

Conference Proceeding: 1st INTERNATIONAL CONFERENCE ON CREATIVE MEDIA, DESIGN & TECHNOLOGY (REKA2014)

THE EFFECTS OF GREEN COLOUR ON PATIENTS UNDER RECOVERING ACCORDING TO NOBLE ALQURAN

Yaroub S. Ali Al Obaidi

Universiti Sains Malaysia, Pulau Pinang
yaroubsaad@gmail.com

ABSTRACT

This study focuses on the effect of green color specifically in acceleration recovering of patients under treatment in treatment centers and its impact on the psychological aspect of the treatment, in particular, which is one of the stages of complementary and important in treatment as in cases of post-surgical and other cases which have been based on this study, the green color had ever been in the noble ALQURAN many times and places and focus on how the color calls for calm and balance, growth and peace of mind as well as based on scientific studies took the green color as a main subject to study and its effects on the psychological aspect of human. This study is simple but it comes as part of what's called now days the science of Quranic miracle which to utilize what is stated in the noble ALQURAN in all aspects of life, including scientific, legal, legislative, and life sciences, mathematics, and many other issues. This study is an approach according to our perception humble as stated in the noble ALQURAN, because the reality is out of our thinking Border and what we want to reach is access to its virtual image simple signals colorimetric contained in the noble ALQURAN, which could use them to find the determinants or guide or standard of design according to researchers, architects and specialists in find a comfortable designs and commensurate with the requirements of users.

Keywords: Green, Patients, Al Quran

INTRODUCTION

The noble AL QURAN is the most important resource for Muslims in many fields of life, like law, social relations, biology, physics, mathematic and many more. The Muslim Scientist and researcher are creative to bring the knowledge and rules for life from the noble AL Quran. This Paper considered as a small part of the science called QURANIC miracle.

PROBLEM STATEMENTS

This paper problem is to answer many questions, to highlight the places for green color and how it mentioned in noble AL QURAN and also to provide the information about the importance of green color in the new researches about the

psychological and its effects is it the same like what mentioned in noble ALQURAN thousand years ago. Also one of these paper problems is to provide the information about connection between what mentioned about green color in noble ALQURAN and other information mentioned in other cultures and for this reason we chosen the feng shui as an theory also mentioned the green color.

RESEARCH OBJECTIVES

The research objectives as below:

- A. Try to highlight the importance of green colour as a one colours mentioned in noble ALQURAN.
- B. Try to create a colour guide for Muslim designers and artists based on what mentioned in noble ALQURAN.
- C. Try to highlight the psychological effects of green colour on human.
- D. Try to show the importance of green colour as a colour of balancing, relaxing and growth.
- E. Try to think beyond and go further to the meaning of ayah to understand the meanings and aims for this ayah.

LITERATURE REVIEWS

A. **The mentioned of green colour in noble ALQURAN:**

This paper will using the English translation for noble ALQURAN and started from the ayah75-76 in surah al rahman the most gracious "Reclining on green cushions and rich beautiful mattresses "aswe understand from this the green colour is a gift for those who did good in them life and the reason for this green cushions is to have relaxing and full enjoyable in the paradiseand this will send us to the fact of green colour is important for relaxing and balancing. It's so important to announced that what we understand is just the things that our imaginations can reach but the fact and what ALLAH SWT know we can reach, we just used our imagination to reach the limit according to what we know and what our mind can see or in other word it's just trying to import the heaven environment to our life.

B. **How Do Green Colour Affect The Life:**

Greens are symbolic of gardens, meadows, and forests. When we surrounding by green, we feel calm, refreshed and at peace. Green is great for areas where tranquillity is desired (citehr). Green brings nature indoors, no matter where you live. It is also very helpful in cooling down a room that receives a lot of hot sunny weather. Green seen in aura indicates money, prosperity, abundance, and a love of nature. Light green indicates health, newbeginning's, youthfulness (citehr).

Green – soothes nerves and promotes general healing .It also stimulates passion by reminding a person of spring and rejuvenation

(keelynet).Green seems to have psychological effects.dr.gillbert brighthouse of occidental college in los angeles recorded the muscular responses of several hundred students under the influence of green colour (keelynet).



Figure 1: Harmony Living Room with Light Green Colour
Source : www.myluxidream.com



Figure 2: Harmony Living Room with Light Green Colour
Source : www.myluxidream.com



Figure 3: Harmony Living Room with Dark Green Colour
Source : www.myluxidream.com



Figure 4: Harmony Living Room with Green Colour
Source : www.myluxidream.com

C. Theories about green colours:

Green is the colour of nature .It symbolized growth, harmony, freshness, and fertility. Green has strong emotional correspondence with safety. Green has great healing power. It is the most restful colour for human eye (Color-Wheel). Green is thought to relieve stress and helps heal(Eleven).Neutral shades of green such as olive or sage are more accepted in room colours and décor than shades of aqua or yellow-green (Eleven).hospitals often use green because it relaxes patients, dark green is masculine, conservative and implies wealth (Infoplease)

D. The meaning of green colour:

Green is an emotionally positive colour, giving us the ability to love and nurture ourselves and others unconditionally (Empower).The most universal meanings of green colour are strongly associated with nature, in Muslim world the green colour signifies the prophet Mohammad (Color-wheel).

E. Green Colour Means in Feng Shui:

Green Represents balance, growth, and abundance. In the chakra system, it's located in the heart. It can also signify youthfulness (Katie, 2013).Basic meanings healing, balanced, expanding, lively, prosperous, and fresh (Katie, 2013).The psychological effect of green is very calming, balancing, healing, relaxing, and tranquil. It represents growth, vitality, abundance and nature. In feng shui green represents the wood elements. The ideal location to use in the family/elders, and health area of the feng shui bagua (Feng Shui colours).

FINDINGS :

1. The green colour is an important colour in noble ALQURAN.
2. The green colour has so many effects to fastest the recovering according to its specifications.
3. The green colour related to other cultures theories also as a colour for growth, balancing, relaxing, and healing.
4. Using the green colour in hospitals especially for those after surgery of need long time give them the good feeling to push them to recover faster.
5. The green colour plays as one important element on psychological of patients and can make them in good mood.

REFERENCES :

The Nobel ALQURAN

Katie Rogers, What each Color Means In Feng Shui, 2013

<http://www.mindbodygreen.com/0-10945/what-each-color-means-in-feng-shui.html> , pp.2-3, Retrieved on 14 March 2014.

<http://www.feng-shui-and-beyond.com/feng-shui-colors.html> , pp.3-4, Retrieved on 16 March 2014.

<http://www.empower-yourself-with-color-psychology.com/color-green.html>, pp.1, retrieved on 22 April 2014.

<http://www.color-wheel-artist.com/meanings-of-green.html> , pp.1-2, Retrieved on 26 April 2014.

<http://www.citehr.com/103656-how-do-colour-effect-ur-life-become.html> , pp.2, pp.1-2, Retrieved on 2 May 2014.

<http://www.keelynet.com/biology/coloraff.html> , pp.4, Retrieved on 2 may 2014

<http://www.color-wheel-pro.com/color-meaning.html> , pp.1-2, Retrieved on 5 May 2014.

<http://www.11eleven-life.blogspot.com/2011/01/psychological-effects-of-colors.html> , pp.3, Retrieved on 5 May 2014

<http://www.infoplease.com/spot/colors1.html> , pp.1, Retrieved on 7 May 2014

<http://www.myluxidream.com/beautiful-green-living-room-design-ideas-for-lovely-home-interiors/latest-living-room-designs-of-green-color-by-editor-aman-bansal/> , Retrieved on 7 May 2014