 33,550  | 13.2   | 2.2  | 35,718  |
|                    | 1977                          | 13.8  | 2.2  | 31,911  | 13.1   | 2.2  | 34,448  |
|                    | 1978                          | 13.8  | 2.3  | 30,448  | 13.0   | 2.4  | 31,896  |
|                    | 1979                          | 13.8  | 2.3  | 29,000  | 13.0   | 2.4  | 30,777  |
|                    | 1980                          | 13.9  | 2.2  | 25,533  | 13.1   | 2.2  | 26,962  |
|                    | 1981                          | 13.8  | 2.2  | 21,396  | 13.1   | 2.2  | 22,271  |
|                    | 1982                          | 13.8  | 2.2  | 20,063  | 13.0   | 2.2  | 21,390  |

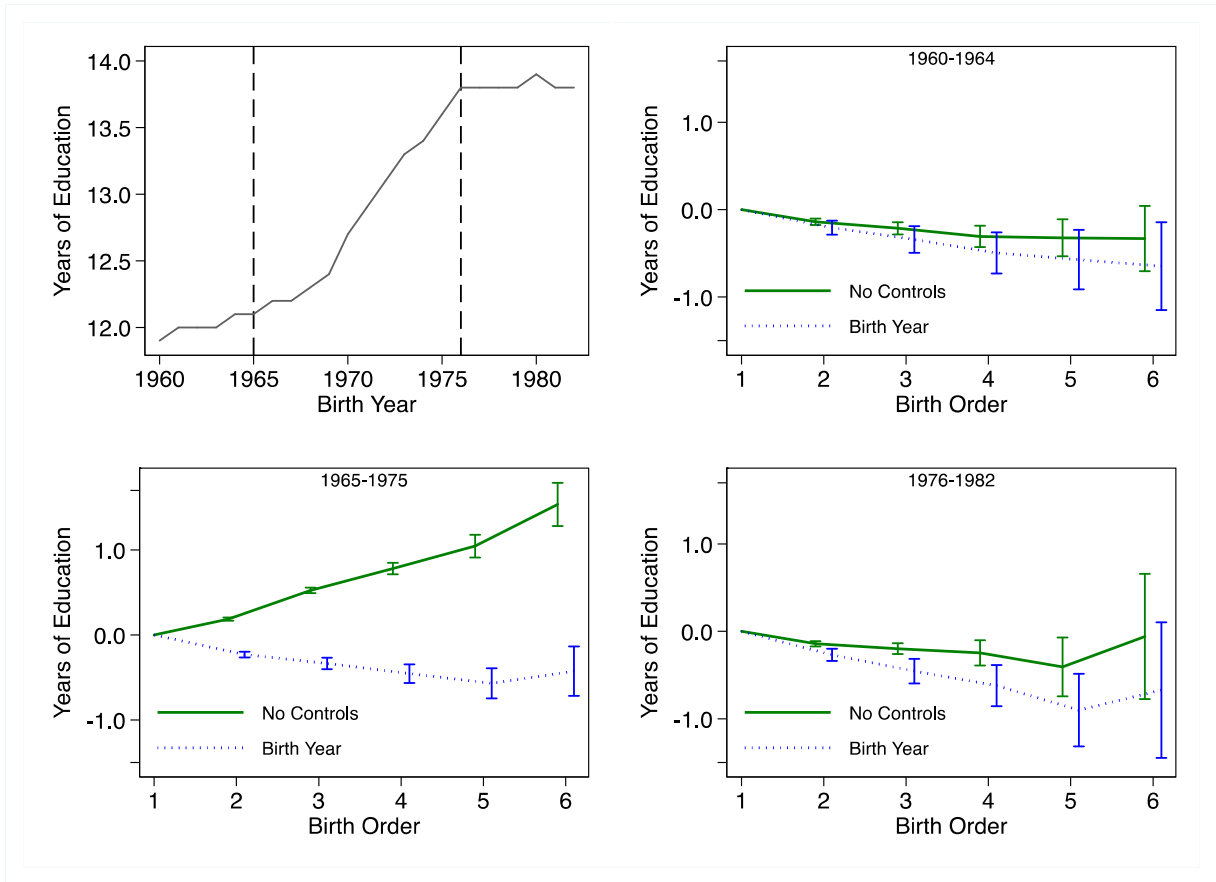
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934 **FIGURES**  
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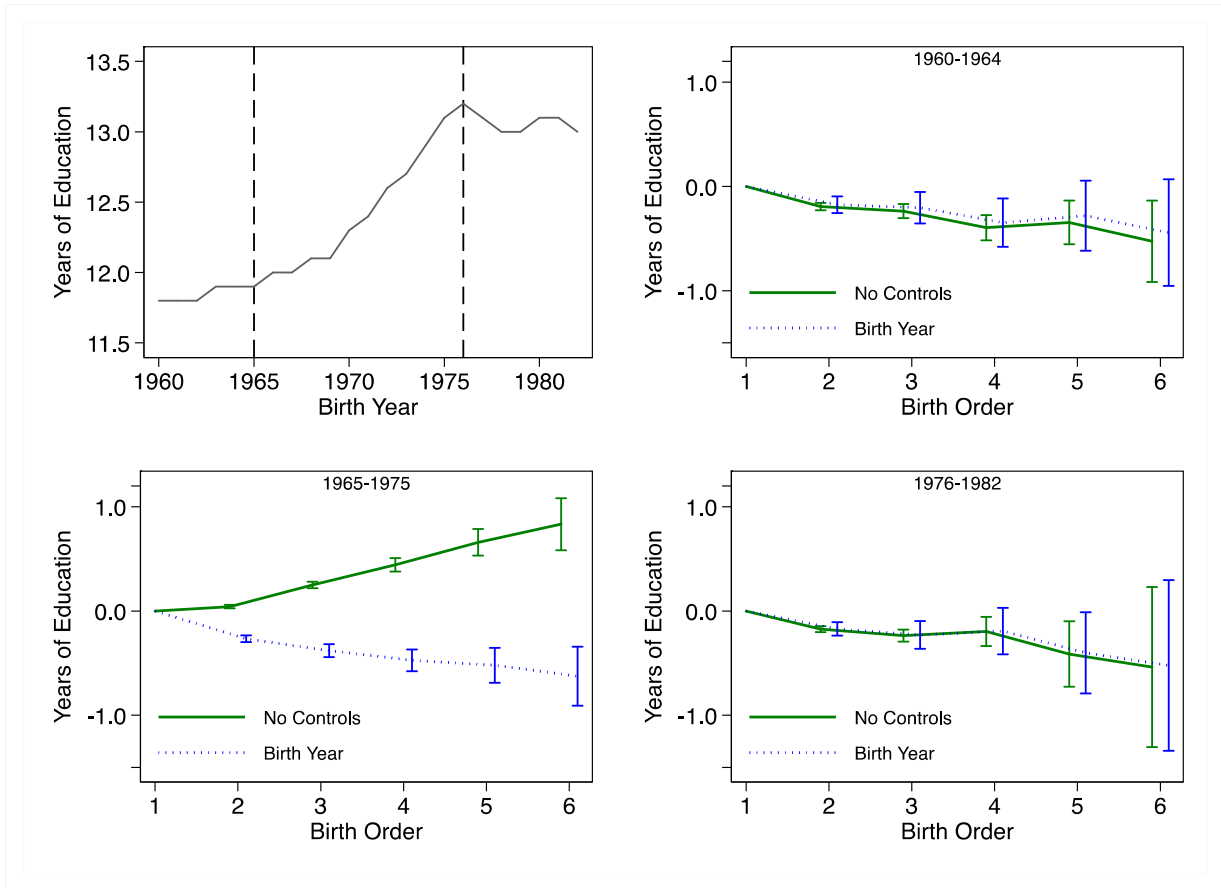


936 **Figure 1. Distribution of Birth Intervals and Mean Years of Education by Age 30 by**  
 937 **Birth Interval Length in Months, for Swedish Women and Men Born 1960-1982 in**  
 938 **Two-child Sibling Groups.**  
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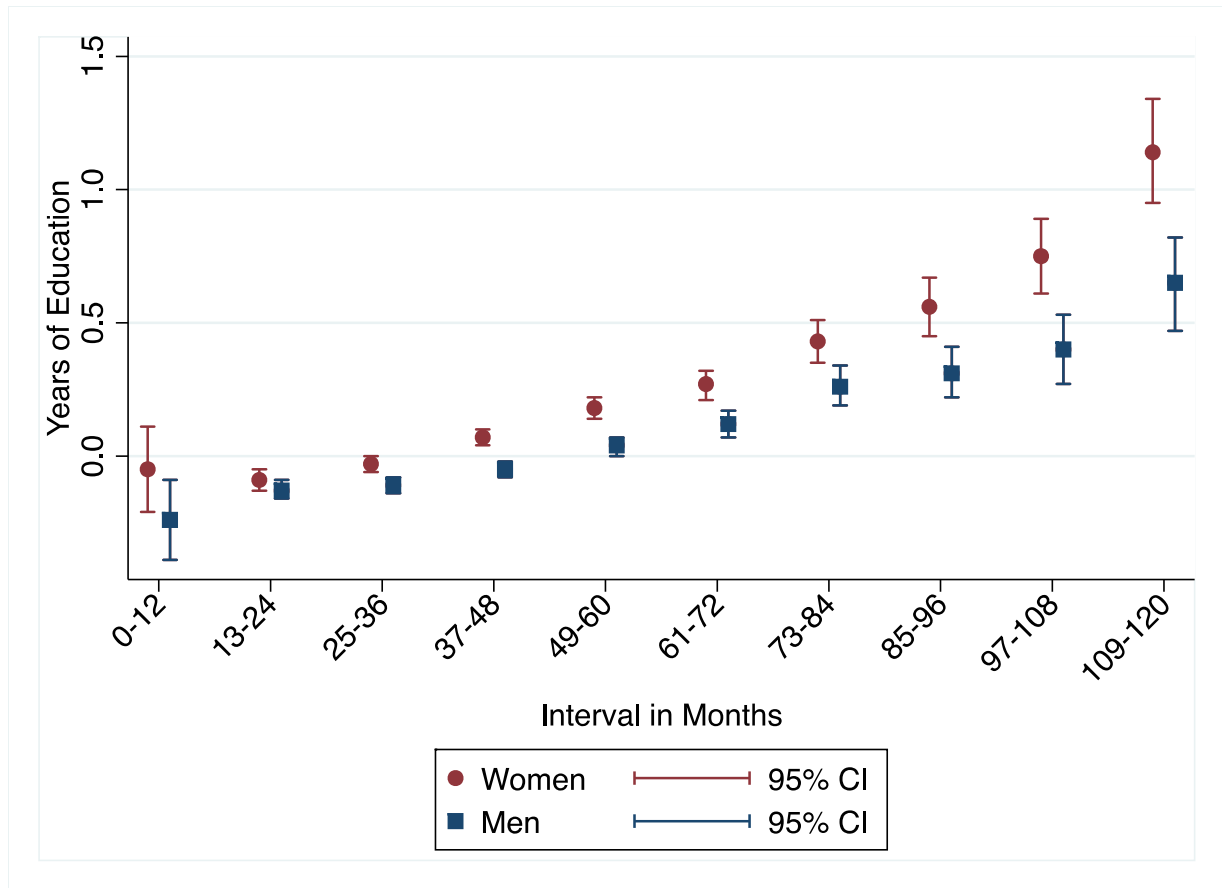
**Figure 2. Swedish Women Born 1960-1982: Birth Order and Years of Education at Age 30 by Cohort Groups 1960-1964, 1965-1975, and 1976-1982.**



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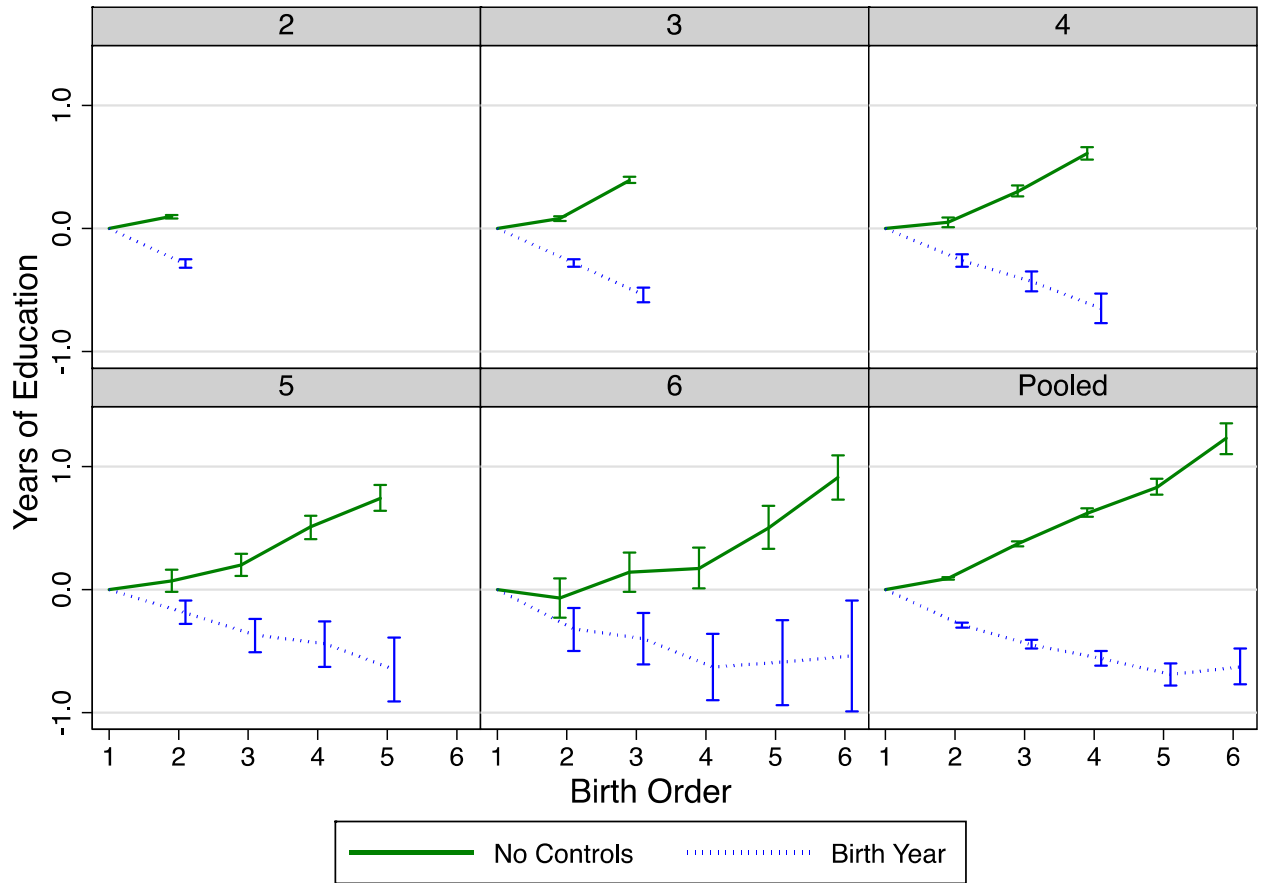
**Figure 3. Swedish Men Born 1960-1982: Birth Order and Years of Education at Age 30 by Cohort Groups 1960-1964, 1965-1975, and 1976-1982.**

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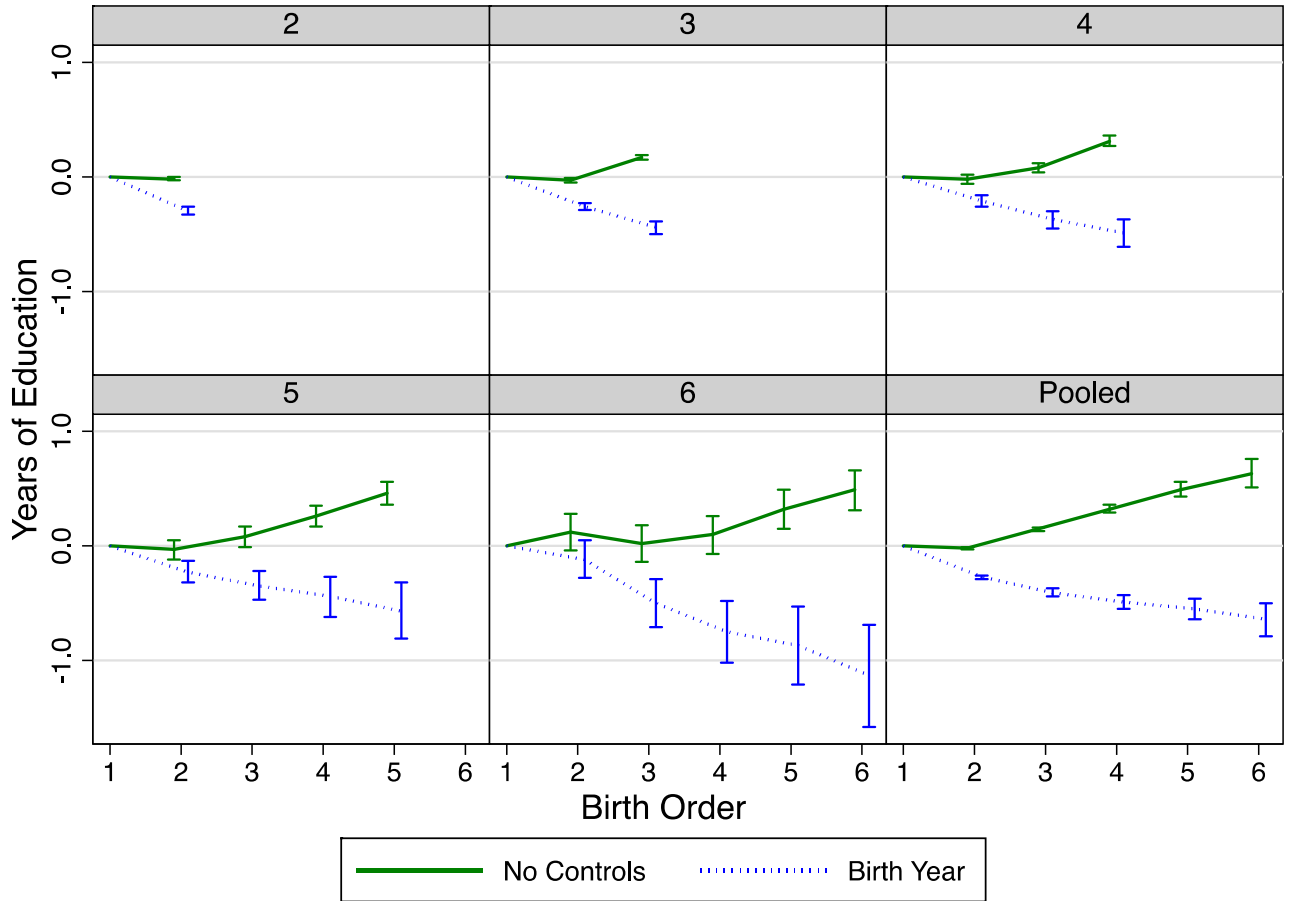
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**Figure 4. Swedish Men and Women Born 1960-1982: Years of Education at Age 30 by Birth Intervals in Two-child Sibling Groups.**



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**Figure 5. Swedish Women Born 1960-1982: Years of Education at Age 30 by Sibling Group Size.**



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 981 **Figure 6. Swedish Men Born 1960-1982: Years of Education at Age 30 by Sibling**  
 982 **Group Size.**  
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1003 **Supplementary Information**

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1005 **Table S1. Women and men born 1960-1982: within-family comparison results**  
 1006 **from analyses of the relationship between birth order and years of education at**  
 1007 **age 30 using fixed effects linear regressions by cohort groups 1960-1964, 1965-**  
 1008 **1975, and 1976-1982.**

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| Birth Cohort | Birth Order | Women     |              |                          |              | Men       |              |                          |              |
|--------------|-------------|-----------|--------------|--------------------------|--------------|-----------|--------------|--------------------------|--------------|
|              |             | Bivariate |              | Adjusting for Birth Year |              | Bivariate |              | Adjusting for Birth Year |              |
|              |             | Beta      | 95% CI       | Beta                     | 95% CI       | Beta      | 95% CI       | Beta                     | 95% CI       |
| 1960-1964    | 1 (ref)     | 0.00      |              | 0.00                     |              | 0.00      |              | 0.00                     |              |
|              | 2           | -0.21     | -0.29, -0.13 | -0.14                    | -0.18, -0.10 | -0.18     | -0.25, -0.10 | -0.19                    | -0.23, -0.16 |
|              | 3           | -0.34     | -0.49, -0.19 | -0.21                    | -0.28, -0.14 | -0.20     | -0.35, -0.05 | -0.24                    | -0.30, -0.17 |
|              | 4           | -0.50     | -0.73, -0.26 | -0.31                    | -0.43, -0.18 | -0.35     | -0.58, -0.11 | -0.39                    | -0.52, -0.27 |
|              | 5           | -0.57     | -0.91, -0.23 | -0.32                    | -0.53, -0.11 | -0.28     | -0.62, 0.06  | -0.34                    | -0.56, -0.13 |
|              | 6           | -0.65     | -1.15, -0.15 | -0.33                    | -0.71, 0.04  | -0.44     | -0.95, 0.07  | -0.53                    | -0.92, -0.13 |
| 1965-1975    | 1 (ref)     | 0.00      |              | 0.00                     |              | 0.00      |              | 0.00                     |              |
|              | 2           | -0.23     | -0.27, -0.20 | 0.19                     | 0.17, 0.20   | -0.27     | -0.30, -0.23 | 0.04                     | 0.02, 0.06   |
|              | 3           | -0.34     | -0.40, -0.27 | 0.52                     | 0.49, 0.56   | -0.38     | -0.44, -0.32 | 0.25                     | 0.22, 0.28   |
|              | 4           | -0.45     | -0.56, -0.34 | 0.78                     | 0.71, 0.85   | -0.47     | -0.58, -0.37 | 0.44                     | 0.38, 0.51   |
|              | 5           | -0.57     | -0.75, -0.39 | 1.04                     | 0.91, 1.18   | -0.52     | -0.69, -0.35 | 0.66                     | 0.53, 0.79   |
|              | 6           | -0.43     | -0.72, -0.14 | 1.53                     | 1.28, 1.79   | -0.62     | -0.91, -0.34 | 0.83                     | 0.58, 1.08   |
| 1976-1982    | 1 (ref)     | 0.00      |              | 0.00                     |              | 0.00      |              | 0.00                     |              |
|              | 2           | -0.27     | -0.34, -0.20 | -0.14                    | -0.17, -0.11 | -0.17     | -0.24, -0.11 | -0.17                    | -0.20, -0.14 |
|              | 3           | -0.46     | -0.60, -0.32 | -0.20                    | -0.26, -0.14 | -0.23     | -0.36, -0.10 | -0.24                    | -0.29, -0.18 |
|              | 4           | -0.62     | -0.86, -0.39 | -0.25                    | -0.39, -0.10 | -0.19     | -0.42, 0.03  | -0.20                    | -0.34, -0.06 |
|              | 5           | -0.90     | -1.32, -0.49 | -0.41                    | -0.74, -0.07 | -0.40     | -0.79, -0.01 | -0.41                    | -0.73, -0.10 |
|              | 6           | -0.67     | -1.45, 0.10  | -0.06                    | -0.78, 0.66  | -0.52     | -1.34, 0.30  | -0.54                    | -1.30, 0.23  |

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1030 **Table S2. Women born 1960-1982: within-family comparison results from**  
 1031 **analyses of the relationship between birth order and years of education at age 30**  
 1032 **using fixed effect linear regressions.**  
 1033

| Variable    | Category | Bivariate |         |            | Adjusting for Birth Year |            |              |
|-------------|----------|-----------|---------|------------|--------------------------|------------|--------------|
|             |          | Beta      | SE      | 95% CI     | Beta                     | SE         | 95% CI       |
| Birth Order | 1        | 0.00      |         |            | 0.00                     |            |              |
|             | 2        | 0.09      | 0.01    | 0.08, 0.10 | -0.29                    | 0.01       | -0.31, -0.27 |
|             | 3        | 0.37      | 0.01    | 0.35, 0.39 | -0.45                    | 0.02       | -0.48, -0.41 |
|             | 4        | 0.62      | 0.02    | 0.59, 0.66 | -0.56                    | 0.03       | -0.62, -0.50 |
|             | 5        | 0.83      | 0.03    | 0.77, 0.90 | -0.69                    | 0.05       | -0.78, -0.60 |
|             | 6        | 1.23      | 0.07    | 1.10, 1.35 | -0.63                    | 0.08       | -0.77, -0.48 |
| Cohort      | 1960     |           |         |            | -0.84                    | 0.03       | -0.90, -0.77 |
|             | 1961     |           |         |            | -0.78                    | 0.03       | -0.84, -0.72 |
|             | 1962     |           |         |            | -0.73                    | 0.03       | -0.79, -0.67 |
|             | 1963     |           |         |            | -0.66                    | 0.03       | -0.71, -0.61 |
|             | 1964     |           |         |            | -0.62                    | 0.03       | -0.67, -0.57 |
|             | 1965     |           |         |            | -0.57                    | 0.02       | -0.61, -0.52 |
|             | 1966     |           |         |            | -0.49                    | 0.02       | -0.53, -0.45 |
|             | 1967     |           |         |            | -0.43                    | 0.02       | -0.47, -0.39 |
|             | 1968     |           |         |            | -0.39                    | 0.02       | -0.43, -0.35 |
|             | 1969     |           |         |            | -0.30                    | 0.02       | -0.34, -0.26 |
|             | 1970     |           |         |            | 0.00                     |            |              |
|             | 1971     |           |         |            | 0.19                     | 0.02       | 0.15, 0.23   |
|             | 1972     |           |         |            | 0.39                     | 0.02       | 0.35, 0.43   |
|             | 1973     |           |         |            | 0.55                     | 0.02       | 0.51, 0.59   |
|             | 1974     |           |         |            | 0.77                     | 0.02       | 0.72, 0.81   |
|             | 1975     |           |         |            | 0.97                     | 0.02       | 0.93, 1.02   |
|             | 1976     |           |         |            | 1.09                     | 0.03       | 1.04, 1.14   |
| 1977        |          |           |         | 1.19       | 0.03                     | 1.14, 1.24 |              |
| 1978        |          |           |         | 1.14       | 0.03                     | 1.09, 1.20 |              |
| 1979        |          |           |         | 1.24       | 0.03                     | 1.18, 1.30 |              |
| 1980        |          |           |         | 1.34       | 0.03                     | 1.28, 1.41 |              |
| 1981        |          |           |         | 1.35       | 0.04                     | 1.28, 1.42 |              |
| 1982        |          |           |         | 1.38       | 0.04                     | 1.31, 1.46 |              |
| N           |          |           | 766,226 |            |                          | 766,226    |              |

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1043 **Table S3. Men born 1960-1982: within-family comparison results from analyses of**  
 1044 **the relationship between birth order and years of education at age 30 using fixed**  
 1045 **effect linear regressions.**  
 1046

| Variable    | Category | Bivariate |      |              | Adjusting for Birth Year |            |              |
|-------------|----------|-----------|------|--------------|--------------------------|------------|--------------|
|             |          | Beta      | SE   | 95% CI       | Beta                     | SE         | 95% CI       |
| Birth Order | 1        | 0.00      |      |              | 0.00                     |            |              |
|             | 2        | -0.02     | 0.01 | -0.03, -0.01 | -0.27                    | 0.01       | -0.29, -0.26 |
|             | 3        | 0.15      | 0.01 | 0.13, 0.16   | -0.41                    | 0.02       | -0.44, -0.37 |
|             | 4        | 0.32      | 0.02 | 0.29, 0.36   | -0.49                    | 0.03       | -0.55, -0.43 |
|             | 5        | 0.49      | 0.03 | 0.43, 0.56   | -0.55                    | 0.04       | -0.64, -0.46 |
|             | 6        | 0.63      | 0.06 | 0.51, 0.76   | -0.64                    | 0.07       | -0.79, -0.50 |
| Cohort      | 1960     |           |      |              | -0.55                    | 0.03       | -0.62, -0.49 |
|             | 1961     |           |      |              | -0.55                    | 0.03       | -0.61, -0.49 |
|             | 1962     |           |      |              | -0.53                    | 0.03       | -0.59, -0.48 |
|             | 1963     |           |      |              | -0.48                    | 0.03       | -0.53, -0.43 |
|             | 1964     |           |      |              | -0.44                    | 0.02       | -0.49, -0.40 |
|             | 1965     |           |      |              | -0.40                    | 0.02       | -0.45, -0.36 |
|             | 1966     |           |      |              | -0.33                    | 0.02       | -0.37, -0.29 |
|             | 1967     |           |      |              | -0.31                    | 0.02       | -0.35, -0.27 |
|             | 1968     |           |      |              | -0.29                    | 0.02       | -0.32, -0.25 |
|             | 1969     |           |      |              | -0.22                    | 0.02       | -0.26, -0.18 |
|             | 1970     |           |      |              | 0.00                     |            |              |
|             | 1971     |           |      |              | 0.08                     | 0.02       | 0.04, 0.12   |
|             | 1972     |           |      |              | 0.22                     | 0.02       | 0.18, 0.26   |
|             | 1973     |           |      |              | 0.37                     | 0.02       | 0.33, 0.41   |
|             | 1974     |           |      |              | 0.52                     | 0.02       | 0.47, 0.56   |
|             | 1975     |           |      |              | 0.72                     | 0.02       | 0.67, 0.76   |
|             | 1976     |           |      |              | 0.82                     | 0.02       | 0.78, 0.87   |
|             | 1977     |           |      |              | 0.80                     | 0.03       | 0.75, 0.85   |
|             | 1978     |           |      |              | 0.73                     | 0.03       | 0.67, 0.78   |
|             | 1979     |           |      |              | 0.77                     | 0.03       | 0.72, 0.83   |
| 1980        |          |           |      | 0.93         | 0.03                     | 0.87, 0.99 |              |
| 1981        |          |           |      | 0.90         | 0.03                     | 0.83, 0.96 |              |
| 1982        |          |           |      | 0.93         | 0.04                     | 0.86, 1.00 |              |
| N           |          | 812,441   |      |              | 812,441                  |            |              |

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1056 **Table S4. Women and men born 1960-1982: within-family comparison results**  
 1057 **from analyses of the relationship between birth order and years of education at**  
 1058 **age 30 using fixed effects linear regressions by the size of the sibling group of**  
 1059 **origin.**  
 1060

| Set Size | Birth Order | Women     |             |                          |              | Men       |              |                          |              |
|----------|-------------|-----------|-------------|--------------------------|--------------|-----------|--------------|--------------------------|--------------|
|          |             | Bivariate |             | Adjusting for Birth Year |              | Bivariate |              | Adjusting for Birth Year |              |
|          |             | Beta      | 95% CI      | Beta                     | 95% CI       | Beta      | 95% CI       | Beta                     | 95% CI       |
| Pooled   | 1 (ref)     | 0.00      |             | 0.00                     |              | 0.00      |              | 0.00                     |              |
|          | 2           | 0.09      | 0.08, 0.10  | -0.29                    | -0.31, -0.27 | -0.02     | -0.03, -0.01 | -0.27                    | -0.29, -0.26 |
|          | 3           | 0.37      | 0.35, 0.39  | -0.45                    | -0.48, -0.41 | 0.15      | 0.13, 0.16   | -0.41                    | -0.44, -0.37 |
|          | 4           | 0.62      | 0.59, 0.66  | -0.56                    | -0.62, -0.50 | 0.32      | 0.29, 0.36   | -0.49                    | -0.55, -0.43 |
|          | 5           | 0.83      | 0.77, 0.90  | -0.69                    | -0.78, -0.60 | 0.49      | 0.43, 0.56   | -0.55                    | -0.64, -0.46 |
|          | 6           | 1.23      | 1.10, 1.35  | -0.63                    | -0.77, -0.48 | 0.63      | 0.51, 0.76   | -0.64                    | -0.79, -0.50 |
| 2        | 1 (ref)     | 0.00      |             | 0.00                     |              | 0.00      |              | 0.00                     |              |
|          | 2           | 0.10      | 0.08, 0.11  | -0.29                    | -0.32, -0.25 | -0.02     | -0.03, 0.00  | -0.30                    | -0.33, -0.26 |
| 3        | 1 (ref)     | 0.00      |             | 0.00                     |              | 0.00      |              | 0.00                     |              |
|          | 2           | 0.08      | 0.06, 0.10  | -0.28                    | -0.31, -0.25 | -0.03     | -0.05, -0.01 | -0.26                    | -0.29, -0.23 |
|          | 3           | 0.39      | 0.37, 0.42  | -0.54                    | -0.60, -0.48 | 0.17      | 0.15, 0.19   | -0.44                    | -0.50, -0.39 |
| 4        | 1 (ref)     | 0.00      |             | 0.00                     |              | 0.00      |              | 0.00                     |              |
|          | 2           | 0.05      | 0.01, 0.09  | -0.26                    | -0.31, -0.21 | -0.02     | -0.06, 0.02  | -0.21                    | -0.26, -0.16 |
|          | 3           | 0.30      | 0.26, 0.35  | -0.43                    | -0.51, -0.35 | 0.08      | 0.04, 0.12   | -0.37                    | -0.45, -0.30 |
|          | 4           | 0.61      | 0.56, 0.66  | -0.65                    | -0.77, -0.53 | 0.31      | 0.27, 0.36   | -0.49                    | -0.61, -0.37 |
| 5        | 1 (ref)     | 0.00      |             | 0.00                     |              | 0.00      |              | 0.00                     |              |
|          | 2           | 0.07      | -0.02, 0.16 | -0.19                    | -0.28, -0.09 | -0.03     | -0.12, 0.05  | -0.23                    | -0.32, -0.13 |
|          | 3           | 0.20      | 0.11, 0.29  | -0.37                    | -0.51, -0.24 | 0.08      | -0.01, 0.17  | -0.35                    | -0.47, -0.22 |
|          | 4           | 0.51      | 0.41, 0.60  | -0.44                    | -0.63, -0.26 | 0.26      | 0.17, 0.35   | -0.44                    | -0.62, -0.27 |
|          | 5           | 0.74      | 0.64, 0.85  | -0.65                    | -0.91, -0.39 | 0.46      | 0.36, 0.56   | -0.57                    | -0.81, -0.32 |
| 6        | 1 (ref)     | 0.00      |             | 0.00                     |              | 0.00      |              | 0.00                     |              |
|          | 2           | -0.07     | -0.23, 0.09 | -0.32                    | -0.50, -0.15 | 0.12      | -0.04, 0.28  | -0.12                    | -0.28, 0.05  |
|          | 3           | 0.14      | -0.02, 0.30 | -0.40                    | -0.61, -0.19 | 0.02      | -0.14, 0.18  | -0.50                    | -0.71, -0.29 |
|          | 4           | 0.17      | 0.01, 0.34  | -0.63                    | -0.90, -0.36 | 0.10      | -0.07, 0.26  | -0.75                    | -1.02, -0.48 |
|          | 5           | 0.50      | 0.33, 0.68  | -0.59                    | -0.94, -0.25 | 0.32      | 0.15, 0.49   | -0.87                    | -1.21, -0.53 |
|          | 6           | 0.91      | 0.73, 1.09  | -0.54                    | -0.99, -0.09 | 0.49      | 0.31, 0.66   | -1.13                    | -1.58, -0.69 |

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1072 **Table S5. Women born 1960-1982: within-family comparison results from**  
 1073 **analyses of the relationship between birth order and entering tertiary education**  
 1074 **by age 30 using fixed effect logistic regressions.**  
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| Variable    | Category | Bivariate |      |             | Adjusting for Birth Year |             |             |
|-------------|----------|-----------|------|-------------|--------------------------|-------------|-------------|
|             |          | OR        | SE   | 95% CI      | OR                       | SE          | 95% CI      |
| Birth Order | 1        | 1.00      |      |             | 1.00                     |             |             |
|             | 2        | 1.02      | 0.01 | 1.00 - 1.04 | 0.70                     | 0.01        | 0.68 - 0.72 |
|             | 3        | 1.30      | 0.02 | 1.26 - 1.33 | 0.57                     | 0.02        | 0.53 - 0.60 |
|             | 4        | 1.66      | 0.05 | 1.57 - 1.76 | 0.50                     | 0.03        | 0.45 - 0.55 |
|             | 5        | 2.17      | 0.13 | 1.92 - 2.45 | 0.47                     | 0.04        | 0.40 - 0.55 |
|             | 6        | 3.36      | 0.41 | 2.64 - 4.28 | 0.51                     | 0.07        | 0.39 - 0.68 |
| Cohort      | 1960     |           |      |             | 0.48                     | 0.03        | 0.43 - 0.53 |
|             | 1961     |           |      |             | 0.47                     | 0.02        | 0.42 - 0.52 |
|             | 1962     |           |      |             | 0.50                     | 0.02        | 0.45 - 0.55 |
|             | 1963     |           |      |             | 0.54                     | 0.02        | 0.50 - 0.59 |
|             | 1964     |           |      |             | 0.55                     | 0.02        | 0.50 - 0.59 |
|             | 1965     |           |      |             | 0.57                     | 0.02        | 0.53 - 0.62 |
|             | 1966     |           |      |             | 0.63                     | 0.02        | 0.59 - 0.67 |
|             | 1967     |           |      |             | 0.69                     | 0.02        | 0.65 - 0.74 |
|             | 1968     |           |      |             | 0.72                     | 0.02        | 0.68 - 0.77 |
|             | 1969     |           |      |             | 0.83                     | 0.03        | 0.77 - 0.88 |
|             | 1970     |           |      |             | 1.00                     |             |             |
|             | 1971     |           |      |             | 1.23                     | 0.04        | 1.15 - 1.31 |
|             | 1972     |           |      |             | 1.50                     | 0.05        | 1.41 - 1.61 |
|             | 1973     |           |      |             | 1.69                     | 0.06        | 1.58 - 1.81 |
|             | 1974     |           |      |             | 2.02                     | 0.07        | 1.88 - 2.17 |
|             | 1975     |           |      |             | 2.31                     | 0.09        | 2.14 - 2.49 |
|             | 1976     |           |      |             | 2.66                     | 0.11        | 2.45 - 2.89 |
|             | 1977     |           |      |             | 2.90                     | 0.13        | 2.66 - 3.15 |
|             | 1978     |           |      |             | 3.03                     | 0.14        | 2.77 - 3.32 |
|             | 1979     |           |      |             | 3.41                     | 0.17        | 3.10 - 3.76 |
| 1980        |          |           |      | 3.93        | 0.21                     | 3.54 - 4.35 |             |
| 1981        |          |           |      | 3.91        | 0.22                     | 3.50 - 4.37 |             |
| 1982        |          |           |      | 4.19        | 0.25                     | 3.72 - 4.72 |             |

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1087 **Table S6. Men born 1960-1982: within-family comparison results from analyses of**  
 1088 **the relationship between birth order and educational attainment at age 30 using**  
 1089 **fixed effect linear regressions.**  
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| Variable    | Category | Bivariate |      |             | Adjusting for Birth Year |             |             |
|-------------|----------|-----------|------|-------------|--------------------------|-------------|-------------|
|             |          | OR        | SE   | 95% CI      | OR                       | SE          | 95% CI      |
| Birth Order | 1        | 1.00      |      |             | 1.00                     |             |             |
|             | 2        | 0.84      | 0.01 | 0.83 - 0.86 | 0.67                     | 0.01        | 0.65 - 0.69 |
|             | 3        | 0.91      | 0.01 | 0.89 - 0.94 | 0.55                     | 0.02        | 0.51 - 0.58 |
|             | 4        | 1.08      | 0.03 | 1.02 - 1.15 | 0.51                     | 0.03        | 0.46 - 0.56 |
|             | 5        | 1.31      | 0.09 | 1.15 - 1.49 | 0.50                     | 0.04        | 0.42 - 0.59 |
|             | 6        | 1.43      | 0.19 | 1.10 - 1.85 | 0.43                     | 0.06        | 0.32 - 0.57 |
| Cohort      | 1960     |           |      |             | 0.56                     | 0.03        | 0.50 - 0.63 |
|             | 1961     |           |      |             | 0.55                     | 0.03        | 0.50 - 0.61 |
|             | 1962     |           |      |             | 0.59                     | 0.03        | 0.53 - 0.64 |
|             | 1963     |           |      |             | 0.63                     | 0.03        | 0.58 - 0.69 |
|             | 1964     |           |      |             | 0.64                     | 0.03        | 0.59 - 0.70 |
|             | 1965     |           |      |             | 0.71                     | 0.03        | 0.66 - 0.76 |
|             | 1966     |           |      |             | 0.75                     | 0.03        | 0.70 - 0.81 |
|             | 1967     |           |      |             | 0.79                     | 0.03        | 0.74 - 0.84 |
|             | 1968     |           |      |             | 0.80                     | 0.03        | 0.75 - 0.86 |
|             | 1969     |           |      |             | 0.85                     | 0.03        | 0.80 - 0.91 |
|             | 1970     |           |      |             | 1.00                     |             |             |
|             | 1971     |           |      |             | 1.07                     | 0.04        | 1.00 - 1.14 |
|             | 1972     |           |      |             | 1.24                     | 0.04        | 1.16 - 1.32 |
|             | 1973     |           |      |             | 1.36                     | 0.05        | 1.27 - 1.45 |
|             | 1974     |           |      |             | 1.37                     | 0.05        | 1.28 - 1.47 |
|             | 1975     |           |      |             | 1.53                     | 0.06        | 1.42 - 1.65 |
|             | 1976     |           |      |             | 1.73                     | 0.07        | 1.60 - 1.87 |
|             | 1977     |           |      |             | 1.57                     | 0.07        | 1.45 - 1.71 |
|             | 1978     |           |      |             | 1.75                     | 0.08        | 1.60 - 1.91 |
|             | 1979     |           |      |             | 1.92                     | 0.09        | 1.75 - 2.11 |
| 1980        |          |           |      | 2.22        | 0.11                     | 2.01 - 2.46 |             |
| 1981        |          |           |      | 2.23        | 0.12                     | 2.01 - 2.49 |             |
| 1982        |          |           |      | 2.40        | 0.14                     | 2.14 - 2.69 |             |

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