



## CLINICAL STUDY

# Meningioma and breast cancer: survival of patients with synchronous and metachronous meningioma and breast cancer

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**Abstract** The prognosis of the association between Breast Cancer (BC) and Meningioma (M) is unknown. To evaluate the survival impact of tumor exposure sequence in patients with both tumors. Patients were divided in groups according to the tumors sequence: BC before M (group 1), synchronous BC + M (group 2) and BC after M (group 3). The SEER database was used. Demographics, meningioma and breast cancer variables were analyzed. The primary outcome was oncological survival. A total of 1715 patients were included (median follow-up:84 months). Group 2 had the shortest survival (median:32 months) and group 1 the longest (median:110 months). On the unadjusted analysis, group 2 had the shortest survival (HR:3.13, 95% CI 1.62–6.04) and adjusted analysis confirmed this finding (HR 3.11, 95% CI 1.58–6.19), with no statistical difference between the metachronous tumors groups. Increasing age (HR:1.13,

95% CI 1.11–1.15,  $p < 0.005$ ) and grade III meningioma (HR:4.51, 95% CI 1.90–10.69,  $p < 0.005$ ) were related with lower survival. Meningioma treatment had no influence on the survival ( $p > 0.05$ ). The association between surgery and radiotherapy in BC treatment improved the outcome (HR 0.37, 95% CI 0.23–0.93,  $p < 0.05$ ). Grade III meningioma and receptor hormonal status influenced synchronous tumors ( $p < 0.05$ ) but had no influence on metachronous tumors survival ( $p > 0.05$ ) on stratified analysis. Synchronous tumors were associated with lower survival. Increasing age had a negative influence on patient survival. Although surgery and radiotherapy for breast cancer had a positive influence in the outcome, meningioma treatment was not related with survival. Grade III meningioma and hormonal receptor status only influenced synchronous tumors patient survival.

**Keywords** Meningioma · Breast cancer · Treatment · Survival · Epidemiology

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## Introduction

Meningiomas (M) are arachnoidal-cell derived tumors accounting for 20–30% of primary intracranial tumours [1, 2]. According to World Health Organization (WHO) classification, most Meningiomas are grade I, with grade II lesions comprising 420–30% and grade III lesions 1.0 to 2.8%. They are more frequent in elderly patient (60–70 years) with a female predominance (3.5:1 female:male ratio).

Breast cancer (BC) is the most common malignancy in women. The incidence rate of breast cancer has been decreasing in the last decades (in 2011 about 130–135 per 100,000) [1, 2] and the survival has been increasing (84 and 89–92% 5-year progression free survival (PFS) and overall survival (OS) respectively) [3, 4]. The hormonal influence

of a higher number of breast cancer subtypes has an impact on treatment choices.

Schoenberg et al. in 1975 [5] described, for the first time, an increased incidence of meningiomas in the group of patients diagnosed with breast cancer. This association is still not clear since epidemiological studies and other reports show contradictory findings [5–11]. In 1979 Donnell et al. described the importance of estrogen receptors (ER) in meningiomas. Progesterone receptors (PR) were also identified in meningioma cells, becoming the main hormone receptor recognized in those cells (70% PR versus 30% ER [12]). PR negative meningiomas tend to be larger and are normally classified as grade II or grade III. The absence of PR's or ER's expression is related with a more aggressive behavior, higher risk of progression and higher recurrence [13]. PR's, grade and mitotic index are combined in a prognostic index related with patients' outcome where absence of PR's and higher grade and mitotic index are related with poorer prognosis [11, 12].

When considering cytogenetic and genetic analysis, absence of PR's or presence of ER's was related with karyotype abnormalities, namely in chromosomes 14 and 22. [14, 15] Genetic analysis has also supported the M-BC association as a variation in DNA-helicase BRIP1 (BRCA1 interacting protein C-terminal helicase 1) and ATM (ataxia-telangiectasia mutated) gene (phosphatidylinositol-3-kinase family related with DNA breakdowns repair) has been related with both meningioma and low-risk variants of breast cancer [16, 17]. Despite the relevance in some breast cancers, [BRCA (Breast Cancer) 1 and 2] mutations are not common in meningiomas [14]. Therefore the clinical impact of these findings has not been proven and no widely used prognostic score using genetic testing has been established.

Although a clinical association between meningioma and breast cancer has been described as well—women with both lesions have smaller-sized meningiomas and more advanced BC—[18], findings considering the impact of this association in patients' survival are scarce. Therefore, our aim was to evaluate the survival impact of tumor exposure sequence—synchronous or metachronous—in patients with both tumors.

## Materials and methods

### Study population

The SEER database—SEER 18 (November 2014), 1973–2012—of the National Institute of cancer in the United States of America was used to conduct a retrospective cohort study. This collects information on Cancer incidence and survival in the United States covering around 28% of the population. [4, 19].

Adult patients with meningioma and associated breast cancer were identified. All patients diagnosed with other tumors apart from the ones specified above were excluded.

No IRB/ethics committee approval or patient consent was needed to conduct this study as per SEER Dataset requirements. [4, 19].

### Exposure

Three groups were defined: group 1—patients with meningioma diagnosed after the breast cancer diagnosis (BC → M), group 2—patients with synchronous meningioma and breast cancer (M + BC) and group 3—patients where meningioma preceded the diagnosis of breast cancer (M → BC). Group 3 was considered the reference group. The definition of synchronous meningioma and breast cancer was defined as those tumours diagnosed in the same year.

### Outcome

The outcome was death attributed to one of the cancers in the study (meningioma or breast cancer). The survival was measured in months after the diagnosis of the first tumor.

### Covariables

Demographic and clinical characteristics such as: age at diagnosis, gender, race/ethnicity, meningioma site, grade and associated treatment, breast cancer grade and treatment and breast cancer receptors (estrogen and progesterone) were analysed [4, 19].

### Statistical analysis

Chi square test was used to compare frequency distributions of variables between patient subgroups and analysis of variance was used to compare the means of continuous variables.

The individuals with missing values in the survival time were excluded from the survival analysis. To explore the survival graphically we computed a Kaplan–Meier graph. In addition, we used the Cox proportional hazards models to compute hazard ratios (HR) and the 95% confidence intervals (CI) of the mortality risk. The proportionality of hazards assumption was evaluated visually and graphically using the Schoenfeld residuals. P values < 0.05 were considered significant. We constructed two models, one unadjusted and the final model adjusted for the co-variables above mentioned. We tested interactions between the co-variables and the sequence of breast cancer and meningioma. The co-variables with positive interactions were stratified. Because of its importance as a possible effect modifier we tested an age interaction in the linear, quadratic, and cubic scale. The

SEER\*Stat Case Listing Session was used to retrieve all the participants that fulfilled the inclusion criteria. For the statistical analysis we used STATA 13.

## Results

### Population characteristics

Using the SEER database, 1796 patients (99.8% women) with both meningioma and breast cancer were analyzed, 82 (4.6%) were excluded from the survival analysis due to missing data regarding the follow-up. Group 1 (BC→M) was the group with a higher number of patients (64.5%) followed by group 3 (M → BC)—20.9%—and group 2 (M+BC)—14.6%. The mean age at diagnosis (considering the first tumour diagnosis) was higher in group 2 (65.9 (13.2) years,  $p < 0.001$ ). White patients presented with a higher number of cases in all three groups. The mean time from the first tumor to the second was 7.6 years in group 1 (BC → M) and 2.9 years in group 3 [data not shown in tables].

The clinic and pathologic features analyzed for meningioma were the site, grade and treatment. In all groups the most common location was the cerebral meningioma (group 1(BC → M): 84.9%; group 2 (M+BC): 86.6%; group 3 (M → BC): 85.9%) and in all groups the non-treatment approach was the most common (group 1(BC→M):59%; group 2(BC +M): 74.4%; group 3(M → BC):46.8%). The majority of patients submitted to surgery were in group 3 (M → BC)—44.4% versus 33.2% in group 1 (BC → M) and 21.4% in group 2 (BC +M). Group 2 (M+BC) was the one with less patients submitted to radiotherapy [4.2% versus 7.8% in group 1 (BC→M) and 8.8% in group 3 (M → BC)] ( $p$  value  $< 0.001$ ). In the majority of the cases, the grade of the meningioma was not specified (as no surgical resection or biopsy were addressed and therefore no specimen was obtained).

Regarding breast cancer clinicopathologic characteristics, in all groups, the most common grade of breast cancer was “moderately differentiated” (group 1(BC → M): 35.4%; group 2(BC +M): 38.2%; group 3(M → BC): 39.9%) followed by “poorly differentiated” (group 1(BC → M): 27.2%, group 2(BC +M): 34.4%; group 3(M → BC): 30.6%). Considering breast cancer stage, group 2 (BC +M) had the higher prevalence of “regional” [36.3% versus 25.6% in group 1 (BC → M) and 27.1% in group 3(M→BC)] and “distant” (19.8 versus 3.1% in group 1 and 4.0% in group 3) tumors. On the other hand, group 1 (BC → M) had the higher prevalence of “in situ and localized” tumors (71.2% versus 68.9% in group 3 (M → BC) and 43.9% in group 2 (BC +M): ( $p$  value  $< 0.001$ )). “Surgery and radiotherapy” was the main treatment option in all groups (group 1 (BC → M)—49.9%, group 2 (BC +M)—45.0% and group 3 (M →

BC)—64.5%) while “surgery” alone was more prevalent in group 1 (BC → M) [49.8 versus 38.2% in group 2 (BC +M) and 15.7% in group 3(M → BC)] and “no treatment” had a higher prevalence in group 2 (BC +M) [14.5 versus 3.0% in group 1 (BC → M) and 8.4% in group 3(M → BC)] ( $p$  value  $< 0.001$ ). Concerning breast cancer hormonal receptor status, both receptors were positive in 64.4% of group 3(M → BC), 59.2% of group 2 (BC +M) and 46.7% in group 1 (BC → M) patients ( $p$  value  $< 0.001$ ) (Table 1).

### Survival analysis

The study population of 1715 participants was followed for 176.437 person/month, with a total of 172 deaths. Group 1 (BC→M) had the largest number of deaths—136 (death attributed to breast cancer or meningioma). Both groups 2 (BC +M) and 3 (M→BC) had 18 deaths each; 154 deaths were attributed to breast cancer and 18 to meningioma. The median overall survival in months after the diagnosis of the first tumor was lower in group 2 (BC +M), with 32 months, and higher in group 3 (M → BC), with 66 months, and group 1 (BC → M) 110 months (Logrank Test  $p < 0.001$ ).

The unadjusted survival analysis showed that between group 1 (BC → M) and group 3 (M → BC), there was no statistical difference in the hazard risk of death (group 3 (M → BC) HR 0.87; 95% CI 0.52–1.46,  $p:0.56$ ), opposite to what was identified in group 2 (BC +M) (HR 3.13, 95% CI 1.62–6.04,  $p < 0.001$ ) (Table 2).

The characteristics described in the literature particularly associated with meningioma that showed to have influence in the increase of risk of death in the adjusted analysis were: age at diagnosis of the first tumor (HR 1.13, 95% CI 1.11–1.15,  $p < 0.005$ ) and meningioma grade III (HR 4.51, 95% CI 1.90–10.69,  $p < 0.005$ ).

When considering the hormonal receptor status in the breast cancer specimens, the presence of both estrogen and progesterone receptors influence survival increasing the risk of death (HR 1.73, 95% CI 1.18–2.85,  $p < 0.05$ ), when compared with “both receptors negative” (reference group) and “one receptor positive” (HR 1.46, 95% CI 0.87–2.44,  $p > 0.05$ ) (Table 3).

When stratifying for meningioma grade, in the first group of grade I, II and unknown (grouped together due to the insufficient number of deaths to analyze the categories separately) only the synchronous cancers posed a risk for mortality (HR 3.13, 95% CI 1.62–6.04,  $p < 0.001$ ). In the grade III meningioma, only the synchronous cancers posed a risk for mortality but with a very high HR (HR 80.6, 95% CI 5.25–1236.9,  $p < 0.001$ ) (Table 4).

When stratifying for breast cancer hormonal receptor status, only the synchronous cancers have a significant HR. An increased risk of death is noted in BC +M group when at least one of the tested hormonal receptor is

**Table 1** Baseline characteristics of the patients with meningioma and meningioma and breast cancer at any time

	Meningioma and breast cancer at any time				Overall
	BC → Meningioma N (%)	BC + Meningioma N (%)	Meningioma → BC N (%)	p value	
Total n (%)	1158 (64.5)	262 (14.6)	376 (20.9)		1796
Age at the diagnosis (years)	62.1 (12.4)	65.9 (13.2)	64.2 (12.6)	<0.001	67.98
Sex					
Female (%)	1154 (99.7)	262 (100)	376 (100)	>0.05	1792
Race					
White	967 (83.5)	213 (81.3)	306 (81.4)	>0.05	1486
Black	96 (8.3)	30 (11.4)	43 (11.4)		169
Other	95 (8.2)	18 (6.9)	27 (7.2)		140
Unknown	0	1 (0.4)	0		1
Site of the meningioma					
Cerebral meningioma	984 (85.0)	227 (86.6)	323 (85.9)	>0.05	1534
Spinal meningioma	49 (4.2)	11 (4.2)	20 (5.3)		80
Meningioma NOS	125 (10.8)	24 (9.2)	33 (8.8)		182
Grade meningioma					
I	133 (11.5)	27 (10.3)	60 (16.0)	>0.05	220
II	35 (3.0)	4 (1.5)	8 (2.1)		47
III	27 (2.3)	3 (1.2)	12 (3.2)		42
Unknown	963 (83.2)	228 (87)	296 (78.7)		1487
Meningioma treatment					
Surgery	385 (33.2)	56 (21.4)	167 (44.4)	<0.001	608
Radiotherapy	90 (7.8)	11 (4.2)	33 (8.8)		134
None	683 (59.0)	195 (74.4)	176 (46.8)		1054
Breast cancer grade					
Well differentiated	178 (15.4)	44 (16.8)	78 (20.8)	<0.001	300
Moderately differentiated	413 (35.7)	100 (38.2)	150 (39.9)		663
Poorly differentiated	318 (27.5)	90 (34.4)	115 (30.6)		523
Undifferentiated	31 (2.7)	4 (1.5)	5 (1.3)		40
Unknown	218 (18.7)	24 (9.1)	28 (7.4)		270
Breast cancer stage					
In situ and localized	825 (71.2)	115 (43.9)	259 (68.9)	<0.001	1199
Regional	297 (25.6)	95 (36.3)	102 (27.1)		494
Distant	36 (3.1)	52 (19.8)	15 (4.0)		103
Breast cancer treatment					
Surgery	577 (49.8)	100 (38.2)	182 (15.7)	<0.001	859
Radiotherapy	8 (0.7)	6 (2.3)	3 (1.1)		17
Surgery and radiotherapy	538 (49.9)	118 (45.0)	169 (64.5)		825
No treatment	35 (3.0)	38 (14.5)	22 (8.4)		95
Breast cancer receptors (ER and PR)					
Both negative	449 (38.8)	63 (24.0)	86 (22.8)	<0.001	598
One receptor positive	168 (14.5)	44 (16.8)	48 (12.8)		260
Both positive	541 (46.7)	155 (59.2)	242 (64.4)		938

NOS no other specification, ER estrogen receptor, PR progesterone receptor

BC → Meningioma—Meningioma was diagnosed after the Breast cancer diagnosis, BC + Meningioma—meningioma and breast cancer are synchronous cancers, Meningioma → BC—Meningioma precedes the diagnosis of breast cancer

**Table 2** Hazard ratios for death of breast cancer and/or meningioma—unadjusted analysis

Variable	No of subjects	Hazard ratio	p value	(95% CI)
Variable	1715			
Death by meningioma and breast cancer				
Unadjusted				
Meningioma → BC		1 (Ref.)		
BC + Meningioma		3.13	0.001	(1.62–6.04)
BC → Meningioma		0.87	0.56	(0.52–1.46)

BC → Meningioma—Meningioma was diagnosed after the Breast cancer diagnosis, BC + Meningioma—Meningioma and breast cancer are synchronous cancers, Meningioma → BC—Meningioma precedes the diagnosis of breast cancer

**Table 3** Hazard ratios for death of breast cancer and/or meningioma—Adjusted analysis

Variable	No of subjects	Hazard ratio	p value	(95% CI)
Variable	1715			
Death by meningioma or breast cancer				
Meningioma → BC		1 (Ref.)		
BC + Meningioma		3.13	0.001	(1.58–6.19)
BC → Meningioma		1.01	> 0.05	(0.65–1.90)
Age at diagnosis (year)		1.13	< 0.001	(1.11–1.15)
Grade of meningioma				
I		1 (Ref.)		
II		1.48	> 0.05	(0.41–5.35)
III		4.51	0.001	(1.90–10.69)
Unknown		1.12	> 0.05	(0.55–2.26)
Treatment of meningioma				
None		1 (Ref.)		
Surgery		0.99	> 0.05	(0.62–1.56)
Radiotherapy		0.90	> 0.05	(0.43–1.87)
Breast cancer stage				
In situ and localized		1 (Ref.)		
Regional		1.14	> 0.05	(0.81–1.62)
Distant		0.27	> 0.05	(0.04–1.98)
Treatment of breast cancer				
No treatment		1 (Ref.)		
Surgery or radiotherapy		0.57	> 0.05	(0.29–1.14)
Surgery and radiotherapy		0.37	< 0.05	(0.23–0.93)
Breast cancer receptors (ER and PR)				
Both negative		1 (Ref.)		
One receptor positive		1.46	> 0.05	(0.87–2.44)
Both positive		1.73	< 0.05	(1.18–2.85)

BC → Meningioma—Meningioma was diagnosed after the Breast cancer diagnosis, BC + Meningioma—Meningioma and breast cancer are synchronous cancers, Meningioma → BC—Meningioma precedes the diagnosis of breast cancer

positive—ER+/PR- or ER-/PR + or ER+/PR+ (both receptors negative: HR 4.10, 95% CI 1.62–6.04,  $p < 0.001$  and at least one receptor positive: HR 80.6, 95% CI 5.25–1236.9,  $p < 0.001$ ) (Table 5).

**Discussion**

The previous literature has focused on epidemiological relation and biological risk factors between breast cancer and

**Table 4** Hazard ratios for death of breast cancer and/or meningioma, stratified by grade meningioma (unadjusted)

Variable	No of subjects	Hazard ratio	p value	(95% CI)
Variable	1715			
Death by breast cancer and meningioma				
Meningioma grade I, II and unknown				
Meningioma → BC		1 (Ref.)		
BC + Meningioma		3.13	0.001	(1.62–6.04)
BC → Meningioma		0.87	0.56	(0.52–1.46)
Meningioma grade III				
Meningioma → BC		1 (Ref.)		
BC + Meningioma		80.6	0.001	(5.25–1236.9)
BC → Meningioma		2.61	>0.05	(0.52–12.95)

BC → Meningioma—Meningioma was diagnosed after the Breast cancer diagnosis, BC + Meningioma—Meningioma and breast cancer are synchronous cancers, Meningioma → BC—Meningioma precedes the diagnosis of breast cancer

**Table 5** Hazard ratios for death of breast cancer and/or meningioma, stratified by breast cancer receptor (unadjusted)

Variable	No of subjects	Hazard ratio	p value	(95% CI)
Variable	1715			
Death by breast cancer and meningioma				
ER and PR receptors negative				
Meningioma → BC		1 (Ref.)		
BC + Meningioma		4.10	0.001	(1.62–6.04)
BC → Meningioma		0.55	0.56	(0.52–1.46)
ER or PR receptors positive				
Meningioma → BC		1 (Ref.)		
BC + Meningioma		80.6	0.001	(5.25–1236.9)
BC → Meningioma		2.61	>0.05	(0.52–12.95)
ER and PR receptors positive				
Meningioma → BC		1 (Ref.)		
BC + Meningioma		80.6	0.001	(5.25–1236.9)
BC → Meningioma		2.61	>0.05	(0.52–12.95)

BC → Meningioma—Meningioma was diagnosed after the Breast cancer diagnosis, BC + Meningioma—Meningioma and breast cancer are synchronous cancers, Meningioma → BC—Meningioma precedes the diagnosis of breast cancer

meningioma—Milano and Grossman [18] first described the clinicopathologic characteristics in the SEER cohort, but little is known about the true impact of these tumors in terms of patients' oncological prognosis. In this context, the present study shows that synchronous breast cancer and meningioma (BC + M) is associated with a worst prognosis when compared to both breast cancer followed by meningioma (BC → M) and meningioma followed by breast cancer (M → BC)—metachronous tumors.

When considering both BC + M and BC → M, the first group has a statistically significant worst unadjusted survival (HR 3.13, 95% CI 1.62–6.04; Logrank Test  $p < 0.001$ ) (Table 3).

So far, the literature has sustained the relation between breast cancer and meningioma is due to common risk factors

such as gender, age, hormone exposure (endogenous or exogenous), and some epidemiological variants [10]. The majority of these studies are based on national oncological databases and share the limitation of controlling for confounding [20]. Therefore, an adjusted analysis for survival was performed considering age at diagnosis, meningioma grade, breast cancer receptors, treatment of meningioma and treatment of breast cancer.

Increased age at diagnosis (HR 1.13, 95% CI 1.11–1.15) was related with worst prognosis (Table 3). Among elderly, most breast cancers are hormone-responsive [21] and meningiomas are benign in this gender. However, the decreased tolerance to treatment side effects and overall physiologic reserve often result in under treatment and higher mortality in this subgroup of patients [20].

Grade III meningioma was a risk factor for lower survival (HR 4.51, 95% CI [1.90–10.69]) (Table 4). In the literature, high recurrence and mortality rates (75 and 90% respectively in 5 years) are reported [22], which support the present results.

The biology of breast cancer cells was evaluated in terms of ER and PR receptors status. ER+/PR+ receptor status was related with a worse outcome (HR 1.73, 95%CI 1.18–2.85,  $p < 0.05$ ) (Table 3). This was an unexpected result as the literature supports a better outcome in patients with ER positive breast cancer tumors and also because PR positive tumors are responsive to anti-hormonal treatment [23]. But the lack of information on the HER-2 receptors and details on the breast cancer stage does not allow any conclusions in this regard.

The treatment approach of meningiomas had no impact in overall survival ( $p > 0.05$ ). On the other hand, when considering breast cancer treatment (“no treatment” as reference group), “surgery and radiotherapy” was related to a better survival (HR 0.37, 95% CI 0.23–0.93) but “surgery or radiotherapy” alone did not influence the outcome (HR 0.57, 95% CI 0.29–1.14) although no information concerning chemotherapy is available in this database. These results highlight a better outcome for a more aggressive oncological approach in breast cancer patients. These findings support the breast cancer treatment as one of the main prognostic factors in these patients, which was expected considering the overall higher aggressiveness of this tumor.

The adjusted analysis confirmed the previous results of unadjusted analysis for worst outcome of BC + M group (HR 4.10, 95% CI 1.62–6.04). (Table 3) One possible explanation for this finding is the expected morbidity and mortality related with both tumors treatment and prognosis. This may reduce life expectancy in this group, as its effects are present for both tumors from the beginning of the exposure. On the other hand, in BC → M group the mean time between the tumors is 7.6 years where patient had been exposed to only one tumor and its effects. Nevertheless, only 18 death events were related with meningioma in the whole studied population, 2 in BC + M Group. Therefore, we can consider that the mortality due to meningioma was not responsible for this difference and hypothesize about a possible biological difference between both BC + M and BC → M groups. Indeed, BC + M had the higher prevalence of “poorly differentiated” (34.4%) breast cancer grade, “regional” (36.3%) and “distant” (19.8%) breast cancer stage and “no treatment” approach either in meningioma (74.4%) and in breast cancer (14.5%). Unfortunately, in a significant amount of cases (1487 of meningiomas and 270 of breast cancer tumors out of 1796) the tumor grade is unknown, which does not allow further conclusions (Table 1). These results may support the fact that BC characteristics are different among these groups with a trend toward a greater aggressiveness in synchronous

tumors. In fact, a possible interaction between both tumors is supported by the fact that both meningioma and breast cancer are able to produce peptides released in circulation with known promoter oncogenic role [24].

In this study, we looked for the influence in oncological survival of the biology and histology of meningioma and breast cancer in each group. The stratification of the study sample according to meningioma grade revealed no influence in BC → M group but only in BC + M group. (Table 4) On the other hand, when we considered the stratification according to hormonal receptor status, a negative influence in the outcome was observed in the BC + M group with no influence in the BC → M group (Table 5). These findings may provide an indirect support of an increased interaction and aggressiveness of synchronous tumors, as the oncological survival is dependent of meningioma grade- even though the missing data raises concerns about the power of this covariate analysis and the true impact of the meningioma grade in survival—and breast cancer biology, which does not happen in metachronous tumors. Nevertheless, hormonal receptor positivity is usually related with longer survival rates [25]. For unknown reasons, this was a paradoxical effect in this study.

Our results support for the first time the sequence of exposure as an important factor of prognosis in patients with both tumors. Even though dual-cancer patients outside of known syndromic or familial clinical situations are quite uncommon, a coherent statistical analysis was performed according to the dimension of study population.

Nevertheless, some limitations are noted. The used definition of synchronous tumors as tumors diagnosed in the same year may be questioned. However, this was the possible approach according to the provided year of diagnosis in the database. It should also be noted that the higher frequency of imaging exams performed during breast cancer staging procedures, may also be responsible for a higher number of diagnoses of synchronous tumors. However, this effect exists in all the 3 subgroups, as the follow-up for both malignances implies increased number of imaging exams. The diagnostic definition of meningiomas can also be questioned as 1188 cases have no histology to document (1054 of cases has no treatment and 134 had only radiotherapy) and the similar rate of grade II and III meningiomas doesn't find its parallel in the remaining literature which may highlight different diagnostic criteria along the recruitment time (1973–2012) and the need of a central review of the histological diagnosis. Nevertheless, magnetic resonance imaging has accurate methods to provide a proper diagnosis of meningioma in the majority of the cases (sensitivity 83.3%, specificity 100% and accuracy 93.3%) [25]. Considering the majority of cases were collected in the last years (despite the database started in 1973), the diagnostic assumptions are valid for this study purposes. Finally, a concern towards residual confounding

in this retrospective study exists as the adjustment for all the risk factors mentioned in the literature was not feasible. In this sense, we would like to point that no reliable information was found in database concerning chemotherapy. Indeed, this is not a major issue for meningiomas as the use of chemotherapy is residual. Nevertheless, it is one of the mainstays of therapy for disseminated breast cancer that should be considered in future studies.

Despite these limitations, this study provides an adjusted survival analysis for consensual risk factors in patients with both breast cancer and meningioma. In future studies, treatment-related morbidity should be considered and hormonal receptors should be evaluated not only for breast cancer but also for meningioma. New treatment approaches should be tested for different tumor exposure sequences, as this study suggests this as an important factor for oncological survival.

## Conclusion

In this study, synchronous breast cancer and meningioma had shorter survival when compared with metachronous tumors, either in unadjusted or adjusted analysis. Increasing age and grade III meningioma were related with lower survival rates. Concerning the treatment approach to breast cancer, both surgery and radiotherapy were related to a better survival, whereas in meningioma treatment no particular approach proved to be superior when compared with the others. Meningioma grade and hormonal receptor status influenced only synchronous tumors (grade III and hormonal receptor positivity related with lower survival rates). A better understanding of this group of patients can provide valuable information for clinicians in order to provide a tailored clinical approach.

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**Compliance with ethical standards**

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